

ACTIVITY GUIDE

WINTER | SPRING • JAN–MAY 2025

LOVELAND PARKS & RECREATION



ONLINE REGISTRATION BEGINS
Monday, December 2 at 6:00P

WALK-IN REGISTRATION BEGINS
Tuesday, December 3 at 8:30A

See pages 18 to 25 for specific
registration dates for athletics.



City of
LOVELAND
PARKS & RECREATION

Loveland Parks & Recreation

lovgov.org/ParksRecreation

500 E. Third St. Suite 200
Loveland, CO 80537 | 970.962.2727
parks@CityofLoveland.org



OUR MISSION

We are the City of Loveland Parks & Recreation Department with a mission to provide effective, efficient and high quality leisure facilities, sites, services and programs for citizens of and visitors to the community.

OUR VISION

We are committed to our vision to provide a sustainable system of diverse parks, trails, natural areas and facilities that connect people with the natural environment, support good health and offer outstanding community experiences while balancing recreation opportunities with the protection of natural and cultural resources.

OUR COMMUNITY

We are proud to make an impact on quality of life in Loveland by maintaining numerous areas with amenities for the community. Please visit lovgov.org/Parks for a full list of facilities.

NATIONAL RECREATION & PARK ASSOCIATION'S

3 PILLARS OF PARKS & RECREATION

MAKING AN IMPACT ON QUALITY OF LIFE



1. CONSERVATION PRESERVING NATURAL RESOURCES

Oftentimes, parks & recreation agencies are the only voice for ensuring that open space is protected, our youth have access to nature-related areas and that services and outdoor education are available. These have quantifiable economic benefits to our community.

2. HEALTH & WELLNESS IMPROVING HEALTH, ENHANCING LIFE

Our staff are leaders in recreation, sports and nutrition and offer fitness, sports and healthy lifestyle classes for people of all ages and abilities. They seek to reduce obesity, physical inactivity and poor nutrition while strengthening skills that enrich body, mind and attitude.



3. SOCIAL EQUITY ACCESS & INCLUSION FOR ALL

We strive to be a catalyst for ensuring all residents have equal access to our resources and services. We offer opportunities that transcend barriers of income through outreach activities such as our Mobile Recreation Trailer and providing scholarships via the non-profit Loveland Parks & Recreation Foundation.

GET INVOLVED!

LOVE WHERE YOU LIVE, WORK & PLAY

Join us! Enroll in a class or two, explore our open lands and natural areas, ride or walk the paved recreation trail, discover a park or take a swing at golf.



VOLUNTEER GIVE BACK, GET MORE

We're always looking for volunteers. We couldn't do what we do without them! Whether it's behind the desk at the Chilson Senior Center, outdoors with environmental education or coaching youth athletics, our volunteers are vital to our community.



SMILE! You could be on the next cover! The Parks & Recreation Department reserves the right to use images and/or photographs of anyone in any activity, park or public place in present and/or future printed publications or on the department web pages for promotional purposes, unless told otherwise at the time the image or photograph is taken.

CONTACT US

Parks & Recreation • 970.962.2727

lovgov.org/ParksRecreation
Activity Registration (info):
970.962.2386
lovgov.org/WebTrac

Chilson Recreation Center • 970.962.2386

lovgov.org/Chilson
Racquetball Reservations:
lovgov.org/WebTrac

Chilson Senior Center • 970.962.2783

lovgov.org/Chilson

Athletics • 970.962.2445

lovgov.org/Athletics
TeamSideline.com/Loveland
Weather Cancellations:
TeamSideline.com/Loveland
Check up to 30 min. before practice
or games are scheduled to begin.

Golf • 970.962.2496

lovgov.org/Golf
GolfLoveland.com
Tee Times Call or go online
Cattail Creek 970.663.5310
Mariana Butte 970.667.8308
The Olde Course 970.667.5256

Open Lands & Trails • 970.962.2727

lovgov.org/OpenLands
Environmental Ed/Volunteers:
970.962.2643

Parks • 970.962.2727

lovgov.org/Parks
Park Shelter Reservations:
970.962.2727
lovgov.org/WebTrac

Winona Outdoor Pool • 970.962.2435

lovgov.org/Swimming
Weather Cancellations:
970.962.2435, option 2

Follow Us on Social Media



[@CityofLovelandParksRecreation](https://www.facebook.com/CityofLovelandParksRecreation)
[@CityofLovelandChilsonCenter](https://www.facebook.com/CityofLovelandChilsonCenter)



[@LovelandParksandRec](https://www.instagram.com/LovelandParksandRec)

On the Cover

A resident enjoys the day with a furry friend.
Loveland offers many options to get outdoors!

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All activities, classes, events and programs
are subject to change.

Subscribe to our Parks & Recreation e-newsletter
to stay up-to-date at lovgov.org/ParksRecreation

CHILSON RECREATION & SENIOR CENTER

700 E. Fourth St. • Loveland, CO 80537

Visit us online: lovgov.org/Chilson

Recreation Center: 970.962.2386

Senior Center: 970.962.2783

TDD: 970.962.2620

AMENITIES

Fitness | Wellness

- State-of-the-art strength training equipment
- Indoor cycling studio
- Over 50 group fitness classes each week
- Friendly & professional personal training
- TRX classes
- Nutrition/Weight Loss consultations
- LightStim® LED Light Therapy

Aquatics

- Lap pool
- Leisure pool with speed slide
- Aquatics programs & exercise classes
- Hot tubs - indoor & outdoor
- Steam room

Facility

- Indoor walking & jogging track
- 3 racquetball courts
- 2 gymnasiums
- Drop-in childcare
- Conference & event facilities
- Party packages

CELEBRATE YOUR EVENT

Chilson Recreation & Senior Center is a great venue for your next event. Casual or formal, big or small, with audio visual equipment for your training or seminar needs. Chilson has rental space available that may be perfect for you! Call 970.962.2503 to plan your next event.

Interested in a swimming, gymnastics or eSports birthday party? Call 970.962.2468 or schedule online at lovgov.org/WebTrac – Winona Outdoor Pool rentals are also available!

Close to downtown Loveland, the Chilson Center is easily accessible from I-25, Highway 34 and Highway 287. Our professional, experienced staff are happy to assist in planning your event and are committed to ensuring a memorable experience for you and your guests.

Winter Break & Spring Break Pass

Stay active this season! Purchase a winter break or spring break pass for UNLIMITED use of the Chilson Recreation Center during the dates below.

Winter Break: 12/21/24 to 1/5/25 (on sale 11/26/24)
Youth: \$35 | Adult: \$45

Spring Break: 3/15/25 to 3/23/25 (on sale 2/15/25)
Youth: \$22 | Adult: \$27

QUESTIONS: 970.962.2383

HOURS - Recreation Center

Monday to Friday 5:30A to 9:00P
Saturday 6:00A to 6:00P
Sunday 11:00A to 6:00P

Pool hours vary; see lovgov.org/Swimming for current hours.
Hours subject to change; call 970.962.2FUN for updates.

HOURS - Senior Center

Monday to Friday 8:00A to 5:00P Billiards until 4:30P
Saturday/Sunday CLOSED

HOLIDAY & MAINTENANCE CLOSURES

Dates	Rec Center	Senior Center
T, 12/24 Christmas Eve	5:30A to 2:00P	CLOSED
W, 12/25 Christmas	CLOSED	CLOSED
T, 12/31 New Years Eve	5:30A to 5:00P	8:00A to 3:00P
W, 1/1 New Years Day	CLOSED	CLOSED
Su, 4/20 Easter	CLOSED	CLOSED
M, 5/26 Memorial Day	CLOSED	CLOSED

FEES - Chilson Recreation/Senior Center

Infants (1 & under) are FREE with paid adult
Pass fees include 1-week facility closure for annual maintenance; additional closures may also occur

Age	Daily Fee	10-Visit**
Toddlers (2-5 years)	\$5.00	\$45.00
Youth (6-18 years)	\$6.00	\$54.00
Adults (19-61 years)	\$7.50	\$67.50
Seniors (62+)	\$6.25	\$56.25

**10-Visit pass is valid for 3 years

Age	3 Month
Youth (6-18 years)	\$96
Adults (19-61 years)	\$166
Seniors (62+)	\$99
Family*	\$247

Age	6 Month Res	6 Month Non-Res
Youth (6-18 years)	\$162	\$183
Adults (19-61 years)	\$287	\$317
Seniors (62+)	\$179	\$211
Family*	\$429	\$460

Age	1 Year Res	1 Year Non-Res
Youth (6-18 years)	\$272	\$324
Adults (19-61 years)	\$496	\$574
Seniors (62+)	\$291	\$349
Family*	\$750	\$860
3rd-4th adult	\$324	\$324

MONTHLY BILLING Pay prorated current month plus next month when signing up (6 month min.)

Age	Res	Non-Res
Youth (6-18 years)	\$24.66	\$29.00
Adults (19-61 years)	\$43.33	\$49.83
Seniors (62+)	\$26.25	\$31.08
Family*	\$64.50	\$73.67
3rd-4th adult	\$27.00	\$27.00

Childcare (add on)
\$9.00 (1st child), \$7.00 (each additional child)

*Family = 1 to 2 adults + children under age 21 at home
(1 Year and monthly billing passes can allow up to 2 additional adults for a fee)



Drop-In Childcare

Parents, legal guardians and persons in charge (immediate family members) participating in classes or working out may utilize drop-in childcare for ages 3 months through 8 years. Infants 3 through 7 months require a reservation. Call 970.962.2466 or stop in for info.

MAX VISIT: 2 hour limit per day

HOURS - Childcare

Monday to Thursday	8:45A to 1:30P & 4:00 to 7:00P
Friday	8:45A to 1:30P
Saturday	Sept to May only 9:00A to 12:00P

FEES - Childcare

Daily Fee: \$3.75

10-Visit: \$33.75

Upgrade your annual pass:

\$108 1st child; \$84 each additional child
Also see monthly billing options below.

Recreation Center Fees

Fees provide access to fitness equipment, gym, weight room, exercise track, racquetball courts, most fitness classes, swimming pools, hot tubs, steam room and locker room with locker.

Cancellation fee will apply for passes and visit cards.

Group Rate

Bringing a group of 10 or more? Please submit a group attendance request form at lovgov.org/Swimming at least 48 hours in advance to be eligible for a \$5.50/person group rate. Group requests may be made only for the current calendar year and are on a first-come, first-served basis, subject to space and staff availability.

Senior Center Fees

No fees are required to enjoy activities in the lobby including billiards, cards, chess, etc. Refer to the Active Generation pages for Senior Activity Card (SAC) benefits and fees for classes/activities.

DID YOU KNOW?

We are a SilverSneakers® and Renew Active™ facility. Stop by the Senior Center and get signed up for your fitness pass!

Schedules may be updated periodically; revised schedules at the front desk.

DROP-IN	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LARGE GYM: West (front)							
Basketball 18+ full court	9:30A–3P	9:30A–1P	9:30A–1P 5–9P	9:30A–1P	9:30A–1P	3–6P*	3–6P
Family Basketball	3:30–5P	5:30–9:30A 1–9P	1–5P	1–5P	5:30–9:30A 1–9P	11A–3P*	11A–3P
Pickleball	5:30–9A	---	5:30–9A	5:30–9A	---	---	---
LARGE GYM: East (back)							
Basketball 18+ full court	9:30A–1P	---	---	9:30A–1P	---	---	---
Family Basketball	---	---	3:30–6P	---	6–9P Avail to Rent**	8A–6P*	3–6P
Pickleball	5:30–9A	---	5:30–9A 1:30–3:30P 8–9P	5:30–9A 1:30–3:30P	12–4P	---	11A–2P
Volleyball 50+	---	9:15–11:30A	---	---	---	---	---
Volleyball Coed	---	4:30–9P	---	---	---	---	---
SMALL GYM							
Family Basketball	---	---	---	---	1:15–3:45P	---	---
Pickleball Adaptive Rec	---	---	9:30–11:30A	---	---	---	---
Volleyball Coed	---	1:30–9P	---	---	4–9P	---	11A–2P
RACQUETBALL COURTS: Call 970.962.2438 or reserve online: lovgov.org/WebTrac Racquetball equipment rental: \$1.50 per person/per hour. Racquetball Challenge Court provides opportunities to meet players/practice. All levels invited; no reservations. Games are played in order of player arrival and are coed. Play to 15 points; winner plays next player waiting, up to 3 consecutive games.							
Reservation Slots	6A–9P	6A–9P	6A–4P & 8–9P	6A–9P	6A–12P & 2–9P	6A–6P	11A–6P
Racquetball Challenge Court	Courts 2, 3 12–2P	Courts 2, 3 12–2P	Courts 2, 3 12–2P & 4–8P***	Courts 2, 3 12–2P	Courts 2, 3 12–2P	---	Courts 2, 3 11A–2P

*Outside of youth leagues **Rent up to 10 days in advance, \$65/hr: lovgov.org/Webtrac ***Great for beginners

AQUATICS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LAP POOL							
Lap Lanes 1–3 Limited Appts Available lovgov.org/Webtrac	5:30A–8:30P	5:30A–8:30P	5:30A–8:30P	5:30A–8:30P	5:30A–8:30P	6A–5:30P	11A–5:30P
Lap Lanes 4–8 Outside of swim lessons & aqua fitness	5:30–8:30A 10:45A–5:10P 7:30–8:30P	5:30–7:00A 10:45A–5:10P 7:30–8:30P	5:30–7:00A 10:30A–6P 7:30–8:30P	5:30–7:00A 10:45A–5:10P 7:30–8:30P	5:30–7:00A 8:15–9:15A 10:15A–8:30P	6:00–8:25A 11:50A–4:00P	11A–5:30P
Aqua Fitness	9:15–10:15A 10:30–11:30A	7:05–7:55A 9:15–10:15A	7:15–8:15A 9:15–10:15A 6:30–7:30P	9:15–10:15A	7:15–8:15A 9:15–10:15A	7:30–8:30A	---
Please anticipate limited space availability during time frames for aqua fitness & swim lessons (lessons are held: Mon/Tues/Thur 5–7:30P, and Sat 8:30A–noon). See fitness schedule at front desk or lovgov.org/FitnessWellness for aqua fitness class details.							
LEISURE POOL***							
Open Swim & Speed Slide	10A–1P 4–8:30P*	10A–1P 4–8:30P*	10A–1P 4–8:30P	10A–1P 4–8:30P*	10A–1P 4–8:30P	10A–5:30P*	11A–5:30P
Zero Depth Area	9–10A**	9–10A**	9–10A**	9–10A**	9–10A**	9–10A**	---
Water Walking For fitness; not for play	6–8A 9:15–10:00A	6–10A No current during fitness classes	6–10A No current during fitness classes	6–8A 9:15–10:00A	6–10A	6–10A	---
Aqua Classes	8:05–9:05A In lazy river	8:20–9:20A In bay	8:20–9:20A In bay	8:05–9:05A In lazy river	---	---	---

*Swim Lessons are held during open swim hours in the lap and/or leisure pool: Mon/Tues/Thur 5–7:30P & Sat 8:30A–12P; open swim hours are subject to change

**Zero Depth Area for tots/toddlers is open Mon–Sat for 1 hour prior to open swim (no water features during this time).

***Leisure Pool is open from 1–4P on TSD no-school days.

RULES: Children under age 6 must be within arm's reach of and actively supervised by someone 16 or older while in the water. Children ages 6–7 must be directly supervised on the pool deck by someone 16 or older. Youth (under 16) are not permitted to use steam room/outdoor hot tub. Proof of age may be required. The use of flotation devices in all bodies of water is limited to water wings or small inner tubes only. Mermaid tails are permitted in the lap pool only. **Aquatics policies are posted at lovgov.org/Chilson and aquatics area.**

All activities are subject to change. More info: lovgov.org/ParksRecreation

MOUNTAINFILM ON TOUR

f @ MOUNTAINFILM

MOUNTAINFILM.ORG

#MOUNTAINFILMTOUR

#MOUNTAINFILM

SPECIAL EVENTS

BEGINS

1/13 Community Dances with Live Bands ♦

Dance the night away at these dances that benefit the Chilson Senior Advisory Committee. All refreshments are potluck.

Dates: 2nd & 4th Monday **Time:** 6:30–9P **Info:** 970.962.2783

Fee: \$10, \$9.50 w/SAC (cash/check only)

Age: 18+

1/13	Jim Hyatt Band	4/14	JD & The Moonrakers
1/27	Jim Ehrlich	4/28	Life in the Past Lane
2/10	Rusty Chaps	5/12	Still Country
2/24	Dale, Singing Cowboy	5/26	No Dance (holiday)
3/10	Country Touch Band		
3/24	Big Twang Theory		

2/1 Mountainfilm On Tour

Mountainfilm on Tour brings a culturally rich, adventure-packed and incredibly inspiring documentary films curated from the Mountainfilm festival held every Memorial Day weekend in Telluride, Colorado. The tour will visit Loveland with films that explore the themes connected to Mountainfilm's mission: using the power of film, art and ideas to inspire audiences to create a better world. Brought to you by the Loveland Parks & Recreation Department. Sponsorship opportunities available; contact Kerry Helke 970.962.2446. Location: Rialto Theater, 228 E. Fourth St. **Tickets:** RialtoTheaterCenter.org **Info:** lovgov.org/PRevents

Sa	2/1	2:00P matinee	\$18
Sa	2/1	7:00P evening	\$25

2/1 City of Loveland Farmers Market Vendor Applications Open

Voted one of the 10 best farmers markets in the state of Colorado! Every Sunday June through September you can enjoy farm-fresh produce, baked goods, pantry foods, live music, food trucks, monthly artist markets and special events including Watermelon Daze and the Honey Festival. SNAP accepted onsite and Double Up Food Bucks matching program.

Become a vendor! Vendor applications open 2/1.

More Info: lovgov.org/FarmersMarket

3/7 Glow Swim Party

Come swim in the Chilson pool where the lights are dim and the party is bright! Get your GLOW on with a dance party, glow volleyball, glow jewelry and more! A variety of glow items are also available for purchase. Location: Chilson Pool

All ages

F 3/7 6:30-8:30P Daily fee/Chilson pass

Mobile Recreation Trailer Rental

Interested in renting our Mobile Recreation Trailer for events? It's packed full of FUN games, sports and activities for all ages. For inquiries about renting please call 970.962.2446 or visit lovgov.org/PRevents

3/14 St. Patrick's Day Luncheon

Celebrate St. Patrick's Day with corn beef, cabbage and Irish step dancers (TBD). Bring a non-perishable food donation for the House of Neighborly Service Food Pantry. Reservations taken from 2/1 until 3/11 or until event reaches capacity by calling Volunteers of America (VOA) at 970.472.9630. Seating is limited.

Age: 60+

F 3/14 11:45A-1:00P \$3 suggested donation

4/12 Pancake Breakfast & Plant Sale

Have a delicious breakfast of pancakes, sausage, juice and coffee, then browse through the plant sale to find the perfect plant! Entertainment and good food make this a great morning for the entire family. Breakfast tickets available at the Senior Center front desk beginning 3/3 or pay at the door. This fundraising event is sponsored by the Chilson Senior Advisory Committee. Co-sponsored by Village Inn.

Location: Chilson Senior Center **More Info:** 970.962.2336

All ages

Sa 4/12 8:00-11:00A FREE to browse
Adults: \$10 in advance, \$12 at door
Children: \$5 (12 & under)

4/26 Pickleball: Expo

Join Loveland Parks & Recreation and the Loveland Pickleball Club for an intro to pickleball! Open play is available on courts not being used for clinics. Come join the FUN!

Location: Osborn Park Courts, 1615 Fourth St. SE

Age: 18+ FREE, but must pre-register

Day	Date	Time	Class #
Sa	4/26	8:30-9:30A	276115-60
Sa	4/26	10:00-11:00A	276115-62
Sa	4/26	11:30A-12:30P	276115-64
Sa	4/26	1:00-2:00P	276115-91

Save the date!

6/6 Tee Off For Kids Golf Tournament

Golfers! The Loveland Parks & Recreation Foundation invites you to play this tournament where ALL proceeds benefit youth recreation scholarships! The format is a two-person team with a 7:30A shotgun start and includes 18-holes, cart, prizes and lunch. **Registrations accepted through May 16 only.**

Location: Mariana Butte Golf Course, 701 Clubhouse Dr.

Info: info@LovelandPRFoundation.org

Register: LovelandPRFoundation.org

F 6/6 \$260 per team (Early Bird fee thru 4/25)
\$280 per team (Fee after 4/25)

Sponsorship Opportunities

Loveland Parks & Recreation has several sponsorship opportunities including events, athletics, vehicles, signage and more. Parks & Recreation has a broad impact in the community and the ability to connect your business with new demographics and a wide range of people.

Contact Kerry Helke, 970.962.2446

Kerry.Helke@CityofLoveland.org

WOO HOO!

Celebrate with a party at Chilson!

Swimming Party

Includes one hour in the Party Room and full day admission into the pool for kids and adults. Packages start at \$105.

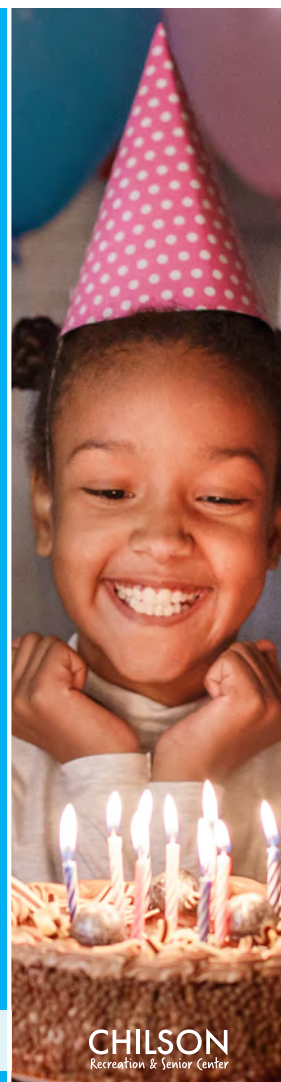
Gymnastics Party

Includes one hour in the Party Room and one hour of facilitated gymnastics activities with an instructor. Packages start at \$140.

eSports Party

Includes one hour in the Party Room and one hour of facilitated Nintendo Switch™ gaming on projector-sized screens. Packages start at \$140

Call 970.962.2468



CHILSON
Recreation & Senior Center



Saturday Nights at Chilson!

For kids ages 7-12

Drop off your kids at Chilson for a supervised, structured program in a safe, social environment. Swimming, gym, games, prizes, contests and FUN themes each week! Staff ratio 1:20

\$15 per person | Concessions (\$)

CALL FOR MORE INFO: 970.308.0439



PARKS

The City of Loveland Parks & Recreation Department maintains numerous areas with amenities available for the community:

- 22 softball fields • 8 baseball fields • 2 inline skate hockey rinks
- 3 skate parks • 23 outdoor tennis courts • 10 outdoor basketball courts • 18 outdoor pickleball courts • 1 outdoor Fitness Court®
- 1 outdoor swimming pool • 1 indoor aquatics center • 32 parks, 23 with amenities only (no reservable shelters); 9 with amenities and reservable pavilions/gazebos/shelters • 26 playgrounds
- 3 golf courses • Open lands, trails and natural areas • Indoor recreation at the Chilson Recreation & Senior Center • and more!

Memorial Tree & Bench Program Donations are made through the Parks & Recreation Department's non-profit Foundation. Call 970.962.3459 for information.

Take a look! Check out Loveland park pavilions, gazebos and shelters at: lovgov.org/Parks

See page 52 & 54 for park locations and recreation trail maps.

PAVILIONS | GAZEBOS | SHELTERS

Non-reserved (or unreserved) pavilions, gazebos and shelters without power are available free of charge on a first-come, first-served basis. Reservations must be made at least seven (7) days prior to the desired date. Reservations accepted up to nine (9) months in advance of the event date.

Fees and deposits are due upon reservation, and vary depending upon the location and invited guest total. **Call 970.962.2727 or go online for details: lovgov.org/WebTrac**

Alcohol permits allow facility users to have alcohol at events. In addition to the shelter & deposit fees, an alcohol permit is a \$75 fee plus a \$75 deposit. Alcohol permits expire on the day of the reservation. **By City ordinance, alcohol is NOT permitted in a City facility without an alcohol permit and facility reservation.**

Large groups may be assessed a site impact fee to recover extra maintenance costs incurred for large group/event reservations. The Police Department may require an added application and approval process for large events. Please inquire for information.

