

ACTIVITY GUIDE

FALL • SEPTEMBER–DECEMBER 2025

LOVELAND PARKS & RECREATION



ONLINE REGISTRATION BEGINS
Monday, August 4 at 6:00P

WALK-IN REGISTRATION BEGINS
Tuesday, August 5 at 8:30A

See pages 18 to 22 for specific
registration dates for athletics.



City of
LOVELAND
PARKS & RECREATION

Loveland Parks & Recreation

lovgov.org/ParksRecreation

500 E. Third St. Suite 200
Loveland, CO 80537 | 970.962.2727

Parks@CityofLoveland.org



Proud Member of the National
Recreation & Park Association



Proud Member of the Colorado
Parks & Recreation Association

OUR MISSION

We are the City of Loveland Parks & Recreation Department with a mission to provide effective, efficient and high quality leisure facilities, sites, services & programs for citizens of and visitors to the community.

OUR VISION

We are committed to our vision to provide a sustainable system of diverse parks, trails, natural areas and facilities that connect people with the natural environment, support good health and offer outstanding community experiences while balancing recreation opportunities with the protection of natural and cultural resources.

OUR COMMUNITY

We are proud to make an impact on quality of life in Loveland.

VOLUNTEER We're always looking for volunteers. We couldn't do what we do without them! Whether it's behind the desk at the Chilson Senior Center, outdoors with environmental education or coaching youth athletics, our volunteers are vital to our community.

GET INVOLVED! Enroll in a class or two, explore our open lands and natural areas, ride or walk the paved recreation trail, discover a park or take a swing at golf.

MESSAGE FROM THE DIRECTOR

Hello, Loveland!

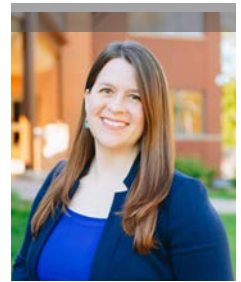
It is a great honor for me to serve as Director for the Loveland Parks & Recreation Department.

Our team of skilled and passionate professionals work hard to provide services, programming and facilities that enhance the lives of our community. This is only possible due to their commitment not only to the City of Loveland, but to the profession of Parks and Recreation.

Sign up today for programs you love and new experiences.

Kara Kish

Kara Kish, MPA, CPRE
Parks & Recreation Director



SMILE! You could be on the next cover! The Parks & Recreation Department reserves the right to use images and/or photographs of anyone in any activity, park or public place in present and/or future printed publications or on the department web pages for promotional purposes, unless told otherwise at the time the image or photograph is taken.

CONTACT US

Parks & Recreation • 970.962.2727

lovgov.org/ParksRecreation

Activity Registration (info):

970.962.2386

lovgov.org/WebTrac

Chilson Recreation Center • 970.962.2386

lovgov.org/Chilson

Room/Court Reservations:

lovgov.org/WebTrac

Chilson Senior Center • 970.962.2783

lovgov.org/Chilson

Athletics • 970.962.2445

lovgov.org/Athletics

TeamSideline.com/Loveland

Weather Cancellations:

TeamSideline.com/Loveland

Check up to 30 min. before practice
or games are scheduled to begin.

Golf • 970.962.2496

lovgov.org/Golf

GolfLoveland.com

Tee Times Call or go online

Cattail Creek 970.663.5310

Mariana Butte 970.667.8308

The Olde Course 970.667.5256

Open Lands & Trails • 970.962.2727, option 7

lovgov.org/OpenLands

Environmental Ed/Volunteers:

970.962.2643

Parks • 970.962.2327

lovgov.org/Parks

Park Shelter Reservations:

970.962.2327

lovgov.org/WebTrac

Winona Outdoor Pool • 970.962.2435

lovgov.org/Swimming

Weather Cancellations:

970.962.2435, option 2

Follow Us on Social Media



[@CityofLovelandParksRecreation](https://www.facebook.com/CityofLovelandParksRecreation)

[@CityofLovelandChilsonCenter](https://www.facebook.com/CityofLovelandChilsonCenter)



[@LovelandParksandRec](https://www.instagram.com/LovelandParksandRec)

On the Cover

A group of active older adults enjoy a scenic hike along Marshall Mesa Trail in Boulder.

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All activities, classes, events and programs are subject to change.

Subscribe to our Parks & Recreation e-newsletter to stay up-to-date at lovgov.org/ParksRecreation

CHILSON RECREATION & SENIOR CENTER

700 E. Fourth St. • Loveland, CO 80537

Visit us online: lovgov.org/Chilson

Recreation Center: 970.962.2386

Senior Center: 970.962.2783

TDD: 970.962.2620

AMENITIES

Fitness | Wellness

- State-of-the-art strength training equipment
- Indoor cycling studio
- Over 50 group fitness classes each week
- Friendly & professional personal training
- TRX classes
- Nutrition/Weight Loss consultations
- LightStim® LED Light Therapy

Aquatics

- Lap pool
- Leisure pool with speed slide
- Aquatics programs & exercise classes
- Hot tubs - indoor & outdoor
- Steam room

Facility

- Indoor walking & jogging track
- 3 racquetball courts
- 2 gymnasiums
- Drop-in childcare
- Conference & event facilities
- Party packages

CELEBRATE YOUR EVENT

Chilson Recreation & Senior Center is a great venue for your next event. Casual or formal, big or small, with audio visual equipment for your training or seminar needs. Chilson has rental space available that may be perfect for you! Call 970.962.2503 to plan your next event.

Interested in a swimming, gymnastics or eSports birthday party? Call 970.962.2468 or schedule online at lovgov.org/WebTrac – Winona Outdoor Pool rentals are also available!

Close to downtown Loveland, the Chilson Center is easily accessible from I-25, Highway 34 and Highway 287. Our professional, experienced staff are happy to assist in planning your event and are committed to ensuring a memorable experience for you and your guests.

Annual Maintenance & Training

From 8/25–8/31 we are closed to the public, but there is A LOT going on behind the scenes as we work hard to keep Chilson looking and running great for our Loveland community.

QUESTIONS: 970.962.2383

HOURS - Recreation Center

Monday to Friday 5:30A to 9:00P
Saturday 6:00A to 6:00P
Sunday 11:00A to 6:00P
Pool hours vary; see lovgov.org/Swimming for current hours.
Hours subject to change; call 970.962.2FUN for updates.

HOURS - Senior Center

Monday to Friday 8:00A to 5:00P Billiards until 4:30P
Saturday/Sunday CLOSED

HOLIDAY & MAINTENANCE CLOSURES

Dates	Rec Center	Senior Center
8/25-31 Maintenance/Training	CLOSED	CLOSED
M, 9/1 Labor Day	CLOSED	CLOSED
Th, 11/27 Thanksgiving	CLOSED	CLOSED
F, 11/28 Day after	5:30A-9P	CLOSED
W, 12/24 Christmas Eve	5:30A-2P	CLOSED
Th, 12/25 Christmas	CLOSED	CLOSED
W, 12/31 New Years Eve	5:30A-5P	8A-12P Billiards only

FEES - Chilson Recreation/Senior Center

Infants (1 & under) are FREE with paid adult
Pass fees include 1-week facility closure for annual maintenance; additional closures may also occur

Age	Daily Fee	10-Visit**
Toddlers (2-5 years)	\$5.00	\$45.00
Youth (6-18 years)	\$6.00	\$54.00
Adults (19-61 years)	\$7.50	\$67.50
Seniors (62+)	\$6.25	\$56.25

**10-Visit pass is valid for 3 years

Age	3 Month
Youth (6-18 years)	\$96
Adults (19-61 years)	\$166
Seniors (62+)	\$99
Family*	\$247

Age	6 Month Res	6 Month Non-Res
Youth (6-18 years)	\$162	\$183
Adults (19-61 years)	\$287	\$317
Seniors (62+)	\$179	\$211
Family*	\$429	\$460

Age	1 Year Res	1 Year Non-Res
Youth (6-18 years)	\$272	\$324
Adults (19-61 years)	\$496	\$574
Seniors (62+)	\$291	\$349
Family*	\$750	\$860
3rd-4th adult	\$324	\$324

MONTHLY BILLING Pay prorated current month plus next month when signing up (6 month min.)

Age	Res	Non-Res
Youth (6-18 years)	\$24.66	\$29.00
Adults (19-61 years)	\$43.33	\$49.83
Seniors (62+)	\$26.25	\$31.08
Family*	\$64.50	\$73.67
3rd-4th adult	\$27.00	\$27.00

Childcare (add on)

\$9.00 (1st child), \$7.00 (each additional child)

*Family = 1 to 2 adults + children under age 21 at home
(1 Year and monthly billing passes can allow up to 2 additional adults for a fee)

Drop-In Childcare

Parents, legal guardians and persons in charge (immediate family members) participating in classes or working out may utilize drop-in childcare for ages 3 months through 8 years. Infants 3 through 7 months require a reservation. Call 970.962.2466 or stop in for info.

MAX VISIT: 2 hour limit per day

HOURS - Childcare

Monday to Thursday	8:45A to 1:30P & 4:00 to 7:00P
Friday	8:45A to 1:30P
Saturday	Sept to May only 9:00A to 12:00P

FEES - Childcare

Daily Fee: \$3.75

10-Visit: \$33.75

Upgrade your annual pass:

\$108 1st child; \$84 each additional child
Also see monthly billing options below.

Recreation Center Fees

Fees provide access to fitness equipment, gym, weight room, exercise track, racquetball courts, most fitness classes, swimming pools, hot tubs, steam room and locker room with locker.

Cancellation fee will apply for passes and visit cards.

Group Rate

Bringing a group of 10 or more? Please submit a group attendance request form at lovgov.org/Swimming at least 48 hours in advance to be eligible for a \$5.50/person group rate. Group requests may be made only for the current calendar year and are on a first-come, first-served basis, subject to space and staff availability.

Senior Center Fees

No fees are required to enjoy activities in the lobby including billiards, cards, chess, etc. Refer to the Active Generation pages for Senior Activity Card (SAC) benefits and fees for classes/activities.

DID YOU KNOW?

We are a SilverSneakers® and Renew Active™ facility. Stop by the Senior Center and get signed up for your fitness pass!

Schedules may be updated periodically; revised schedules at the front desk.

DROP-IN	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LARGE GYM: West (front)							
Basketball 18+ full court	9:30A–3P	9:30A–1P	9:30A–1P 5–9P	9:30A–1P	9:30A–1P	3–6P*	3–6P
Family Basketball	3:30–5P	5:30–9:30A 1–9P	1–5P	1–5P	5:30–9:30A 1–9P	11A–3P*	11A–3P
Pickleball	5:30–9A	---	5:30–9A	5:30–9A	---	---	---
LARGE GYM: East (back)							
Basketball 18+ full court	9:30A–1P	---	---	9:30A–1P	---	---	---
Family Basketball	---	---	3:30–6P	---	6–9P Avail to Rent**	8A–6P*	3–6P
Pickleball	5:30–9A	---	5:30–9A 1:30–3:30P 8–9P	5:30–9A 1:30–3:30P	12–4P	---	11A–2P
Volleyball 50+	---	9:15–11:30A	---	---	---	---	---
Volleyball Coed	---	4:30–9P	---	---	---	---	---
SMALL GYM							
Family Basketball	---	---	---	---	1:15–3:45P	---	---
Pickleball Adaptive Rec	---	---	9:30–11:30A	---	---	---	---
Volleyball Coed	---	1:30–9P	---	---	4–9P	---	11A–2P
RACQUETBALL COURTS: Call 970.962.2438 or reserve online: lovgov.org/WebTrac Racquetball equipment rental: \$1.50 per person/per hour. Racquetball Challenge Court provides opportunities to meet players/practice. All levels invited; no reservations. Games are played in order of player arrival and are coed. Play to 15 points; winner plays next player waiting, up to 3 consecutive games.							
Reservation Slots	6A–9P	6A–9P	6A–4P & 8–9P	6A–9P	6A–12P & 2–9P	6A–6P	11A–6P
Racquetball Challenge Court	Courts 2, 3 12–2P	Courts 2, 3 12–2P	Courts 2, 3 12–2P & 4–8P***	Courts 2, 3 12–2P	Courts 2, 3 12–2P	---	Courts 2, 3 11A–2P

*Outside of youth leagues **Rent up to 10 days in advance, \$65/hour: lovgov.org/Webtrac ***Great for beginners

AQUATICS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LAP POOL							
Lap Lanes 1–3 Limited Appts Available lovgov.org/Webtrac	5:30A–8:30P	5:30A–8:30P	5:30A–8:30P	5:30A–8:30P	5:30A–8:30P	6A–5:30P	11A–5:30P
Lap Lanes 4–8 Outside of swim lessons & aqua fitness	5:30–8:30A 10:45A–5:10P 7:30–8:30P	5:30–7:00A 10:45A–5:10P 7:30–8:30P	5:30–7:00A 10:30A–6P 7:30–8:30P	5:30–7:00A 10:45A–5:10P 7:30–8:30P	5:30–7:00A 8:15–9:15A 10:15A–8:30P	6:00–8:25A 11:50A–4:00P	11A–5:30P
Aqua Fitness	9:15–10:15A	7:05–7:55A 9:15–10:15A	7:15–8:15A 9:15–10:15A 6:30–7:30P	7:05–7:55A 9:15–10:15A	7:15–8:15A 9:15–10:15A	7:30–8:30A	---
Please anticipate limited space availability during time frames for aqua fitness & swim lessons (lessons are held: Mon/Tues/Thur 5–7:30P, and Sat 8:30A–noon). See fitness schedule at front desk or lovgov.org/FitnessWellness for aqua fitness class details.							
LEISURE POOL ***							
Open Swim & Speed Slide	10A–1P 4–8:30P*	10A–1P 4–8:30P*	10A–1P 4–8:30P	10A–1P 4–8:30P*	10A–1P 4–8:30P	10A–5:30P*	11A–5:30P
Zero Depth Area	9–10A**	9–10A**	9–10A**	9–10A**	9–10A**	9–10A**	---
Water Walking For fitness; not for play	6–8A 9:15–10:00A	6–10A No current during fitness classes	6–10A No current during fitness classes	6–8A 9:15–10:00A	6–10A	6–10A	---
Aqua Classes	8:05–9:05A In lazy river	8:20–9:20A In bay	8:20–9:20A In bay	8:05–9:05A In lazy river	---	---	---

*Swim Lessons are held during open swim hours in the lap and/or leisure pool: Mon/Tues/Thur 5–7:30P, Sat 8:30A–12P; open swim hours are subject to change

**Zero Depth Area for tots/toddlers is open Mon–Sat for 1 hour prior to open swim (no water features during this time).

***Leisure Pool is closed Mon–Fri from 1–4P beginning 9/2

RULES: Children under age 6 must be within arm's reach of and actively supervised by someone 16 or older while in the water. Children ages 6–7 must be directly supervised on the pool deck by someone 16 or older. Youth (under 16) are not permitted to use steam room/outdoor hot tub. Proof of age may be required. The use of flotation devices in all bodies of water is limited to water wings or small inner tubes only. Mermaid tails are permitted in the lap pool only. **Aquatics policies are posted at lovgov.org/Chilson and aquatics area.**



8/16 **NEW!** Hydro Dash Kids Challenge

Start strong with an invigorating swim, then hit the track and dash to the finish! Racers are heated by age and are racing against the clock.

Location: Winona Outdoor Pool/Winona Elementary School Track

Age: 4–5 (#304001-1) **Age: 9–11** (#304001-3)

Age: 6–8 (#304001-2) **Age: 12–14** (#304001-4)

Sa 8/16 8:00A-12:00P \$20* (thru 8/14), \$25* (after 8/14)

*Fee includes registration, post-race snack and event swim cap

9/7 **Honey Festival**

Presented by MeadKrieger Meadery, enjoy several honey vendors, mead tasting, observation beehive, beeswax and bee-themed products. The mini climbing wall, large yard games and recreation toys will also be onsite as part of the Busy Bee Kids Zone. **More Info:** lovgov.org/HoneyFestival
Location: Fairgrounds Park, 700 S. Railroad Ave.

Su 9/7 9:00A-1:00P FREE

PLUS!

Honeybee Hustle with Sweetheart City Racing

It's the bee's knees! Participate in the Honeybee Hustle and challenge yourself to how many laps you can run or walk around Fairgrounds Park! **Registration:** SweetheartCityRacing.com

Su 9/7 10:00-11:30A \$25 (optional \$15 T-shirt fee)

Kids under 10 can participate in our Mini Honeybee Hustle – a 30 min timed run. **Registration:** SweetheartCityRacing.com

Su 9/7 10:00A \$15

Thru 9/28 **City of Loveland Farmers Market**

Voted one of the 10 best farmers markets in Colorado and voted one of the top 3 best farmers markets in NOCO Lifestyle Magazine! Farm-fresh produce, baked goods, honey, food trucks, crafters and entertainment. FUN for the whole family! SNAP/Double Up onsite.

Questions: 970.962.2446 or lovgov.org/FarmersMarket

Su | 6/1–9/28 | 9:00A–1:00P | Fairgrounds Park, pavilions 1 & 2

9/7 Honey Festival Presented by MeadKrieger Meadery, enjoy several honey vendors, mead tasting, observation beehive, beeswax and bee-themed products. The mini climbing wall, large yard games and recreation toys will also be onsite as part of the Busy Bee Kids Zone.

9/28 Artist Market Enjoy the last Farmers Market of the 2025 season with an Artist Market! Check out the artists and crafters along with the weekly produce, baked goods and other great products offered!

Sponsorship Opportunities

Reach the community through Loveland Parks & Recreation. Sponsorship opportunities include events, athletics, signage, vehicles and more – connecting your business with diverse audiences across the City.

Contact Kerry Helke, 970.962.2446
Kerry.Helke@CityofLoveland.org

10/4 Harvest Bazaar

Join us in this fundraising event for the Chilson Senior Advisory Committee where proceeds benefit the Senior Scholarship program. Browse craft tables for handmade gifts while enjoying games and delicious food and drinks. **Calling all crafters!** Want to be a vendor in the Harvest Bazaar? Applications are online and printed at the Senior Center for those interested. You must apply to be considered at lovgov.org/SeniorCenter. Location: Chilson Senior Center

Sa 10/4 11:00A-2:00P FREE to browse

NEW! Advance Lunch Tickets

Purchase your lunch ticket TODAY. Lunch tickets are available in person at the Chilson Senior Center front desk and online!

Lunch Deal (chili, dessert & drink)	\$10	495025-1 (\$12 at door)
Age 12 & under	\$5	495025-2

NEW! Bazaar Bingo Play five rounds of Bingo at the Harvest Bazaar for a chance to win a prize! Min/Max: 10/35 Location: Oak

Sa 10/4	11:00A-12:00P	\$4	495026-1
Sa 10/4	12:00-1:00P	\$4	495026-2

10/10 Adult Field Day

Calling all grown-ups! Come join us for an Adult Field Day! Get a team together and play a variety of games including axe throwing, life-size foosball, life-size yard pong, cornhole, hop-along horse polo and target practice. While you play, enjoy a beer (\$) or two! Prizes for highest team score and most spirit. Pre-registration REQUIRED. **More Info:** lovgov.org/PRevents
Location: Mehaffey Park, 3285 W. 22nd St.

Age 18+**Corporate Team or Teams of 8 – six events**

F 10/10	1:00-4:00P	\$345	450100-01
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General Public or Teams of 4 – five events

F 10/10	4:00-6:30P	\$145	450100-02
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11/7 & 11/8 Ski & Sports Swap

SELL old stuff! BUY new stuff! Sell your gently used equipment or buy great ski and sports equipment at a fraction of the cost. Discounted lift tickets, food trucks, giveaways and door prizes add to the FUN! No consignor registration fee. Earn higher percentage with volunteer hours (no volunteer shift, pay 25%; 3 volunteer hours, pay 20%; 6 volunteer hours, pay 15%).

Questions: 970.962.2446 **Seller Info/Details:** lovgov.org/SkiSwap

Location: Chilson Recreation Center

F 11/7	4:30-5:30P	VIP early bird entry, \$7/adult Must purchase in advance; registration #451902 (Two children under 16 may enter with a paid adult.)
	5:00-8:00P	General admission (no entry fee)
Sa 11/8	9:00A-1:00P	General admission (no entry fee)
	12:00-1:00P	Closeout discounts (select vendors)

11/14 Glow Swim Party

Come swim in the pool where the lights are dim and the party is bright. Get your glow on with music, glow volleyball and glow jewelry! Glow items are also available to buy. Location: Chilson Pool

All ages

F 11/14	6:30-8:30P	Daily fee/Chilson pass
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Mobile Recreation Trailer Rental

Interested in renting our Mobile Recreation Trailer for events? It's packed full of FUN games, sports and activities for all ages. For inquiries about renting please call 970.962.2446 or visit lovgov.org/PRevents

WOO HOO!

Celebrate with a party at Chilson!

Swimming Party

Includes one hour in the Party Room and full day admission into the pool for kids and adults. Packages start at \$105.

Gymnastics Party

Includes one hour in the Party Room and one hour of facilitated gymnastics activities with an instructor. Packages start at \$140.

eSports Party

Includes one hour in the Party Room and one hour of facilitated Nintendo Switch™ gaming on projector-sized screens. Packages start at \$140

(call 970.962.2468)



CHILSON
Recreation & Senior Center



Saturday Nights at Chilson!

For kids ages 7-12

Drop off your kids at Chilson for a supervised, structured program in a safe, social environment. Swimming, gym, games, prizes, contests and FUN themes each week! Staff ratio 1:20

\$20 per person | Concessions (\$)
CALL FOR MORE INFO: 970.308.0439



©Dan O'Donnell

PARKS

The City of Loveland Parks & Recreation Department maintains numerous areas with amenities available for the community:

- 22 softball fields • 8 baseball fields • 2 inline skate hockey rinks
- 3 skate parks • 23 outdoor tennis courts • 10 outdoor basketball courts • 18 outdoor pickleball courts • 1 outdoor Fitness Court®
- 1 outdoor swimming pool • 1 indoor aquatics center • 34 parks, 25 with amenities only (no reservable shelters); 9 with amenities and reservable pavilions/gazebos/shelters • 28 playgrounds
- 3 golf courses • Open lands, trails and natural areas • Indoor recreation at the Chilson Recreation & Senior Center • and more!

Memorial Tree & Bench Program Donations are made through the Parks & Recreation Department's non-profit Foundation. Call 970.962.3459 for information.

Take a look! Check out Loveland park pavilions, gazebos and shelters at: lovgov.org/Parks

We have adjusted the hours of operation at several City of Loveland park restroom facilities to accommodate reduced staffing. **For more information, visit lovgov.org/Parks**

PAVILIONS | GAZEBOS | SHELTERS

Non-reserved (or unreserved) pavilions, gazebos and shelters without power are available free of charge on a first-come, first-served basis. Reservations must be made at least seven (7) days prior to the desired date. Reservations accepted up to nine (9) months in advance of the event date.

Fees and deposits are due upon reservation, and vary depending upon the location and invited guest total. **Call 970.962.2727 or go online for details: lovgov.org/WebTrac**

Alcohol permits allow facility users to have alcohol at events. In addition to the shelter & deposit fees, an alcohol permit is a \$75 fee plus a \$75 deposit. Alcohol permits expire on the day of the reservation. **By City ordinance, alcohol is NOT permitted in a City facility without an alcohol permit and facility reservation.**

Large groups may be assessed a site impact fee to recover extra maintenance costs incurred for large group/event reservations. The Police Department may require an added application and approval process for large events. Please inquire for information.

See pages 50 & 52 for park locations and recreation trail maps.

PAVILION | SHELTER RESERVATIONS

Online Reservations: lovgov.org/WebTrac

Call 970.962.2327 to schedule a walk-in appointment.

- **Benson Sculpture Park** - 1125 W. 29th St.
Features one reservation gazebo and sculpture displays throughout the park. Limited parking; carpooling suggested. Large group reservations (48+) are not accepted.
- **Centennial Park** - 977 W. First St.
Features one reservation shelter, baseball fields, stream fishing, pickleball courts, horseshoe courts, playground & rec trail access.
- **Dwayne Webster Park** - 401 W. 13th St.
Features three reservation shelters, basketball, tennis, horseshoe courts, playground and cannon sculpture. Large group reservations (48+) are not accepted.
- **Fairgrounds Park** - 700 S. Railroad Ave.
Features two reservation pavilions, basketball, dog park, playgrounds, skate park, spray park, tot lot, ballfields, fishing with river access, historic sites, sculpture and rec trail access.
- **Kroh Park** - 5200 N. Garfield Ave.
Features one reservation shelter, athletic and softball fields, a backstop and playground.
- **Loveland Sports Park** - 950 N. Boyd Lake
Features three reservation shelters, athletic fields, spray playground, skate park, in-line hockey rinks, basketball and volleyball courts & concession area. Large group reservations (60+) are not accepted.
- **Mehaffey Park** - 3285 W. 22nd St.
Features two reservation shelters, a dog park, pond fishing, athletic fields, pickleball & tennis courts, skate park, playground, water feature and rec trail access.
- **Namaqua Park** - 730 N. CR 19E (Namaqua Road)
Features one reservation shelter, fishing, horseshoe courts and playground. Large group reservations (48+) are not accepted.
- **North Lake Park** - 2750 N. Taft Avenue
Features four reservation shelters, baseball/softball athletic fields, tennis/basketball/horseshoe courts, pond fishing, mini railroad (seasonal) and two playgrounds.

Areas that are reserved in person (not online):

- Athletic fields, ball fields and Hammond Amphitheater

Please call the office at 970.962.2327 to inquire about availability.

Neighborhood parks that do not have reservation areas may still be used on a first-come, first-served basis for small groups.

PARK RULES & REGULATIONS

Park Hours

Most Loveland parks are open from 6:00A–10:30P daily unless otherwise specified onsite. All parks except Viestenz-Smith Mountain Park will remain open in the winter months. Loveland Sports Park may be closed due to weather conditions and restrooms may remain closed for the season and/or during extremely cold temperatures. Please refer to specific park web pages or call 970.962.2327 for more information.

