

Loveland Parks & Recreation

lovgov.org/ParksRecreation

500 E. Third St. Suite 200 Loveland, CO 80537 | 970.962.2727 Parks@CityofLoveland.org







Proud Member of the National Recreation & Park Association



Proud Member of the Colorado Parks & Recreation Association

OUR MISSION

We are the City of Loveland Parks & Recreation Department with a mission to provide effective, efficient and high quality leisure facilities, sites, services & programs for citizens of and visitors to the community.

OUR VISION

We are committed to our vision to provide a sustainable system of diverse parks, trails, natural areas and facilities that connect people with the natural environment, support good health and offer outstanding community experiences while balancing recreation opportunities with the protection of natural and cultural resources.

OUR COMMUNITY

We are proud to make an impact on quality of life in Loveland.

VOLUNTEER We're always looking for volunteers. We couldn't do what we do without them! Whether it's behind the desk at the Chilson Senior Center, outdoors with environmental education or coaching youth athletics, our volunteers are vital to our community.

GET INVOLVED! Enroll in a class or two, explore our open lands and natural areas, ride or walk the paved recreation trail, discover a park or take a swing at golf.

MESSAGE FROM THE DIRECTOR

Hello, Loveland!

It is a great honor for me to serve as Director for Loveland Parks & Recreation Department.

Our team of skilled and passionate professionals work hard to provide services, programming and facilities that enhance the lives of our community. This is only possible due to their commitment not only to the City of Loveland, but to the profession of Parks and Recreation.



Sign up today for programs you love and new experiences.

Kara Kish

Kara Kish, MPA, CPRE Parks & Recreation Director



SMILE! You could be on the next cover! The Parks & Recreation Department reserves the right to use images and/or photographs of anyone in any activity, park or public place in present and/or future printed publications or on the department web pages for promotional purposes, unless told otherwise at the time the image or photograph is taken.

CONTACT US

Parks & Recreation • 970.962.2727

lovgov.org/ParksRecreation

Activity Registration (info):

970.962.2386

lovgov.org/WebTrac

Chilson Recreation Center • 970.962.2386

lovgov.org/Chilson

Room/Court Reservations:

lovgov.org/WebTrac

Chilson Senior Center • 970.962.2783

lovgov.org/Chilson

Athletics • 970.962.2445

lovgov.org/Athletics

TeamSideline.com/Loveland

Weather Cancellations:

TeamSideline.com/Loveland

Check up to 30 min. before practice

or games are scheduled to begin.

Golf • 970.962.2496

lovgov.org/Golf

GolfLoveland.com

Tee Times Call or go online Cattail Creek 970.663.5310 Mariana Butte 970.667.8308 The Olde Course 970.667.5256

Open Lands & Trails • 970.962.2727, option 7

lovgov.org/OpenLands

Environmental Ed/Volunteers:

970.962.2643

Parks • 970.962.2327

lovgov.org/Parks

Park Shelter Reservations:

970.962.2327

lovgov.org/WebTrac

Winona Outdoor Pool • 970.962.2435

lovgov.org/Swimming

Weather Cancellations:

970.962.2435, option 2

Follow Us on Social Media



@CityofLovelandParksRecreation @CityofLovelandChilsonCenter



@LovelandParksandRec

On the Cover

A little girl inspects the play equipment at the playground at Civic Center Park in Loveland.

PROGRAM AREAS

	2	Chilson Center Hours & Fees
	3	Gym & Aqua Schedules
	4	Special Events
	6	Parks – Shelter Reservations
	7	Parks – Rules & Regulations
	8	Aquatics
	11	Group Fitness Classes
	12	Fitness Health & Wellness
	14	Yoga Tai Chi Qigong Tae Kwon-Do
	15	LightStim® LED Light Therapy
	16	Adaptive Recreation
	18	Adult Athletics
	20	Pickleball
	22	Youth Athletics
	28	Gymnastics – All Ages
	31	Cheer Dance – All Ages
	32	Small Fries Preschool Tot Enrichment
	34	Youth Teens - Enrichment & Camps
	36	Art Cooking – All Ages
	40	Open Lands & Trails
	42	Adult Enrichment
	44	Active Generation
	52	Golf Loveland
		MAPS
	54	Schools Facilities City Parks
	55	Open Lands & Trails Natural Areas
	56	Recreation Trail & Bikeways
		REGISTRATION
	57	Information
	58	Policies & Procedures

All activities, classes, events and programs are subject to change.

Subscribe to our Parks & Recreation e-newsletter to stay up-to-date at lovgov.org/ParksRecreation

CHILSON RECREATION & SENIOR CENTER

700 E. Fourth St. • Loveland, CO 80537 Visit us online: lovgov.org/Chilson

Recreation Center: 970.962.2386 Senior Center: 970.962.2783

TDD: 970.962.2620

AMENITIES

Fitness | Wellness

- State-of-the-art strength training equipment
- Indoor cycling studio
- Over 50 group fitness classes each week
- Friendly & professional personal training
- TRX classes
- Nutrition/Weight Loss consultations
- LightStim® LED Light Therapy

Aquatics

- Lap pool
- Leisure pool with speed slide
- Aquatics programs & exercise classes
- · Hot tubs indoor & outdoor
- Steam room

Facility

- · Indoor walking & jogging track
- 3 racquetball courts
- 2 gymnasiums
- Drop-in childcare
- Conference & event facilities
- Party packages

CELEBRATE YOUR EVENT

Chilson Recreation & Senior Center is a great venue for your next event. Casual or formal, big or small, with audio visual equipment for your training or seminar needs. Chilson has rental space available that may be perfect for you! Call 970.962.2503 to plan your next event. Interested in a swimming, gymnastics or eSports birthday party? Call 970.962.2468 or schedule online at Lovgov.org/WebTrac — Winona Outdoor Pool rentals are also available!

Close to downtown Loveland, the Chilson Center is easily accessible from I-25, Highway 34 and Highway 287. Our professional, experienced staff are happy to assist in planning your event and are committed to ensuring a memorable experience for you and your guests.

Winter Break & Spring Break Pass

Stay active this season! Purchase a winter break or spring break pass for UNLIMITED use of the Chilson Recreation Center during the dates below.

Winter Break: 12/20/25 to 1/6/26 (on sale 11/24/25)

Youth: \$35 | Adult: \$45

Spring Break: 3/14/26 to 3/22/26 (on sale 2/16/26)

Youth: \$22 | Adult: \$27

QUESTIONS: 970.962.2383

HOURS - Recreation Center

Monday to Friday 5:30A to 9:00P Saturday 6:00A to 6:00P Sunday 11:00A to 6:00P

Pool hours vary; see <u>lovgov.org/Swimming</u> for current hours. Hours subject to change; call 970.962.2FUN for updates.

HOURS - Senior Center

Monday to Friday 8:00A to 5:00P Billiards until 4:30P

Saturday/Sunday CLOSED

HOLIDAY & MAINTENANCE CLOSURES

Dates	Rec Center	Senior Center
W, 12/24 Christmas Eve	5:30A to 2:00P	CLOSED
Th, 12/25 Christmas	CLOSED	CLOSED
W, 12/31 New Years Eve	5:30A to 5:00P	8A to 12P Billiards only
Th, 1/1 New Years Day	CLOSED	CLOSED
Su, 4/5 Easter	CLOSED	CLOSED
M, 5/25 Memorial Day	CLOSED	CLOSED

FEES - Chilson Recreation/Senior Center

Infants (1 & under) are FREE with paid adult Pass fees include 1-week facility closure for annual maintenance; additional closures may also occur

Age	Daily Fee	10-Visit**
Toddlers (2-5 years)	\$5.00	\$45.00
Youth (6-18 years)	\$6.00	\$54.00
Adults (19-61 years)	\$7.50	\$67.50
Seniors (62+)	\$6.25	\$56.25
	_	

**10-Visit pass is valid for 3 years

Age	3 Month	
Youth (6-18 years)	\$96	
Adults (19-61 years)	\$166	
Seniors (62+)	\$99	
Family*	\$247	
	6 Month	6 Month
Age	Res	Non-Res
M 41 (0.40	0.4.00	0.100

Res	Non-Res
\$162	\$183
\$287	\$317
\$179	\$211
\$429	\$460
1 Year	1 Year
Res	Non-Res
Res \$272	Non-Res \$324
\$272	\$324
\$272 \$496	\$324 \$574
	\$287 \$179 \$429

MONTHLY BILLING Pay prorated current month plus next month when signing up (6 month min.)

Age	Res	Non-Res
Youth (6-18 years)	\$24.66	\$29.00
Adults (19-61 years)	\$43.33	\$49.83
Seniors (62+)	\$26.25	\$31.08
Family*	\$64.50	\$73.67
3rd-4th adult	\$27.00	\$27.00
Childcare (add on)		

\$9.00 (1st child), \$7.00 (each additional child)

Drop-In Childcare

Parents, legal guardians and persons in charge (immediate family members) participating in classes or working out may utilize drop-in childcare for ages 3 months through 8 years. Infants 3 through 7 months require a reservation.

Call 970.962.2466 or stop in for info.

MAX VISIT: 2 hour limit per day

HOURS - Childcare

Monday to Thursday	8:45A to 1:30P & 4:00 to 7:00P
Friday	8:45A to 1:30P
Saturday	Sept to May only 9:00A to 12:00P

FEES - Childcare

Daily Fee: \$3.75 **10-Visit:** \$33.75

Upgrade your annual pass:

\$108 1st child; \$84 each additional child Also see monthly billing options below.

Recreation Center Fees

Fees provide access to fitness equipment, gym, weight room, exercise track, racquetball courts, most fitness classes, swimming pools, hot tubs, steam room and locker room with locker.

Cancellation fee will apply for passes and visit cards.

Group Rate

Bringing a group of 10 or more? Please submit a group attendance request form at lovgov.org/Swimming at least 48 hours in advance to be eligible for a \$5.50/person group rate. Group requests may be made only for the current calendar year and are on a first-come, first-served basis, subject to space and staff availability.

Senior Center Fees

No fees are required to enjoy activities in the lobby including billiards, cards, chess, etc. Refer to the Active Generation pages for Senior Activity Card (SAC) benefits and fees for classes/activities.

DID YOU KNOW?

We are a SilverSneakers®, Silver&Fit® and Renew Active™ facility. Stop by the Senior Center to check your eligibility and get signed up for your fitness pass!

^{*}Family = 1 to 2 adults + children under age 21 at home (1 Year and monthly billing passes can allow up to 2 additional adults for a fee)

Schedules may be updated periodically; revised schedules at the front desk.

DROP-IN	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
LARGE GYM: West (fro	LARGE GYM: West (front)							
Basketball 18+ full court	9:30A-3P	9:30A-1P	9:30A–1P 5–9P	9:30A-1P	9:30A-1P	3–6P*	3–6P	
Family Basketball	3:30-5P	5:30–9:30A 1–9P	1–5P	1–5P	5:30–9:30A 1–9P	11A-3P*	11A-3P	
Pickleball	5:30–9A		5:30–9A	5:30-9A				
LARGE GYM: East (bac	:k)							
Basketball 18+ full court	9:30A-1P			9:30A-1P				
Family Basketball			3:30-6P		6–9P Avail to Rent**	8A-6P*	3–6P	
Pickleball	5:30–9A		5:30–9A 1:30–3:30P 8–9P	5:30–9A 1:30–3:30P	12-4P		11A-2P	
Volleyball 50+		9:15-11:30A						
Volleyball Coed		4:30-9P						
SMALL GYM	SMALL GYM							
Family Basketball					1:15-3:45P			
Pickleball Adaptive Rec			9:30-11:30A					
Volleyball Coed		1:30-9P			4–9P		11A-2P	
RACQUETBALL COURTS: Call 970.962.2438 or reserve online: lovgov.org/WebTrac Racquetball equipment rental: \$1.50								

RACQUETBALL COURTS: Call 970.962.2438 or reserve online: <u>lovgov.org/WebTrac</u> Racquetball equipment rental: \$1.50 per person/per hour. Racquetball Challenge Court provides opportunities to meet players/practice. All levels invited; no reservations. Games are played in order of player arrival and are coed. Play to 15 points; winner plays next player waiting, up to 3 consecutive games.

Reservation Slots	6A-9P	6A-9P	6A-4P & 8-9P	6A-9P	6A-12P & 2-9P	6A-6P	11A-6P
Racquetball	Courts 2, 3	Courts 2, 3	Courts 2, 3	Courts 2, 3	Courts 2, 3		Courts 2, 3
Challenge Court	12–2P	12–2P	12-2P & 4-8P***	12–2P	12–2P		11A–2P

^{*}Outside of youth leagues **Rent up to 10 days in advance, \$65/hr: lovgov.org/Webtrac ***Great for beginners

AQUATICS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LAP POOL							
Lap Lanes 1–3 Limited Appts Available lovgov.org/Webtrac	5:30A-8:30P	5:30A-8:30P	5:30A-8:30P	5:30A-8:30P	5:30A-8:30P	6A-5:30P	11A-5:30P
Lap Lanes 4–8 Outside of swim lessons & aqua fitness	5:30-8:30A 10:45A-5:10P 7:30-8:30P	5:30-7:00A 10:45A-5:10P 7:30-8:30P	5:30-7:00A 10:30A-6P 7:30-8:30P	5:30-7:00A 10:45A-5:10P 7:30-8:30P	5:30-7:00A 8:15-9:15A 10:15A-8:30P	6:00–8:25A 11:50A–4:00P	11A-5:30P
Aqua Fitness	9:15–10:15A	7:05–7:55A 9:15–10:15A	7:15–8:15A 9:15–10:15A 6:30–7:30P	7:05–7:55A 9:15–10:15A	7:15–8:15A 9:15–10:15A	7:30–8:30A	

Please anticipate limited space availability during time frames for aqua fitness & swim lessons (lessons are held: Mon/Tues/Thur 5–7:30P, and Sat 8:30A–noon). See fitness schedule at front desk or lovgov.org/FitnessWellness for aqua fitness class details.

LEISURE POOL***	LEISURE POOL***						
Open Swim & Speed Slide	10A-1P 4-8:30P*	10A-1P 4-8:30P*	10A-1P 4-8:30P	10A-1P 4-8:30P*	10A-1P 4-8:30P	10A-5:30P*	11A-5:30P
Zero Depth Area	9–10A**	9–10A**	9–10A**	9–10A**	9–10A**	9–10A**	
Water Walking For fitness; not for play	6–8A 9:15–10:00A	6–10A No current during fitness classes	6–10A No current during fitness classes	6–8A 9:15–10:00A	6–10A	6–10A	
Aqua Classes	8:05–9:05A In lazy river	8:20-9:20A In bay	8:20–9:20A In bay	8:05–9:05A In lazy river			

^{*}Swim Lessons are held during open swim hours in the lap and/or leisure pool: Mon/Tues/Thur 5–7:30P, Sat 8:30A–12P; open swim hours are subject to change **Zero Depth Area for tots/toddlers is open Mon–Sat for 1 hour prior to open swim (no water features during this time).
***Leisure Pool is closed Mon–Fri from 1–4P

RULES: Children under age 6 must be within arm's reach of and actively supervised by someone 16 or older while in the water. Children ages 6–7 must be directly supervised on the pool deck by someone 16 or older. Youth (under 16) are not permitted to use steam room/outdoor hot tub. Proof of age may be required. The use of flotation devices in all bodies of water is limited to water wings or small inner tubes only. Mermaid tails are permitted in the lap pool only. Aquatics policies are posted at lovgov.org/Chilson and aquatics area.



BEGINS

1/12 Community Dances with Live Bands •

Dance the night away at these dances that benefit the Chilson Senior Advisory Committee. All refreshments are potluck.

Dates: 2nd & 4th Monday Time: 6:30–9P Info: 970.962.2783

Fee: \$10, \$9.50 w/SAC (cash/check only)

Age: 18+

1/12	Life in the Past Lane	4/13	Big Twang Theory
1/26	Jim Hyatt	4/27	Jim Ehrlich
2/9	Rusty Chaps	5/11	Life in the Past Lane
2/23	Dale, Singing Cowboy	5/25	No Dance (holiday)
3/9	Barely Gettin' By		

2/1 City of Loveland Farmers Market Vendor Applications Open

Voted one of the 10 best farmers markets in the state of Colorado! Every Sunday June through September you can enjoy farm-fresh produce, baked goods, pantry foods, live music, food trucks, monthly artist markets and special events including Watermelon Daze and the Honey Festival. **Become a vendor!** Vendor applications open 2/1.

More Info: lovgov.org/FarmersMarket

JD & The Moonrakers

2/6 Mountainfilm On Tour

Mountainfilm on Tour brings a culturally rich, adventure-packed and incredibly inspiring documentary films curated from the Mountainfilm festival held every Memorial Day weekend in Telluride, Colorado. The tour will visit Loveland with films that explore the themes connected to Mountainfilm's mission: using the power of film, art and ideas to inspire audiences to create a better world. Brought to you by the Loveland Parks & Recreation Department. Sponsorship opportunities available; contact Kerry Helke 970.962.2446. Location: Rialto Theater, 228 E. Fourth St. Tickets: RialtoTheaterCenter.org Info: lovgov.org/PRevents

F 2/6 6:30P \$26

3/6 Glow Swim Party

Come swim in the Chilson pool where the lights are dim and the party is bright! Get your GLOW on with a dance party, glow volleyball, glow jewelry and more! A variety of glow items are also available for purchase. Location: Chilson Pool All ages

F 3/6 6:30-8:30P Daily fee/Chilson pass

Mobile Recreation Trailer Rental

Rent our Mobile Recreation Trailer for events! It's packed full of FUN games, sports and activities for all ages. Call 970.962.2446 or visit lovgov.org/PRevents

3/13 St. Patrick's Day Luncheon

Celebrate St. Patrick's Day with corn beef, cabbage and Irish step dancers (TBD). Bring a non-perishable food donation for the House of Neighborly Service Food Pantry. Reservations taken from 2/1 until 3/10 or until event reaches capacity by calling Volunteers of America (VOA) at 970.472.9630. Seating is limited. Age: 60+

3/13 11:45A-1:00P \$3 suggested donation

4/11 Pancake Breakfast & Plant Sale

Have a delicious breakfast of pancakes, sausage, juice and coffee, then browse through the plant sale to find the perfect plant! Entertainment and good food make this a great morning for the entire family. Breakfast tickets available at the Senior Center front desk beginning 3/2 or pay at the door. This fundraising event is sponsored by the Chilson Senior Advisory Committee. Co-sponsored by Village Inn.

Location: Chilson Senior Center More Info: 970.962.2048

All ages

8:00-11:00A FREE to browse Sa 4/11 Adults: \$10 in advance, \$12 at door

Children: \$5 (12 & under)

4/25 Pickleball: Expo

Join Loveland Parks & Recreation and the Loveland Pickleball Club for an intro to pickleball! Open play is available on courts not being used for clinics. Equipment & FUN provided! Location: Osborn Park Courts, 1615 Fourth St. SE

Age: 18+ FREE, but must pre-register

Day	Date	Time	Class #
Sa	4/25	8:30-9:30A	276290-60
Sa	4/25	10:00-11:00A	276290-61
Sa	4/25	11:30A-12:30P	276290-62
Sa	4/25	1:00-2:00P	276290-63

Save the date!

6/5 Tee Off For Kids Golf Tournament

Golfers! The Loveland Parks & Recreation Foundation invites you to play this tournament where ALL proceeds benefit youth recreation scholarships! The format is a two-person team with a 7:30A shotgun start and includes 18-holes, cart, prizes and lunch. Registrations accepted through May 17 only. Location: Mariana Butte Golf Course, 701 Clubhouse Dr.

Info: info@LovelandPRFoundation.org Register: LovelandPRFoundation.org

\$300 per team (Early Bird fee thru 5/9)

\$320 per team (Fee after 5/9)

7/18 NEW! Hydro Dash Kids Challenge

Get ready to make a splash with Hydro Dash! Kick things off with an energizing swim, then dash your way around the nearby track and back to cross the finish line. It's a thrilling combo of water and speed, offering a FUN race for kids ages 6-17! Racers are heated by age and are racing against the clock. Location: Winona Outdoor Pool/Winona Elementary School Track

Age: 6–8 (#304001-1) **Age: 12–14** (#304001-3) Age: 9-11 (#304001-2) Age: 15-17 (#304001-4)

8:00A-12:00P \$20* (thru 7/17), \$25* (after 7/17) *Fee includes registration, post-race snack and event swim cap. (Snacks are for racers only, concessions (\$) will be open at Winona for families and support crew.)

WOO HOO!

Celebrate with a party at Chilson!

Swimming Party

Includes one hour in the Party Room and full day admission into the pool for kids and adults. Packages start at \$105.

Gymnastics Party

Includes one hour in the Party Room and one hour of facilitated gymnastics activities with an instructor. Packages start at \$140.

eSports Party

Includes one hour in the Party Room and one hour of facilitated Nintendo Switch™ gaming on projector-sized screens. Packages start at \$140

(all **970.962.2468**





Saturday Nights at Chilson!

For kids ages 7–12

Drop off your kids at Chilson for a supervised, structured program in a safe, social environment. Swimming, gym, games, prizes, contests and FUN themes each week! Staff ratio 1:20

\$20 per person | Concessions (\$) **CALL FOR MORE INFO: 970.308.0439**



The City of Loveland Parks & Recreation Department maintains numerous areas with amenities available for the community:

- 18 softball fields 4 baseball fields 2 inline skate hockey rinks
- 3 skate parks 23 outdoor tennis courts 12.5 outdoor basketball courts 18 outdoor pickleball courts 1 outdoor Fitness Court®
- 1 outdoor swimming pool 1 indoor aquatics center 34 parks, 25 with amenities only (no reservable shelters); 9 with amenities and reservable pavilions/gazebos/shelters 30 playgrounds
- 3 golf courses open lands, trails and natural areas indoor recreation at the Chilson Recreation & Senior Center and more!

Memorial Tree & Bench Program Donations are made through the Parks & Recreation Department's non-profit Foundation. Call 970.962.3459 for information.

Take a look! Check out Loveland park pavilions, gazebos and shelters at: lovgov.org/Parks

We have adjusted the hours of operation at several City of Loveland park restroom facilities to accommodate reduced staffing. For more information, visit lovgov.org/Parks

PAVILIONS | GAZEBOS | SHELTERS

Non-reserved (or unreserved) pavilions, gazebos and shelters without power are available free of charge on a first-come, first-served basis. Reservations must be made at least seven (7) days prior to the desired date. Reservations accepted up to nine (9) months in advance of the event date.

Fees and deposits are due upon reservation, and vary depending upon the location and invited guest total. **Call 970.962.2727 or go online for details:** <u>lovgov.org/WebTrac</u>

Alcohol permits allow facility users to have alcohol at events. In addition to the shelter & deposit fees, an alcohol permit is a \$75 fee plus a \$75 deposit. Alcohol permits expire on the day of the reservation. By City ordinance, alcohol is NOT permitted in a City facility without an alcohol permit and facility reservation.

Large groups may be assessed a site impact fee to recover extra maintenance costs incurred for large group/event reservations. The Police Department may require an added application and approval process for large events. Please inquire for information.

See pages 54 & 56 for park locations and recreation trail maps.

PAVILION SHELTER RESERVATIONS PARK RULES & REGULATIONS

Online Reservations: lovgov.org/WebTrac

Call 970.962.2327 to schedule a walk-in appointment.

- Benson Sculpture Park 1125 W. 29th St. Features one reservation gazebo and sculpture displays throughout the park. Limited parking; carpooling suggested. Large group reservations (48+) are not accepted.
- Centennial Park 977 W. First St. Features one reservation shelter, baseball fields, stream fishing, pickleball courts, horseshoe courts, playground & rec trail access.
- Dwayne Webster Park 401 W. 13th St. Features three reservation shelters, basketball, tennis, horseshoe courts, playground and cannon sculpture. Large group reservations (48+) are not accepted.
- Fairgrounds Park 700 S. Railroad Ave. Features two reservation pavilions, basketball, dog park, playgrounds, skate park, spray park, tot lot, ballfields, fishing with river access, historic sites, sculpture and rec trail access.
- Kroh Park 5200 N. Garfield Ave. Features one reservation shelter, athletic and softball fields, a backstop and playground.
- Loveland Sports Park 950 N. Boyd Lake Features three reservation shelters, athletic fields, spray playground, skate park, in-line hockey rinks, basketball and volleyball courts & concession area. Large group reservations (60+) are not accepted.
- Mehaffey Park 3285 W. 22nd St. Features two reservation shelters, a dog park, pond fishing, athletic fields, pickleball & tennis courts, skate park, playground, water feature and rec trail access.
- Namagua Park 730 N. CR 19E (Namagua Road) Features one reservation shelter, fishing, horseshoe courts and playground. Large group reservations (48+) are not accepted.
- North Lake Park 2750 N. Taft Avenue Features four reservation shelters, baseball/softball athletic fields, tennis/basketball/horseshoe courts, pond fishing, mini railroad (seasonal) and two playgrounds.

Areas that are reserved in person (not online):

· Athletic fields, ball fields and Hammond Amphitheater

Please call the office at 970.962.2327 to inquire about availability.

Neighborhood parks that do not have reservation areas may still be used on a first-come, first-served basis for small groups.

Park Hours

Most Loveland parks are open from 6:00A-10:30P daily unless otherwise specified onsite. All parks except Viestenz-Smith Mountain Park will remain open in the winter months. Loveland Sports Park may be closed due to weather conditions and restrooms may remain closed for the season and/or during extremely cold temperatures. Please refer to specific park web pages or call 970.962.2327 for more information.

The grills located in the parks are for charcoal use. When using the grills, you must make sure the coals are completely extinguished before vacating the site. You may leave the remaining coals/ash to continue cooling, and our parks workers will eliminate the ashes when they clean the grills before their next use. If you prefer to use a gas grill, you are welcome to bring your own to the park, as long as you use it on a paved/cement surface and you allow it time to cool so you may take it with you when you leave.

Pets

Pets are welcome in most parks as long as they are leashed and under human control at all times, except in designated off-leash dog park enclosures where voice control is required. Owners must clean up after their pets and dispose of waste properly. Pets are not allowed on playgrounds, spray parks, skate parks, inline rinks, basketball or volleyball courts, or the Championship Field at Loveland Sports Park. At the Barnes Softball Complex, dogs are now welcome! They must remain leashed, well-behaved, and stay out of dugouts and fields of play. Please keep dogs in spectator or outlying areas and be respectful of players and other park users. Violations may result in removal from the facility.

Permitted Items

- Only small pop-up shade shelters with removable walls are allowed (10' x 10' max) and must be weighted down. No stakes are to be driven into the ground more than 6" for any reason (irrigation lines are present). Camping as defined as setting up a tent or like structure for privacy is prohibited. Overnight parking or camping is prohibited.
- · No jump castles, dunk tanks, pony rides or similar set-ups.
- No Silly String, paint or any other item which may contain dyes and cause permanent damage.
- · Collecting, removing, destroying or defacing any natural or manmade object is NOT permitted.
- · Vending is not allowed in City parks, open land areas or trails without prior permission from the Parks & Recreation Dept.
- · Smoking is prohibited, except in designated areas.
- · Glass containers/bottles are prohibited.
- · No open fires or flames except in provided grills.
- · No gathering or cutting firewood.
- · Motorized vehicles (except authorized) are not allowed outside of established streets and parking areas.
- · Remote control (RC) boating questions are addressed by the Colorado Parks & Wildlife Division through the office in Fort Collins. Please call 970.472.4300 for information. In Loveland, battery powered RC boats have been approved for use on small City-owned bodies of water only; suggested sites would be the Foote Lagoon or North Lake Park - Duck Pond.
- No hang gliding, paragliding or powered paragliding in any park or open land area.

For detailed rules: lovgov.org/Parks



Unsure of your swim level for lessons?

We can help! Call 970.962.2FUN to set up a test session for best placement.