PAVILION | SHELTER RESERVATIONS

Online Reservations: lovgov.org/WebTrac

Call 970.962.2727 to schedule a walk-in appointment.

- **Benson Sculpture Park** - 1125 W. 29th St.
Features one reservation gazebo and sculpture displays throughout the park. Limited parking; carpooling suggested. Large group reservations (48+) are not accepted.
- **Centennial Park** - 977 W. First St.
Features one reservation shelter, baseball fields, stream fishing, pickleball courts, horseshoe courts, playground & rec trail access.
- **Dwayne Webster Park** - 401 W. 13th St.
Features three reservation shelters, basketball, tennis, horseshoe courts, playground and cannon sculpture. Large group reservations (48+) are not accepted.
- **Fairgrounds Park** - 700 S. Railroad Ave.
Features two reservation pavilions, basketball, dog park, playgrounds, skate park, spray park, tot lot, ballfields, fishing with river access, historic sites, sculpture and rec trail access.
- **Kroh Park** - 5200 N. Garfield Ave.
Features one reservation shelter, athletic and softball fields, a backstop and playground.
- **Loveland Sports Park** - 950 N. Boyd Lake
Features three reservation shelters, athletic fields, spray playground, skate park, in-line hockey rinks, basketball and volleyball courts & concession area. Large group reservations (60+) are not accepted.
- **Mehaffey Park** - 3285 W. 22nd St.
Features two reservation shelters, a dog park, pond fishing, athletic fields, pickleball & tennis courts, skate park, playground, water feature and rec trail access.
- **Namaqua Park** - 730 N. CR 19E (Namaqua Road)
Features one reservation shelter, fishing, horseshoe courts and playground. Large group reservations (48+) are not accepted.
- **North Lake Park** - 2750 N. Taft Avenue
Features four reservation shelters, baseball/softball athletic fields, tennis/basketball/horseshoe courts, pond fishing, mini railroad (seasonal) and two playgrounds.

Areas that are reserved in person (not online):

- Athletic fields, ball fields and Hammond Amphitheater

Please call the office at 970.962.2727 to inquire about availability.

Neighborhood parks that do not have reservation areas may still be used on a first-come, first-served basis for small groups.

PARK RULES & REGULATIONS

Park Hours

Most Loveland parks are open from 6:00A–10:30P daily unless otherwise specified onsite. All parks except Viestenz-Smith Mountain Park will remain open in the winter months. Loveland Sports Park may be closed due to weather conditions and restrooms may remain closed for the season and/or during extremely cold temperatures. Please refer to specific park web pages or call 970.962.2727 for more information.

Grills

The grills located in the parks are for charcoal use. When using the grills, you must make sure the coals are completely extinguished before vacating the site. You may leave the remaining coals/ash to continue cooling, and our parks workers will eliminate the ashes when they clean the grills before their next use. If you prefer to use a gas grill, you are welcome to bring your own to the park, as long as you use it on a paved/cement surface and you allow it time to cool so you may take it with you when you leave.

Pets

- Pet owners are required to pick up and remove pet waste. Pets must be leashed and under human control at all times, except in designated dog park enclosures. Dogs at the dog park enclosure must remain under voice control. A leash is still required for arrival/departure at the dog park, or if there are control issues in the dog park areas.
- Pets are NOT allowed inside the Barnes Softball Complex at Fairgrounds Park or Centennial Park baseball complex, on inline hockey rinks, skate park areas, spray park areas, playgrounds, basketball and volleyball courts, the Championship Field at Loveland Sports Park or within 100 feet of any other athletic courts or fields while practices or games are being played.

Permitted Items

- Only small pop-up shade shelters with removable walls are allowed (10' x 10' max) and must be weighted down. No stakes are to be driven into the ground more than 6" for any reason (irrigation lines are present). Camping as defined as setting up a tent or like structure for privacy is prohibited. Overnight parking or camping is prohibited.
- No jump castles, dunk tanks, pony rides or similar set-ups.
- No Silly String, paint or any other item which may contain dyes and cause permanent damage.
- Collecting, removing, destroying or defacing any natural or manmade object is NOT permitted.
- Vending is not allowed in City parks, open land areas or trails without prior permission from the Parks & Recreation Dept.
- Smoking is prohibited, except in designated areas.
- Glass containers/bottles are prohibited.
- No open fires or flames except in provided grills.
- No gathering or cutting firewood.
- Motorized vehicles (except authorized) are not allowed outside of established streets and parking areas.
- Remote control (RC) boating questions are addressed by the Colorado Parks & Wildlife Division through the office in Fort Collins. Please call 970.472.4300 for information. In Loveland, battery powered RC boats have been approved for use on small City-owned bodies of water only; suggested sites would be the Foote Lagoon or North Lake Park - Duck Pond.
- No hang gliding, paragliding or powered paragliding in any park or open land area.

For detailed rules: lovgov.org/Parks



Unsure of your swim level for lessons?
We can help! Call 970.962.2FUN to set up a
test session for best placement.

Private | Semi-Private Swim Lessons

Private swim lessons are a great way to improve skills in a one-on-one setting tailored to your needs and desires. Taught by City of Loveland swim instructors who have excellent experience. **More Info:** 970.962.2631

Private: 1 person, 30-min \$30 paid day-of
 Semi-Private: 2 people, 30-min \$40 paid day-of

Winona Pool Rentals • 970.962.2FUN or online at lovgov.org/WebTrac

Reservations for the 2025 season begin Tues, April 1.
 Are you looking for a great location for a gathering, family reunion or birthday party? Rental includes the use of the shower facilities, AquaClimb, waterslide & other amenities. Alcohol not permitted.

Tues | Thurs | Fri | Sat Rentals:

5:30–7:30P 1-100 Guests: \$350 + \$100 deposit
 5:30–7:30P 101-300 Guests: \$400 + \$100 deposit

Sunday Rentals:

5:30–8:00P 1-100 Guests: \$375 + \$100 deposit
 5:30–8:00P 101-300 Guests: \$425 + \$100 deposit

Swim Parent/Infant Min/Max: 4/10

Parents help introduce infants to the water while learning how to work with their child safely in the pool. Basic body position and holding techniques are introduced. One adult per child required.

Age: 0.5–1.5 *No class 3/17–3/22

M	1/6-2/24	5:45-6:15P	\$48	200001-01
M	3/3-4/28*	5:45-6:15P	\$48	200001-02
T,Th	1/7-1/30	5:10-5:40P	\$48	200001-10
T,Th	2/4-2/27	5:10-5:40P	\$48	200001-11
T,Th	3/4-4/3*	5:10-5:40P	\$48	200001-12
T,Th	4/8-5/1	5:10-5:40P	\$48	200001-13
Sa	1/4-2/22	9:00-9:30A	\$48	200001-20
Sa	3/1-4/26*	9:00-9:30A	\$48	200001-21

Swim Parent/Toddler Min/Max: 4/10

Parents help introduce toddlers to the water using songs, working on building confidence, becoming comfortable in and around the pool, and staying safe. Basic water activities are introduced. One adult per child required.

Age: 1.5–3 *No class 3/17–3/22

M	1/6-2/24	5:10-5:40P	\$48	200002-01
M	3/3-4/28*	5:10-5:40P	\$48	200002-02
T,Th	1/7-1/30	6:20-6:50P	\$48	200002-10
T,Th	2/4-2/27	6:20-6:50P	\$48	200002-11
T,Th	3/4-4/3*	6:20-6:50P	\$48	200002-12
T,Th	4/8-5/1	6:20-6:50P	\$48	200002-13
Sa	1/4-2/22	10:10-10:40A	\$48	200002-20
Sa	3/1-4/26*	10:10-10:40A	\$48	200002-21

Swim Preschool 1 Min/Max: 4/8

For the swimmer with no or limited water experience and who is uncomfortable putting their face in the water. Front and back floats introduced along with interactive water games.

Age: 3–5 *No class 3/17–3/22

M	1/6-2/24	5:10-5:40P	\$48	200003-01
M	1/6-2/24	6:20-6:50P	\$48	200003-02
M	3/3-4/28*	5:10-5:40P	\$48	200003-03
M	3/3-4/28*	6:20-6:50P	\$48	200003-04
T,Th	1/7-1/30	5:45-6:15P	\$48	200003-10
T,Th	1/7-1/30	6:55-7:25P	\$48	200003-11
T,Th	2/4-2/27	5:45-6:15P	\$48	200003-12
T,Th	2/4-2/27	6:55-7:25P	\$48	200003-13
T,Th	3/4-4/3*	5:45-6:15P	\$48	200003-14
T,Th	3/4-4/3*	6:55-7:25P	\$48	200003-15
T,Th	4/8-5/1	5:45-6:15P	\$48	200003-16
T,Th	4/8-5/1	6:55-7:25P	\$48	200003-17
Sa	1/4-2/22	9:00-9:30A	\$48	200003-20
Sa	1/4-2/22	10:45-11:15A	\$48	200003-21
Sa	3/1-4/26*	9:00-9:30A	\$48	200003-22
Sa	3/1-4/26*	10:45-11:15A	\$48	200003-23

Swim Preschool 2 Min/Max: 4/8

Prerequisite: Preschool 1 or demonstrate requirements. For the swimmer who will comfortably submerge face and head underwater. Learn to float independently on front and back for 5 seconds. Swimming on front is also introduced.

Age: 3–5 *No class 3/17–3/22

M	1/6-2/24	5:45-6:15P	\$48	200004-01
M	1/6-2/24	6:55-7:25P	\$48	200004-02
M	3/3-4/28*	5:45-6:15P	\$48	200004-03
M	3/3-4/28*	6:55-7:25P	\$48	200004-04
T,Th	1/7-1/30	5:10-5:40P	\$48	200004-10
T,Th	1/7-1/30	6:20-6:50P	\$48	200004-11
T,Th	2/4-2/27	5:10-5:40P	\$48	200004-12
T,Th	2/4-2/27	6:20-6:50P	\$48	200004-13
T,Th	3/4-4/3*	5:10-5:40P	\$48	200004-14
T,Th	3/4-4/3*	6:20-6:50P	\$48	200004-15
T,Th	4/8-5/1	5:10-5:40P	\$48	200004-16
T,Th	4/8-5/1	6:20-6:50P	\$48	200004-17
Sa	1/4-2/22	10:10-10:40A	\$48	200004-20
Sa	1/4-2/22	11:20-11:50A	\$48	200004-21
Sa	3/1-4/26*	10:10-10:40A	\$48	200004-22
Sa	3/1-4/26*	11:20-11:50A	\$48	200004-23

Swim Preschool 3 Min/Max: 4/8

Prerequisite: Preschool 2 or demonstrate requirements. For the swimmer who is able to float independently on front and back for 5 seconds. Learn to swim 5 body lengths on front without stopping and become more comfortable in deeper water. Treading water is also introduced.

Age: 3–5 *No class 3/17–3/22

M	1/6-2/24	6:20-6:50P	\$48	200005-01
M	3/3-4/28*	6:20-6:50P	\$48	200005-02
T,Th	1/7-1/30	5:45-6:15P	\$48	200005-10
T,Th	2/4-2/27	5:45-6:15P	\$48	200005-11
T,Th	3/4-4/3*	5:45-6:15P	\$48	200005-12
T,Th	4/8-5/1	5:45-6:15P	\$48	200005-13
Sa	1/4-2/22	9:35-10:05A	\$48	200005-20
Sa	3/1-4/26*	9:35-10:05A	\$48	200005-21

Glow Swim Party at the Chilson Pool

See page 4 for info and get your GLOW on!

Special Olympics Youth Swimming

See page 17 for beginner classes for ages 8–15.

Swim Level 1 Min/Max: 4/8

For the swimmer with little or no water comfort. Become comfortable submerging entire body in the water and learn to float independently on front and back. Swimming on front is also introduced.

Age: 6–16 *No class 3/17–3/22

M	1/6-2/24	5:10-5:40P	\$48	200006-01
M	1/6-2/24	6:20-6:50P	\$48	200006-02
M	3/3-4/28*	5:10-5:40P	\$48	200006-03
M	3/3-4/28*	6:20-6:50P	\$48	200006-04
T,Th	1/7-1/30	5:45-6:15P	\$48	200006-10
T,Th	1/7-1/30	6:55-7:25P	\$48	200006-11
T,Th	2/4-2/27	5:45-6:15P	\$48	200006-12
T,Th	2/4-2/27	6:55-7:25P	\$48	200006-13
T,Th	3/4-4/3*	5:45-6:15P	\$48	200006-14
T,Th	3/4-4/3*	6:55-7:25P	\$48	200006-15
T,Th	4/8-5/1	5:45-6:15P	\$48	200006-16
T,Th	4/8-5/1	6:55-7:25P	\$48	200006-17
Sa	1/4-2/22	9:00-9:30A	\$48	200006-20
Sa	1/4-2/22	10:10-10:40A	\$48	200006-21
Sa	3/1-4/26*	9:00-9:30A	\$48	200006-22
Sa	3/1-4/26*	10:10-10:40A	\$48	200006-23

Swim Level 2 Min/Max: 4/8

Prerequisite: Successful completion of Level 1 or demonstrate requirements. For the swimmer who can put their face in the water comfortably and float independently. Learn to swim 5 body lengths on front without stopping and learn to tread water.

Age: 6–16 *No class 3/17–3/22

M	1/6-2/24	5:45-6:15P	\$48	200007-01
M	1/6-2/24	6:55-7:25P	\$48	200007-02
M	3/3-4/28*	5:45-6:15P	\$48	200007-03
M	3/3-4/28*	6:55-7:25P	\$48	200007-04
T,Th	1/7-1/30	5:10-5:40P	\$48	200007-10
T,Th	1/7-1/30	6:20-6:50P	\$48	200007-11
T,Th	2/4-2/27	5:10-5:40P	\$48	200007-12
T,Th	2/4-2/27	6:20-6:50P	\$48	200007-13
T,Th	3/4-4/3*	5:10-5:40P	\$48	200007-14
T,Th	3/4-4/3*	6:20-6:50P	\$48	200007-15
T,Th	4/8-5/1	5:10-5:40P	\$48	200007-16
T,Th	4/8-5/1	6:20-6:50P	\$48	200007-17
Sa	1/4-2/22	9:35-10:05A	\$48	200007-20
Sa	1/4-2/22	10:45-11:15A	\$48	200007-21
Sa	3/1-4/26*	9:35-10:05A	\$48	200007-22
Sa	3/1-4/26*	10:45-11:15A	\$48	200007-23

Swim Level 3 Min/Max: 4/8

Prerequisite: Successful completion of Level 2 or demonstrate requirements. For the swimmer who can swim on front 5 body lengths without stopping. Learn rotary breathing, front crawl and elementary backstroke. Must be able to jump into shallow/deep water and move to the side comfortably.

Age: 6–16 *No class 3/17–3/22

M	1/6-2/24	5:45-6:15P	\$48	200008-01
M	1/6-2/24	6:55-7:25P	\$48	200008-02
M	3/3-4/28*	5:45-6:15P	\$48	200008-03
M	3/3-4/28*	6:55-7:25P	\$48	200008-04
T,Th	1/7-1/30	5:10-5:40P	\$48	200008-10
T,Th	1/7-1/30	6:20-6:50P	\$48	200008-11
T,Th	2/4-2/27	5:10-5:40P	\$48	200008-12
T,Th	2/4-2/27	6:20-6:50P	\$48	200008-13
T,Th	3/4-4/3*	5:10-5:40P	\$48	200008-14
T,Th	3/4-4/3*	6:20-6:50P	\$48	200008-15
T,Th	4/8-5/1	5:10-5:40P	\$48	200008-16
T,Th	4/8-5/1	6:20-6:50P	\$48	200008-17
Sa	1/4-2/22	8:25-8:55A	\$48	200008-20
Sa	1/4-2/22	9:35-10:05A	\$48	200008-21
Sa	3/1-4/26*	8:25-9:55A	\$48	200008-22
Sa	3/1-4/26*	9:35-10:05A	\$48	200008-23

Swim Level 4 Min/Max: 4/8

Prerequisite: Successful completion of Level 3 or demonstrate requirements. For the swimmer who can swim 25 yards front crawl without stopping and is comfortable in deep water. Learn back crawl, breaststroke and sidestroke while building endurance on front crawl and elementary backstroke.

Age: 6-16 *No class 3/17-3/22

M	1/6-2/24	5:10-5:40P	\$48	200009-01
M	3/3-4/28*	5:10-5:40P	\$48	200009-02
T,Th	1/7-1/30	6:55-7:25P	\$48	200009-10
T,Th	2/4-2/27	6:55-7:25P	\$48	200009-11
T,Th	3/4-4/3*	6:55-7:25P	\$48	200009-12
T,Th	4/8-5/1	6:55-7:25P	\$48	200009-13
Sa	1/4-2/22	11:20-11:50A	\$48	200009-20
Sa	3/1-4/26*	11:20-11:50A	\$48	200009-21

Swim Level 5 Min/Max: 4/8

Prerequisite: Successful completion of Level 4 or demonstration of requirements. For the swimmer who can swim 50 yards front crawl, perform the breaststroke and back crawl for 25 yards and can tread water continuously for at least one minute. The butterfly stroke and flip turns on front and back are also introduced.

Age: 6-16 *No class 3/17-3/22

M	1/6-2/24	6:20-6:50P	\$48	200010-01
M	3/3-4/28*	6:20-6:50P	\$48	200010-02
T,Th	1/7-1/30	5:45-6:15P	\$48	200010-10
T,Th	2/4-2/27	5:45-6:15P	\$48	200010-11
T,Th	3/4-4/3*	5:45-6:15P	\$48	200010-12
T,Th	4/8-5/1	5:45-6:15P	\$48	200010-13
Sa	1/4-2/22	10:45-11:15A	\$48	200010-20
Sa	3/1-4/26*	10:45-11:15A	\$48	200010-21

Swim Level 6 Min/Max: 4/8

Prerequisite: Successful completion of Level 5 or demonstrate requirements. For the swimmer who can swim a minimum of two laps without stopping and is efficient in competition strokes including front crawl (freestyle), breaststroke, butterfly and back crawl (backstroke). Work on refining strokes, developing power and smoothness over greater distances.

Age: 6-16 *No class 3/17-3/22

Sa	1/4-2/22	11:20-11:50A	\$48	200011-20
Sa	3/1-4/26*	11:20-11:50A	\$48	200011-21

Adult/Senior Beginner Min/Max: 4/6

Become more comfortable in the water and learn the basic skills to achieve a minimum level of water competency. Focus is on breath control, submerging, floating and learning the front crawl and elementary backstroke.

Age: 16+ *No class 3/17-3/22

Sa	1/4-2/22	8:25-8:55A	\$48	200015-20
Sa	3/1-4/26*	8:25-8:55A	\$48	200015-21

NEW! Lifeguard Instructor Certification

This course provides training to become a certified Lifeguard Instructor and CPR for the Professional Rescuer Instructor. You must have prior experience as an American Red Cross Lifeguard (or equivalent program) with current up-to-date certifications, and have a good working knowledge of the Lifeguard Program. Learn how to use American Red Cross guidelines to present information using the Instructor's Manual, Instructor's Corner, Lifeguard DVDs/Videos and additional resources. Successful completion of intro online course prior to this course. Min/Max: 6/10

Location: Chilson Pool/Winona Outdoor Pool

Age: 17+ (must be at least 17 yrs old before the final session)

Th,F	5/15-5/16	4:30-8:30P	\$225	203005-01
Sa	5/17	9:00A-5:00P		

Blended Learning Lifeguard Certification

Blended learning courses mix online learning and in-person skills sessions to obtain the American Red Cross Lifeguard for Professional Rescuers with CPR/AED/First Aid certification. Students will complete over 7 hours of online videos, quizzes and tests through the American Red Cross learning portal in lieu of in-person lectures. All participants must complete a pre-test prior to class (see below). Successful completion is necessary to continue on to the class; refunds will be issued to candidates who do not pass. Min/Max: 5/10 Location: Chilson Pool

Age: 15+

Lifeguard Certification - Shallow Water

Pre-test: Swim 100 yards continuously; tread water for 2 min using only your legs; complete a timed event within 50 sec by starting in the water - swim 20 yards, submerge to a depth of 4 to 5 feet to retrieve a 10lb object, return to the surface and walk or swim 20 yards on your back to return to the starting point with both hands holding the object, exit the water without using the steps or ladder.

Pre-test: W, 2/12 5:00-6:00P

M,T,Su	2/16-2/18	8:00A-4:00P	\$175	203006-01
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Lifeguard Certification - Deep Water Skills

Pre-test: Jump into the water and totally submerge, resurface then swim 150 yards using the front crawl, breaststroke or a combination of both; maintain position at the surface of the water for 2 min by treading water using only your legs; swim 50 yards using the front crawl, breaststroke or a combination of both. Starting in the water, swim 20 yards; surface dive (feet-first or head-first) to a depth of 10 ft to retrieve a 10lb object; return to the surface and swim 20 yards on your back to return to the starting point, holding the object at the surface with both hands and keeping your face out or near the surface; exit the water without using the steps or ladder. ***No class 4/20**

Pre-test: W, 4/2 5:00-6:00P

Su	4/6-5/4*	11:00A-5:00P	\$175	203003-01
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Pre-test: W, 4/30 5:00-6:00P

T-Sa	5/6-5/10	4:30-8:30P (T-F) 9:00A-5:00P (Sa)	\$175	203003-02
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Pre-test: W, 5/21 5:00-6:00P

T-F	5/27-5/30	8:00A-2:00P	\$175	203003-03
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Lifeguard Recertification Min/Max: 5/10

Review the basics of lifeguard skills, First Aid and CPR/AED for the Professional Rescuer. All participants must complete online learning videos and a pre-test prior to class. This course is intended for lifeguards whose certification will expire soon or has expired within 30 days prior to 6/1. Please be ready to provide your current/expired certifications and any extension documentation. Bring a swimsuit, towel, pocket mask, whistle, lunch and snacks. Participants who successfully complete the recertification course will receive Lifeguard CPR/AED/First Aid certification valid for two years. **Pre-test:** 300 yard continuous swim, retrieve a 10lb brick from bottom of pool and tread water for two minutes. Location: Chilson Pool/Winona Outdoor Pool

Age: 15+

Su	6/1	10:00A-6:00P	\$100	203001-03
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Stay Cool in the Pool & Work in the Water!

Did you know we hire lifeguards for the Chilson Pool and Winona Outdoor Pool? Join the aquatics team and become a certified lifeguard, have FUN and make a difference!

Check out: lov.gov.org/Jobs for opportunities.

GROUP FITNESS CLASSES

Included with a pass/punch card/daily admission!



GET MOTIVATED

With over 50 drop-in group fitness classes per week - **included in your daily admission** - there's something for EVERYONE. Getting fit is easier when others are rooting for you!

GET RESULTS

Our trained instructors inspire and encourage you to be the BEST you can be with safe, effective classes that deliver maximum results. All fitness levels welcome.

GET IN HERE

Challenge yourself to move your body and develop heart-healthy routines. Increase your cardio and muscular endurance. Get stronger, get flexible, get energized...get in here!

GET THE SCHEDULE

Pick up a current fitness schedule in the Chilson or Senior Center lobby. New classes are added throughout the year, so make sure you have the most current schedule. See you soon!



CURRENT FITNESS SCHEDULE:

Class descriptions included with schedule.

lovgov.org/FitnessWellness





FITNESS & WELLNESS

Personal Training

Get maximum results in minimal time! Learn what your body needs and how it reacts to effective exercise. Working with a certified trainer who understands fitness, nutrition and health is one of the fastest, easiest and most successful ways to improve your health. Achieve long-term weight loss and develop healthy life-long habits; receive expert guidance and motivation; enhance sports performance; establish realistic and achievable fitness and nutritional goals. Call 970.962.2630 for more info or inquire at the front desk.

Personal trainer bios: lovgov.org/PersonalTrainers

Age: 16+

30-Minute Sessions

1 session	\$38
6 sessions	\$190
10 sessions	\$300

60-Minute Sessions

1 hour	\$55
3 hours	\$150
5 hours	\$240

Intro to Personal Training Package

If you are new to training or have not trained in over one year, this is a great place to start! Our trainers will work to inspire and encourage you to develop healthy habits and effective workouts. One hour and two 30-min sessions. Valid for one intro package per person.