Grills

The grills located in the parks are for charcoal use. When using the grills, you must make sure the coals are completely extinguished before vacating the site. You may leave the remaining coals/ash to continue cooling, and our parks workers will eliminate the ashes when they clean the grills before their next use. If you prefer to use a gas grill, you are welcome to bring your own to the park, as long as you use it on a paved/cement surface and you allow it time to cool so you may take it with you when you leave.

Pets

- Pet owners are required to pick up and remove pet waste. Pets must be leashed and under human control at all times, except in designated dog park enclosures. Dogs at the dog park enclosure must remain under voice control. A leash is still required for arrival/departure at the dog park, or if there are control issues in the dog park areas.
- Pets are NOT allowed inside the Barnes Softball Complex at Fairgrounds Park or Centennial Park baseball complex, on inline hockey rinks, skate park areas, spray park areas, playgrounds, basketball and volleyball courts, the Championship Field at Loveland Sports Park or within 100 feet of any other athletic courts or fields while practices or games are being played.

Permitted Items

- Only small pop-up shade shelters with removable walls are allowed (10' x 10' max) and must be weighted down. No stakes are to be driven into the ground more than 6" for any reason (irrigation lines are present). Camping as defined as setting up a tent or like structure for privacy is prohibited. Overnight parking or camping is prohibited.
- No jump castles, dunk tanks, pony rides or similar set-ups.
- No Silly String, paint or any other item which may contain dyes and cause permanent damage.
- Collecting, removing, destroying or defacing any natural or manmade object is NOT permitted.
- Vending is not allowed in City parks, open land areas or trails without prior permission from the Parks & Recreation Dept.
- Smoking is prohibited, except in designated areas.
- Glass containers/bottles are prohibited.
- No open fires or flames except in provided grills.
- No gathering or cutting firewood.
- Motorized vehicles (except authorized) are not allowed outside of established streets and parking areas.
- Remote control (RC) boating questions are addressed by the Colorado Parks & Wildlife Division through the office in Fort Collins. Please call 970.472.4300 for information. In Loveland, battery powered RC boats have been approved for use on small City-owned bodies of water only; suggested sites would be the Foote Lagoon or North Lake Park - Duck Pond.
- No hang gliding, paragliding or powered paragliding in any park or open land area.

For detailed rules: lovgov.org/Parks



AQUATICS

Unsure of your swim level for lessons?

Call 970.962.2FUN to set up a test session for best placement.

Private | Semi-Private Swim Lessons

Private swim lessons are a great way to improve skills in a one-on-one setting tailored to your needs and desires. Taught by City of Loveland swim instructors who have excellent experience.

More Info: 970.962.2631

Private: 1 person, 30-min	\$30 paid at lesson
Semi-Private: 2 people, 30-min	\$40 paid at lesson

Got twinges in your hinges?

Aqua Fitness Schedule: lovgov.org/FitnessWellness

Make a BIG SPLASH with a Swim Party!

Reserve the Chilson Party Room and celebrate your birthday at the Chilson Pool. We offer gymnastics and eSports parties, too!

More Info: 970.962.2468 or lovgov.org/BirthdayParties

Glow Swim Party

Come swim in the pool where the lights are dim and the party is bright. Get your glow on with music, glow volleyball and glow jewelry! Glow items are also available to buy. Location: Chilson Pool

All ages

F	11/14	6:30-8:30P	Daily fee/Chilson pass
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Swim Parent/Infant Min/Max: 4/10

Parents help introduce infants to the water while learning how to work with their child safely in the pool. Basic body position and holding techniques are introduced. One adult per child required.

Age: 0.5–1.5

M	9/8-10/27	5:45-6:15P	\$48	400001-01
M	11/3-12/15	5:45-6:15P	\$48	400001-02
T,Th	9/2-9/25	5:10-5:40P	\$48	400001-10
T,Th	9/30-10/23	5:10-5:40P	\$48	400001-11
T,Th	10/28-11/20	5:10-5:40P	\$48	400001-12
T,Th	12/2-12/18	5:10-5:40P	\$36	400001-13
Sa	9/6-10/25	9:00-9:30A	\$48	400001-20
Sa	11/1-12/27	9:00-9:30A	\$48	400001-21

Swim Parent/Toddler Min/Max: 4/10

Parents help introduce toddlers to the water using songs, working on building confidence, becoming comfortable in and around the pool, and staying safe. Basic water activities are introduced. One adult per child required.

Age: 1.5–3

M	9/8-10/27	5:10-5:40P	\$48	400002-01
M	11/3-12/15	5:10-5:40P	\$48	400002-02
T,Th	9/2-9/25	6:20-6:50P	\$48	400002-10
T,Th	9/30-10/23	6:20-6:50P	\$48	400002-11
T,Th	10/28-11/20	6:20-6:50P	\$48	400002-12
T,Th	12/2-12/18	6:20-6:50P	\$36	400002-13
Sa	9/6-10/25	10:10-10:40A	\$48	400002-20
Sa	11/1-12/27	10:10-10:40A	\$48	400002-21

Swim Preschool 1 Min/Max: 4/8

For the swimmer with no or limited water experience and who is uncomfortable putting their face in the water. Front and back floats introduced along with interactive water games.

Age: 3–5

M	9/8-10/27	5:10-5:40P	\$48	400003-01
M	9/8-10/27	6:20-6:50P	\$48	400003-02
M	11/3-12/15	5:10-5:40P	\$48	400003-03
M	11/3-12/15	6:20-6:50P	\$48	400003-04
T,Th	9/2-9/25	5:45-6:15P	\$48	400003-10
T,Th	9/2-9/25	6:55-7:25P	\$48	400003-11
T,Th	9/30-10/23	5:45-6:15P	\$48	400003-12
T,Th	9/30-10/23	6:55-7:25P	\$48	400003-13
T,Th	10/28-11/20	5:45-6:15P	\$48	400003-14
T,Th	10/28-11/20	6:55-7:25P	\$48	400003-15
T,Th	12/2-12/18	5:45-6:15P	\$36	400003-16
T,Th	12/2-12/18	6:55-7:25P	\$36	400003-17
Sa	9/6-10/25	9:00-9:30A	\$48	400003-20
Sa	9/6-10/25	10:45-11:15A	\$48	400003-21
Sa	11/1-12/27	9:00-9:30A	\$48	400003-22
Sa	11/1-12/27	10:45-11:15A	\$48	400003-23

Swim Preschool 2 Min/Max: 4/8

Prerequisite: Preschool 1 or demonstrate requirements. For the swimmer who will comfortably submerge face and head underwater. Learn to float independently on front and back for 5 seconds. Swimming on front is also introduced.

Age: 3–5

M	9/8-10/27	5:45-6:15P	\$48	400004-01
M	9/8-10/27	6:55-7:25P	\$48	400004-02
M	11/3-12/15	5:45-6:15P	\$48	400004-03
M	11/3-12/15	6:55-7:25P	\$48	400004-04
T,Th	9/2-9/25	5:10-5:40P	\$48	400004-10
T,Th	9/2-9/25	6:20-6:50P	\$48	400004-11
T,Th	9/30-10/23	5:10-5:40P	\$48	400004-12
T,Th	9/30-10/23	6:20-6:50P	\$48	400004-13
T,Th	10/28-11/20	5:10-5:40P	\$48	400004-14
T,Th	10/28-11/20	6:20-6:50P	\$48	400004-15
T,Th	12/2-12/18	5:10-5:40P	\$36	400004-16
T,Th	12/2-12/18	6:20-6:50P	\$36	400004-17
Sa	9/6-10/25	10:10-10:40A	\$48	400004-20
Sa	9/6-10/25	11:20-11:50A	\$48	400004-21
Sa	11/1-12/27	10:10-10:40A	\$48	400004-22
Sa	11/1-12/27	11:20-11:50A	\$48	400004-23

Swim Preschool 3 Min/Max: 4/8

Prerequisite: Preschool 2 or demonstrate requirements. For the swimmer who is able to float independently on front and back for 5 seconds. Learn to swim 5 body lengths on front without stopping and become more comfortable in deeper water. Treading water is also introduced.

Age: 3–5

M	9/8-10/27	6:20-6:50P	\$48	400005-01
M	11/3-12/15	6:20-6:50P	\$48	400005-02
T,Th	9/2-9/25	5:45-6:15P	\$48	400005-10
T,Th	9/30-10/23	5:45-6:15P	\$48	400005-11
T,Th	10/28-11/20	5:45-6:15P	\$48	400005-12
T,Th	12/2-12/18	5:45-6:15P	\$36	400005-13
Sa	9/6-10/25	9:35-10:05A	\$48	400005-20
Sa	11/1-12/27	9:35-10:05A	\$48	400005-21

Stay cool in the pool & work in the water!

Join the aquatics team. Check out: lovgov.org/Jobs

Become a certified lifeguard and make a difference.

Swim Level 1 Min/Max: 4/8

For the swimmer with little or no water comfort. Become comfortable submerging entire body in the water and learn to float independently on front and back. Swimming on front is also introduced.

Age: 6–16

M	9/8-10/27	5:10-5:40P	\$48	400006-01
M	9/8-10/27	6:20-6:50P	\$48	400006-02
M	11/3-12/15	5:10-5:40P	\$48	400006-03
M	11/3-12/15	6:20-6:50P	\$48	400006-04
T,Th	9/2-9/25	5:45-6:15P	\$48	400006-10
T,Th	9/2-9/25	6:55-7:25P	\$48	400006-11
T,Th	9/30-10/23	5:45-6:15P	\$48	400006-12
T,Th	9/30-10/23	6:55-7:25P	\$48	400006-13
T,Th	10/28-11/20	5:45-6:15P	\$48	400006-14
T,Th	10/28-11/20	6:55-7:25P	\$48	400006-15
T,Th	12/2-12/18	5:45-6:15P	\$36	400006-16
T,Th	12/2-12/18	6:55-7:25P	\$36	400006-17
Sa	9/6-10/25	9:00-9:30A	\$48	400006-20
Sa	9/6-10/25	10:10-10:40A	\$48	400006-21
Sa	11/1-12/27	9:00-9:30A	\$48	400006-22
Sa	11/1-12/27	10:10-10:40A	\$48	400006-23

Swim Level 2 Min/Max: 4/8

Prerequisite: Successful completion of Level 1 or demonstrate requirements. For the swimmer who can put their face in the water comfortably and float independently. Learn to swim 5 body lengths on front without stopping and learn to tread water.

Age: 6–16

M	9/8-10/27	5:45-6:15P	\$48	400007-01
M	9/8-10/27	6:55-7:25P	\$48	400007-02
M	11/3-12/15	5:45-6:15P	\$48	400007-03
M	11/3-12/15	6:55-7:25P	\$48	400007-04
T,Th	9/2-9/25	5:10-5:40P	\$48	400007-10
T,Th	9/2-9/25	6:20-6:50P	\$48	400007-11
T,Th	9/30-10/23	5:10-5:40P	\$48	400007-12
T,Th	9/30-10/23	6:20-6:50P	\$48	400007-13
T,Th	10/28-11/20	5:10-5:40P	\$48	400007-14
T,Th	10/28-11/20	6:20-6:50P	\$48	400007-15
T,Th	12/2-12/18	5:10-5:40P	\$36	400007-16
T,Th	12/2-12/18	6:20-6:50P	\$36	400007-17
Sa	9/6-10/25	9:35-10:05A	\$48	400007-20
Sa	9/6-10/25	10:45-11:15A	\$48	400007-21
Sa	11/1-12/27	9:35-10:05A	\$48	400007-22
Sa	11/1-12/27	10:45-11:15A	\$48	400007-23

Swim Level 3 Min/Max: 4/8

Prerequisite: Successful completion of Level 2 or demonstrate requirements. For the swimmer who can swim on front 5 body lengths without stopping. Learn rotary breathing, front crawl and elementary backstroke. Must be able to jump into shallow/deep water and move to the side comfortably.

Age: 6–16

M	9/8-10/27	5:45-6:15P	\$48	400008-01
M	9/8-10/27	6:55-7:25P	\$48	400008-02
M	11/3-12/15	5:45-6:15P	\$48	400008-03
M	11/3-12/15	6:55-7:25P	\$48	400008-04
T,Th	9/2-9/25	5:10-5:40P	\$48	400008-10
T,Th	9/2-9/25	6:55-7:25P	\$48	400008-11
T,Th	9/30-10/23	5:10-5:40P	\$48	400008-12
T,Th	9/30-10/23	6:55-7:25P	\$48	400008-13
T,Th	10/28-11/20	6:55-7:25P	\$48	400008-14
T,Th	10/28-11/20	6:55-7:25P	\$48	400008-15
T,Th	12/2-12/18	5:10-5:40P	\$36	400008-16
T,Th	12/2-12/18	6:55-7:25P	\$36	400008-17
Sa	9/6-10/25	9:35-10:05A	\$48	400008-20
Sa	11/1-11/27	8:25-8:55A	\$48	400008-21
Sa	11/1-12/27	9:35-10:05A	\$48	400008-22
Sa	11/1-12/27	8:25-8:55A	\$48	400008-23

Swim Level 4 Min/Max: 4/8

Prerequisite: Successful completion of Level 3 or demonstrate requirements. For the swimmer who can swim 25 yards front crawl without stopping and is comfortable in deep water. Learn back crawl, breaststroke, sidestroke while building endurance on front crawl and elementary backstroke.

Age: 6-16

M	9/8-10/27	5:10-5:40P	\$48	400009-01
M	11/3-12/15	5:10-5:40P	\$48	400009-02
T,Th	9/2-9/25	6:20-6:50P	\$48	400009-10
T,Th	9/30-10/23	6:20-6:50P	\$48	400009-11
T,Th	10/28-11/20	6:20-6:50P	\$48	400009-12
T,Th	12/2-12/18	6:20-6:50P	\$36	400009-13
Sa	9/6-10/25	11:20-11:50A	\$48	400009-20
Sa	11/1-12/27	11:20-11:50A	\$48	400009-21

Swim Level 5 Min/Max: 4/8

Prerequisite: Successful completion of Level 4 or demonstration of requirements. For the swimmer who can swim 50 yards front crawl, perform the breaststroke and back crawl for 25 yards and can tread water continuously for at least one minute. The butterfly stroke and flip turns on front and back are also introduced.

Age: 6-16

M	9/8-10/27	6:20-6:50P	\$48	400010-01
M	11/3-12/15	6:20-6:50P	\$48	400010-02
T,Th	9/2-9/25	5:45-6:15P	\$48	400010-10
T,Th	9/30-10/23	5:45-6:15P	\$48	400010-11
T,Th	10/28-11/20	5:45-6:15P	\$48	400010-12
T,Th	12/2-12/18	5:45-6:15P	\$36	400010-13
Sa	9/6-10/25	10:45-11:15A	\$48	400010-20
Sa	11/1-12/27	10:45-11:15A	\$48	400010-21

Swim Level 6 Min/Max: 4/8

Prerequisite: Successful completion of Level 5 or demonstrate requirements. For the swimmer who can swim a minimum of two laps without stopping and is efficient in competition strokes including front crawl (freestyle), breaststroke, butterfly and back crawl (backstroke). Work on refining strokes, developing power and smoothness over greater distances.

Age: 6-16

Sa	9/6-10/25	11:20-11:50A	\$48	400011-20
Sa	11/1-12/27	11:20-11:50A	\$48	400011-21

Swim Adult Beginner Min/Max: 4/10

Become more comfortable in the water and learn the basic skills to achieve a minimum level of water competency. Focus is on breath control, submerging, floating and learning the front crawl and elementary backstroke.

Age: 16+

Sa	9/6-10/25	8:25-8:55A	\$48	400015-20
Sa	11/1-12/27	8:25-8:55A	\$48	400015-21

Have you heard about the NEW Hydro Dash Kids Challenge on August 16?

Join this FUN race for kids ages 4-14 for a thrilling combo of water and speed. Racers are heated by age and are racing against the clock. Swim, run and crush the challenge! **See details on page 4.**

FITNESS COURT

7 movements in 7 minutes – use your own body weight to get a full body workout in just 7 minutes!

Fairgrounds Park | 700 S. Railroad Ave.

FREE!



lovgov.org/FitnessWellness

GROUP FITNESS CLASSES

Included with a pass/punch card/daily admission!

**NEW CLASSES
THIS FALL!**

GET MOTIVATED

With over 70 drop-in group fitness classes per week - **included in your daily admission** - there's something for EVERYONE. Getting fit is easier when others are rooting for you!

GET RESULTS

Our trained instructors inspire and encourage you to be the BEST you can be with safe, effective classes that deliver maximum results. All fitness levels welcome.

GET IN HERE

Challenge yourself to move your body and develop heart-healthy routines. Increase your cardio and muscular endurance. Get stronger, get flexible, get energized ... get in here!



**CURRENT
FITNESS SCHEDULE:**



Find all our current fitness & wellness info at:
lovgov.org/FitnessWellness



FITNESS & WELLNESS

Personal Training

Get maximum results in minimal time! Learn what your body needs and how it reacts to effective exercise. Working with a certified trainer who understands fitness, nutrition and health is one of the fastest, easiest and most successful ways to improve your health. Achieve long-term weight loss and develop healthy life-long habits; receive expert guidance and motivation; enhance sports performance; establish realistic and achievable fitness and nutritional goals. Call 970.962.2630 for more info or inquire at the front desk.

Personal trainer bios: lovgov.org/PersonalTrainers

Age: 16+

30-Minute Sessions

1 session	\$38
6 sessions	\$190
10 sessions	\$300

60-Minute Sessions

1 hour	\$55
3 hours	\$150
5 hours	\$240

Intro to Personal Training Package

If you are new to training or have not trained in over one year, this is a great place to start! Our trainers will work to inspire and encourage you to develop healthy habits and effective workouts. One hour and two 30-min sessions. Valid for one intro package per person.

3 sessions \$110

Loyal Guest Personal Training Specials

Save cash and earn free sessions when you buy a personal training package. **Specials valid September 2–13.** Limit two packages per person; must use within one year.

Age: 16+

30-Minute Sessions

6 sessions	\$190	Buy 6, Get 1 Free
10 sessions	\$300	Buy 10, Get 2 Free

60-Minute Sessions

5 hours	\$240	Buy 5, Get 1 Free Hour
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Lift Strong Weight Training for Age 12–13

Not old enough to use the strength equipment without parental supervision? Meet with a personal trainer to learn the fundamentals of weight training. Get set up on a weight training program and receive a wristband showing completion of the class to use the strength equipment on your own (you must wear wristband each time). Parents are NOT required to attend the class with you. Call Amy Genger at 970.962.2630, ext. 2.

Age: 12–13

August–December \$30 412001-01

Fitness Equipment Orientation

Our personal trainers can show you how to safely use the fitness equipment. Call 970.962.2386 for an appointment or schedule at the front desk. The orientation does not provide an exercise plan. FREE with paid admission

WORK HARD, FEEL GOOD

HIIT (High Intensity Interval Training) Min/Max: 5/10

HIIT is a variant of exercising that is the quickest way to burn fat and gain muscle simultaneously. It optimizes your workout time by utilizing a series of short, high-intensity intervals, followed by longer, low-intensity intervals. It boosts your metabolism and continues to burn calories hours after you're done! Loc: Cycling Rm

Age: 14+

T	9/2-9/23	10:00-10:40A	\$36	416115-1
T	9/30-10/28	10:00-10:40A	\$45	416115-2
T	11/4-11/18	10:00-10:40A	\$27	416115-3
T	12/2-12/16	10:00-10:40A	\$27	416115-4
F	9/5-9/26	10:00-10:40A	\$36	416115-5
F	10/3-10/31	10:00-10:40A	\$45	416115-6
F	11/7-11/21	10:00-10:40A	\$27	416115-7
F	12/5-12/19	10:00-10:40A	\$27	416115-8

TRX Suspension Training Min/Max: 5/8

TRX Suspension Training is a workout in which gravity and your own body weight is used to recruit and work many muscles at the same time. Training with TRX leads to enhanced strength, balance, flexibility and core stability. From beginners to athletes, anyone can use the TRX suspension trainer. Location: Fitness/Dance Studio

Age: 14+

T	9/2-9/23	9:00-9:40A	\$36	416117-03
T	9/2-9/23	5:40-6:20P	\$36	416117-04
Th	9/4-9/25	9:00-9:40A	\$36	416117-06
F	9/5-9/26	9:00-9:40A	\$36	416117-07
T	9/30-10/28	9:00-9:40A	\$45	416217-03
T	9/30-10/28	5:40-6:20P	\$45	416217-04
Th	10/2-10/30	9:00-9:40A	\$45	416217-06
F	10/3-10/31	9:00-9:40A	\$45	416217-07
T	11/4-11/18	9:00-9:40A	\$27	416317-03
T	11/4-11/18	5:40-6:20P	\$27	416317-04
Th	11/6-11/20	9:00-9:40A	\$27	416317-06
F	11/7-11/21	9:00-9:40A	\$27	416317-07
T	12/2-12/16	9:00-9:40A	\$27	416417-03
T	12/2-12/16	5:40-6:20P	\$27	416417-04
Th	12/4-12/18	9:00-9:40A	\$27	416417-06
F	12/5-12/19	9:00-9:40A	\$27	416417-07

Senior Strength Training Min/Max: 4/8

Check your current fitness levels and set goals to improve cardio endurance, flexibility, upper and lower body muscular strength, dynamic balance, agility, coordination and postural stability. The guidance of a trainer and the community of a class! You must complete a fitness orientation prior to class. Loc: Fitness/Dance

Age: 55+

M	9/8-9/29	1:30-2:30P	\$18	416119-01
M	10/6-10/27	1:30-2:30P	\$18	416119-02
M	11/3-11/17	1:30-2:30P	\$14	416119-03
M	12/1-12/15	1:30-2:30P	\$14	416119-04

Young & Active! Check out these new classes! See page 31 for Adult/Tot Yoga and page 32 for Children's Yoga and Youth Fitness classes.

ROOTED IN HEALTH

4 Weeks to Your Best Nutrition Min/Max: 3/8

Learn how to balance your plate to balance your blood sugar and stabilize your hunger hormones. Gain an understanding of each macro nutrient and the important roles it plays in the body. Decode nutrition labels and ingredient lists, and gain the tools to improve your eating habits, manage your health, develop a healthy relationship with food and achieve long-term success.

Instructor: Katie Hayes | Location: Chilson Conference Rm

Age: 14+

T	9/9-9/30	9:00-10:00A	\$99	413010-01
T	10/7-10/28	9:00-10:00A	\$99	413010-02

Low Carb Living Min/Max: 6/15

Are you pre-diabetic, suffering from type 2 diabetes, obesity, high blood pressure or high cholesterol? Has your doctor informed you a reduced carbohydrate lifestyle may help? You don't have to be keto to enjoy the benefits of reducing your carbohydrate intake. Limiting intake of carbs may be difficult, but finding alternatives can help. Learn helpful tips to begin and maintain a new reduced carbohydrate intake lifestyle. Lifestyle meetings held every month. Instructor: Candace Oates | Location: Party Rm

Age: 14+

Th	9/11	10:30-11:30A	\$25	418950-1
Th	10/2	10:30-11:30A	\$25	418950-2
Th	11/6	10:30-11:30A	\$25	418950-3
Th	12/4	10:30-11:30A	\$25	418950-4

Hearing Assessments Min/Max: 3/7

Listen up! On the 3rd Tuesday of every other month, audiologist Chris Hollabaugh is at Chilson to do basic hearing assessments. Location: Senior Center Clinic

Age: 18+

T	9/16	8:30-10:30A*	FREE	491267-1
T	11/18	8:30-10:30A*	FREE	491267-2

*After registration, you will be contacted to schedule a 10-minute appointment time between 8:30-10:30A

UCHealth/Aspen Club Balance Screenings

Physical and occupational therapists will assess your fall risk using the STEADI (Stopping Elderly Accidents, Deaths, & Injuries) initiative tools and protocols. Balance and fall prevention strategies, programs and resources will be shared based on your results.

Location: Chilson Conference Rm

Age: 50+ To schedule your FREE screening, call 970.495.8560.

Dates: Wednesdays 9/24, 10/22, 11/19, 12/17 Time: 9:30A-1:30P

reDEFINE Fit Boot Camp ❖

Get fit with a structured workout program, nutritional plan and the support of a team. This is for ALL fitness levels with a time table you can do. Pre & post camp assessments plus Saturday bonus camps! Call 970.214.7900 or email Ryan@reDEFINefitco.com for questions or to enroll. Location: Chilson Center

Age: 16+

AM Camp – 3 days per week + Saturday camps

M,W,F	9/8-10/17	6:00-7:00A	\$245
M,W,F	11/3-11/21	6:00-7:00A	\$120
M,W,F	12/1-12/19	6:00-7:00A	\$120

NOON Camp – 2 days per week + Saturday camps

T,Th	9/9-10/16	12:00-1:00P	\$165
T,Th	11/4-11/20	12:00-1:00P	\$80
T,Th	12/2-12/18	12:00-1:00P	\$80

OUTDOOR FITNESS

NEW! Beginner Mountain Bike Skills

Mountain biking is an exhilarating outdoor sport that combines physical endurance, technical skill and a deep connection with nature. Start with the basics – like balance, using the brakes properly and riding in the ready position. Then practice turning, going over small bumps and learning how to look ahead on the trail. All activities take place on gentle terrain, with FUN games and challenges to keep things exciting. Instructor: Eustis Habighorst
Min/Max: 4/10 Loc: Prairie Ridge Natural Area, 6400 N. Wilson Ave.
Age: 16+ Meet at the trailhead.