Private | Semi-Private Swim Lessons

Private swim lessons are a great way to improve skills in a one-on-one setting tailored to your needs and desires. Taught by City of Loveland swim instructors who have excellent experience. **More Info:** 970.962.2631

Private: 1 person, 30-min \$35 paid day-of Semi-Private: 2 people, 30-min \$45 paid day-of

Winona Pool Rentals • 970.962.2FUN or online at <a href="https://linear.ncbi.nlm.ncb

Reservations for the 2026 season begin Wed, April 1. Are you looking for a great location for a gathering, family reunion or birthday party? Rental includes the use of the shower facilities, AquaClimb, waterslide & other amenities. Alcohol is not permitted.

Mon | Tues | Thurs | Fri | Sat Rentals:

5:30–7:30P 1-100 Guests: \$375 + \$100 deposit 5:30–7:30P 101-300 Guests: \$425 + \$100 deposit

Sunday Rentals:

5:30–8:00P 1-100 Guests: \$400 + \$100 deposit 5:30–8:00P 101-300 Guests: \$450 + \$100 deposit

Swim Parent/Infant Min/Max: 4/10

Parents help introduce infants to the water while learning how to work with their child safely in the pool. Basic body position and holding techniques are introduced. One adult per child required.

Age: 0.5-1.5 *No class 3/15-3/21

M	1/5-2/23	5:45-6:15P	\$50	200001-01
М	3/2-4/27*	5:45-6:15P	\$50	200001-02
T,Th	1/6-1/29	5:10-5:40P	\$50	200001-10
T,Th	2/3-2/26	5:10-5:40P	\$50	200001-11
T,Th	3/3-4/2*	5:10-5:40P	\$50	200001-12
T,Th	4/7-4/30	5:10-5:40P	\$50	200001-13
Sa	1/3-2/21	9:00-9:30A	\$50	200001-20
Sa	2/28-4/25*	9·00-9·30A	\$50	200001-21

Swim Parent/Toddler Min/Max: 4/10

Parents help introduce toddlers to the water using songs, working on building confidence, becoming comfortable in and around the pool, and staying safe. Basic water activities are introduced. One adult per child required.

Age: 1.5-3 *No class 3/15-3/21

M	1/5-2/23	5:10-5:40P	\$50	200002-01
М	3/2-4/27*	5:10-5:40P	\$50	200002-02
T,Th	1/6-1/29	6:20-6:50P	\$50	200002-10
T,Th	2/3-2/26	6:20-6:50P	\$50	200002-11
T,Th	3/3-4/2*	6:20-6:50P	\$50	200002-12
T,Th	4/7-4/30	6:20-6:50P	\$50	200002-13
Sa	1/3-2/21	10:10-10:40A	\$50	200002-20
Sa	2/28-4/25*	10:10-10:40A	\$50	200002-21

Swim Preschool 1 Min/Max: 4/8

For the swimmer with no or limited water experience and who is uncomfortable putting their face in the water. Front and back floats introduced along with interactive water games.

Age: 3-5	*No class 3/	15–3/21		
M	1/5-2/23	5:10-5:40P	\$50	200003-01
М	1/5-2/23	6:20-6:50P	\$50	200003-02
М	3/2-4/27*	5:10-5:40P	\$50	200003-03
М	3/2-4/27*	6:20-6:50P	\$50	200003-04
T,Th	1/6-1/29	5:45-6:15P	\$50	200003-10
T,Th	1/6-1/29	6:55-7:25P	\$50	200003-11
T,Th	2/3-2/26	5:45-6:15P	\$50	200003-12
T,Th	2/3-2/26	6:55-7:25P	\$50	200003-13
T,Th	3/3-4/2*	5:45-6:15P	\$50	200003-14
T,Th	3/3-4/2*	6:55-7:25P	\$50	200003-15
T,Th	4/7-4/30	5:45-6:15P	\$50	200003-16
T,Th	4/7-4/30	6:55-7:25P	\$50	200003-17
Sa	1/3-2/21	9:00-9:30A	\$50	200003-20
Sa	1/3-2/21	10:45-11:15A	\$50	200003-21
Sa	2/28-4/25*	9:00-9:30A	\$50	200003-22
Sa	2/28-4/25*	10:45-11:15A	\$50	200003-23

Swim Preschool 2 Min/Max: 4/8

Prerequisite: Preschool 1 or demonstrate requirements. For the swimmer who will comfortably submerge face and head underwater. Learn to float independently on front and back for 5 seconds. Swimming on front is also introduced.

Character of the care of the c							
Age: 3-	5 *No class 3	3/15–3/21					
M	1/5-2/23	5:45-6:15P	\$50	200004-01			
M	1/5-2/23	6:55-7:25P	\$50	200004-02			
M	3/2-4/27*	5:45-6:15P	\$50	200004-03			
M	3/2-4/27*	6:55-7:25P	\$50	200004-04			
T,Th	1/6-1/29	5:10-5:40P	\$50	200004-10			
T,Th	1/6-1/29	6:20-6:50P	\$50	200004-11			
T,Th	2/3-2/26	5:10-5:40P	\$50	200004-12			
T,Th	2/3-2/26	6:20-6:50P	\$50	200004-13			
T,Th	3/3-4/2*	5:10-5:40P	\$50	200004-14			
T,Th	3/3-4/2*	6:20-6:50P	\$50	200004-15			
T,Th	4/7-4/30	5:10-5:40P	\$50	200004-16			
T,Th	4/7-4/30	6:20-6:50P	\$50	200004-17			
Sa	1/3-2/21	10:10-10:40A	\$50	200004-20			
Sa	1/3-2/21	11:20-11:50A	\$50	200004-21			
Sa	2/28-4/25*	10:10-10:40A	\$50	200004-22			
Sa	2/28-4/25*	11:20-11:50A	\$50	200004-23			

Swim Preschool 3 Min/Max: 4/8

Prerequisite: Preschool 2 or demonstrate requirements. For the swimmer who is able to float independently on front and back for 5 seconds. Learn to swim 5 body lengths on front without stopping and become more comfortable in deeper water. Treading water is also introduced.

Age: 3-	-5 *No class 3	3/15–3/21		
M	1/5-2/23	6:20-6:50P	\$50	200005-01
М	3/2-4/27*	6:20-6:50P	\$50	200005-02
T,Th	1/6-1/29	5:45-6:15P	\$50	200005-10
T,Th	2/3-2/26	5:45-6:15P	\$50	200005-11
T,Th	3/3-4/2*	5:45-6:15P	\$50	200005-12
T,Th	4/7-4/30	5:45-6:15P	\$50	200005-13
Sa	1/3-2/21	9:35-10:05A	\$50	200005-20
Sa	2/28-4/25*	9:35-10:05A	\$50	200005-21

Glow Swim Party at the Chilson Pool See page 4 for info and get your GLOW on!

Special Olympics Adaptive Swimming See page 17 for classes for youth & adults.

Swim Level 1 Min/Max: 4/8

For the swimmer with little or no water comfort. Become comfortable submerging entire body in the water and learn to float independently on front and back. Swimming on front is also introduced.

Age: 6-16 *No class 3/15-3/21						
M	1/5-2/23	5:10-5:40P	\$50	200006-01		
М	1/5-2/23	6:20-6:50P	\$50	200006-02		
М	3/2-4/27*	5:10-5:40P	\$50	200006-03		
М	3/2-4/27*	6:20-6:50P	\$50	200006-04		
T,Th	1/6-1/29	5:45-6:15P	\$50	200006-10		
T,Th	1/6-1/29	6:55-7:25P	\$50	200006-11		
T,Th	2/3-2/26	5:45-6:15P	\$50	200006-12		
T,Th	2/3-2/26	6:55-7:25P	\$50	200006-13		
T,Th	3/3-4/2*	5:45-6:15P	\$50	200006-14		
T,Th	3/3-4/2*	6:55-7:25P	\$50	200006-15		
T,Th	4/7-4/30	5:45-6:15P	\$50	200006-16		
T,Th	4/7-4/30	6:55-7:25P	\$50	200006-17		
Sa	1/3-2/21	9:00-9:30A	\$50	200006-20		
Sa	1/3-2/21	10:10-10:40A	\$50	200006-21		
Sa	2/28-4/25*	9:00-9:30A	\$50	200006-22		
Sa	2/28-4/25*	10:10-10:40A	\$50	200006-23		

Swim Level 2 Min/Max: 4/8

Prerequisite: Successful completion of Level 1 or demonstrate requirements. For the swimmer who can put their face in the water comfortably and float independently. Learn to swim 5 body lengths on front without stopping and learn to tread water.

Age: 6-	-16 *No class	3/15–3/21		
M	1/5-2/23	5:45-6:15P	\$50	200007-01
M	1/5-2/23	6:55-7:25P	\$50	200007-02
М	3/2-4/27*	5:45-6:15P	\$50	200007-03
М	3/2-4/27*	6:55-7:25P	\$50	200007-04
T,Th	1/6-1/29	5:10-5:40P	\$50	200007-10
T,Th	1/6-1/29	6:20-6:50P	\$50	200007-11
T,Th	2/3-2/26	5:10-5:40P	\$50	200007-12
T,Th	2/3-2/26	6:20-6:50P	\$50	200007-13
T,Th	3/3-4/2*	5:10-5:40P	\$50	200007-14
T,Th	3/3-4/2*	6:20-6:50P	\$50	200007-15
T,Th	4/7-4/30	5:10-5:40P	\$50	200007-16
T,Th	4/7-4/30	6:20-6:50P	\$50	200007-17
Sa	1/3-2/21	9:35-10:05A	\$50	200007-20
Sa	1/3-2/21	10:45-11:15A	\$50	200007-21
Sa	2/28-4/25*	9:35-10:05A	\$50	200007-22
Sa	2/28-4/25*	10.45-11.15Δ	\$50	200007-23

Swim Level 3 Min/Max: 4/8

Prerequisite: Successful completion of Level 2 or demonstrate requirements. For the swimmer who can swim on front 5 body lengths without stopping. Learn rotary breathing, front crawl and elementary backstroke. Must be able to jump into shallow/deep water and move to the side comfortably.

water ar	water and move to the side conflictably.						
Age: 6-	Age: 6-16 *No class 3/15-3/21						
M	1/5-2/23	5:45-6:15P	\$50	200008-01			
М	1/5-2/23	6:55-7:25P	\$50	200008-02			
M	3/2-4/27*	5:45-6:15P	\$50	200008-03			
М	3/2-4/27*	6:55-7:25P	\$50	200008-04			
T,Th	1/6-1/29	5:10-5:40P	\$50	200008-10			
T,Th	1/6-1/29	6:20-6:50P	\$50	200008-11			
T,Th	2/3-2/26	5:10-5:40P	\$50	200008-12			
T,Th	2/3-2/26	6:20-6:50P	\$50	200008-13			
T,Th	3/3-4/2*	5:10-5:40P	\$50	200008-14			
T,Th	3/3-4/2*	6:20-6:50P	\$50	200008-15			
T,Th	4/7-4/30	5:10-5:40P	\$50	200008-16			
T,Th	4/7-4/30	6:20-6:50P	\$50	200008-17			
Sa	1/3-2/21	8:25-8:55A	\$50	200008-20			
Sa	1/3-2/21	9:35-10:05A	\$50	200008-21			
Sa	2/28-4/25*	8:25-9:55A	\$50	200008-22			
Sa	2/28-4/25*	9:35-10:05A	\$50	200008-23			

Swim Level 4 Min/Max: 4/8

Prerequisite: Successful completion of Level 3 or demonstrate requirements. For the swimmer who can swim 25 yards front crawl without stopping and is comfortable in deep water. Learn back crawl, breaststroke and sidestroke while building endurance on front crawl and elementary backstroke.

Age: 6-	Age: 6-16 *No class 3/15-3/21						
M	1/5-2/23	5:10-5:40P	\$50	200009-01			
M	3/2-4/27*	5:10-5:40P	\$50	200009-02			
T,Th	1/6-1/29	6:55-7:25P	\$50	200009-10			
T,Th	2/3-2/26	6:55-7:25P	\$50	200009-11			
T,Th	3/3-4/2*	6:55-7:25P	\$50	200009-12			
T,Th	4/7-4/30	6:55-7:25P	\$50	200009-13			
Sa	1/3-2/21	11:20-11:50A	\$50	200009-20			
Sa	2/28_4/25*	11.20-11.50Δ	\$50	200009-21			

Swim Level 5 Min/Max: 4/8

Prerequisite: Successful completion of Level 4 or demonstration of requirements. For the swimmer who can swim 50 yards front crawl, perform the breaststroke and back crawl for 25 yards and can tread water continuously for at least one minute. The butterfly stroke and flip turns on front and back are also introduced.

Age: 6-7	16 *No class	3/15-3/21		
M	1/5-2/23	6:20-6:50P	\$50	200010-01
М	3/2-4/27*	6:20-6:50P	\$50	200010-02
T,Th	1/6-1/29	5:45-6:15P	\$50	200010-10
T,Th	2/3-2/26	5:45-6:15P	\$50	200010-11
T,Th	3/3-4/2*	5:45-6:15P	\$50	200010-12
T,Th	4/7-4/30	5:45-6:15P	\$50	200010-13
Sa	1/3-2/21	10:45-11:15A	\$50	200010-20
Sa	2/28-4/25*	10:45-11:15A	\$50	200010-21

Swim Level 6 Min/Max: 4/8

Prerequisite: Successful completion of Level 5 or demonstrate requirements. For the swimmer who can swim a minimum of two laps without stopping and is efficient in competition strokes including front crawl (freestyle), breaststroke, butterfly and back crawl (backstroke). Work on refining strokes, developing power and smoothness over greater distances.

Age: 6	-16 *No class	3/15-3/21		
Sa	1/3-2/21	11:20-11:50A	\$50	200011-20
Sa	2/28-4/25*	11·20-11·50A	\$50	200011-21

Adult | Senior Beginner Min/Max: 4/6

Become more comfortable in the water and learn the basic skills to achieve a minimum level of water competency. Focus is on breath control, submerging, floating and learning the front crawl and elementary backstroke.

	*No class			
Sa	1/3-2/21	8:25-8:55A	\$50	200015-20
Sa	2/28-4/25*	8·25-8·55A	\$50	200015-21

NEW! Hydro Dash Kids Challenge

Get ready to make a splash with Hydro Dash! Kick things off with an energizing swim, then dash your way around the nearby track and back to cross the finish line. It's a thrilling combo of water and speed, offering a FUN race for kids ages 6–17! Racers are heated by age and are racing against the clock. Location: Winona Outdoor Pool/Winona Elementary School Track

Age: 6–8 (#304001-1) Age: 12–14 (#304001-3) Age: 9–11 (#304001-2) Age: 15–17 (#304001-4)

Sa 7/18 8:00A-12:00P \$20* (thru 7/17), \$25* (after 7/17)

Blended Learning Lifeguard Certification

Blended learning courses mix online learning and in-person skills sessions to obtain the American Red Cross Lifeguard for Professional Rescuers with CPR/AED/First Aid certification. Students will complete over 7 hours of online videos, quizzes and tests through the American Red Cross learning portal in lieu of in-person lectures. All participants must complete a pre-test prior to class (see below). Successful completion is necessary to continue on to the class; refunds will be issued to candidates who do not pass. Min/Max: 5/10 Location: Chilson Pool Age: 15+

Lifeguard Certification - Shallow Water

Pre-test: Swim 100 yards continuously; tread water for 2 min using only your legs; complete a timed event within 50 sec by starting in the water - swim 20 yards, submerge to a depth of 4 to 5 feet to retrieve a 10lb object, return to the surface and walk or swim 20 yards on your back to return to the starting point with both hands holding the object, exit the water without using the steps or ladder.

Pre-test:	F, 1/2	9:00-10:00A		
Su,M,T	1/4-1/6	8:00A-4:00P	\$175	203006-01

Lifeguard Certification - Deep Water Skills

Pre-test: Jump into the water and totally submerge, resurface then swim 150 yards using the front crawl, breaststroke or a combination of both; maintain position at the surface of the water for 2 min by treading water using only your legs; swim 50 yards using the front crawl, breaststroke or a combination of both. Starting in the water, swim 20 yards; surface dive (feet-first or head-first) to a depth of 10 ft to retrieve a 10lb object; return to the surface and swim 20 yards on your back to return to the starting point, holding the object at the surface with both hands and keeping your face out or near the surface; exit the water without using the steps or ladder.

Pre-test:	W, 4/8	5:00-6:00P		
Su	4/12-5/3	11:00A-5:00P	\$175	203003-01
Pre-test:	W, 4/29	5:00-6:00P		
T–Sa	5/5-5/9	4:30-8:30P (T-F)	¢175	203003-02
1–5a	5/5-5/9	9:00A-5:00P (Sa)	\$175	203003-02
Pre-test:	W, 5/20	5:00-6:00P		
T–F	5/26-5/29	8:00A-2:00P	\$175	203003-03

Lifequard Recertification Min/Max: 5/10

Review the basics of lifeguard skills, First Aid and CPR/AED for the Professional Rescuer. All participants must complete online learning videos and a pre-test prior to class. This course is intended for lifeguards whose certification will expire soon or has expired within 30 days prior to 6/1. Please be ready to provide your current/expired certifications and any extension documentation. Bring a swimsuit, towel, pocket mask, whistle, lunch and snacks. Participants who successfully complete the recertification course will receive Lifeguard CPR/AED/First Aid certification valid for two years. **Pre-test:** 300 yard continuous swim, retrieve a 10lb brick from bottom of pool and tread water for two minutes. Location: Chilson Pool/Winona Outdoor Pool **Age:** 15+

Su 5/31 10:00A-6:00P \$125 203001-03

Stay Cool in the Pool & Work in the Water!

Did you know we hire lifeguards for the Chilson Pool and Winona Outdoor Pool? Join the aquatics team and become a certified lifeguard, have FUN and make a difference!

Check out: lovgov.org/Jobs for opportunities.

^{*}Fee includes registration, post-race snack and event swim cap. (Snacks are for racers only, concessions (\$) will be open at Winona for families and support crew.)

CHILSON Recreation & Senior (enter

GROUP FITNESS CLASSES

Included with a pass/punch card/daily admission!



GET MOTIVATED

With over 70 drop-in group fitness classes per week – included in your daily admission – there's something for EVERYONE. Getting fit is easier when others are rooting for you!

GET RESULTS

Our trained instructors inspire and encourage you to be the BEST you can be with safe, effective classes that deliver maximum results. All fitness levels welcome.

GET IN HERE

Challenge yourself to move your body and develop heart-healthy routines. Increase your cardio and muscular endurance. Get stronger, get flexible, get energized...get in here!

CURRENT FITNESS SCHEDULE:



Find all our current fitness & wellness info at:

lovgov.org/FitnessWellness



Personal Training Achieve long-term weight loss and develop healthy life-long habits; receive expert guidance and motivation; enhance sports performance; establish realistic and achievable fitness and nutritional goals. More Info: 970.962.2630 or inquire at the front desk. Bios: lovgov.org/PersonalTrainers

Age: 16+

30-Minute Sessions		60-Minute Se	NFW	
1 session	\$38	1 session	\$55	SPECIAL!
5 sessions	\$170	5 sessions	\$240	SPECIAL!
10 sessions	\$300	10 sessions	\$460	

NEW! Small Group Personal Training (45-Min)

The perfect blend of personal coaching and group motivation with your favorite people. Get expert guidance, customized workouts and a FUN, supportive environment to stay inspired and on track. Please contact Katie Hayes with questions, 970.962.2452.

Age: 16+ Each person must check in for each session.

2 People		3 People	
1 session	\$30/person	1 session	\$25/person
5 sessions	\$150/person	5 sessions	\$125/person
10 sessions	\$300/person	10 sessions	\$250/person

Intro to Personal Training Package

If you are new to training or have not trained in over one year, this is a great place to start! Our trainers will work to inspire and encourage you to develop healthy habits and effective workouts. Valid for one intro package per person.

3 sessions (one hour & two 30-Min sessions) \$120

Loyal Guest Personal Training Specials

Save cash and earn free sessions when you buy a personal training package. Specials valid March 2-15. Limit two packages per person; must use within one year.

Age: 16+

30-Minute Sessions

		Buy 5, Get 1 Free			
10 sessions	\$300	Buy 10, Get 2 Free			
60-Minute Sessions					

5 sessions	\$240	Buy 5, Get 1 Free
10 sessions	\$460	Buy 10, Get 2 Free

Lift Strong Weight Training for Age 12–13

Not old enough to use the strength equipment without parental supervision? Meet with a personal trainer to learn the fundamentals of weight training. Get set up on a weight training program and receive a wristband showing completion of the class to use the strength equipment on your own (you must wear wristband each time). Parents are NOT required to attend the class with you. Call Amy Genger at 970.962.2630, ext. 2.

Age: 12-13

January-May \$30 412001-01

Learn to Use the TRUE Circuit Equipment

Sign up for one of our weekly group orientations! Call Katie Hayes at 970.962.2452 or stop by the personal training desk. FREE with paid admission.

CARDIO WITH A KICK

HIIT (High Intensity Interval Training) Min/Max: 4/10 The quickest way to burn fat and gain muscle simultaneously. Optimize your workout time using short, high-intensity intervals, followed by longer, low-intensity intervals. Boost your metabolism and burn calories hours after you're done! Location: Circuit Area Age: 14+

Т	1/6-1/27	10:00-10:40A	\$36	216115-1
Т	2/3-2/24	10:00-10:40A	\$36	216115-2
Т	3/3-3/24	10:00-10:40A	\$36	216115-3
Т	3/31-4/28	10:00-10:40A	\$45	216115-4
Т	5/5-5/26	10:00-10:40A	\$36	216115-5
F	1/9-1/30	10:00-10:40A	\$36	216115-6
F	2/6-2/27	10:00-10:40A	\$36	216115-7
F	3/6-3/27	10:00-10:40A	\$36	216115-8
F	4/3-5/1	10:00-10:40A	\$45	216115-9
F	5/8-5/29	10:00-10:40A	\$36	216115-10

TRX Suspension Training Min/Max: 5/8

Use gravity and your own body weight to recruit and work many muscles at the same time. Training with TRX leads to enhanced strength, balance, flexibility and core stability. From beginners to athletes and everyone in between! Location: Small Gym

Age: 14+

9				
Т	1/6-1/27	9:00-9:40A	\$36	216117-03
Т	1/6-1/27	5:40-6:20P	\$36	216117-04
Th	1/8-1/29	9:00-9:45A	\$36	216117-06
F	1/9-1/30	9:00-9:40A	\$36	216117-07
Т	2/3-2/24	9:00-9:45A	\$36	216217-03
Т	2/3-2/24	5:40-6:20P	\$36	216217-04
Th	2/5-2/26	9:00-9:45A	\$36	216217-06
F	2/6-2/27	9:00-9:45A	\$36	216217-07
Т	3/3-3/24	9:00-9:40A	\$36	216317-03
Т	3/3-3/24	5:40-6:20P	\$36	216317-04
Th	3/5-3/26	9:00-9:45A	\$36	216317-06
F	3/6-3/27	9:00-9:45A	\$36	216317-07
Т	3/31-4/28	9:00-9:45A	\$45	216417-03
Т	3/31-4/28	5:40-6:20P	\$45	216417-04
Th	4/2-4/30	9:00-9:45A	\$45	216417-06
F	4/3-5/1	9:00-9:45A	\$45	216417-07
Т	5/5-5/26	9:00-9:45A	\$36	216517-03
Т	5/5-5/26	5:40-6:20P	\$36	216517-04
Th	5/7-5/28	9:00-9:45A	\$36	216517-06
F	5/8-5/29	9:00-9:45A	\$36	216517-07

Senior Strength Training Min/Max: 4/10

Check your current fitness levels and set goals for improving cardio endurance, flexibility, upper and lower body muscular strength, dynamic balance, agility, coordination and postural stability. The guidance of a trainer and the community of a class! Location: Circuit Area

Age: 50+

M	1/5-1/26	1:30-2:30P	\$18	216119-01
М	2/2-2/23	1:30-2:30P	\$18	216119-02
М	3/2-3/30	1:30-2:30P	\$24	216119-03
М	4/6-4/27	1:30-2:30P	\$18	216119-04
М	5/4-5/18	1:30-2:30P	\$14	216119-05

See page 34 for Youth Fitness classes.

FEEL BETTER, LIVE BRIGHTER

4 Weeks to Your Best Nutrition Min/Max: 3/5 Learn how to balance your plate to balance your blood sugar and stabilize your hunger hormones. Gain an understanding of each macro nutrient and the important roles it plays in the body. Decode nutrition labels and ingredient lists, and gain the tools to improve your eating habits, manage your health, develop a healthy relationship with food and achieve long-term success.

Instructor: Katie Hayes | Location: Chilson Conference Rm

Age: 14+

W	1/7-1/28	9:00-10:00A	\$99	213010-01
W	2/4-2/25	9:00-10:00A	\$99	213010-02
W	4/8-4/29	9:00-10:00A	\$99	213010-03

Low Carb Living Min/Max: 6/15

Are you pre-diabetic, suffering from type 2 diabetes, obesity, high blood pressure or high cholesterol? Has your doctor informed you a reduced carbohydrate lifestyle may help? You don't have to be keto to enjoy the benefits of reducing your carbohydrate intake. Learn helpful tips to begin and maintain a new reduced carbohydrate intake lifestyle. This is an ongoing monthly class with rotating opics. Instructor: Candace Oates | Location: Party Rm

Age: 14+

Th	1/8	10:30-11:30A	\$26	218950-1
Th	2/5	10:30-11:30A	\$26	218950-2
Th	3/5	10:30-11:30A	\$26	218950-3
Th	4/2	10:30-11:30A	\$26	218950-4
Th	5/7	10:30-11:30A	\$26	218950-5

NEW! The Process of Becoming Unprocessed

Learn how to keep your lungs, liver, skin, lymphatic system, colon and kidneys working their best for stronger immunity and better health. Explore how nutrition, exercise and hydration support these pathways, even when one is compromised. Come ready to move, learn and join in hands-on discussion. Min/Max: 5/15 Instructor: Nancy Stilson-Herzog, Certified Personal Trainer & Health & Wellness Coach | Location: Fitness/Dance Studio

Age: 14+

W 1/14 3:00-4:30P \$35 213011-01

Hearing Assessments Min/Max: 1/8

Listen up! On the 3rd Tuesday of every other month, audiologist Kaitlynn Reed is at Chilson to do FREE basic hearing assessments.