3 sessions \$110

Loyal Guest Personal Training Specials

Save cash and earn free sessions when you buy a personal training package. **Specials valid March 1–14.** Limit two packages per person; must use within one year.

Age: 16+

30-Minute Sessions

6 sessions	\$190	Buy 6, Get 1 Free
10 sessions	\$300	Buy 10, Get 2 Free

60-Minute Sessions

5 hours	\$240	Buy 5, Get 1 Free Hour
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Lift Strong Weight Training for Age 12–13

Not old enough to use the strength equipment without parental supervision? Meet with a personal trainer to learn the fundamentals of weight training. Get set up on a weight training program and receive a wristband showing completion of the class to use the strength equipment on your own (you must wear wristband each time). Parents are NOT required to attend the class with you. Call Amy Genger at 970.962.2630, ext. 2.

Age: 12–13

August–December	\$30	412001-01
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Fitness Equipment Orientation

Our personal trainers can show you how to safely use the fitness equipment. Call 970.962.2386 for an appointment or schedule at the front desk. The orientation does not provide an exercise plan. FREE with paid admission

FIND YOUR FIT

reDEFINE Fit Boot Camp ❖

Get fit with a structured workout program, nutritional plan and the support of a team. This is for ALL fitness levels. Pre and post camp assessments plus Saturday bonus camps!

Call 970.214.7900 or email Ryann@RedefineFitCo.com

for questions or to enroll. Location: Chilson Center

Age: 16+

AM Camp – 3 days per week + Saturday camps

M,W,F	1/8-2/14	6:00-7:00A	\$235
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M,W,F	3/3-4/11	6:00-7:00A	\$245
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NOON Camp – 2 days per week + Saturday camps

T,Th	1/7-2/13	12:00-1:00P	\$165
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T,Th	3/4-4/10	12:00-1:00P	\$165
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HIIT (High Intensity Interval Training) Min/Max: 5/7

The quickest way to burn fat and gain muscle simultaneously.

Optimize your workout time using short, high-intensity intervals, followed by longer, low-intensity intervals. Boost your metabolism and burn calories hours after you're done! Location: Cycling Rm

Age: 14+

T	1/7-1/28	10:00-10:40A	\$36	216115-1
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T	2/4-2/25	10:00-10:40A	\$36	216115-2
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T	3/4-3/25	10:00-10:40A	\$36	216115-3
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T	4/1-4/29	10:00-10:40A	\$45	216115-4
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T	5/6-5/27	10:00-10:40A	\$36	216115-5
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F	1/10-1/31	10:00-10:40A	\$36	216115-6
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F	2/7-2/28	10:00-10:40A	\$36	216115-7
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F	3/7-3/28	10:00-10:40A	\$36	216115-8
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F	4/4-4/25	10:00-10:40A	\$36	216115-9
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F	5/2-5/30	10:00-10:40A	\$45	216115-10
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TRX Suspension Training Min/Max: 5/8

Use gravity and your own body weight to recruit and work many muscles at the same time. Training with TRX leads to enhanced strength, balance, flexibility and core stability. From beginners to athletes and everyone in between! Location: Small Gym

Age: 14+

T	1/7-1/28	9:00-9:40A	\$36	216117-03
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T	1/7-1/28	5:40-6:20P	\$36	216117-04
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Th	1/9-1/30	9:00-9:40A	\$36	216117-06
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F	1/10-1/31	9:00-9:40A	\$36	216117-07
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T	2/4-2/25	9:00-9:40A	\$36	216217-03
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T	2/4-2/25	5:40-6:20P	\$36	216217-04
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Th	2/6-2/27	9:00-9:40A	\$36	216217-06
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F	2/7-2/28	9:00-9:40A	\$36	216217-07
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T	3/4-3/25	9:00-9:40A	\$36	216317-03
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T	3/4-3/25	5:40-6:20P	\$36	216317-04
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Th	3/6-3/27	9:00-9:40A	\$36	216317-06
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F	3/7-3/28	9:00-9:40A	\$36	216317-07
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T	4/1-4/29	9:00-9:40A	\$45	216417-03
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T	4/1-4/29	5:40-6:20P	\$45	216417-04
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Th	4/3-5/1	9:00-9:40A	\$45	216417-06
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F	4/4-5/2	9:00-9:40A	\$45	216417-07
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T	5/6-5/27	9:00-9:40A	\$36	216517-03
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T	5/6-5/27	5:40-6:20P	\$36	216517-04
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Th	5/8-5/29	9:00-9:40A	\$36	216517-06
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F	5/9-5/30	9:00-9:40A	\$36	216517-07
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REFINE YOUR HEALTH

Senior Strength Training Check your current fitness levels and set goals for improving cardio endurance, flexibility, upper and lower body muscular strength, dynamic balance, agility, coordination and postural stability. The guidance of a trainer and the community of a class! You must complete a fitness orientation prior to class. Instructor: Todd Grauvogl | Location: Circuit Area

Age: 50+

M	1/6-1/27	1:30-2:30P	\$15	216119-1
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M	2/3-2/24	1:30-2:30P	\$15	216119-2
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M	3/3-3/31	1:30-2:30P	\$19	216119-3
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M	4/7-4/28	1:30-2:30P	\$15	216119-4
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M	5/5-5/26	1:30-2:30P	\$15	216119-5
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Low Carb Living Min/Max: 6/15

Are you pre-diabetic, suffering from type 2 diabetes, obesity, high blood pressure or high cholesterol? Has your doctor informed you that a reduced carbohydrate lifestyle may help? You don't have to be keto to enjoy the benefits of reducing carbs. Learn tips to begin and maintain a new reduced carbohydrate intake lifestyle. Instructor: Candace Oates | Location: Party Rm

Age: 14+

Th	1/9	10:30-11:30A	\$26	218950-1
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Th	2/6	10:30-11:30A	\$26	218950-2
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Th	3/6	10:30-11:30A	\$26	218950-3
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Th	4/3	10:30-11:30A	\$26	218950-4
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Th	5/1	10:30-11:30A	\$26	218950-5
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UCHealth/Aspen Club Balance Screenings

Physical and Occupational Therapists will assess your fall risk using the STEADI (Stopping Elderly Accidents, Deaths, & Injuries) initiative tools and protocols. Balance and fall prevention strategies, programs and resources will be shared based on your results. Min/Max: 4/13 Location: Chilson Conference Rm

Age: 18+

***After registration, you will be contacted to schedule a 20-minute appointment time between 9:30A-1:30P**

W	1/22	9:30A-1:30P*	FREE	191272-1
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W	2/26	9:30A-1:30P*	FREE	191272-2
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W	3/26	9:30A-1:30P*	FREE	191272-3
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W	4/23	9:30A-1:30P*	FREE	191272-4
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W	5/28	9:30A-1:30P*	FREE	191272-5
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SPA SERVICES

Therapeutic Massage

Fees: 30-min (\$50), 60-min (\$80) or 90-min (\$105)

Joyce Meis, LMT - 970.691.3441

Specialties: relaxation, therapeutic, deep tissue, Swedish and prenatal massage. Gift certificates available.

Kirsten Bishop, LMT - 808.462.2096

Specialties: Swedish massage, neuromuscular techniques, trigger point therapy, cupping, sports massage & chair massage.

Medically Based Foot Care

Fees: Toenail Care (\$45), Fingernail Care (\$12)

Patti Krkosa, RN - 720.442.2615

YOGA

NEW! Children's Yoga ❖ Min/Max: 5/10

Experience wellness through yoga-based movement and yoga-based breathing techniques combined with creative movement and music. Location: Fitness/Dance Studio

Age: 6–12 *No class 3/17

M	1/7-1/28	4:15-5:00P	\$36	214010-01
M	2/3-2/24	4:15-5:00P	\$36	214010-02
M	3/3-3/31*	4:15-5:00P	\$36	214010-03
M	4/7-4/28	4:15-5:00P	\$36	214010-04
M	5/5-5/26	4:15-5:00P	\$36	214010-05

InBody Yoga ❖ Min/Max: 5/16

Trauma is what happens inside us as a response to a traumatic event. InBody Yoga is an all-level, trauma-informed approach to yoga that helps you reconnect with your body and learn to self-regulate back into a balanced state. The founding principle of this style of yoga is the power of choice. You are given many options for yoga postures and are encouraged to listen to your body and decide how to move through each class.

Instructor: Steph Shore | Location: Oak Rm

Age: 16+

W	1/15-2/19	5:45-6:45P	\$54	218501-1
W	4/2-5/7	5:45-6:45P	\$54	218501-2

Arm Balance Workshop ❖ Min/Max: 5/18

Beginner–Intermediate

Come learn how to do crow, flying pigeon, eight-angle, crocodile and more! In this two-hour workshop, warm up with a short yoga sequence, learn how to take care of your wrists for balancing on your hands and try an assortment of arm balances with tips and modifications to help you build up to the poses you want to add to your practice.

Location: Hickory/Maple/Spruce Rm

Age: 16+

Sa	4/5	12:30-1:30P	\$15	218007-01
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TAI CHI

Tai Chi – Level 1 & 2 Min/Max: 5/30

Tai Chi is an ancient form of Chinese exercise created over 750 years ago. Described as meditation in motion, it promotes serenity through gentle, flowing movements with each posture flowing into the next without pause, ensuring that your body is in constant motion. Slow movements develop strong bones from a firm rooting of the feet. It stimulates memory and generates a feeling of confidence and relaxation. Instructor: Dee Gorski

Location: Small Gym

Age: 18+

Level 1	M	1/6-3/10	11:30A-12:30P	\$80	227108-1
	M	3/24-6/9	11:30A-12:30P	\$80	227108-2
Level 2	M	1/6-3/10	12:45-1:45P	\$80	227108-5
	M	3/24-6/9	12:45-1:45P	\$80	227108-6

TAE KWON-DO

Tae Kwon-Do ❖ Min/Max: 5/25

This martial arts class practices the traditional Chan Hun style of Tae Kwon-Do. Students learn to use their training to better their lives with the respect and courtesy that goes along with achieving each rank. Uniforms are not immediately required, but must be purchased before the student's first rank test. Please see the instructor to purchase a uniform. Testing fees are a separate cost, payable to the instructor. **Multiple family member discount – must attend within same month and register at the Chilson front desk (register the highest-ranking student first).**

Instructor: Sheila Shirley, IV Dan

Age: 7+ *No class 3/13–3/21

Beginner Rank: new students thru high white belt

Location: Thurs: Hickory Rm | Fri: Chilson Gymnastics Ctr

Th	1/9-2/27	6:00-7:15P	\$60	239970-1
F	1/10-2/28	5:00-6:15P	\$60	239970-2
Th	3/6-4/1*	6:00-7:15P	\$55	239970-3
F	3/7-4/2*	5:00-6:15P	\$55	239970-4

Intermediate Rank: gold belt thru blue belt

Choose to register for either 2 or 3 days per week. If you register for 2 days per week, you can pick the 2 days you wish to attend. This can vary week to week, allowing for flexibility!

Location: Tues/Wed: Hickory Rm | Fri: Chilson Gymnastics Ctr

2 times per week **Tues start at 6:40P, Wed/Fri start at 6:30P

T,W,F	1/7-1/31	6:30-8:00P**	\$50	239971-1
T,W,F	2/4-2/28	6:30-8:00P**	\$50	239971-2
T,W,F	3/4-3/28*	6:30-8:00P**	\$40	239971-3
T,W,F	4/1-5/2	6:30-8:00P**	\$50	239971-4

3 times per week **Tues start at 6:40P, Wed/Fri start at 6:30P

T,W,F	1/7-1/31	6:30-8:00P**	\$60	239973-1
T,W,F	2/4-2/28	6:30-8:00P**	\$60	239973-2
T,W,F	3/4-3/28*	6:30-8:00P**	\$50	239973-3
T,W,F	4/1-5/2	6:30-8:00P**	\$60	239973-4

Upper Rank: high blue belt & above

Choose to register for either 2 or 3 days per week. If you register for 2 days per week, you can pick the 2 days you wish to attend. This can vary week to week, allowing for flexibility!

Location: Tues/Wed: Hickory Rm | Fri: Chilson Gymnastics Ctr

2 times per week **Tues start at 6:40P, Wed/Fri start at 6:30P

T,W,F	1/7-1/31	6:30-8:30P**	\$60	239972-1
T,W,F	2/4-2/28	6:30-8:30P**	\$60	239972-2
T,W,F	3/4-3/28*	6:30-8:30P**	\$50	239972-3
T,W,F	4/1-5/2	6:30-8:30P**	\$60	239972-4

3 times per week **Tues start at 6:40P, Wed/Fri start at 6:30P

T,W,F	1/7-1/31	6:30-8:30P**	\$70	239974-1
T,W,F	2/4-2/28	6:30-8:30P**	\$70	239974-2
T,W,F	3/4-3/28*	6:30-8:30P**	\$60	239974-3
T,W,F	4/1-5/2	6:30-8:30P**	\$70	239974-4

No School? No Problem! Check out page 35 for School Days Out and Spring Break camps designed to keep brains and bodies actively engaged in a healthy dose of FUN!

LightStim®
PROFESSIONAL
LED BED

LIGHT UP YOUR LIFE

LED Light Therapy

LED Light Therapy is a non-invasive and natural treatment that has been proven safe and effective with over 7,000 medical and university studies. It is designed to help REJUVENATE, RENEW and REVIVE your body after workouts to allow for recovery.

The LightStim LED Therapy Bed is the first to gain over-the-counter FDA clearance. It is a soothing and gentle treatment that delivers warmth for a relaxing whole body treatment to maximize your body's potential for peak physiological performance.

Treatment	Fee	Passholder Fee
LED Therapy Bed (40-min, reservation block 50-min)	\$50	\$25
Anti-Aging ProPanel (20-min, reservation block 25-min)	\$25	\$15
Intro Session (40-min, reservation block 50-min)	\$10	\$10
LED Therapy Sessions** (20-min, 10 pack)	\$199	\$99
(40-min, 10 pack)	\$299	\$149

*Passholder = Chilson 6 month, annual and monthly billed passholders; all info & fees subject to change

**Sessions are valid for 1 year from date of purchase



City of
LOVELAND CHILSON
PARKS & RECREATION Recreation & Senior Center

BOOK NOW: lovgov.org/WebTrac



ADAPTIVE RECREATION

Adaptive Recreation

Loveland Adaptive Recreation (AR) provides activities and services to individuals in the community who have varying levels of physical, emotional or intellectual abilities. The Adaptive Recreation Coordinator will work with individuals with disabilities as requested. Services include, but are not limited to, adaptive exercise, fitness orientations, class and registration information, leisure interest search assistance and advocacy to eliminate barriers.

Adaptive Programs

Adaptive programs are for individuals who may have disabilities and need modified support to participate in activities. These programs are open to everyone but are designed to meet the unique needs of individuals with physical, intellectual and/or emotional disabilities.

Contact Information

For more information, visit lovgov.org/ParksRecreation or contact Jasmine Gilkes, at 970.962.2462
Jasmine.Gilkes@CityofLoveland.org

Personal Care Attendants

Individuals who are not independent in activities of daily living may participate with a personal care attendant. There is no fee for personal care attendants unless otherwise noted. Attendants need to register separately and note whom they will be assisting. Notify AR staff to coordinate a support plan prior to class start date.

Unified Sport Leagues

Loveland Parks & Recreation offers unified teams for sports like basketball, soccer and softball. They are teams comprised of players with and without disabilities. These leagues may work with rule additions and changes that allow all players to be supported and make gameplay fair. Unified sports programs promote gross motor coordination, dynamic decision making, inter-player communication, endurance and wellness.

Modifications

If a modification is required to participate in any recreation program, please indicate the modification needed during the registration process at least two weeks before the class begins. Adaptive Recreation staff will work with program leaders to determine how to most effectively provide needed modifications for full participation.

YOUTH

Youth Basketball* Min/Max: 4/12

Join others to learn and practice the basic skills of basketball including shooting, dribbling, passing and teamwork. Modified techniques are used to allow players of all abilities to participate. Location: Small Gym

Special Olympics opportunity available – please see below.

Age: 8–15

M	1/20-3/3	5:00-6:00P	\$33	169003-2
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Youth Swimming* Min/Max: 4/10

Join the Loveland Minnows Youth Swim Team to learn basic water safety and beginner swimming. Location: Chilson Pool
Special Olympics opportunity available – please see below.

Age: 8–15

W	3/26-4/30	5:00-6:00P	\$40	269020-1
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W	5/7-6/4	5:00-6:00P	\$40	269020-2
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Looking for more advanced swimming?

Register for the Loveland Penguins Team directly through the Special Olympics website. For more info, please contact Maureen Elbert at Maureen.Elbert007@gmail.com

ADULT

Adaptive Craft Classes Min/Max: 2/12

Join friends and create something beautiful! Designed to meet the unique needs of individuals with physical, intellectual and/or emotional disabilities. Participants who need caregiver support are welcome to bring one caregiver to assist during class. Caregivers do not register or pay the class fee. Location: Party Rm

Age: 15+

M	1/13	6:00-7:00P	\$5	169100-01
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M	2/10	6:00-7:00P	\$5	169100-02
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M	3/10	6:00-7:00P	\$5	269100-01
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M	4/14	6:00-7:00P	\$5	269100-02
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NEW! Line Dancing Min/Max: 4/12

Join us for Adaptive Line Dancing, where we tailor the FUN of line dancing to accommodate participants of all abilities. This activity promotes physical fitness, coordination and social interaction in a supportive environment. Location: Maple/Spruce

Age: 15+

M	1/20	4:30-5:30P	\$8	169500-01
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M	2/17	4:30-5:30P	\$8	169500-02
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M	3/17	4:30-5:30P	\$8	269500-01
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M	4/21	4:30-5:30P	\$8	269500-02
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* Special Olympics Opportunity

Opportunities to participate in Special Olympics end-of-season tournaments will be offered.

Please Note: separate registration is required through Special Olympics to participate in these events.

Adaptive Yoga Min/Max: 3/12

Unlock your inner strength with Adaptive Yoga, where personalized guidance meets inclusivity. Our classes are designed for all bodies and abilities, offering tailored modifications to enhance flexibility, balance and overall well-being. Drop-ins welcome. Location: Oak Rm

Age: 15+

Th	3/6	5:30-6:30P	\$8	269302-01
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Th	3/27	5:30-6:30P	\$8	269302-02
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Unified Adult Basketball* Min/Max: 12/24

Grab your friends and join us on the court for an exhilarating experience that celebrates skill, camaraderie and excitement! Modified techniques are used to allow players of all abilities to participate. Scrimmages will be played. Location: Small Gym
Special Olympics opportunity available – please see below.

Age: 16+

Th	1/16-3/13	6:00-8:00P	\$33	169002-1
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NEW! Adaptive Pickleball Min/Max: 4/10

Curious about pickleball, the fastest growing sport in America? Pickleball is a court sport similar to tennis with elements of badminton and ping pong. Develop your skills and knowledge of the game through our fun beginner lessons! All equipment provided. Location: Large Gym

Age: 18+

F	1/10-1/31	4:15-5:15P	\$28	169050-01
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F	3/7-3/28	4:15-5:15P	\$28	269050-01
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Bingo, Board Games & Billiards Min/Max: 3/12

Join new friends for some FUN and play bingo, board games and billiards. Our adaptive programs are designed to meet the unique needs of individuals with physical, intellectual and/or emotional disabilities. Participants who need caregiver support are welcome to bring one caregiver to assist during class. Caregivers do not register or pay the class fee.

Location: Senior Billiards Rm

Age: 18+

W	1/15	5:30-7:00P	\$5	169200-01
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W	2/19	5:30-7:00P	\$5	169200-02
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W	3/19	5:30-7:00P	\$5	269200-01
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W	4/16	5:30-7:00P	\$5	269200-02
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VOLUNTEER

WE NEED
YOU

JOIN OUR TEAM! • • • • •

lovgov.org/Volunteer (Variety of Opportunities)

TeamSideline.com/Loveland (Loveland Athletics)

Offero.CityofLoveland.org (Open Lands & Trails)



ADULT ATHLETICS

League Skill Definitions

LEVEL 1 - Competitive (Age 16+)

For teams who wish to play in the highest level of competition. Players should be very proficient in all skills and strategies.

LEVEL 2 - Recreation (Age 16+)

For teams who wish to play for reasons other than exercise without getting into highly competitive levels of play. Players should have average to above average skills and knowledge of the sport.

LEVEL 3, 4 & 5 - Leisure (Age 16+)

For teams who wish to play for exercise in a low-key environment. Players should be beginners learning skills and techniques.

Payments & Rosters Full payment for each team is required at the time of registration. Major credit cards accepted. Rosters are required prior to the teams' first game. Enroll your team and complete your roster on TeamSideline.com/Loveland

TeamSideline.com/Loveland is used for all sport schedules, tournament dates, information packets, weather notifications and more! Check it out!

Volunteer Youth Coaches Needed!

Many activities need assistance! Call the coordinator for your area of expertise. Have FUN and make a difference this season.

Athletic Coordinators

General Athletics Info	970.962.2445 Athletics@CityofLoveland.org
Adult & Youth Softball	Dana 970.962.2450 Dana.Redford@CityofLoveland.org
Adult & Youth Basketball	
Adult Kickball	
Youth Flag Football	
Cornhole	Savannah 970.962.2445 Savannah.Maldonado@CityofLoveland.org
Adult & Youth Volleyball	
CARA Track	
Gymnastics	Karl 970.962.2444 Karl.VonZwehl@CityofLoveland.org
Volunteer Program	
Adult & Youth Soccer	
Youth Baseball & T-Ball	Kim 970.962.2437, Program Supervisor Kim.Miller@CityofLoveland.org
Pickleball	
Adult & Youth Tennis	
Batting Cages	

Winter Volleyball**Register 11/11-12/9**

Early Bird (thru 12/2).....\$335/team
 Team Fee (12/3-12/9).....\$375/team
 Schedules available online. League begins week of 1/6.

Age: 16+

Day	Start Date	Level	Class #
M	1/6	Women's 1 (Comp)	171101-1
M	1/6	Women's 2 (Rec)	171101-2
W	1/8	Women's 3 (Leisure)	171101-3
W	1/8	Coed 3 (Leisure)	171201-3
Th	1/9	Coed 1 (Comp)	171201-1
Th	1/9	Coed 2 (Rec)	171201-2

Winter Volleyball: Doubleheader**Register 11/11-12/9**

Early Bird (thru 12/2).....\$550/team
 Team Fee (12/3-12/9).....\$590/team
NEW! Indoor 6v6 league w/14-match guarantee + playoffs. Games are self-officiated. Schedules available online. Play begins 1/10.

Day	Start Date	Level	Class #
F	1/10	Coed DH (Rec)	171001-1

Winter Basketball**Register 11/11-12/9**

Early Bird (thru 12/2).....\$555/team
 Team Fee (12/3-12/9).....\$605/team
 Schedules online 12/27 after 4P. League begins week of 1/12

Age: 16+

Day	Start Date	Level	Class #
T	1/14	Men's 2 (Peakview)	173001-3
Su	1/12	Men's 2 (Chilson)	173001-4

Spring Soccer**Register 2/3-3/10**

Early Bird (thru 3/3).....\$1,080/team
 Team Fee (3/4-3/10).....\$1,130/team
NEW! Leisure division and 8-week season + playoffs. Rosters due 3/20. Schedules online. League begins 3/23.

Day	Start Date	Level	Class #
Su	3/23	Coed 1 (Comp)	277201-1
Su	3/23	Coed 2 (Rec)	277201-2
Su	3/23	Coed 3 (Leisure)	277201-3

Spring Basketball**Register 2/3-3/10**

Early Bird (thru 3/3).....\$455/team
 Team Fee (3/4-3/10).....\$505/team
 Schedules online 3/17 after 4P. League begins 3/25.

Day	Start Date	Level	Class #
T	3/25	Men's 2 (Peakview)	273001-1

Spring Volleyball**Register 2/3-3/10**

Early Bird (thru 3/3).....\$335/team
 Team Fee (3/4-3/10).....\$375/team
 Schedules online. League begins week of 3/24.