T	9/16-10/21	6:00-7:00P	\$60	451018-1
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YOGA

Sound Bath ❖ Min/Max: 5/15

Relaxation and meditation through resonate sound healing. This hour-long experience begins with 10 minutes of gentle stretching to prepare your body for stillness, followed by a sound bath with crystal quartz sound bowls, chimes and a rain stick. Location: Oak

Age: 14+

W	9/10	5:00-6:00P	\$15	418007-01
W	10/8	5:00-6:00P	\$15	418007-02
W	11/12	5:00-6:00P	\$15	418007-03
W	12/10	5:00-6:00P	\$15	418007-04

FIND YOUR BALANCE

Tai Chi – Level 1 & 2 Min/Max: 5/30

Tai Chi is an ancient form of Chinese exercise. Described as meditation in motion, it promotes serenity through gentle, flowing movements with each posture flowing into the next without pause, ensuring that your body is in constant motion. Slow movements develop strong bones from a firm rooting of the feet. It stimulates memory and generates a feeling of confidence and relaxation. Instructor: Dee Gorski | Location: Small Gym

Age: 18+

Level 1

M	9/8-11/10	11:30A-12:30P	\$80	427108-1
M	11/17-12/15	11:30A-12:30P	\$45	427108-2

Level 2

M	9/8-11/10	12:45-1:45P	\$80	427108-5
M	11/17-12/15	12:45-1:45P	\$45	427108-6

NEW! Beginner Qigong Min/Max: 5/20

Qigong's gentle repetitive movements include breathing techniques and meditation, creating an easy-to-learn alternative to other forms of martial arts. These adaptive practices may benefit flexibility, strength, digestion and circulation. Engage in sessions to focus on building and balancing energy while developing simple practices that may also help reduce tension and anxiety. Location: Fitness/Dance Instructor: Geoff Scheurman

Age: 18+

F	10/10-11/14	12:30-1:30P	\$46	490017-1
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Qigong Christmas Unwind and relax in this structured 90-minute intro session. Afterwards, socialize with others in the class and enjoy Christmas themed refreshments! Location: Hickory/Maple/Spruce Rm
F 12/12 1:00-3:00P \$12 490017-2

TAE KWON-DO

Tae Kwon-Do ❖ Min/Max: 5/25

Practice the traditional Chan Hun style of Tae Kwon-Do. Students learn to use their training to better their lives with the respect and courtesy that goes along with achieving each rank. Uniforms are not immediately required, but must be purchased before the student's first rank test. Please see the instructor to purchase a uniform.

Testing fees are a separate cost, payable to the instructor. **Multiple family member discount – must attend within same month and register at the Chilson front desk (register the highest-ranking student first).** Instructor: Sheila Shirley, IV Dan

Age: 7+ *No class 10/31, 11/25, 11/26, 11/27, 11/28

Beginner Rank: new students thru high white belt

Location: Thurs: Hickory Rm | Fri: Chilson Gymnastics Ctr

Th	9/4-10/30	6:00-7:15P	\$65	439970-1
F	9/5-10/24	5:00-6:15P	\$60	439970-2
Th	11/6-12/18*	6:00-7:15P	\$50	439970-3
F	11/7-12/19*	5:00-6:15P	\$50	439970-4

Intermediate Rank: gold belt thru blue belt

Choose to register for either 2 or 3 days per week. If you register for 2 days per week, you can pick the 2 days you wish to attend. This can vary week to week, allowing for flexibility!

Location: Tues/Wed: Hickory Rm | Fri: Chilson Gymnastics Ctr

2 times per week **Tues start at 6:40P, Wed/Fri start at 6:30P

T,W,F	9/2-9/26	6:30-8:00P**	\$50	439971-1
T,W,F	9/30-10/31*	6:30-8:00P**	\$60	439971-2
T,W,F	11/4-11/28*	6:30-8:00P**	\$40	439971-3
T,W,F	12/2-12/19	6:30-8:00P**	\$40	439971-4

3 times per week **Tues start at 6:40P, Wed/Fri start at 6:30P

T,W,F	9/2-9/26	6:30-8:00P**	\$65	439973-1
T,W,F	9/30-10/31*	6:30-8:00P**	\$70	439973-2
T,W,F	11/4-11/28*	6:30-8:00P**	\$55	439973-3
T,W,F	12/2-12/19	6:30-8:00P**	\$55	439973-4

Upper Rank: high blue belt & above

Choose to register for either 2 or 3 days per week. If you register for 2 days per week, you can pick the 2 days you wish to attend. This can vary week to week, allowing for flexibility!

Location: Tues/Wed: Hickory Rm | Fri: Chilson Gymnastics Ctr

2 times per week **Tues start at 6:40P, Wed/Fri start at 6:30P

T,W,F	9/2-9/26	6:30-8:30P**	\$60	439972-1
T,W,F	9/30-10/31*	6:30-8:30P**	\$70	439972-2
T,W,F	11/4-11/28*	6:30-8:30P**	\$50	439972-3
T,W,F	12/2-12/19	6:30-8:30P**	\$50	439972-4

3 times per week **Tues start at 6:40P, Wed/Fri start at 6:30P

T,W,F	9/2-9/26	6:30-8:30P**	\$75	439974-1
T,W,F	9/30-10/31*	6:30-8:30P**	\$80	439974-2
T,W,F	11/4-11/28*	6:30-8:30P**	\$65	439974-3
T,W,F	12/2-12/19	6:30-8:30P**	\$65	439974-4

SPA SERVICES

Therapeutic Massage w/ Joyce Meis, LMT

Sessions enhance relaxation, stress reduction and injury relief.

Fees: 30-min (\$45), 60-min (\$75) or 90-min (\$100)

Make an appointment: 970.691.3441

See page 42 for info on Medically Based Foot Care services.



LightStim®
PROFESSIONAL
LED BED

LIGHT UP YOUR LIFE

LED Light Therapy

LED Light Therapy is a non-invasive and natural treatment that has been proven safe and effective with over 7,000 medical and university studies. It is designed to help REJUVENATE, RENEW and REVIVE your body after workouts to allow for recovery.

The LightStim LED Therapy Bed is the first to gain over-the-counter FDA clearance. It is a soothing and gentle treatment that delivers warmth for a relaxing whole body treatment to maximize your body's potential for peak physiological performance.

Treatment	Fee	Passholder Fee *
LED Therapy Bed (40-min, reservation block 50-min)	\$50	\$25
Anti-Aging ProPanel (20-min, reservation block 25-min)	\$25	\$15
Intro Session (40-min, reservation block 50-min)	\$10	\$10
LED Therapy Sessions** (20-min, 10 pack)	\$199	\$99
(40-min, 10 pack)	\$299	\$149

*Passholder = Chilson 6 month, annual and monthly billed passholders; all info & fees subject to change

**Sessions are valid for 1 year from date of purchase



City of
LOVELAND
PARKS & RECREATION
CHILSON
Recreation & Senior Center

BOOK NOW: lovgov.org/Webtrac



ADAPTIVE RECREATION

Adaptive Recreation

Loveland Adaptive Recreation (AR) provides activities and services to individuals in the community who have varying levels of physical, emotional or intellectual abilities. The Adaptive Recreation Coordinator will work with individuals with disabilities as requested. Services include, but are not limited to, adaptive exercise, fitness orientations, class and registration information, leisure interest search assistance and advocacy to eliminate barriers.

Adaptive Programs

Adaptive programs are for individuals who may have disabilities and need modified support to participate in activities. These programs are open to everyone but are designed to meet the unique needs of individuals with physical, intellectual and/or emotional disabilities.

Contact Information

For more information, visit lovgov.org/ParksRecreation or contact 970.962.2462.

Personal Care Attendants

Individuals who are not independent in activities of daily living may participate with a personal care attendant. There is no fee for personal care attendants unless otherwise noted. Attendants need to register separately and note whom they will be assisting. Notify AR staff to coordinate a support plan prior to class start date.

Unified Sport Leagues

Loveland Parks & Recreation offers unified teams for sports like basketball, soccer and softball. They are teams comprised of players with and without disabilities. These leagues may work with rule additions and changes that allow all players to be supported and make gameplay fair. Unified sports programs promote gross motor coordination, dynamic decision making, inter-player communication, endurance and wellness.

Modifications

If a modification is required to participate in any recreation program, please indicate the modification needed during the registration process at least two weeks before the class begins. Adaptive Recreation staff will work with program leaders to determine how to most effectively provide needed modifications for full participation.

Unified Volleyball* Min/Max: 4/12

Come learn basic volleyball skills, drills and have FUN with new friends! Scrimmages will be played. Location: Small Gym
Special Olympics opportunity available – please see below.

Age: 8–15

W	10/1-11/5	6:00-7:00P	\$35	469200-1
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Age: 16+

W	10/1-11/5	7:00-8:00P	\$35	469300-1
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Flag Football Min/Max: 7/10

This FUN, inclusive program welcomes individuals of all abilities, promoting teamwork, skill development and sportsmanship in a supportive environment where every participant has the chance to grow and succeed. Location: Seven Lakes Park, 1975 Park Dr.

Age: 16+

Th	9/4-10/23	5:30-6:30P	\$30	469001-1
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Bowling* Min/Max: 4/24

Join others to strike a pose and bowl for FUN! Registration fee includes 5 weeks of bowling including two games and shoes. Location: Sweetheart Lanes, 2320 N. Lincoln Ave.

Special Olympics opportunity available – please see below.

Age: 15+

T	9/9-10/7	6:00-7:30P	\$60	469100-1
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T	10/14-11/11	6:00-7:30P	\$60	469100-2
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***Special Olympics Opportunity**

Opportunities to participate in Special Olympics end of season tournaments ARE offered. **Please Note:** separate registration is required through Special Olympics to participate in these events.

Adaptive Pickleball Min/Max: 4/10

Come try out your pickleball skills at Adaptive Pickleball! Pickleball is a FUN court sport that combines elements of tennis, badminton and ping pong. Join us for beginner-friendly lessons designed to help you develop your skills and knowledge of the game, all in an encouraging and adaptive environment. All equipment is provided. Location: Large Gym

Age: 8–15

M	10/6-10/27	6:00-7:00P	\$28	469040-1
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Age: 18+

M	10/6-10/27	7:00-8:00P	\$28	469050-1
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Adaptive Craft Classes Min/Max: 4/12

Join friends and create something beautiful! Monthly craft themes; activity modified as needed for participants.

Location: Party Rm

Age: 14+

M	9/8	6:00-7:00P	\$5	469400-2
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M	10/13	6:00-7:00P	\$5	469400-4
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M	11/10	6:00-7:00P	\$5	469400-6
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M	12/8	6:00-7:00P	\$5	469400-8
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Bingo, Board Games & Billiards! Min/Max: 4/12

Join friends and make new ones playing Bingo, board games and billiards for an evening of FUN. Location: Senior Billiards Rm

Age: 18+

W	9/17	5:30-7:00P	\$5	469500-1
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W	10/15	5:30-7:00P	\$5	469500-2
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W	11/19	5:30-7:00P	\$5	469500-3
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W	12/17	5:30-7:00P	\$5	469500-4
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LOVELAND FARMERS MARKET

SWEET!
 Come for honey vendors, mead, bee-themed products, demo hive & Busy Bee Kids Zone.
PLUS! Enjoy the Honeybee Hustle timed run (\$) with Sweetheart City Racing.

HONEY FESTIVAL

PRESENTED BY MEADKRIEGER MEADERY

Sunday, Sept 7

lovgov.org/HoneyFestival

SUNDAYS 9A–1P | FAIRGROUNDS PARK



ADULT ATHLETICS

League Skill Definitions

LEVEL 1 - Competitive (Age 16+)

For teams who wish to play in the highest level of competition. Players should be very proficient in all skills and strategies.

LEVEL 2 - Recreation (Age 16+)

For teams who wish to play for reasons other than exercise without getting into highly competitive levels of play. Players should have average to above average skills and knowledge of the sport.

LEVEL 3, 4 & 5 - Leisure (Age 16+)

For teams who wish to play for exercise in a low-key environment. Players should be beginners learning skills and techniques.

Payments & Rosters Full payment for each team is required at the time of registration. Major credit cards accepted. Rosters are required prior to the teams' first game. Enroll your team and complete your roster on TeamSideline.com/Loveland

TeamSideline.com/Loveland is used for all sport schedules, tournament dates, information packets, weather notifications and more! Check it out!

Volunteer Youth Coaches Needed!

Many activities need assistance! Call the coordinator for your area of expertise. Have FUN and make a difference this season.

Athletic Coordinators

General Athletics Info	970.962.2445 Athletics@CityofLoveland.org
Adult & Youth Softball	Dana 970.962.2450 Dana.Redford@CityofLoveland.org
Adult & Youth Basketball	
Adult Kickball	
Youth Flag Football	
Cornhole	Savannah 970.962.2445 Savannah.Maldonado@CityofLoveland.org
Adult & Youth Volleyball	
CARA Track	
Gymnastics	
Volunteer Program	Karl 970.962.2444 Karl.VonZwehl@CityofLoveland.org
Adult & Youth Soccer	
Youth Baseball & T-Ball	
Pickleball	
Adult & Youth Tennis	Kim 970.962.2437, Program Supervisor Kim.Miller@CityofLoveland.org
Batting Cages	

Fall Softball**Register 6/30-8/4**

Early Bird (thru 7/28).....\$465/team
 Team Fee (7/29-8/4).....\$515/team
 Schedules online 8/15 after 4P. League begins week of 8/25.

Day	Start Date	Level	Class #
T	8/26	Men's 1 (Comp)	474001-1
T	8/26	Men's 2 (Rec)	474002-2
T	8/26	Men's 3 (Leisure)	474002-3
Th	8/28	Men's 2 (Rec)	474002-4
M	8/25	Coed 1 (Comp)	474201-1
M	8/25	Coed 2 (Rec)	474202-2
M	8/25	Coed 3 (Leisure)	474202-3
Th	8/28	Men's Church 2 (Rec)	474301-2

Fall Coed Kickball**Register 6/30-8/4**

Early Bird (thru 7/28).....\$290/team
 Team Fee (7/29-8/4).....\$340/team
 Schedules online 8/15 after 4P. League begins 8/27.

Day	Start Date	Level	Class #
W	8/27	Coed 2 (Rec)	476201-1

Fall Coed Soccer**Register 6/30-7/21**

Early Bird (thru 7/14).....\$1,080/team
 Team Fee (7/15-7/21).....\$1,130/team
 Schedules available online. League begins 8/3.
 Registering for an open level that your team does not play in will not guarantee enrollment in the league.

Day	Start Date	Level	Class #
Su	8/10	Coed 1 (Comp)	477201-1
Su	8/10	Coed 2A (Rec Comp)	477201-2
Su	8/10	Coed 2B (Rec)	477201-3

Fall Volleyball**Register 6/30-8/25**

Early Bird (thru 8/18).....\$335/team
 Team Fee (8/19-8/25).....\$375/team
 Schedules available online. League begins week of 9/8.

Please see website for league descriptions. We reserve the right to reassign teams if necessary.

Day	Start Date	Level	Class #
M	9/8	Women's 1A (High Comp)	471101-1
M	9/8	Women's 1B (Comp)	471101-2
M	9/8	Women's 2A (Rec Comp)	471101-3
M	9/8	Women's 2B (Rec)	471101-4
W	9/10	Coed 3 (Leisure)	471201-5
Th	9/11	Coed 1A (High Comp)	471201-1
Th	9/11	Coed 1B (Comp)	471201-2
Th	9/11	Coed 2A (Rec Comp)	471201-3
Th	9/11	Coed 2B (Rec)	471201-4

Fall Basketball**Register 6/30-9/1**

Early Bird (thru 8/25).....\$455/team
 Team Fee (8/26-9/1).....\$505/team
 Schedules online 9/5 after 4P. League begins 9/14.

Day	Start Date	Level	Class #
Su	9/14	Men's 2 (Chilson)	473001-1

Guess what?

Volleyball, basketball and pickleball courts are available at the Chilson Center for drop-in use. Racquetball, too! **See page 3 for gym schedules.**

Winter Volleyball**Register 11/10-12/8**

Early Bird (thru 12/1).....\$335/team
 Team Fee (12/2-12/8).....\$375/team
 Schedules available online. League begins week of 1/5/26.

Age: 16+

Day	Start Date	Level	Class #
M	9/5	Women's 1A (High Comp)	171101-1
M	9/5	Women's 1B (Comp)	171101-2
M	9/5	Women's 2A (Rec Comp)	171101-3
M	9/5	Women's 2B (Rec)	171101-4
W	9/7	Coed 3 (Leisure)	171201-5
Th	9/8	Coed 1A (High Comp)	171201-1
Th	9/8	Coed 1B (Comp)	171201-2
Th	9/8	Coed 2A (Rec Comp)	171201-3
Th	9/8	Coed 2B (Rec)	171201-4

Winter Basketball**Register 11/10-12/8**

Early Bird (thru 12/1).....\$545/team
 Team Fee (12/2-12/8).....\$595/team
 Schedules online 12/24 after 4pm. League begins week of 1/11/26.

Age: 16+

Day	Start Date	Level	Class #
T	1/13	Men's 2 (Peakview)	173001-3
Su	1/11	Men's 2 (Chilson)	173001-4

Pickleball: Beginning Skills Min/Max: 8/10

Learn this FUN sport that's similar to tennis, badminton and ping pong! All equipment provided. Instructors: Bob Monroe, Pam McGee, George Richards

Register online beg 8/4, 6P until filled**Age: 18+ Fee: \$55**

Day	Date	Time	Location	Class #
M	9/8-9/29	8:00-10:00A	Sunnyside	476113-70
T	10/7-11/4	7:00-9:00A	Large Gym	476113-71
T	11/4-12/2	7:00-9:00A	Large Gym	476113-73
T	9/2-9/23	6:00-8:00P	Osborn	476113-74
T	9/30-10/21	2:00-4:00P	Large Gym	476113-76
T	10/28-11/18	2:00-4:00P	Large Gym	476113-77
W	9/3-9/24	10:00A-12:00P	Osborn	476113-78
W	10/1-10/22	10:00A-12:00P	Large Gym	476113-79
W	10/29-11/19	10:00A-12:00P	Large Gym	476113-80

Pickleball: Level 2 Mentored Play Min/Max: 8/10

Prerequisite: Completion of the Beginning Skills class within the past 6 months. Move from a beginner to confidently playing within the larger pickleball community. Learn fundamental skills, specific techniques and doubles strategy. Instructor: George Richards

Register online beg 8/4, 6P until filled**Age: 18+ Fee: \$55**

Day	Date	Time	Location	Class #
W	9/3-9/24	6:00-8:00P	Osborn	476114-62
W	10/1-10/22	6:00-8:00P	Large Gym	476114-63
W	10/29-11/19	6:00-8:00P	Large Gym	476114-64

Pickleball: The First Four Shots Min/Max: 8/10

Prerequisite: Players should be comfortable playing and be able to sustain a basic game. The focus of these classes is on developing the first four shots of every point. We'll work in depth on serves, returns, third shots and dinks. Instructor: Bob Monroe

Register online beg 8/4, 6P until filled**Age: 18+ Fee: \$55**

Day	Date	Time	Location	Class #
W	9/3-9/24	6:00-8:00P	Osborn	476115-62
F	10/10-10/31	4:00-6:00P	Large Gym	476115-63



YOUTH ATHLETICS

Youth Athletic Registration Deadlines

Please note the registration deadlines for our Youth Athletic Team Sports. Registration will begin the season prior with hard deadlines approximately 2–3 weeks before the program start date to allow for improved planning and coordination.

Youth Sport	Early Bird Fee	Regular Fee	Registration Deadline	Start Date
FALL soccer, flag football, volleyball	6/30	7/22	8/4	8/25
FALL basketball	6/30	9/23	10/6	10/20
WINTER 2026 basketball	10/20	11/18	12/1	1/12/26

Early Bird registration begins at 6:00P

TENNIS ANYONE? Check out our tennis lessons with Williams Tennis School this fall! All levels and all ages welcome. More info on page 23.

Schools and City Parks map is on page 50.

[TeamSideline.com/Loveland](https://teamsideline.com/Loveland) is used for all sport schedules, tournament dates, information packets, weather notifications and more! Check it out!

Wait List Policy

If a class is full, you may be placed on ONE wait list. You are contacted when there is a cancellation or if a class is added (depends on facility, coach, participants).

Teams Depend on Volunteer Coaches

Volunteer coaches are essential to our athletic programs. **Teams will only run if a coach is identified, so all teams are subject to cancellation.** Coaching is rewarding! And if your child is on the team, their registration fee is waived. All materials and equipment provided. Sign up to coach at [TeamSideline.com/Loveland](https://teamsideline.com/Loveland) and go to COACH! > Sign up to COACH!

Youth Athletic T-Shirts

Each participant is required to wear a Youth Athletics T-Shirt unless otherwise noted (purchase at Mountain Rentals, Inc. 401 E. Eisenhower Blvd. in Loveland).

Do you have questions about youth athletics or our volunteer program?

Call 970.962.2445 for more info.

Fall Soccer/Pre-K Instructional Min/Max: 6/10

Drills and FUN games are used to introduce soccer basics. Basics are taught during scheduled practice times only. No additional games played on Saturdays. Youth Athletic T-Shirts not required. **NEW!** We now offer just one combined waitlist for Pre/K Soccer.

If your preferred section is full, please register for the WAITLIST section (see below). We'll contact you as spots become available on teams that may meet your needs.

Teams will only run if a coach is identified, so all teams are subject to cancellation. Coaching is rewarding! And if your child is on the team, their registration fee is waived. Sign up to coach at TeamSideline.com/Loveland Dates/times are subject to change.

Register: 6/30-8/25 Fee: \$69 (Early Bird thru 8/4), \$89 (after 8/4)

Visit lovgov.org/WebTrac to view section dates, times & locations. Scan here for direct access ➡

Age: 4-6 ▶ #433000

WAITLIST: 433000-99

**Fall Youth Soccer Leagues**

Emphasizes equal participation while learning soccer fundamentals and having FUN! Practices held twice/week. Games are Saturdays at Kroh Park. Youth Athletic T-Shirts and shin guards are required.

NEW! We now offer just one combined waitlist for each grade level. **If your preferred section is full, please register for the WAITLIST section (see below).** We'll contact you as spots become available on teams that may meet your needs.

Teams will only run if a coach is identified, so all teams are subject to cancellation. Coaching is rewarding! And if your child is on the team, their registration fee is waived. Sign up to coach at TeamSideline.com/Loveland Dates/times are subject to change.

Register: 6/30-8/4 Fee: \$79 (Early Bird thru 7/21), \$99 (after 7/21)

Visit lovgov.org/WebTrac to view section dates, times & locations. Scan here for direct access ➡

**Fall Soccer/Pre-K**

Min/Max 8/12

Age: 4-5 ▶ #433004 Age: 5-6 ▶ #433006

WAITLIST: 433004-99 WAITLIST: 433006-99

Fall Soccer/1st & 2nd Grade

Min/Max: 8/12

Boys ▶ #433011 Girls ▶ #433021

WAITLIST: 433011-99 WAITLIST: 433021-99

Fall Soccer/3rd & 4th Grade

Min/Max 11/15

Boys ▶ #433013 Girls ▶ #433023

WAITLIST: 433013-99 WAITLIST: 433023-99

Fall Soccer/5th & 6th Grade

Min/Max 11/15

Boys ▶ #433015 Girls ▶ #433025

WAITLIST: 433015-99 WAITLIST: 433025-99

Fall Soccer/7th & 8th Grade

Min/Max 11/18

Coed ▶ #433017

WAITLIST: 433017-99

Fall Itty Bitty Ballers Basketball Min/Max 6/10

A FUN coed program to learn the fundamentals of basketball with modified rules and basket height. Practices/games held at Chilson.

Register: 6/30-10/6 Fee: \$69 (Early Bird thru 9/22), \$89 (after 9/22)

Grade: K-1 *No class 11/29

Sa	11/1-12/13*	9:00-9:50A	Large Gym	432021-01
Sa	11/1-12/13*	9:00-9:50A	Large Gym	432021-02
Sa	11/1-12/13*	10:00-10:50A	Large Gym	432021-03
Sa	11/1-12/13*	10:00-10:50A	Large Gym	432021-04
Sa	11/1-12/13*	11:00-11:50A	Large Gym	432021-05
Sa	11/1-12/13*	11:00-11:50A	Large Gym	432021-06

Fall Girls Basketball Min/Max: 6/10

Learn fundamentals, enhance current skills, develop good sportsmanship and have FUN! Practices held at area elementary schools twice per week; games played Saturdays beginning 11/1. Required: Youth Athletic T-shirt, non-marking soled shoes

Register: 6/30-10/6 Fee: \$79 (Early Bird thru 9/22), \$99 (after 9/22)

Girls Grade: 2-3 *No practice/games 11/24-11/29

M,W	10/20-12/13*	5:00-5:50P	Centennial El	432023-01
T,Th	10/21-12/13*	5:00-5:50P	Centennial El	432023-02
M,W	10/20-12/13*	5:00-5:50P	Cottonwood	432023-03
M,W	10/20-12/13*	5:00-5:50P	Coyote Ridge	432023-04
M,W	10/20-12/13*	6:00-6:50P	Edmondson	432023-05
M,W	10/20-12/13*	5:00-5:50P	Garfield El	432023-06
T,Th	10/21-12/13*	5:00-5:50P	Namaqua El	432023-07
T,Th	10/21-12/13*	5:00-5:50P	Ponderosa	432023-08
T,Th	10/21-12/13*	6:00-6:50P	Winona El	432023-09
T,Th	10/21-12/13*	6:00-6:50P	High Plains	432023-10

Girls Grade: 4-5 *No practice/games 11/24-11/29

M,W	10/20-12/13*	6:00-6:50P	Centennial El	432024-01
T,Th	10/21-12/13*	6:00-6:50P	Centennial El	432024-02
M,W	10/20-12/13*	6:00-6:50P	Cottonwood	432024-03
M,W	10/20-12/13*	6:00-6:50P	Coyote Ridge	432024-04
M,W	10/20-12/13*	7:00-7:50P	Edmondson	432024-05
M,W	10/20-12/13*	6:00-6:50P	Garfield El	432024-06
T,Th	10/21-12/13*	6:00-6:50P	Namaqua El	432024-07
T,Th	10/21-12/13*	6:00-6:50P	Ponderosa	432024-08
T,Th	10/21-12/13*	7:00-7:50P	Winona El	432024-09
T,Th	10/21-12/13*	6:00-6:50P	High Plains	432024-10

Fall Youth Pickleball Min/Max: 4/10

Pickleball promotes footwork, eye-hand coordination, teamwork and exercise. Develop your skills and knowledge of the game through our FUN beginner lessons for youth! All equipment provided. Instructor: George Richards

Register: 8/4 beginning at 6P until filled Fee: \$30

Age 7-9

M	9/8-9/29	6:00-7:00P	Osborn	476117-01
M	11/10-12/1	6:00-7:00P	Large Gym	476117-02

Age 10-12

M	9/8-9/29	7:00-8:00P	Osborn	476118-01
M	11/10-12/1	7:00-8:00P	Large Gym	476118-02

Fall Adaptive Pickleball Min/Max: 4/10

Pickleball is a FUN court sport that combines elements of tennis, badminton and ping pong. Join us for beginner-friendly lessons designed to help you develop your skills and knowledge of the game, all in an encouraging and adaptive environment. All equipment is provided.