Age: 18-

Dates: 1/20 (191267-1), 3/17 (191267-2), 5/19 (191267-3) After registration, you will be contacted to schedule a 10-minute appointment time between 8:30–10:30A.

reDEFINE Fit Boot Camp ❖

Get fit with a structured workout program, nutritional plan and the support of a team. This is for ALL fitness levels with a time table you can do. Pre & post camp assessments plus Saturday bonus camps! Call 970.214.7900 or email Ryann@reDEFINEfitco.com for questions or to enroll. Location: Chilson Center

Age: 16+

AM Camp	- 3 days per w	eek + Saturday c	amps
M,W,F	1/5-2/13	6:00-7:00A	\$245
M,W,F	2/23-3/13	6:00-7:00A	\$120
M,W,F	3/23-5/1	6:00-7:00A	\$245

NOON Ca	ımp – 2 days per	week + Saturda	y camps
T,Th	1/6-2/12	12:00-1:00P	\$165
T,Th	2/24-3/12	12:00-1:00P	\$80
TTh	3/2/1_//30	12:00_1:00P	\$165

YOGA

Sound Bath ❖ Min/Max: 5/18

Relaxation and meditation through resonate sound healing. This hour-long experience begins with 10 minutes of gentle stretching to prepare your body for stillness, followed by a sound bath with crystal quartz sound bowls, chimes and a rain stick. Location: Oak

Age: 14+

W	1/14	6:45-7:45P	\$15	218007-1
W	2/11	6:45-7:45P	\$15	218007-2
W	3/11	6:45-7:45P	\$15	218007-3
W	4/8	6:45-7:45P	\$15	218007-4
W	5/13	6:45-7:45P	\$15	218007-5

Redesign Your Spine Min/Max: 7/14

Learn exercises to correct your spine, strengthen hips, glutes and upper back, and improve posture for daily activities. Protect your body from injury and feel stronger. You must be able to get up/down from the floor. Handouts provided. Instructor: Nancy Stilson-Herzog, Certified Personal Trainer | Location: Fitness/Dance Studio

Age: 14+

Sa 2/28 12:30-4:00P \$70 218011-1

Body Roll Your Tissue Issues Min/Max: 7/14

Active deep tissue stretching helps restore connective tissue function, improve circulation and relieve tightness. Target different areas - from hips and glutes to back, neck and hands - using foam rollers and small balls. Wear comfortable clothing; you must be able to get up/down from the floor. Instructor: Nancy Stilson-Herzog, Certified Personal Trainer | Location: Fitness/Dance Studio

Age: 14+

W 3/25 6:30-8:00P \$45 218012-1

FIND YOUR BALANCE

Tai Chi - Level 1 & 2 Min/Max: 5/30

Tai Chi is an ancient form of Chinese exercise. Described as meditation in motion, it promotes serenity through gentle, flowing movements with each posture flowing into the next without pause, ensuring that your body is in constant motion. Slow movements develop strong bones from a firm rooting of the feet. It stimulates memory and generates a feeling of confidence and relaxation. Instructor: Dee Gorski | Location: Small Gym

Age: 18+

	•			
M	1/5-3/9	11:30A-12:30P	\$80	227108-1
M	3/16-5/18	11:30A-12:30P	\$80	227108-2
Leve	12			
M	1/5-3/9	12:45-1:45P	\$80	227108-5
M	3/16-5/18	12:45-1:45P	\$80	227108-6

NEW! Beginner Qigong Min/Max: 5/30

Qigong's gentle repetitive movements include breathing techniques and meditation, creating an easy-to-learn alternative to other forms of martial arts. These adaptive practices may benefit flexibility, strength, digestion and circulation. Engage in sessions to focus on building and balancing energy while developing simple practices that may also help reduce tension and anxiety. Instructor: Geoff Scheurman | Location: Fitness/Dance Studio

Age: 18+

F 3/20-4/24 12:30-1:30P \$42 292006-1

TAE KWON-DO

Tae Kwon-Do ❖ Min/Max: 5/25

Practice the traditional Chan Hun style of Tae Kwon-Do. Students learn to use their training to better their lives with the respect and courtesy that goes along with achieving each rank. Uniforms are not immediately required, but must be purchased before the student's first rank test. Please see the instructor to purchase a uniform. Testing fees are a separate cost, payable to the instructor. Multiple family member discount – must attend within same month and register at the Chilson front desk (register the highest-ranking student first). Head Instructor: Sheila Shirley, IV Dan

Beginner Instructor: Kenny Shirley, II Dan

Age: 7+ *No class 3/12, 3/17-3/20

Beginner Rank: new students thru high white belt Location: Thurs: Hickory Rm | Fri: Chilson Gymnastics Ctr

		, ,	,	
Th	1/8-2/26	6:00-7:15P	\$60	239970-1
F	1/9-2/27	5:00-6:15P	\$60	239970-2
Th	3/5-4/30*	6:00-7:15P	\$55	239970-3
F	3/6-5/1*	5:00-6:15P	\$55	239970-4

Intermediate Rank: gold belt thru blue belt

Choose to register for either 2 or 3 days per week. If you register for 2 days per week, you can pick the 2 days you wish to attend. This can vary week to week, allowing for flexibility! Location: Tues/Wed: Hickory Rm | Fri: Chilson Gymnastics Ctr

2 times per week **Tues start at 6:40P, Wed/Fri start at 6:30P T,W,F 1/6-1/30 6:30-8:00P** \$50 239971-1 T,W,F 2/3-2/27 6:30.8:00P** \$50 239971-2

1, , , , ,	170-1750	0.00-0.001	ΨΟΟ	20007 1-1
T,W,F	2/3-2/27	6:30-8:00P**	\$50	239971-2
T,W,F	3/3-3/27*	6:30-8:00P**	\$40	239971-3
T,W,F	3/31-5/1	6:30-8:00P**	\$60	239971-4

3 times per week **Tues start at 6:40P, Wed/Fri start at 6:30P

T,W,F	1/6-1/30	6:30-8:00P**	\$60	239973-1
T,W,F	2/3-2/27	6:30-8:00P**	\$60	239973-2
T,W,F	3/3-3/27*	6:30-8:00P**	\$50	239973-3
TW/F	3/31_5/1	6.30_8.00P**	\$70	230073_4

Upper Rank: high blue belt & above

Choose to register for either 2 or 3 days per week. If you register for 2 days per week, you can pick the 2 days you wish to attend. This can vary week to week, allowing for flexibility! Location: Tues/Wed: Hickory Rm | Fri: Chilson Gymnastics Ctr

2 times per week **Tues start at 6:40P, Wed/Fri start at 6:30P

T,W,F	1/6-1/30	6:30-8:30P**	\$60	239972-1
T,W,F	2/3-2/27	6:30-8:30P**	\$60	239972-2
T,W,F	3/3-3/27*	6:30-8:30P**	\$50	239972-3
T.W.F	3/31-5/1	6:30-8:30P**	\$70	239972-4

3 times per week **Tues start at 6:40P, Wed/Fri start at 6:30P

I,VV,⊢	1/6-1/30	6:30-8:30P**	\$70	239974-1	
T,W,F	2/3-2/27	6:30-8:30P**	\$70	239974-2	
T,W,F	3/3-3/27*	6:30-8:30P**	\$60	239974-3	
T,W,F	3/31-5/1	6:30-8:30P**	\$80	239974-4	

SPA SERVICES

Therapeutic Massage w/ Joyce Meis, LMT

Sessions enhance relaxation, stress reduction and injury relief.

Fees: 30-min (\$45), 60-min (\$75) or 90-min (\$100)

Make an appointment: 970.691.3441

See page 44 for info on Medically Based Foot Care services.



LIGHT UP YOUR LIFE

LED Light Therapy

LED Light Therapy is a non-invasive and natural treatment that has been proven safe and effective with over 7,000 medical and university studies. It is designed to help REJUVENATE, RENEW and REVIVE your body after workouts to allow for recovery.

The LightStim LED Therapy Bed is the first to gain over-the-counter FDA clearance. It is a soothing and gentle treatment that delivers warmth for a relaxing whole body treatment to maximize your body's potential for peak physiological performance.

Treatment	Fee	Passholder Fee*	
LED Therapy Bed (40-min, reservation block 50-min)	\$50	\$25	
Anti-Aging ProPanel (20-min, reservation block 25-min)	\$25	\$15	
Intro Session (40-min, reservation block 50-min)	\$10	\$10	
LED Therapy Sessions** (20-min, 10 pack) (40-min, 10 pack)	\$199 \$299	\$99 \$149	

^{*}Passholder = Chilson 6 month, annual and monthly billed passholders; all info & fees subject to change

^{**}Sessions are valid for 1 year from date of purchase



BOOK NOW: lovgov.org/Webtrac



Adaptive Recreation

Loveland Adaptive Recreation (AR) provides activities and services to individuals in the community who have varying levels of physical, emotional or intellectual abilities. The Adaptive Recreation Coordinator works with individuals with disabilities as requested. Services include, but are not limited to, adaptive exercise, fitness orientations, class and registration information, leisure interest search assistance and advocacy to eliminate barriers.

Adaptive Programs

Adaptive programs are for individuals who may have disabilities and need modified support to participate in activities. These programs are open to everyone but are designed to meet the unique needs of individuals with physical, intellectual and/or emotional disabilities.

Personal Care Attendants

Individuals who are not independent in activities of daily living may participate with a personal care attendant. There is no fee for personal care attendants unless otherwise noted. Attendants need to register separately and note whom they will be assisting. Notify AR staff to coordinate a support plan prior to class start date.

Contact Information

For more information, visit lovgov.org/ParksRecreation or contact Kaitlyn Greear, at 970.962.2462 Kaitlyn.Greear@CityofLoveland.org

Unified Sport Leagues

Loveland Parks & Recreation offers unified teams for sports like basketball, soccer and softball. They are teams comprised of players with and without disabilities. These leagues may work with rule additions and changes that allow all players to be supported and make gameplay fair. Unified sports programs promote gross motor coordination, dynamic decision making, inter-player communication, endurance and wellness.

Modifications

If a modification is required to participate in any recreation program, please indicate the modification needed during the registration process at least two weeks before the class begins. Adaptive Recreation staff will work with program leaders to determine how to most effectively provide needed modifications for full participation.

VOLUNTEER

JOIN OUR TEAM!

<u>Iovgov.org/Volunteer</u> (Variety of Opportunities)
<u>TeamSideline.com/Loveland</u> (Loveland Athletics)
<u>Offero.CityofLoveland.org</u> (Open Lands & Trails)

YOUTH

Youth Adaptive Craft Classes Min/Max: 4/12

Join friends and create something beautiful! Designed to meet the unique needs of all children! It is required that one caregiver or family member stays during the class to assist children with higher support needs at no extra cost. Location: Party Rm

Age:	8-1	5
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M	1/5	4:45-5:45P	\$7	169700-01
М	2/2	4:45-5:45P	\$7	169700-02
М	3/2	4:45-5:45P	\$7	269700-01
М	4/6	4:45-5:45P	\$7	269700-02
М	5/4	4:45-5:45P	\$7	269700-03

Youth Adaptive Pickleball Min/Max: 4/10

Pickleball is a court sport similar to tennis with elements of badminton and ping pong. Develop your skills and knowledge of the game! All equipment provided. Location: Large Gym

Age: 8-15

F	1/9-1/30	4:00-5:00P	\$30	169060-01
F	2/6-2/27	4:00-5:00P	\$30	169060-02

Youth Basketball Min/Max: 4/12

Modified techniques teach the fundamentals of basketball and help players of all abilities participate fully! For children with higher support needs, one caregiver is required to stay for support at no extra cost. Location: Large Gym

Age: 8-15

M 1/19-3/2 4:45-5:45P \$35 169003-1

NEW! Adaptive Kickball Min/Max: 8/20

A FUN, high-energy kickball program adapted for individuals of all abilities to play, laugh and kick big! Location: Small Gym Age: 12+

Th	3/5-3/26	6:00-7:00P	\$30	269090-1
Th	4/9-4/30	6:00-7:00P	\$30	269090-2
Th	5/7-5/28	6:00-7:00P	\$30	269090-3

Youth Swimming Min/Max: 4/10

Join the Loveland Minnows Youth Swim Team to learn basic water safety and beginner swimming. Location: Chilson Pool Opportunities to join Special Olympics end-of-season tournaments are available (separate registration through Special Olympics is required).

Age: 8-15

W	4/1-4/29	5:00-6:00P	\$40	269020-1
W	5/6-6/3	5:00-6:00P	\$40	269020-2

ADULT

Adaptive Craft Classes Min/Max: 4/12

Join friends and create something beautiful! Designed to meet the unique needs of all individuals! Participants who need support are welcome to bring one caregiver to assist during class at no extra cost. Location: Party Rm

Age: 15+

M	1/5	6:00-7:00P	\$7	169100-01
М	2/2	6:00-7:00P	\$7	169100-02
М	3/2	6:00-7:00P	\$7	269100-01
М	4/6	6:00-7:00P	\$7	269100-02
М	5/4	6:00-7:00P	\$7	269100-03

Adult Adaptive Swimming Min/Max: 4/8 Come join friends, have FUN in the pool and work on

Come join friends, have FUN in the pool and work on improving your swimming skills! Location: Chilson Pool

Age: 16+

Т	1/6-1/27	4:00-5:00P	\$32	169070-1
Т	2/3-2/24	4:00-5:00P	\$32	169070-2

Adult Adaptive Pickleball Min/Max: 4/10

Pickleball is a court sport similar to tennis with elements of badminton and ping pong. Develop your skills and knowledge of the game through our FUN beginner lessons! All equipment provided. Location: Large Gym *April/May classes at Mehaffey Park Courts

Age: 16+

F	1/9-1/30	5:00-6:00P	\$30	169050-01
F	2/6-2/27	5:00-6:00P	\$30	169050-02
W	4/8-4/29*	5:00-6:00P	\$30	269050-01
W	5/6-5/27*	5:00-6:00P	\$30	269050-02

NEW! Gaming & Pizza Night Min/Max: 5/12

Come join friends, enjoy some pizza and get your game on! We'll have a night of FUN playing video games like Super Smash Bros™, Mario Kart™, Mario Strikers™ and more! Pizza will be provided. Location: Maple/Spruce Rm

Age: 15+

F	1/9	6:00-7:30P	\$20	169600-01
F	2/6	6:00-7:30P	\$20	169600-02
F	3/6	6:00-7:30P	\$20	269600-03
F	4/3	6:00-7:30P	\$20	269600-04
F	5/8	6:00-7:30P	\$20	269600-05

Unified Adult Basketball Min/Max: 12/45

Recreational players are assigned to a 1-hour practice time where they work on skills using modified techniques. Skill level will determine competitive level. Competitive players practice for 1.5 hours and compete in a local league for an additional \$15 fee. Location: Small Gym. Opportunities to join Special Olympics end-of-season tournaments are available (separate registration through Special Olympics is required).

Age: 15+

W 1/14-3/11 6:00-8:00P \$35 169002-1

Bingo, Board Games & Billiards Min/Max: 4/12

Join new friends for some FUN and play bingo, board games and billiards. Our adaptive programs are designed to meet the unique needs of all individuals. Participants who need caregiver support are welcome to bring one caregiver to assist during class at no extra cost. Location: Senior Billiards Rm

Age: 18+

Th	1/15	5:30-7:00P	\$5	169200-01
Th	2/12	5:30-7:00P	\$5	169200-02
Th	3/12	5:30-7:00P	\$5	269200-01
Th	4/9	5:30-7:00P	\$5	269200-02
Th	5/14	5:30-7:00P	\$5	269200-03

NEW! Adaptive Flag Football Min/Max: 6/10

This flag football program welcomes individuals of all abilities, promoting teamwork, skill development and sportsmanship in a supportive environment where every participant has the chance to grow and succeed. Location: Willow Bend Park

Age: 15+

М	4/6-5/11	5:30-6:30P	\$35	269080-1



League Skill Definitions

LEVEL 1 - Competitive (Age 16+)

For teams who wish to play in the highest level of competition. Players should be very proficient in all skills and strategies.

LEVEL 2 - Recreation (Age 16+)

For teams who wish to play for reasons other than exercise without getting into highly competitive levels of play. Players should have average to above average skills and knowledge of the sport.

LEVEL 3, 4 & 5 - Leisure (Age 16+)

For teams who wish to play for exercise in a low-key environment. Players should be beginners learning skills and techniques.

Payments & Rosters Full payment for each team is required at the time of registration. Major credit cards accepted. Rosters are required prior to the teams' first game. Enroll your team and complete your roster on TeamSidline.com/Loveland

TeamSideline.com/Loveland is used for all sport schedules, tournament dates, information packets, weather notifications and more! Check it out!

Volunteer Youth Coaches Needed!

Many activities need assistance! Call the coordinator for your area of expertise. Have FUN and make a difference this season.

Athletic Coordinators

General Athletics Info	970.962.2445 Athletics@CityofLoveland.org
Adult & Youth Softball	
Adult & Youth Basketball	
Adult Kickball	Dana 970.962.2450 Dana.Redford@CityofLoveland.org
Youth Flag Football	<u> </u>
Cornhole	
Adult & Youth Volleyball	
CARA Track	Savannah 970.962.2445
Gymnastics	Savannah.Maldonado@CityofLoveland.org
Volunteer Program	
Adult & Youth Soccer	
Youth Baseball & T-Ball	Karl 970.962.2444 Karl.VonZwehl@CityofLoveland.org
Pickleball	
Adult & Youth Tennis	Kim 970.962.2437, Program Supervisor
Batting Cages	Kim.Miller@CityofLoveland.org

		i.i.	0101 11/10 12/0
Early Bi	rd (thru 12/1)	\$335	/team
Team F	ee (12/2-12/8).	\$375	/team
Schedu	les available or	nline: TeamSideline.com/Lo	veland
Day	Start Date	Level	Class #
М	1/5	Women's 1A (High Comp)	171101-1
М	1/5	Women's 1B (Comp)	171101-2
М	1/5	Women's 2A (Rec Comp)	171101-3
М	1/5	Women's 2B (Rec)	171101-4
W	1/7	Coed 3 (Leisure)	171201-5
Th	1/8	Coed 1A (High Comp)	171201-1
Th	1/8	Coed 1B (Comp)	171201-2
Th	1/8	Coed 2A (Rec Comp)	171201-3
Th	1/8	Coed 2B (Rec)	171201-4

Register 11/10-12/8

Winter Volleyball

Winter Basketball	Register 11/10-12/8
Early Bird (thru 12/1)	\$555/team

Team Fee (12/2-12/8).....\$605/team

Schedules online 12/26 after 4P: <u>TeamSideline.com/Loveland</u>

Day	Start Date	Level	Class #
Т	1/13	Men's 2 (Peakview)	173001-3
Su	1/11	Men's 2 (Chilson)	173001-4

Spring Soccer Register 2/2-3/9

Early Bird (thru 3/2).....\$1,180/team
Team Fee (3/3-3/9).....\$1,230/team

 $Schedules\ available\ online:\ \underline{TeamSideline.com/Loveland}$

Day	Start Date	Level	Class #
Su	3/22	Coed 1 (Comp)	277201-1
Su	3/22	Coed 2 (Rec)	277201-2

Spring Basketball Register 2/2-3/9

Early Bird (thru 3/2).....\$455/team
Team Fee (3/3-3/9).....\$505/team

Schedules online 3/13 after 4P: TeamSideline.com/Loveland

Day	Start Date	Level	Class #
Т	3/24	Men's 2 (Peakview)	273001-1

Spring Volleyball Register 2/2-3/9

Early Bird (thru 3/2)......\$335/team
Team Fee (3/3-3/9)......\$375/team

Schedules available online: TeamSideline.com/Loveland

Day	Start Date	Level	Class #
M	3/23	Women's 1A (High Comp)	171101-1
M	3/23	Women's 1B (Comp)	171101-2
M	3/23	Women's 2A (Rec Comp)	171101-3
M	3/23	Women's 2B (Rec)	171101-4
W	3/25	Coed 3 (Leisure)	171201-5
Th	3/26	Coed 1A (High Comp)	171201-1
Th	3/26	Coed 1B (Comp)	171201-2
Th	3/26	Coed 2A (Rec Comp)	171201-3
Th	3/26	Coed 2B (Rec)	171201-4

Spring Kickball Register 2/2-3/9

Day Start Date Level	Class #
Schedules online 3/13 after 4P: Tean	Sideline.com/Loveland
Team Fee (3/3-3/9)	\$340/team
Early Bird (thru 3/2)	\$290/team

Day	Start Date	Level	Class #
W	3/25	Coed 2 (Rec)	276201-1

Spring Cornhole Register 2/2-3/23

Doubles play; 3 games/night. Four nights of regular season plus league tournament. **Fee:** \$40/team **Location:** Chilson Small Gym

Day	Dates	Time	Class #
Th	4/9-5/7	6:00-8:00P	277901-1

əpriii	y Sullball		Register 2/2-3/9
Early Bi	rd (thru 3/2)	\$465/team	
Schedu	les online 3/13	after 4P: <u>TeamSidelin</u>	e.com/Loveland
Day	Start Date	Level	Class #
Т	3/24	Men's 1 (Comp)	274001-1
Т	3/24	Men's 2 (Rec)	274002-2

Day	Otal t Date	LCVCI	Olass #
T	3/24	Men's 1 (Comp)	274001-1
T	3/24	Men's 2 (Rec)	274002-2
Т	3/24	Men's 3 (Leisure)	274002-3
Th	3/26	Men's 2 (Rec)	274002-4
М	3/23	Coed 1 (Comp)	274201-1
М	3/23	Coed 2 (Rec)	274202-2
М	3/23	Coed 3 (Leisure)	274202-3

Summer Softball Register 3/30-5/4

Early Bird (thru 4/27).....\$775/team
Team Fee (4/28-5/4)....\$825/team
Schedules online 5/15 after 4P: TeamSideline.com/Loveland

Day	Start Date	Level	Class #
Т	5/26	Men's 1 (Comp)	374001-1
Т	5/26	Men's 2 (Rec)	374002-2
Т	5/26	Men's 3 (Leisure)	374002-3
Th	5/28	Men's 2 (Rec)	374002-4
М	6/1	Coed 1 (Comp)	374201-1
M	6/1	Coed 2 (Rec)	374202-2
М	6/1	Coed 3 (Leisure)	374202-3
W	5/27	Coed 2 (Rec)	374202-4
Т	5/26	Men's Church 1 (Comp)	374301-1
Th	5/28	Men's Church 2 (Rec)	374301-2

Summer Cornhole

Carina Cofthall

Register 3/30-6/1

Doubles play; 3 games/night. Four nights of regular season plus league tournament. Fee: \$40/team Location: Chilson Small Gym Day Dates Time Class #

Th 6/11-7/16 6:00-8:00P 377901-1

Summer Volleyball

Register 3/30-5/18

Team name/rosters due at registration.

Schedules available online: TeamSideline.com/Loveland

Women's 4x4 - Grass at McKee Park

Day	Start Date	Level	Class #
M	6/1	Rec	371602-1
M	6/1	Leisure	371602-2

Coed 4x4 - Grass at McKee Park

Day	Start Date	Level	Class #
Т	6/2	Rec	371601-1
Т	6/2	Leisure	371601-2

Coed 4x4 - Sand at LSP

Day	Start Date	Level	Class #
Th	6/4	Rec	371501-1
Th	6/4	Leisure	371501-2

Athletics information and text alerts at TeamSideline.com/Loveland

Guess what?

Volleyball, basketball and pickleball courts are available at the Chilson Center for drop-in use. Racquetball, too! **See page 3 for gym schedules.**

PICKLEBALL

Pickleball: Beginning Skills Min/Max: 8/10

Age: 18+	ree: \$55	"NO Class 3/11, 3/15,	3/18
Day	Date	Time	Class #
Т	1/6-1/27	2:00-4:00P	176110-21
Т	2/3-2/24	2:00-4:00P	176210-21
Т	3/3-3/31*	2:00-4:00P	276110-21
Su	1/4-1/25	1:00-3:00P	176110-22
Su	2/1-2/22	1:00-3:00P	176210-22
Su	3/1-3/29	1:00-3:00P	276110-22
Sa	4/5-4/26	1:00-3:00P	276210-23
Т	4/7-4/28	2:00-4:00P	276210-21
W	4/8-4/29	6:00-8:00P	276210-22
W	5/6-5/27**	6:00-8:00P	276310-62
М	5/4-5/25***	10:00A-12:00P	276310-23
Т	5/5-5/26**	2:00-4:00P	276310-61

Pickleball: Mentored Play Min/Max: 8/10

Prerequisite: Completion of the Beginning Skills class within the past 6 months. Move from a beginner to confidently playing within the larger pickleball community. Learn fundamental skills, specific techniques and doubles strategy. Instructor: George Richards Location: Large Gym, **May classes at Osborn Park

Age: 18+	Fee: \$55	*No class 3/17	
Day	Date	Time	Class #
Т	1/6-1/27	12:00-2:00P	176120-20
Su	1/4-1/25	3:00-5:00P	176120-21
Т	2/3-2/24	12:00-2:00P	176220-20
Su	2/1-2/22	3:00-5:00P	176220-21
T	3/3-3/31*	12:00-2:00P	276120-20
Su	3/1-3/29	3:00-5:00P	276120-21
T	4/7-4/28	12:00-2:00P	276220-20
Su	4/5-4/26	3:00-5:00P	276220-21
T	5/5-5/26**	6:00-8:00P	276320-60

Pickleball: Expo

Join Loveland Parks & Recreation and the Loveland Pickleball Club for an intro to pickleball! Open play is available on courts not being used for clinics. Equipment and FUN provided. Location: Osborn Park Courts, 1615 Fourth St. SE

Age: 18	+ FREE, b	FREE, but must pre-register				
Day	Date	Time	Class #			
Sa	4/25	8:30-9:30A	276290-60			
Sa	4/25	10:00-11:00A	276290-61			
Sa	4/25	11:30A-12:30P	276290-62			
Sa	4/25	1:00-2:00P	276290-63			

Adaptive Pickleball Min/Max: 4/10

Pickleball is a court sport similar to tennis with elements of badminton and ping pong. Develop your skills through our FUN beginner lessons! Equipment provided. Location: Large Gym

Age 8-15 Fee: \$30

Day	Date	Time	Class #
F	1/9-1/30	4:00-5:00P	169060-01
F	2/6-2/27	4:00-5:00P	169060-02
A 4C -	E #20	Con mana 47 for Annil	O Mary alasasal
Age 16+	ree: \$30	See page 17 for April	& way classes!
Day	Date	Time	Class #
Ū			•

Youth Pickleball Min/Max: 4/10

Pickleball promotes footwork, eye-hand coordination, teamwork and exercise. Develop your skills and knowledge of the game through our FUN beginner lessons for youth! All equipment provided. Location: Large Gym, **May classes at Mehaffey Park

Age 7–9	Fee: \$30	*No class 3/20	
Day	Date	Time	Class #
F	1/9-1/30	6:00-7:00P	176170-20
F	2/6-2/27	6:00-7:00P	176270-20
F	3/6-4/3*	6:00-7:00P	276170-20
F	4/10-5/1	6:00-7:00P	276270-20
М	5/4-5/25**	6:00-7:00P	276370-40
Age 10-1	2 Fee: \$30	*No class 3/20	
Age 10–1 Day	2 Fee: \$30 Date	*No class 3/20 Time	Class #
U			Class # 176170-21
Day	Date	Time	
Day F	Date 1/9-1/30	Time 7:00-8:00P	176170-21
Day F F	Date 1/9-1/30 2/6-2/27	Time 7:00-8:00P 7:00-8:00P	176170-21 176270-21

Summer Pickleball Leagues Min/Max: 8/24

Back again this summer! Come join in on FUN-filled Saturday morning pickleball leagues. All skill levels are welcome! League format varies for each of the three unique 5-week sessions. Location: Osborn Park Courts, 1615 Fourth St. SE

Age: 18+ *No league play: 5/19, 5/23, 7/4, 8/29, 9/19

Mixed Pairs (5/2–6/13) – register as an individual, partners will be assigned weekly.

Team Ladder (6/27–8/1) – pick your own partner and register as a team.

Time

Team Doubles (8/15–9/26) – pick your own partner and register as a team.

Novice - Up to 3.0

Day Date

Sa

Sa

•				
Sa	5/2-6/13*	8:00-11:00A	\$40/person	376140-20
Sa	6/27-8/1*	8:00-11:00A	\$80/team	376240-21
Sa	8/15-9/26*	8:00-11:00A	\$80/team	376340-22
Interm	ediate – 3.0 t	o 3.5		
Day	Date	Time	Fee	Class #
Sa	5/2-6/13*	8:00-11:00A	\$40/person	376145-20
Sa	6/27-8/1*	8:00-11:00A	\$80/team	376245-21
Sa	8/15-9/26*	8:00-11:00A	\$80/team	376345-22
Advan	ced – 3.5 and	d up		
Day	Date	Time	Fee	Class #
Sa	5/2-6/13*	8:00-11:00A	\$40/person	376150-20

Fee

\$80/team

\$80/team

Class #

376250-21

376350-22

Did You Know?

6/27-8/1*

8/15-9/26*

Pickleball courts are available at the Chilson Center for drop-in use. Use your Chilson pass or pay the daily fee.

8:00-11:00A

8:00-11:00A

See page 3 for gym schedules.



Become a Snow Squad Volunteer and make a real difference in someone's life!

Contact

Volunteer Snow Squad Coordinator 970.962.2764 • SnowSquad@CityofLoveland.org





Youth Athletic Registration Deadlines

Please note the registration deadlines for our Youth Athletic Team Sports. Registration will begin the season prior with hard deadlines approximately 2–3 weeks before the program start date to allow for improved planning and coordination.

Youth Sport	Early Bird Fee*	Regular Fee	Registration Deadline	Start Date
WINTER basketball	10/20/25	11/18/25	12/1/25	1/12
SPRING soccer, volleyball	12/1/25	2/10	2/23	3/23
SPRING IBB** basketball	12/1/25	2/10	2/23	3/28
SUMMER girls softball, baseball, soccer, basketball, t-ball	4/6	4/28	5/11	Varies beg. 6/1

^{*}Early Bird registration begins at 6:00P **IBB = Itty Bitty Ballers

Kids ages 3–6 can play in the Chilson Gymnastics Center! See info on page 28.