Day	Start Date	Level	Class #
M	3/24	Women's 1 (Comp)	271101-1
M	3/24	Women's 2 (Rec)	271101-2
W	3/26	Women's 3 (Leisure)	271101-3
W	3/26	Coed 3 (Leisure)	271201-3
Th	3/27	Coed 1 (Comp)	271201-1
Th	3/27	Coed 2 (Rec)	271201-2

Spring Volleyball: Doubleheader**Register 2/3-3/10**

Early Bird (thru 3/3).....\$550/team
 Team Fee (3/4-3/10).....\$590/team
NEW! Indoor 6v6 league w/14-match guarantee + playoffs. Games are self-officiated. Schedules available online. Play begins 3/28.

Day	Start Date	Level	Class #
F	3/28	Coed DH (Rec)	271001-1

Spring Kickball**Register 2/3-3/10**

Early Bird (thru 3/3).....\$290/team
 Team Fee (3/4-3/10).....\$340/team
 Schedules online 3/14 after 4P. League begins 3/26.

Day	Start Date	Level	Class #
W	3/26	Coed 2 (Rec)	276201-1

Spring Cornhole**Register 2/3-3/24**

Come play this popular game. Doubles play! Min/Max: 4/10

Fee: \$40/team **Location:** Chilson Center Small Gym

Day	Dates	Time	Class #
Th	4/10-5/8	6:00-8:00P	277901-1

Spring Softball**Register 2/3-3/10**

Early Bird (thru 3/3).....\$465/team
 Team Fee (3/4-3/10).....\$515/team
 Schedules online 3/14 after 4P. League begins week of 3/24.

Day	Start Date	Level	Class #
T	3/25	Men's 1 (Comp)	274001-1
T	3/25	Men's 2 (Rec)	274002-2
T	3/25	Men's 3 (Leisure)	274002-3
Th	3/27	Men's 2 (Rec)	274002-4
M	3/24	Coed 1 (Comp)	274201-1
M	3/24	Coed 2 (Rec)	274202-2
M	3/24	Coed 3 (Leisure)	274202-3

Summer Softball**Register 3/31-5/5**

Early Bird (thru 4/28).....\$775/team
 Team Fee (4/29-5/5).....\$825/team
 Schedules online 5/19 after 4P. League begins week of 5/27.

Day	Start Date	Level	Class #
T	5/27	Men's 1 (Comp)	374001-1
T	5/27	Men's 2 (Rec)	374002-2
T	5/27	Men's 3 (Leisure)	374002-3
Th	5/29	Men's 2 (Rec)	374002-4
M	6/2	Coed 1 (Comp)	374201-1
M	6/2	Coed 2 (Rec)	374202-2
M	6/2	Coed 3 (Leisure)	374202-3
W	5/28	Coed 2 (Rec)	374202-4
T	5/27	Men's Church 1 (Comp)	374301-1
Th	5/29	Men's Church 2 (Rec)	374301-2

Summer Cornhole**Register 3/31-6/2**

Come play this popular game. Doubles play! Min/Max: 4/10

Fee: \$40/team **Location:** Chilson Center Small Gym

Day	Dates	Time	Class #
Th	6/12-7/17	6:00-8:00P	377901-1

Summer Volleyball**Register 3/31-5/12**

Early Bird (thru 5/5).....\$150/team
 Team Fee (5/6-5/12).....\$190/team
 Team name/rosters due at registration. Schedules online.
 League begins week of 6/2.

Women's 4x4 - Grass at McKee Park

Day	Start Date	Level	Class #
M	6/2	Rec	371602-1
M	6/2	Leisure	371602-2

Coed 4x4 - Grass at McKee Park

Day	Start Date	Level	Class #
T	6/3	Rec	371601-1
T	6/3	Leisure	371601-2

Coed 4x4 - Sand at LSP

Day	Start Date	Level	Class #
Th	6/5	Rec	371501-1
Th	6/5	Leisure	371501-2

PICKLEBALL

Pickleball: Beginning Skills Min/Max: 8/10

Learn this FUN sport that's similar to tennis, badminton & ping pong!

Instructors: Bob Monroe, Pamela McGee, George Richards

Location: Large Gym, **May classes at Osborn Park

Age: 18+ Fee: \$55 *No class 3/18, 3/19

Day	Date	Time	Class #
T	1/7-1/28	2:00-4:00P	276113-60
T	1/7-1/28	7:00-9:00A	276113-61
T	2/4-2/25	7:00-9:00A	276113-62
T	2/4-2/25	2:00-4:00P	276113-63
T	3/4-4/1*	7:00-9:00A	276113-64
T	3/4-4/1*	2:00-4:00P	276113-65
W	1/8-1/29	6:00-8:00P	276113-67
W	2/5-2/26	6:00-8:00P	276113-69
W	3/5-4/2*	6:00-8:00P	276113-72
T	4/8-4/29	7:00-9:00A	276113-76
T	4/8-4/29	2:00-4:00P	276113-77
W	4/9-4/30	6:00-8:00P	276113-79
T	5/6-5/27	10:00A-12:00P	276113-88
T	5/6-5/27**	2:00-4:00P	276113-89
W	5/7-5/28**	6:00-8:00P	276113-92

Pickleball: Mentored Play Min/Max: 8/10

Prerequisite: Completion of the Beginning Skills class within the past 6 months. Move from a beginner to confidently playing within the larger pickleball community. Learn fundamental skills, specific techniques and doubles strategy. Instructor: George Richards
Location: Large Gym, **May classes at Osborn Park

Age: 18+ Fee: \$55 *No class 3/18

Day	Date	Time	Class #
T	1/7-1/28	12:00-2:00P	276113-66
T	2/4-2/25	12:00-2:00P	276113-68
T	3/4-4/1*	12:00-2:00P	276113-71
T	4/8-4/29	12:00-2:00P	276113-78
T	5/6-5/27**	6:00-8:00P	276113-93

Pickleball: The First Four Shots Min/Max: 8/10

Prerequisite: Players should be comfortable playing and be able to sustain a basic game. The focus of this class is on developing the first four shots of every point. We'll work in-depth on serves, returns, third shots and dinks. Instructor: Bob Monroe

Location: Large Gym, **May classes held at Osborn Park

Age: 18+ Fee: \$55

Day	Date	Time	Class #
F	2/7-2/28	4:00-6:00P	276114-62
F	4/11-5/2	4:00-6:00P	276114-91
W	5/7-5/28**	6:00-8:00P	276114-94

Pickleball: Expo

Join Loveland Parks & Recreation and the Loveland Pickleball Club for an intro to pickleball! Open play is available on courts not being used for clinics. Join in on the FUN!

Location: Osborn Park Courts, 1615 Fourth St. SE

Age: 18+ FREE, but must pre-register

Day	Date	Time	Class #
Sa	4/26	8:30-9:30A	276115-60
Sa	4/26	10:00-11:00A	276115-62
Sa	4/26	11:30A-12:30P	276115-64
Sa	4/26	1:00-2:00P	276115-91

NEW! Youth | Teen Pickleball Min/Max: 4/10

Pickleball promotes footwork, eye-hand coordination, teamwork and exercise. Develop your skills and knowledge of the game through our FUN beginner lessons for youth! All equipment provided. Instructor: George Richards | Location: Osborn Park

Fee: \$30

Age 8-12

Day	Date	Time	Class #
M	5/5-5/26	6:00-7:00P	276116-88

Age 13-17

Day	Date	Time	Class #
M	5/5-5/26	7:00-8:00P	276116-89

NEW! Adaptive Pickleball Min/Max: 4/10

Curious about pickleball, the fastest growing sport in America? Pickleball is a court sport similar to tennis with elements of badminton and ping pong. Develop your skills and knowledge of the game through our FUN beginner lessons! All equipment provided. Location: Large Gym

Age: 18+ Fee: \$28

Day	Date	Time	Class #
F	1/10-1/31	4:15-5:15P	169050-01
F	3/7-3/28	4:15-5:15P	269050-01

Summer Pickleball Leagues Min/Max: 8/24

Back again this summer! Come join in on FUN-filled Saturday morning pickleball leagues. All skill levels are welcome! League format varies for each of the three unique 5-week sessions.

Mixed Pairs (5/3-6/14) – register as an individual, partners will be assigned weekly.

Team Ladder (6/28-8/2) – pick your own partner and register as a team.

Team Doubles (8/16-9/27) – pick your own partner and register as a team.

Location: Osborn Park Courts, 1615 Fourth St. SE

Age: 18+ *No league play: 5/10-5/17

Novice – Up to 3.0

Day	Date	Time	Fee	Class #
Sa	5/3-6/14*	8:00-11:00A	\$40/person	376120-63
Sa	6/28-8/2	8:00-11:00A	\$80/team	376120-64
Sa	8/16-9/27	8:00-11:00A	\$80/team	376120-65

Intermediate – 3.0 to 3.5

Day	Date	Time	Fee	Class #
Sa	5/3-6/14*	8:00-11:00A	\$40/person	376120-66
Sa	6/28-8/2	8:00-11:00A	\$80/team	376120-68
Sa	8/16-9/27	8:00-11:00A	\$80/team	376120-70

Advanced – 3.5 and up

Day	Date	Time	Fee	Class #
Sa	5/3-6/14*	8:00-11:00A	\$40/person	376120-71
Sa	6/28-8/2	8:00-11:00A	\$80/team	376120-72
Sa	8/16-9/27	8:00-11:00A	\$80/team	376120-90

Guess What?

Pickleball courts are available at the Chilson Center for drop-in use. Use your Chilson pass or pay the daily fee.

See page 3 for gym schedules.

LOVELAND TENNIS WITH WILLIAMS TENNIS



Williams Tennis School, LLC, leads our tennis program. Steve Williams is certified by the USPTA as a P1 Elite Professional and as a High Performance Coach. He is "SafePlay" & "SafeSport" certified by the USTA & USPTA.

Get out on the court this SPRING with Universal Tennis (UTR), the gold standard for all tennis players. Classes for all levels begin APRIL 1. All ages, weekend play, weather permitting.

REGISTER at WilliamsTennisSchool.com in late January!

QUESTIONS & INFO: 970.222.3439 | ukansas1@gmail.com

Barnes Softball Complex Batting Cages at Fairgrounds Park - 405 S. Cleveland (Hwy 287)

OPENING FOR THE SEASON IN MARCH

Join us this spring to enjoy our new machines featuring 3 slowpitch softball, 2 softball and 2 baseball stations with 3 speeds to choose from. Bats/helmets onsite.

More Info: lovgov.org/BattingCages or 970.962.2437

A great way to test your skills! **Batter Up!**

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Piano & Guitar Lessons



In-person
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Contact:

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[TeamSideline.com/
Loveland](http://TeamSideline.com/Loveland)





YOUTH ATHLETICS

Youth Athletic Registration Deadlines

Please note the registration deadlines for our Youth Athletic Team Sports. Registration will begin the season prior with hard deadlines approximately 2–3 weeks before the program start date to allow for improved planning and coordination.

Youth Sport	Early Bird Fee*	Regular Fee	Registration Deadline	Start Date
WINTER basketball	10/21/24	11/19/24	12/2/24	1/13
SPRING soccer, volleyball	12/2/24	2/11	2/24	3/24
SPRING IBB** basketball	12/2/24	2/11	2/24	3/29
SUMMER girls softball, baseball, soccer, basketball, t-ball	4/7	4/29	5/12	Varies beg. 6/2

*Early Bird registration begins at 6:00P **IBB = Itty Bitty Ballers

**Kids ages 3–6 can play in the Chilson
Gymnastics Center! See info on page 28.**

Schools and City Parks map is on page 52.

[TeamSideline.com/Loveland](https://teamsideline.com/Loveland) is used for all sport schedules, tournament dates, information packets, weather notifications and more! Check it out!

Wait List Policy

If a class is full, you may be placed on ONE wait list. You are contacted when there is a cancellation or if a class is added (depends on facility, coach, participants).

Teams Depend on Volunteer Coaches

Volunteer coaches are essential to our athletic programs. **Teams will only run if a coach is identified, so all teams are subject to cancellation.** Coaching is rewarding! And if your child is on the team, their registration fee is waived. All materials and equipment provided. Sign up to coach at [TeamSideline.com/Loveland](https://teamsideline.com/Loveland) and go to COACH! > Sign up to COACH!

Youth Athletic T-Shirts

Each participant is required to wear a Youth Athletics T-Shirt unless otherwise noted (purchase at Mountain Rentals, Inc. 401 E. Eisenhower Blvd. in Loveland).

**Do you have questions about youth
athletics or our volunteer program?**

Call 970.962.2445 for more info.

Winter Basketball Boys 2nd–5th Grade

Learn fundamentals, enhance current skills, develop good sportsmanship and have FUN! Teams have two one-hour practices per week plus six games on Saturdays beginning 1/25 at the Chilson Recreation Center and local schools. Required: Youth Athletics T-shirt, non-marking soled shoes. Min/Max: 6/10

Register: 10/21-12/2 *No class 1/20, 2/17, 2/18

Fee: \$79 (Early Bird thru 11/18), \$99 (after 11/18)

Grade: 2–3

T,Th	1/14-3/1*	6:00-6:50P	Carrie Martin	132013-02
M,W	1/13-3/1*	5:00-5:50P	Centennial El	132013-03
T,Th	1/14-3/1*	5:00-5:50P	Centennial El	132013-04
M,W	1/13-3/1*	5:00-5:50P	Cottonwood	132013-05
T,Th	1/14-3/1*	5:00-5:50P	Coyote Ridge	132013-07
M,W	1/13-3/1*	6:00-6:50P	Edmondson	132013-08
M,W	1/13-3/1*	5:30-6:20P	Garfield El	132013-09
M,W	1/13-3/1*	6:00-6:50P	Lincoln	132013-10
T,Th	1/14-3/1*	5:00-5:50P	Namaqua El	132013-11
T,Th	1/14-3/1*	5:00-5:50P	Ponderosa	132013-12
T,Th	1/14-3/1*	5:30-6:20P	Winona El	132013-14
T,Th	1/14-3/1*	6:00-6:50P	High Plains Aux	132013-15

Grade: 4

T,Th	1/14-3/1*	7:00-7:50P	Carrie Martin	132014-02
T,Th	1/14-3/1*	6:00-6:50P	Centennial El	132014-03
M,W	1/13-3/1*	6:00-6:50P	Cottonwood	132014-04
T,Th	1/14-3/1*	6:00-6:50P	Coyote Ridge	132014-05
M,W	1/13-3/1*	7:00-7:50P	Edmondson	132014-06
M,W	1/13-3/1*	6:30-7:20P	Garfield El	132014-07
M,W	1/13-3/1*	7:00-7:50P	Lincoln	132014-08
T,Th	1/14-3/1*	6:00-6:50P	Namaqua El	132014-11
T,Th	1/14-3/1*	6:00-6:50P	Ponderosa	132014-12
T,Th	1/14-3/1*	6:30-7:20P	Winona El	132014-14
T,Th	1/14-3/1*	6:00-6:50P	High Plains Main	132014-15

Grade: 5

M,W	1/13-3/1*	6:00-6:50P	Centennial El	132015-02
T,Th	1/14-3/1*	7:00-7:50P	Centennial El	132015-03
M,W	1/13-3/1*	7:00-7:50P	Cottonwood	132015-04
T,Th	1/14-3/1*	7:00-7:50P	Coyote Ridge	132015-05
M,W	1/13-3/1*	7:30-8:20P	Garfield El	132015-06
T,Th	1/14-3/1*	7:00-7:50P	Namaqua El	132015-07
T,Th	1/14-3/1*	7:00-7:50P	Ponderosa	132015-09
T,Th	1/14-3/1*	7:30-8:20P	Winona El	132015-10

Spring Soccer Pre-K Instructional Min/Max: 6/10

Drills and fun games are used to introduce soccer basics to 4-6 year olds during scheduled practice times only. No additional games played on Saturdays. Youth Athletic T-shirt NOT required.

Register: 12/2-3/24

Fee: \$69 (Early Bird thru 3/3), \$89 (after 3/3)

Age: 4–6

M,W	4/7-4/30	5:30-6:30P	Kroh	233000-01
T,Th	4/8-5/1	5:30-6:30P	Kroh	233000-02
M,W	4/7-4/30	5:30-6:30P	Loch Lon	233000-03
T,Th	4/8-5/1	5:30-6:30P	Loch Lon	233000-04
T,Th	4/8-5/1	5:30-6:30P	Mehaffey	233000-05
T,Th	4/8-5/1	5:30-6:30P	NL Train	233000-06

Celebrate with an eSports Party at Chilson!

Includes one hour in the Party Room and one hour of facilitated Nintendo Switch™ gaming on projector-sized screens. We also offer swim and gymnastics parties! Call 970.962.2468 or visit lovgov.org/BirthdayParties

Spring Youth Soccer Leagues

Emphasizes equal participation while learning soccer fundamentals and having FUN! Practice 2 times/week; games are Saturdays at Kroh Park beg. 4/4. Youth Athletic T-shirt and shin guards required.

Spring Soccer Pre-K League Min/Max 6/8

Register: 12/2-2/24

Fee: \$79 (Early Bird thru 2/10), \$99 (after 2/10)

Age: 4–5

M,W	3/24-5/10	4:30-5:30P	Kroh	233004-01
M,W	3/24-5/10	5:30-6:30P	Kroh	233004-02
M,W	3/24-5/10	4:30-5:30P	Loch Lon	233004-11
M,W	3/24-5/10	4:30-5:30P	LSP	233004-21
M,W	3/24-5/10	5:30-6:30P	LSP	233004-22
T,Th	3/25-5/10	4:30-5:30P	LSP	233004-23
T,Th	3/25-5/10	5:30-6:30P	LSP	233004-24
T,Th	3/25-5/10	4:30-5:30P	NL Train	233004-31

Age: 5–6

T,Th	3/25-5/10	4:30-5:30P	Kroh	233006-01
T,Th	3/25-5/10	5:30-6:30P	Kroh	233006-02
M,W	3/24-5/10	4:30-5:30P	Loch Lon	233006-13
T,Th	3/25-5/10	4:30-5:30P	LSP	233006-21
T,Th	3/25-5/10	5:30-6:30P	LSP	233006-22
M,W	3/24-5/10	4:30-5:30P	LSP	233006-23
M,W	3/24-5/10	5:30-6:30P	LSP	233006-24
T,Th	3/25-5/10	5:30-6:30P	Kroh	233006-34
M,W	3/24-5/10	4:30-5:30P	Kroh	233006-35

Spring Soccer 1st & 2nd Grade Min/Max: 8/12

Register: 12/2-2/24

Fee: \$79 (Early Bird thru 2/10), \$99 (after 2/10)

Boys

M,W	3/24-5/10	4:30-5:30P	Kroh	233011-01
M,W	3/24-5/10	5:30-6:30P	Kroh	233011-02
T,Th	3/25-5/10	4:30-5:30P	Kroh	233011-03
T,Th	3/25-5/10	5:30-6:30P	Kroh	233011-04
M,W	3/24-5/10	4:30-5:30P	Loch Lon	233011-05
M,W	3/24-5/10	5:30-6:30P	LSP	233011-08
T,Th	3/25-5/10	4:30-5:30P	LSP	233011-09
T,Th	3/25-5/10	5:30-6:30P	LSP	233011-10
M,W	3/24-5/10	4:30-5:30P	NL Train	233011-11
M,W	3/24-5/10	4:30-5:30P	Kroh	233011-15

Girls

M,W	3/24-5/10	5:30-6:30P	Kroh	233021-01
M,W	3/24-5/10	4:30-5:30P	Kroh	233021-02
T,Th	3/25-5/10	5:30-6:30P	Kroh	233021-03
M,W	3/24-5/10	4:30-5:30P	Loch Lon	233021-04
T,Th	3/25-5/10	5:30-6:30P	New Vision	233021-05
M,W	3/24-5/10	4:30-5:30P	LSP	233021-06
M,W	3/24-5/10	5:30-6:30P	LSP	233021-07
M,W	3/24-5/10	4:30-5:30P	NL Train	233021-09
T,Th	3/25-5/10	4:30-5:30P	Kroh	233021-11
T,Th	3/25-5/10	4:30-5:30P	LSP	233021-15

Challenger International Soccer Camps ❖

Learn respect, responsibility and sportsmanship while playing hard, having FUN and making new friends.

Age: 3–14

Session 1: 6/9–6/13 • Session 2: 7/21–7/25

Info | Registration: ChallengerSports.com

Spring Soccer 3rd & 4th Grade Min/Max 11/15

Register: 12/2-2/24

Fee: \$79 (Early Bird thru 2/10), \$99 (after 2/10)

Boys

M,W	3/24-5/10	4:30-5:30P	Kroh	233013-01
M,W	3/24-5/10	4:30-5:30P	Kroh	233013-02
T,Th	3/25-5/10	4:30-5:30P	Kroh	233013-03
T,Th	3/25-5/10	5:30-6:30P	Kroh	233013-04
T,Th	3/25-5/10	4:30-5:30P	Loch Lon	233013-06
M,W	3/24-5/10	4:30-5:30P	LSP	233013-07
T,Th	3/25-5/10	5:30-6:30P	Kroh	233013-09
M,W	3/24-5/10	5:30-6:30P	LSP	233013-10
M,W	3/24-5/10	5:30-6:30P	NL Train	233013-13

Girls

T,Th	3/25-5/10	5:30-6:30P	Kroh	233023-03
M,W	3/24-5/10	5:30-6:30P	Loch Lon	233023-04
T,Th	3/25-5/10	4:30-5:30P	Loch Lon	233023-05
M,W	3/24-5/10	5:30-6:30P	LSP	233023-06
T,Th	3/25-5/10	4:30-5:30P	LSP	233023-07
M,W	3/24-5/10	5:30-6:30P	NL Train	233023-11

Spring Soccer 5th & 6th Grade Min/Max 11/15

Register: 12/2-2/24

Fee: \$79 (Early Bird thru 2/10), \$99 (after 2/10)

Boys

M,W	3/24-5/10	5:30-6:30P	Kroh	233015-01
T,Th	3/25-5/10	4:30-5:30P	Loch Lon	233015-03
M,W	3/24-5/10	5:30-6:30P	LSP	233015-04
M,W	3/24-5/10	4:30-5:30P	Kroh	233015-06
M,W	3/24-5/10	5:30-6:30P	Kroh	233015-08
T,Th	3/25-5/10	5:30-6:30P	Kroh	233015-09

Girls

M,W	3/24-5/10	5:30-6:30P	Kroh	233025-01
T,Th	3/25-5/10	5:30-6:30P	Loch Lon	233025-03
M,W	3/24-5/10	5:30-6:30P	LSP	233025-04
T,Th	3/25-5/10	5:30-6:30P	Kroh	233025-06
M,W	3/24-5/10	4:30-5:30P	Kroh	233025-08

Spring Soccer 7th & 8th Grade Min/Max 9/17

Register: 12/2-2/24

Fee: \$79 (Early Bird thru 2/10), \$99 (after 2/10)

Coed

M,W	3/24-5/10	5:30-6:30P	Kroh	233017-01
T,Th	3/25-5/10	4:30-5:30P	Kroh	233017-02
M,W	3/24-5/10	4:30-5:30P	Kroh	233017-05

Spring Itty Bitty Ballers Basketball Min/Max 6/10

This is a fun coed program for younger kids to learn fundamentals of basketball in a team setting with modified rules & basket height.

Register: 12/2-2/24

Fee: \$69 (Early Bird thru 2/10), \$89 (after 2/10)

Grade: K-1st

Sa	3/29-5/3	9:00-9:50A	Chilson	232021-01
Sa	3/29-5/3	9:00-9:50A	Chilson	232021-02
Sa	3/29-5/3	10:00-10:50A	Chilson	232021-03
Sa	3/29-5/3	10:00-10:50A	Chilson	232021-04
Sa	3/29-5/3	11:00-11:50A	Chilson	232021-05
Sa	3/29-5/3	11:00-11:50A	Chilson	232021-06

Did You Know?

Family basketball courts are available daily at the Chilson Center for drop-in use. Come play together!
See page 3 for gym schedules.

Spring Coed Volleyball Min/Max: 6/10

This program emphasizes the basics while having FUN! Rules may be adapted to meet skill levels of all players. Parents are encouraged to participate as coaches. Practices are held twice per week with games played on Saturday mornings beginning 4/5 at the Chilson Center. Locations subject to change.