Register: 8/4 beginning at 6P until filled Fee: \$28

Age: 8-15

M	10/6-10/27	6:00-7:00P	Large Gym	469040-1
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Age: 18+

M	10/6-10/27	7:00-8:00P	Large Gym	469050-1
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Fall Flag Football Min/Max: 8/12

Elementary-aged children learn the fundamentals of football. Practices held twice per week with games on Saturdays beginning 9/6 at Loveland Sports Park. Required: Youth Athletic T-shirt

Register: 6/30-8/4 Fee: \$79 (Early Bird thru 7/21), \$99 (after 7/21)

Grade: 1-2

T,Th	8/26-10/11	5:30-6:30P	Centennial EI	438101-01
T,Th	8/26-10/11	5:30-6:30P	High Plains	438101-02
M,W	8/25-10/11	5:30-6:30P	Kroh 6	438101-03
M,W	8/25-10/11	5:30-6:30P	Loch Lon 4	438101-04
T,Th	8/26-10/11	5:30-6:30P	Loch Lon 4	438101-05
M,W	8/25-10/11	5:30-6:30P	LSP 7	438101-06
T,Th	8/26-10/11	5:30-6:30P	LSP 7	438101-07
M,W	8/25-10/11	5:30-6:30P	Mehaffey N	438101-08

Grade: 3-4

M,W	8/25-10/11	5:30-6:30P	Centennial EI	438103-01
T,Th	8/26-10/11	5:30-6:30P	High Plains	438103-02
T,Th	8/26-10/11	5:30-6:30P	Kroh 6	438103-03
M,W	8/25-10/11	5:30-6:30P	Loch Lon 4	438103-04
T,Th	8/26-10/11	5:30-6:30P	Loch Lon 4	438103-05
M,W	8/25-10/11	5:30-6:30P	LSP 7	438103-06
T,Th	8/26-10/11	5:30-6:30P	LSP 7	438103-07
T,Th	8/26-10/11	5:30-6:30P	Mehaffey N	438103-08

Grade: 5-6

T,Th	8/26-10/11	5:30-6:30P	LSP 7	438105-01
T,Th	8/26-10/11	5:30-6:30P	Kroh 6	438105-02
T,Th	8/26-10/11	5:30-6:30P	Loch Lon 4	438105-03
M,W	8/25-10/11	5:30-6:30P	Mehaffey N	438105-04

Fall Coed Volleyball Min/Max: 6/10

Learn the basics while having FUN! Rules may be adapted to meet skill levels. Parents encouraged to help coach. Practices held twice per week; games played on Saturdays beginning 9/6 at Chilson.

Register: 6/30-8/4 Fee: \$79 (Early Bird thru 7/21), \$99 (after 7/21)

Grade: 2-3

M,W	8/25-10/4	5:00-6:15P	Cottonwood	437002-01
M,W	8/25-10/4	6:30-7:45P	Centennial EI	437002-02
M,W	8/25-10/4	6:30-7:45P	Coyote Ridge	437002-03
T,Th	8/26-10/4	6:30-7:45P	Coyote Ridge	437002-04
T,Th	8/26-10/4	5:00-6:15P	Namaqua EI	437002-06
T,Th	8/26-10/4	5:00-6:15P	Centennial EI	437002-07
M,W	8/25-10/4	6:30-7:45P	Namaqua EI	437002-08
T,Th	8/26-10/4	5:00-6:15P	Ponderosa	437002-09

Grade: 4-5

M,W	8/26-10/4	6:30-7:45P	Cottonwood	437004-01
M,W	8/25-10/4	5:00-6:15P	Centennial EI	437004-02
M,W	8/25-10/4	5:00-6:15P	Coyote Ridge	437004-03
T,Th	8/26-10/4	5:00-6:15P	Coyote Ridge	437004-04
T,Th	8/26-10/4	6:30-7:45P	Namaqua EI	437004-06
T,Th	8/26-10/4	6:30-7:45P	Centennial EI	437004-07
M,W	8/25-10/4	5:00-6:15P	Namaqua EI	437004-08
T,Th	8/26-10/4	6:30-7:45P	Ponderosa	437004-09

Fall Coed CARA Volleyball Min/Max: 6/10

CARA (Colorado Association of Recreational Athletics) offers a FUN, non-ranked and non-sanctioned environment where young players can develop competitive skills and strategies. **Practice 2x/week, with three Saturday game days in the Denver metro area, competing against teams from other local recreational agencies.** A team jersey is required (included in the registration fee).

Register: 6/30-8/4 Fee: \$108

Grade: 5-6

M,W	8/25-10/25	5:00-6:15P	Ponderosa	437001-05
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Grade: 7-8

M,W	8/25-10/25	6:30-7:45P	Ponderosa	437001-07
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Winter Basketball Boys 2nd-5th Grade

Learn fundamentals, enhance current skills, develop good sportsmanship and have FUN! Teams have two one-hour practices per week plus six games on Saturdays beginning 1/24 at the Chilson Recreation Center and local schools. Required: Youth Athletics T-shirt, non-marking soled shoes. Min/Max: 6/10

Register: 10/20-12/1

Fee: \$79 (Early Bird thru 11/17), \$99 (after 11/17)

Grade: 2-3

T,Th	1/13-2/28	6:00-6:50P	Carrie Martin	132013-02
M,W	1/12-2/28	5:00-5:50P	Centennial EI	132013-03
T,Th	1/13-2/28	5:00-5:50P	Centennial EI	132013-04
M,W	1/12-2/28	5:00-5:50P	Cottonwood	132013-05
M,W	1/12-2/28	5:00-5:50P	Coyote Ridge	132013-07
M,W	1/12-2/28	6:00-6:50P	Edmondson	132013-08
M,W	1/12-2/28	5:30-6:20P	Garfield EI	132013-09
M,W	1/12-2/28	6:00-6:50P	Lincoln EI	132013-10
T,Th	1/13-2/28	5:00-5:50P	Namaqua EI	132013-11
T,Th	1/13-2/28	5:00-5:50P	Ponderosa	132013-12
T,Th	1/13-2/28	5:30-6:20P	Winona EI	132013-14
T,Th	1/13-2/28	6:00-6:50P	High Plains	132013-15

Grade: 4

T,Th	1/13-2/28	7:00-7:50P	Carrie Martin	132014-02
T,Th	1/13-2/28	6:00-6:50P	Centennial EI	132014-03
M,W	1/12-2/28	6:00-6:50P	Cottonwood	132014-04
M,W	1/12-2/28	6:00-6:50P	Coyote Ridge	132014-05
M,W	1/12-2/28	7:00-7:50P	Edmondson	132014-06
M,W	1/12-2/28	6:30-7:20P	Garfield EI	132014-07
M,W	1/12-2/28	7:00-7:50P	Lincoln EI	132014-08
T,Th	1/13-2/28	6:00-6:50P	Namaqua EI	132014-11
T,Th	1/13-2/28	6:00-6:50P	Ponderosa	132014-12
T,Th	1/13-2/28	6:30-7:20P	Winona EI	132014-14
T,Th	1/13-2/28	6:00-6:50P	High Plains	132014-15

Grade: 5

M,W	1/12-2/28	6:00-6:50P	Centennial EI	132015-02
T,Th	1/13-2/28	7:00-7:50P	Centennial EI	132015-03
M,W	1/12-2/28	7:00-7:50P	Cottonwood	132015-04
M,W	1/12-2/28	7:00-7:50P	Coyote Ridge	132015-05
M,W	1/12-2/28	7:30-8:20P	Garfield EI	132015-06
T,Th	1/13-2/28	7:00-7:50P	Namaqua EI	132015-07
T,Th	1/13-2/28	7:00-7:50P	Ponderosa	132015-09
T,Th	1/13-2/28	7:30-8:20P	Winona EI	132015-10

Athletics information and text alerts at TeamSideline.com/Loveland

Celebrate with an eSports Party!

Play Nintendo Switch™ games on projector-sized screens. We also offer swim and gymnastics parties! **Call 970.962.2468 or visit lovgov.org/BirthdayParties**

Larkin Family Memorial Scholarship

This scholarship fund has been established to honor the memory of Jace Larkin, who lived and loved Loveland Parks & Recreation through youth sports, swimming, Chilson and more. Scholarships are awarded seasonally to youth for the purpose of enrolling in Loveland Parks & Recreation activities and developing the love of recreation that Jace had. Eligible recipients are age 17 & under. Priority is given to first-time applicants. Complete an application at lovgov.org/RecFinancialAssistance

SUPERTOTS SPORTS

SuperTots Sports | Age: 2-5 ❖

SuperTots programs are a great opportunity for kids ages 2 to 5 to get out and play in a fun, preschool-based sports environment. We focus on preschool skills like listening, following directions, sharing, waiting turns, as well as colors, numbers, shapes, sizes and more. We do it all with a ball – baseball, basketball, football, soccer and volleyball! We love teaching both preschool skills and sports skills. Give your little superstar an awesome first step into sports with SuperTots!

Info | Registration: Skyhawks.com/Supertots



SoccerTots (soccer) ❖

SoccerTots is our flagship program! Our classes focus on developing motor skills and self-confidence while also learning balance, dribbling, foot-eye coordination and running control. We also introduce an element of light competition.

Location: Chilson Center

Age: 2

T	9/2	10:00-10:50A	Try for FREE
T	9/9-10/7	10:00-10:50A	\$89

Age: 3

T	9/2	11:00-11:50A	Try for FREE
T	9/9-10/7	11:00-11:50A	\$89

Location: Mehaffey Park

Age: 3

Sa	9/6	9:00-9:50A	Try for FREE
Sa	9/13-10/11	9:00-9:50A	\$89

Age: 4

Sa	9/6	10:00-10:50A	Try for FREE
Sa	9/13-10/11	10:00-10:50A	\$89

Age: 5

Sa	9/6	11:00-11:50A	Try for FREE
Sa	9/13-10/11	11:00-11:50A	\$89

1st DownTots (football) ❖

Huddle up with 1stDownTots and learn about football in a safe, non-contact environment. This program is focused on enhancing fitness, coordination and fundamental skills while fostering a love for the game. Each session is packed with excitement and learning! We do not do any tackling or blocking at this level.

Location: Chilson Center

Age: 2

T	10/14	10:00-10:50A	Try for FREE
T	10/21-11/18	10:00-10:50A	\$89

Age: 3

T	10/14	11:00-11:50A	Try for FREE
T	10/21-11/18	11:00-11:50A	\$89

EXPLORE. GIVE BACK. VOLUNTEER.

JOIN OUR TEAM!

lovgov.org/Volunteer (Variety of Opportunities)
TeamSideline.com/Loveland (Loveland Athletics)
Offero.CityofLoveland.org (Open Lands & Trails)



Williams Tennis School, LLC, leads the City of Loveland tennis program. Steve Williams is certified by the USPTA as a P1 Elite Professional and as a High Performance Coach. He is "SafePlay" and "SafeSport" certified by the USTA & USPTA.

Register NOW for:

- **Juniors 5-6 yrs** will be taught hand/eye coordination and motor skills with mini-nets and red balls in a fun and game-based approach to learning.
- **Juniors 7-10 yrs** will be taught proper footwork patterns and mechanics in a fun game-based environment using the orange balls on a 60' court.
- **Juniors 10-15 yrs** will be taught all aspects of tennis with the green dot ball as they progress to the regular yellow ball on the full court.
- **UTR (Universal Tennis Rating)** events and tournaments for all levels of juniors and adults.
- **Adults** learn all aspects of singles and doubles while including proper tactics, shot selection, mental skills, footwork patterns and mechanics.

REGISTER: WilliamsTennisSchool.com

QUESTIONS: ukansas1@gmail.com or 970.222.3439



Barnes Softball Complex | 405 S. Cleveland

Featuring NEW machines! 3 slow pitch softball, 2 softball and 2 baseball stations with 3 speeds to choose from. Bats/helmets available onsite.



MORE INFO



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Spring 2026 Season | March - May

Training once a week - Shirt included!
COST: \$125 PER SEASON

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**LOVELAND
SPORTS
PARK**

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Did you know that Loveland has a Parks & Recreation Foundation?



Since 1983, this dedicated group of citizens has worked to raise funds for many programs benefiting parks & recreation opportunities in Loveland.

The Foundation's primary program is the Youth Recreational Scholarship Program. It helps ensure that all Loveland children can participate in recreational activities, helping them improve self-awareness, motor skills, goal setting and conflict resolution – all while building self-confidence.

Scholarship funds are available for a wide variety of activities offered through the City of Loveland Parks & Recreation Department including pottery, gymnastics, swim lessons, youth sports and much more!

Ways YOU Can Help Support The Foundation

- Walmart Spark Good Round Up Program
WalMart.com/Registry/RegistryForGood
- King Soopers Community Rewards Program
KingSoopers.com/i/Community/Community-Rewards
- Make a donation on our website or through Colorado Gives Day
- Get involved and sponsor one of our events
- Volunteer your time or join our Board of Directors



Help us **MAKE A DIFFERENCE**
for a **BRIGHTER TOMORROW**



Learn more at LovelandPRFoundation.org



GYMNASTICS & DANCE

Preschool Playtime Min/Max: 4/15

Come run, jump, climb and play in the Chilson Gymnastics Center! Bring an adult buddy to play with. A staff person is present to assist as needed. Pay for child only and **present your receipt to the staff person.**

Age: 3-6 Fee: \$8 ea.

T	9/9	12:30-1:30P	430466-01
T	9/16	12:30-1:30P	430466-02
T	9/23	12:30-1:30P	430466-03
T	9/30	12:30-1:30P	430466-04
T	10/7	12:30-1:30P	430566-01
T	10/14	12:30-1:30P	430566-02
T	10/21	12:30-1:30P	430566-03
T	10/28	12:30-1:30P	430566-04
T	11/11	12:30-1:30P	430666-01
T	11/18	12:30-1:30P	430666-02
T	12/2	12:30-1:30P	430666-03
T	12/9	12:30-1:30P	430666-04

Gymnastics Open Gym Min/Max: 4/12

Drop in for extra workouts or practice skills on our equipment in an unstructured, safe environment. An instructor is present to lead a warm-up, set up stations, spot skills and assist. Pay for child only and **present your receipt to the staff person.**

Age: 6-16 Fee: \$8 ea.

Sa	9/13	2:30-3:30P	430470-01
Sa	9/20	2:30-3:30P	430470-02
Sa	9/27	2:30-3:30P	430470-03
Sa	10/4	2:30-3:30P	430470-04
Sa	10/11	2:30-3:30P	430570-01
Sa	10/18	2:30-3:30P	430570-02
Sa	10/25	2:30-3:30P	430570-03
Sa	11/1	2:30-3:30P	430570-04
Sa	11/15	2:30-3:30P	430670-01
Sa	11/22	2:30-3:30P	430670-02
Sa	12/6	2:30-3:30P	430670-03
Sa	12/13	2:30-3:30P	430670-04

FLIP OUT with a GYMNASTICS PARTY!

Celebrate your birthday with your friends in the gymnastics room with facilitated activities. Visit lovgov.org/BirthdayParties for detailed info. We also offer swim parties and eSports parties. Call 970.962.2468 and come jump, tumble and play!

Mini Movers Exploration Min/Max: 4/12

Spend time with your little one exploring the gym in a less structured environment. Help them increase spatial awareness, gross motor and social skills through FUN obstacle courses, swinging on bars and balancing on beams. Basic safety and spotting covered. An adult buddy is required; all children participating must be registered. Location: Chilson Gymnastics Ctr

Age: Walkers–3 Fee: \$38

M	9/8-9/29	9:15-9:45A	430400-01
W	9/10-10/1	9:15-9:45A	430400-02
F	9/12-10/3	10:45-11:15A	430400-03
M	10/6-10/27	9:15-9:45A	430500-01
W	10/8-10/29	9:15-9:45A	430500-02
F	10/10-10/31	10:45-11:15A	430500-03
M	11/10-12/8	9:15-9:45A	430600-01
W	11/12-12/10	9:15-9:45A	430600-02
F	11/14-12/12	10:45-11:15A	430600-03

Parent/Tot Tumbling Min/Max: 4/12

Ready to try some structure? This class is instructor-led, including a warm-up, stretching, an introduction to basic skills on the apparatus and ending with a group activity. A parent or caregiver is required to direct/assist their child. Location: Chilson Gymnastics Ctr

Age: 2–3 Fee: \$38

T	9/9-9/30	9:00-9:30A	430401-01
Th	9/11-10/2	9:45-10:15A	430401-02
Sa	9/13-10/4	9:00-9:30A	430401-03
T	10/7-10/28	9:00-9:30A	430501-01
Th	10/9-10/30	9:00-9:30A	430501-02
Sa	10/11-11/1	9:00-9:30A	430501-03
T	11/11-12/9	9:00-9:30A	430601-01
Th	11/13-12/11	9:45-10:15A	430601-02
Sa	11/15-12/13	9:00-9:30A	430601-03

Wiggle Worms Min/Max: 4/6

Get your wiggles out as we tumble, climb, bounce and swing! A transitional class for 3 year olds seeking more independence. Parent participation optional. Location: Chilson Gymnastics Ctr

Age: 3 Fee: \$38

M	9/8-9/29	10:00-10:30A	430403-01
T	9/9-9/30	10:45-11:15A	430403-02
Th	9/11-10/2	9:00-9:30A	430403-03
F	9/12-10/3	10:00-10:30A	430403-04
M	10/6-10/27	10:00-10:30A	430503-01
T	10/7-10/28	10:45-11:15A	430503-02
Th	10/9-10/30	9:00-9:30A	430503-03
F	10/10-10/31	10:00-10:30A	430503-04
M	11/10-12/8	10:00-10:30A	430603-01
T	11/11-12/9	10:45-11:15A	430603-02
Th	11/13-12/11	9:00-9:30A	430603-03
F	11/14-12/12	10:00-10:30A	430603-04

Tumbling Tots Min/Max: 4/6

Experience obstacle courses, increase strength, balance & flexibility in a FUN, creative environment while enhancing socialization and independence. Explore the bars, beams, vault, trampoline and tumbling in this FUN-filled class! Location: Chilson Gymnastics Ctr

Age: 3–4 Fee: \$48

M	9/8-9/29	10:45-11:30A	430406-01
T	9/9-9/30	9:45-10:30A	430406-02
W	9/10-10/1	10:00-10:45A	430406-03
W	9/10-10/1	4:30-5:15P	430406-04
Th	9/11-10/2	10:30-11:15A	430406-05
F	9/12-10/3	9:00-9:45A	430406-06
Sa	9/13-10/4	9:45-10:30A	430406-07
M	10/6-10/27	10:45-11:30A	430506-01
T	10/7-10/28	9:45-10:30A	430506-02
W	10/8-10/29	10:00-10:45A	430506-03

Tumbling Tots (continued)**Age: 3–4 Fee: \$48**

W	10/8-10/29	4:30-5:15P	430506-04
Th	10/9-10/30	10:30-11:15A	430506-05
F	10/10-10/31	9:00-9:45A	430506-06
Sa	10/11-11/1	9:45-10:30A	430506-07
M	11/10-12/8	10:45-11:30A	430606-01
T	11/11-12/9	9:45-10:30A	430606-02
W	11/12-12/10	10:00-10:45A	430606-03
W	11/12-12/10	4:30-5:15P	430606-04
Th	11/13-12/11	10:30-11:15A	430606-05
F	11/14-12/12	9:00-9:45A	430606-06
Sa	11/15-12/13	9:45-10:30A	430606-07

Tumble Mania Min/Max: 4/8

Is your child constantly jumping, rolling, flipping and bouncing? This class will teach them how to safely do those things and much more. Learn rolls, handstands, cartwheels, roundoffs, backbends and handsprings. Most skills and drills will first be learned on the Tumbl Trak trampoline then progress to the floor exercise mat. As the child progresses, more advance tumbling skills are introduced. Location: Chilson Gymnastics Ctr

Age: 3.5–5 Fee: \$48

M	9/8-9/29	11:45A-12:30P	430408-01
T	9/9-9/30	11:30A-12:15P	430408-02
F	9/12-10/3	11:30A-12:15P	430408-03
M	10/6-10/27	11:45A-12:30P	430508-01
T	10/7-10/28	11:30A-12:15P	430508-02
F	10/10-10/31	11:30A-12:15P	430508-03
M	11/10-12/8	11:45A-12:30P	430608-01
T	11/11-12/9	11:30A-12:15P	430608-02
F	11/14-12/12	11:30A-12:15P	430608-03

Kidnastics Min/Max: 4/8

Age-appropriate skills are taught through the use of obstacle courses and FUN stations for the development of strength, balance and flexibility. Introduction to basic gymnastic skills on the bars, beam, vault and floor exercise. Location: Chilson Gymnastics Ctr

Age 4–5 Fee: \$58

M	9/8-9/29	12:45-1:45P	430410-01
M	9/8-9/29	4:30-5:30P	430410-02
W	9/10-10/1	5:30-6:30P	430410-03
Th	9/11-10/2	11:30A-12:30P	430410-04
F	9/12-10/3	12:30-1:30P	430410-05
Sa	9/13-10/4	10:45-11:45A	430410-06
M	10/6-10/27	12:45-1:45P	430510-01
M	10/6-10/27	4:30-5:30P	430510-02
W	10/8-10/29	5:30-6:30P	430510-03
Th	10/9-10/30	11:30A-12:30P	430510-04
F	10/10-10/31	12:30-1:30P	430510-05
Sa	10/11-11/1	10:45-11:45A	430510-06
M	11/10-12/8	12:45-1:45P	430610-01
M	11/10-12/8	4:30-5:30P	430610-02
W	11/12-12/10	5:30-6:30P	430610-03
Th	11/13-12/11	11:30A-12:30P	430610-04
F	11/14-12/12	12:30-1:30P	430610-05
Sa	11/15-12/13	10:45-11:45A	430610-06

Advanced Kidnastics Min/Max: 4/8

For those 4 and 5 year olds who are ready for advanced skills. **Instructor approval required.** Location: Chilson Gymnastics Ctr

Age 4–5 Fee: \$58

W	9/10-10/1	5:30-6:30P	430415-01
Th	9/11-10/2	12:45-1:45P	430415-02
W	10/8-10/29	5:30-6:30P	430515-01
Th	10/9-10/30	12:45-1:45P	430515-02
W	11/12-12/10	5:30-6:30P	430615-01
Th	11/13-12/11	12:45-1:45P	430615-02

Intro to Gymnastics Min/Max: 4/8

New to gymnastics? This is the place to start! Be introduced to all apparatus and terminology so you are prepared for Novice Level 1. Location: Chilson Gymnastics Ctr

Age: 6–12 Fee: 1 day/wk \$58; 2 days/wk \$73

M	9/8-9/29	5:45-6:45P	430417-01
T,Th	9/9-10/2	4:30-5:30P	430417-02
W	9/10-10/1	6:45-7:45P	430417-03
Sa	9/13-10/4	12:00-1:00P	430417-04
M	10/6-10/27	5:45-6:45P	430517-01
T,Th	10/7-10/30	4:30-5:30P	430517-02
W	10/8-10/29	6:45A-7:45P	430517-03
Sa	10/11-11/1	12:00-1:00P	430517-04
M	11/10-12/8	5:45-6:45P	430617-01
T,Th	11/11-12/11	4:30-5:30P	430617-02
W	11/12-12/10	6:45-7:45P	430617-03
Sa	11/15-12/13	12:00-1:00P	430617-04

Novice Level 1 Min/Max: 4/8

The fundamentals of gymnastics are taught on each event - vault, uneven bars, balance beam & floor exercise. **Instructor approval required.** Location: Chilson Gymnastics Ctr

Age 6–12 Fee: 1 day/wk \$58; 2 days/wk \$73

M	9/8-9/29	5:45-6:45P	430420-01
T,Th	9/9-10/2	4:30-5:30P	430420-02
W	9/10-10/1	6:45-7:45P	430420-03
Sa	9/13-10/4	12:00-1:00P	430420-04
M	10/6-10/27	5:45-6:45P	430520-01
T,Th	10/7-10/30	4:30-5:30P	430520-02
W	10/8-10/29	6:45-7:45P	430520-03
Sa	10/11-11/1	12:00-1:00P	430520-04
M	11/10-12/8	5:45-6:45P	430620-01
T,Th	11/11-12/11	4:30-5:30P	430620-02
W	11/12-12/10	5:45-6:45P	430620-03
Sa	11/15-12/13	12:00-1:00P	430620-04

Beginner Level 2 Min/Max: 4/8

For those who have completed and mastered the skills in Novice Level 1 and are ready for more challenging skills. **Instructor approval required.** Loc: Chilson Gymnastics Ctr

Age 6–12 Fee: 1 day/wk \$58; 2 days/wk \$73

M	9/8-9/29	7:00-8:00P	430425-01
T,Th	9/9-10/2	5:45-6:45P	430425-02
Sa	9/13-10/4	1:15-2:15P	430425-03
M	10/6-10/27	7:00-8:00P	430525-01
T,Th	10/7-10/30	5:45-6:45P	430525-02
Sa	10/11-11/1	1:15-2:15P	430525-03
M	11/10-12/8	7:00-8:00P	430625-01
T,Th	11/11-12/11	5:45-6:45P	430625-02
Sa	11/15-12/13	1:15-2:15P	430625-03

Advanced Beginner Level 3 Min/Max: 4/8

This level continues to build a strong foundation of skills on each event. **Instructor approval required.**

Location: Chilson Gymnastics Ctr

Age 6–12 Fee: 1 day/wk \$58; 2 days/wk \$73

T,Th	9/9-10/2	5:45-6:45P	430430-01
Sa	9/13-10/4	1:15-2:15P	430430-02
T,Th	10/7-10/30	5:45-6:45P	430530-01
Sa	10/11-11/1	1:15-2:15P	430530-02
T,Th	11/11-12/11	5:45-6:45P	430630-01
Sa	11/15-12/13	1:15-2:15P	430630-02

Intermediate Level 4 Min/Max: 4/8

A more involved class focusing on fine tuning and correct execution of all skills on each event while continuing to learn new ones. **Instructor approval required.**

Location: Chilson Gymnastics Ctr

Age 6–12 Fee: \$88

T,Th	9/9-10/2	6:45-8:15P	430435-01
T,Th	10/7-10/30	6:45-8:15P	430535-01
T,Th	11/11-12/11	6:45-8:15P	430635-01

Advanced Intermediate Level 5 Min/Max: 4/8

This level corresponds with USAG Level 5 in which advanced skills, strength and flexibility are emphasized. **Instructor approval required.** Location: Chilson Gymnastics Ctr

Age 6–14 Fee: \$88

T,Th	9/9-10/2	6:45-8:15P	430440-01
T,Th	10/7-10/30	6:45-8:15P	430540-01
T,Th	11/11-12/11	6:45-8:15P	430640-01

Homeschool Gymnastics Min/Max: 4/8

Join other homeschoolers for an hour of FUN gymnastics. We will utilize our developmental program curriculum to ensure growth and progress in a fun and safe environment. A great way to incorporate physical education into your homeschool curriculum. Location: Chilson Gymnastics Ctr

Age: 5–16 Fee: \$58

W	9/10-10/1	11:00A-12:00P	430450-01
W	10/8-10/29	11:00A-12:00P	430550-01
W	11/12-12/10	11:00A-12:00P	430650-01

CHEER TEAMS

The Cheer and Dance Connection Recreational Performance Team ❖

Ready, OK! These high energy recreational cheer teams are designed to help you learn dances, tumbling, jumps and stunts through sportsmanship and teamwork. Poms are available for use during class. Each session includes a community performance (CSU football performance in September, local competition in November). Cheer shirts are worn during performances and practices. Min/Max: 4/40
\$25 T-shirt & bow fee paid to instructor.