Schools and City Parks map is on page 54.

TeamSideline.com/Loveland is used for all sport schedules, tournament dates, information packets, weather notifications and more! Check it out!

Wait List Policy

If a class is full, you may be placed on ONE wait list. You are contacted when there is a cancellation or if a class is added (depends on facility, coach, participants).

Teams Depend on Volunteer Coaches

Volunteer coaches are essential to our athletic programs. Teams will only run if a coach is identified, so all teams are subject to cancellation. Coaching is rewarding! And if your child is on the team, their registration fee is waived. All materials and equipment provided. Sign up to coach at TeamSideline.com/Loveland and go to COACH! > Sign up to COACH!

Youth Athletic T-Shirts

Each participant is required to wear a Youth Athletics T-Shirt unless otherwise noted (purchase at Mountain Rentals, Inc. 401 E. Eisenhower Blvd. in Loveland).

Do you have questions about youth athletics or our volunteer program?

Call 970.962.2445 for more info.

Winter Basketball Boys | 2nd-5th Grade

Learn fundamentals, enhance current skills, develop good sportsmanship and have FUN! Teams have two one-hour practices per week plus six games on Saturdays beginning 1/24 at the Chilson Recreation Center and local schools. Required: Youth Athletics T-shirt, non-marking soled shoes. Min/Max: 6/10 Register: 10/20-12/1

Fee: \$79 (Early Bird thru 11/17), \$99 (after 11/17)

Grade:	2–3			
T,Th	1/13-2/28	6:00-6:50P	Carrie Martin	132013-02
M,W	1/12-2/28	5:00-5:50P	Centennial El	132013-03
T,Th	1/13-2/28	5:00-5:50P	Centennial El	132013-04
M,W	1/12-2/28	5:00-5:50P	Cottonwood	132013-05
M/W	1/12-2/28	5:00-5:50P	Coyote Ridge	132013-07
M,W	1/12-2/28	6:00-6:50P	Edmondson	132013-08
M,W	1/12-2/28	5:30-6:20P	Garfield El	132013-09
M,W	1/12-2/28	6:00-6:50P	Lincoln El	132013-10
T,Th	1/13-2/28	5:00-5:50P	Namaqua El	132013-11
T,Th	1/13-2/28	5:00-5:50P	Ponderosa	132013-12
T,Th	1/13-2/28	5:30-6:20P	Winona El	132013-14
T,Th	1/13-2/28	6:00-6:50P	High Plains	132013-15
Grade:	4			
T,Th	1/13-2/28	7:00-7:50P	Carrie Martin	132014-02
T,Th	1/13-2/28	6:00-6:50P	Centennial El	132014-03
M,W	1/12-2/28	6:00-6:50P	Cottonwood	132014-04
M/W	1/12-2/28	6:00-6:50P	Coyote Ridge	132014-05
M,W	1/12-2/28	7:00-7:50P	Edmondson	132014-06
M,W	1/12-2/28	6:30-7:20P	Garfield El	132014-07
M,W	1/12-2/28	7:00-7:50P	Lincoln El	132014-08
T,Th	1/13-2/28	6:00-6:50P	Namaqua El	132014-11
T,Th	1/13-2/28	6:00-6:50P	Ponderosa	132014-12
T,Th	1/13-2/28	6:30-7:20P	Winona El	132014-14
T,Th	1/13-2/28	6:00-6:50P	High Plains	132014-15
Grade:	5			
M,W	1/12-2/28	6:00-6:50P	Centennial El	132015-02
T,Th	1/13-2/28	7:00-7:50P	Centennial El	132015-03
M,W	1/12-2/28	7:00-7:50P	Cottonwood	132015-04
M/W	1/12-2/28	7:00-7:50P	Coyote Ridge	132015-05
M,W	1/12-2/28	6:30-7:20P	Garfield El	132015-06
T,Th	1/13-2/28	7:00-7:50P	Namaqua El	132015-07
T,Th	1/13-2/28	7:00-7:50P	Ponderosa	132015-09
T,Th	1/13-2/28	7:30-8:20P	Winona El	132015-10

Spring Itty Bitty Ballers Basketball Min/Max 6/10 This is a fun coed program for younger kids to learn fundamentals of basketball in a team setting with modified rules & basket height. **Register: 12/1-2/23**

Fee: \$69 (Early Bird thru 2/9), \$89 (after 2/9)

Grade: K-1st

Sa	3/28-5/2	9:00-9:50A	Chilson	232021-01
Sa	3/28-5/2	9:00-9:50A	Chilson	232021-02
Sa	3/28-5/2	10:00-10:50A	Chilson	232021-03
Sa	3/28-5/2	10:00-10:50A	Chilson	232021-04
Sa	3/28-5/2	11:00-11:50A	Chilson	232021-05
Sa	3/28-5/2	11:00-11:50A	Chilson	232021-06

Challenger International Soccer Camps ❖

Learn respect, responsibility and sportsmanship while playing hard, having FUN and making new friends.

Age: 3-14

Session 1: 6/8–6/12 **Session 2:** 7/20–7/25





Info | Registration: ChallengerSports.com

Spring Soccer | Pre-K Instructional Min/Max: 6/10 Drills and FUN games are used to introduce soccer basics. Basics are taught during scheduled practice times only. No additional games played on Saturdays. Youth Athletic T-Shirts not required. NEW! We now offer just one combined waitlist for Pre/K Soccer. If your preferred section is full please register for the

If your preferred section is full, please register for the WAITLIST section (see below). We'll contact you as spots become available on teams that may meet your needs.

Teams will only run if a coach is identified, so all teams are subject to cancellation. Coaching is rewarding! And if your child is on the team, their registration fee is waived. Sign up to coach at TeamSideline.com/Loveland. Dates/times are subject to change.

Register: 12/1-3/23

Fee: \$69 (Early Bird thru 3/2), \$89 (after 3/2)
Visit <u>lovgov.org/WebTrac</u> to view section dates, times & locations. Scan here for direct access ■

Age: 4–6 ► #233000 **WAITLIST:** 233000-99



Spring Youth Soccer Leagues

Emphasizes equal participation while learning soccer fundamentals and having FUN! Practices held twice/week. Games are Saturdays at Kroh Park. Youth Athletic T-Shirts and shin guards are required. **NEW!** We now offer just one combined waitlist for each grade level. **If your preferred section is full, please register for the WAITLIST section (see below).** We'll contact you as spots become available on teams that may meet your needs.

Teams will only run if a coach is identified, so all teams are subject to cancellation. Coaching is rewarding! And if your child is on the team, their registration fee is waived. Sign up to coach at TeamSideline.com/Loveland. Dates/times are subject to change.

Register: 12/1-2/23

Fee: \$79 (Early Bird thru 2/9), \$99 (after 2/9)
Visit <u>lovgov.org/WebTrac</u> to view section dates,
times & locations. Scan here for direct access ■



Spring Soccer | Pre-K

Min/Max 8/12

Age: 4–5 ▶ #233004 **Age: 5–6** ▶ #233006 **WAITLIST:** 233004-99 **WAITLIST:** 233006-99

Spring Soccer | 1st & 2nd Grade

Min/Max: 8/12

Boys ► #233011 **Girls** ► #233021 **WAITLIST**: 233011-99 **WAITLIST**: 233021-99

Spring Soccer | 3rd & 4th Grade

Min/Max 11/15

Boys ▶ #233013 **Girls** ▶ #233023 **WAITLIST:** 233013-99 **WAITLIST:** 233023-99

Spring Soccer | 5th & 6th Grade

Min/Max 11/15

Boys ► #233015 **Girls** ► #233025 **WAITLIST**: 233015-99 **WAITLIST**: 233025-99

Spring Soccer | 7th & 8th Grade

Min/Max 11/18 Coed ▶ #233017 WAITLIST: 233017-99

Spring Coed Volleyball Min/Max: 6/10

This program emphasizes the basics while having FUN! Rules may be adapted to meet skill levels of all players. Parents are encouraged to participate as coaches. Practices are held twice per week with games played on Saturday mornings beginning 4/6 at the Chilson Center. Locations subject to change.

Register: 12/1-2/23

Fee: \$79 (Early Bird thru 2/9), \$99 (after 2/9)

Grade:	2–3			
M,W	3/23-5/9	6:30-7:45P	Centennial El	237002-02
M,W	3/23-5/9	6:30-7:45P	Coyote Ridge	237002-03
T,Th	3/24-5/9	5:00-6:15P	Namaqua El	237002-04
M,W	3/23-5/9	5:00-6:15P	Namaqua El	237002-05
M,W	3/23-5/9	5:00-6:15P	Ponderosa	237002-06
T,Th	3/24-5/9	5:00-6:15P	Centennial El	237002-07
Grade:	4 5			
Grade:	4-5			
M,W	3/23-5/9	5:00-6:15P	Centennial El	237004-02
		5:00-6:15P 5:00-6:15P	Centennial El Coyote Ridge	237004-02 237004-03
M,W	3/23-5/9			
M,W M,W	3/23-5/9 3/23-5/9	5:00-6:15P	Coyote Ridge	237004-03
M,W M,W T,Th	3/23-5/9 3/23-5/9 3/24-5/9	5:00-6:15P 6:30-7:45P	Coyote Ridge Namaqua El	237004-03 237004-04

NEW! Spring Boys Middle School Volleyball

We are excited to introduce a brand new program this spring just for middle school boys! Practices are held at local middle school gyms starting the week of March 23 or 24. This program emphasizes the basics while having FUN! Rules may be adapted to meet skill levels of all players. Parents are encouraged to participate as coaches. Practice twice per week. Min/Max: 6/10 Register: 12/1-2/23

Fee: \$79 (Early Bird thru 2/9), \$99 (after 2/9)

Grade: 6-8

M,W	3/23-5/9	5:45-6:45P	Walt Clark	237005-01
T,Th	3/24-5/9	5:45-6:45P	Lucille Erwin	237005-02
M,W	3/23-5/9	5:45-6:45P	Peakview	237005-03
T,Th	3/24-5/9	5:45-6:45P	High Plains	237005-04

NEW! Spring Coed CARA Volleyball

CARA (Colorado Association of Recreational Athletics) offers a FUN, non-ranked, non-sanctioned environment where young volleyball players can develop competitive skills and strategies. Practice twice a week, with Saturday game days in the Denver metro area, competing against teams from other

local recreational agencies. A team jersey is required (included in the registration fee). Min/Max: 6/10

Register: 12/1-2/23 Fee: \$108

T,Th 3/24-5/16 5:00-6:15P Ponderosa 237001-01

Grade: 7-8

Grade: 5-6

T,Th 3/24-5/16 6:30-7:45P Ponderosa 237001-02

Larkin Family Memorial Scholarship

This scholarship fund has been established to honor the memory of Jace Larkin, who lived and loved Loveland Parks & Recreation through youth sports, swimming, Chilson and more. Scholarships are awarded seasonally to youth for the purpose of enrolling in Loveland Parks & Recreation activities and developing the love of recreation that Jace had. Eligible recipients are age 17 & under. Priority is given to first-time applicants. Complete an application at lovgov.org/RecFinancialAssistance

Summer CARA Track Team Min/Max: 1/99

CARA (Colorado Association of Recreational Athletics) provides a recreational, non-ranked, non-sanctioned opportunity for young track runners to learn competitive strategies and skills in a FUN learning environment. Practice twice per week with meets on Saturdays, date TBA. A team jersey is required (included in the registration fee). Location: Loveland HS Track, 920 W. 29th St.

Register: 4/6-6/1

Fee: \$108 Age: 5-16

Age: 5-6	T/Th	6/2-7/18	8:30-9:30A	334010-05
Age: 7-8	T/Th	6/2-7/18	8:30-9:30A	334010-07
Age: 9-10	T/Th	6/2-7/18	9:30-11:00A	334010-09
Age: 11-12	T/Th	6/2-7/18	9:30-11:00A	334010-11
Age: 13-14	T/Th	6/2-7/18	9:30-11:00A	334010-13
Age: 15-16	T/Th	6/2-7/18	9:30-11:00A	334010-15

Summer Outdoor Basketball 3-on-3 Min/Max: 3/8

You form and then register your own team - no individual registration. Minimum of 2 games played per day; 6 players per team. Levels determined by your grade entering school in fall 2026. Register: 4/6-5/11

Fee: \$151 (Early Bird thru 4/27), \$171 (after 4/27) Grade: 5–8 Location: North Lake Park Courts

Boys

,-				
Grade: 5-6	T/Th	6/2-6/30	8:00-9:30A	332010-05
Grade: 7-8	T/Th	6/2-6/30	9:30-11:00A	332010-07
Girls				
Grade: 5-6	T/Th	6/2-6/30	8:00-9:30A	332010-25
Grade: 7-8	T/Th	6/2-6/30	9:30-11:00A	332010-27

Summer Soccer Pre-K Instructional Min/Max: 6/10

Drills and FUN games are used to introduce soccer basics to 4–6 year olds during scheduled practice times only. No additional games played on Saturdays. Youth Athletic T-shirt NOT required. **NEW!** We now offer just <u>one</u> combined waitlist for each session. **If your preferred section is full, please register for the WAITLIST section (see below).** We'll contact you as spots become available on teams that may meet your needs.

Register: 4/6-5/11

Fee: \$69 (Early Bird thru 4/27), \$89 (after 4/27)

Age: 4-6 Session 1

M,W	6/1-6/24	5:30-6:30P	Kroh	333001-01
M,W	6/1-6/24	5:30-6:30P	Loch Lon	333001-04
M,W	6/1-6/24	5:30-6:30P	LSP	333001-06
T,Th	6/2-6/25	5:30-6:30P	NL Train	333001-09
			WAITLIST	333001-99

Register: 4/6-6/15

Fee: \$69 (Early Bird thru 6/9), \$89 (after 6/9)

Age: 4-6 Session 2

M,W	7/6-7/29	5:30-6:30P	Kroh	333002-01
M,W	7/6-7/29	5:30-6:30P	Loch Lon	333002-04
M,W	7/6-7/29	5:30-6:30P	LSP	333002-07
M,W	7/6-7/29	5:30-6:30P	NL Train	333002-09
			WAITLIST	333002-99

Athletics information and text alerts at TeamSideline.com/Loveland

Celebrate with an eSports Party!

Play Nintendo Switch™ games on projector-sized screens. We also offer swim and gymnastics parties!

Call 970.962.2468 or visit lovgov.org/BirthdayParties

Summer T-Ball Min/Max 9/12

Designed to introduce children to the game of baseball. Schedule: practices/games held on Mon/Wed at North Lake Park. **NEW!** We now offer just <u>one</u> combined waitlist for each session. **If your preferred section is full, please register for the WAITLIST section (see below).** We'll contact you as spots become available on teams that may meet your needs.

Register: 4/6-5/11

Register: 4/6-5/11

Fee: \$84 (Early Bird thru 4/27), \$104 (after 4/27)

Age: 4-	-6			
M,W	6/1-7/15	4:45-6:00P	NL 1	335002-01
M,W	6/1-7/15	4:45-6:00P	NL 1	335002-02
M,W	6/1-7/15	4:45-6:00P	NL 1	335002-03
M,W	6/1-7/15	4:45-6:00P	NL 1	335002-04
M,W	6/1-7/15	4:45-6:00P	NL 1	335002-05
M,W	6/1-7/15	4:45-6:00P	NL 1	335002-06
			WAITLIST	335002-99
M,W	6/1-7/15	6:30-7:45P	NL 1	335004-01
M,W	6/1-7/15	6:30-7:45P	NL 1	335004-02
M,W	6/1-7/15	6:30-7:45P	NL 1	335004-03
M,W	6/1-7/15	6:30-7:45P	NL 1	335004-04
M,W	6/1-7/15	6:30-7:45P	NL 1	335004-05
M,W	6/1-7/15	6:30-7:45P	NL 1	335004-06
			WAITLIST	335004-99

Summer Baseball Min/Max 9/12

Designed to introduce the game of baseball beyond T-Ball! Schedule: practices/games held on Tues/Thurs at North Lake Park. **NEW!** We now offer just <u>one</u> combined waitlist for each session. **If your preferred section is full, please register for the WAITLIST section (see below).** We'll contact you as spots become available on teams that may meet your needs.

Fee: \$84 (Early Bird thru 4/27), \$104 (after 4/27)

Age: 6-	-9			
T,Th	6/2-7/16	4:15-5:45P	NL - Owens	335053-01
T,Th	6/2-7/16	4:15-5:45P	NL - Owens	335053-02
T,Th	6/2-7/16	4:15-5:45P	NL - Owens	335053-03
T,Th	6/2-7/16	4:15-5:45P	NL - Owens	335053-04
T,Th	6/2-7/16	4:15-5:45P	NL - Owens	335053-05
T,Th	6/2-7/16	4:15-5:45P	NL - Owens	335053-06
T,Th	6/2-7/16	4:15-5:45P	NL - Owens	335053-07
T,Th	6/2-7/16	4:15-5:45P	NL - Owens	335053-08
			WAITLIST	335053-99
T,Th	6/2-7/16	6:15-7:45P	NL - Owens	335054-01
T,Th	6/2-7/16	6:15-7:45P	NL - Owens	335054-02
T,Th	6/2-7/16	6:15-7:45P	NL - Owens	335054-03
T,Th	6/2-7/16	6:15-7:45P	NL - Owens	335054-04
T,Th	6/2-7/16	6:15-7:45P	NL - Owens	335054-05
T,Th	6/2-7/16	6:15-7:45P	NL - Owens	335054-06
T,Th	6/2-7/16	6:15-7:45P	NL - Owens	335054-07
T,Th	6/2-7/16	6:15-7:45P	NL - Owens	335054-08
			WAITLIST	335054-99

Summer Girls Softball | Age 8–10 Min/Max: 10/12 Promotes skill development and sportsmanship for girls ages 8–10 as of 7/23/26. Games at Barnes Complex at Fairgrounds Park. Register: 4/6-5/11

Fee: \$82 (Early Bird thru 4/27), \$102 (after 4/27) Age: 8–10 Machine Pitch • Games on T/Th

M	6/1-7/23	6:00-7:00P	Garfield Pk	336201-01
М	6/1-7/23	6:00-7:00P	Kroh SB 3	336201-03
М	6/1-7/23	7:00-8:00P	Kroh SB 3	336201-04
М	6/1-7/23	5:00-6:00P	Kroh SB 2	336201-05
М	6/1-7/23	6:00-7:00P	Kroh SB 2	336201-06
М	6/1-7/23	6:00-7:00P	Osborn SB	336201-07

See page 20 for pickleball classes for 8+.

Summer Girls Softball | Age 11–13 Min/Max: 10/12

Promotes skill development & sportsmanship for girls ages 11–13 as of 7/23/26. Games at Barnes Complex at Fairgrounds Park.

Register: 4/6-5/11

Fee: \$97 (Early Bird thru 4/27), \$117 (after 4/27) Age: 11–13 Player Pitch • Games on M/W

Т	6/2-7/22	6:00-7:00P	Garfield Pk	336202-01
Th	6/4-7/22	6:00-7:00P	Garfield Pk	336202-03
Т	6/2-7/22	6:00-7:00P	Kroh SB 3	336202-04
Т	6/2-7/22	7:00-8:00P	Kroh SB 3	336202-05
Т	6/2-7/22	6:00-7:00P	Osborn SB	336202-06
Т	6/2-7/22	7:00-8:00P	Osborn SB	336202-07

Barnes Softball Complex Batting Cages at Fairgrounds Park - 405 S. Cleveland (Hwy 287)

OPENING FOR THE SEASON IN APRIL

Featuring seven cages! 3 slow pitch softball, 2 softball and 2 baseball stations with 3 speeds to choose from. Bats/helmets available onsite.



A great way to test your skills!



INFO lovgov.org/BattingCages



Williams Tennis School, LLC, leads the City of Loveland tennis program. Steve Williams is certified by the USPTA as a P1 Elite Professional and as a High Performance Coach. He is "SafePlay" and "SafeSport" certified by the USTA & USPTA.

Registration begins in January for:

- Juniors 5–6 yrs will be taught hand/eye coordination and motor skills with mini-nets and red balls in a fun and gamebased approach to learning.
- Juniors 7–10 yrs will be taught proper footwork patterns and mechanics in a fun game-based environment using the orange balls on a 60' court.
- Juniors 10–15 yrs will be taught all aspects of tennis with the green dot ball as they progress to the regular yellow ball on the full court.
- UTR (Universal Tennis Rating) events and tournaments for all levels of juniors and adults.
- Adults learn all aspects of singles and doubles while including proper tactics, shot selection, mental skills, footwork patterns and mechanics.

REGISTER: WilliamsTennisSchool.com

QUESTIONS: <u>ukansas1@gmail.com</u> or 970.222.3439

SUPERTOTS | SKYHAWKS SPORTS

SuperTots Sports | Age: 2-5 ❖

Since 2002, SuperTots has engaged kids, ages 2 to 5, in physical activity in a noncompetitive environment that is safe and fun above all else. SuperTots knows kids are hardwired to learn through play. All SuperTots programs are progression-based with a goal of having participants "graduate" to the next level as they grow. Our curriculum is designed to provide age-appropriate challenges and skill development at each offering level. Parent participation required for ages 2–3.5 years.

Location: Chilson Center

Info | Registration: Skyhawks.Fun/Loveland



SoccerTots (soccer) ❖

SoccerTots is our flagship program! Our classes focus on developing motor skills and self-confidence while also learning balance, dribbling, foot-eye coordination and running control. We also introduce an element of light competition.

Age: 2-3

T 1/3-2/17 10:00-10:50A \$89

Age: 3.5-5

T 1/3-2/17 11:00-11:50A \$89

HoopsterTots (basketball) ❖

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately-sized basketballs are used to always provide just the right amount of challenge.

Age: 2-3

T 2/24-3/31 10:00-10:50A \$89

Age: 3.5-5

T 2/24-3/31 11:00-11:50A \$89

BaseballTots (baseball) *

Give your little superstar an awesome first step into sports with BaseballTots! These classes focus on fine and gross motor skills as well as body control. We teach all the baseball basics, such as throwing, catching, hitting and running control. We are excited to help these little ones love the game.

Age: 2-3

T 4/7-5/12 10:00-10:50A \$89

Age: 3.5-5

T 4/7-5/12 11:00-11:50A \$89

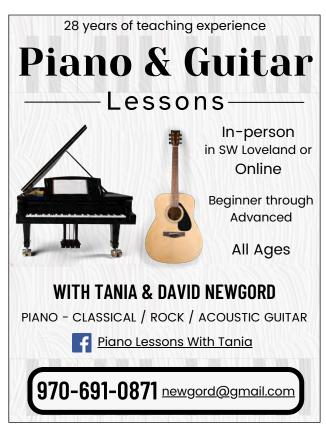
Skyhawks Sports | Age: 4–14 ❖

Skyhawks provides a safe, fun, non-competitive environment to teach sports to children ages 4 to 14. Our programs are designed to give each child a positive introduction into sports and ensure they walk away with a smile on their face wanting to learn more. Our knowledgeable and patient staff use a variety of games and activities to give each athlete an overview of the sport while building valuable skills. Since 1979, Skyhawks has taught over two million boys and girls life skills through sports.

Info | Registration: Skyhawks.Fun/Loveland

Summer registration opens early February. Register EARLY - space is limited!





Paid advertisement

FITNESS COURT

Fairgrounds Park | 700 S. Railroad Ave.

OPEN YEAR-ROUND! Come experience the FREE Fitness

Court sponsored by Loveland Parks & Recreation & UCHealth.



uchealth

7 movements in 7 minutes Use your own body weight to get a full body workout in just 7 minutes! Age 14+

Download the mobile app, learn routines and compete in fitness challenges with your friends. All levels!





Athletics information and text alerts at TeamSideline.com/Loveland

Get info for all sport schedules, tournament dates, information packets, weather notifications and more!



Paid advertisement



Paid advertisement



Preschool Playtime Min/Max: 4/15

Come run, jump, climb and play in the Chilson Gymnastics Center! Bring an adult buddy to play with. A staff person is present to assist as needed. Pay for child only and present your receipt to the staff person.

Age: 3-6 Fee: \$8 ea.

Т	1/13	12:30-1:30P	130166-01
Т	1/20	12:30-1:30P	130166-02
Т	1/27	12:30-1:30P	130166-03
Т	2/3	12:30-1:30P	130166-04
Т	2/10	12:30-1:30P	130266-01
Т	2/17	12:30-1:30P	130266-02
Т	2/24	12:30-1:30P	130266-03
Т	3/3	12:30-1:30P	130266-04
Т	3/24	12:30-1:30P	230166-01
Т	3/31	12:30-1:30P	230166-02
Т	4/7	12:30-1:30P	230166-03
Т	4/14	12:30-1:30P	230166-04
Т	4/21	12:30-1:30P	230266-01
Т	4/28	12:30-1:30P	230266-02
Т	5/5	12:30-1:30P	230266-03
Т	5/12	12:30-1:30P	230266-04

Gymnastics Open Gym Min/Max: 4/12

Drop in for extra workouts or practice skills on our equipment in an unstructured, safe environment. An instructor is present to lead a warm-up, set up stations, spot skills and assist. Pay for child only and present your receipt to the staff person.

Age: 6-16 Fee: \$8 ea.

ree. po	o ea.		
Sa	1/17	2:30-3:30P	130170-01
Sa	1/24	2:30-3:30P	130170-02
Sa	1/31	2:30-3:30P	130170-03
Sa	2/7	2:30-3:30P	130170-04
Sa	2/14	2:30-3:30P	130270-01
Sa	2/21	2:30-3:30P	130270-02
Sa	2/28	2:30-3:30P	130270-03
Sa	3/7	2:30-3:30P	130270-04
Sa	3/28	2:30-3:30P	230170-01
Sa	4/4	2:30-3:30P	230170-02
Sa	4/11	2:30-3:30P	230170-03
Sa	4/18	2:30-3:30P	230170-04
Sa	4/25	2:30-3:30P	230270-01
Sa	5/2	2:30-3:30P	230270-02
Sa	5/9	2:30-3:30P	230270-03
Sa	5/16	2:30-3:30P	230270-04

FLIP OUT with a GYMNASTICS PARTY! Celebrate your birthday in the gymnastics room with facilitated activities. Visit <u>lovgov.org/BirthdayParties</u> for detailed info. We also offer swim parties and eSports parties. Call 970.962.2468 and come jump, tumble and play!