Register: 12/2-2/24

Fee: \$79 (Early Bird thru 2/10), \$99 (after 2/10)

Grade: 2-3

T,Th	3/25-5/10	5:00-6:15P	Cottonwood	237002-01
M,W	3/24-5/10	6:30-7:45P	Centennial El	237002-02
M,W	3/24-5/10	6:30-7:45P	Coyote Ridge	237002-03
T,Th	3/25-5/10	5:00-6:15P	Namaqua El	237002-04
M,W	3/24-5/10	5:00-6:15P	Namaqua El	237002-05
M,W	3/24-5/10	6:30-7:45P	Ponderosa	237002-06
T,Th	3/25-5/10	5:00-6:15P	Centennial El	237002-07
M,W	3/24-5/10	6:15-7:30P	Edmondson	237002-08

Grade: 4-5

T,Th	3/25-5/10	6:30-7:45P	Cottonwood	237004-01
M,W	3/24-5/10	5:00-6:15P	Centennial El	237004-02
M,W	3/24-5/10	5:00-6:15P	Coyote Ridge	237004-03
T,Th	3/25-5/10	6:30-7:45P	Namaqua El	237004-04
M,W	3/24-5/10	6:30-7:45P	Namaqua El	237004-05
M,W	3/24-5/10	5:00-6:15P	Ponderosa	237004-06
T,Th	3/25-5/10	6:30-7:45P	Centennial El	237004-07

NEW! Spring Coed CARA Volleyball

CARA (Colorado Association of Recreational Athletics) offers a FUN, non-ranked, non-sanctioned environment where young volleyball players can develop competitive skills and strategies. Practice twice a week, with three Saturday game days in the Denver metro area, competing against teams from other local recreational agencies. A team jersey is required (included in the registration fee). Min/Max: 6/10

Register: 12/2-3/10

Fee: \$108

Grade: 5-6

M,W	3/24-5/17	5:00-6:15P	Cottonwood	237001-01
T,Th	3/25-5/17	6:30-7:45P	Coyote Ridge	237001-03
T,Th	3/25-5/17	5:00-6:15P	Ponderosa	237001-05

Grade: 7-8

M,W	3/24-5/17	6:30-7:45P	Cottonwood	237001-02
T,Th	3/25-5/17	5:00-6:15P	Coyote Ridge	237001-04
T,Th	3/25-5/17	6:30-7:45P	Ponderosa	237001-06

Summer CARA Track Team Min/Max: 1/99

CARA (Colorado Association of Recreational Athletics) provides a recreational, non-ranked, non-sanctioned opportunity for young track runners to learn competitive strategies and skills in a FUN learning environment. Practice twice per week with meets on Saturdays, date TBA. A team jersey is required (included in the registration fee). Location: Loveland HS Track, 920 W. 29th St.

Register: 4/7-6/3

Fee: \$108

Age: 5-16

Age: 5-6	T/Th	6/3-7/19	8:30-9:30A	334010-05
Age: 7-8	T/Th	6/3-7/19	8:30-9:30A	334010-07
Age: 9-10	T/Th	6/3-7/19	9:30-11:00A	334010-09
Age: 11-12	T/Th	6/3-7/19	9:30-11:00A	334010-11
Age: 13-14	T/Th	6/3-7/19	9:30-11:00A	334010-13
Age: 15-16	T/Th	6/3-7/19	9:30-11:00A	334010-15

Summer Outdoor Basketball 3-on-3 Min/Max: 3/8

You form and then register your own team - no individual registration. Minimum of 2 games played per day; 6 players per team. Levels determined by your grade entering school in fall 2025.

Register: 4/7-5/12

Fee: \$151 (Early Bird thru 4/28), \$171 (after 4/28)

Grade: 5-8 Location: NL Park Outdoor Courts

Boys

Grade: 5-6	T/Th	6/3-7/1	8:00-9:30A	332010-05
Grade: 7-8	T/Th	6/3-7/1	9:30-11:00A	332010-07

Girls

Grade: 5-6	T/Th	6/3-7/1	8:00-9:30A	332010-25
Grade: 7-8	T/Th	6/3-7/1	9:30-11:00A	332010-27

Summer Soccer Pre-K Instructional Min/Max: 6/10

Drills and fun games are used to introduce soccer basics to 4-6 year olds during scheduled practice times only. No additional games played on Saturdays. Youth Athletic T-shirt NOT required.

Register: 4/7-5/12

Fee: \$69 (Early Bird thru 4/28), \$89 (after 4/28)

Age: 4-6 Session 1

M,W	6/2-6/25	5:30-6:30P	Kroh	333001-01
T,Th	6/3-6/26	5:30-6:30P	Kroh	333001-02
M,W	6/2-6/25	5:30-6:30P	Loch Lon	333001-04
T,Th	6/3-6/26	6:00-6:45P	Loch Lon	333001-05
M,W	6/2-6/25	5:30-6:30P	LSP	333001-06
T,Th	6/3-6/26	5:30-6:30P	LSP	333001-07
M,W	6/2-6/25	5:30-6:30P	NL Train	333001-08
T,Th	6/3-6/26	5:30-6:30P	NL Train	333001-09

Register: 4/7-6/16

Fee: \$69 (Early Bird thru 6/9), \$89 (after 6/9)

Age: 4-6 Session 2

M,W	7/7-7/30	5:30-6:30P	Kroh	333002-01
T,Th	7/8-7/31	5:30-6:30P	Kroh	333002-02
M,W	7/7-7/30	5:30-6:30P	Loch Lon	333002-04
T,Th	7/8-7/31	5:30-6:30P	LSP	333002-06
M,W	7/7-7/30	5:30-6:30P	LSP	333002-07
T,Th	7/8-7/31	5:30-6:30P	NL Train	333002-08
M,W	7/7-7/30	5:30-6:30P	NL Train	333002-09
T,Th	7/8-7/31	5:30-6:30P	NL Train	333002-10

NEW! Summer Youth | Teen Pickleball

Pickleball promotes footwork, eye-hand coordination, teamwork and exercise. Develop your skills and knowledge of the game through our FUN beginner lessons for youth! All equipment provided. Min/Max: 4/10 Instructor: George Richards

Location: Osborn Park

Register: 12/2 until filled

Fee: \$30

Age 8-12

M	5/5-5/26	6:00-7:00P	276116-88
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Age 13-17

M	5/5-5/26	7:00-8:00P	276116-89
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See page 20 for pickleball classes for 18+.

Summer T-Ball Min/Max 9/12

Designed to introduce children to the game of baseball.

Schedule: practices/games held on Mon/Wed at North Lake Park.

Register: 4/7-5/12

Fee: \$84 (Early Bird thru 4/28), \$104 (after 4/28)

Age: 4-6

M,W	6/2-7/16	4:45-6:00P	NL 1	335002-01
M,W	6/2-7/16	4:45-6:00P	NL 1	335002-02
M,W	6/2-7/16	4:45-6:00P	NL 1	335002-03
M,W	6/2-7/16	4:45-6:00P	NL 1	335002-04
M,W	6/2-7/16	4:45-6:00P	NL 1	335002-05
M,W	6/2-7/16	4:45-6:00P	NL 1	335002-07
M,W	6/2-7/16	6:30-7:45P	NL 1	335004-01
M,W	6/2-7/16	6:30-7:45P	NL 1	335004-02
M,W	6/2-7/16	6:30-7:45P	NL 1	335004-03
M,W	6/2-7/16	6:30-7:45P	NL 1	335004-04
M,W	6/2-7/16	6:30-7:45P	NL 1	335004-05
M,W	6/2-7/16	6:30-7:45P	NL 1	335004-06
M,W	6/2-7/16	6:30-7:45P	NL 1	335004-07

Summer Baseball Min/Max 9/12

Designed to introduce the game of baseball beyond T-Ball!

Schedule: practices/games held on Tues/Thurs at North Lake Park.

Register: 4/7-5/12

Fee: \$84 (Early Bird thru 4/28), \$104 (after 4/28)

Age: 6-9

T,Th	6/3-7/17	4:15-5:45P	NL - Owens	335053-01
T,Th	6/3-7/17	4:15-5:45P	NL - Owens	335053-02
T,Th	6/3-7/17	4:15-5:45P	NL - Owens	335053-03
T,Th	6/3-7/17	4:15-5:45P	NL - Owens	335053-04
T,Th	6/3-7/17	4:15-5:45P	NL - Owens	335053-05
T,Th	6/3-7/17	4:15-5:45P	NL - Owens	335053-08
T,Th	6/3-7/17	6:15-7:45P	NL - Owens	335054-01
T,Th	6/3-7/17	6:15-7:45P	NL - Owens	335054-02
T,Th	6/3-7/17	6:15-7:45P	NL - Owens	335054-03
T,Th	6/3-7/17	6:15-7:45P	NL - Owens	335054-04
T,Th	6/3-7/17	6:15-7:45P	NL - Owens	335054-05
T,Th	6/3-7/17	6:15-7:45P	NL - Owens	335054-06

Summer Girls Softball Min/Max: 10/12

Promotes skill development and sportsmanship for girls ages 8-13 as of 7/24/25. Games at Barnes Complex at Fairgrounds Park.

Register: 4/7-5/12

Fee: \$82 (Early Bird thru 4/28), \$102 (after 4/28)

Age: 8-10 Machine Pitch • Games on T/Th

M	6/2-7/24	6:00-7:00P	Garfield Pk	336201-01
M	6/2-7/24	6:00-7:00P	Kroh SB 3	336201-03
M	6/2-7/24	7:00-8:00P	Kroh SB 3	336201-04
M	6/2-7/24	5:00-6:00P	NL SB	336201-05
M	6/2-7/24	6:00-7:00P	NL SB	336201-06
M	6/2-7/24	6:00-7:00P	Osborn SB	336201-07

Fee: \$97 (Early Bird thru 4/28), \$117 (after 4/28)

Age: 11-13 Player Pitch • Games on M/W

T	6/3-7/23	6:00-7:00P	Garfield Pk	336202-01
Th	6/5-7/23	6:00-7:00P	Garfield Pk	336202-03
T	6/3-7/23	6:00-7:00P	Kroh SB 3	336202-04
T	6/3-7/23	7:00-8:00P	Kroh SB 3	336202-05
T	6/3-7/23	6:00-7:00P	Osborn SB	336202-06
T	6/5-7/23	7:00-8:00P	Osborn SB	336202-07

Larkin Family Memorial Scholarship This scholarship fund has been established to honor the memory of Jace Larkin, who lived and loved Loveland Parks & Recreation through youth sports, swimming, Chilson and more. Scholarships are awarded seasonally to youth for the purpose of enrolling in Loveland Parks & Recreation activities and developing the love of recreation that Jace had. Eligible recipients are age 17 & under. Priority is given to first-time applicants. Complete an application at lovgov.org/RecFinancialAssistance

SUPERTOTS | SKYHAWKS SPORTS

SuperTots Sports | Age: 2-5 ❖

Since 2002, SuperTots has engaged kids, ages 2 to 5, in physical activity in a non-competitive environment that is safe and fun above all else. SuperTots knows kids are hardwired to learn through play. All programs are progression-based with a goal of kids graduating to the next level as they grow. The curriculum is designed to provide age-appropriate challenges and skill development at each offering level. **Parent participation is required for ages 2-3.5 years.**

Info|Registration: Supertots.Fun/Colorado

Location: Chilson Recreation Center

SoccerTots ❖ SoccerTots is our flagship program! Classes focus on developing motor skills and self-confidence while also learning balance, dribbling, foot-eye coordination and running control. We also introduce an element of light competition.

Age: 2-3

T	1/14	9:30-10:20A	Try for Free
T	1/21-2/18	9:30-10:20A	\$100

Age: 3-4.5

T	1/14	10:30-11:20A	Try for Free
T	1/21-2/18	10:30-11:20A	\$100

HoopsterTots ❖ Learning basketball has never been more FUN!

These classes focus on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately-sized basketballs are used to always provide just the right amount of challenge.

Age: 2-3

T	2/25	9:30-10:20A	Try for Free
T	3/4-4/1	9:30-10:20A	\$100

Age: 3-4.5

T	2/25	10:30-11:20A	Try for Free
T	3/4-4/1	10:30-11:20A	\$100

BaseballTots ❖ Classes focus on fine and gross motor skills as well as body control. We teach all the baseball basics, such as throwing, catching, hitting and running control. We are excited to help these little ones develop a love of the game.

Age: 2-3

T	4/8	9:30-10:20A	Try for Free
T	4/15-5/13	9:30-10:20A	\$100

Age: 3-4.5

T	4/8	10:30-11:20A	Try for Free
T	4/15-5/13	10:30-11:20A	\$100

Skyhawks Sports | Age: 4-14 ❖

Skyhawks provides a safe, FUN, non-competitive environment to teach sports to children ages 4 to 14. Our programs are designed to give each child a positive introduction into sports and ensure they walk away with a smile on their face wanting to learn more. Our knowledgeable and patient staff use a variety of games and activities to give each athlete an overview of the sport while building valuable skills. Since 1979, Skyhawks has taught over two million boys and girls life skills through sports.

Info|Registration: Register.Skyhawks.com

Summer registration opens early February.

Register EARLY - space is limited!

Athletics information and text alerts at TeamSideline.com/Loveland

Get info for all sport schedules, tournament dates, information packets, weather notifications and more!

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GYMNASTICS & DANCE

Preschool Playtime Min/Max: 4/15

Come run, jump, climb and play in the Chilson Gymnastics Center! Bring an adult buddy to play with. A staff person is present to assist as needed. Pay for child only and present your receipt to the staff person.

Age: 3–6

Fee: \$8 ea.

T	1/14	12:30-1:30P	130166-01
T	1/21	12:30-1:30P	130166-02
T	1/28	12:30-1:30P	130166-03
T	2/4	12:30-1:30P	130166-04
T	2/11	12:30-1:30P	130266-01
T	2/18	12:30-1:30P	130266-02
T	2/25	12:30-1:30P	130266-03
T	3/4	12:30-1:30P	130266-04
T	3/25	12:30-1:30P	230166-01
T	4/1	12:30-1:30P	230166-02
T	4/8	12:30-1:30P	230166-03
T	4/15	12:30-1:30P	230166-04
T	4/22	12:30-1:30P	230266-01
T	4/29	12:30-1:30P	230266-02
T	5/6	12:30-1:30P	230266-03
T	5/13	12:30-1:30P	230266-04

Gymnastics Open Gym Min/Max: 4/12

Drop in for extra workouts or practice skills on our equipment in an unstructured, safe environment. An instructor is present to lead a warm-up, set up stations, spot skills and assist.

Pay for child only and present your receipt to the staff person.

Age: 6–16

Fee: \$8 ea.

Sa	1/18	2:30-3:30P	130170-01
Sa	1/25	2:30-3:30P	130170-02
Sa	2/1	2:30-3:30P	130170-03
Sa	2/8	2:30-3:30P	130170-04
Sa	2/15	2:30-3:30P	130270-01
Sa	2/22	2:30-3:30P	130270-02
Sa	3/1	2:30-3:30P	130270-03
Sa	3/8	2:30-3:30P	130270-04
Sa	3/29	2:30-3:30P	230170-01
Sa	4/5	2:30-3:30P	230170-02
Sa	4/12	2:30-3:30P	230170-03
Sa	4/19	2:30-3:30P	230170-04
Sa	4/26	2:30-3:30P	230270-01
Sa	5/3	2:30-3:30P	230270-02
Sa	5/10	2:30-3:30P	230270-03
Sa	5/17	2:30-3:30P	230270-04

FLIP OUT with a GYMNASTICS PARTY! Celebrate your birthday in the gymnastics room with facilitated activities. Visit lovgov.org/BirthdayParties for detailed info. We also offer swim parties and eSports parties. Call 970.962.2468 and come jump, tumble and play!

NEW! Mini Movers Exploration Min/Max: 4/12

Spend time with your little one exploring the gym in a less structured environment. Help them increase spatial awareness, gross motor and social skills through FUN obstacle courses, swinging on bars and balancing on beams. Basic safety and spotting covered. An adult buddy is required; all children participating must be registered. Location: Chilson Gymnastics Ctr

Age: Walkers-3**Fee: \$38**

M	1/13-2/3	9:30-10:00A	130100-01
W	1/15-2/5	9:15-9:45A	130100-02
F	1/17-2/7	10:45-11:15A	130100-03
M	2/10-3/3	9:30-10:00A	130200-01
W	2/12-3/5	9:15-9:45A	130200-02
F	2/14-3/7	10:45-11:15A	130200-03
M	3/24-4/14	9:30-10:00A	230100-01
W	3/26-4/16	9:15-9:45A	230100-02
F	3/28-4/18	10:45-11:15A	230100-03
M	4/21-5/12	9:30-10:00A	230200-01
W	4/23-5/14	9:15-9:45A	230200-02
F	4/25-5/16	10:45-11:15A	230200-03

Parent/Tot Tumbling Min/Max: 4/12

Ready to try some structure? This class is instructor-led, including a warm-up, stretching, an introduction to basic skills on the apparatus and ending with a group activity. A parent or caregiver is required to direct/assist their child. Location: Chilson Gymnastics Ctr

Age: 2-3**Fee: \$38**

T	1/14-2/4	9:00-9:30A	130101-01
Th	1/16-2/6	9:45-10:15A	130101-02
Sa	1/18-2/8	9:00-9:30A	130101-03
T	2/11-3/4	9:00-9:30A	130201-01
Th	2/13-3/6	9:45-10:15A	130201-02
Sa	2/15-3/8	9:00-9:30A	130201-03
T	3/25-4/15	9:00-9:30A	230101-01
Th	3/27-4/17	9:45-10:15A	230101-02
Sa	3/29-4/19	9:00-9:30A	230101-03
T	4/22-5/13	9:00-9:30A	230201-01
Th	4/24-5/15	9:45-10:15A	230201-02
Sa	4/26-5/17	9:00-9:30A	230201-03

Wiggle Worms Min/Max: 4/6

Get your wiggles out as we tumble, climb, bounce and swing! A transitional class for 3 year olds seeking more independence. Parent participation optional. Location: Chilson Gymnastics Ctr

Age: 3**Fee: \$38**

M	1/13-2/3	10:15-10:45A	130103-01
T	1/14-2/4	9:45-10:15A	130103-02
Th	1/16-2/6	9:00-9:30A	130103-03
F	1/17-2/7	10:00-10:30A	130103-04
M	2/10-3/3	10:15-10:45A	130203-01
T	2/11-3/4	9:45-10:15A	130203-02
Th	2/13-3/6	9:00-9:30A	130203-03
F	2/14-3/7	10:00-10:30A	130203-04
M	3/24-4/14	10:15-10:45A	230103-01
T	3/25-4/15	9:45-10:15A	230103-02
Th	3/27-4/17	9:00-9:30A	230103-03
F	3/28-4/18	10:00-10:30A	230103-04
M	4/21-5/12	10:15-10:45A	230203-01
T	4/22-5/13	9:45-10:15A	230203-02
Th	4/24-5/15	9:00-9:30A	230203-03
F	4/25-5/16	10:00-10:30A	230203-04

Tumbling Tots Min/Max: 4/6

Experience obstacle courses, increase strength, balance & flexibility in a FUN, creative environment while enhancing socialization and independence. Explore the bars, beams, vault, trampoline and tumbling in this FUN-filled class! Location: Chilson Gymnastics Ctr

Age: 3-4**Fee: \$48**

M	1/13-2/3	11:00-11:45A	130106-01
T	1/14-2/4	10:30-11:15A	130106-02
W	1/15-2/5	10:00-10:45A	130106-03
W	1/15-2/5	4:30-5:15P	130106-04
Th	1/16-2/6	10:30-11:15A	130106-05
F	1/17-2/7	9:00-9:45A	130106-06
Sa	1/18-2/8	9:45-10:30A	130106-07
M	2/10-3/3	11:00-11:45A	130206-01
T	2/11-3/4	10:30-11:15A	130206-02
W	2/12-3/5	10:00-10:45A	130206-03
W	2/12-3/5	4:30-5:15P	130206-04
Th	2/13-3/6	10:30-11:15A	130206-05
F	2/14-3/7	9:00-9:45A	130206-06
Sa	2/15-3/8	9:45-10:30A	130206-07
M	3/24-4/14	11:00-11:45A	230106-01
T	3/25-4/15	10:30-11:15A	230106-02
W	3/26-4/16	10:00-10:45A	230106-03
W	3/26-4/16	4:30-5:15P	230106-04
Th	3/27-4/17	10:30-11:15A	230106-05
F	3/28-4/18	9:00-9:45A	230106-06
Sa	3/29-4/19	9:45-10:30A	230106-07
M	4/21-5/12	11:00-11:45A	230206-01
T	4/22-5/13	10:30-11:15A	230206-02
W	4/23-5/14	10:00-10:45A	230206-03
W	4/23-5/14	4:30-5:15P	230206-04
Th	4/24-5/15	10:30-11:15A	230206-05
F	4/25-5/16	9:00-9:45A	230206-06
Sa	4/26-5/17	9:45-10:30A	230206-07

Tumble Mania Min/Max: 4/8

Is your child constantly jumping, rolling, flipping and bouncing? This class will teach them how to safely do those things and much more. Learn rolls, handstands, cartwheels, roundoffs, backbends and handsprings. Most skills and drills will first be learned on the Tumbl Trak trampoline then progress to the floor exercise mat. As the child progresses, more advance tumbling skills are introduced. Location: Chilson Gymnastics Ctr

Age: 3.5-5**Fee: \$48**

M	1/13-2/3	12:00-12:45P	130108-01
T	1/14-2/4	11:30A-12:15P	130108-02
F	1/17-2/7	11:30A-12:15P	130108-03
M	2/10-3/3	12:00-12:45P	130208-01
T	2/11-3/4	11:30A-12:15P	130208-02
F	2/14-3/7	11:30A-12:15P	130208-03
M	3/24-4/14	12:00-12:45P	230108-01
T	3/25-4/15	11:30A-12:15P	230108-02
F	3/28-4/18	11:30A-12:15P	230108-03
M	4/21-5/12	12:00-12:45P	230208-01
T	4/22-5/13	11:30A-12:15P	230208-02
F	4/25-5/16	11:30A-12:15P	230208-03

**Children perform better when parents & siblings observe from the viewing area.
Thank you for your cooperation!**

Kidnastics Min/Max: 4/8

Age-appropriate skills are taught through the use of obstacle courses and fun stations for the development of strength, balance and flexibility. Introduction to basic gymnastic skills on the bars, beam, vault and floor exercise. Location: Chilson Gymnastics Ctr

Age 4-5 Fee: \$58

M	1/13-2/3	1:00-2:00P	130110-02
M	1/13-2/3	4:30-5:30P	130110-03
W	1/15-2/5	5:30-6:30P	130110-04
Th	1/16-2/6	11:30A-12:30P	130110-05
F	1/17-2/7	12:30-1:30P	130110-06
Sa	1/18-2/8	10:45-11:45A	130110-07
M	2/10-3/3	1:00-2:00P	130210-02
M	2/10-3/3	4:30-5:30P	130210-03
W	2/12-3/5	5:30-6:30P	130210-04
Th	2/13-3/6	11:30A-12:30P	130210-05
F	2/14-3/7	12:30-1:30P	130210-06
Sa	2/15-3/8	10:45-11:45A	130210-07
M	3/24-4/14	1:00-2:00P	230110-02
M	3/24-4/14	4:30-5:30P	230110-03
W	3/26-4/16	5:30-6:30P	230110-04
Th	3/27-4/17	11:30A-12:30P	230110-05
F	3/28-4/18	12:30-1:30P	230110-06
Sa	3/29-4/19	10:45-11:45A	230110-07
M	4/21-5/12	1:00-2:00P	230210-02
M	4/21-5/12	4:30-5:30P	230210-03
W	4/23-5/14	5:30-6:30P	230210-04
Th	4/24-5/15	11:30A-12:30P	230210-05
F	4/25-5/16	12:30-1:30P	230210-06
Sa	4/26-5/17	10:45-11:45A	230210-07

Advanced Kidnastics Min/Max: 4/8

For those 4 and 5 year olds who are ready for advanced skills.
Instructor approval required. Location: Chilson Gymnastics Ctr

Age 4-5 Fee: \$58

W	1/15-2/5	5:30-6:30P	130115-01
Th	1/16-2/6	12:45-1:45P	130115-02
W	2/12-3/5	5:30-6:30P	130215-01
Th	2/13-3/6	12:45-1:45P	130215-02
W	3/26-4/16	5:30-6:30P	230115-01
Th	3/27-4/17	12:45-1:45P	230115-02
W	4/23-5/14	5:30-6:30P	230215-01
Th	4/24-5/15	12:45-1:45P	230215-02