Location: Chilson Gymnastics Ctr

Age: 4–12 Fee: \$95

Su	9/7-10/12	1:00-2:00P	439900-01
Su	10/19-11/23	1:00-2:00P	439900-02

No school? Chilson has you covered!

Spend school days out and holiday breaks having FUN at Chilson in our full-day licensed child care programs.
See page 33 for details.

**Children perform better when parents & siblings observe from the viewing area.
Thank you for your cooperation!**

DANCE WITH ANIMA ARTS

Dance classes with Anima Arts are dedicated to supporting children and families' health through movement education. Anima Arts was founded by Mimi Ferrie Lee, a Northern Colorado native, with over 20 consecutive years in dance and performing arts education. Our team of caring and knowledgeable teachers supports children's neurological, physical and social-emotional development through joyful and creative dance classes.

Dance & Storytime for Toddlers & Families ❖

A weekly class featuring dance, stories and creative play. Deepen your family bond and meet new folks while your little mover builds their brain, body and heart through dance and creative movement. Favorite children's books will inspire each week's theme.

Min/Max: 5/8 Location: Cherry Rm ***No class 11/25**

Age: 1.5-3 (Instructor: Mary)

T	9/2-10/14	9:15-9:55A	\$84	457022-1
T	10/22-12/10*	9:15-9:45A	\$84	457022-2

Mini Dancers: Ballet | Tap | Jazz ❖ Min/Max: 6/9

Preschoolers are introduced to creative dance, ballet, tap and jazz skills through inspiring music and imagery. This class celebrates the way kids learn best... through play, connection and exploration!

Location: Cherry Rm ***No class 11/25 & 11/26**

Age: 3-4 (Instructor: Mary)

T	9/2-10/14	10:00-10:45A	\$84	457012-1
T	10/21-12/9*	10:00-10:45A	\$84	457012-5

Age: 3-4 (Instructor: Gina)

W	9/3-10/15	9:15-10:00A	\$84	457012-2
W	10/22-12/10*	9:15-10:00A	\$84	457012-6

Age: 3.5-5 (Instructor: Mimi)

W	9/3-10/15	3:15-4:00P	\$84	457012-4
W	10/22-12/10*	3:15-4:00P	\$84	457012-8

Age: 4-5 (Instructor: Gina)

W	9/3-10/15	10:05-10:50A	\$84	457012-3
W	10/22-12/10*	10:05-10:50A	\$84	457012-7

Kids, Youth & Homeschool Dance ❖

These expressive and high energy classes are all about finding your groove, expression and artistic voice. Dancers learn various dance styles through skill-building, games and choreography.

Min/Max: 6/12 Instructor: Mimi ***No class 11/26**

NEW! Homeschool, Age: 5.5-8 (Location: Cherry Rm)

Jazz & Tap

W	9/3-10/15	11:00-11:45A	\$84	458081-1
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Ballet & Tap

W	10/22-12/10*	11:00-11:45A	\$84	458081-2
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Kids, Age: 5-7 (Location: Maple/Spruce Rm)

Jazz & Tap

W	9/3-10/15	4:05-4:55P	\$84	458082-1
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Contemporary

W	10/22-12/10*	4:05-4:55P	\$84	458082-2
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Youth, Age: 7.5-11 (Location: Maple/Spruce Rm)

Musical Theatre & Jazz

W	9/3-10/15	5:00-5:55P	\$84	458083-1
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Contemporary

W	10/22-12/10*	5:00-5:55P	\$84	458083-2
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ADULT ENRICHMENT DANCE

Line Dance Min/Max: 8/40

Get exercise and socialize! Instructor: Tracey Ingraham

Age: 18+

Level 1: Beginning Country

Learn beginning line dance steps including grapevine, coaster step, triple step, jazz box and more. A great foundation!

Location: Hickory/Maple/Spruce Rm

M	9/8-9/29	9:45-10:45A	\$22	490080-1
M	10/6-10/27	9:45-10:45A	\$22	490080-2
M	11/3-11/17	9:45-10:45A	\$17	490080-3
M	12/1-12/15	9:45-10:45A	\$17	490080-4

Level 2: High Beginning Country

For those who have taken a beginner class, but aren't quite ready for the Continuing class.

Location: Hickory/Maple/Spruce Rm

W	9/3-9/24	9:05-10:05A	\$22	490081-1
W	10/1-10/29	9:05-10:05A	\$28	490081-2
W	11/5-11/19	9:05-10:05A	\$17	490081-3
W	12/3-12/17	9:05-10:05A	\$17	490081-4

Level 3: Continuing Country

For those who already know a step or two!

Location: Fitness/Dance Studio

Th	9/4-9/25	10:45A-12:15P	\$28	490083-1
Th	10/2-10/30	10:45A-12:15P	\$32	490083-2
Th	11/6-11/20	10:45A-12:15P	\$21	490083-3
Th	12/4-12/18	10:45A-12:15P	\$21	490083-4

Level 4: Contemporary Country

Dance the hottest new line dances to current country music and top 40 hits. Dances vary from beginner to intermediate levels, so some line dancing experience is a plus.

Location: Hickory/Maple/Spruce Rm

W	9/3-9/24	8:00-9:00A	\$22	490085-1
W	10/1-10/29	8:00-9:00A	\$28	490085-2
W	11/5-11/19	8:00-9:00A	\$17	490085-3
W	12/3-12/17	8:00-9:00A	\$17	490085-4

Level 5: Intermediate Country **Instructor approval required.**

Intermediate levels only. Learn more advanced country line dance steps. More dances, faster pace! Location: Fitness/Dance Studio

Th	9/4-9/25	12:30-1:45P	\$28	490086-1
Th	10/2-10/30	12:30-1:45P	\$32	490086-2
Th	11/6-11/20	12:30-1:45P	\$21	490086-3
Th	12/4-12/18	12:30-1:45P	\$21	490086-4

Tap Dance – Level 1 & 2 Min/Max: 6/20

Always wanted to tap dance? Now is your chance! Studies show that dancing is the best activity for keeping your brain active. Improve your balance, listening skills and coordination, and have FUN dancing to great music while challenging your brain by learning simple to more advanced choreography.

Instructor: Sally Fortenberry | Location: Maple/Spruce Rm

Age: 18+

Level 1: Tap basics for anyone who has not danced with Sally. Covers basic steps, terminology and tap history.

T	9/23-11/11	1:15-2:15P	\$80	490021-1
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Level 2: **Instructor approval required.** For those with recent experience; moves fast with complicated choreography.

T	9/23-11/11	2:30-3:30P	\$80	490021-2
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PRESCHOOL

Small Fries Preschool is a Level 5 rated preschool with the Colorado Shines Program, a quality rating and improvement system that monitors and supports early learning programs. Its primary functions are to help participating programs improve their quality through assessment, training and tools, and to connect Colorado families with quality child care.

FALL 2025 SMALL FRIES PRESCHOOL

A quality-rated, state-licensed preschool for your 3 to 5 year old that includes a balance of play-based, child-directed discovery and teacher-led, small group activities. Kindergarten-readiness is ensured through the encouragement of self-regulation, critical thinking and problem-solving skills. The Small Fries Preschool program follows the Colorado Early Learning & Developmental Guidelines. To learn more, visit lovgov.org/SmallFries

REGISTRATION FOR FALL 2025 BEGAN FEBRUARY 4.
SPACES ARE LIMITED. REGISTRATION NOT AVAILABLE ONLINE.

- Visit lovgov.org/SmallFries to download a registration form and submit it in person at the Chilson Center. Available spaces are filled on a first-come, first-served basis.
- An annual, non-refundable registration fee of \$35 is due at the time of enrollment. Session fees may be paid in full or spread into monthly payments, due on the first of each month during the session.
- The Fall 2025 session runs September 2–December 19 and generally follows the Thompson School District calendar for district-wide holiday breaks and weather-related closures.

**Call 970.962.2499 for more information
or to schedule a tour.**

UNIVERSAL PRE-K (UPK)

Small Fries Preschool will participate in Universal Pre-K in the 2025-2026 school year and will offer 15 hours of free programming to eligible students. Please visit lovgov.org/SmallFries for more info.



UNIVERSAL PRE-K (UPK) MATCHING PROCESS

To match to the Small Fries Preschool UPK class, you must complete a Family Application through the UPK website: upk.Colorado.gov

Fall 2025 Pre-K (UPK) Age: 4–5

Days	Dates	Times	Fee
M-W	9/2-12/17	8:30A-1:30P	Free w/UPK enrollment

Fall 2025 Preschool Age: 3–4

Days	Dates	Times	Fee
Th,F	9/4-12/19	9:00A-12:00P	\$672

LET'S MAKE MUSIC!

Key Magia Music ❖

Encourage the development of your child's musical skills with a curriculum that captures children's imagination and builds connections between music, movement and early learning. Classes are designed to teach foundational music skills and also promote increased attention span, impulse control and language skills. **An adult caregiver is required to attend for Musical Baby, Musical Toddler and Musical Child classes.** Location: Oak Rm

Musical Baby ❖ Min/Max: 4/10

Increase your baby's curiosity about music and establish a foundation for singing and movement while having FUN together! Includes singing, bouncing, rocking, wiggle games, peek-a-book games and simple instruments.

Age: 3 mo–1.5 *No class 10/3 & 11/28

F	9/5-10/24*	9:00-9:30A	\$49	460720-1
F	10/31-12/19*	9:00-9:30A	\$49	460720-2

Musical Toddler ❖ Min/Max: 5/10

Musical activities build music competency in your child as their language, motor skills and social skills grow. Includes singing, dancing, finger plays, scarf games, rhythm and tonal pattern games and instrument play.

Age: 1.3–3.5 *No class 10/2, 10/3, 11/27 & 11/28

Th	9/4-10/23*	9:00-9:40A	\$63	460722-01
Th	9/4-10/23*	10:00-10:40A	\$63	460722-02
F	9/5-10/24*	9:45-10:25A	\$63	460722-03
Th	10/30-12/18*	9:00-9:40A	\$63	460722-04
Th	10/30-12/18*	10:00-10:40A	\$63	460722-05
F	10/31-12/19*	9:45-10:25A	\$63	460722-06

Musical Child ❖ Min/Max: 5/10

Music for your growing preschooler! Includes singing, instrument play, scarf games, movement, circle games and more. We will focus on keeping a steady beat, using tuneful voices and learning music language for rhythm and tonal patterns, the foundations of music education!

Age: 3–4 *No class 10/2, 10/3, 11/27 & 11/28

Th	9/4-10/23*	11:00-11:40A	\$63	460732-1
F	9/5-10/24*	10:40-11:20A	\$63	460732-2
Th	10/30-12/18*	11:00-11:40A	\$63	460732-3
F	10/31-12/19*	10:40-11:20A	\$63	460732-4

Music Makers ❖ Min/Max: 4/10

Cultivate your child's musical development as they participate in simple ensembles as well as singing and movement activities. Experimenting with vocal sounds and drawing these sounds on paper will lead to creating simple compositions. They'll also have an opportunity to lead the class in their own musical creations!

No accompanying adult necessary, but are welcome.

Age: 4.5–5 *No class 10/3 & 11/28

F	9/5-10/24	11:35A-12:15P	\$63	460742-1
F	10/31-12/19	11:35A-12:15P	\$63	460742-2

NEW! Zumbini ❖ Min/Max: 5/15

Zumbini is an early childhood program that uses music and movement to promote cognitive, social, emotional and motor skill development. It's designed to be a bonding experience for parents/caregivers and children, fostering learning and FUN through singing, dancing and playing instruments. Location: Fitness/Dance Studio

Age: 1–5

F	9/5-9/26	11:30A-12:00P	\$20	457015-01
F	10/3-10/31	11:30A-12:00P	\$25	457015-02
F	11/7-11/21	11:30A-12:00P	\$15	457015-03
F	12/5-12/19	11:30A-12:00P	\$15	457015-04

EARLY LEARNERS

Preschool Prep Series Min/Max: 4/10

Children get the hands-on experience they need to start school with excitement. These targeted prep classes focus on the social-emotional AND academic skills they need to take their love of learning to the next level. One adult per child is welcome to stay but is encouraged to initiate the drop-off process. Children are not required to be fully toilet-trained; however, caregivers must remain onsite as restrooms are outside the classroom. Location: Oak Rm
Age: 2.5–3.5

Famous Stuffed Animals We Know & Love

Children will explore friendship, kindness, curiosity and more while playing with and reading about Winnie the Pooh, Peter Rabbit, Knuffle Bunny and Curious George.

Th	9/18-10/9	1:30-2:30P	\$56	455302-1
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"Mighty Me" Superheroes

What would your superpowers be if you were a superhero? Let's find out as you use your x-ray vision, mighty muscles and self-designed super-outfit to discover your favorite superhero qualities.

Th	10/23-11/13	1:30-2:30P	\$56	455302-2
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What Can We Do in the Winter?

Learn about FUN and engaging activities indoors & outside that are perfect for a cold, snowy winter's day or weekend.

Th	11/20-12/18	1:30-2:30P	\$56	455302-3
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NEW! Adult/Tot Yoga ❖ Min/Max: 5/10

Join us for a playful and interactive yoga class designed for parents and children to connect, move and breathe together. Through engaging poses, games and stories, you and your child will explore the joy of yoga while building strength, flexibility and mindfulness. **Parent participation required.** Instructor: Juliana Meik | Location: Fitness/Dance Studio

Age: 1.5–4 Register child only.

T	9/9-9/30	11:45A-12:15P	\$36	461004-01
T	10/7-10/28	11:45A- 3:15P	\$36	461004-02
T	11/4-11/18	11:45A-12:15P	\$27	461004-03
T	12/2-12/16	11:45A-12:15P	\$27	461004-04

DROP-IN

Chilson Childcare

Ages 3 months through 8 years

Come work out or take a Chilson class and drop the kids off for FUN in Chilson Childcare!

See page 2 for details.

CHILSON
Recreation & Senior Center



YOUTH & TEENS

YOUTH ENRICHMENT

Children's Yoga ❖ Min/Max: 5/10

Experience wellness through yoga-based movement and yoga-based breathing techniques combined with creative movement and music. Location: Fitness/Dance Studio

Age: 6–12

M	9/8-9/29	4:15-5:00P	\$36	414010-01
M	10/6-10/27	4:15-5:00P	\$36	414010-02
M	11/3-11/17	4:15-5:00P	\$27	414010-03
M	12/1-12/15	4:15-5:00P	\$27	414010-04

NEW! Youth Fitness ❖ Min/Max: 5/15

Develop healthy habits and physical skills while having FUN with new friends! Classes teach coordination, strength and cardio health. Learn proper techniques and burn off some energy! Parents are welcome but are not required to watch class; parents may use the fitness facility (as a paid guest). This is an option for families to engage in fitness at the same time. Drop-in childcare is available (\$) for children 3 mo–8 yrs. Bring the family and come work out! Location: Small Gym

Age: 6–12

Th	9/4-9/25	4:30-5:30P	\$24	416005-01
Th	10/2-10/30	4:30-5:30P	\$24	416005-02
Th	11/6-11/20	4:30-5:30P	\$18	416005-03
Th	12/4-12/18	4:30-5:30P	\$18	416005-04

NEW! Beginning Hand Drumming Min/Max: 5/20

Drumming is a universal activity that can be enjoyed by everyone! It is all inclusive and can provide many benefits including increased focus, memory and the reduction of tension, anxiety and stress.

Basic strikes and 3-4-part rhythms are taught through interactive and enthusiastic sessions facilitated by Nancy Brauhn-Curnes. No experience is required – these classes are FUN and easy! Drums and percussion instruments are provided. Location: Party Rm

***Class Dates: 9/11, 9/25, 10/9, 10/23, 11/13, 12/11**

Age: 9+

Th	9/11-12/11*	6:15-7:15P	\$120	462085-01
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Ultimate Babysitter's Boot Camp ❖ Min/Max: 6/16

A comprehensive skills-based class with topics covering business & leadership principles, discipline, communication, safe play, basic care for infants and children, disaster preparedness, preventing accidents, recognizing and responding to emergencies, infant and child CPR, choking and basic first aid. **CPR certification is NOT included.** Students receive a Child & Babysitting Safety Certificate from the American Safety & Health Institute. Location: Tiny Tot Rm

Age: 11–16

Sa	9/13	9:00A- 3:00P	\$79	461702-1
F	10/10	9:00A- 3:00P	\$79	461702-2
Sa	11/22	9:00A- 3:00P	\$79	461702-3

YOUTH CAMPS

Adventure Bound Day Camps (ABDC)

Children spend school days out and holiday breaks at the Chilson Center in our full-day licensed child care programs. A variety of crafts, games, enrichment activities and offsite field trips will keep brains and bodies actively engaged in a healthy dose of FUN! More info on daily activity schedules, policies and camper profiles available after registration.

Grade: K-5

An annual \$35 non-refundable registration fee is required (add #356903-1 to your account first). The registration fee is good for all other ABDC programs offered in 2025.

More Info: lovgov.org/abdc **Questions:** 970.962.2467

School Days Out

Registration closes on Mon, 10/6. All required paperwork is due by Wed, 10/8.

Camp Times: 7:30A-5:30P **Camp Fee:** \$60 (single day)**

Min/Max: 6/13 **Location:** Oak Rm

Dates	Themes	Activity #
F 10/10	PJ & Movie Day	456402-1
Th 10/16	Chilson Pool	456402-2
F 10/17	Around the World in a Day	456402-3

Winter Break Camp

Registration closes on Mon, 12/15. Online camper profiles must be completed by Wed, 12/17.

Camp Times: 7:30A-5:30P **Camp Fee:** \$60 (single day)**

Min/Max: 6/13 **Location:** Oak Rm

Dates	Themes	Activity #
M 12/22	Winter Survival	456702-1
T 12/23	Chilson Pool	456702-2
F 12/26	Holiday Favorites	456702-3
M 12/29	A Puzzling Good Time	456702-4
T 12/30	Chilson Pool	456702-5
F 1/2	Happy New Year!	456702-6
M 1/5	Mythical Creatures	456702-7
T 1/6	Chilson Pool	456702-8
W 1/7	Wonders of the Wild	456702-9

** Sibling Discount: 10% off for 2nd child; 15% off for add'l children

LEGO® CAMPS

Thanksgiving Break LEGO® Camps ❖

Gear up your engineering skills with thousands of LEGO® parts & experienced Play-Well instructors! Min/Max: 10/16 Loc: Party Rm

Minecraft Engineering Get ready to build your base, craft your tools, use your Minecraft to harvest raw resources and battle to stop the Ender Dragon from ending the world!

Age: 5-7

M-W 11/24-11/26 9:00A-12:00P \$126 461112-1

Minecraft Master Engineering

Build shelters to keep out Creepers, craft mystical items that only true masters can wield and perfect crossbow skills to stop the Wither from taking over!

Age: 8-12

M-W 11/24-11/26 1:00-4:00P \$126 461112-2

LEARN TO SKATE

SkateStart Skateboarding Camps ❖

These unique programs target your beginner/never-ever as well as your little ripper. **Helmet, skateboard and proper shoes are required.** Min/Max: 5/25 Instructor: Patrick O'Toole

Age: 5-12

School Day Out Camp

Develop skills, learning drop-ins, Ollies and more!

Location: Mehaffey Skate Park, 3285 W. 22nd St.

F 10/10	9:00A-12:00P	\$80	453913-2
Th 10/16	9:00A-12:00P	\$80	453913-3

HOOKED ON YARN

Kumihimo Braiding Min/Max: 4/7

Kumihimo is the ancient art of Japanese braid making using a foam disk, weights, embroidery threads and fine-gauge yarn.

\$5 supply fee payable to instructor at class.

Instructor: Lisa Ragsdale | Location: Oak Rm

Age: 12+

Sa 9/13	10:00A-12:00P	\$20	459158-1
Sa 9/27	10:00A-12:00P	\$20	459158-2

Beginning Knitting Min/Max: 5/7

Learn about yarns and fibers and how to use knitting needles to form basic stitches and fabrics. Step by step guidance gives you confidence to start a beginners project. **\$10 supply fee payable to instructor at first class.** Instructor: Lisa Ragsdale | Location: Oak

Age: 12+

T 11/4-11/18	10:00-11:00A	\$40	459150-1
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Beginning Crochet Min/Max: 5/7

Learn about yarns and fibers and how to use a crochet hook to form basic stitches and fabrics. Step by step guidance gives you confidence to start a beginners project. **\$7 supply fee payable to instructor at first class.** Instructor: Lisa Ragsdale | Location: Oak

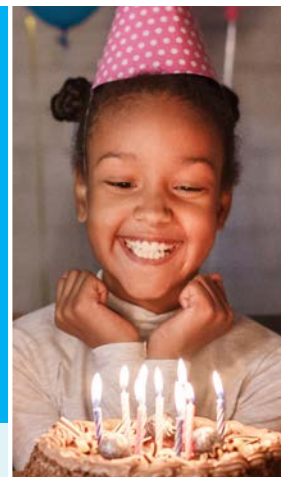
Age: 12+

W 12/3-12/17	10:00-11:00A	\$40	459152-1
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WOO HOO!
Celebrate
with a party
at Chilson!

Swimming, Gymnastics
& eSports Parties!

Call 970.962.2468





ART CLASSES AT ARTISAN YOU

All supplies included. Completed projects are kiln-fired onsite and ready for pick-up one week after class dates.

Location: Artisan You! Studio, 405 E. 7th St.

Preschool Storytime: *Little Owl's Day* ❖

Join us for a special storytime! Listen to *Little Owl's Day* – a beautifully illustrated tale about a curious little owl exploring the wonders of the daytime forest. Then paint your own ceramic owl using bright colors. Min/Max: 1/8

Age: 2–5

T	9/16	10:00-10:45A	\$16	460102-1
Sa	10/4	10:00-10:45A	\$16	460102-2

Penguin Plate ❖ Min/Max: 1/12

Paint an adorable snowy penguin on a ceramic plate! Learn FUN techniques like sponge painting a snowy background and simple brushwork. We guide you step by step and make it easy for you to create a piece you'll be proud of.

Age: 5–12

Sa	9/27	10:00-11:30A	\$29	461022-1
Sa	11/8	10:00-11:30A	\$29	461022-2

See page 32 for youth & teen activities.

Fused Glass for Kids: Pumpkin Suncatcher ❖

Create a beautiful, fused glass fall suncatcher! In this hands-on class, learn how to safely cut and arrange colorful glass pieces to design your own autumn pumpkin. Min/Max: 1/8

Age: 5–12

Sa	9/20	10:00-11:30A	\$25	461032-1
Sa	10/18	10:00-11:30A	\$25	461032-2

Fused Glass: Aspen Tree Suncatcher ❖

Design a vertical Aspen tree panel with fiery fall foliage using glass sheets, frit and stringers. Learn cutting techniques, layering for texture and design tips. Min/Max: 1/8

Age: 16+

Th	10/2	6:00-8:00P	\$44	462043-1
Sa	10/18	1:00-3:00P	\$44	462043-2

Fall Florals Mug ❖ Min/Max: 1/12

Sip in style this season! Paint a ceramic mug with fall florals and foliage – think mums, sunflowers, berries and warm-toned leaves. Learn to outline your design, choose a fall color palette and use fine brushes for layered detail. Perfect for all skill levels.

Age: 16+

Th	10/9	6:00-8:00P	\$37	462042-1
Sa	10/25	1:00-3:00P	\$37	462042-2

CHILSON POTTERY STUDIO

Use of all tools, glazes and kiln firings included in class fees.
Supply list on receipt. Youth classes include use of recycled clay.
Adult classes include 25 lbs. of new clay.