Mini Movers Exploration Min/Max: 4/12

Spend time with your little one exploring the gym in a less structured environment. Help them increase spatial awareness, gross motor and social skills through FUN obstacle courses, swinging on bars and balancing on beams. Basic safety and spotting covered. An adult buddy is required; all children participating must be registered. Location: Chilson Gymnastics Ctr

Age: Walkers-3

Fee:	\$38
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M	1/12-2/2	9:30-10:00A	130100-01
W	1/14-2/4	9:15-9:45A	130100-02
F	1/16-2/6	10:45-11:15A	130100-03
M	2/19-3/2	9:30-10:00A	130200-01
W	2/11-3/4	9:15-9:45A	130200-02
F	2/13-3/6	10:45-11:15A	130200-03
M	3/23-4/13	9:30-10:00A	230100-01
W	3/25-4/15	9:15-9:45A	230100-02
F	3/27-4/17	10:45-11:15A	230100-03
M	4/20-5/11	9:30-10:00A	230200-01
W	4/22-5/13	9:15-9:45A	230200-02
F	4/24-5/15	10:45-11:15A	230200-03

Parent/Tot Tumbling Min/Max: 4/12

Ready to try some structure? This class is instructor-led, including a warm-up, stretching, an introduction to basic skills on the apparatus and ending with a group activity. A parent or caregiver is required to direct/assist their child. Location: Chilson Gymnastics Ctr

Age: 2-3 Fee: \$38

Τ	1/13-2/3	9:00-9:30A	130101-01
Th	1/15-2/5	9:45-10:15A	130101-02
Sa	1/17-2/7	9:00-9:30A	130101-03
Т	2/10-3/3	9:00-9:30A	130201-01
Th	2/12-3/5	9:45-10:15A	130201-02
Sa	2/14-3/7	9:00-9:30A	130201-03
Т	3/24-4/14	9:00-9:30A	230101-01
T Th	3/24-4/14 3/26-4/16	9:00-9:30A 9:45-10:15A	230101-01 230101-02
Th	3/26-4/16	9:45-10:15A	230101-02
Th Sa	3/26-4/16 3/28-4/18	9:45-10:15A 9:00-9:30A	230101-02 230101-03

Wiggle Worms Min/Max: 4/6

Get your wiggles out as we tumble, climb, bounce and swing! A transitional class for 3 year olds seeking more independence. Parent participation optional. Location: Chilson Gymnastics Ctr

Age: 3

Fee: \$38			
M	1/12-2/2	10:15-10:45A	130103-01
Т	1/13-2/3	9:45-10:15A	130103-02
Th	1/15-2/5	9:00-9:30A	130103-03
F	1/16-2/6	10:00-10:30A	130103-04
М	2/9-3/2	10:15-10:45A	130203-01
Т	2/10-3/3	9:45-10:15A	130203-02
Th	2/12-3/5	9:00-9:30A	130203-03
F	2/13-3/6	10:00-10:30A	130203-04
М	3/23-4/13	10:15-10:45A	230103-01
T	3/24-4/14	9:45-10:15A	230103-02
Th	3/26-4/16	9:00- 9:30A	230103-03
F	3/27-4/17	10:00-10:30A	230103-04
М	4/20-5/11	10:15-10:45A	230203-01
Т	4/21-5/12	9:45-10:15A	230203-02
Th	4/23-5/14	9:00-9:30A	230203-03
F	4/24-5/15	10:00-10:30A	230203-04

Tumbling Tots Min/Max: 4/6

Experience obstacle courses, increase strength, balance & flexibility in a FUN, creative environment while enhancing socialization and independence. Explore the bars, beams, vault, trampoline and tumbling in this FUN-filled class! Location: Chilson Gymnastics Ctr

Age: 3-4 Fee: \$48

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M	1/12-2/2	11:00-11:45A	130106-01
Т	1/13-2/3	10:30-11:15A	130106-02
W	1/14-2/4	10:00-10:45A	130106-03
W	1/14-2/4	4:30-5:15P	130106-04
Th	1/15-2/5	10:30-11:15A	130106-05
F	1/16-2/6	9:00-9:45A	130106-06
Sa	1/17-2/7	9:45-10:30A	130106-07
M	2/9-3/2	11:00-11:45A	130206-01
Т	2/10-3/3	10:30-11:15A	130206-02
W	2/11-3/4	10:00-10:45A	130206-03
W	2/11-3/4	4:30-5:15P	130206-04
Th	2/12-3/5	10:30-11:15A	130206-05
F	2/13-3/6	9:00-9:45A	130206-06
Sa	2/14-3/7	9:45-10:30A	130206-07
M	3/23-4/13	11:00-11:45A	230106-01
Т	3/24-4/14	10:30-11:15A	230106-02
W	3/25-4/15	10:00-10:45A	230106-03
W	3/25-4/15	4:30-5:15P	230106-04
Th	3/26-4/16	10:30-11:15A	230106-05
F	3/27-4/17	9:00-9:45A	230106-06
Sa	3/28-4/18	9:45-10:30A	230106-07
М	4/20-5/11	11:00-11:45A	230206-01
Т	4/21-5/12	10:30-11:15A	230206-02
W	4/22-5/13	10:00-10:45A	230206-03
W	4/22-5/13	4:30-5:15P	230206-04
Th	4/23-5/14	10:30-11:15A	230206-05
F	4/24-5/15	9:00-9:45A	230206-06
Sa	4/25-5/16	9:45-10:30A	230206-07

Tumble Mania Min/Max: 4/8

Is your child constantly jumping, rolling, flipping and bouncing? This class will teach them how to safely do those things and much more. Learn rolls, handstands, cartwheels, roundoffs, backbends and handsprings. Most skills and drills will first be learned on the Tumbl Trak trampoline then progress to the floor exercise mat. As the child progresses, more advance tumbling skills are introduced. Location: Chilson Gymnastics Ctr

Age: 3.5-5 Fee: \$48

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M	1/12-2/2	12:00-12:45P	130108-01
Т	1/13-2/3	11:30A-12:15P	130108-02
F	1/16-2/6	11:30A-12:15P	130108-03
M	2/9-3/2	12:00-12:45P	130208-01
Т	2/10-3/3	11:30A-12:15P	130208-02
F	2/13-3/6	11:30A-12:15P	130208-03
M	3/23-4/13	12:00-12:45P	230108-01
Т	3/24-4/14	11:30A-12:15P	230108-02
F	3/27-4/17	11:30A-12:15P	230108-03
М	4/20-5/11	12:00-12:45P	230208-01
Т	4/21-5/12	11:30A-12:15P	230208-02
F	4/24-5/15	11:30A-12:15P	230208-03

Children perform better when parents & siblings observe from the viewing area. Thank you for your cooperation!

Kidnastics Min/Max: 4/8

Age-appropriate skills are taught through the use of obstacle courses and fun stations for the development of strength, balance and flexibility. Introduction to basic gymnastic skills on the bars, beam, vault and floor exercise. Location: Chilson Gymnastics Ctr

Age 4-5	Fee: \$58		
M	1/12-2/2	1:00-2:00P	130110-01
M	1/12-2/2	4:30-5:30P	130110-02
W	1/14-2/4	5:30-6:30P	130110-03
Th	1/15-2/5	11:30A-12:30P	130110-04
F	1/16-2/6	12:30-1:30P	130110-05
Sa	1/17-2/7	10:45-11:45A	130110-06
M	2/9-3/2	1:00-2:00P	130210-01
M	2/9-3/2	4:30-5:30P	130210-02
W	2/11-3/4	5:30-6:30P	130210-03
Th	2/12-3/5	11:30A-12:30P	130210-04
F	2/13-3/6	12:30-1:30P	130210-05
Sa	2/14-3/7	10:45-11:45A	130210-06
M	3/23-4/13	1:00-2:00P	230110-01
M	3/23-4/13	4:30-5:30P	230110-02
W	3/25-4/15	5:30-6:30P	230110-03
Th	3/26-4/16	11:30A-12:30P	230110-04
F	3/27-4/17	12:30-1:30P	230110-05
Sa	3/28-4/18	10:45-11:45A	230110-06
M	4/20-5/11	1:00-2:00P	230210-02
M	4/20-5/11	4:30-5:30P	230210-03
W	4/22-5/13	5:30-6:30P	230210-04
Th	4/23-5/14	11:30A-12:30P	230210-05
F	4/24-5/15	12:30-1:30P	230210-06
Sa	4/25-5/16	10:45-11:45A	230210-07

Advanced Kidnastics Min/Max: 4/8

For those 4 and 5 year olds who are ready for advanced skills. **Instructor approval required.** Location: Chilson Gymnastics Ctr

Age 4-5	Fee: \$58		
W	1/14-2/4	5:30-6:30P	130115-01
Th	1/15-2/5	12:45-1:45P	130115-02
W	2/11-3/4	5:30-6:30P	130215-01
Th	2/12-3/5	12:45-1:45P	130215-02
W	3/25-4/15	5:30-6:30P	230115-01
Th	3/26-4/16	12:45-1:45P	230115-02
W	4/22-5/13	5:30-6:30P	230215-01
Th	4/23-5/14	12:45-1:45P	230215-02

Intro to Gymnastics Min/Max: 4/8

New to gymnastics? This is the place to start! Be introduced to all apparatus and terminology so you are prepared for Novice Level 1. Location: Chilson Gymnastics Ctr

Age: 6-12 Fee: 1 day/wk \$58; 2 days/wk \$73					
M	1/12-2/2	5:45-6:45P	130117-01		
T,Th	1/13-2/5	4:30-5:30P	130117-02		
W	1/14-2/4	6:45-7:45P	130117-03		
Sa	1/17-2/7	12:00-1:00P	130117-04		
M	2/9-3/2	5:45-6:45P	130217-01		
T,Th	2/10-3/5	4:30-5:30P	130217-02		
W	2/11-3/4	6:45-7:45P	130217-03		
Sa	2/14-3/7	12:00-1:00P	130217-04		
M	3/23-4/13	5:45-6:45P	230117-01		
T,Th	3/24-4/16	4:30-5:30P	230117-02		
W	3/25-4/12	6:45-7:45P	230117-03		
Sa	3/28-4/18	12:00-1:00P	230117-04		
M	4/20-5/11	5:45-6:45P	230217-01		
T,Th	4/21-5/14	4:30-5:30P	230217-02		
W	4/22-5/13	6:45-7:45P	230217-03		
Sa	4/25-5/16	12:00-1:00P	230217-04		

Novice Level 1 Min/Max: 4/8

The fundamentals of gymnastics are taught on each event - vault, uneven bars, balance beam & floor exercise. **Instructor approval required.** Location: Chilson Gymnastics Ctr

ge 6-12	Fee: 1	day/wk \$58	; 2 days/wk \$73
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M	1/12-2/2	5:45-6:45P	130120-01
T,Th	1/13-2/5	4:30-5:30P	130120-02
W	1/14-2/4	6:45-7:45P	130120-03
Sa	1/17-2/7	12:00-1:00P	130120-04
M	2/9-3/2	5:45-6:45P	130220-01
T,Th	2/10-3/5	4:30-5:30P	130220-02
W	2/11-3/4	6:45-7:45P	130220-03
Sa	2/14-3/7	12:00-1:00P	130220-04
M	3/23-4/13	5:45-6:45P	230120-01
M T,Th	3/23-4/13 3/24-4/16	5:45-6:45P 4:30-5:30P	230120-01 230120-02
T,Th	3/24-4/16	4:30-5:30P	230120-02
T,Th W	3/24-4/16 3/25-4/15	4:30-5:30P 6:45-7:45P	230120-02 230120-03
T,Th W Sa	3/24-4/16 3/25-4/15 3/28-4/18	4:30-5:30P 6:45-7:45P 12:00-1:00P	230120-02 230120-03 230120-04
T,Th W Sa M	3/24-4/16 3/25-4/15 3/28-4/18 4/20-5/11	4:30-5:30P 6:45-7:45P 12:00-1:00P 5:45-6:45P	230120-02 230120-03 230120-04 230220-01

Beginner Level 2 Min/Max: 4/8

For those who have completed and mastered the skills in Novice Level 1 and are ready for more challenging skills. Instructor approval required. Loc: Chilson Gymnastics Ctr

Age 6-12 Fee: 1 day/wk \$58; 2 days/wk \$73

M	1/12-2/2	7:00-8:00P	130125-01
T,Th	1/13-2/5	5:45-6:45P	130125-02
Sa	1/17-2/7	1:15-2:15P	130125-03
M	2/9-3/2	7:00-8:00P	130225-01
T,Th	2/10-3/5	5:45-6:45P	130225-02
Sa	2/14-3/7	1:15-2:15P	130225-03
M	3/23-4/13	7:00-8:00P	230125-01
M T,Th	3/23-4/13 3/24-4/16	7:00-8:00P 5:45-6:45P	230125-01 230125-02
T,Th	3/24-4/16	5:45-6:45P	230125-02 230125-03 230225-01
T,Th Sa	3/24-4/16 3/28-4/18	5:45-6:45P 1:15-2:15P	230125-02 230125-03

Advanced Beginner Level 3 Min/Max: 4/8

This level continues to build a strong foundation of skills on each event. **Instructor approval required.** Loc: Chilson Gymnastics Ctr

Age 6-12 Fee: 1 day/wk \$58; 2 days/wk \$73

T,Th	1/13-2/5	5:45-6:45P	130130-01
Sa	1/17-2/7	1:15-2:15P	130130-02
T,Th	2/10-3/5	5:45-6:45P	130230-01
Sa	2/14-3/7	1:15-2:15P	130230-02
T,Th	3/24-4/16	5:45-6:45P	230130-01
Sa	3/28-4/18	1:15-2:15P	230130-02
T,Th	4/21-5/14	5:45-6:45P	230230-01
Sa	4/25-5/16	1:15-2:15P	230230-02

Intermediate Level 4 Min/Max: 4/8

A more involved class focusing on fine tuning and correct execution of all skills on each event while continuing to learn new ones. **Instructor approval required.**Location: Chilson Gymnastics Ctr

Age 6-12 Fee: \$88

T,Th	1/13-2/5	6:45-8:15P	130135-01
T,Th	2/10-3/5	6:45-8:15P	130235-01
T,Th	3/24-4/16	6:45-8:15P	230135-01
TTh	4/21-5/14	6:45-8:15P	230235-01

Advanced Intermediate Level 5 Min/Max: 4/8 This level corresponds with USAG Level 5 in which advanced skills, strength and flexibility are emphasized. Instructor

skills, strength and flexibility are emphasized. Instructo approval required. Location: Chilson Gymnastics Ctr

Age	6–12	Fee:	\$88
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T,Th	1/13-2/5	6:45-8:15P	130140-01
T,Th	2/10-3/5	6:45-8:15P	130240-01
T,Th	3/24-4/16	6:45-8:15P	230140-01
T,Th	4/21-5/14	6:45-8:15P	230240-01

Homeschool Gymnastics Min/Max: 4/8

Join other homeschoolers for an hour of fun gymnastics. We will utilize our developmental program curriculum to ensure growth and progress in a fun and safe environment. A great way to incorporate physical education into your homeschool curriculum. Location: Chilson Gymnastics Ctr

Age:	5–16	Fee:	\$58
------	------	------	------

W	1/14-2/4	11:00A-12:00P	130150-01
W	2/11-3/4	11:00A-12:00P	130250-01
W	3/25-4/15	11:00A-12:00P	230150-01
W	4/22-5/13	11:00A-12:00P	230250-01

CHEER TEAMS

The Cheer and Dance Connection *

Min/Max: 4/30 Location: Chilson Gymnastics Ctr

Recreational Performance Team This is a high-energy program full of FUN, teamwork and spirit! Kids learn chants, dances, stunts and sharp sideline moves. Performance in every session. **\$25 T-shirt and bow fee paid to instructor.**

Age: 4-12 *No class 3/15, 4/5

Su	1/11-2/22	1:00-2:00P	\$120	139900-01
Su	3/1-5/3*	1:00-2:00P	\$120	239900-01

Loveland Showcase Team This team offers a FUN, non-competitive environment to build intermediate cheer skills, stunts and dances. They will perform across Northern Colorado while learning teamwork, strength and dedication in a positive setting. **\$25 T-shirt and bow fee paid to instructor.**

Age: 8-14 *No class 3/20

F	1/9-2/13	4:00-5:15P	\$125	139901-01
F	2/20-4/3*	4:00-5:15P	\$125	239901-01
F	4/10-5/15	4:00-5:15P	\$125	239901-02

ADULT ENRICHMENT DANCE

Tap Dance – Level 1 & 2 Min/Max: 6/20

Always wanted to tap dance? Now is your chance! Studies show that dancing is the best activity for keeping your brain active. Improve your balance, listening skills and coordination, and have FUN dancing to great music while challenging your brain by learning simple to more advanced choreography. Instructor: Sally Fortenberry | Location: Maple/Spruce Rm Age: 18+

Level 1: Tap basics for anyone who has not danced with Sally. Covers basic steps, terminology and tap history.

T 3/10-5/12 1:15-2:15P \$80 190035-1 **Level 2: Instructor approval required.** For those with recent experience; moves fast with complicated choreography.

T 3/10-5/12 2:30-3:30P \$80 190035-2

See page 43 for adult line dance classes!

DANCE WITH ANIMA ARTS

Dance classes with Anima Arts are dedicated to supporting children and families' health through movement education. Anima Arts was founded by Mimi Ferrie Lee, a Northern Colorado native, with over 20 consecutive years in dance and performing arts education. Our team of caring and knowledgeable teachers supports children's neurological, physical and social-emotional development through joyful and creative dance classes.

Toddler & Family Dance & Storytime ❖

A weekly class featuring dance, stories and creative play. Deepen your family bond and meet new folks while your little mover builds their brain, body and heart through dance and creative movement. Favorite children's books will inspire each week's theme. Fee includes child & caregivers. Min/Max: 5/8 Location: Cherry Rm *No class 3/17

Age: 1.5–3 (Instructor: Mary)

	Т	1/6-2/10	9:15-9:55A	\$72	257023-1
_	Т	2/17-3/31*	9:15-9:55A	\$72	257023-2
_	Т	4/7-5/12	9:15-9:55A	\$72	257023-3

Mini Dancers: Ballet | Tap | Jazz ❖

Preschoolers are introduced to ballet, tap and jazz skills through inspiring music and imagery. This class celebrates the way kids learn best... through play, connection and exploration! Tap shoes are recommended but not required. *No class 3/17, 3/18

Age: 3-4 (Instructor: Mary)

Т	1/6-2/10	10:00-10:45A	\$72	257012-01
Т	2/17-3/31*	10:00-10:45A	\$72	257012-02
Т	4/7-5/12	10:00-10:45A	\$72	257012-03
Age:	3-4 (Instructo	or: Gina)		
W	1/7-2/11	9:15-10:00A	\$72	257012-04
W	2/18-4/1*	9:15-10:00A	\$72	257012-05
W	4/8-5/13	9:15-10:00A	\$72	257012-06
Age:	3.5–5 (Instructe	or: Mimi)		
W	1/7-2/11	3:15-4:00P	\$72	257012-07
W	2/18-4/1*	3:15-4:00P	\$72	257012-08
W	4/8-5/13	3:15-4:00P	\$72	257012-09

Kids | Youth | PreK & Homeschool Dance ❖

Let's dance! These expressive and high energy classes are all about finding your groove, expression and artistic voice. Dancers learn elements from multiple dance styles through skill-building, games and choreography. Tap shoes are recommended but not required. *No class 3/17, 3/18

PreK & Homeschool, Age: 4–7.25 (Instructor: Gina) Ballet/Tap/Jazz

Kide	Ago: 5-7	Time: 4:05_4:55B (Inc	etructor:	Mimi)
W	4/8-5/13	10:05-10:50A	\$72	258081-3
W	2/18-4/1*	10:05-10:50A	\$72	258081-2
W	1/7-2/11	10:05-10:50A	\$72	258081-1
	, .ap, ca			

Kids, Age: 5-7 Time: 4:05-4:55P (Instructor: Mimi) Tap/Jazz W 1/7-2/11 \$72 258082-1 Hip Hop/Jazz W 2/18-4/1* \$72 258082-2 Ballet/Contemporary W 4/8-5/13 \$72 258082-3

Youth, Age: 7.5-11	Time: 5	-5:55P (In	structo	r: Mimi)
Tap/Jazz	W	1/7-2/11	\$72	258083-1
Hip Hop/Jazz	W	2/18-4/1*	\$72	258083-2
Lyrical/Contemporar	y W	4/8-5/13	\$72	258083-3



FALL 2026-SPRING 2027 SMALL FRIES PRESCHOOL

A quality-rated, state-licensed preschool for your 3 to 5 year old that includes a balance of play-based, child-directed discovery and teacher-led, small group activities. Kindergarten-readiness is ensured through the encouragement of self-regulation, critical thinking and problem-solving skills. The Small Fries Preschool program follows the Colorado Early Learning & Developmental Guidelines to build curriculum in these content areas: social/emotional development, cognitive development, language & early literacy, fine & gross motor skills, creative arts expression, physical health & development, logic & reasoning and approaches to learning.

OPEN HOUSE for Fall 2026 registration info on Thurs, 1/15 from 5–6P in the classroom (inside the Chilson Center lobby).

REGISTRATION INFO (In-person registration is for Preschool-3's only) Registration is not available online. Visit <u>lovgov.org/SmallFries</u> to download a registration form and submit it in person at the Chilson Center on the appropriate day. Currently enrolled families receive priority registration through 1/30. Remaining spaces are filled on a first-come, first-served basis. An annual registration fee of \$35 is due at the time of enrollment.

Alumni Registration for Fall 2026–Spring 2027 begins Mon, 2/2 (Alumni registration is for families who have had older children attend Small Fries previously, but are not currently enrolled.) Alumni families may drop off their registration at the front desk. Registration forms will not be processed at the time of drop off. Families will be contacted after 3P on 2/2 with confirmation of enrollment or waitlist spot and to pay the \$35 non-refundable registration fee if enrolled.

Public Registration for Fall 2026–Spring 2027 begins Tues, 2/3 Families will receive a number upon arrival. Numbers will begin to be handed out at 7:00A and registration begins at 7:30A. We do not recommend coming before 7:00A.

UNIVERSAL PRE-K (UPK)

Small Fries Preschool will participate in Universal Pre-K in the 2026-2027 school year and will offer 15 hours of free programming to eligible students. Please visit lovgov.org/SmallFries for more info.

UNIVERSAL PRE-K (UPK) MATCHING PROCESS

To match to the Small Fries Preschool UPK class, you must complete a Family Application through the UPK website: **upk.Colorado.gov**

Fall 2026-Spring 2027 Pre-K (UPK) Age: 4-5

Days Dates Times Fee

M-W 8/31-5/12 8:30A-1:30P Free w/UPK enrollment

Fall 2026–Spring 2027 Preschool Age: 3–4
Days Dates Times Fee

 Days
 Dates
 Times
 Fee

 Th,F
 9/1-5/14
 9:00A-12:00P
 TBD

LET'S MAKE MUSIC!

Key Magia Music ❖

Encourage the development of your child's musical skills with a curriculum that captures children's imagination and builds connections between music, movement and early learning. Classes are designed to teach foundational music skills and also promote increased attention span, impulse control and language skills. An adult caregiver is required to attend younger classes. Location: Oak Rm

Musical Baby ❖

Increase your baby's curiosity about music and establish a foundation for singing and movement while having FUN together! Includes singing, bouncing, rocking, wiggle games, peek-a-book games and simple instruments. Min/Max: 4/10

Age	: 3 mo-1.5	*No class 3/20, 4/24		
F	1/9-2/13	9:00-9:30A	\$42	260720-1
F	2/20-4/3*	9:00-9:30A	\$42	260720-2
F	4/10-5/22	* 9:00-9:30A	\$42	260720-3

Musical Toddler *

Musical activities build music competency in your child as their language, motor skills and social skills grow. Includes singing, dancing, finger plays, scarf games, rhythm & tonal pattern games and instrument play. Min/Max: 5/10

Age:	Age: 15 mo-3.5 *No class 3/19, 3/20, 4/23, 4/24				
Th	1/8-2/12	9:00-9:40A	\$54	260721-01	
Th	1/8-2/12	10:00-10:40A	\$54	260721-02	
F	1/9-2/13	9:45-10:25A	\$54	260721-03	
F	1/9-2/13	11:35A-12:15P	\$54	260721-04	
Th	2/19-4/2*	9:00-9:40A	\$54	260721-05	
Th	2/19-4/2*	10:00-10:40A	\$54	260721-06	
F	2/20-4/3*	9:45-10:25A	\$54	260721-07	
F	2/20-4/3*	11:35A-12:15P	\$54	260721-08	
Th	4/9-5/21*	9:00-9:40A	\$54	260721-09	
Th	4/9-5/21*	10:00-10:40A	\$54	260721-10	
F	4/10-5/22*	9:45-10:25A	\$54	260721-11	
F	4/10-5/22*	11:35A-12:15P	\$54	260721-12	

Musical Child ❖

Music for preschoolers to build language, self-expression and focus through singing, instruments, movement and games. We'll explore steady beat, tuneful voices and rhythm patterns – the foundations of music education! Min/Max: 5/10

Age: 3-5 *No class 3/19, 3/20, 4/23, 4/24					
Th	1/8-2/12	11:00-11:40A	\$54	260722-1	
F	1/9-2/13	10:40-11:20A	\$54	260722-2	
Th	2/19-4/2*	11:00-11:40A	\$54	260722-3	
F	2/20-4/3*	10:40-11:20A	\$54	260722-4	
Th	4/9-5/21*	11:00-11:40A	\$54	260722-5	
F	4/10-5/22*	10:40-11:20A	\$54	260722-6	

NEW! Zumbini ❖ Min/Max: 5/15

Zumbini is an early childhood program that uses music and movement to promote cognitive, social, emotional and motor skill development. It's designed to be a bonding experience for parents/ caregivers and children, fostering learning and FUN through singing, dancing and playing instruments. Location: Fitness/Dance Studio

Age: 6 mo-5 *No class 3/20

F	1/9-1/30	11:30A-12:15P	\$20	257015-01
F	2/6-2/27	11:30A-12:15P	\$20	257015-02
F	3/6-3/27*	11:30A-12:15P	\$15	257015-03
F	4/3-4/24	11:30A-12:15P	\$20	257015-04
F	5/1-5/29	11:30A-12:15P	\$20	257015-05

EARLY LEARNERS

Preschool Prep Series Min/Max: 4/10

Children get the hands-on experience they need to start school with excitement. These targeted prep classes focus on the social-emotional AND academic skills they need to take their love of learning to the next level. One adult per child is welcome to stay but is encouraged to initiate the drop-off process. Children are not required to be fully toilet-trained; however, caregivers must remain onsite as restrooms are outside the classroom.

Location: Oak Rm Age: 2.5-3.5

At the Beach!

Children can play in the sand, discover ocean animals and seafaring crafts as imaginations soar at the beach!

Th 1/15-2/5 1:00-2:00P \$56 255303-1

Life on the Farm *No class 3/5

What would it be like to live on a farm? Let's investigate and find out!

Th 2/12-3/12* 1:00-2:00P \$56 255303-2

Wind, Kites & Sails

Can you feel the wind? Let's study the power of the wind as we make ways to harness it and watch what it can do!

Th 4/2-4/23 1:00-2:00P \$56 255303-3

Adult/Tot Yoga ❖ Min/Max: 5/10

Join us for a playful and interactive yoga class designed for parents and children to connect, move and breathe together. Through engaging poses, games and stories, you and your child will explore the joy of yoga while building strength, flexibility and mindfulness. **Parent participation required.** Instructor: Juliana Meik | Location: Fitness/Dance Studio

Age: 1.5-4 *No class 3/17 Register child only.

Т	1/6-1/27	11:45A-12:15P	\$36	261005-01
Т	2/3-2/24	11:45A- 3:15P	\$36	261005-02
Т	3/3-3/31*	11:45A-12:15P	\$36	261005-03
Т	4/7-4/28	11:45A-12:15P	\$36	261005-04
Т	5/5-5/26	11:45A-12:15P	\$36	261005-05





YOUTH ENRICHMENT

Children's Yoga ❖ Min/Max: 5/10

Experience wellness though yoga-based movement and yoga-based breathing techniques combined with creative movement and music. Location: Fitness/Dance Studio

Age: 6-12 *No class 3/16

M	1/5-1/26	4:15-5:00P	\$36	214010-01
M	2/2-2/23	4:15-5:00P	\$36	214010-02
M	3/2-3/30*	4:15-5:00P	\$27	214010-03
M	4/6-4/27	4:15-5:00P	\$36	214010-04
М	5/4-5/18	4:15-5:00P	\$27	214010-05

Youth Fitness ❖ Min/Max: 5/15

Build healthy habits, coordination, strength and cardio while having FUN with friends! Burn energy, learn proper techniques and develop a love for fitness. Parents may watch or use the fitness facility (as a paid guest). This is an opportunity for families to engage in fitness at the same time. Location: Small Gym

Age: 6-12 *No class 3/19

Th	1/8-1/29	4:30-5:30P	\$24	216005-01
Th	2/5-2/26	4:30-5:30P	\$24	216005-02
Th	3/5-3/26*	4:30-5:30P	\$18	216005-03
Th	4/2-4/30	4:30-5:30P	\$24	216005-04
Th	5/7-5/28	4:30-5:30P	\$18	216005-05

NEW! Music Explorer's Club for Homeschool

Music Explorers Club is a FUN homeschool program that takes kids on a musical adventure! They'll explore global rhythms, instruments and even learn to play the ukulele. Through singing, movement, games and songwriting, they'll build confidence, coordination and creativity – no experience needed! Min/Max: 4/10 Location: Party Rm Fee: \$140 (Multiple student discount: 10% off 2nd child, 15% off 3rd)

 Age: 5–8
 Th
 1/15-4/23
 10:30-11:30A
 261726-1

 Age: 9–11
 Th
 1/15-4/23
 11:40A-12:40P
 261726-2

SkateStart Skateboarding Camps ❖ Min/Max: 5/25

These unique skateboard camps welcome all levels - from first-timers to little rippers! Learn tricks, make friends and have FUN. A helmet, skateboard and proper shoes are required. Instructor: Patrick O'Toole Location: Loveland Sports Park, 950 N. Boyd Lake Ave.