Intro to Gymnastics Min/Max: 4/8

New to gymnastics? This is the place to start! Be introduced to all apparatus and terminology so you are prepared for Novice Level 1. Location: Chilson Gymnastics Ctr

Age: 6-12 Fee: 1 day/wk \$58; 2 days/wk \$73

M	1/13-2/3	5:45-6:45P	130117-01
T,Th	1/14-2/6	4:30-5:30P	130117-02
W	1/15-2/5	6:45-7:45P	130117-03
Sa	1/18-2/8	12:00-1:00P	130117-04
M	2/10-3/3	5:45-6:45P	130217-01
T,Th	2/11-3/6	4:30-5:30P	130217-02
W	2/12-3/5	6:45-7:45P	130217-03
Sa	2/15-3/8	12:00-1:00P	130217-04
M	3/24-4/14	5:45-6:45P	230117-01
T,Th	3/25-4/17	4:30-5:30P	230117-02
W	3/26-4/16	6:45-7:45P	230117-03
Sa	3/29-4/19	12:00-1:00P	230117-04
M	4/21-5/12	5:45-6:45P	230217-01
T,Th	4/22-5/15	4:30-5:30P	230217-02
W	4/23-5/14	6:45-7:45P	230217-03
Sa	4/26-5/17	12:00-1:00P	230217-04

Novice Level 1 Min/Max: 4/8

The fundamentals of gymnastics are taught on each event - vault, uneven bars, balance beam & floor exercise. **Instructor approval required.** Location: Chilson Gymnastics Ctr

Age 6-12 Fee: 1 day/wk \$58; 2 days/wk \$73

M	1/13-2/3	5:45-6:45P	130120-01
T,Th	1/14-2/6	4:30-5:30P	130120-02
W	1/15-2/5	6:45-7:45P	130120-03
Sa	1/18-2/8	12:00-1:00P	130120-04
M	2/10-3/3	5:45-6:45P	130220-01
T,Th	2/11-3/6	4:30-5:30P	130220-02
W	2/12-3/5	6:45-7:45P	130220-03
Sa	2/15-3/8	12:00-1:00P	130220-04
M	3/24-4/14	5:45-6:45P	230120-01
T,Th	3/25-4/17	4:30-5:30P	230120-02
W	3/26-4/16	6:45-7:45P	230120-03
Sa	3/29-4/19	12:00-1:00P	230120-04
M	4/21-5/12	5:45-6:45P	230220-01
T,Th	4/22-5/15	4:30-5:30P	230220-02
W	4/23-5/14	6:45-7:45P	230220-03
Sa	4/26-5/17	12:00-1:00P	230220-04

Beginner Level 2 Min/Max: 4/8

For those who have completed and mastered the skills in Novice Level 1 and are ready for more challenging skills.
Instructor approval required. Loc: Chilson Gymnastics Ctr

Age 6-12 Fee: 1 day/wk \$58; 2 days/wk \$73

M	1/13-2/3	7:00-8:00P	130125-01
T,Th	1/14-2/6	5:45-6:45P	130125-02
Sa	1/18-2/8	1:15-2:15P	130125-03
M	2/10-3/3	7:00-8:00P	130225-01
T,Th	2/11-3/6	5:45-6:45P	130225-02
Sa	2/15-3/8	1:15-2:15P	130225-03
M	3/24-4/14	7:00-8:00P	230125-01
T,Th	3/25-4/17	5:45-6:45P	230125-02
Sa	3/29-4/19	1:15-2:15P	230125-03
M	4/21-5/12	7:00-8:00P	230225-01
T,Th	4/22-5/15	5:45-6:45P	230225-02
Sa	4/26-5/17	1:15-2:15P	230225-03

Advanced Beginner Level 3 Min/Max: 4/8

This level continues to build a strong foundation of skills on each event. **Instructor approval required.** Loc: Chilson Gymnastics Ctr

Age 6-12 Fee: 1 day/wk \$58; 2 days/wk \$73

T,Th	1/14-2/6	5:45-6:45P	130130-01
Sa	1/18-2/8	1:15-2:15P	130130-02
T,Th	2/11-3/6	5:45-6:45P	130230-01
Sa	2/15-3/8	1:15-2:15P	130230-02
T,Th	3/25-4/17	5:45-6:45P	230130-01
Sa	3/29-4/19	1:15-2:15P	230130-02
T,Th	4/22-5/15	5:45-6:45P	230230-01
Sa	4/26-5/17	1:15-2:15P	230230-02

Intermediate Level 4 Min/Max: 4/8

A more involved class focusing on fine tuning and correct execution of all skills on each event while continuing to learn new ones. **Instructor approval required.**

Location: Chilson Gymnastics Ctr

Age 6-12 Fee: \$88

T,Th	1/14-2/6	6:45-8:15P	130135-01
T,Th	2/11-3/6	6:45-8:15P	130235-01
T,Th	3/25-4/17	6:45-8:15P	230135-01
T,Th	4/22-5/15	6:45-8:15P	230235-01

Advanced Intermediate Level 5 Min/Max: 4/8

This level corresponds with USAG Level 5 in which advanced skills, strength and flexibility are emphasized. **Instructor approval required.** Location: Chilson Gymnastics Ctr

Age 6–12 Fee: \$88

T,Th	1/14-2/6	6:45-8:15P	130140-01
T,Th	2/11-3/6	6:45-8:15P	130240-01
T,Th	3/25-4/17	6:45-8:15P	230140-01
T,Th	4/22-5/15	6:45-8:15P	230240-01

Homeschool Gymnastics Min/Max: 4/8

Join other homeschoolers for an hour of fun gymnastics. We will utilize our developmental program curriculum to ensure growth and progress in a fun and safe environment.

A great way to incorporate physical education into your homeschool curriculum. Location: Chilson Gymnastics Ctr

Age: 5–16 Fee: \$58

W	1/15-2/5	11:00A-12:00P	130150-01
W	2/12-3/5	11:00A-12:00P	130250-01
W	3/26-4/16	11:00A-12:00P	230150-01
W	4/23-5/14	11:00A-12:00P	230250-01

CHEER TEAMS**The Cheer and Dance Connection
Recreational Performance Team** ❖

Ready, OK! These high energy recreational cheer teams are designed to help you learn dances, tumbling, jumps and stunts through sportsmanship and teamwork. Each session includes a community or in-house performance. Poms are available for use during class. **\$25 T-shirt and bow fee paid to instructor.** Min/Max: 4/30 Location: Chilson Gymnastics Ctr

Age: 4–12 *No class 3/23, 4/20

6 wks Fee: \$90

Su	1/5-2/9	1:00-2:00P	139900-01
Su	2/16-3/30*	1:00-2:00P	239900-01

4 wks Fee: \$60

Su	4/6-5/4*	1:00-2:00P	239900-02
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DANCE WITH ANIMA ARTS

Dance classes with Anima Arts are dedicated to supporting children and families' health through movement education. Anima Arts was founded by Mimi Ferrie Lee, a Northern Colorado native, with over 20 consecutive years in dance and performing arts education. Our team of caring and knowledgeable teachers supports children's neurological, physical and social-emotional development through joyful and creative dance classes.

Parent's Night Out: Kid's Dance Party ❖

Parent's night out! An evening of creative arts activities centered around health and well-being for kids includes movement games, art projects and a glow dance party! Participants should bring snacks or brown bag dinner. **\$10 discount for each additional child.** Min/Max: 10/20 Location: Cherry/Hickory Rm

Age: 4–8

F	2/14	5:00-7:15P	\$30	261065-1
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Mini Dancers: Ballet | Tap | Jazz ❖

Preschoolers and new kindergartners are introduced to ballet, tap and jazz skills through inspiring music and imagery. This class celebrates the way kids learn best... through play, connection and exploration! Tap shoes are recommended but not required.

Location: Small Gym ***No class 3/17–3/21**

Age: 3–4.25 (Instructor: Mary)

M	1/6-2/10	9:30-10:15A	\$68	257012-01
M	2/17-3/31*	9:30-10:15A	\$68	257012-02
M	4/7-5/12	9:30-10:15A	\$68	257012-03

Age: 3.25–5 (Instructor: Gina)

W	1/8-2/12	9:15-10:00A	\$68	257012-04
W	2/19-4/2*	9:15-10:00A	\$68	257012-05
W	4/9-5/14	9:15-10:00A	\$68	257012-06

Age: 3.5–5.25 (Instructor: Mimi)

W	1/8-2/12	3:15-4:00P	\$68	257012-07
W	2/19-4/2*	3:15-4:00P	\$68	257012-08
W	4/9-5/14	3:15-4:00P	\$68	257012-09

Age: 4–5 (Instructor: Mary)

M	1/6-2/10	10:20-11:05A	\$68	257012-10
M	2/17-3/31*	10:20-11:05A	\$68	257012-11
M	4/7-5/12	10:20-11:05A	\$68	257012-12

Kids | Homeschool | Youth Dance ❖

Let's dance! These expressive and high energy classes are all about finding your groove, expression and artistic voice. Dancers learn elements from multiple dance styles through skill-building, games and choreography. Tap shoes are recommended but not required. Location: Maple/Spruce Rm ***No class 3/19**

Kids Age: 5–7 Time: 4:05–4:55P (Instructor: Mimi)

Tap/Ballet	W	1/8-2/12	\$68	258082-1
Jazz/Hip Hop	W	2/19-4/2*	\$68	258082-2
Contemporary	W	4/9-5/14	\$68	258082-3

Homeschool Kids Age: 5–8 Time: 10:10–11A (Instructor: Gina)

Tap/Jazz	W	1/8-2/12	\$68	258081-1
Tap/Ballet	W	2/19-4/2*	\$68	258081-2
Jazz/Ballet	W	4/9-5/14	\$68	258081-3

Youth Age: 7.5–11 Time: 5–5:50P (Instructor: Mimi)

Tap/Jazz	W	1/8-2/12	\$68	258083-1
Jazz/Hip Hop	W	2/19-4/2*	\$68	258083-2
Contemporary	W	4/9-5/14	\$68	258083-3

Youth Breakin' ❖

Calling all B-Boys and B-Girls! Learn hip hop culture and dance, including top rocks, foot work, freezes, cyphers and battling in this new class. Location: Small Gym ***No class 3/20**

Age: 7.5–11 (Instructor: Wynn)

Th	1/9-2/13	4:30-5:20P	\$68	258084-1
Th	2/20-4/3*	4:30-5:20P	\$68	258084-2
Th	4/10-5/15	4:30-5:20P	\$68	258084-3

Adult Jazz Funk ❖

These FUN and sassy classes explore musicality, dynamics and style through feel-good pop and R&B throwbacks. Each workshop includes jazz dance technique and a new combination. All levels are welcome. Location: Fitness/Dance Studio

Age: 18+ (Instructor: Mimi)

W	1/8-2/12	6:00-7:00P	\$78	262025-1
W	2/19-4/2	6:00-7:00P	\$78	262025-2
W	4/9-5/14	6:00-7:00P	\$78	262025-3

Looking for adult dance classes?

See page 43 for line dance and tap dance!



PRESCHOOL

**OPEN HOUSE
THURSDAY,
JANUARY 16
5:00–6:00P**

FALL 2025–SPRING 2026 SMALL FRIES PRESCHOOL

A quality-rated, state-licensed preschool for your 3 to 5 year old that includes a balance of play-based, child-directed discovery and teacher-led, small group activities. Kindergarten-readiness is ensured through the encouragement of self-regulation, critical thinking and problem-solving skills. The Small Fries Preschool program follows the Colorado Early Learning & Developmental Guidelines to build curriculum in these content areas: social/emotional development, cognitive development, language & early literacy, fine & gross motor skills, creative arts expression, physical health & development, logic & reasoning and approaches to learning.

OPEN HOUSE for Fall 2025 registration info on Thurs, 1/16 from 5–6P in the classroom (inside the Chilson Center lobby).

REGISTRATION INFO (In-person registration is for Preschool-3's only) Registration is not available online. Visit lovgov.org/SmallFries to download a registration form and submit it in person at the Chilson Center on the appropriate day. Currently enrolled families receive priority registration through 1/31. Remaining spaces are filled on a first-come, first-served basis. An annual registration fee of \$35 is due at the time of enrollment.

Alumni Registration for Fall 2025–Spring 2026 begins Mon, 2/3 (Alumni registration is for families who have had older children attend Small Fries previously, but are not currently enrolled.) Alumni families may drop off their registration at the front desk. Registration forms will not be processed at the time of drop off. Families will be contacted after 3P on 2/3 with confirmation of enrollment or waitlist spot and to pay the \$35 non-refundable registration fee if enrolled.

Public Registration for Fall 2025–Spring 2026 begins Tues, 2/4 Families will receive a number upon arrival. Numbers will begin to be handed out at 7:00A and registration begins at 7:30A.

UNIVERSAL PRE-K (UPK)

Small Fries Preschool will participate in Universal Pre-K in the 2025-2026 school year and will offer 15 hours of free programming to eligible students. Please visit lovgov.org/SmallFries for more info.



UNIVERSAL PRE-K (UPK) MATCHING PROCESS

To match to the Small Fries Preschool UPK class, you must complete a Family Application through the UPK website: upk.Colorado.gov

Fall 2025 Pre-K (UPK) Age: 4–5

Days	Dates	Times	Fee
M-W	9/2-12/17	8:30A-1:30P	Free w/UPK enrollment

Fall 2025 Preschool Age: 3–4

Days	Dates	Times	Fee
Th,F	9/4-12/19	9:00A-12:00P	\$672

LET'S MAKE MUSIC!

Key Magia Music ❖ Min/Max: 4/10

Encourage the development of your child's musical skills with a curriculum that captures children's imagination and builds connections between music, movement and early learning. Classes are designed to teach foundational music skills and also promote increased attention span, impulse control and language skills. **An adult caregiver is required to attend younger classes.**
Location: Oak Rm

Musical Baby ❖

You and your little one will enjoy special time together while participating in music and movement activities which naturally encourage baby's development. Increase your baby's curiosity about music and establish a foundation for singing and movement while having FUN together! Includes singing, bouncing, rocking, wiggle games, peek-a-book games and simple instruments.

Age: 3 mo–1.5 *No class 3/21, 4/25

F	1/10-2/14	10:50-11:20A	\$36	260720-1
F	2/21-4/4*	10:50-11:20A	\$36	260720-2
F	4/11-5/23*	10:50-11:20A	\$36	260720-3

Musical Toddler ❖

Join in with other children and caregivers as we play and explore music and movement together! Musical activities build music competency in your child as their language, motor skills and social skills grow. Includes singing, dancing, finger plays, scarf games, rhythm & tonal pattern games and instrument play.

Age: 15 mo–3.5 *No class 3/20, 3/21, 4/24, 4/25

Th	1/9-2/13	9:00-9:40A	\$48	260721-01
Th	1/9-2/13	10:00-10:40A	\$48	260721-02
F	1/10-2/14	9:55-10:35A	\$48	260721-05
Th	2/20-4/3	9:00-9:40A	\$48	260721-06
Th	2/20-4/3	10:00-10:40A	\$48	260721-07
F	2/21-4/4	9:55-10:35A	\$48	260721-10
Th	4/10-5/22	9:00-9:40A	\$48	260721-11
Th	4/10-5/22	10:00-10:40A	\$48	260721-12
F	4/11-5/23	9:55-10:35A	\$48	260721-15

Musical Child ❖

Music for your growing preschooler to nurture growing language skills, self-expression and attention span. Includes singing, instrument play, scarf games, movement, circle games and more. We will focus on keeping a steady beat, using tuneful voices and learning music language for rhythm and tonal patterns, the foundations of music education!

Age: 3–5 *No class 3/20, 3/21, 4/24, 4/25

Th	1/9-2/13	11:00-11:40A	\$48	260722-1
F	1/10-2/14	11:35A-12:15P	\$48	260722-2
Th	2/20-4/3	11:00-11:40A	\$48	260722-3
F	2/21-4/4	11:35A-12:15P	\$48	260722-4
Th	4/10-5/22	11:00-11:40A	\$48	260722-5
F	4/11-5/23	11:35A-12:15P	\$48	260722-6

Music Makers ❖

Cultivate your child's musical development as they participate in simple ensembles as well as singing and movement activities. Experimenting with vocal sounds and drawing these sounds on paper will lead to creating simple compositions. They'll also have an opportunity to lead the class in their own musical creations!

No adult necessary, but are welcome to attend.

Age: 4.5–6 *No class 3/20, 4/24

F	1/10-2/14	9:00-9:40A	\$48	260723-1
F	2/21-4/4	9:00-9:40A	\$48	260723-2
F	4/11-5/23	9:00-9:40A	\$48	260723-3

EARLY LEARNERS

Preschool Prep Series Min/Max: 4/10

Children get the hands-on experience they need to start school with excitement. These targeted prep classes focus on the social-emotional AND academic skills they need to take their love of learning to the next level. One adult per child is welcome to stay but is encouraged to initiate the drop-off process. **Children are not required to be fully toilet-trained; however, caregivers must remain onsite as restrooms are outside the classroom.**

Location: Oak Rm

Age: 2.5–3.5

Snow Much FUN

Children have snow much FUN learning about snow! Just like your child, each snowflake is different. Sensory and dramatic play encourage understanding, empathy and responsibility while individuality and confidence soar.

T	1/14-2/4	9:30-10:30A	\$56	255303-1
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Baby Animals *No class 2/18

Children learn how animal babies are different from adult animals, and how their parents care for them as they grow.

T	2/11-3/11*	9:30-10:30A	\$56	255303-2
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How Our Garden Grows

Children learn about growing plants from seeds, how plants are food for people and animals too, and have FUN digging for "worms" in the dirt!

T	4/1-4/23	9:30-10:30A	\$56	255303-3
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DROP-IN

Chilson Childcare

**Ages 3 months
through 8 years**

**Come
work out
or take
a Chilson
class and
drop the
kids off
for FUN
in Chilson
Childcare!**

**See page 2
for details.**



YOUTH ENRICHMENT

Ultimate Babysitter's Boot Camp ❖

A comprehensive skills-based class with topics covering business & leadership principles, discipline, communication, safe play, basic care for infants and children, disaster preparedness, preventing accidents, recognizing and responding to emergencies, infant and child CPR, choking and basic first aid. **CPR certification is NOT included.** Students receive a Child & Babysitting Safety Certificate from the American Safety & Health Institute. Min/Max: 6/16 Location: Tiny Tot Rm

Age: 11–16

Sa	1/18	9:00A-3:00P	\$79	261703-1
Sa	2/15	9:00A-3:00P	\$79	261703-2
Sa	3/15	9:00A-3:00P	\$79	261703-3
Sa	4/19	9:00A-3:00P	\$79	261703-4
Sa	5/17	9:00A-3:00P	\$79	261703-5

Celebrate YOUR birthday at Chilson!

Stay cool in the pool with a swim party, flip out with a gymnastics party or experience our NEW eSports party! FUN guaranteed!

More Info: lovgov.org/BirthdayParties

Play-Well TEKnologies LEGO® Camps ❖

Gear up your engineering skills with tens of thousands of LEGO® parts and experienced Play-Well instructors. Projects are rotated seasonally to ensure that both new and returning students can explore the endless creative possibilities of LEGO®. Let your imagination run wild! Min/Max: 10/16 Location: Party Rm

Age: 5–7

Winter Wonderland Engineering Bundle up, we're creating a spectacular Winter Wonderland! Build bobsleds, design snowplows, and take a ride on the Polar Express. Explore your snowiest ideas and learn STEM concepts with LEGO®.

F 1/24 4:00-5:30P \$30 261113-1

Age: 7–12

Minecraft Master Engineering Bring your favorite Minecraft adventures to life in a Minecraft world powered by LEGO®. Build shelters to keep out Creepers, craft mystical items, and perfect your crossbow skills to stop the Wither from taking over!

F 3/14 4:00-5:30P \$30 261114-1

Age: 5–12

Easter Bunny Workshop Engineer and build your own hopping Easter Bunny, then use your imagination to deliver Easter Eggs and other creative goodies. This class is for ages 5–12.

F 4/18 4:00-5:30P \$30 261115-1

Age: 7–12

Star Wars Day Celebrate Star Wars Day! As a young Jedi you can re-create one of your favorite epic battles with the sheer amount of LEGO®s that only Play-Well can provide. May the Fourth Be With You!

F 5/2 4:00-5:30P \$30 261116-1

ADVENTURE BOUND DAY CAMP

ABDC School Days Out | Spring Break

Children spend school days out and holiday breaks at the Chilson Center in our full-day licensed child care programs. A variety of crafts, games, enrichment activities and off-site field trips will keep brains and bodies actively engaged in a healthy dose of FUN! Location: Oak Rm

Grade: K-5

An annual \$35 registration fee is required for all programs offered in 2025. Please add #356903-1 to your account FIRST, then add the activity #.

More Info: lovgov.org/abdc **Questions:** 970.962.2467

** Sibling Discount

10% off for 2nd child; 15% off for add'l children

ABDC School Days Out

Register for one day or all. Bring your friends or meet new ones for days packed with FUN!

Fee: \$60/day** **Time:** 7:30A-5:30P

M	1/20	256403-1	Western Ways
M	2/17	256403-2	Holiday Hollapalooza
Tu	2/18	256403-3	Chilson Pool
Th	3/6	256403-4	PJ & Movie Day
F	3/7	256403-5	Artists Abound
F	4/25	256403-6	Field Trip Day

ABDC Spring Break

Registration is for the full 5-day week. Registration closes Monday, 3/10. Online enrollment paperwork due Wednesday, 3/12.

Fee: \$250** **Time:** 7:30A-5:30P

M-F 3/17-3/21 256703-1

LEARN TO SKATEBOARD

SkateStart Skateboarding Camps ❖

These unique programs target your beginner/never-ever as well as your little ripper. **Helmet, skateboard and proper shoes are required, unless otherwise noted.** Min/Max: 4/14
Instructor: Patrick O'Toole

Age: 6+

1-Day Camp Learn the basics using the patented SkateStart skateboard (provided), which helps with proper foot placement. Location: Loveland Sports Park, 950 N. Boyd Lake Ave.

Sa	3/15	9:00-10:30A	\$60	253913-1
Sa	5/3	9:00-10:30A	\$60	253913-3

Spring Break Camp Develop skills, learning drop-ins, Ollies and more! Basic skateboard skills required.

Location: Mehaffey Skate Park, 3285 W. 22nd St.

F	3/21	9:00A-12:00P	\$80	253913-2
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Calling All Cooks! See page 38 for a variety of youth cooking classes this season.

ABDC: Summer for Grades K-9

A state-licensed, childcare/camp program for children entering grades K-9. Awesome weekly field trips are included in camp fees. Location: Chilson Recreation Center

• **Registration Forms** can be picked up at the Chilson Center front desk or downloaded at lovgov.org/abdc. Completed forms are accepted in person ONLY (see registration dates below).

• **Registration Fee:** An annual, non-refundable \$35 registration fee is due at the time of enrollment for each enrolled child if not previously paid (annual fee covers all school days out, winter break, spring break and summer camp programs).

• Priority Summer Camp Registration for Returning 2024

Adventure Bound Families: Feb 3-6 Drop off completed registration forms along with non-refundable \$35 registration fee during Chilson hours (M-Th, 5:30A-9:00P) beginning Monday, 2/3. Priority registration ends Thursday, 2/6. Registration forms are collected and processed in the order they are received.

• Public Summer Camp Registration begins Feb 11 at 7:30A

New campers and returning families who missed priority registration can drop off completed forms with non-refundable \$35 registration fee **in-person** at the Chilson Center front desk beginning at 7:30A on Tues, 2/11. Registration is not available online. Registration forms are processed at the time of drop-off. Payment methods include cash, check or credit card.

ABDC: Summer for Grades K-5

See summer registration info in green box. Children must be 5 years old and entering grades K-5 in Fall 2025. Register only for the weeks your child will attend. Registration is for the full 5-day week, unless noted.