You & Me Clay Series Min/Max: 4/8

Work with your child to complete a unique project and create FUN memories! Learn hand-building techniques such as roll, slab, pinch and coil. All projects will be completed stoneware. **A guardian is required to attend/participate.** Instructor: Shanel Cass-Caskey
Age: 2.5–5 (9:00–10:30A) Age: 6–12 (11:00A–12:30P)

Haunted House				
Sa	10/4-10/11	9:00-10:30A	\$35	463043-1
Sa	10/4-10/11	11:00A-12:30P	\$35	463043-2
Christmas Ornaments				
Sa	12/13-12/20	9:00-10:30A	\$35	463043-3
Sa	12/13-12/20	11:00A-12:30P	\$35	463043-4

Pottery for Homeschoolers Min/Max: 4/6

Concentrate on the basics of hand-built stoneware, including various methods of forming pieces, glazing, tools and more!
Create pieces you can enjoy. Instructor: Shanel Cass-Caskey

Age: 5–7 (10–11:30A) Age: 8–13 (12:30–2P) *No class 11/25				
T	9/9-10/14	10:00-11:30A	\$90	463015-1
T	9/9-10/14	12:30-2:00P	\$90	463015-2
T	10/28-12/9*	10:00-11:30A	\$90	463015-3
T	10/28-12/9*	12:30-2:00P	\$90	463015-4

Pottery for Youth Min/Max: 4/6

Concentrate on the basics of hand-built stoneware, including various methods of forming pieces, glazing, tools and more!
Create pieces you can enjoy. Instructor: Carolyn Pearce

Age: 8–13 *No class 9/16 & 11/25				
T	9/9-10/21*	4:30-6:00P	\$90	463016-1
T	10/28-12/9*	4:30-6:00P	\$90	463016-2

Wheel Throwing Min/Max: 4/7

Learn to throw on the wheel or refine your skills and focus on making functional forms. Instructor: Carolyn Pearce

Age: 13+ *No class 9/17				
W	9/3-10/22*	9:00A-12:00P	\$210	463044-1
W	11/5-12/10	9:00A-12:00P	\$180	463044-2

Exploring the Wheel Min/Max: 4/7

For beginning through advanced learners; learn how to throw on the wheel or refine your skills as you focus on making functional forms. Instructor: Shanel Cass-Caskey

Age: 13+ *No class 10/16, 11/27, 12/4				
Th	9/11-10/30*	9:00-11:30A	\$175	463008-1
Th	11/6-12/18*	9:00-11:30A	\$125	463008-2

Hand Building: Basics Min/Max: 4/10

Learn to work with clay to hand build projects using the slab roller, extruder and hand tools. Create one-of-a-kind pieces while learning a variety of glazing techniques. Instructor: Shanel Cass-Caskey

Age: 13+ *No class 10/17, 11/28, 12/5				
F	9/12-10/24*	9:00-11:30A	\$150	463007-1
F	11/7-12/19*	9:00-11:30A	\$125	463007-2

Open Pottery Studio Min/Max: 4/10

Attend as many of these studio times as you like. An instructor is present to offer ideas, however no formal instruction is provided. Projects may not receive priority. Instructor: Shanel Cass-Caskey

Age: 13+ *No class 10/17				
M	9/8-10/27	9:00A-12:00P	\$240	463041-1
F	9/12-10/24*	5:00-8:00P	\$180	463041-2
M	11/3-12/22	9:00A-12:00P	\$240	463041-3
M	11/3-12/22	5:00-8:00P	\$240	463041-4

HOOKS & NEEDLES

Kumihimo Braiding Min/Max: 4/7

Kumihimo is the ancient art of Japanese braid making using a foam disk, weights, embroidery threads and fine-gauge yarn.

\$5 supply fee payable to instructor at class.

Instructor: Lisa Ragsdale | Location: Oak Rm

Age: 12+				
Sa	9/13	10:00A-12:00P	\$20	459158-1
Sa	9/27	10:00A-12:00P	\$20	459158-2

Beginning Knitting Min/Max: 5/7

Learn about yarns and fibers and how to use knitting needles to form basic stitches and fabrics. Step by step guidance gives you confidence to start a beginners project. **\$10 supply fee payable to instructor at first class.** Instructor: Lisa Ragsdale | Location: Oak

Age: 12+				
T	11/4-11/18	10:00-11:00A	\$40	459150-1

Beginning Crochet Min/Max: 5/7

Learn about yarns and fibers and how to use a crochet hook to form basic stitches and fabrics. Step by step guidance gives you confidence to start a beginners project. **\$7 supply fee payable to instructor at first class.** Instructor: Lisa Ragsdale | Location: Oak

Age: 12+				
W	12/3-12/17	10:00-11:00A	\$40	459152-1

Needle Felting Min/Max: 4/6

Needle felting is an old craft that has gained enormous popularity. Use a special needle, pad and wool to learn the basic skills!

\$10 supply fee for wool & needles payable to instructor at class. Instructor: Debby Widolf | Location: Chilson Conference Rm

Age: 18+				
Fall Leaves & Acorns				
Sa	9/6	9:30A-1:00P	\$30	491405-1
Dia de los Muertos				
Sa	10/4	9:30A-1:00P	\$30	491405-2
Wool Painted Cardinal in Winter				
Sa	11/1	9:30A-1:00P	\$30	491405-3
Holiday Ornament				
Sa	11/15	9:30A-1:00P	\$30	491405-4
Gnome Santa Bottle Topper				
Sa	12/13	9:30A-1:00P	\$30	491405-5

Have you experienced our LightStim® LED Therapy Bed? [See info on page 15.](#)

YOUTH COOKING

Cooking Up Halloween Surprises ❖ Min/Max: 5/16

Let's have some FUN creating SWEET & SPOOKY delights. These recipes are so delicious that you will be surprised at how healthy they really are! All recipes are vegan-vegetarian friendly. A consent form is required. Instructor: Sapna Von Reich
Location: Cherry Rm

Age: 6-13

Su	10/19	1:30-3:30P	\$30	464100-1
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Halloween Pancakes ❖ Min/Max: 5/16

Let's have some FUN creating SWEET & SPOOKY pancakes. These recipes are so delicious that you will be surprised at how healthy they really are! All recipes are vegan-vegetarian friendly. A consent form is required. Instructor: Sapna Von Reich
Location: Cherry Rm

Age: 6-13

Su	10/26	1:30-3:30P	\$30	460647-1
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Priceless Pomegranate ❖ Min/Max: 5/16

The ruby red, sweet, tart and edible seeds inside pomegranates are loaded with vitamins, minerals and antioxidants. Learn how to pick, peel and work with this amazing fruit and make some fabulous recipes (vegan-vegetarian friendly). A consent form is required. Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 6-13

Su	11/2	1:30-3:30P	\$30	464102-1
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Festive Sides for Thanksgiving ❖ Min/Max: 5/16

Give thanks and get creative with ingredients like cranberries, pumpkins, sweet potatoes and pomegranates to create cool side dishes. All recipes are vegan-vegetarian friendly. A consent form is required. Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 6-13

Su	11/16	1:30-3:30P	\$30	460654-1
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Cooking Cool Christmas Treats ❖ Min/Max: 5/16

Have FUN creating yummy edible treats. These treats make good homemade gifts for family, friends and teachers. A consent form is required. Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 6-13

Su	12/7	1:30-3:30P	\$30	461051-1
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Let's Bake for the Holidays ❖ Min/Max: 5/16

Learn all the tips and tricks to make sure your baked goodies turn out perfectly every time. All recipes are vegan-vegetarian friendly. Menu: double chocolate cake, pumpkin muffins and peanut butter cookies. A consent form is required. Instructor: Sapna Von Reich
Location: Cherry Rm

Age: 6-13

Su	12/14	1:30-3:30P	\$30	464103-1
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Youth Cooking Camp ❖ Min/Max: 5/16

This camp is all about warmth and comfort, yet healthy and very delicious food. Join for any number of days your holiday schedule allows. All recipes are vegan-vegetarian friendly. A consent form is required. Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 6-13 Fee: \$30 ea

Cookies & Brownies	Su	12/21	1:30-3:30P	464105-1
Coconut Delights	T	12/23	1:30-3:30P	464105-3
Holiday Brunch	F	12/26	1:30-3:30P	464105-4

ADULT COOKING

Curry in a Snap ❖ Min/Max: 6/13

A tasty meal that goes from your stove to your stomach in just 20 minutes! All recipes are gluten-free and vegan-vegetarian friendly. Menu: chana masala, spicy potato curry, tikka masala sauce - add any protein. Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 14+

T	9/23	6:00-8:15P	\$50	461900-1
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Healthy Ethiopian Dishes ❖ Min/Max: 6/13

Learn basic cooking techniques and explore Ethiopian ingredients such as fresh herbs, grains and spices. All recipes are gluten-free and vegan-vegetarian friendly. Menu: Misir Wot (red lentils), collard Gomen, Duba Wot (butternut squash in berbere sauce), teff flour crepe. Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 14+

W	10/29	6:00-8:15P	\$50	460648-1
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Slow Cooker Curries ❖ Min/Max: 6/13

Make authentic Indian curry in a slow cooker that is gluten-free, dairy-free and vegan-vegetarian friendly. Menu: spicy lentil soup, garbanzo bean curry, Saag (spinach curry), vegetable korma. Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 14+

M	11/3	6:00-8:15P	\$50	461902-1
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Thanksgiving Appetizers ❖ Min/Max: 6/13

Show up to Thanksgiving dinner with these delicious, healthy appetizers. All recipes are gluten-free, dairy-free and vegan-vegetarian friendly. Menu: carrot almond pate, balsamic mushrooms, pomegranate cranberry chutney, brussel sprouts and persimmon salad, homemade Boursin Cheese
Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 14+

M	11/17	6:00-8:15P	\$50	460748-1
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Homemade Indian Flatbreads ❖ Min/Max: 6/13

Impress your family and friends with some exotic and fantastic Indian breads. All recipes are vegan-vegetarian friendly. Menu: spinach and mint bread, cauliflower and spiced chickpea flour bread, potato-stuffed bread, Chai tea. Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 14+

T	12/9	6:00-8:15P	\$50	460643-1
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Don't want to cook? We offer Lunch Bunch trips for age 18+ – see page 45.

STAY INFORMED on all things happening with Loveland Parks & Recreation! Sign up for our e-newsletter and learn about:

- Special Events
- Classes & Programs
- Athletics Registrations
- Closures & Much More



Explore. Give Back. Volunteer.

The Loveland Parks & Recreation Department is fortunate to have the dedicated support of hundreds of local volunteers.

Volunteers assist with community education, coaching, special events, open lands maintenance & clean up, program facilitation/tracking and more!

Our volunteers are invaluable and crucial to the success of many programs. Come join our team!



GET CONNECTED!
lovgov.org/Volunteer
TeamSideline.com/Loveland
Offero.CityofLoveland.org



City of
LOVELAND
PARKS & RECREATION



OPEN LANDS & TRAILS

FREE PROGRAMS & ACTIVITIES

Details & Registration: Offero.CityofLoveland.org

SEPTEMBER

9/2	Volunteer Training: Canyon Ecosystems
9/4	Volunteer Training: Plants & Places
9/6	Guided Bird Walk at Willow Bend
9/7	<i>Bee a Pollinator</i> at the Honey Festival
9/9	Weed Warriors
9/9	Volunteer Training: CSI Programs, K-1
9/14	Pollinator Habitat Improvement Project
9/17, 9/19	Sunset Guided Walk at River's Edge
9/18	PEEPs*: Marsh Monarchs – Blue Herons
9/21	Habitat Restoration Planting Project
9/24	Guided Mountain Park History Tour
9/25, 9/26	Art in Nature - Sketch & Journal
9/27	Family Nature Talk: Bears Along the River

OCTOBER

10/4	Astronomy Night at Willow Bend
10/8	Sunset Vista History Tour
10/11	Guided Bird Walk at Old St Louis
10/14	Weed Warriors
10/15, 10/17	Sunset Guided Walk at Morey Wildlife Reserve
10/16	PEEPs*: Bear Necessities Program
10/16, 10/17	Art in Nature - Sketch & Journal
10/19	Fence Removal + Habitat Improvement
10/25	Astronomy Night at Sylvan Dale Ranch
10/31	Viestenz-Smith Mtn. Park closes for season

NOVEMBER

11/4	Nature Cabin Winterization Closure
11/5, 11/12, 11/19, 11/26	Volunteer Training: Interpretive Naturalist Guide
11/11	Weed Warriors (weather permitting)
11/20	PEEPs*: Winter Playmates – Otters
11/20, 11/21	Art in Nature - Sketch & Journal

DECEMBER

12/18	PEEPs*: Winter Walk & Birdfeeder Project
12/18, 12/19	Art in Nature - Sketch & Journal
12/20	Winter Solstice Celebration

SEPT–OCT: Nature Cabin Open and [Native Garden Projects**](#)**

Have you signed up for Offero yet?

Register for activities, receive program updates, provide feedback & apply to be a volunteer: Offero.CityofLoveland.org

Events in blue = **VOLUNTEER opportunities**

*PEEPs = Preschool Environmental Education Program

**Check the calendar at Offero.CityofLoveland.org for specific dates



OPEN LANDS	AMENITIES & RECREATION OPPORTUNITIES											
Boedecker Bluff 4750 W. First St.				✓	✓	✓		✓ Fee			✓	✓
Boise Bend 1225 S. Boise Ave.	✓			✓		✓		✓			✓	✓
Boyd Lake (State Parks Partnership) 6500 N. Cty. Rd. 11C	✓ Fee	✓	✓	✓				✓	✓		✓	✓
Cottonwood Run Taft-Wilson along Big Thompson River	✓ at Wilson			✓	✓	✓	✓	✓			✓	✓
Devil's Backbone (County fee area) 1725 Hidden Valley Dr.	✓	✓	✓	✓	✓	✓					✓	✓
Emerald Glen Wilson Ave. & 43rd St.				✓			✓				✓	✓
King's Crossing 990 S. Lincoln Ave.	✓			✓		✓	✓	✓			✓	✓
Mariana Butte 701 Clubhouse Dr.	✓	✓		✓		✓ No bikes					✓	✓
Meadowbrook 2000 Cascade Ave.				✓		✓	✓				✓	✓
Morey Wildlife Reserve 5439 Cedar Valley Dr.		✓		✓		✓ No bikes		✓			NO DOGS	✓
Namaqua (and Park) 816 N. Cty. Rd. 19E (Namaqua Rd.)	✓	✓	✓					✓			✓	✓
Old St. Louis 1010 S. St. Louis Ave.	✓			✓	✓	✓	✓	✓			✓	✓
Oxbow 1135 & 1140 Rossum Dr.	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓
Prairie Ridge 6400 N. Wilson Ave.	✓	✓		✓	✓	✓ No e-bikes					NO DOGS	✓
River's Edge 960 W. First St.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Round Mountain 1300 W. Highway 34	✓	✓		✓	✓	✓					✓	✓
Sunset Vista 1323 W. 57th St.	✓	✓	✓	✓	✓	✓	✓				✓	✓
Viestenz-Smith (Open April-October) 1211 W. Highway 34	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓
Wild 5608 W. Highway 34	✓	✓		✓		✓		✓			✓	✓
Willow Bend 2538 E. First St.	✓	✓	✓	✓		✓	✓	✓	✓		✓	✓

KNOW BEFORE YOU GO! Check for trail updates on COTREX at [Trails.Colorado.gov](https://trails.colorado.gov) or download the free app.

See page 51 for open lands & natural areas map and rules; see page 52 for recreation trail map.

VOLUNTEER OPPORTUNITIES – OPEN LANDS & TRAILS

Trail Host Program

FREE training is available for volunteer Trail Hosts to visit open lands and trails and engage with visitors, answer questions and report information about public use.

Environmental Educators

FREE training is available for volunteers to help teach K–5 students about Colorado wildlife, plants and the environment.

Stewardship & Special Projects

Volunteers are needed for stewardship projects year-round, such as habitat plantings, seed collection, weed removal, river cleanups and more. No experience necessary; all materials provided.

Sign up on Offero: Offero.CityofLoveland.org

More info: lovgov.org/OLVol

Coordinator: 970.962.2643 Michele.VanHare@CityofLoveland.org



©Don Reilly

ADULT ENRICHMENT

LIFE IN MOTION

What Happens When You Call 911?

Emergency Management System professionals from UCHealth, Thompson Valley EMS, Fire and Police Departments address the following questions: what happens when I call 911, what can I expect, who responds and can I choose where to have the ambulance take me? Emergency transportation will be discussed, along with answers to questions from participants. Min/Max: 5/50 Location: Cherry Rm

Age: 18+ Register thru Aspen Club: 970.495.8565

Th 9/4 10:00-11:30A FREE

Hearing Assessments Min/Max: 2/8

Listen up! On the 3rd Tuesday of every other month, audiologist Chris Hollabaugh is at Chilson to do basic hearing assessments. Location: Senior Center Clinic

Age: 18+

T 9/16 8:30-10:30A* FREE 491267-1

T 11/18 8:30-10:30A* FREE 491267-2

***After registration, you will be contacted to schedule a 10-minute appointment time between 8:30–10:30A**

Cook up some FUN – see page 36 for adult cooking classes this season.

Effective Communication for Alzheimer's

Katie Fahrenbruch from the Alzheimer's Association of Colorado teaches caregivers to decode verbal and behavioral communication for someone with Alzheimer's and other dementias. Leave with strategies for meaningful connections with people in early, middle and late-stage dementia. Min/Max: 5/30 Location: Oak Rm

Age: 18+

T 9/23 4:00-5:00P FREE 491202-1

Understanding Dementia Related Behaviors

Learn the common triggers for behaviors associated with dementia, how to assess the person's needs and how to intervene effectively.

Min/Max: 5/30 Instructor: Katie Fahrenbruch | Location: Oak Rm

Age: 18+

Th 11/6 1:00-2:00P FREE 491016-1

NEW! Puzzles & Pie Min/Max: 20/50

Do you LOVE puzzles and pie? This event is for you! Enjoy socializing with others while you eat pie and put together different sized puzzles. For those interested in a challenge, you can enter a puzzle competition for a chance to win a prize!

Age: 18+

General Registration

Th 11/13 2:00-4:00P \$4 495031-1

Competition Registration

Th 11/13 2:00-4:00P \$10 495031-2

STEP TO THE BEAT

Line Dance Min/Max: 8/40

Get exercise and socialize! Instructor: Tracey Ingraham

Age: 18+

Level 1: Beginning Country

Learn beginning line dance steps including grapevine, coaster step, triple step, jazz box and more. A great foundation!

Location: Hickory/Maple/Spruce Rm

M	9/8-9/29	9:45-10:45A	\$22	490080-1
M	10/6-10/27	9:45-10:45A	\$22	490080-2
M	11/3-11/17	9:45-10:45A	\$17	490080-3
M	12/1-12/15	9:45-10:45A	\$17	490080-4

Level 2: High Beginning Country

For those who have taken a beginner class, but aren't quite ready for the Continuing class.

Location: Hickory/Maple/Spruce Rm

W	9/3-9/24	9:05-10:05A	\$22	490081-1
W	10/1-10/29	9:05-10:05A	\$28	490081-2
W	11/5-11/19	9:05-10:05A	\$17	490081-3
W	12/3-12/17	9:05-10:05A	\$17	490081-4

Level 3: Continuing Country

For those who already know a step or two!

Location: Fitness/Dance Studio

Th	9/4-9/25	10:45A-12:15P	\$28	490083-1
Th	10/2-10/30	10:45A-12:15P	\$32	490083-2
Th	11/6-11/20	10:45A-12:15P	\$21	490083-3
Th	12/4-12/18	10:45A-12:15P	\$21	490083-4

Level 4: Contemporary Country

Dance the hottest new line dances to current country music and top 40 hits. Dances vary from beginner to intermediate levels, so some line dancing experience is a plus.

Location: Hickory/Maple/Spruce Rm

W	9/3-9/24	8:00-9:00A	\$22	490085-1
W	10/1-10/29	8:00-9:00A	\$28	490085-2
W	11/5-11/19	8:00-9:00A	\$17	490085-3
W	12/3-12/17	8:00-9:00A	\$17	490085-4

Level 5: Intermediate Country **Instructor approval required.**

Intermediate levels only. Learn more advanced country line dance steps. More dances, faster pace! Location: Fitness/Dance Studio

Th	9/4-9/25	12:30-1:45P	\$28	490086-1
Th	10/2-10/30	12:30-1:45P	\$32	490086-2
Th	11/6-11/20	12:30-1:45P	\$21	490086-3
Th	12/4-12/18	12:30-1:45P	\$21	490086-4

Tap Dance – Level 1 & 2 Min/Max: 6/20

Always wanted to tap dance? Now is your chance! Studies show that dancing is the best activity for keeping your brain active. Improve your balance, listening skills and coordination, and have FUN dancing to great music while challenging your brain by learning simple to more advanced choreography.

Instructor: Sally Fortenberry | Location: Maple/Spruce Rm

Age: 18+

Level 1: Tap basics for anyone who has not danced with Sally. Covers basic steps, terminology and tap history.

T	9/23-11/11	1:15-2:15P	\$80	490021-1
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Level 2: **Instructor approval required.** For those with recent experience; moves fast with complicated choreography.

T	9/23-11/11	2:30-3:30P	\$80	490021-2
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LET'S DANCE!

Community Dances with Live Bands ♦

Enjoy live bands! Refreshments are potluck; bring food to share.

Dates: 2nd & 4th Monday, 6:30–9P **Questions:** 970.962.2783

Fee: \$10, \$9.50 w/SAC (cash/check only)

Age: 18+

9/8	JD & the Moonrakers	11/10	Rusty Chaps
9/22	Big Twang Theory	11/24	The Country Touch Band
10/13	Still Country	12/8	Jim Hyatt Band
10/27	Life in the Past Lane	12/22	Highway Robbery
		12/29	Dale, The Singing Cowboy

PICKLEBALL POWER

Pickleball: Beginning Skills Min/Max: 8/10

Learn this FUN sport that's similar to tennis, badminton and ping pong! All equipment provided. Instructors: Bob Monroe, Pam McGee, George Richards

Age: 18+ Fee: \$55

Day	Date	Time	Location	Class #
M	9/8-9/29	8:00-10:00A	Sunnyside	476113-70
T	10/7-11/4	7:00-9:00A	Large Gym	476113-71
T	11/4-12/2	7:00-9:00A	Large Gym	476113-73
T	9/2-9/23	6:00-8:00P	Osborn	476113-74
T	9/30-10/21	2:00-4:00P	Large Gym	476113-76
T	10/28-11/18	2:00-4:00P	Large Gym	476113-77
W	9/3-9/24	10:00A-12:00P	Osborn	476113-78
W	10/1-10/22	10:00A-12:00P	Large Gym	476113-79
W	10/29-11/19	10:00A-12:00P	Large Gym	476113-80

Pickleball: Level 2 Mentored Play Min/Max: 8/10

Prerequisite: Completion of the Beginning Skills class within the past 6 months. Move from a beginner to confidently playing within the larger pickleball community. Learn fundamental skills, specific techniques and doubles strategy. Instructor: George Richards

Age: 18+ Fee: \$55

Day	Date	Time	Location	Class #
W	9/3-9/24	6:00-8:00P	Osborn	476114-62
W	10/1-10/22	6:00-8:00P	Large Gym	476114-63
W	10/29-11/19	6:00-8:00P	Large Gym	476114-64

Pickleball: The First Four Shots Min/Max: 8/10

Prerequisite: Players should be comfortable playing and be able to sustain a basic game. The focus of these classes is on developing the first four shots of every point. We'll work in depth on serves, returns, third shots and dinks. Instructor: Bob Monroe

Age: 18+ Fee: \$55

Day	Date	Time	Location	Class #
F	9/5-9/26	6:00-8:00P	Osborn	476115-62
F	10/10-10/31	4:00-6:00P	Large Gym	476115-63

NEW! Worldwide Extended Travel

Come learn about our NEW Worldwide Extended Travel! Get to know others interested in group travel and engage in a presentation about 2026 destinations from Collette Travel. Available in person & Zoom. **See page 47 for 2026 trips!** **Presentation:** Thursday, Jan 15, 2026 | 1:00P | Cherry Rm



ACTIVE GENERATION

FIND YOUR FIT

Group Fitness Schedules

Available at the Chilson Recreation & Senior Center front desk and online. **See group fitness class info on page 11.** Class schedules subject to change. **Current schedule:** lovgov.org/FitnessWellness

Group Fitness Classes

Drop in for individual classes and use your Chilson pass (including SilverSneakers® or Renew Active passes) or pay the daily fee.

Enjoy a variety of classes including:

Better Balance, Cardio Power, Stability & Core, Zumba Gold®, SS Classic, SS Yoga, SS Circuit, Body Blast, Aqua Fitness, Aqua EzFlow, Aqua HIIT, Aqua Zumba® and River Walking. Get in here!

Want to come and just swim laps?

Swim laps any day of the week! Guarantee your lane is available by making an appointment for lanes 1–3 at lovgov.org/WebTrac or drop in for lanes 4–8.

Senior Activity Card (SAC) Benefits! ♦

Benefit #1 Registration priority for day trips

Benefit #2 Discounted fees for day trips

Benefit #3 Reduced admission to community dances

Anyone age 62+ can purchase a card. The SAC is \$20 per person and is valid for one year from the purchase date. Please refer to listings denoted by this symbol: ♦ for discounted rates.

Spa Services for All Ages

Call providers directly to schedule an appointment.

Therapeutic Massage

Joyce Meis, LMT: 970.691.3441

Schedule a 30-min, 60-min or 90-min massage in private massage room. Gift certificates available.

Medically Based Foot Care

Patti Krkosa: 720.442.2615

1st & 3rd Thursday, 8:30A–4:00P

CLUBS | ACTIVITIES

Card Games, Golden Age Card Club

Mon | 1–4P | Cherry Rm | Donation

Contact: Susan Levine, 954.802.7212

Chilson Senior Advisory Committee

3rd Tues of month | 1–2:30P | Senior Center

Contact: 970.962.2336

Fishing Club

3rd Tues of month | 2–4P | Cherry Rm | FREE

Contact: FishingClubLoveland@gmail.com

National Association of Retired Federal Employees (NARFE)

2nd Tues of month (**Sept–May only**), 1:30P

Contact: Richard Bacon, 970.744.0439

DROP-IN ACTIVITIES

Drop-In Billiards

Mon–Fri | 8A–4:30P | Donation

Drop-In Open Chess Challenge

Mon, Wed, Fri | 1–4:30P | FREE

Drop-In Table Tennis

Mon, Wed, Thurs | 1:30–4P | Donation

Drop-In Open Mahjong

Thurs | 1–3P | Chilson daily fee

NEW! Drop-In Open Craft & Connect

Fri | 2–4P | Chilson daily fee

(Visit lovgov.org/SeniorCenter for schedule.)