Age: 6+

Level 1 (for beginners/never-evers)

Sa 3/28 9:30-11:00A \$60 253913-1 **Level 1** (all skills but basic skills necessary)

Sa 4/18 9:30A-12:30P \$85 253913-2

Ultimate Babysitter's Boot Camp ❖ Min/Max: 6/16 Skills-based class covering business and leadership, discipline,

communication, safe play, child care, emergency response and basic first aid. **CPR certification is not included.** Students earn a Child & Babysitting Safety Certificate from the American Safety & Health Institute. Location: Party Rm (1/5), Tiny Tot Rm (2/14, 3/20) **Age: 11–16**

M	1/5	9:00A-3:00P	\$79	261703-1
Sa	2/14	9:00A-3:00P	\$79	261703-2
F	3/20	9:00A-3:00P	\$79	261703-3

ADVENTURE BOUND DAY CAMP

ABDC School Days Out | Spring Break

Children spend school days out and holiday breaks at the Chilson Center in our full-day licensed child care programs. A variety of crafts, games, enrichment activities and offsite field trips will keep brains and bodies actively engaged in a healthy dose of FUN! Location: Oak Rm

Grade: K-5

An annual \$35 registration fee is required for all programs offered in 2026. Please add #356903-1 to your account FIRST, then add the activity #.

More Info: lovgov.org/abdc Questions: 970.962.2467

ABDC School Days Out

Register for one day or all. Bring your friends or meet new ones for days packed with FUN!

ree: \$60/day***		o/day***	Time: 7:30A-5:30P	
	M	1/19	256403-1	Animals!
	М	2/16	256403-2	Let's Play
	Т	2/17	256403-3	Chilson Pool
	Th	3/5	256403-4	STEAM
	F	3/6	256403-5	The Wild West
	F	4/24	256403-6	Out of This World

ABDC Spring Break

Registration is for the full 5-day week. Registration closes Monday, 3/9. Online enrollment paperwork due Wednesday, 3/11.

Fee: \$250** **Time:** 7:30A-5:30P M-F 3/16-3/20 256703-1

Play-Well TEKnologies LEGO® Camps ❖

Gear up your engineering skills with tens of thousands of LEGO® parts and experienced Play-Well instructors. Projects are rotated seasonally to ensure that both new and returning students can explore the endless creative possibilities of LEGO®.

Min/Max: 8/16 (unless noted) Location: Party Rm

Age: 6-10

Winter Wonderland Engineering Bundle up, we're creating a spectacular Winter Wonderland! Build bobsleds, design snowplows, and take a ride on the Polar Express. Explore your snowiest ideas and learn STEM concepts with LEGO®. F 1/9 4:00-5:30P \$28 261113-1

Pokémon Master Engineering In the race to be crowned the Ultimate Pokémon Champion, we need your help! Learn to build your favorite Pokémon, level up by teaching them special moves, evolve them into more powerful versions and come face to face with the current champion in an epic battle. F 2/13 4:00-5:30P \$28 261114-1

Machine Mayhem Mix and match chassis designs using wheels, treads or walking legs then combine these with tools like drills, hammers and battering rams. Refine your masterpiece and apply real-world engineering and physics concepts to help you bash and crash your way to victory!

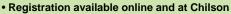
F 4/17 4:00-5:30P \$28 261115-1

Minecraft Engineering Get ready to build your base, craft your tools, use your Minecart to harvest raw resources and battle to stop the Ender Dragon from ending the world. Min/Max: 8/24 M-F 3/16-3/20 9:00A-12:00P \$210 261116-1

ABDC: Summer for Grades K-9

A state-licensed, childcare/camp program for children entering grades K–9. Awesome weekly field trips are included in camp fees. Location: Chilson Center

More Info: lovgov.org/abdc



- Online Registration for returning 2025 families: 2/2 at 6P
- Online Public Registration: 2/9 at 6P
- For fastest service, we recommend online registration
- An annual, non-refundable \$35 registration fee is due at the time of enrollment for each enrolled child if not previously paid (annual fee covers all school days out, winter break, spring break and summer camp programs).
- A minimum non-refundable deposit of \$40/week per child is due at the time of enrollment. All remaining fees for camp weeks are due prior to the start of camp and must be paid on or before the dates listed below:

Weeks 1-3 due 3/1 | Weeks 4-7 due 4/1 | Weeks 8-10 due 5/1

- Prior to registering online, please ensure that you have created a household account through WebTrac and that your child's age and grade are correct.
- An invitation to complete an online member profile through ePACT Emergency Network will be emailed immediately after registration. Per childcare licensing requirements, all forms and waivers must be complete prior to participation including current immunization records or exemption forms and any required medication administration forms. Profiles submitted in 2025 require reconfirmation prior to summer camp programs.

ABDC: Summer for Grades K-5

See summer registration info above. Children must be 5 years old and entering grades K-5 in Fall 2026. Register only for the weeks your child will attend. Registration is for the 5-day wk, unless noted.

Days & Times: Monday–Friday; 7:30A–5:30P **Fee:** \$250/wk** (unless otherwise noted)

Week	Dates	Theme
1	6/1-6/5	On Safari
2	6/8-6/12	Out of a Book
3	6/15-6/19	Architecture in Action
4	6/22-6/26	Move to the Rhythm
5	6/29-7/2 (M-Th, \$200)	Ancient Empires
6	7/6-7/10	Classic Summer FUN!
7	7/13-7/17	Life on the Farm
8	7/20-7/24	Harry Potter Magic School
9	7/27-7/31	Helping Hands
10	8/3-8/6 (M-Th, \$200)	Hawaiian Luau

ABDC: Summer for Grades 6-9

Has your camper outgrown traditional day camp programs? Check out these camps that focus on age-appropriate topics and activities. See summer registration info in green box. Kids must be entering grades 6–9 in Fall 2026. **No camp held Fridays.** Optional Friday Teen Trips are provided to complete your camper's week for an additional registration (trip info including location & fees is available at the required parent orientation in April). All Teen Trip fees due 5/1. **Days & Times:** Monday—Thursday; 8:30A—4:30P

Fee: \$205/wk**

Week	Dates	Theme
1	6/1-6/4	Anime Nation
2	6/8-6/11	Forest Exploration
3	6/15-6/18	Helping Hands
4	6/22-6/25	Jr. Counselor
5	7/6-7/9	Classic Summer FUN!
6	7/13-7/16	Wilderness Skills
7	7/20-7/23	Harry Potter Magic School
8	7/27-7/30	Making Music

^{**} Sibling Discount: 10% off for 2nd child; 15% off for additional children

^{**} Sibling Discount:10% off for 2nd child;15% off for additional children



ART CLASSES AT ARTISAN YOU

All supplies included. Completed projects are kiln-fired onsite and ready for pick-up one week after class dates. **Location:** Artisan You! Studio, 405 E. Seventh St.

Preschool Story Time Art *

Celebrate valentine season as we read Felicia Bond's story about a little girl who collects raining hearts and turns them into special gifts. Then your preschooler will create their own string of clay hearts to decorate and take home. This hands-on art project is perfect for tiny hands and big imaginations! Min/Max: 1/10 Age: 3–5

W	2/11	10:00-10:45A	\$18	260103-1
W	2/25	10:00-10:45A	\$18	260103-2

Kid's Ceramics: Candy Heart Plate ❖

Nothing says "I love you" like a plate full of candy-colored FUN! In this valentine-themed class, kids decorate a ceramic plate with bright colors and sweet phrases inspired by classic conversation hearts, making every plate unique. Min/Max: 1/12

Age: 6-12

Sa	1/17	10:00A-12:00P	\$27	261033-1
Sa	1/31	10:00A-12:00P	\$27	261033-2

See page 34 for youth & teen activities.

Spring Break Camp: Garden Explorers ❖

Kids explore the wonders of the garden through pottery painting, fused glass and FUN crafts like flower plaques, seed cups, critter figurines, bird suncatchers, mobiles and more. Min/Max: 4/15 Age: 6–12

M-F 3/16-3/20 9:00A-12:00P \$225 261053-1

Fused Glass: Winter Animals Suncatcher ❖

Kids design and assemble a fused glass suncatcher inspired by winter animals like owls, polar bears or foxes. All materials provided and cutting is safely supervised. Min/Max: 1/12

Age: 8-12

Sa	2/7	10:00A-12:00P	\$29	261043-1
Sa	2/21	10:00A-12:00P	\$29	261043-2

Fused Glass: Frosty Mountain Scene ❖

Create a stunning winter landscape in glass! Design a fused glass panel inspired by snowy mountains and frosty skies. No experience needed - we'll guide you every step of the way. Min/Max: 1/10

Age: 16+

Sa	1/24	1:00-3:00P	\$55	262033-1
Th	2/26	6:00-8:00P	\$55	262033-2

Pottery Painting: Winter Serving Platter ❖

Bring nature to your table with a winter ceramic platter featuring a branch, red berries and a bright cardinal. Learn simple brush techniques. Finished platter is food-safe after firing. Min/Max: 1/12 Age: 16+

Th 1/29 6:00-8:00P \$48 262034-1

CHILSON POTTERY STUDIO

Use of all tools, glazes and kiln firings included in class fees. Supply list on receipt. Youth classes include use of recycled clay. Adult classes include 25 lbs. of new clay.

You & Me Clay Series Min/Max: 4/8

Work with your child to complete a unique project and create FUN memories! Learn hand-building techniques such as roll, slab, pinch and coil. All projects will be completed stoneware **A guardian is required to attend/participate.** Instructor: Shanel Cass-Caskey **Age: 2.5–5 (9:00–10:30A) Age: 6–12 (11:00A–12:30P)**

Valentine Heart Dish

Sa	1/31-2/7	9:00-10:30A	\$35	163043-1
Sa	1/31-2/7	11:00A-12:30P	\$35	163043-2
4 Leaf (Clover Dish			
Sa	3/7-3/14	9:00-10:30A	\$35	163043-3
Sa	3/7-3/14	11:00A-12:30P	\$35	163043-4
Birdhou	ıse			
Sa	4/11-4/18	9:00-10:30A	\$35	163043-5
Sa	4/11-4/18	11:00A-12:30P	\$35	163043-6
Mother'	s Day Vase			
Sa	4/25-5/2	9:00-10:30A	\$35	163043-7
Sa	4/25-5/2	11:00A-12:30P	\$35	163043-8

Pottery for Homeschoolers Min/Max: 4/6

Concentrate on the basics of hand-built stoneware, including various methods of forming pieces, glazing, tools and more! Create pieces you can enjoy. Instructor: Shanel Cass-Caskey

Age: 5-7 (10-11:30A) Age: 8-13 (12:30-2:00P)

Т	1/13-2/17	10:00-11:30A	\$90	163017-1
Т	1/13-2/17	12:30-2:00P	\$90	163017-2
Т	3/24-4/28	10:00-11:30A	\$90	163017-3
Т	3/24-4/28	12:30-2:00P	\$90	163017-4

Pottery for Youth Min/Max: 4/6

Concentrate on the basics of hand-built stoneware, including various methods of forming pieces, glazing, tools and more! Create pieces you can enjoy. Instructor: Carolyn Pearce

Age: 8-13 *N	No class	2/17	& 3/17
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Т	1/13-2/24*	4:30-6:00P	\$90	163016-1
Т	3/3-4/14*	4:30-6:00P	\$90	163016-2

Hand Building & Wheel Throwing Min/Max: 4/7 Learn to throw on the wheel and hand build projects. Refine your skills & focus on making functional forms. Instructor: Carolyn Pearce

Age: 13+ *No class 3/18

3					
W	1/7-2/25	9:00A-12:00P	\$240	163004-1	
W	3/4-4/29*	9:00A-12:00P	\$240	163004-2	٠

Exploring the Wheel Min/Max: 4/7

For beginning through advanced learners; learn how to throw on the wheel or refine your skills as you focus on making functional forms. Instructor: Shanel Cass-Caskey

Age: 13+

Th	1/15-3/5	9:00-11:30A	\$200	163008-1
Th	3/26-5/7	9:00-11:30A	\$175	163008-2

Hand Building Basics Min/Max: 4/10

Learn to work with clay to hand build projects using the slab roller, extruder and hand tools. Create one-of-a-kind pieces while learning a variety of glazing techniques. Instructor: Shanel Cass-Caskey

Age: 13+ *No class 3/20

F	1/16-3/6	9:00-11:30A	\$200	163007-1
F	3/13-5/8*	9:00-11:30A	\$200	163007-2

NEW! Weekend Wheel Throwing Min/Max: 4/7

Learn the art of wheel throwing for all skill levels. Create functional forms for everyday use. Instructor: Dale Atchison

Age: 13+

Sa	1/10-2/28	1:30-4:30P	\$240	163006-1
Sa	3/7-4/25	1:30-4:30P	\$240	163006-2

Open Pottery Studio Min/Max: 4/10

Attend as many of these studio times as you like. An instructor is present to offer ideas, however no formal instruction is provided. Projects may not receive priority. Instructor: Shanel Cass-Caskey

Age: 13+ *No class 1/19, 2/16

M	1/12-3/9*	9:00A-12:00P	\$210	163041-1
F	1/16-3/6	5:00-8:00P	\$240	163041-2
M	3/23-5/4	9:00A-12:00P	\$210	163041-3
F	3/27-5/8	5:00-8:00P	\$210	163041-4

NEW! COLOR YOUR WORLD

Paint Your Pet in Pastels Min/Max: 3/10

Be amazed as you complete a realistic pet portrait! The instructor will pre-draw your image prior to class. Learn the tips and tricks of forgiving pastels to make your special pet come alive, leaving with a treasured portrait of your pet! \$10 supply fee payable to instructor at class or bring your pastels. Instructor: Linda French Location: Lincoln Gallery, 429 N. Lincoln Ave.

Age: 18+

Su 1/25 1:00-5:00P \$115 262035-1

Fused Glass: Garden Stakes Min/Max: 4/12

Create glass flowers, mushrooms and gnomes on garden stakes to brighten up your flower beds. Learn about glass as you cut and shape it to create garden decor. Create several pieces as time allows. Once your creation has been fired in a kiln, you'll have a perpetual garden display! Instructor: Gail Frick Location: Lincoln Gallery, 429 N. Lincoln Ave.

Age: 18+

Su 4/19 1:00-5:00P \$140 262036-1

Impressionistic Landscapes & Floral in Oil

Explore Impressionistic painting techniques with landscapes and florals for beginner to intermediate levels. Learn composition, color mixing, values and light using provided photo references. All materials included. Min/Max: 4/10 Instructor: Pat Samples Ehrlich Location: Lincoln Gallery, 429 N. Lincoln Ave.

Age: 18+

Colorado Landscapes

M	4/6-4/13	9:30A-3:00P	\$250	262037-1	
Fres	h Florals				
M	4/20-4/27	9:30A-3:00P	\$250	262037-2	
Both	Classes				
M	4/6-4/27	9:30A-3:00P	\$425	262037-3	

Gemstones & Leather Jewelry Min/Max: 5/15

Create a stylish leafy vine wrap bracelet and matching earrings with knotted leather, gemstones and bright pops of pewter. The double-wrapped bracelet fits all with a button closure. Learn basic knotting techniques using the Nifty Knotter tool invented by the instructor (and it's yours to keep!) Instructor: Diane Kremer Location: Lincoln Gallery, 429 N. Lincoln Ave.

Age: 18+

Su 3/29 1:00-5:00P \$150 262038-1

See page 42 for Needle Felting for ages 18+.

YOUTH COOKING

Comfort Foods ❖ Min/Max: 5/13

Indulge in some easy and healthy comfort foods. All recipes are vegetarian-vegan friendly. Menu: creamy tomato soup, homemade mac and cheese, sweet potato & carrot fries, chocolate mug cake. A consent form is required. Instructor: Sapna Von Reich Location: Cherry Rm

Age: 6-13

Su 2/8 1:30-3:30P \$32 161800-1

Waffles Galore ❖ Min/Max: 5/13

Enjoy making sweet and savory waffles using wholesome ingredients like oats, millet and more. These waffles are naturally gluten-free and can be enjoyed at any time in the day. All recipes are vegan-vegetarian friendly. A consent form is required. Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 6-13

T 3/17 1:30-3:30P \$32 161801-1

Celebrating Spring ❖ Min/Max: 5/13

This class highlights spring veggies and fruits with a variety of gourmet dishes. All recipes are vegan-vegetarian friendly. A consent form is required. Instructor: Sapna Von Reich | Location: Cherry Rm Age: 6–13

W 3/18 1:30-3:30P \$32 161802-1

Homemade Chips & Dip ❖ Min/Max: 5/13

Chips are a snack beloved by all - crunchy, delicious and almost always unhealthy. Learn how to make healthy baked chips using veggies and whole grains and pair them with tasty dips to make your snacking guilt free! All recipes are vegan-vegetarian friendly. A consent form is required. Instructor: Sapna Von Reich Location: Cherry Rm

Age: 6-13

Th 3/19 1:30-3:30P \$32 161803-1

Spring Desserts ❖ Min/Max: 5/13

Let's learn to make a few seasonal desserts to welcome spring! Menu: lemon brownies, carrot cupcakes, chocolate covered raspberries. All recipes are vegan-vegetarian friendly. A consent form is required. Instructor: Sapna Von Reich | Location: Cherry Rm Age: 6–13

Age. 0-13

F 3/20 1:30-3:30P \$32 161804-1

Food for Life: Nutrition & Cooking Camp ❖

Poor diet and lack of exercise put today's children at greater risk for heart disease, diabetes and cancer later in life. A foundation for healthy eating is needed to lessen the risk for chronic diseases. The curriculum highlights the positives of the four food groups in the Power Plate. Kids learn about nutrition and how to cook healthy recipes in each class. A consent form is required.

Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 6-13

Bang-up Breakfasts

_	•							
Т	5/26	1:30-3:30P	\$27	161805-1				
In Be	tween Meals							
W	5/27	1:30-3:30P	\$27	161805-2				
Raink	ow Lunches							
Th	5/28	1:30-3:30P	\$27	161805-3				
Diggi	ng These Din	ners						
F	5/29	1:30-3:30P	\$27	161805-4				
All se	All sessions							
T-F	5/26-5/29	1:30-3:30P	\$95	161805-5				

ADULT COOKING

Winter Buddha Bowls ❖ Min/Max: 4/13

Winter is the perfect time to make these hearty but easy Buddha bowls. Consisting of grains, veggies, protein and delicious sauces, these bowls will refresh your palette even during a snowstorm. Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 14+

T 1/20 6:00-8:15P \$52 161900-1

Foundations of Curry ❖ Min/Max: 4/13

Use this "mother sauce" to make many variations of Indian dishes. Gluten-Free Menu: veg Kadai, chickpea & potato curry, Bharta (roasted eggplant). Instructor: Sapna Von Reich | Location: Cherry

Age: 14+

W 2/4 6:00-8:15P \$52 161901-1

Tasty Turkish Cuisine ❖ Min/Max: 4/13

Explore the depths of delicious Turkish dishes. Menu: red lentil & bulgur kebabs, mint & dill rice pilaf, Black-Eyed Pea Pilaki, eggplant with yogurt sauce, Sesame Tahini Halva (nutritious dessert). Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 14+

Th 2/12 6:00-8:15P \$52 161902-1

Coconut "Cuckoo" Curries ❖ Min/Max: 4/13

Discover modern, flavorful twists on traditional coconut curry delicious, healthy, and vegetarian. Gluten-Free Menu: coconut stew, beets with coconut, spicy pineapple curry, coconut balls. Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 14+

Th 2/26 6:00-8:15P \$52 161903-1

Flatbread Flutter ❖ Min/Max: 4/13

Are you trying to avoid processed wheat or following a glutenfree lifestyle? Make tasty flatbreads from wholesome ingredients like sorghum, quinoa, lentils, cauliflower and more. Satisfy your cravings! Instructor: Sapna Von Reich Location: Cherry Rm

Age: 14+

W 3/4 6:00-8:15P \$52 161904-1

Dal 101: Indian Style Lentils ❖ Min/Max: 4/13

Dal, meaning legumes, is a staple protein source in the vegetarian Indian subcontinent, also rich in fiber, vitamins and minerals. Gluten-Free Menu: green lentil pancake, spinach lentil curry, red lentil stew, carrot pudding. Instructor: Sapna Von Reich Loc: Cherry

Age: 14+

Th 3/12 6:00-8:15P \$52 161905-1

Falafel Fiesta ❖ Min/Max: 4/13

Learn to make healthier, tastier falafels! Menu: baked falafel crumbles, Tzatziki, Tahini sauce, Harissa chili sauce, green sauce, and Tabbouleh. Instructor: Sapna Von Reich Location: Cherry Rm

Age: 14+

T 4/28 6:00-8:15P \$52 161906-1

Magical Mystery Kebabs ❖ Min/Max: 4/13

Explore endless possibilities of vegetarian kebabs. Gluten-Free Menu: Tandoori Tikka kebabs, vegetable Seekh kebabs with mint chutney, mung beans kebabs with Tandoori chutney Instructor: Sapna Von Reich Location: Cherry Rm

Age: 14+

W 5/6 6:00-8:15P \$52 161907-1

Explore. Give Back. Volunteer.

The Loveland Parks & Recreation
Department is fortunate to have the
dedicated support of hundreds of local
volunteers who assist with community
education, coaching, special events,
open lands maintenance & clean up,
program facilitation/tracking and more!





FREE PROGRAMS & ACTIVITIES

JANUARY

Clean-up Day - Sunset Vista/Long View Trail

PEEPs* Exploration

Nature Journaling/Sketching (indoors)

FEBRUARY

Volunteer Open House

Raptor Monitor Volunteer Training

Trail Host Volunteer Training – Part 1

PEEPs* Exploration

Nature Journaling/Sketching (indoors)

MARCH

Environmental Education Volunteer Training

Trail Host Volunteer Training - Part 2

PEEPs* Exploration

Nature Journaling/Sketching (indoors)

Guided Walks begin – birds, plants, history, geology

NEW! Birds: Language of Nature Program

Have you signed up for Offero yet?
Register for activities, receive program updates
and sign up to volunteer! Offero.CityofLoveland.org

Events in blue = VOLUNTEER opportunities
*PEEPs = Preschool Environmental Education Program

Details & Registration: Offero.CityofLoveland.org

APRIL

Environmental Education Volunteer Training

Nature Cabin Docent Volunteer Training

Native Garden Care & Maintenance Projects

River Clean-up

Viestenz-Smith Mountain Park opens for season

Astronomy Night

Environmental Education School Programs begin

PEEPs* Exploration

Nature Journaling/Sketching (outdoors)

Guided Walks - birds, plants, history, geology

Earth Day Celebration

NEW! Birds: Language of Nature Program

NEW! Nature Immersion: Sensory Engagement Program

NEW! City Nature Challenge Bioblitz

MAY

Native Garden Care & Maintenance Projects
Stewardship & Habitat Restoration Projects

Weed Warrior Project

Nature Cabin opens at Viestenz-Smith Mtn Park

Astronomy Night

PEEPs* Exploration

Nature Journaling/Sketching (outdoors)

Guided Walks - birds, plants, history, geology

NEW! Birds: Language of Nature Program

NEW! Nature Immersion: Sensory Engagement Program

ADA Fishing Access

Leashed Dogs Only

Wildlife Viewing

Belly Boat Fishing



OPEN LANDS	AMI	ENIT	IES 8	k RE	CRE	ATIOI	N OP	POR	TUNI	TIES		
Boedecker Bluff 4750 W. First St.				√	√	√		Fee			√	√
Boise Bend 1225 S. Boise Ave.	V			√		J		√			J	√
Boyd Lake (State Parks Partnership) 6500 N. Cty. Rd. 11C	Fee	√	√	√			√	√			√	√
Cottonwood Run Taft-Wilson along Big Thompson River	at Wilson			√	√	√	√	√			√	√
Devil's Backbone (County fee area) 1725 Hidden Valley Dr.	√	√	√	√	√	√					√	√
Emerald Glen Wilson Ave. & 43rd St.				√			√				√	√
King's Crossing 990 S. Lincoln Ave.	√			√		√	√	√			√	√
Mariana Butte 701 Clubhouse Dr.	√	√		√		No bikes					√	√
Meadowbrook 2000 Cascade Ave.				√		√	√				√	√
Morey Wildlife Reserve 5439 Cedar Valley Dr.		√		√		No bikes		√			NO DOGS	√
Namaqua (and Park) 816 N. Cty. Rd. 19E (Namaqua Rd.)	√	√	√					√			J	√
Old St. Louis 1010 S. St. Louis Ave.	√			√	√	√	√	√			√	√
Oxbow 1135 & 1140 Rossum Dr.	√	√	√	√	√	√	√	√			√	√
Prairie Ridge 6400 N. Wilson Ave.	√	√		√	√	No e-bikes					NO DOGS	1
River's Edge 960 W. First St.	√	√	√	√	√	√	√	√	√	√	√	√
Round Mountain 1300 W. Highway 34	√	√		√	√	√					J	√
Sunset Vista 1323 W. 57th St.	J	J	√	J	√	√	√				√	√
Viestenz-Smith (Open April-October) 1211 W. Highway 34	√	√	√	√	√	√	√	√	√		J	√
Wild 5608 W. Highway 34	√	√		√		√		√			√	J
Willow Bend 2538 E. First St.	√	√	√	√		√	1	1	√		√	√

KNOW BEFORE YOU GO! Check for trail updates on COTREX at <u>Trails.Colorado.gov</u> or download the free app.

See page 55 for open lands & natural areas map and rules; see page 56 for recreation trail map.

VOLUNTEER OPPORTUNITIES - OPEN LANDS & TRAILS

Trail Host Program

FREE training is available for volunteer Trail Hosts to visit open lands and trails and engage with visitors, answer questions and report information about public use.

Environmental Educators

FREE training is available for volunteers to help teach K–5 students about Colorado wildlife, plants and the environment.

Stewardship & Special Projects

Volunteers are needed for stewardship projects year-round, such as habitat plantings, seed collection, weed removal, river cleanups and more. No experience necessary; all materials provided.

Sign up on Offero: Offero.CityofLoveland.org

More info: lovgov.org/OLVol

Coordinator: 970.962.2643 Michele.VanHare@CityofLoveland.org



LEARN. CONNECT. THRIVE

Needle Felting 101 Min/Max: 4/6

Learn the basic skills to create needle felted wool sculptures, paintings and wearable art pieces. Join these FUN class projects! \$10 supply fee for wool & needles payable to instructor at class. Instructor: Debby Widolf | Location: Chilson Conference Rm Age: 18+

Guardian Angel

Sa	1/10	9:30A-1:00P	\$40	191101-1
Valen	tine Garland			
Sa	2/7	9:30A-1:00P	\$40	191101-2
Fanta	sy Butterfly			
Sa	3/7	9:30A-1:00P	\$40	191101-3
Jellyf	ish			
Sa	4/4	9:30A-1:00P	\$40	191101-4
Chee	rful Tulips			
Sa	5/2	9:30A-1:00P	\$40	191101-5

Casino Gambling for Fun Min/Max: 4/8

Are you interested in Black Jack, Roulette or Baccarat? Learn strategy and advanced techniques to make your next gambling junket profitable in a real casino. **Required book: \$25 payable to instructor at class.** Instructor: Haiko Eichler | Location: Cherry **Age: 21+**

W 2/4-2/25 2:00-4:00P \$10 290025-1

NEW! Beginning Hand Drumming Min/Max: 5/20 Drumming is all inclusive and can provide many benefits including

increased focus, memory and the reduction of tension, anxiety and stress. Basic strikes and 3-4-part rhythms are taught through interactive and enthusiastic sessions facilitated by Nancy Brauhn-Curnes. No experience is required – these classes are FUN and easy! Drums are provided. Location: Party Rm

Age: 9+

Th	1/8 & 1/22	6:15-7:15P	\$40	262085-01
Th	2/12	6:15-7:15P	\$20	262085-02
Th	3/12 & 3/26	6:15-7:15P	\$40	262085-03
Th	4/9 & 4/23	6:15-7:15P	\$40	262085-04
Th	5/14 & 5/28	6·15-7·15P	\$40	262085-05

NEW! Advanced Hand Drumming Min/Max: 5/20

For those who have completed Beginning Hand Drumming or have permission from the instructor. Build your skill level and repertoire of learned rhythms. Location: Party Rm

Age: 9+

Th	1/8 & 1/22	5:10-6:10P	\$40	262086-01
Th	2/12	5:10-6:10P	\$20	262086-02
Th	3/12 & 3/26	5:10-6:10P	\$40	262086-03
Th	4/9 & 4/23	5:10-6:10P	\$40	262086-04
Th	5/14 & 5/28	5 10-6 10P	\$40	262086-05

Dance the night away at our community dances twice a month – with live bands! See page 4 for more information.