Days & Times: Monday-Friday; 7:30A-5:30P

Fee: \$250/wk** (unless otherwise noted)

Week	Dates	Theme
1	6/2-6/6	Futuristic Campers
2	6/9-6/13	Can You Build It?!
3	6/16-6/20	Artists in the Making
4	6/23-6/27	20,000 Leagues Under the Sea
5	6/30-7/3 (M-Th, \$200)	Fairy Tales
6	7/7-7/11	Movers & Shakers
7	7/14-7/18	Myths & Legends
8	7/21-7/25	Harry Potter Magic School
9	7/28-8/1	Planet Warriors
10	8/4-8/7 (M-Th, \$200)	Hawaiian Luau

ABDC: Summer for Grades 6-9

Has your camper outgrown traditional day camp programs?

Check out these camps that focus on age-appropriate topics and activities. See summer registration info in green box. Campers must be entering grades 6-9 in Fall 2025. **No camp held Fridays.** Optional Friday Teen Trips are provided to complete your camper's week for an additional registration (trip info including location and fees will be available at the required parent orientation in April).

Days & Times: Monday-Thursday; 8:30A-4:30P

Fee: \$205/wk**

Week	Dates	Theme
1	6/2-6/5	Outdoor Exploration
2	6/9-6/12	Helping Hands
3	6/16-6/19	Wilderness Skills
4	6/23-6/26	Amateur Detectives
5	7/7-7/10	Jr. Counselor
6	7/14-7/17	Master Chef
7	7/21-7/24	Marvel vs. DC

** Sibling Discount: 10% off for 2nd child; 15% off for add'l children



ART & COOKING

ART CLASSES AT ARTISAN YOU!

All supplies included. Completed projects are kiln-fired onsite and ready for pick-up one week after class dates.
Location: Artisan You! Studio, 405 E. 7th St.

Father's Day Handprint Platter ❖

Paint a ceramic platter with handprints! Learn painting techniques, add vibrant colors. Each child will also receive a smaller item to paint.

Age: 0-99 (One registration per family)

Sa	5/3	10:00A-12:00P	\$75	260104-1
Sa	5/17	1:00-3:00P	\$75	260104-2

Preschool Story Time Art ❖

Listen to the story *If You Give a Pig a Pancake* then dive into a pig-tastic project creating your very own piggy masterpiece!

Age: 2-5

Th	1/9	10:00-11:00A	\$15	260103-1
Sa	1/25	10:00-11:00A	\$15	260103-2

Ceramic Easter Egg Painting Party ❖

Hop in and paint three ceramic eggs using techniques like bubble paint patterns, shaving cream swirls and sgraffito scratching.

Age: 5-12

Sa	4/5	10:00-11:30A	\$29	261033-1
Sa	4/12	1:00-2:30P	\$29	261033-2

Spring Break Camp: Mystical Beasts ❖

Dive into a world of creativity, crafting your own fantastical creations including painting a ceramic mermaid box, creating a fused glass dragon and creating a clay unicorn planter. Join the magical FUN!

Age: 5-12

M-F	3/17-3/21	10:00A-12:00P	\$195	261053-1
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Fused Glass: Erasable Message Board ❖

Learn basic fused glass techniques and assemble colorful glass pieces into a functional, erasable message board.

Age: 6-12

Sa	1/11	10:00-11:30A	\$29	261043-1
Sa	2/8	1:00-2:30P	\$29	261043-2

Intermediate Fused Glass: Flower Bowl ❖

Delve deeper into advanced techniques to create a stunning flower bowl. Cut and design glass pieces to achieve intricate floral patterns, followed by the fusing and finishing stages.

Age: 16+

Sa	2/22	1:00-4:00P	\$125	262033-1
Th	4/3	6:00-9:00P	\$125	262033-2

Beg Fused Glass: Birdhouse Plant Stake ❖

Learn the basics of glass fusing to design your own birdhouse using colorful glass pieces. Discover tricks for achieving beautiful results!

Age: 16+

Th	3/6	6:00-8:00P	\$45	262034-1
Sa	3/15	1:00-3:00P	\$45	262034-2

CHILSON POTTERY STUDIO

Use of all tools, glazes and kiln firings included in class fees.
Supply list on receipt. Youth classes include use of recycled clay.
Adult classes include 25 lbs. of new clay.

You & Me Clay Series Min/Max: 4/8

Work with your child to complete a unique project and create FUN memories! Learn hand-building techniques such as roll, slab, pinch and coil. All projects will be completed stoneware. **A guardian is required to attend/participate.** Instructor: Shanel Cass-Caskey
Age: 2.5-5 (9:00-10:30A) Age: 6-12 (11:00A-12:30P)

Heart Dish				
Sa	2/1-2/8	9:00-10:30A	\$35	163043-1
Sa	2/1-2/8	11:00A-12:30P	\$35	163043-2
Bird House				
Sa	4/5-4/12	9:00-10:30A	\$35	163043-3
Sa	4/5-4/12	11:00A-12:30P	\$35	163043-4
Mother's Day Vase				
Sa	4/26-5/3	9:00-10:30A	\$35	163043-5
Sa	4/26-5/3	11:00A-12:30P	\$35	163043-6

Pottery for Youth & Homeschoolers Min/Max: 4/6

Concentrate on the basics of hand-built stoneware, including various methods of forming pieces, glazing, tools and more! Create pieces you can enjoy. Instructor: Carolyn Pearce ***No class 2/18**

Youth Age: 8-13

T	1/14-2/25*	4:30-6:00P	\$90	163016-1
T	3/25-4/29	4:30-6:00P	\$90	163016-2

Homeschoolers Age: 5-7 (10-11:30A) Age: 8-13 (1:30-3P)

T	1/14-2/25*	10:00-11:30A	\$90	163017-1
T	1/14-2/25*	1:30-3:00P	\$90	163017-2
T	3/25-4/29	10:00-11:30A	\$90	163017-3
T	3/25-4/29	1:30-3:00P	\$90	163017-4

Exploring the Wheel Min/Max: 4/7

Learn how to throw on the wheel or refine your skills as you make functional forms. All levels. Instructor: Shanel Cass-Caskey

Age: 13+

Th	1/16-2/27	9:30A-12:00P	\$175	163008-1
Sa	1/18-3/8	2:30-5:00P	\$200	163008-2
Th	4/3-5/15	9:30A-12:00P	\$175	163008-3

Hand Building: Basics Min/Max: 4/10

Learn to work with clay to hand build projects using the slab roller, extruder and hand tools. Create one-of-a-kind pieces while learning a variety of glazing techniques. Instructor: Shanel Cass-Caskey

Age: 13+ *No class 2/14, 4/25

F	1/17-2/28*	9:30A-12:00P	\$150	163007-1
F	4/4-5/16*	9:30A-12:00P	\$150	163007-2
Sa	4/5-5/17	2:30-5:00P	\$175	163007-3

Ceramic Sampler Min/Max: 4/6

Explore the wheel and hand building techniques in this FUN mini class. All skill levels welcome! Instructor: Marya Osgood

Age: 13+

Su	1/12-2/2	2:00-4:00P	\$80	263503-1
Su	2/16-3/9	2:00-4:00P	\$80	263503-2

Clay and Create Min/Max: 4/6

Get your hands in the clay and melt the stress away! Create hand built pieces & explore decorating techniques. Inst: Marya Osgood

Age: 13+ *No class 3/17, 4/28

W	1/15-2/12	5:30-7:30P	\$110	263603-1
M	2/24-3/31*	5:30-7:30P	\$110	263603-2
M	4/7-5/12*	5:30-7:30P	\$110	263603-3
W	4/2-4/30	5:30-7:30P	\$110	263603-4

Open Pottery Studio Min/Max: 4/10

Attend as many of these studio times as you like. An instructor is present to offer ideas, however no formal instruction is provided. Projects may not receive priority. Instructor: Shanel Cass-Caskey

Age: 13+ *No class 1/20, 2/14, 2/17, 4/25

M	1/13-3/3*	9:00A-12:00P	\$180	163041-1
W	1/15-3/5	9:00A-12:00P	\$240	163041-2
F	1/17-2/28*	5:00-8:00P	\$180	163041-3
M	3/31-5/12	9:00A-12:00P	\$210	163041-4
W	4/2-5/14	9:00A-12:00P	\$210	163041-5
F	4/4-5/16*	5:00-8:00P	\$180	163041-6

Pottery Date Night Min/Max: 4/4

Grab your significant other, bestie or a family member play in clay and make a one of a kind pot. Instructor: Marya Osgood

Age: 13+ *Price is per couple

Sa	3/29	4:00-6:00P	\$120*	263703-1
Sa	5/10	6:00-8:00P	\$120*	263703-2

HOOKS & NEEDLES

Needle Felting 101 Min/Max: 5/6

Learn the basic skills to create needle felted wool sculptures, paintings and wearable art pieces. Join these FUN class projects! **\$10 supply fee for wool & needles payable to instructor at class.** Instructor: Debby Widolf | Location: Oak Rm

Age: 21+

Winter Wonderland Wool Painting

Sa	1/18	2:00-5:30P	\$30	191101-1
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Valentine Kitty

Sa	2/8	9:30A-1:00P	\$30	191101-2
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Fairy Grandma

Sa	3/15	9:30A-1:00P	\$30	191101-3
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Peep Bunny

Sa	4/12	9:30A-1:00P	\$30	191101-4
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Mother's Day Pendant

Sa	5/3	9:30A-1:00P	\$30	191101-5
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Knitting I Min/Max: 5/7

Learn about yarns, fibers and the tools of the trade. Read patterns and make an easy project such as a scarf, placemat or dishcloth.

\$10 supply fee payable to instructor at first class.

Instructor: Lisa Ragsdale | Location: Chilson Conference Rm

Age: 12+

T	4/1-4/15	1:00-2:00P	\$40	259150-1
W	5/7-5/21	1:00-2:00P	\$40	259150-2

Crochet I Min/Max: 5/7

Learn how to chain, do basic stitches and read simple patterns.

Fibers and yarn will be introduced. Make an easy project such as a scarf, placemat or dishcloth. **\$10 supply fee payable to instructor at first class.**

Instructor: Lisa Ragsdale
Age: 12+ Location: *Chilson Conference Rm **Oak Rm

W	4/2-4/16*	1:00-2:00P	\$40	259151-1
T	5/6-5/20**	1:00-2:00P	\$40	259151-2

Advanced Knitting & Crochet Min/Max: 4/7

Continue your skills and learn pattern reading, problem solving, shaping, texture stitches, tips & tricks, using color and gaining confidence with new stitches. **Supply list on receipt.**

Instructor: Lisa Ragsdale

Age: 15+ Location: *Chilson Conference Rm **Oak Rm

T	4/22*	12:00-2:00P	\$40	259229-1
W	5/28**	12:00-2:00P	\$40	259229-2

YOUTH COOKING

Youth Cooking ♦ Min/Max: 6/16

Indulge in some easy and healthy comfort foods. This is a hands-on cooking class so feel free to bring your apron. All recipes are vegetarian-vegan friendly. Menu: creamy tomato soup, homemade mac and cheese, sweet potato & carrot fries, chocolate mug cake. A consent form is required. All supplies included. Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 6-13

Comfort Foods

Su	2/9	1:30-3:30P	\$30	161800-1
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Pancake Brunch

T	3/18	1:30-3:30P	\$30	161800-2
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Celebrating Spring

W	3/19	1:30-3:30P	\$30	161800-3
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Homemade Chips & Dips

Th	3/20	1:30-3:30P	\$30	161800-4
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Spring Desserts

F	3/21	1:30-3:30P	\$30	161800-5
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Food for Life: Nutrition & Cooking Camp ♦

Poor diet and lack of exercise put today's children at greater risk for heart disease, diabetes and cancer later in life. A foundation for healthy eating is needed to lessen the risk for chronic diseases.

The curriculum highlights the positives of the four food groups in the Power Plate. Kids learn about nutrition and how to cook healthy recipes in each class. A consent form is required. All supplies included. Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 6-12

Bang-up Breakfasts

T	5/27	1:30-3:30P	\$27	161803-1
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In Between Meals

W	5/28	1:30-3:30P	\$27	161803-2
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Rainbow Lunches

Th	5/29	1:30-3:30P	\$27	161803-3
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Digging These Dinners

F	5/30	1:30-3:30P	\$27	161803-4
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All sessions

T-F	5/27-5/30	1:30-3:30P	\$95	161803-5
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ADULT COOKING

Indian Comfort Food ♦ Min/Max: 5/13

Sometimes you just don't feel like cooking. No matter the reason, the idea of going to the kitchen and trying to make a fancy dish is unthinkable. The solution is an easy, super palatable, one-pot meal for all the lazy days. Menu: traditional Khichadi, millet Khichadi with veggies, a side dish with asparagus, golden milk. All recipes are gluten-free. Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 14+

Th	1/23	6:00-8:15P	\$50	159123-1
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Foundations of Curry ♦ Min/Max: 5/13

Use this "mother sauce" to prepare many variations of Indian dishes. Menu: veg Kadai, chickpea & potato curry, Bharta (roasted eggplant). All recipes are gluten-free. Instructor: Sapna Von Reich | Loc: Cherry

Age: 14+

Th	2/6	6:00-8:15P	\$50	161901-1
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Curry in a Hurry ♦ Min/Max: 5/13

American efficiency meets the authentic Indian curry. Learn about making curry in the modern world by trying three different styles of Indian curry, each taking less than 20 minutes. All dishes that are hot and spicy are not curries. Menu: Red Bean Curry, Butternut Squash Curry and Mixed Vegetable Coconut Curry. All recipes are gluten-free. Instructor: Sapna Von Reich | Location: Cherry

Age: 14+

T	3/4	6:00-8:15P	\$50	259641-1
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The Greens of India ♦ Min/Max: 5/13

A nutritional powerhouse, greens are delicious sautéed and pair beautifully with a multitude of spices, grains, beans and proteins from all corners of the planet. Menu: sautéed mixed greens, lentil curry with Swiss chard, kale with potatoes, green raita (yogurt sauce) and sweet (green) treat. All recipes are gluten-free.

Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 14+

W	4/30	6:00-8:15P	\$50	259643-1
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Street Food of India ♦ Min/Max: 5/13

All it takes for the great masters on the streets of this world is a tiny stove, elementary tools and an immersion into the soul of the food. Come experience culture right off the streets of India without any of the airplane fares. Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 14+

Th	5/8	6:00-8:15P	\$50	159101-1
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Quick Thai Food Min/Max: 6/12

Who needs take out when you can make your favorite Thai dishes at home. Learn how to use authentic ingredients to prepare and cook Thai food. Menu: Thai crispy pork belly, Yum Woon Sen (Thai noodle salad with minced pork, fresh lime juice, shallots and cilantro), sticky rice, Thai coconut Jello. Bring your apron. **\$35 supply fee payable to instructor.**

Instructor: Sim Suinn | Location: Cherry Rm

Age: 18+

T	2/4	6:00-8:30P	\$12	259649-1
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Thai Street Food Min/Max: 6/12

Thailand is one of the best places to find delicious, quick and cheap food at any time of the day. Learn how to choose ingredients, prepare and cook them. Menu: Tom Yum fried rice, spicy noodle with basil, tapioca in coconut milk. Bring your apron. **\$35 supply fee payable to instructor.**

Instructor: Sim Suinn | Location: Cherry Rm

Age: 18+

T	3/11	6:00-8:30P	\$12	259502-1
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Chinese at Home Min/Max: 6/12

Who needs takeout when you can easily create delicious Chinese dishes at home? Learn techniques, tips and tricks for making your favorites Chinese takeout. Menu: egg drop soup, orange chicken, stir fry dried noodle. Bring your apron. **\$35 supply fee payable to instructor.** Instructor: Sim Suinn | Location: Cherry Rm

Age: 18+

T	4/1	6:00-8:30P	\$12	259300-1
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Explore. Give Back. Volunteer.

The Loveland Parks & Recreation Department is fortunate to have the dedicated support of hundreds of local volunteers.

Volunteers assist with community education, coaching, special events, open lands maintenance & clean up, program facilitation/tracking and more!

Our volunteers are invaluable and crucial to the success of many programs. Come join our team!



City of
LOVELAND
PARKS & RECREATION

GET CONNECTED!
lovgov.org/Volunteer
TeamSideline.com/Loveland
Offero.CityofLoveland.org



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OPEN LANDS & TRAILS

FREE PROGRAMS & ACTIVITIES

JANUARY

[Volunteer Open House](#)

PEEPs* Exploration

Nature Journaling/Sketching (indoors)

[Clean-up Day – Sunset Vista/Long View Trail](#)

FEBRUARY

[Volunteer Open House](#)

[Raptor Monitor Volunteer Training](#)

PEEPs* Exploration

Nature Journaling/Sketching (indoors)

MARCH

[Environmental Education Volunteer Training](#)

PEEPs* Exploration

Nature Journaling/Sketching (indoors)

Guided Walks begin – birds, plants, history, geology

[Nature Cabin Docent Volunteer Training](#)

Details & Registration: [Offero.CityofLoveland.org](https://offero.cityofloveland.org)

APRIL

Viestenz-Smith Mountain Park opens for season

Astronomy Night

Environmental Education School Programs begin

PEEPs* Exploration

Nature Journaling/Sketching (outdoors)

Guided Walks – birds, plants, history, geology

Earth Day Celebration

[Weed Warrior Projects](#)

[Native Garden Care & Maintenance Projects](#)

[Trail Host Volunteer Training](#)

[Nature Cabin Docent Volunteer Training/Social](#)

MAY

Astronomy Night

PEEPs* Exploration

Nature Journaling/Sketching (outdoors)

Guided Walks – birds, plants, history, geology

[Native Garden Care & Maintenance Projects](#)

[Stewardship and Restoration Projects](#)

[Weed Warrior Projects](#)

Nature Cabin opens – see Offero for dates

[Nature Cabin Docent Volunteer Training/Social](#)

Events in blue = VOLUNTEER opportunities

*PEEPs = Preschool Environmental Education Program

Have you signed up for Offero yet?

Register for activities, receive program updates and sign up to volunteer! [Offero.CityofLoveland.org](https://offero.cityofloveland.org)



OPEN LANDS	AMENITIES & RECREATION OPPORTUNITIES											
Boedecker Bluff 4750 W. First St.				✓	✓	✓		✓ Fee			✓	✓
Boise Bend 1225 S. Boise Ave.	✓			✓		✓		✓			✓	✓
Boyd Lake (State Parks Partnership) 6500 N. Cty. Rd. 11C	✓ Fee	✓	✓	✓				✓	✓		✓	✓
Cottonwood Run Taft-Wilson along Big Thompson River	✓ at Wilson			✓	✓	✓	✓	✓			✓	✓
Devil's Backbone (County fee area) 1725 Hidden Valley Dr.	✓	✓	✓	✓	✓	✓					✓	✓
Emerald Glen Wilson Ave. & 43rd St.				✓			✓				✓	✓
King's Crossing 990 S. Lincoln Ave.	✓			✓		✓	✓	✓			✓	✓
Mariana Butte 701 Clubhouse Dr.	✓	✓		✓		✓ No bikes					✓	✓
Meadowbrook 2000 Cascade Ave.				✓		✓	✓				✓	✓
Morey Wildlife Reserve 5439 Cedar Valley Dr.		✓		✓		✓ No bikes		✓				✓
Namaqua (and Park) 816 N. Cty. Rd. 19E (Namaqua Rd.)	✓	✓	✓					✓			✓	✓
Old St. Louis 1010 S. St. Louis Ave.	✓			✓	✓	✓	✓	✓			✓	✓
Oxbow 1135 & 1140 Rossum Dr.	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓
Prairie Ridge 6400 N. Wilson Ave.	✓	✓		✓	✓	✓ No e-bikes						✓
River's Edge 960 W. First St.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Round Mountain 1300 W. Highway 34	✓	✓		✓	✓	✓					✓	✓
Sunset Vista 1323 W. 57th St.	✓	✓	✓	✓	✓	✓ No bikes	✓				✓	✓
Viestenz-Smith (Open April-October) 1211 W. Highway 34	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓
Wild 5608 W. Highway 34	✓	✓		✓		✓		✓			✓	✓

KNOW BEFORE YOU GO! Check for trail updates on COTREX at [Trails.Colorado.gov](https://trails.colorado.gov) or download the free app.

See page 53 for open lands & natural areas map and rules; see page 54 for recreation trail map.

VOLUNTEER OPPORTUNITIES – OPEN LANDS & TRAILS

Trail Host Program

FREE training is available for volunteer Trail Hosts to visit open lands and trails and engage with visitors, answer questions and report information about public use.

Environmental Educators

FREE training is available for volunteers to help teach K–5 students about Colorado wildlife, plants and the environment.

Stewardship & Special Projects

Volunteers are needed for stewardship projects year-round, such as habitat plantings, seed collection, weed removal, river cleanups and more. No experience necessary; all materials provided.

Sign up on Offero: Offero.CityofLoveland.org

More info: lovgov.org/OLVol

Coordinator: 970.962.2643 Michele.VanHare@CityofLoveland.org

All activities are subject to change. More info: lovgov.org/ParksRecreation



ADULT ENRICHMENT

LEARN. SMILE. REPEAT

Acoustic Guitar – Beginning & Intermediate

Learn technique, fundamental theory, cords and tablature. Try your hand with melodies while getting started using song strumming and picking. **Bring your own guitar to class.**

Min/Max: 6/8 Location: Oak Rm

Age: 19+

Beginning

Sa	1/4-1/25	9:00-10:30A	\$65	159601-1
Sa	3/1-3/22	9:00-10:30A	\$65	159601-2

Intermediate

T	1/7-1/28	5:00-6:30P	\$65	159601-3
T	3/4-3/25	5:00-6:30P	\$65	159601-4

Continuing Chess: Level 2 Min/Max: 6/8

This class is for players who know basic moves, have played a few games and want to learn tactics and tricks the masters use. Instructor is available for 30 minutes after class time to review and answer questions. Instructor: Jim Roode | Location: Maple/Spruce

See page 45 for info on drop-in chess games in the Senior Center lobby three times per week!

Age: 18+

Th	1/9-1/30	1:30-3:00P	\$15	190028-1
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Casino Gambling for Fun Min/Max: 4/12

Are you interested in Black Jack, Roulette or Baccarat? Here is your chance to play these games and learn the strategy as well as advanced techniques to make your next gambling junket profitable in a real casino. **Required book: \$25 payable to instructor at first class.**

Instructor: Haiko Eichler | Location: Cherry Rm

Age: 21+

W	1/22-2/26	2:00-4:00P	\$10	290025-1
W	3/12-4/16	2:00-4:00P	\$10	290025-2

NEW! Life Stories Min/Max: 4/6

Tell your life story through a guided autobiography workshop. Using curriculum from *Telling the Stories of Life Through Guided Autobiography Groups*, you will workshop a new writing exercise each week. This class will help develop writing skills, confidence, create awareness of past experiences, encourage hopefulness for the future and more.

Instructor: Clay Carter | Location: Oak Rm

Age: 55+

Th	3/27-5/29	2:00-3:00P	\$20	259303-1
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STRUT YOUR STUFF

Line Dance Min/Max: 8/40

Get exercise and socialize! Instructor: Tracey Ingraham

Age: 18+ *No class 3/17-3/21

Country Line Dance – Contemporary

Dance the hottest new line dances to current country music and top 40 hits. Dances vary from beginner to intermediate levels, so some line dancing experience is a plus. Location: Hickory/Maple/Spruce

W	1/8-1/29	8:00-9:00A	\$22	190087-1
W	2/5-2/26	8:00-9:00A	\$22	190087-2
W	3/5-3/26*	8:00-9:00A	\$17	190087-3
W	4/2-4/30	8:00-9:00A	\$28	190087-4
W	5/7-5/21	8:00-9:00A	\$17	190087-5

Country Line Dance – Beginning

Learn beginning line dance steps including grapevine, coaster step, triple step, jazz box and more. Location: Hickory/Maple/Spruce

M	1/6-1/27	9:45-10:45A	\$22	190084-1
M	2/3-2/24	9:45-10:45A	\$22	190084-2
M	3/3-3/31*	9:45-10:45A	\$22	190084-3
M	4/7-4/28	9:45-10:45A	\$22	190084-4
M	5/5-5/19	9:45-10:45A	\$17	190084-5

Country Line Dance – High Beginning

For those who have taken a beginner class, but aren't ready for the Continuing class. Location: Hickory/Maple/Spruce

W	1/8-1/29	9:05-10:05A	\$22	190085-1
W	2/5-2/26	9:05-10:05A	\$22	190085-2
W	3/5-3/26*	9:05-10:05A	\$17	190085-3
W	4/2-4/30	9:05-10:05A	\$28	190085-4
W	5/7-5/21	9:05-10:05A	\$22	190085-5

Country Line Dance – Continuing

For those who already know a step or two! Location: Fitness/Dance

Th	1/9-1/30	10:45A-12:15P	\$32	190086-1
Th	2/6-2/27	10:45A-12:15P	\$32	190086-2
Th	3/6-3/27*	10:45A-12:15P	\$24	190086-3
Th	4/3-4/24	10:45A-12:15P	\$32	190086-4
Th	5/1-5/22	10:45A-12:15P	\$32	190086-5

Country Line Dance – Intermediate

Intermediate levels only. Learn more advanced country line dance steps. More dances, faster pace! Location: Fitness/Dance

Th	1/9-1/30	12:30-1:45P	\$28	190088-1
Th	2/6-2/27	12:30-1:45P	\$28	190088-2
Th	3/6-3/27*	12:30A-1:45P	\$21	190088-3
Th	4/3-4/24	12:30-1:45P	\$28	190088-4
Th	5/1-5/22	12:30-1:45P	\$28	190088-5

Tap Dance – Level 1 & 2 Min/Max: 6/12

Have FUN while exercising your body and your brain. Dancing is the best activity for keeping your brain active and can prevent osteoporosis. Instructor: Sally Fortenberry | Location: Maple/Spruce

Age: 18+

Level 1 Tap basics for anyone who has not danced

with Sally. Covers basic steps, terminology and tap history.