NUTRITION | HEALTH

VOA Senior Community Lunch

By reservation only; call 970.472.9630, ext. 1

Fee: \$3 suggested donation

In Person Dining & Meal Pick-Up:

Mon, Tues, Thurs, Fri 11:45A–12:15P

UCHealth Blood Pressure Checks

No appointments necessary for a FREE blood pressure check performed by UCHealth Community Health Improvement RN, Linda Strauss. Discussion about healthy lifestyle and general blood pressure info is also available. Location: Chilson Lobby

Dates: Mondays 9/22, 10/27, 11/17, 12/15

Time: 9:00A–1:00P

SCHOLARSHIPS | DONATIONS

Senior Scholarship Program

If you are in need of financial assistance, scholarship funds are available for most active generation, fitness, health, wellness, adult enrichment, outdoor recreation, art and cooking programs listed in the Loveland Activity Guide. You must be 62 or older and live within the City of Loveland boundaries. Scholarships are granted on a funds-available basis and are provided through the Chilson Senior Advisory Committee.

More Info: 970.962.2783

Donate in Someone's Memory

Honor the memory of someone special with a donation in remembrance to the Chilson Senior Center. This donation offers a way to carry on your loved one's positive legacy. Your gift allows others to enjoy recreation programs through our scholarship program and provides funds to purchase equipment and supplies for the Senior Center.

SPECIAL EVENTS

Bingo Min/Max: 20/75

Get out and play Bingo! FUN prizes! Register at the Senior Center front desk or online. Location: Cherry

Age: 55+ Time: 1:00–3:00P Fee: \$4

F 9/19	Play Bingo & win a prize!	495030-1
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F 10/31	Wear a Halloween costume!	495030-2
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F 11/21	Pies for Prizes - win a pie!	495030-3
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F 12/19	White Elephant Bingo	495030-4
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Harvest Bazaar

Join us in this fundraising event for the Chilson Senior Advisory Committee where proceeds benefit the Senior Scholarship program. Browse craft tables for handmade gifts and enjoy games, delicious food and drinks. **Calling all crafters – be a vendor!** Applications are online and printed at the Senior Center. You must apply at lovgov.org/SeniorCenter to be considered. Location: Senior Center

Sa 10/4 11:00A–2:00P FREE to browse

NEW! Advance Lunch Tickets

Purchase your lunch ticket TODAY – available in person at the Chilson Senior Center and online!

Lunch Deal (chili, dessert	\$10	495025-1
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and drink)	\$12 at door	
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Age 12 & under	\$5	495025-2
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NEW! Bazaar Bingo Play five rounds of Bingo (\$4) for a chance to win a prize. **See page 5 for info!**

HEALTH & WELLNESS

Peace of Mind: The Value of Preparation

Join Viegut Funeral Home to learn how planning your final wishes brings peace of mind to you and your loved ones. Learn the planning steps and get your questions answered. Min/Max: 3/30 Location: Oak Rm

Age: 50+

W 9/3 12:00-1:00P FREE 418903-1

UCHealth/Aspen Club Balance Screenings

Physical and occupational therapists will assess your fall risk using the STEADI (Stopping Elderly Accidents, Deaths, & Injuries) initiative tools and protocols.

Balance and fall prevention strategies, programs and resources will be shared based on your results.

Location: Chilson Conference Rm

Age: 50+ Register thru Aspen Club: 970.495.8565

Dates: Wednesdays 9/24, 10/22, 11/19, 12/17

Time: 9:30A–1:30P

Occupational Therapy for Cognitive Issues

Join an occupational therapist from UCHealth's Neuro Clinic to learn how memory, attention and problem solving can change over time and what you can do to stay mentally sharp. Learn practical strategies, FUN brain exercises and everyday habits that support cognitive wellness. Min/Max: 5/50 Location: Oak Rm

Age: 50+ Register thru Aspen Club: 970.495.8565

W 10/1 10:00-11:00A FREE

The Conversation Project Min/Max: 5/50

You can't plan for everything, but you can talk about what's important in your life, and in your healthcare, with those who matter most. Journalist Ellen Goodman has developed an impactful program to help you start this very important conversation prior to a health crisis or emergency. Location: Oak Rm

Age: 50+ Register thru Aspen Club: 970.495.8565

T 10/21 2:00-3:30P FREE

Honoring Our Heroes Min/Max: 3/30

Did you know Arlington National Cemetery was once the front yard of Civil War General Robert E. Lee? Or that the U.S. is home to more than 125 national cemeteries? The Department of Veterans Affairs offers memorial benefits to veterans and their spouses – benefits that can save families thousands of dollars. Join Viegut Funeral Home for an informative and engaging presentation on the national cemetery system and the valuable benefits available to those who have served. Location: Oak Rm

Age: 50+

M 11/10 12:00-1:00P FREE 494000-1

DAY TRIP REGISTRATION

- Senior Activity Card (SAC) holders have priority registration for day trips.

In-Person SAC Priority Registration:

Tues, 8/5–Tues, 8/12 beginning at 8:30A

Online SAC Priority Registration

Register online beginning Mon, 8/4 at 6P at lovgov.org/WebTrac (limited spots available online).

- Anyone age 62+ can purchase a SAC. The card is \$20 per person and is valid for one year from the purchase date. See page 42.
- **Trip registrations open to all participants age 18+ (unless otherwise noted) on Wed, 8/13.**
- Participants are transported in City van or motor coach from the Senior Center; **check-in required 15 min prior to departure in the senior lobby.**
- Trip cancellations or refunds may be granted pending circumstances of the trip. See page 54 for policies; call 970.962.2336 w/questions.
- Participants must advise staff of any special accommodation at the time of registration; if a wheelchair or walker is needed, please call 970.962.2464 to inquire if the trip is accessible.

Dunraven Hike ♦ Min/Max: 10/13

Let's get out and enjoy the beginning of fall on the Dunraven Trail. This is an easy/moderate hike, approx. 2.0 miles. The trail crosses a creek affording beautiful views in either direction. **We will eat our lunch on the trail, please bring a brown bag lunch.** Bring these recommended items with you: hiking poles, water, sunscreen, hat, rain jacket, and shoes for rough terrain. Destination: Glen Haven

Day	Date	Time	Fee	SAC	Trip #
Th	9/4	8:30A-2:00P	\$48	\$46	493001-1

Brooke Lyn's Mini Horses ♦ Min/Max: 10/14

Meet Brooke Lyn's mini horses and Shetland ponies who once shined in the show ring but now get to relax, play in the pasture and bring joy to everyone they meet at Sleepy Hollow Ranch. We will have plenty of time to visit with them, hear how Brooke Lyn came to have a passion for horses and even take a wagon ride pulled by her furry friends. Afterwards, enjoy lunch at *The Buff* **(cost on your own for \$16–22).** Destination: Boulder

Day	Date	Time	Fee	SAC	Trip #
Sa	9/6	8:30A-2:30P	\$58	\$56	493002-1

Lunch Bunch ♦ Min/Max: 10/14

Explore new dining experiences in Northern Colorado each month. **Meal cost on your own for \$16–22.**

Acreage by Stem Ciders (Lafayette)

Day	Date	Time	Fee	SAC	Trip #
W	9/10	11:00A-3:00P	\$30	\$28	493017-1

Gaby's German Eatery (Lakewood)

Day	Date	Time	Fee	SAC	Trip #
F	10/17	11:00A-3:00P	\$30	\$28	493017-2

The Still Whiskey Steaks (Fort Collins)

Day	Date	Time	Fee	SAC	Trip #
W	11/12	11:15A-2:30P	\$28	\$26	493017-3

Centerstage at TPC (Berthoud)

Day	Date	Time	Fee	SAC	Trip #
T	12/16	11:15A-2:30P	\$28	\$26	493017-4

Colorado Scenic Byway Tour ♦

Travel Colorado's first scenic byway – the historic Lariat Loop – aboard a comfortable motor coach. Originally designed to give early drivers access to the stunning Denver Mountain Parks, this route is rich in beauty and history. Join tour guide Tom Jensen as we explore the awe-inspiring Red Rocks, wind through Bear Creek Canyon, and stop in Evergreen for lunch at *The Big Bear* and a bit of shopping (**lunch cost on your own for \$16–22**). We'll complete the loop with visits to more mountain parks and a final stop at Lookout Mountain and the Buffalo Bill Museum. Don't miss this unforgettable mountain adventure!

Min/Max: 24/35 Destination: Lariat Loop

Day	Date	Time	Fee	SAC	Trip #
T	9/16	8:30A-5:00P	\$98	\$96	493003-1

Rockies Baseball ♦ Min/Max: 14/28

Root for our Colorado Rockies! Enjoy seats in the Outfield Club level which are in the shade near 1st base. These tickets have access to the temperature-regulated Club Level concessions area for lunch and refreshments (**cost on your own for \$15–20**). Destination: Denver

Rockies vs Miami Marlins

Day	Date	Time	Fee	SAC	Trip #
Th	9/18	10:30A- 5:30P	\$81	\$79	493004-1

Horse Palace, Swan Lake Casino ♦

Try your luck at the newest casino in Cheyenne – it offers slots and horse race betting! Upon arrival, receive \$15 free play and a coupon to Dunkin' for free coffee and donut. Lunch is at *The Steakhouse* onsite (**cost on your own for \$16–22**). Min/Max: 14/28

Age: 21+ Destination: Cheyenne

Day	Date	Time	Fee	SAC	Trip #
T	9/23	9:00A-4:00P	\$38	\$36	493005-1

Estes Park Elk Fest ♦ Min/Max: 14/28

Celebrate fall in beautiful downtown Estes Park during this lively festival in Bond Park! Enjoy live entertainment, a bugling contest and a variety of craft and food vendors. In addition to the festivities, you'll have free time to explore Estes Park at your own pace and enjoy lunch – either from a festival vendor or one of the many local restaurants (**cost on your own for \$16–22**). This is a full-day outing, so wear comfortable walking shoes, dress for changing mountain weather and don't forget a raincoat – just in case! Destination: Estes Park

Day	Date	Time	Fee	SAC	Trip #
Su	9/28	9:00A-3:30P	\$37	\$35	493006-1

The Mousetrap, Arvada Centre Theatre ♦

Packed with red herrings, clever twists and classic Agatha Christie suspense, this iconic whodunit delivers intrigue, thrills and a touch of British charm. Come see why *The Mousetrap* is the longest-running play in the world! Enjoy the show at the Arvada Center, known for its intimate, no-bad-seat theater experience. After the performance, we'll head into Arvada for dinner at a local restaurant (**cost on your own for \$18–25**).

Min/Max: 14/28 Destination: Arvada

Day	Date	Time	Fee	SAC	Trip #
W	10/1	11:15A-7:30P	\$99	\$97	493007-1

John Denver Tribute, Candlelight Dinner Theatre ♦ Min/Max: 14/28

Chris Collins and Boulder Canyon have toured internationally, captivating audiences with their incredible talent, warmth and heartfelt tribute to the music of John Denver. With remarkable energy and the unmistakable spirit of Denver himself, Chris Collins brings each performance to life – celebrating the songs and legacy of one of America's most beloved singer-songwriters. **Fee includes dinner, show, tax & gratuity (alcoholic beverages & dessert are extra plus tax/gratuity on these items).**

Destination: Johnstown

Day	Date	Time	Fee	SAC	Trip #
T	10/7	5:15-10:15P	\$128	\$126	493008-1

Colorado Eagles Hockey ♦ Min/Max: 10/14

Come cheer on our Colorado Eagles! Watch them battle it out on the ice at the Blue Area (formerly the Budweiser Event Center). Prior to the game, enjoy an early dinner at a nearby restaurant (**cost on your own for \$16–22**). Destination: Loveland/Johnstown

Day	Date	Time	Fee	SAC	Trip #
F	10/10	4:30-10:00P	\$57	\$55	493009-1
F	11/14	4:30-10:00P	\$57	\$55	493009-2

Historic Elitch Theatre Tour ♦

Step back in time and explore the rich history of one of Denver's most iconic landmarks – an extraordinary theatre that has captivated audiences since 1891. Uncover the stories, secrets and legends that have shaped this historic playhouse, which once welcomed stars like Grace Kelly, Douglas Fairbanks and Edward G. Robinson to its stage. After the tour, enjoy a delicious lunch at the *Atomic Cowboy*, home of the famed Denver Biscuit Co. **(cost on your own for \$16–22)**. Min/Max: 14/28 Destination: Denver

Day	Date	Time	Fee	SAC	Trip #
T	10/14	8:45A-3:00P	\$49	\$47	493010-1

Halloween Pops Concert, Lincoln Center ♦

The Halloween Pops Concert blends iconic symphonic classics with eerie and popular works, setting the stage for a FUN musical experience. As the orchestra brings haunting melodies to life, a mysterious tale unfolds, inviting you to piece together clues and solve a mystery. A night of suspense and surprises! Prior to the show, enjoy dinner at *Penrose* **(cost on your own for \$16–22)**. Min/Max: 14/28 Destination: Fort Collins

Day	Date	Time	Fee	SAC	Trip #
Th	10/23	4:00-9:30P	\$66	\$64	493011-1

The Honest Eye Exhibit, Denver Art Museum ♦

Min/Max: 14/28

The Honest Eye Exhibit offers a remarkable overview of Camille Pissarro's celebrated career and highlights his unique role in the Impressionist movement. Featuring more than 80 works from nearly 50 international museums and private collections, this stunning exhibition showcases the depth and influence of Pissarro's artistry. You'll have time to explore the exhibit – and the entire Denver Art Museum – at your own pace. Lunch is on your own at one of the many nearby restaurants **(cost on your own for \$16–22)**. Destination: Denver

Day	Date	Time	Fee	SAC	Trip #
M	10/27	9:00A-3:30P	\$69	\$67	493012-1

The Lion King, Buell Theatre ♦

Giraffes strut. Birds swoop. Gazelles leap. Disney's *The Lion King* returns to the Buell Theatre with all the spectacle and magic that has made it a Broadway legend. From the sweeping Serengeti to soaring music and unforgettable visuals, this breathtaking production is a must-see theatrical experience. **No meal is included; feel free to bring snacks or a brown bag lunch to enjoy on the motor coach.** Min/Max: 24/36 Destination: Denver

Day	Date	Time	Fee	SAC	Trip #
Th	10/30	5:45-11:45P	\$171	\$169	493013-1

Celestial Seasonings Taste & Tour ♦

Join us for the always-popular Tea Tour at Celestial Seasonings! Go behind the scenes to discover how their wholesome teas are blended, packaged and shipped – from raw ingredients to the final product. Enjoy time to sample a variety of teas at the tasting bar and browse unique finds in the Tea Shop. Following our tour, enjoy lunch at *Niwot Tavern* **(cost on your own for \$16–25)**. Min/Max: 14/23 Destination: Boulder

Day	Date	Time	Fee	SAC	Trip #
T	11/4	9:00A-3:30P	\$44	\$42	493014-1
T	11/18	9:00A-3:30P	\$44	\$42	493014-2

Lift Chocolate Taste & Tour ♦

Lift Chocolate is known for its creativity, generosity, and passion for spreading joy – one piece of chocolate at a time. Regular supporters of veterans, schools, hospitals and animal rescues, Lift believes in giving back while crafting chocolates that delight like no other treat can! We'll tour their brand-new facility and, of course, indulge in samples of their delicious, handcrafted creations. Before the tour, enjoy lunch at *Bucatino's Italian Restaurant* **(cost on your own for \$16–25)**. Min/Max: 10/14 Destination: Lafayette

Day	Date	Time	Fee	SAC	Trip #
Th	11/20	11:00A-5:00P	\$58	\$56	493015-1

Million Dollar Quartet Christmas, Candlelight Dinner Theatre ♦

Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley reunite for a rock 'n' roll holiday celebration at Sun Records! Set in a festively decorated studio, *Million Dollar Quartet Christmas* brings together timeless hits, holiday classics and FUN-filled stories of Christmases past, present and future. This high-energy, nostalgic jam session is packed with music, memories and holiday spirit – a feel-good show you'll want to experience year after year! **Fee includes lunch, show, tax & gratuity (alcoholic beverages & dessert are extra plus tax/gratuity on these items).** Min/Max: 14/28

Destination: Johnstown

Day	Date	Time	Fee	SAC	Trip #
Su	11/23	11:15A-4:45P	\$122	\$120	493016-1

Receive discounts on trips & dances offered at the Senior Center – buy a Senior Activity Card (SAC) and also receive priority trip registration! See page 42 for all the details.

The Denver Christkindlmarket ♦

Climb aboard a comfortable motor coach for a festive trip to the Denver Christkindlmarket, held in the heart of the city at the Tivoli Quad. This beloved annual event brings the charm of German and European holiday traditions to life in Denver! Wander through rows of wooden vendor huts offering handcrafted artisan gifts sold by Colorado and international merchants. Enjoy tasty holiday treats, and seasonal drinks like authentic Glühwein, Bavarian-style beer, European coffee and rich hot chocolate. Warm up in the heated festival hall and soak in the cheerful atmosphere before we head to Union Station for lunch at *The Thirsty Lion* (**cost on your own for \$16–22**). Min/Max: 20/24 Destination: Denver

Day	Date	Time	Fee	SAC	Trip #
T	12/2	10:00A-3:30P	\$51	\$49	493018-1

CU Boulder Holiday Music Festival ♦

It's that time of year again! The CU Boulder Holiday Music Festival is a must-see-and-hear event that never fails to delight the senses! The decades-old celebration brings together student choirs, bands and orchestras along with world-class performers for a concert of holiday favorites. Following the performance, have dinner at *Pincocchio's Incredible Italian* (**cost on your own for \$20–25**).

Min/Max: 14/28 Destination: Boulder

Day	Date	Time	Fee	SAC	Trip #
Su	12/7	2:15-8:00P	\$76	\$74	493019-1

Spring Creek Garden of Lights ♦

Garden of Lights is an annual holiday celebration. Enjoy a stroll through the whimsical half-mile loop of beautifully transformed botanic gardens, glowing with colorful grapevines, towering flowerbeds, dancing blossoms and vibrant displays! Following our visit, enjoy dinner at *Beau Jo's Pizza* in downtown Fort Collins (**cost on your own for \$16–22**). Min/Max: 14/28 Destination: Fort Collins

Day	Date	Time	Fee	SAC	Trip #
F	12/12	4:30-8:30P	\$42	\$40	493020-1

Larimer Chorale Candlelight**Christmas Concert ♦** Min/Max: 14/28

Celebrate the season with the Larimer Chorale and guest artists during a heartwarming holiday concert at First Presbyterian Church in Fort Collins. Enjoy a beautiful blend of seasonal choral music, contemporary songs, inspirational readings and poetry. Before the performance, enjoy dinner at *Oregano's Italian Restaurant* (**cost on your own for \$16–25**). Destination: Fort Collins

Day	Date	Time	Fee	SAC	Trip #
F	12/19	4:30-9:00P	\$60	\$58	493021-1

Miracle on 34th Street, Mary Godfrey**Playhouse ♦** Min/Max: 20/24

A true holiday classic, this heartwarming story invites us into a world we all long for – where love, kindness and the spirit of giving triumph over commercialism. As the Santa Cruz Sentinel beautifully writes, it's "what we want Christmas to be all about, really." Before the performance, enjoy lunch at *The Rib & Chophouse* (**cost on your own for \$25–30**). Destination: Cheyenne

Day	Date	Time	Fee	SAC	Trip #
Su	12/21	10:30A-5:30P	\$87	\$85	493022-1

NEW! EXTENDED TRAVEL**Worldwide Extended Travel**

Come learn about our NEW Worldwide Extended Travel! Get to know others interested in group travel and engage in a presentation about 2026 destinations from Collette Travel. Available in person & Zoom.

Presentation: Thursday, 1/15/26 | 1:00P | Cherry Rm

Tropical Costa Rica

Feb 16–Feb 24, 2026 • 9 Days • 14 Meals

Highlights: San Jose, Coffee Plantation, Arenal Volcano, Cano Negro Refuge, Lake Arenal Cruise, Farm Tour/Lunch, Monteverde Cloud Forest, Choice on Tour: Monteverde Hanging Bridges or Canopy Adventure, Guanacaste

More Info: gateway.gocollette.com/link/1354687

Southern Charm featuring Charleston, Savannah & Jekyll Island

April 27–May 3, 2026 • 7 Days • 9 Meals

Highlights: Historic Charleston, Choice on Tour: Walking Tour or Fort Sumter Cruise in Charleston, Boone Hall Plantation & Gardens, Savannah, Choice on Tour: Savannah Trolley Tour or Haunted Savannah Walking Tour, St. Simons Island, Jekyll Island

More Info: gateway.gocollette.com/link/1354676

Other Upcoming 2026 Trips:**• Explore Tuscany**

June 10–June 18, 2026 • 9 days • 10 meals

More Info: gateway.gocollette.com/link/1354816

• Spotlight on the French Riviera

Oct 22–Oct 30, 2026 • 9 days • 12 meals

More Info: gateway.gocollette.com/link/1354686

• Discover Enchanting Christmas Markets of Germany, Switzerland & France

Dec 4–Dec 12, 2026 • 9 days • 11 meals

More Info: gateway.gocollette.com/link/1354680



GOLF

GOLF INSTRUCTION WITH JJGA

Details & Registration: JaxJonesGolfAcademy.com

PGA Junior League ❖

PGA Jr. League is shifting the way youth golf is learned and played, including the adoption of league play, team golf and scoring with flags and points. Over the 8 weeks there are eight instructed practice sessions and four 9-hole competitions played on Saturdays. Players may also be eligible for Championship Season depending upon participation and performance! All-Star Season consists of one extra practice per week for selected players and one or more competitive events played against other teams from across the state.

Age: 10–17 Fee: \$400 + \$110 kit

W	9/3-10/25	4:00-5:00P	The Olde Course
W	9/3-10/25	5:15-6:15P	The Olde Course
W	9/3-10/25	4:00-5:00P	Marina Butte
W	9/3-10/25	5:15-6:15P	Marina Butte

Tips & Sips ❖

Learn a specific skill in a relaxing environment. All clinics focus on one aspect of the game. Included with registration is a drink from the bar! So grab a friend and come out to have some FUN!

Age: 18+ Fee: \$30

Sa	9/6	5:00-6:00P	The Olde Course
Sa	9/20	5:00-6:00P	Marina Butte
Sa	10/4	5:00-6:00P	The Olde Course
Sa	10/18	5:00-6:00P	Marina Butte

Operation 36® ❖

Operation 36® is an 8-week program based off of two fundamentals: playing golf and developing skills. It is the perfect development program for all beginners and intermediate players. Over the 8 weeks there are eight instructed practice sessions and four 9-hole events played biweekly on Saturdays at Cattail Creek (event dates: 9/13, 9/27, 10/11, 10/25). This program is designed to help you set clear goals and achieve them through continuous improvement!

More info about the program: Operation36.Golf

Junior Fee: \$360

Age: 6–11	T	9/2-10/25	4:00-5:00P	Cattail Creek
Age: 12–17	T	9/2-10/25	5:15-6:15P	Cattail Creek

Ladies Fee: \$360

Age: 18+	Th	9/4-10/25	5:15-6:15P	Cattail Creek
Age: 18+	F	9/5-10/25	2:45-3:45P	The Olde Course

Adult Fee: \$360

Age: 18+	Th	9/4-10/25	4:00-5:00P	Cattail Creek
Age: 18+	F	9/5-10/25	4:00-5:00P	The Olde Course

Elite Fee: \$400

Age: 18+	F	9/5-10/25	5:15-6:15P	The Olde Course
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TPI Screening ❖

TPI Screenings are 1-hour long and will put you through a full body mobility screen as well as a fitness/power assessment! Every screening includes two fully customized 30-minute workouts that address mobility limitations and strength. Better understand how your body works and take your game to the next level!

Fee: \$100

Register: JaxJonesGolfAcademy.com

Private Lessons ❖

Individual private lessons are 45 minutes long and cover any skill you would like to improve. Whether it is short game, full swing, course management or all of the above, we have you covered! Lessons are available at all City of Loveland golf courses and indoors at Loveland Athletic Club. Video and swing analysis included. Full swing launch monitors used upon request.

Fee: \$80

Register: JaxJonesGolfAcademy.com

WHAT IS SNAG®?

SNAG® stands for Starting New at Golf. It is a FUN game that is easy to learn at any age and does not require any previous playing experience! Falling somewhere between miniature golf and regulation golf, SNAG® allows for full shots, pitching, chipping and putting. It is played on the 9-hole Mini-Course at the Cattail Creek golf course facility.

Using two unique clubs and a specially designed ball to play your round, players have the opportunity for instant success – even playing their very first round. Practice nets are in place for those who wish to try out a full swing, or just warm up before golfing on a course built just FORE fun. Staff is available to answer any questions.

Golfers of all ages can enjoy playing the Mini-Course as a group. It's the perfect activity to enjoy time together having fun and learning a new skill. Ask us about our SNAG® birthday parties and celebrate your special day with us! **Call 970.663.5310 for more information.**

GOLF COURSE LOCATIONS

Cattail Creek 2116 W. 29th St. | 970.663.5310

Mariana Butte 701 Clubhouse Dr. | 970.667.8308

The Olde Course 2115 W. 29th St. | 970.667.5256

Loveland golf courses are open year-round. Bring your swing and get out on the course!

DID YOU KNOW?

FUN FACTS ABOUT CATTAIL CREEK

• Free Club Rental

No clubs? No problem! Use our complimentary adult and youth rental clubs. Call for more information or stop by the pro shop.

• 3-Hole Round

Did you know that you can play just three holes at the regulation Par 3 Cattail Creek course? Perfect for beginners! Play a stress-free, fast round any day/time. Clubs and on-course ball included!

• Innovative Driving Range

Cattail Creek's driving range has many built-in learning devices including on-course targets.

• No Tee Times for the Mini-Course

That's right – no tee times are necessary; walk-on players welcome. See you on the Mini-Course!

• All Levels

The Cattail Creek golf course is a favorite among beginners, but don't let that fool you! It offers plenty of challenges with water on five of the nine holes. Stop by the pro shop to stock up on extra balls before heading out!

• Online Tee Times

Make reservations eight days in advance beginning at 7:00P on the 8th day for Cattail Creek or any other Loveland golf course by visiting GolfLoveland.com.

GIFT CERTIFICATES

Looking for an extra special gift for that extra special golfer in your life?

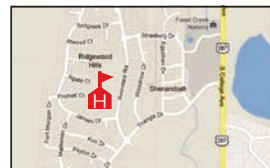
Give the gift of golf! Gift certificates and merchandise can be purchased from the pro shops at all Loveland golf courses or online at GolfLoveland.com.