STRUT YOUR STUFF

Line Dance Min/Max: 8/40

Get exercise and socialize! Instructor: Tracey Ingraham

Age: 18+ *No class 3/17-3/21, 5/25

Level 1: Country Line Dance - Beginning

Learn beginning line dance steps including grapevine, coaster step, triple step, jazz box and more. Location: Hickory/Maple/Spruce

M	1/5-1/26	9:45-10:45A	\$24	190080-1
М	2/2-2/23	9:45-10:45A	\$24	190080-2
М	3/2-3/30*	9:45-10:45A	\$24	190080-3
М	4/6-4/27	9:45-10:45A	\$24	190080-4
M	5/4-5/25*	9:45-10:45A	\$18	190080-5

Level 2: Country Line Dance - High Beginning

For those who have taken a beginner class, but aren't ready for the Continuing class. Location: Hickory/Maple/Spruce

W	1/7-1/28	9:05-10:05A	\$24	190081-1
W	2/4-2/25	9:05-10:05A	\$24	190081-2
W	3/4-3/25*	9:05-10:05A	\$18	190081-3
W	4/1-4/29	9:05-10:05A	\$30	190081-4
W	5/6-5/27	9:05-10:05A	\$24	190081-5

Level 3: Country Line Dance - Continuing

For those who already know a step or two! Location: Fitness/Dance

Th	1/8-1/29	10:45A-12:15P	\$28	190082-1
Th	2/5-2/26	10:45A-12:15P	\$28	190082-2
Th	3/5-3/26*	10:45A-12:15P	\$21	190082-3
Th	4/2-4/30	10:45A-12:15P	\$35	190082-4
Th	5/7-5/28	10·45A-12·15P	\$28	190082-5

Level 4: Country Line Dance - Contemporary

Dance the hottest new line dances to current country music and top 40 hits. Dances vary from beginner to intermediate levels, so some line dancing experience is a plus. Location: Hickory/Maple/Spruce

W	1/7-1/28	8:00-9:00A	\$24	190083-1
W	2/4-2/25	8:00-9:00A	\$24	190083-2
W	3/4-3/25*	8:00-9:00A	\$18	190083-3
W	4/1-4/29	8:00-9:00A	\$30	190083-4
W	5/6-5/27	8:00-9:00A	\$24	190083-5

Level 5: Country Line Dance - Intermediate

Instructor approval required. Learn more advanced country line dance steps. More dances, faster pace! Location: Fitness/Dance

Th	1/8-1/29	12:30-1:45P	\$28	190084-1
Th	2/5-2/26	12:30-1:45P	\$28	190084-2
Th	3/5-3/26*	12:30-1:45P	\$21	190084-3
Th	4/2-4/30	12:30-1:45P	\$35	190084-4
Th	5/7-5/28	12:30-1:45P	\$28	190084-5

Tap Dance – Level 1 & 2 Min/Max: 6/20

Always wanted to tap dance? Now is your chance! Studies show that dancing is the best activity for keeping your brain active. Improve your balance, listening skills and coordination, and have FUN dancing to great music while challenging your brain by learning simple to more advanced choreography. Instructor: Sally Fortenberry | Location: Maple/Spruce Rm Age: 18+

Level 1: Tap basics for anyone who has not danced with Sally. Covers basic steps, terminology and tap history.

T 3/10-5/12 1:15-2:15P \$80 190035-1

Level 2: Instructor approval required. For those with recent experience; moves fast with complicated choreography.

T 3/10-5/12 2:30-3:30P \$80 190035-2

HEALTH & WELLNESS

Natural Solutions to Peripheral Neuropathy

Peripheral neuropathy is a condition of damaged nerves causing weakness, burning, pain, numbness, tingling and debilitating balance problems that steal your quality of life. There are many different causes that can affect 24 million Americans annually. Come learn about the latest science and research to help you regain confidence in your body. Min/Max: 3/30

Instructor: Dr. Jeremy Overholt, DC | Location: Oak Rm

Age: 18+

W	1/7	10:30-11:30A	FREE	191013-1
W	4/15	10:30-11:30A	FREE	291123-1

Hearing Assessments Min/Max: 1/8

Listen up! On the 3rd Tuesday of every other month, audiologist Kaitlynn Reed is at Chilson to do FREE basic hearing assessments.

Age: 18+

Dates: 1/20 (191267-1), 3/17 (191267-2), 5/19 (191267-3) After registration, you will be contacted to schedule a 10-minute appointment time between 8:30–10:30A.

Mobility and Anatomy of the Aging Spine

Explore how the spine changes with age, affecting posture, balance and movement. Learn practical tips to protect mobility, reduce stiffness and support independence. With simple explanations and easy-to-follow strategies, you'll be empowered to better understand your anatomy and maintain an active, healthy lifestyle with an emphasis on safe limitations. Min/Max: 3/30 Location: Party Rm Instructor: Dr. Haider

Age: 18+

T 2/17 12:00-1:00P FREE 212101-1

The 10 Warning Signs Min/Max: 3/20

Alzheimer's and other dementias cause changes in memory, thinking and behavior that interfere with daily life. Learn about warning signs and what to watch for in yourself and others, how to approach someone about memory concerns, early detection and more. Instructor: Angel Hoffman | Location: Party Rm

Age: 18+

Th 2/19 10:00-11:00A FREE 191209-1

Understanding Alzheimer's & Dementia

Learn the difference between Alzheimer's and dementia, stages, risk factors and the latest in research and current treatments.

Min/Max: 3/50 Location: Cherry Rm

Age: 18+

Th 4/16 10:00-11:00A FREE 291214-1

Get Your Advance Directives Done Min/Max: 6/20

Advance directives help you formally document your preferences and values to guide future medical care. Learn about medical health care directives and have an opportunity to complete and notarize them after class. Location: Oak Rm

Age: 18+ Register thru Aspen Club: 970.495.8565

Γ 4/21 2:00-3:30P FREE

NEW! Worldwide Extended Travel

Come learn about our NEW Worldwide Extended Travel! Get to know others interested in group travel and engage in a presentation about 2026 destinations from Collette Travel. Plus, a sneak peek of 2027 trips! **See page 51 for details. Presentation:** Thurs, Jan 15 | 1P | Cherry Rm | 198000-1



FIND YOUR FIT

Group Fitness Schedules

Available at the Chilson Recreation & Senior Center front desk and online. **See group fitness class info on page 11.** Class schedules subject to change. **Current schedule:** lovgov.org/FitnessWellness

Group Fitness Classes

Drop in for individual classes and use your Chilson pass (including SilverSneakers® or Renew Active passes) or pay the daily fee.

Enjoy a variety of classes including:

Better Balance, Cardio Power, Stability & Core, Zumba Gold®, SS Classic, SS Yoga, SS Circuit, Body Blast, Aqua Fitness, Aqua EzFlow, Aqua HIIT, Aqua Zumba® and River Walking. Get in here!

Want to come and just swim laps?

Swim laps any day of the week! Guarantee your lane is available by making an appointment for lanes 1–3 at lovgov.org/WebTrac or drop in for lanes 4–8.

Senior Activity Card (SAC) Benefits! ◆

Benefit #1 Registration priority for day trips

Benefit #2 Discounted fees for day trips

Benefit #3 Reduced admission to community dances

Anyone age 62+ can purchase a card. The SAC is \$20 per person and is valid for one year from the purchase date. Please refer to listings denoted by this symbol: ◆ for discounted rates.

Spa Services for All Ages

Call providers directly to schedule an appointment.

Therapeutic Massage

Joyce Meis, LMT: 970.691.3441

Schedule a 30-min, 60-min or 90-min massage in private massage room. Gift certificates available.

Medically Based Foot Care

Patti Krkosa: 720.442.2615 1st & 3rd Thursday, 8:30A–4:00P

CLUBS | ACTIVITIES

Card Games, Golden Age Card Club

Mon | 1–4P | Cherry Rm | Donation **Contact:** Susan Levine, 954.802.7212

Chilson Senior Advisory Committee

3rd Tues of month | 1–2:30P | Senior Center

Contact: 970.962.2336

Fishing Club

3rd Tues of month | 2–4P | Cherry Rm | FREE Contact: FishingClubLoveland@gmail.com

National Association of Retired Federal Employees (NARFE)

2nd Tues of month (**Sept–May only**), 1:30P **Contact:** Richard Bacon, 970.744.0439

DROP-IN ACTIVITIES

Drop-In Billiards

Mon-Fri | 8A-4:30P | Donation

Drop-In Open Chess Challenge

Mon, Wed, Fri | 1-4:30P | FREE

Drop-In Table Tennis

Mon, Wed, Thurs | 1:30-4P | Donation

Drop-In Open Mahjong

Thurs | 1-3P | Chilson daily fee

NUTRITION | HEALTH

VOA Senior Community Lunch

By reservation only; call 970.472.9630, ext. 1

Fee: \$3 suggested donation

In Person Dining & Meal Pick-Up:

Mon, Tues, Thurs, Fri 11:45A-12:15P

UCHealth Blood Pressure Checks

No appointments necessary for a FREE blood pressure check performed by UCHealth Community Health Improvement RN, Linda Strauss. Discussion about healthy lifestyle and general blood pressure info is also available. Location: Chilson Lobby **Dates:** Mondays 1/26, 2/23, 3/23, 4/27, 5/18

Time: 9:00A-1:00P

See page 46 for health & wellness classes!

SCHOLARSHIPS | DONATIONS

Senior Scholarship Program

If you are in need of financial assistance, scholarship funds are available for most active generation, fitness, health, wellness, adult enrichment, outdoor recreation, art and cooking programs listed in the Loveland Activity Guide. You must be 62 or older and live within the City of Loveland boundaries. Scholarships are granted on a funds-available basis and are provided through the Chilson Senior Advisory Committee.

More Info: 970.962.2783

Donate in Someone's Memory

Honor the memory of someone special with a donation in remembrance to the Chilson Senior Center. This donation offers a way to carry on your loved one's positive legacy. Your gift allows others to enjoy recreation programs through our scholarship program and provides funds to purchase equipment and supplies for the Senior Center.

SPECIAL EVENTS

Bingo Min/Max: 20/70

Get out and play Bingo at Chilson. FUN prizes! Register in person at the Senior Center front desk

or online. Location: Cherry Rm

Age: 55+

F	1/16	1:00-3:00P	\$4	195030-1
F	2/13	1:00-3:00P	\$4	195030-2
F	3/27	1:00-3:00P	\$4	195030-3
F	4/24	1:00-3:00P	\$4	195030-4
F	5/8	1:00-3:00P	\$4	195030-5

St. Patrick's Day Luncheon

Celebrate St. Patrick's Day with corn beef, cabbage and Irish step dancers (TBD). Bring a non-perishable food donation for the House of Neighborly Service. Reservations taken from 2/1 until 3/10 or until event reaches full capacity by calling Volunteers of America (VOA) at 970.472.9630.

Age: 60+

F 3/13 11:45A-1:00P \$3 suggested donation

Pancake Breakfast & Plant Sale

Good eats, great plants! Breakfast tickets on sale at the Senior Center front desk beginning 3/2 (Adults \$10) or pay at the door (Adults \$12). Children 12 & under: \$5. See more info on page 5.

Sa 4/11 8:00-11:00A FREE to browse

HEALTH & WELLNESS

UCHealth/Aspen Club Balance Screenings

These FREE screenings, performed by physical or occupational therapists, assess your fall risk, using evidence-based tools and protocols. Balance and fall prevention strategies, programs and resources are shared based on your results. Location: Oak Rm

Age: 50+ Register thru Aspen Club: 970.495.8565 Dates: Wednesdays 1/14, 2/11, 3/11, 4/8, 5/13

Time: 9:00A-12:00P

Aging Gracefully: Adapting to Change

Aging brings many changes - transitions in work, family, health and new opportunities. How do we find meaning and purpose through them? This class offers perspectives, discussion and storytelling to explore mindset and making the most of later life. Min/Max: 6/50 Location: Cherry Rm

Age: 50+ Register thru Aspen Club: 970.495.8565

Th 1/22 10:00-11:00A FREE

Mindful Moments with Your Canine Friend

Mindful dog walking and canine massage can boost physical and mental well-being. Join Reiki Master and Canine Massage Therapist Lorye McLeod to learn how mindful moments with your dog strengthen your bond. Please leave your dog at home for this educational session. Min/Max: 6/30 Location: Oak Rm

Age: 50+ Register thru Aspen Club: 970.495.8565

F 2/13 1:00-2:30P FREE

HomeShare Info Session Min/Max: 1/20 This program focuses on Neighbor to Neighbor's HomeShare program, designed for anyone interested in participating. It connects home providers - homeowners or renters with landlord approval who have a room available - with home seekers, adults 18 and older looking to rent a room. Location: Oak Rm Age: 55+

F 2/27 2:00-3:00P FREE 191383-1

Shine a Light on Improved Health: Light Therapy for Seniors Min/Max: 3/30

Learn how light and laser therapies can ease common senior ailments. See a live demonstration of red light and Class IV laser treatments that reduce inflammation and promote healing for neuropathy, shoulder, knee, and back pain - offering a non-invasive, drug-free path to better health and mobility. Location: Oak Rm Instructor: Dr. Jeremy Overholt, DC

Age: 55+

W 3/4 10:30-11:30A FREE 191203-1

Grounding Techniques for Optimism and Stability Min/Max: 6/50

Enjoy guided mindfulness practices to connect with your inner calm and positivity. Learn ways to calm the nervous system and to self-regulate during times of uncertainty or stress. Instructor: Deanna O'Connell, UCHealth registered dietitian/mindfulness practitioner. Location: Cherry Rm

Age: 50+ Register thru Aspen Club: 970.495.8565

W 3/4 2:00-3:30P FREE

Basics of Parkinson's Min/Max: 6/30

Join Kristi Martin, Community Outreach Coordinator for the Parkinson Association of the Rockies, to explore Parkinson's Disease - its causes, symptoms, and impacts - and learn strategies for thriving, along with how the Association supports those living with the condition. Location: Oak Rm

Age: 50+ Register thru Aspen Club: 970.495.8565

M 3/9 2:00-3:00P FREE

Death Over Doughnuts Min/Max: 4/15

This isn't a murder mystery game or a grief support group. It's a chance to gather in a safe, welcoming space and talk openly about death - an experience that touches us all. Doughnuts will be provided, as we invite death into the conversation and consider how to live more fully. Location: Cherry Rm

Age: 50+ Register thru Aspen Club: 970.495.8565

Th 3/12 10:00-11:30A FREE

Memory Maintenance for Normal Aging

This FUN, interactive class focuses on teaching evidence-based memory-enhancing techniques and practical strategies to boost memory function. The class is geared toward mild age-related memory challenges. Min/Max: 5/50 Location: Party Rm

Age: 50+ Register thru Aspen Club: 970.495.8565

F 4/17 9:00A-12:00P FREE

Mortgage Options for Seniors Min/Max: 3/30 Many older adults feel trapped by debt or limited options in retirement. This program below them.

options in retirement. This program helps them discover how to use their assets - especially the value in their home - to reduce debt, travel, make home improvements or even purchase a new car. Learn how to turn your home's equity into greater freedom and peace of mind. Location: Oak Rm

Age: 55+

T 5/5 10:00-11:00A FREE 295007-1

UPCOMING 2026 TRIPS

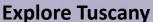


Tropical Costa Rica

February 16-February 24, 2026 (9 days) gateway.gocollette.com/link/1354687



April 27—May 3, 2026 (7 days)
gateway.gocollette.com/link/1354676



June 9–June 17, 2026 (9 days)
gateway.gocollette.com/link/1354816

Spotlight on the French Riviera

October 22-October 30, 2026 (9 days) gateway.gocollette.com/link/1354686

Discover Enchanting Christmas Markets of Germany, Switzerland & France

December 4—December 12, 2026 (9 days) gateway.gocollette.com/link/1354680













FOR MORE INFO: Visit the Chilson Senior Center front desk or online at lovgov.org/SeniorCenter



NEW DATES!

DAY TRIP REGISTRATION

- Senior Activity Card (SAC) holders have priority registration for day trips.
 In-Person SAC Priority Registration:
 Tues, 12/2-Tues, 12/9 beginning at 8:30A
 Online SAC Priority Registration
 Register online beginning Mon, 12/1 at 6P at lovgov.org/WebTrac (limited spots available online).
- Anyone age 62+ can purchase a SAC. The card is \$20 per person and is valid for one year from the purchase date. See page 44.
- Trip registrations open to all participants age 18+ (unless otherwise noted) on Wed, 12/10.
- Participants are transported in City van or motor coach from the Senior Center; check-in required 15 min prior to departure in the senior lobby.
- Trip cancellations or refunds may be granted pending circumstances of the trip. See page 58 for policies; call 970.962.2336 w/questions.
- Participants must advise staff of any special accommodation at the time of registration; if a wheelchair or walker is needed, please call 970.962.2464 to inquire if the trip is accessible.

Lunch/Dinner Bunch Trips ◆ Min/Max: 10/14 Explore new dining experiences in Northern Colorado each month. **Meal cost on your own for \$16–30.**

Capi	ese Tra	attoria (Longmor	nt)		
Day	Date	Time	Fee	SAC	Trip #
Т	1/6	11:30A-2:30P	\$28	\$26	193000-1
Dave	's BBC	(Thornton)			
Day	Date	Time	Fee	SAC	Trip #
Т	2/10	11:00A-3:00P	\$30	\$28	193000-2
Red	Cedar	Bistro (Longmor	nt)		
Day	Date	Time	Fee	SAC	Trip #
Τ	3/3	11:30A-2:30P	\$28	\$26	193000-3
John	ny's Ita	alian Steakhous	e (Tho	rnton)	
Day	Date	Time	Fee	SAC	Trip #
F	4/17	11:00A-3:00P	\$30	\$28	193000-4
Rosa	ario's (L	ongmont)			
Day	Date	Time	Fee	SAC	Trip #
Т	5/5	11:30A-2:30P	\$28	\$26	193000-5

Stay Informed on all things happening with Loveland Parks & Recreation. Sign up for our e-newsletter: lovgov.org/ParksRecreation

Colorado Eagles Hockey ◆ Min/Max: 10/14 Enjoy the high energy of the Colorado Eagles as they battle it out on the ice! Prior to the game enjoy dinner at a local restaurant near the event center (cost on your own for \$16–22). Destination: Johnstown

Day	Date	Time	Fee	SAC	Trip #
F	1/9	4:30-10:00P	\$57	\$55	193001-1
F	4/10	4:30-10:00P	\$57	\$55	193001-2

Watercolor Class - Sylvan Dale Ranch ◆

Whether you are an experienced painter or want to try your hand at watercolor this may the opportunity you've been waiting for! All supplies are included and our instructor will give us a step by step instruction as needed throughout the class. Afterwards, enjoy lunch at Mariana Butte (cost on your own for \$16–22).

Min/Max: 7/7 Destination: Loveland

Day	Date	Time	Fee	SAC	Trip#
M	1/12	9:30A-2:00P	\$72	\$70	193002-1

Motones & Jerseys: In Concert | Candlelight Dinner Theatre ◆

11:15A-4:45P

Join the Motones and the Jerseys for an evening of 60s song, dance and audience interaction. Featuring songs from beloved artists like Marvin Gaye, Frankie Valli and the Four Seasons, The Temptations, The Beach Boys, Steve Wonder, The Beatles, Tina Turner and more. In a playful back and forth, the groups engage in a friendly and spirited sing-off that engages each audience member with the power to vote for their favorite group each and every performance. Fee includes lunch, show, tax & gratuity (alcoholic beverages & dessert are extra plus tax/gratuity on theses items). Min/Max: 14/28 Destination: Johnstown Day Date Time Fee SAC Trip#

\$115 \$113 193003-1

New Belgium Brewery Tour ♠ Min/Max: 14/28 Put on your walking shoes for this private production tour of the New Belgium Brewery. Enjoy a 90-minute (1.5-mile) guided tour through the brewery's history hallway, brewhouse, fermentation area, wood cellar, and canning/bottling facilities. You will taste 3–4 beer samples along the way! Afterwards, enjoy lunch at Penrose Taphouse & Eatery (cost on your own for \$16–22). Destination: Fort Collins

Age: 21+

Sa

1/17

Day Date Time Fee SAC Trip#
T 1/20 11:30A-5:00P \$49 \$47 193004-1

Receive discounts on trips and dances offered at the Senior Center and also receive priority day trip registration!
See page 44 for all the details.

The Simon & Garfunkel Story |

Buell Theatre ◆ Min/Max: 24/36

The Simon & Garfunkel Story traces the duo's journey from their early days as Tom & Jerry to 60s superstardom, their 1970 split and their 1981 Concert in Central Park reunion. Featuring a live band performing nearly 30 hits - including "Mrs. Robinson," "Cecilia" and "Bridge Over Troubled Water" - the show combines music with video, photos and original film footage. There is no meal included, please feel free to bring snacks or a brown bag lunch to enjoy on the motor coach to the Buell. Destination: Denver

 Day
 Date
 Time
 Fee
 SAC
 Trip #

 Sa
 1/24
 12:15-5:30P
 \$115
 \$113
 193005-1

Vortic Watch Company Tour ◆

Ever wonder what to do with your antique heirloom pocket watch? Join us as we tour the Vortic Watch Company and learn how this high-end wristwatch engineering and manufacturing company based in Fort Collins restores and preserves beautiful time pieces in a functional way. Watches are a piece of history, each telling its own lively tale from the past. Come learn more about the history of Vortic and their journey. Prior to the tour enjoy lunch at *Austin's American Grill* (cost on your own for \$16–22). Min/Max: 10/14 Destination: Fort Collins

Day Date Time Fee SAC Trip# Т 1/27 11:15A-4:15P \$33 \$31 193006-1 2/17 11:15A-4:15P \$33 \$31 193006-2

Breckenridge Snow Sculpture Show ◆

Board a comfortable motor coach to travel to beautiful downtown Breckenridge and attend the annual International Snow Sculpture Championships! Besides the sculptures, enjoy lunch at one of the many restaurants (cost on your own for \$18–25), with an opportunity to shop and ride a FREE gondola. This is a snowy, high altitude environment, so dress warmly and wear high traction shoes/boots.

Min/Max: 24/36 Destination: Breckenridge

 Day
 Date
 Time
 Fee
 SAC
 Trip #

 Th
 1/29
 7:30A-4:45P
 \$89
 \$87
 193007-1

EXPLORE.
GIVE BACK.
VOLUNTEER.

Parks & Recreation volunteers are crucial to our SUCCESS!

Visit <u>lovgov.org/Volunteer</u> for opportunities!

Larimer County Humane Society Tour ◆

Take a 45-minute tour of the Larimer County Humane Society right here in our very own backyard. Meet the dedicated staff and volunteers who keep the Humane Society running - and, of course, spend time with the dogs and cats waiting for their forever homes. Bring ear plugs if you are sensitive to loud noise as we will enter the kennels to view the animals. After the tour, enjoy lunch at *Serious Texas BBQ* (cost on your own for \$16–22). Min/Max: 10/14 Destination: Loveland

	- ,				
Day	Date	Time	Fee	SAC	Trip #
Th	2/5	10:00A-2:00P	\$30	\$28	193008-1
Th	3/26	10:00A-2:00P	\$30	\$28	193008-2

Art Castings of Colorado Tours

Since its founding in 1972, Art Castings of Colorado has grown into one of the foremost art foundries in the nation. Tour the 25,000 square-foot facility where talented artisans cast their sculptures. If you have wondered how the beautiful sculptures you see dotting our community are created, this is your opportunity to learn more! Following our tour, enjoy lunch downtown at *Henry's Pub* (cost on your own for \$18–25). Min/Max: 7/7 Destination: Loveland

Day Date Time Fee SAC Trip# Th 2/12 9:00A-1:30P \$42 \$40 193009-1 Th 3/12 9:00A-1:30P \$42 \$40 193009-2

Swiss Flower High Tea ◆ Min/Max: 10/14
You won't want to miss this high tea experience at
Swiss Flower & Gift. Enjoy a variety of homemade
scones, quiche, salads, sandwiches, decadent
desserts - and, of course, an assortment of teas! You'll
have an opportunity to shop at the Swiss Flower gift
shop following the tea time. Destination: Wheatridge
Day Date Time Fee SAC Trip #
Th 2/19 10:30A-3:30P \$112 \$110 193010-1

Brooklyn Laundry | Boulder Ensemble Theatre Company ◆ Min/Max: 14/28

From the Oscar-winning, Tony-winning, Pulitzer-winning writer of *Moonstruck* and *Doubt* comes *Brooklyn Laundry*, a new play about three sisters, a guy who operates a laundromat and the random tricks life plays on them for better or worse. Tragic and funny, this deeply romantic story will remind you what is important in life and the sorrow and joy of fully embracing adulthood. Following the performance, enjoy dinner at *Pinnochio's* (cost on your own for \$18–25). Destination: Grace Gramm Theatre/

 Day
 Date
 Time
 Fee
 SAC
 Trip #

 Su
 2/22
 12:30-6:30P
 \$70
 \$68
 193011-1

Step Afrika! | Union Colony Civic Center •

Experience Step Afrika! - the first professional dance company dedicated to the tradition of stepping. The show blends African and African American percussive dance into performances filled with rhythm, story telling and audience participation. The company has toured more than 60 countries across the globe and ranks as one of the top 10 African American Dance Companies in the U.S. Prior to the performance enjoy dinner at Austin's American Grill (cost on your own for \$18-25). Min/Max: 14/28 Destination: Greelev Day Date Time SAC Fee Trip# 2/27 4:15-10:15P \$74 \$72 193012-1

Comedy Brewers | Bas Bleu Theatre ◆

You are in for a night of family friendly laughter with the improv comedians at the Bas Bleu Theatre in downtown Fort Collins. This comedy team delivers hysterical improvisation while incorporating FUN-filled audience participation. Prior to the performance, enjoy dinner at Ginger & Baker (cost on your own for \$18-25). Min/Max: 10/14 Destination: Fort Collins Day Date Time Fee SAC Trip# 193013-1 3/8 4:00-9:00P Su \$44 \$42

Phantom of the Opera | Buell Theatre

The Phantom of the Opera is one of the most spectacular productions in history. Andrew Lloyd Webber's haunting, romantic score includes "The Music of the Night," "Wishing You Were Somehow Here Again" and the iconic title song. The story follows a disfigured musical genius - the Phantom - who haunts the Paris Opera House and becomes obsessed with the talented young soprano, Christine. There is no meal included, please feel free to brings snacks or a brown bag lunch to enjoy on the motor coach as we travel to the Buell. Min/Max: 24/36 Destination: Denver

 Day
 Date
 Time
 Fee
 SAC
 Trip #

 Th
 3/19
 12:15-6:15P
 \$155
 \$153
 193014-1

Mines Museum of Earth & Science ◆

This museum serves as the state repository for Colorado's mineral heritage and showcases the most extensive public collection of minerals from Colorado. Led by students of the Colorado School of Mines, tour the museum and hear about collections ranging from the Apollo 17 mission, Arthur Lakes, the Bureau of Mines in the 1890's and much more. Afterwards. enjoy lunch on your own in downtown Golden at one of the many restaurants (cost on your own for \$16-22). Min/Max: 14/28 Destination: Golden Day Date SAC Trip# \$39 3/24 10:30A-4:15P \$41 193015-1

Horse Palace, Swan Ranch Casino •

Hop aboard our comfortable vans for a ride to the Swan Ranch Casino just across the border in Wyoming! Enjoy slots and horse betting. Upon your arrival, receive a \$15 FREE play and coupon to *Dunkin' Donuts*. Enjoy lunch onsite at *The Steakhouse* (cost on your own for \$16–22). Min/Max: 14/28 Destination: Cheyenne

Age: 21+

 Day
 Date
 Time
 Fee
 SAC
 Trip #

 T
 4/7
 9:00A-4:00P
 \$33
 \$31
 193016-1

Come From Away | Arvada Center ◆

Based on an extraordinary true story, *Come From Away* tells how the small town of Gander, Newfoundland, welcomed the world when 38 planes were diverted to its airstrip on September 11, 2001. Undaunted by culture clashes and language barriers, the people of Gander embraced the stranded travelers with music, an open bar and a heartwarming reminder that we are all part of a global family. There is no meal included, please feel free to brings snacks or a brown bag lunch to enjoy on the motor coach (there is a bar and snacks at Arvada Center).

Min/Max: 20/30 Destination: Arvada

 Day
 Date
 Time
 Fee
 SAC
 Trip #

 W
 4/15
 11:30A-4:15P
 \$95
 \$93
 193017

Rocky Mountain Raptors Tour ◆

The Rocky Mountain Raptor Program (RMRP) inspires the protection and conservation of raptors and the environment through excellence in rehab, education and research. A private tour of the facility gives an exclusive behind-the-scenes look at the RMRP, where you'll meet some raptors and hear about the community-based team of raptor rehabilitation experts from CSU. Following our tour, enjoy lunch at *The Olive Garden* (cost on your own, for \$16–22). Min/Max: 10/14 Destination: Fort Collins

Day Date Time Fee SAC Trip# Μ 4/20 9:00A-2:00P \$50 \$48 193018-1 M 4/27 9:00A-2:00P \$50 \$48 193018-2

Denver Fire Fighters Museum Tour ◆

Take a private tour of the Denver Fire Fighters Museum which exists to preserve the history of the Denver Fire Department and firefighting through the collection and preservation of artifacts, documents and photographs. Following the tour, enjoy lunch at *PF Chang's* (cost on your own for \$16–22).

Min/Max: 14/28 Destination: Denver

 Day
 Date
 Time
 Fee
 SAC
 Trip #

 Th
 4/23
 8:30A-2:30P
 \$47
 \$45
 193019-1

Morning Fresh Dairy Tour ◆

Learn about the history of the Morning Fresh Dairy farm and family, as well as Pleasant Valley's historic schoolhouse on this 90-minute tour. View the Dairy-Go-Round, walk through the bottling plant, pet the adorable calves and sample some delicious Morning Fresh Dairy milk and yummy Noosa yoghurt. You will walk approximately 1 mile and navigate stairs on this tour, so please wear good walking shoes. Afterwards, enjoy lunch at *Vern's* (cost on your own for \$16–22). Min/Max: 10/14 Destination: Bellvue

Day	Date	Time	Fee	SAC	Trip #
Th	4/30	9:15A-2:15P	\$39	\$37	193020-1
Th	5/28	9:15A-2:15P	\$39	\$37	193020-2

Nederland Carousel, Lunch & Shop ◆

Spring is in the air and it's time to head to the mountains to enjoy a day of visiting the historic Carousel of Happiness, shopping in the quaint Nederland Village and eating lunch at one of the many restaurants (lunch cost on your own for \$16-22). Min/Max: 14/28 Destination: Nederland Day Date Time Fee SAC Trip# Μ 5/11 9:00A-2:30P \$35 \$33 193021-1

MJ The Musical | Buell Theatre ◆

MJ The Musical the Tony Award-winning musical is back! This show goes beyond the singular moves and signature sounds of Michael Jackson, offering a rare look at the creative mind and collaborative spirit that catapulted him into legendary status. There is no meal included, please feel free to brings snacks or a brown bag lunch. Min/Max: 20/23

Destination: Denver

 Day
 Date
 Time
 Fee
 SAC
 Trip #

 Th
 5/14
 12:15-6:15P
 \$135
 \$133
 193022-1

Buckhorn Llama Company Tour •

Buckhorn Llama Company raises llamas and sells quality products in their ranch store - bring some extra cash, as you may want a souvenir after the tour. Following the visit, enjoy lunch at the *Horsetooth Tavern Restaurant* (cost on your own for \$16–22). Min/Max: 14/28 Destination: Masonville

 Day
 Date
 Time
 Fee
 SAC
 Trip #

 T
 5/19
 9:30A-3:00P
 \$39
 \$37
 193023-1

Flatiron Trailhead Hike ♠ Min/Max: 10/13 Lace up your hiking shoes for an easy 1–2 mile stroll through wildflower-filled meadows. Wear good shoes and a lightweight coat, and bring lunch, water, snacks and hiking poles (if needed). Destination: Boulder

 Day
 Date
 Time
 Fee
 SAC
 Trip #

 Th
 5/21
 8:00A-1:30P
 \$38
 \$36
 193024-1

Colorado State Capital Tour •

Join us for a 1-hour walking tour of the Colorado State Capitol, including the dome! See the offices of the Governor, Lieutenant Governor, Treasurer, and the Colorado General Assembly - please wear comfortable walking shoes. Following the tour, enjoy lunch at the Denver Milk Market (cost on your own for \$16-22). Min/Max: 14/28 Destination: Denver Day Date SAC Trip# Fee Т 5/26 9:00A-3:00P 193025-1 \$37 \$35

NEW! EXTENDED TRAVEL

Worldwide Extended Travel

Come learn about our NEW Worldwide Extended Travel! Get to know others interested in group travel and engage in a presentation about 2026 destinations from Collette Travel. Plus, a sneak peek of 2017 trips! Walk-ins are welcome, however pre-registration is suggested. The presentation is in person only.

Presentation: Thurs, 1/15 | 1P | Cherry | 198000-1

Spotlight on the French Riviera

Oct 22-Oct 30, 2026 • 9 Days • 12 Meals

Highlights: Nice Flower Market, Tasting Tour in Old Town of Nice, Monaco, Hilltop Village of Éze, Perfumery Workshop, Saint-Jean-Cap-Ferrat, Cannes, Wine Tasting, St. Paul de Vence.

Register by 4/23/26

More Info: gateway.gocollette.com/link/1354686

Discover Enchanting Christmas Markets

Dec 4-Dec 12, 2026 • 9 Days • 11 Meals

Highlights: Christmas Markets of Six European Cities and Towns, Regensburg (UNESCO), Rothenburg ob der Tauber & German Christmas Museum, Freiburg, "Petite France" of Strasbourg, Colmar, Lake Lucerne Scenic Cruise

Register by 6/5/26

More Info: gateway.gocollette.com/link/1354680

Upcoming 2027 Trips:

Sunny Portugal Discovery

Feb 21–March 2, 2027 • 10 days • 13 meals **More Info:** gateway.gocollette.com/link/1377805

 Discover Rome, Sorrento & the Amalfi Coast

April 20-April 28, 2027 • 9 days • 11 meals **More Info:** gateway.gocollette.com/link/1377746

Watch for more trips coming in 2027!



GOLF INSTRUCTION WITH JJGA

8-Week Preseason Golf Programs .

Get an early start on improving your golf game with this structured 8-week training series. Each weekly session includes dedicated putting instruction and full-swing practice using professional FullSwing Launch Monitors. Focus on wedge play, distance control and shot accuracy through targeted drills, with a large portion of launch-monitor time customized to individual skill goals. Location: Loveland Athletic Club, 1000 S. Lincoln Ave.

Junior	Age: 10-17	Fee: \$280	
Т	1/6-2/24	4:10-5:10P	Loveland Athletic Club
Th	1/8-2/26	5:20-6:20P	Loveland Athletic Club
F	1/9-2/27	4:10-5:10P	Loveland Athletic Club
Ladios	Age: 18+	Fee: \$280	
Laules	Age. 10T	ι ee. ψ200	
W	1/7-2/25	5:20-6:20P	Loveland Athletic Club
Adult	Age: 18+	Fee: \$280	
W	1/7-2/25	4:10-5:10P	Loveland Athletic Club
W	1/7-2/25	6:30-7:30P	Loveland Athletic Club
Th	1/8-2/26	4:10-5:10P	Loveland Athletic Club
F	1/9-2/27	5:20-6:20P	Loveland Athletic Club

Details & Registration: <u>JaxJonesGolfAcademy.com</u>

8-Week Golf Strength & Conditioning *

Powered by Titleist Performance Institute (TPI), this 8-week program helps you build strength, enhance mobility and perform your best both on and off the course. Receive a comprehensive TPI mobility screening, an individualized four-day-per-week workout plan and eight one-hour guided training sessions. The curriculum targets overall athletic development while addressing each golfer's specific mobility needs to promote a stronger, more efficient swing and improved daily movement.

Location: Loveland Athletic Club, 1000 S. Lincoln Ave.

Junior	Age: 10-17	Fee: \$240	
Т	1/6-2/24	5:20-6:20P	Loveland Athletic Club
Th	1/8-2/26	6:30-7:30P	Loveland Athletic Club
Adult	Age: 18+	Fee: \$240	
Adult T	Age: 18+ 1/6-2/24	Fee: \$240 6:30-7:30P	Loveland Athletic Club

All fitness and preseason programs are designed to be taken together. Register for multiple classes within the same semester and receive a complimentary private lesson, redeemable with any JJGA instructor.

Swing Speed Training *

Increase your swing speed and power with this focused 8-week program. Attend eight 90-minute sessions featuring speed-stick drills, golf-club swings and targeted physical exercises to build stability and explosive strength. Each enrollee receives a personal set of speed sticks (\$200 value) to continue training at home and sustain progress beyond the course.

Location: Loveland Athletic Club, 1000 S. Lincoln Ave.

Junior Age: 10-17 Fee: \$500

Sa 1/10-2/28 10:00-11:30A Loveland Athletic Club

Adult Age: 18+ Fee: \$500

Sa 1/10-2/28 12:00-1:30P Loveland Athletic Club

PGA Junior League *

PGA Junior League is shifting the way youth golf is learned and played, including the adoption of league play, team golf and scoring with flags and points. Over eight weeks, there are eight instructed practice sessions and four 9-hole competitions played on Saturdays. Players may also be eligible for the championship season (July/August) depending upon participation and performance! All-Star season consists of one extra practice per week for selected players and one or more competitive events played against other teams from across the state! More info provided at season orientation. **Match Dates:** 3/28, 4,11, 4/25, 5/9

Junior	Age: 10-17	Fee: \$400 + \$110 kit
14/	0/40 5/0	4.45.5.450

W	3/18-5/9	4:15-5:15P	Olde Course
W	3/18-5/9	5:30-6:30P	Olde Course
W	3/18-5/9	4:15-5:15P	Mariana Butte
W	3/18-5/9	5:30-6:30P	Mariana Butte

Operation 36[©] ❖

Operation 36° is an 8-week program based off of two fundamentals: playing golf and developing skills. It is the perfect development program for all beginners and intermediate players. Over eight weeks there are eight instructed practice sessions and four 9-hole events played biweekly on Saturday afternoons. This program is designed to help you set clear goals and achieve them through continuous improvement! **9-hole Event Dates:** 3/28, 4,11, 4/25, 5/9

Junior	Fee:	\$360
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Age: 6-11	Т	3/17-5/9	4:15-5:15P	Cattail Creek		
Age: 12-17	Т	3/17-5/9	5:30-6:30P	Cattail Creek		
Ladies Fee: \$360						
Age: 18+	Th	3/19-5/9	5:30-6:30P	Cattail Creek		
Age: 18+	F	3/20-5/9	3:00-4:00P	The Olde Course		
Adult Fee: \$360						
Age: 18+	Th	3/19-5/9	4:15-5:15P	Cattail Creek		
Age: 18+	F	3/20-5/9	4:15-5:15P	The Olde Course		
Elite Fee: \$360						
Age: 18+	F	3/20-5/9	5:30-6:30P	The Olde Course		

DCP Prep Academy ❖

DCP stands for Drive, Chip & Putt. This academy is for juniors of all skill levels looking to fine tune their skills prior to competing in a Drive, Chip & Putt qualifier. Attend four clinics with each class focused on a different aspect and ending with a mock competition. In 2025, two JJGA Juniors earned medalist honors at local qualifying. Four players qualified and one player reached regional qualifying (the final stage before heading to Augusta National).

Junior Age: 7–15 Fee: \$100

Th 4/23-5/14 6:45-7:45P Cattail Creek

Private Lessons *

Individual private lessons are 50 minutes long and cover any skill you would like to improve. Whether it is short game, full swing, course management or all of the above, we have you covered! Lessons are available at all City of Loveland golf courses and indoors at Loveland Athletic Club. Video and swing analysis included. Junior lessons, small groups and lesson packages are also available.

Fee: \$100 Register: JaxJonesGolfAcademy.com

TPI Screening *

TPI Screenings are 60 minutes long and will put you through a full body mobility screen as well as a fitness/power assessment! Every screening includes two fully customized workouts that address mobility limitations and strength. Better understand how your body works and take your game to the next level!

Fee: \$100 Register: <u>JaxJonesGolfAcademy.com</u>

Tee Off For Kids Golf Tournament

Golfers! The Loveland Parks & Recreation Foundation invites you to play this tournament where ALL proceeds benefit youth recreation scholarships! The format is a two-person team with a 7:30A shotgun start and includes 18-holes, cart, prizes and lunch. **Registrations accepted through May 17 only.** Location: Mariana Butte Golf Course, 701 Clubhouse Dr.

Info: Info@LovelandPRFoundation.org **Register:** LovelandPRFoundation.org

F 6/5 \$300 per team (Early Bird fee thru 5/9)

\$320 per team (Fee after 5/9)

GIFT CERTIFICATES

Give the gift of golf! Gift certificates and merchandise can be purchased from the pro shops at all Loveland golf courses or online at **GolfLoveland.com**

GOLF COURSE LOCATIONS

Cattail Creek 2116 W. 29th St. | 970.663.5310

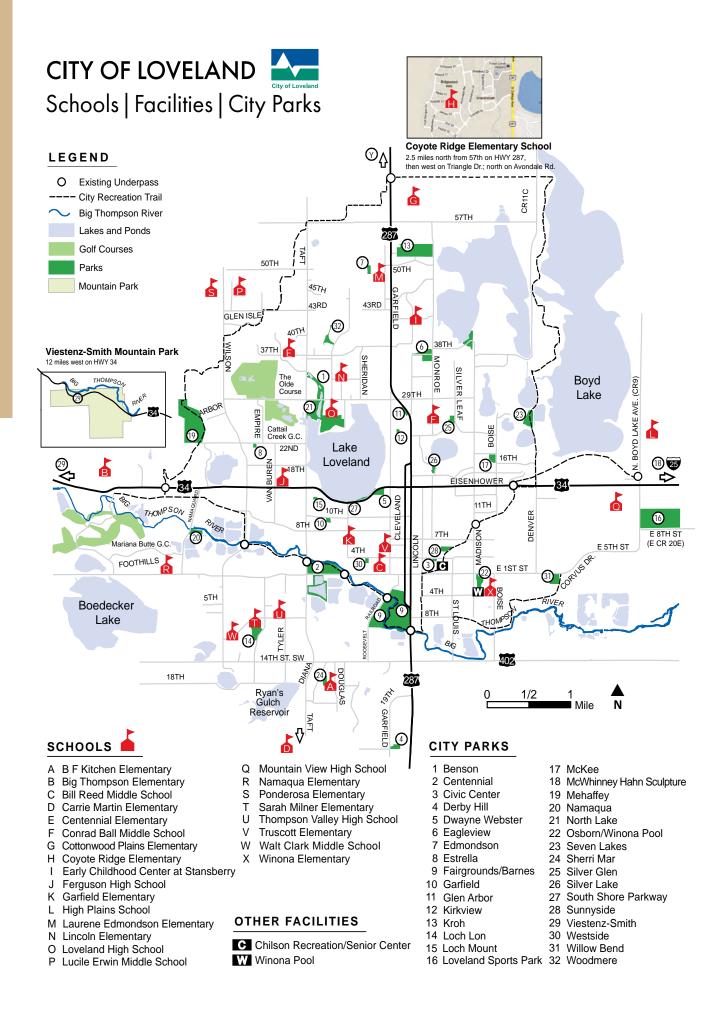
Mariana Butte 701 Clubhouse Dr. | 970.667.8308

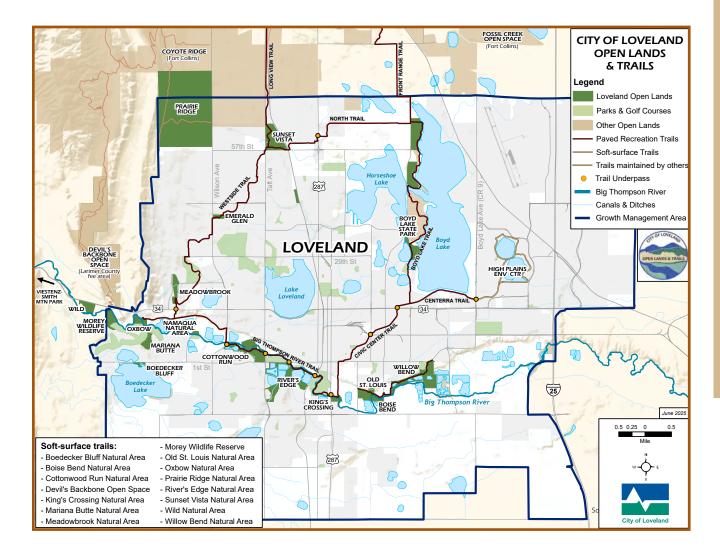
The Olde Course 2115 W. 29th St. | 970.667.5256

Loveland golf courses are open year-round. Bring your swing and get out on the course!

Contact us for current rates, online tee times, course updates and more.

VISIT: GolfLoveland.com





OPEN LANDS & TRAILS RULES & REGULATIONS Detailed Rules: lovgov.org/OpenLands

Hours of operation are from 6:00A–10:30P, with the exception of the following sites, open sunrise to sunset: Morey Wildlife Reserve, Mariana Butte Trails, Prairie Ridge Natural Area, Wild Natural Area, Willow Bend Natural Area and Viestenz-Smith Mountain Park. Overnight parking or camping is prohibited in open lands and trails. Trails are open for non-motorized use only!

Bicycling is permitted on designated trails only. Bicycles are not permitted at Morey Wildlife Reserve or Mariana Butte Trails. Type I and II e-bikes are permitted on all trails where bicyclists are allowed, except Prairie Ridge Natural Area. Bicyclists yield to other trail users.

Pets must be leashed and under human control at all times. Owners must pick up and remove pet waste. Pets are not permitted at Morey Wildlife Reserve or Prairie Ridge Natural Area.

Fishing is regulated by Colorado State Regulations. Site-specific regulations apply. All anglers age 16 and older are required to have a Colorado Fishing License.

Horses are not permitted on City of Loveland Open Lands & Trails, with the exception of Prairie Ridge Natural Area (accessible from Coyote Ridge Natural Area).

Motorized Vehicles are prohibited on trails and all areas outside of established streets and parking areas.

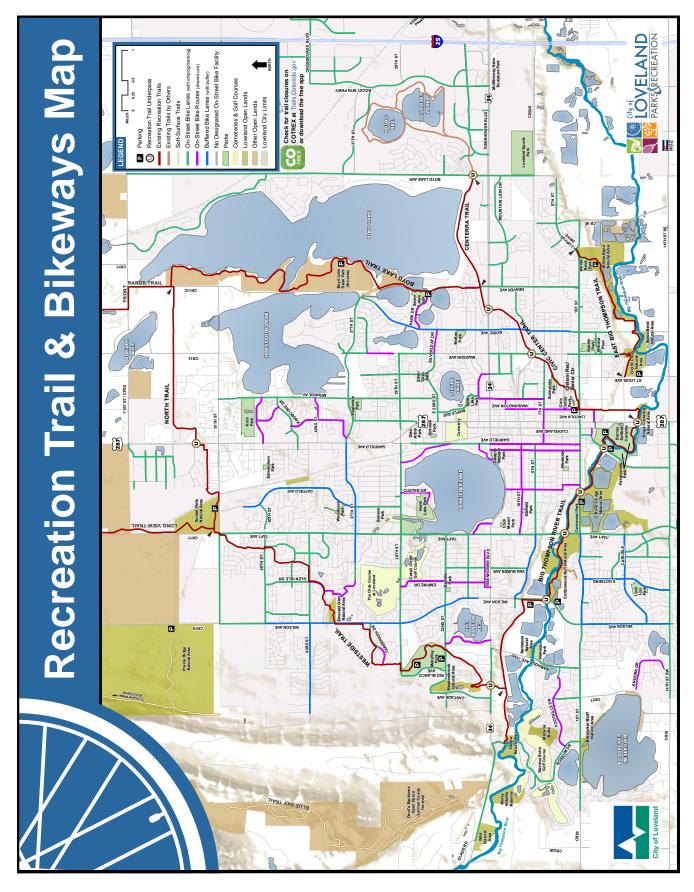
Alcoholic Beverages are not permitted. Glass containers and bottles are prohibited.

Fire Discharge or use of firearms, projectiles or fireworks is prohibited. No open fires or flames.

Trail Etiquette

- Loveland's trails have many different types of users; please be courteous to others on the trail.
- Flow of traffic is similar to road traffic. Always ride or walk on the right side. When passing others on the trail, verbally warn them that you are passing on the left.
- Be predictable: ride or walk in a straight line avoid weaving.
- Please stay on designated trails and respect the rights of adjacent property owners.
- Bicyclists are encouraged to wear helmets and ensure their bicycles are operational and properly equipped (including reflectors and lights).

Maintenance Report maintenance concerns or vandalism to the Parks & Recreation Department at 970.962.2727.



Print this map online: lovgov.org/Trails • Check for trail closures on COTREX at Trails.Colorado.gov

HOW DO I REGISTER?

You may choose to register for activities by going ONLINE, MAILING IN your registration, or COMING IN to the Chilson Recreation & Senior Center to register in person.



WEBTRAC ONLINE REGISTRATION - BEGINS DEC 1, 6:00P*

For Enrollment Online: lovgov.org/WebTrac

*See athletics pages for specific registration dates for athletics programs

Request your Household ID number by filling out the online form: lovgov.org/WebTrac OR call 970.962.2383 or 970.962.2727.

Once logged in to WebTrac, verify/update your household information prior to registration.

Receipt: A receipt will automatically be emailed to you and is available at anytime on your WebTrac account. Please call the Chilson Center at 970.962.2383 if you'd like your receipt mailed along with any other class or activity information specific to your registration.

2

WALK-IN DROP-OFF REGISTRATION – BEGINS DEC 2, 8:30 A*

*See athletics pages for specific registration dates for athletics programs

For Walk In | Drop-Off Registration

Drop off the completed registration form **(on page 58)** along with your check or credit card information. For confirmation of registration, please include your email address. Registrations may be dropped off at the Chilson Recreation & Senior Center during the hours below.

Chilson Recreation Center

Mon–Fri 5:30A–8:30P Sa 6:00A–5:30P Su 11:00A–5:30P 700 E. Fourth St. | Loveland, CO 80537

Chilson Senior Center

Mon-Fri 8:00A-4:30P 700 E. Fourth St. | Loveland, CO 80537 970.962.2783



970.962.2386

MAIL-IN REGISTRATION - BEGINS DEC 2, 8:30 A*

Mail-In Registration

*See athletics pages for specific registration dates for athletics programs

Mail in completed registration form **(on page 58)** along with your check or credit card information and email address to the Chilson Recreation Center.

Chilson Recreation Center

700 E. Fourth St. | Loveland, CO 80537

Registrations received before the date above are held for processing on this date in the order they are received.

Notice of Non-Discrimination

The City of Loveland is committed to providing an equal opportunity for services, programs and activities and does not discriminate on the basis of disability, race, age, color, national origin, religion, sexual orientation, gender, gender identity or gender expression. For more information on non-discrimination or for translation assistance, please contact the City's Title VI Coordinator at TitleSix@CityofLoveland.org or 970.962.2372. The City will make reasonable accommodations for citizens in accordance with the Americans with Disabilities Act (ADA). For more information on ADA or accommodations, please contact the City's ADA Coordinator at ADACoordinator@CityofLoveland.org or 970.962.3319.

La Ciudad de Loveland está comprometida a proporcionar igualdad de oportunidades para los servicios, programas y actividades y no discriminar en base a discapacidad, raza, edad, color, origen nacional, religión, orientación sexual, género, identidad o expressión de género. Para más información sobre la no discriminación o para asistencia en traducción, favor contacte al Coordinador Título VI de la Ciudad al <u>TitleSix@CityofLoveland.org</u> o al 970.962.2372. La Ciudad realizará las acomodaciones razonables para los ciudadanos de acuerdo con la Ley de Discapacidades para americanos (ADA). Para más información sobre ADA o acomodaciones, favor contacte al Coordinador de ADA de la Ciudad en <u>ADACoordinator@CityofLoveland.org</u> o al 970.962.3319.

REGISTRATION POLICIES & PROCEDURES

Things To Know

- Please register at least one week prior to the first class.
 Class cancellation decisions are generally made five (5) days prior to class start date. If class enrollments are below the minimum requirements, a class may be cancelled.
- Registrations cannot be approved by an instructor or the team coach.
- The Department has the right to cancel classes.
- Before you purchase supplies, call 970.962.2383 to verify that your class is occurring.
- The City of Loveland does not discriminate on the basis
 of race, color, national origin, creed, religion, sex, gender,
 sexual orientation, age or disability in the provision of services.
 For disabled persons needing reasonable accommodation
 to attend or participate in a service or program/activity,
 call 970.962.2462 or TDD #962.2620.
- SAC holders have priority registration for day trips denoted by this symbol (♦). See the Active Generation pages for specific priority registration dates.

Use This Enrollment Checklist

- Complete the registration form below.
- Double check class fees and total.
- Include a 2nd and 3rd choice where possible.
- Make checks payable to City of Loveland or include credit card number and expiration date.
- · Include email address for receipt confirmation.

Cancellations

- When you sign up for a class, we depend on your enrollment for a successful class. Please plan your schedule carefully to avoid cancellations and/or refunds.
- If you must cancel your class, please call 970.962.2383 (seniors call 970.962.2783) at least five (5) business days before the class begins. You may choose to transfer to another class or to receive a refund. See Refunds below.
- You are notified if a class is cancelled due to low enrollments, and are given options at that time.

Refunds

Unless otherwise noted, the following refund policy applies:

- Refund requests must be submitted in writing or through WebTrac. Refund request forms are available at the Chilson Recreation Center front desk.
- After registration and up to five (5) days prior to the class start date (seven (7) days for ticket or trip-based programs), a \$5 processing fee will be assessed.
- Four (4) days prior to the class start date and through the start of class, 50% of the class fee is refundable.
- · No refunds are given after the first week of class.
- Full refunds are for departmentally cancelled classes ONLY.
- No refunds for Senior Activity Cards (SACs).
- · No cash refunds. Allow two (2) weeks for processing.

Other Charges: There is a \$20 charge for returned checks. Note: Small Fries Preschool and Day Camp have additional cancellation policies. See your parent handbook for details.

Loveland Parks & Recreation Registration Form					
Please fill out this registration form for use with	Address:				
all registration options. The information in shaded areas is required during the enrollment process.	City/Zip:				
Household ID #:	Home/Cell:		Work:		
Name: Head of Household/Primary Guardian Full Name	Email Address: For City of Loveland internal use only. Your contact information is not shared.				
Family Member Names:	Birthdates:	Activity/Program #:	Section #:	Fees Due:	
				\$	
				\$	
				\$	
				\$	
Do you need a special accommodation to safely and enjoyab Yes No. If yes, please state your special requirements	ese programs?	Total Paid:	\$		
Pay By: Cash (do not send cash in the mail) Check (payable to: City of Loveland)					
Credit/Debit Card: Visa MC Discover A	Signature required showing I agree to the Waiver Statement above and agree to pay the charges listed here as stated.				
Card #: Expiration:		Signature:			