Contact us for current rates, online tee times, course updates and more.

VISIT: GOLFLOVELAND.COM

CITY OF LOVELAND

Schools | Facilities | City Parks

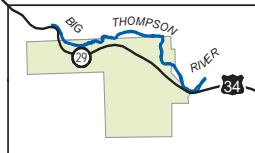


LEGEND

- Existing Underpass
- City Recreation Trail
- ~ Big Thompson River
- Lakes and Ponds
- Golf Courses
- Parks
- Mountain Park

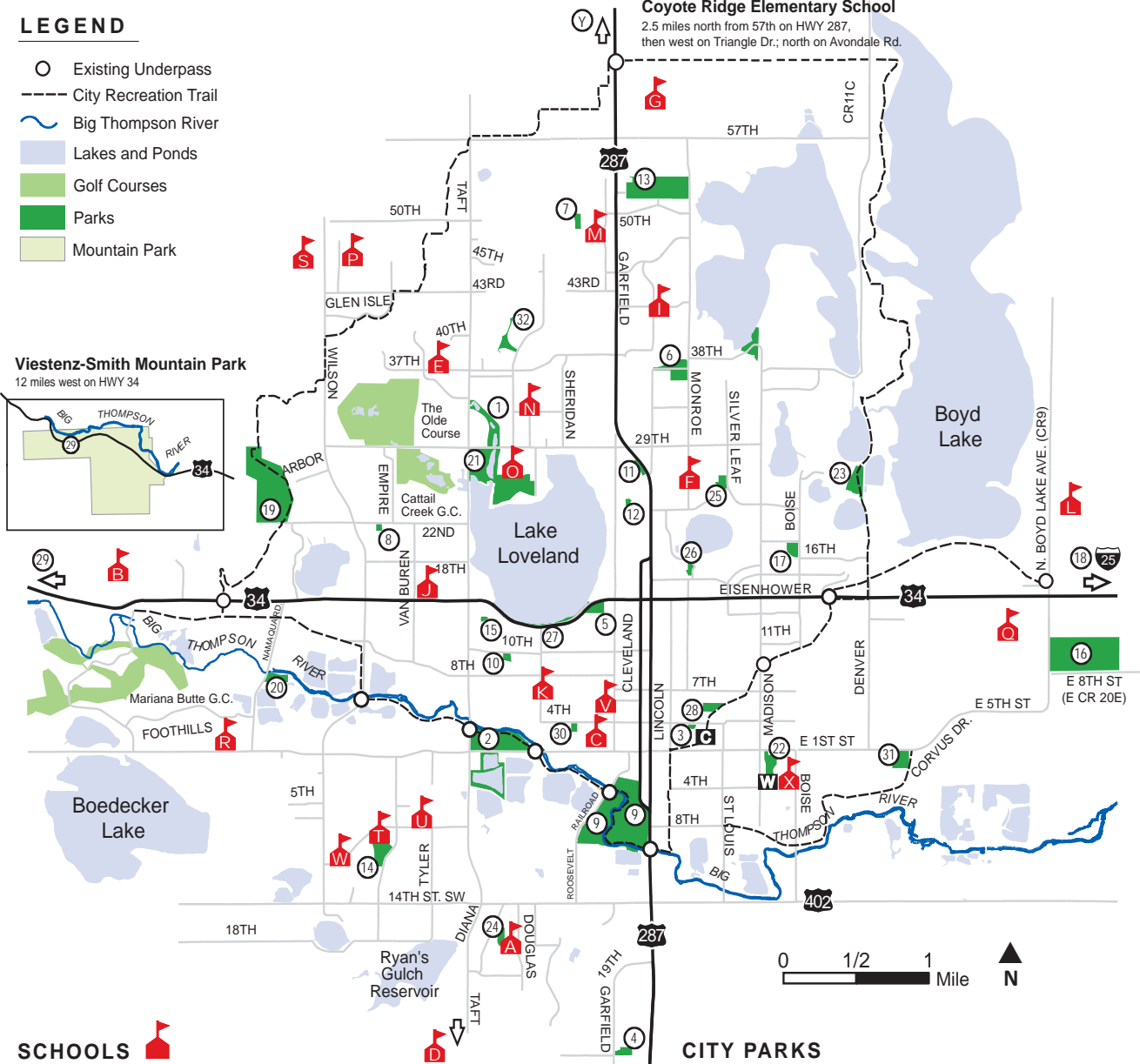
Viestenz-Smith Mountain Park

12 miles west on HWY 34



Coyote Ridge Elementary School

2.5 miles north from 57th on HWY 287, then west on Triangle Dr.; north on Avondale Rd.



SCHOOLS

- A B F Kitchen Elementary
- B Big Thompson Elementary
- C Bill Reed Middle School
- D Carrie Martin Elementary
- E Centennial Elementary
- F Conrad Ball Middle School
- G Cottonwood Plains Elementary
- H Coyote Ridge Elementary
- I Early Childhood Center at Stansberry
- J Ferguson High School
- K Garfield Elementary
- L High Plains School
- M Laurene Edmondson Elementary
- N Lincoln Elementary
- O Loveland High School
- P Lucile Erwin Middle School

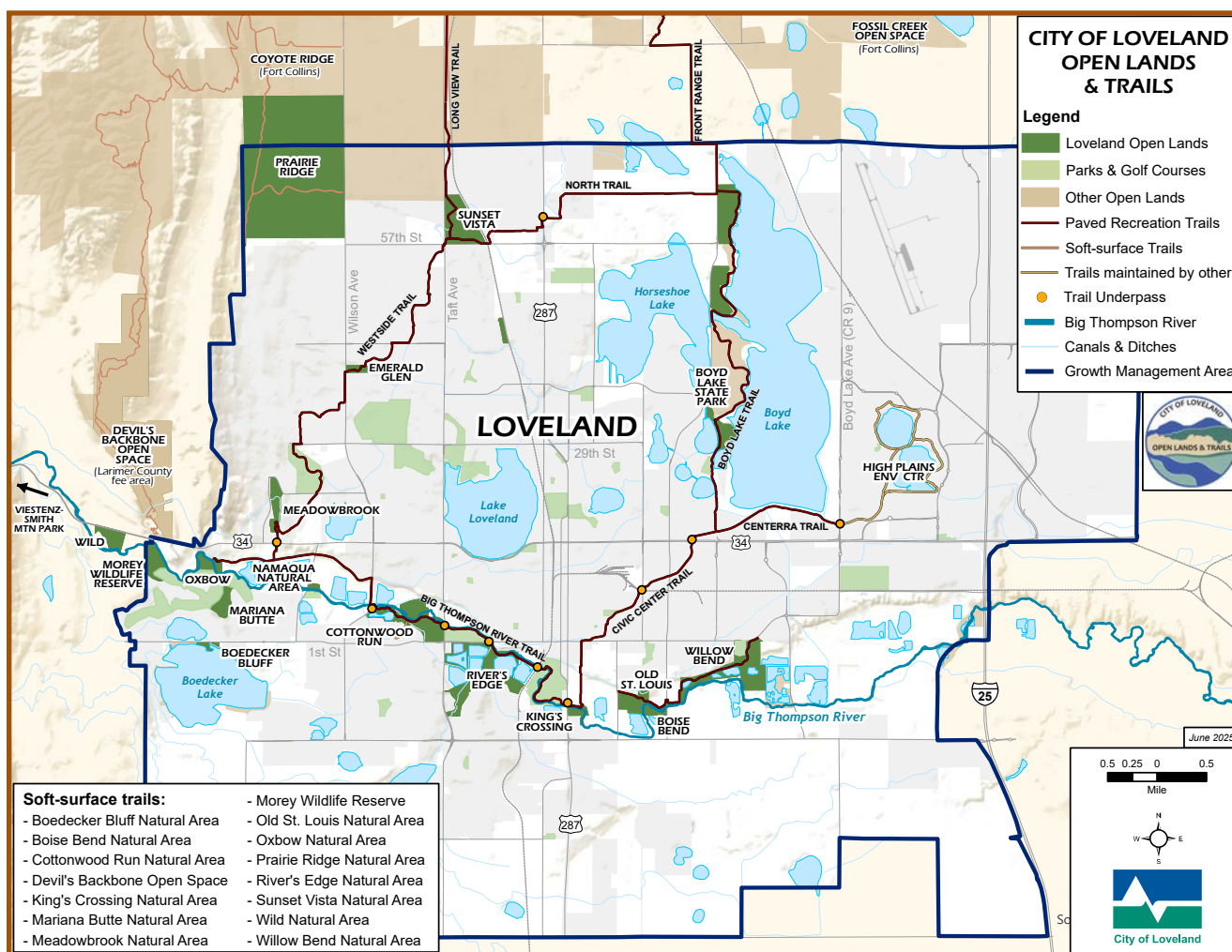
- Q Mountain View High School
- R Namaqua Elementary
- S Ponderosa Elementary
- T Sarah Milner Elementary
- U Thompson Valley High School
- V Truscott Elementary
- W Walt Clark Middle School
- X Winona Elementary

OTHER FACILITIES

- C** Chilson Recreation/Senior Center
- W** Winona Pool

CITY PARKS

- 1 Benson
- 2 Centennial
- 3 Civic Center
- 4 Derby Hill
- 5 Dwayne Webster
- 6 Eagleview
- 7 Edmondson
- 8 Estrella
- 9 Fairgrounds/Barnes
- 10 Garfield
- 11 Glen Arbor
- 12 Kirkview
- 13 Kroh
- 14 Loch Lon
- 15 Loch Mount
- 16 Loveland Sports Park
- 17 McKee
- 18 McWhinney Hahn Sculpture
- 19 Mehaffey
- 20 Namaqua
- 21 North Lake
- 22 Osborn/Winona Pool
- 23 Seven Lakes
- 24 Sherri Mar
- 25 Silver Glen
- 26 Silver Lake
- 27 South Shore Parkway
- 28 Sunnyside
- 29 Viestenz-Smith
- 30 Westside
- 31 Willow Bend
- 32 Woodmere



OPEN LANDS & TRAILS RULES & REGULATIONS

Detailed Rules: lovgov.org/OpenLands

Hours of operation are from 6:00A–10:30P, with the exception of the following sites, open sunrise to sunset: Morey Wildlife Reserve, Mariana Butte Trails, Prairie Ridge Natural Area, Wild Natural Area, Willow Bend Natural Area and Viestenz-Smith Mountain Park. Overnight parking or camping is prohibited in open lands and trails. Trails are open for non-motorized use only!

Bicycling is permitted on designated trails only. Bicycles are not permitted at Morey Wildlife Reserve or Mariana Butte Trails. Type I and II e-bikes are permitted on all trails where bicyclists are allowed, except Prairie Ridge Natural Area. Bicyclists yield to other trail users.

Pets must be leashed and under human control at all times. Owners must pick up and remove pet waste. Pets are not permitted at Morey Wildlife Reserve or Prairie Ridge Natural Area.

Fishing is regulated by Colorado State Regulations. Site-specific regulations apply. All anglers age 16 and older are required to have a Colorado Fishing License.

Horses are not permitted on City of Loveland Open Lands & Trails, with the exception of Prairie Ridge Natural Area (accessible from Coyote Ridge Natural Area).

Motorized Vehicles are prohibited on trails and all areas outside of established streets and parking areas.

Alcoholic Beverages are not permitted. Glass containers and bottles are prohibited.

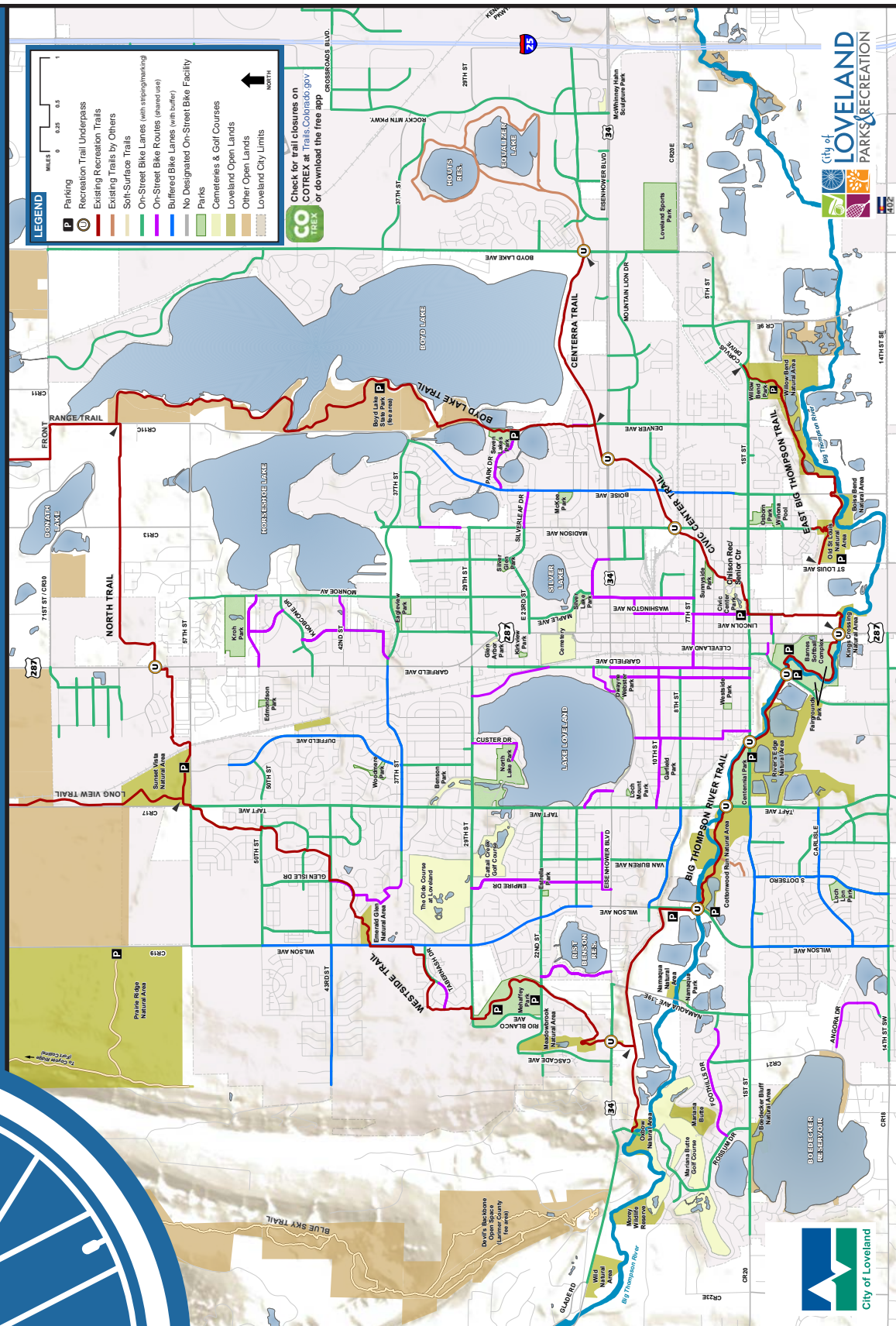
Fire Discharge or use of firearms, projectiles or fireworks is prohibited. No open fires or flames.

Trail Etiquette

- Loveland's trails have many different types of users; please be courteous to others on the trail.
- Flow of traffic is similar to road traffic. Always ride or walk on the right side. When passing others on the trail, verbally warn them that you are passing on the left.
- Be predictable: ride or walk in a straight line - avoid weaving.
- Please stay on designated trails and respect the rights of adjacent property owners.
- Bicyclists are encouraged to wear helmets and ensure their bicycles are operational and properly equipped (including reflectors and lights).

Maintenance Report maintenance concerns or vandalism to the Parks & Recreation Department at 970.962.2727.

Recreation Trail & Bikeways Map



Print this map online: lovgov.org/Trails • Check for trail closures on COTREX at Trails.Colorado.gov

HOW DO I REGISTER?

You may choose to register for activities by going ONLINE, MAILING IN your registration, or COMING IN to the Chilson Recreation & Senior Center to register in person.

1 WEBTRAC ONLINE REGISTRATION – BEGINS AUG 4, 6:00P*

For Enrollment Online: lovgov.org/WebTrac

*See athletics pages for specific registration dates for athletics programs

Request your Household ID number by filling out the online form: lovgov.org/WebTrac

OR call 970.962.2383 or 970.962.2727.

Once logged in to WebTrac, verify/update your household information prior to registration.

Receipt: A receipt will automatically be emailed to you and is available at anytime on your WebTrac account. Please call the Chilson Center at 970.962.2383 if you'd like your receipt mailed along with any other class or activity information specific to your registration.

2 WALK-IN | DROP-OFF REGISTRATION – BEGINS AUG 5, 8:30A*

For Walk In | Drop-Off Registration

*See athletics pages for specific registration dates for athletics programs

Drop off the completed registration form (**on page 54**) along with your check or credit card information. For confirmation of registration, please include your email address. Registrations may be dropped off at the Chilson Recreation & Senior Center during the hours below.

Chilson Recreation Center

Mon–Fri 5:30A–8:30P

Sa 6:00A–5:30P

Su 11:00A–5:30P

700 E. Fourth St. | Loveland, CO 80537

970.962.2386

Chilson Senior Center

Mon–Fri 8:00A–4:30P

700 E. Fourth St. | Loveland, CO 80537

970.962.2783

3 MAIL-IN REGISTRATION – BEGINS AUG 5, 8:30A*

Mail-In Registration

*See athletics pages for specific registration dates for athletics programs

Mail in completed registration form (**on page 54**) along with your check or credit card information and email address to the Chilson Recreation Center.

Chilson Recreation Center

700 E. Fourth St. | Loveland, CO 80537

Registrations received before the date above are held for processing on this date in the order they are received.

Notice of Non-Discrimination

The City of Loveland is committed to providing an equal opportunity for services, programs and activities and does not discriminate on the basis of disability, race, age, color, national origin, religion, sexual orientation, gender, gender identity or gender expression. For more information on non-discrimination or for translation assistance, please contact the City's Title VI Coordinator at TitleSix@CityofLoveland.org or 970.962.2372. The City will make reasonable accommodations for citizens in accordance with the Americans with Disabilities Act (ADA). For more information on ADA or accommodations, please contact the City's ADA Coordinator at ADACoordinator@CityofLoveland.org or 970.962.3319.

La Ciudad de Loveland está comprometida a proporcionar igualdad de oportunidades para los servicios, programas y actividades y no discriminar en base a discapacidad, raza, edad, color, origen nacional, religión, orientación sexual, género, identidad o expresión de género. Para más información sobre la no discriminación o para asistencia en traducción, favor contacte al Coordinador Título VI de la Ciudad al TitleSix@CityofLoveland.org o al 970.962.2372. La Ciudad realizará las acomodaciones razonables para los ciudadanos de acuerdo con la Ley de Discapacidades para americanos (ADA). Para más información sobre ADA o acomodaciones, favor contacte al Coordinador de ADA de la Ciudad en ADACoordinator@CityofLoveland.org o al 970.962.3319.

REGISTRATION POLICIES & PROCEDURES

Things To Know

- Please register at least one week prior to the first class. Class cancellation decisions are generally made five (5) days prior to class start date. If class enrollments are below the minimum requirements, a class may be cancelled.
- Registrations cannot be approved by an instructor or the team coach.
- The Department has the right to cancel classes.
- Before you purchase supplies, call 970.962.2383 to verify that your class is occurring.
- The City of Loveland does not discriminate on the basis of race, color, national origin, creed, religion, sex, gender, sexual orientation, age or disability in the provision of services. For disabled persons needing reasonable accommodation to attend or participate in a service or program/activity, call 970.962.2462 or TDD #962.2620.
- SAC holders have priority registration for day trips denoted by this symbol (♦). See the Active Generation pages for specific priority registration dates.

Use This Enrollment Checklist

- Complete the registration form below.
- Double check class fees and total.
- Include a 2nd and 3rd choice where possible.
- Make checks payable to City of Loveland or include credit card number and expiration date.
- Include email address for receipt confirmation.

Cancellations

- When you sign up for a class, we depend on your enrollment for a successful class. Please plan your schedule carefully to avoid cancellations and/or refunds.
- If you must cancel your class, please call 970.962.2383 (seniors call 970.962.2783) at least five (5) business days before the class begins. You may choose to transfer to another class or to receive a refund. See Refunds below.
- You are notified if a class is cancelled due to low enrollments, and are given options at that time.

Refunds

Unless otherwise noted, the following refund policy applies:

- Refund requests must be submitted in writing or through WebTrac. Refund request forms are available at the Chilson Recreation Center front desk.
- After registration and up to five (5) days prior to the class start date (seven (7) days for ticket or trip-based programs), a \$5 processing fee will be assessed.
- Four (4) days prior to the class start date and through the start of class, 50% of the class fee is refundable.
- No refunds are given after the first week of class.
- Full refunds are for departmentally cancelled classes ONLY.
- No refunds for Senior Activity Cards (SACs).
- **No cash refunds. Allow two (2) weeks for processing.**

Other Charges: There is a \$20 charge for returned checks.

Note: Small Fries Preschool and Day Camp have additional cancellation policies. See your parent handbook for details.

Loveland Parks & Recreation Registration Form				
Please fill out this registration form for use with all registration options. The information in shaded areas is required during the enrollment process.		Address:		
		City/Zip:		
Household ID #:	Home/Cell:	Work:		
Name: <i>Head of Household/Primary Guardian Full Name</i>	Email Address: <i>For City of Loveland internal use only. Your contact information is not shared.</i>			
Family Member Names:	Birthdates:	Activity/Program #:	Section #:	Fees Due:
				\$
				\$
				\$
				\$
Do you need a special accommodation to safely and enjoyably participate in these programs? ___ Yes ___ No. If yes, please state your special requirements: _____.			Total Paid:	\$
Pay By: ___ Cash (do not send cash in the mail) ___ Check (payable to: City of Loveland)		Waiver for Participation: By signing below, I hereby release and absolve the Parks & Recreation Department, the City of Loveland, and all of its employees or agents of same from any claims of damages arising from injury received by the participation involved in this activity, whether due to negligent acts or omissions of said parties, other participants, or otherwise.		
Credit/Debit Card: ___ Visa ___ MC ___ Discover ___ AMEX Card #: _____ Expiration: _____		Signature required showing I agree to the Waiver Statement above and agree to pay the charges listed here as stated. Signature: _____		

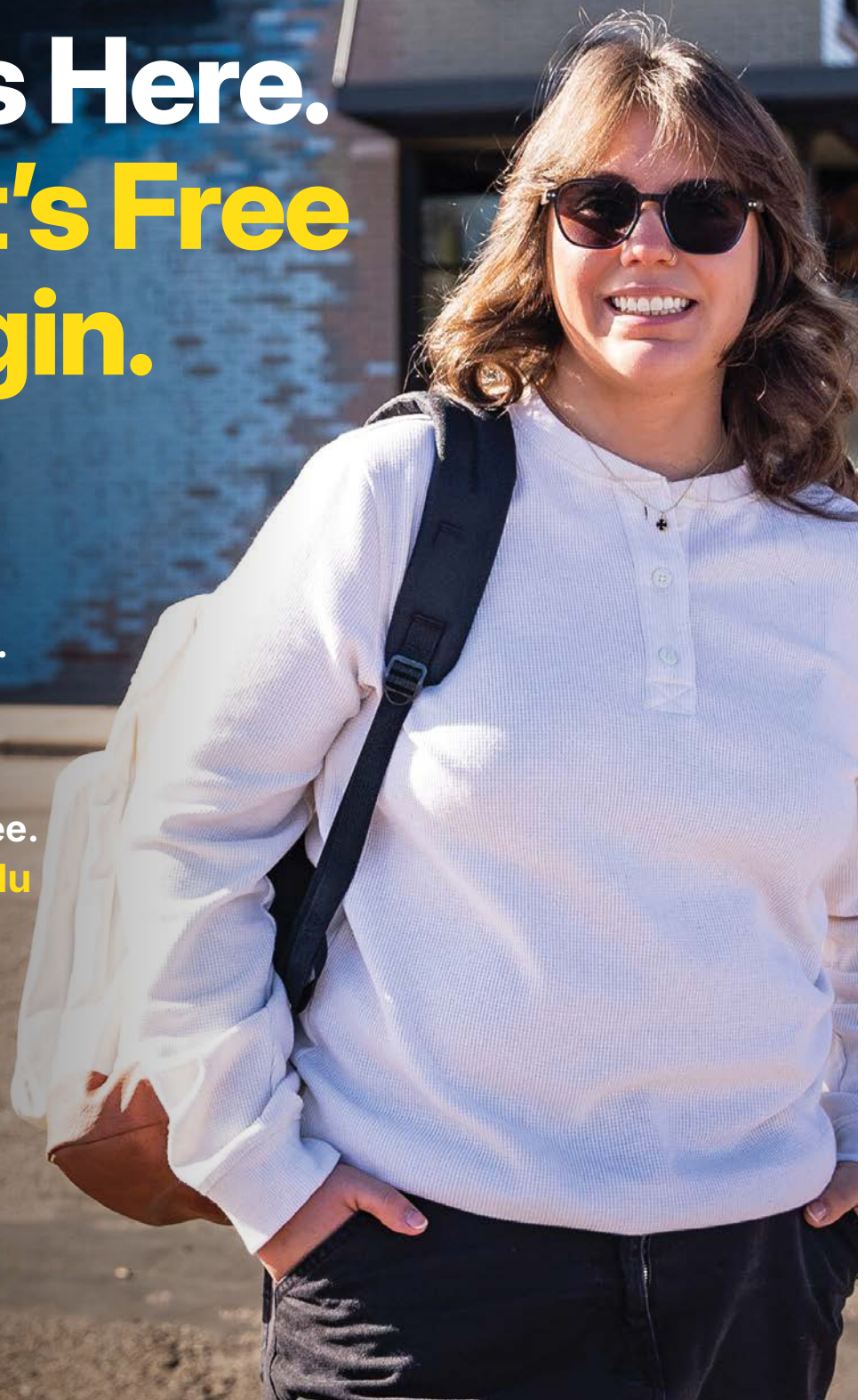
Your Future Starts Here. And It's Free to Begin.

Choose Aims
with confidence.

Start today for free.
Apply at aims.edu



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