T	3/25-5/13	1:30-2:30P	\$80	190035-1
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Level 2 For those with recent experience; instructor permission required. Moves fast with complicated choreography.

T	3/25-5/13	2:45-3:45P	\$80	190035-2
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Dance the night away at our community dances twice a month – with live bands!
See page 4 for more information.

HEALTH & WELLNESS

Know the Ten Signs of Alzheimer's Min/Max: 6/30

This course teaches the common signs of Alzheimer's and identifies the next steps to take, including talking to your doctor and what the diagnostic process involves. Location: Oak Rm

Age: 18+

Th	1/16	10:00-11:00A	FREE	191010-1
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UCHealth/Aspen Club Balance Screenings

Physical and Occupational Therapists will assess your fall risk using the STEADI (Stopping Elderly Accidents, Deaths, & Injuries) initiative tools and protocols. Balance and fall prevention strategies, programs and resources will be shared based on your results.

Min/Max: 4/13 Location: Chilson Conference Rm

Age: 18+

***After registration, you will be contacted to schedule a**

20-minute appointment time between 9:30A-1:30P

W	1/22	9:30A-1:30P*	FREE	191272-1
W	2/26	9:30A-1:30P*	FREE	191272-2
W	3/26	9:30A-1:30P*	FREE	191272-3
W	4/23	9:30A-1:30P*	FREE	191272-4
W	5/28	9:30A-1:30P*	FREE	191272-5

HomeShare Info Session Min/Max: 1/20

Come learn about Neighbor to Neighbor's HomeShare program. Participants can include home providers (homeowners or renters with landlord approval who have a room for rent) and home seekers (age 18+ looking to rent a room). Location: Oak

Age: 18+

T	2/17	2:00-3:00P	FREE	191383-1
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Managing Money – A Caregivers Guide to Finances Min/Max: 6/40

Understand the cost of caregiving and the benefits of early planning. Learn how to start a conversation about finances, assess financial and legal needs, avoid financial abuse and fraud and find support when needed. Location: Cherry Rm

Age: 18+

Th	3/6	1:00-2:00P	FREE	291029-1
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Get Your Advance Directives Done Min/Max: 6/20

Advance directives help you formally document your preferences and values to guide future medical care. Learn about medical health care directives and have an opportunity to complete and notarize them. If you prefer, materials can be sent via email or mail and a follow-up consultation is available at no cost. Location: Party Rm

Age: 18+

T	3/18	2:00-3:30P	FREE	291876-1
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Natural Solutions to Peripheral Neuropathy

Peripheral neuropathy is a condition of damaged nerves causing weakness, burning, pain, numbness, tingling and debilitating balance problems that steal your quality of life. Come learn about the latest science and research to help you regain confidence in your body. Min/Max: 10/50 Location: Oak Rm

Age: 18+

W	4/2	11:00A-12:00P	FREE	191013-1
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Understanding Alzheimer's & Dementia

Learn the difference between Alzheimer's and dementia, stages, risk factors and the latest in research and FDA approved treatments. Min/Max: 6/40 Location: Cherry Rm

Age: 18+

Th	5/1	10:00-11:00A	FREE	191004-1
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ACTIVE GENERATION

FIND YOUR FIT

Group Fitness Schedules

Available at the Chilson Recreation/Senior Center front desk and online. **See group fitness class info on page 11.** Class schedules subject to change. **Current schedule:** lovgov.org/FitnessWellness

Group Fitness Classes

at Chilson

Drop in for individual classes and use your Chilson pass (including SilverSneakers® or Renew Active passes) or pay the daily fee.

Virtual (virtual classes thru December 2024 only)

Register for virtual classes by the week and use your Chilson pass (including SilverSneakers® or Renew Active passes) or pay the fee below.

Need help registering for a virtual class?

Call 970.962.2446

Fee: \$10/week for unlimited virtual classes (use keyword "virtual"; receipt has Zoom links)

Senior Activity Card (SAC) Benefits! ♦

Benefit #1 Registration priority for day trips

Benefit #2 Discounted fees for day trips

Benefit #3 Reduced admission to senior dances

Anyone age 62+ can purchase a card. The SAC is \$20 per person and is valid for one year from the purchase date. Please refer to listings denoted by this symbol: ♦ for discounted rates.

Spa Services for All Ages

Therapeutic Massage 30-min, 60-min or 90-min

Joyce Meis, LMT: 970.691.3441

Kirsten Bishop, LMT: 808.462.2096

Medically Based Foot Care, Patti Krkosa, RN

720.442.2615 • 1st & 3rd Thursday, 8:30A–4:00P

Welcome & Orientation

Join us for a “get to know you” presentation and tour where we provide info about the Senior Center and answer your questions. Location: Oak Rm • FREE Tuesdays 1/28, 2/25, 3/25, 4/29, 5/27 • 1:00–2:00P

CLUBS | ACTIVITIES

Bookworms Book Club

(thru December 2024 – TBD for 2025 dates)

2nd Tues of month | 1:30–3P | Party Rm | FREE

Contact: Janette Edwards, 970.962.2759

Card Games, Golden Age Card Club

Mon | 1–4P | Cherry Rm | Donation

Contact: Susan Levine, 954.802.7212

Chilson Senior Advisory Committee

3rd Tues of month | 1–2:30P | Senior Center

Contact: 970.962.2428

Fishing Club

3rd Tues of month | 2–4P | Cherry Rm | FREE

Contact: FishingClubLoveland@gmail.com

National Association of Retired Federal Employees (NARFE)

2nd Tues of month (Sept–May only), 1:30P

Contact: Richard Bacon, 970.744.0439

DROP-IN ACTIVITIES

Drop-In Billiards

Mon–Fri | 8A–4:30P | Donation

Drop-In Open Chess Challenge

Mon, Wed, Fri | 1–4:30P | FREE

Drop-In Table Tennis

Mon, Wed, Thurs | 1:30–4P | Donation

NEW! Drop-In Open Mahjong

Wed | 1–3P | FREE

NUTRITION | HEALTH

VOA Senior Community Lunch

By reservation only; call 970.472.9630, ext. 1

Fee: \$3 suggested donation

In Person Dining & Meal Pick-Up:

Mon, Tues, Thurs, Fri 11:45A–12:15P

UCHealth Blood Pressure Checks

Get your blood pressure checked by a UCHealth Community Health Improvement RN. Discussion about healthy lifestyle and general blood pressure information is also available. No appointment necessary - FREE! **Dates:** Mondays 1/27, 2/24, 3/24, 4/28, 5/19 **Times:** 9:00A–1:00P

See page 43 for health & wellness classes!

SCHOLARSHIPS | DONATIONS

Senior Scholarship Program

If you are in need of financial assistance to register for our programs, please stop by the Chilson Senior Center to obtain an application and learn more about the program. Scholarship funds are available for most active generation, fitness, health, wellness, adult enrichment, outdoor recreation, art and cooking programs listed in the Loveland Activity Guide. You must be 62 or older and live within the City of Loveland boundaries. Scholarships are granted on a funds-available basis and are provided through the Chilson Senior Advisory Committee (CSAC).

Donate in Someone's Memory

Honor the memory of someone special with a donation in remembrance to the Chilson Senior Center. This donation offers a way to carry on your loved one's positive legacy. Your gift allows others to enjoy recreation programs through our scholarship program and provides funds to purchase equipment and supplies for the Senior Center.

SPECIAL EVENTS

Bingo Min/Max: 20/60

Get out and play Bingo at Chilson. FUN prizes! Register in person at the Senior Center front desk or online. Location: Cherry Rm

Age: 55+

F	1/17	1:00-3:00P	\$4	195030-1
F	2/14	1:00-3:00P	\$4	195030-2
F	3/7	1:00-3:00P	\$4	195030-3
F	4/25	1:00-3:00P	\$4	195030-4
F	5/16	1:00-3:00P	\$4	195030-5

NEW! Fun & Games Social Min/Max: 20/60

Love board games and having FUN with others? Join us for games, refreshments and FUN! Get to know each other while you play cards, checkers, chess, puzzles, Scrabble, UNO, Sorry! and more. Games include XL Jenga and Connect 4. Chance to win prizes during event! Location: Cherry Rm

Age: 55+

Th	3/6	3:00-5:00P	\$10	195026-1
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Join us for two upcoming special events!

Fri, 3/14 - St. Patrick's Day Luncheon

Sat, 4/12 - Pancake Breakfast & Plant Sale

See page 5 for all the details.

DAY TRIP REGISTRATION

- Senior Activity Card (SAC) holders have priority registration for day trips.
In-Person SAC Priority Registration:
Tues, 12/3–Tues, 12/10 beginning at 8:30A
Online SAC Priority Registration
Register online beginning Mon, 12/2 at 6P at lovgov.org/WebTrac (limited spots available online).
- Anyone age 62+ can purchase a SAC. The card is \$20 per person and is valid for one year from the purchase date. See page 44.
- **Trip registrations open to all participants age 18+ (unless otherwise noted) on Wed, 12/11.**
- Participants are transported in City van or motor coach from the Senior Center; **check-in required 15 min prior to departure in the senior lobby.**
- Trip cancellations or refunds may be granted pending circumstances of the trip. See page 56 for policies; call 970.962.2336 w/questions.
- Participants must advise staff of any special accommodation at the time of registration; if a wheelchair or walker is needed, please call 970.962.2464 to inquire if the trip is accessible.

Lunch/Dinner Bunch Trips ♦ Min/Max: 10/14
Explore new dining experiences in Northern Colorado each month. **Meal cost on your own for \$15–28.**

Sherpas Adventure Restaurant (Boulder)

Day	Date	Time	Fee	SAC	Trip #
F	1/3	11:00A-3:00P	\$27	\$25	193040-1

The Sand Bar at Pelican Lake (Windsor)

Day	Date	Time	Fee	SAC	Trip #
Th	2/6	4:30-7:30P	\$25	\$23	193040-2

Carelli's Italian (Boulder)

Day	Date	Time	Fee	SAC	Trip #
Th	3/6	4:00-8:00P	\$27	\$25	193040-3

Anchain Thai (Longmont)

Day	Date	Time	Fee	SAC	Trip #
T	4/8	11:30A-3:00P	\$25	\$23	193040-4

Santeramo's Italian (Greeley)

Day	Date	Time	Fee	SAC	Trip #
W	5/14	4:00-7:30P	\$25	\$23	193040-5

Stay Informed on all things happening with Loveland Parks & Recreation. Sign up for our e-newsletter: lovgov.org/ParksRecreation

Casino Trips: Bally's ♦ Min/Max: 35/53

Feeling lucky? Hop aboard a comfortable motor coach as we make our way to Black Hawk for some FUN at *Bally's Black Hawk Casino*! Receive \$10 free slot play OR \$15 food credit upon playing and achieving 100 points. Destination: Black Hawk
We reserve the right to cancel casino trips based on weather conditions and/or min number of required participants. **Listen to your voicemail one week prior to the trip as we will confirm or cancel the trip.**

Age: 21+

Day	Date	Time	Fee	SAC	Trip #
T	1/7	8:15A-5:00P	\$30	\$28	193035-1
T	3/4	8:15A-5:00P	\$30	\$28	193035-2
T	5/6	8:15A-5:00P	\$30	\$28	193035-3

Colorado Eagles Hockey ♦ Min/Max: 10/14

Enjoy the high energy of the Colorado Eagles as they battle it out on the ice! Prior to the game enjoy dinner at a local restaurant near the event center (**cost on your own for \$16–22**). Destination: Johnstown

Day	Date	Time	Fee	SAC	Trip #
F	1/10	4:00-10:00P	\$57	\$55	193016-1
F	4/11	4:00-10:00P	\$57	\$55	193016-2

Comedy Brewers | Bas Bleu Theatre ♦

Mark your calendars for a night of laughter with improv comedy at the quaint Bas Bleu Theatre in downtown Fort Collins. Prior to the show enjoy dinner at *Ginger & Baker* (**cost on your own for \$16–22**).

Min/Max: 10/14 Destination: Fort Collins

Day	Date	Time	Fee	SAC	Trip #
Su	1/12	4:00-9:00P	\$40	\$38	193017-1

XTREME Dogs | National Western

Stock Show ♦ Min/Max: 20/23

Dog lover's unite for a show full of amazing tricks, aerial stunts and unpredictable antics – all performed by man's best friend. Trained to run, jump and retrieve at incredible speeds, this cast of canines thrills audiences, barking their way into your hearts. Before the show enjoy the trade show and have dinner at the *Blue Moon Brewery* (**cost on your own for \$16–20**).

Travel in the comfort of a motor coach!

Destination: Denver

Day	Date	Time	Fee	SAC	Trip #
M	1/20	10:00A-5:30P	\$84	\$82	193018-1

Receive discounts on trips and dances offered at the Senior Center and also receive priority trip registration!

See page 44 for all the details.

Oklahoma | Candlelight Dinner Theatre ♦

A high spirited rivalry between local farmers and cowboys provides a colorful background for Curly and Laurey to play out their love story. Their romantic journey, as bumpy as a surrey ride down a country road, contrasts with the comic exploits of a brazen Ado Annie & hapless Will Parker in musical adventure embracing hope, determination and the promise of new land. **Fee includes lunch, show, tax and gratuity (alcoholic beverages & dessert are extra plus tax/gratuity on these items).** Min/Max: 14/28
Destination: Johnstown

Day	Date	Time	Fee	SAC	Trip #
Sa	1/25	11:15A-5:00P	\$107	\$105	193019-1

Breckenridge Ice Sculptures ♦

Climb aboard a comfortable motor coach for a ride to beautiful Breckenridge for the annual International Snow Sculpture Championships! Enjoy lunch downtown (**cost on your own at one of the many restaurants for \$18–22**). This is a snowy, high altitude environment, so dress warmly and wear high traction shoes. Bring a hiking pole if needed. Min/Max: 24/36 Destination: Breckenridge

Day	Date	Time	Fee	SAC	Trip #
T	1/28	7:30A-5:30P	\$85	\$83	193020-1

Habitat Earth | Fiske Planetarium ♦

Narrated by Frances McDormand, *Habitat Earth* plunges below the ocean's surface to explore the dynamic relationships found in deep ocean ecosystems and digs beneath the forest floor to discover how Earth's tallest trees rely on tiny fungi to survive. Join us on this immersive journey through the interconnectedness of life on Earth. Prior to the show enjoy lunch at *The Roadhouse Boulder Depot* (**cost on your own for \$16–20**). Min/Max: 14/28
Destination: Boulder

Day	Date	Time	Fee	SAC	Trip #
Sa	2/1	10:30A-4:30P	\$43	\$41	193021-1

Center for Colorado Women's History Tea & Tour ♦ Min/Max: 14/23

The Center for Colorado Women's History is a history museum that focuses on the bold stories, memories and experiences of women of Colorado. Within the heart of Denver, the museum is located in an Italian style historic home built in 1883, and restored to the 1912–1924 period. Our docent-led tour is 45 minutes prior to our two-course tea. Destination: Denver

Day	Date	Time	Fee	SAC	Trip #
W	2/12	9:00A-2:30P	\$70	\$68	193022-1

KODO One Earth Tour | Mackey Theatre ♦

Exploring the limitless possibilities of the traditional Japanese drum, KODO amazes with its unique combination of supreme artistry and physical endurance, creating a mesmerizing, riveting and spiritual experience. Experience the soul-stirring rhythm first hand at the beautiful CU Mackey Theatre. Prior the show have dinner in downtown Longmont at *The Pumphouse Brewery* (**cost on your own for \$16–22**). Min/Max: 14/28 Destination: Boulder

Day	Date	Time	Fee	SAC	Trip #
Sa	2/15	3:30-10:30P	\$70	\$68	193023-1

Ain't Too Proud - The Life & Times of The Temptations ♦ Min/Max: 10/14

An electrifying, smash-hit Broadway musical that follows The Temptation's extraordinary journey from the streets of Detroit to the Rock & Roll Hall of Fame. The unforgettable story of this legendary quintet is set to the beat of the group's treasured hits, including "My Girl," "Just My Imagination," "Papa Was a Rolling Stone" and many more. Prior to the show, enjoy dinner at *Oregano's Bistro* (**cost on your own for \$16–22**). Destination: Fort Collins

Day	Date	Time	Fee	SAC	Trip #
F	2/21	4:00-11:00P	\$92	\$90	193024-1

Colorado Model Railroad Museum ♦

The Colorado Model Railroad Museum is one of the finest, one-of-a-kind miniature accomplishments in the world. The 5,500 sq. foot masterpiece required over five years and 280,000 volunteer hours to complete. This museum has hundreds of railroad sceneries, more than 500 scale locomotives, 80 scale miles of train track and thousands of other handmade artifacts including over 28,000 trees. It houses thousands of artifacts including a 1919 Colorado and Southern caboose you can tour. Following the tour have lunch in downtown Greeley at *The Rio Grande Mexican Restaurant* (**cost on your own for \$16–20**). Min/Max: 14/28 Destination: Greeley

Day	Date	Time	Fee	SAC	Trip #
Th	2/27	9:15A-3:00P	\$42	\$40	193025-1

CSU Healthy Aging Center ♦ Min/Max: 10/14

In 2021, Colorado State University was the first higher education institution in Colorado to be named an Age-Friendly University, a designation that celebrates CSU's commitment to understanding and fulfilling the needs of older adults in higher education. Learn about these programs and services available at CSU's Center for Healthy Aging. Following the tour enjoy lunch at *Austin's American Grill* (**cost on your own for \$16–22**). Destination: Fort Collins

Day	Date	Time	Fee	SAC	Trip #
W	3/12	9:15A-2:30P	\$30	\$28	193026-1

Scrumpy's Hard Cider Taste & Tour ♦

On a snowy day in May 2012, the doors to *Scrumpy's Hard Cider Bar & Pub* opened offering 48 rotating taps including beer, cider, wine and mead. Take a behind-the-scenes tour to better understand how it all comes together to produce the variety Scrumpy's offers. Following the tour, taste ciders and enjoy lunch at *Scrumpy's Pub* (**cost on your own for \$15–20**).

Min/Max: 10/14 Destination: Fort Collins

Day	Date	Time	Fee	SAC	Trip #
W	3/19	10:15A-2:30P	\$26	\$24	193027-1

Steel Magnolias ♦ Min/Max: 14/28

Travel to Cheyenne Little Theatre in the comfort of a motor coach to see *Steel Magnolias*. The action is set in Truvy's beauty salon in Louisiana, where all the ladies who are "anybody" come to have their hair done. They discuss Shelby's upcoming wedding to her fiancé, Jackson, as the play draws on underlying strength—and love—which gives its characters the special quality to make them touching, funny and marvelously amiable company in good times and bad.

We are not stopping for dinner, but feel free to bring a snack or brown bag. Destination: Cheyenne

Day	Date	Time	Fee	SAC	Trip #
Su	3/23	12:15-5:30P	\$68	\$66	193028-1

A Graphic Journey: Prints by Picasso ♦

This exhibition provides a unique window into a significant era in art history, and takes a serious and scholarly look at Picasso's development and creative process, often not as accessible as his paintings. The Timothy Collins Collection presents an important and insightful gathering of Picasso's etchings, lithographs and linocuts. Following the museum enjoy lunch at *Georgia Boys BBQ* (**cost on your own for \$15–20**).

Min/Max: 14/28 Destination: Longmont

Day	Date	Time	Fee	SAC	Trip #
Th	3/27	9:30A-3:00P	\$41	\$39	193029-1

Fleece Factory of the Rockies ♦

Join us for a learning experience as we tour the Fleece Factory of the Rockies. In 2014, after years in the alpaca industry and years of research and discussion, the fleece factory opened. Tour the mill and the barn where alpaca's can be fed (weather permitting), learn about the classes they have to offer and have an opportunity to visit the gift shop. Afterwards, enjoy lunch at *Jem's Café* (**cost on your own for \$15–20**). Min/Max: 10/14 Destination: La Salle

Day	Date	Time	Fee	SAC	Trip #
Th	4/3	9:30A-2:30P	\$29	\$27	193030-1

Have you experienced our LightStim® LED Therapy Bed? [See info on page 15.](#)

NOAA Tour ♦ Min/Max: 10/14

The National Oceanic and Atmospheric Administration (NOAA) supports a powerful array of research, data collection, dissemination programs and operational weather forecasts of the Earth's atmosphere and the space environment. From the floor of the ocean to the surface of the sun, NOAA protects lives and property, makes forecast systems that deliver solutions and takes the pulse of the planet. **All participants must be US Citizens or a US permanent resident.**

Following our 90-minute tour, enjoy lunch at *The Buff* (**cost on your own for \$15–20**). Destination: Boulder

Day	Date	Time	Fee	SAC	Trip #
T	4/15	8:45A-3:00P	\$32	\$30	193031-1
T	5/20	8:45A-3:00P	\$32	\$30	193031-2

Little Shop of Horrors | DCPA ♦

Delight in the Denver Center's production of this beloved sci-fi musical that has rocked the globe for generations! *Little Shop of Horrors* is a horror comedy rock-musical that follows a hapless florist shop worker who raises a plant that feeds on human blood and flesh. The music is composed by Alan Menken in the style of early 1960s rock & roll, doo-wop and Motown. Ride in the comfort of a motor coach! **We are not stopping for dinner, but feel free to bring a snack or brown bag.** Min/Max: 24/36 Destination: Denver

Day	Date	Time	Fee	SAC	Trip #
Th	4/24	5:00-11:00P	\$112	\$110	193032-1

United States Mint Tour ♦ Min/Max: 14/28

Learn the rich history of the United States Mint and how they produce billions of coins each year in Denver's historic building, which is one of Colorado's oldest institutions. Learn about the craftsmanship required at all stages of the minting process, from the original designs and sculptures to the actual striking of the coins. **No handbags allowed, only palm-sized wallets that fit in your pocket.** Following our tour, have lunch at *The Lazy Dog* in Westminster (**cost is on your own for \$15–20**). Destination: Denver

Day	Date	Time	Fee	SAC	Trip #
W	4/30	12:00-7:30P	\$33	\$31	193033-1

Salt & Acres Winery ♦ Min/Max: 14/28

Salt & Acres Winery is a picturesque property located outside Fort Lupton on 45-acres lined with Cottonwoods. The onsite winery and tasting room, bakery and open spaces will awaken your senses! Enjoy flights of wine (**cost on your own for \$18**) and order lunch or share charcuterie boards (**cost is on your own for \$20–30**). Visit the gift shop for shopping! Destination: Fort Lupton

Day	Date	Time	Fee	SAC	Trip #
Sa	5/3	11:00A-3:30P	\$28	\$26	193034-1

Sylvan Dale Ranch Tour ♦

An authentic working ranch since 1946, Sylvan Dale Ranch has a rich history with 3,200 acres of wildlife habitat, interspersed with Roosevelt National Forest. The main ranch grounds are located in an ecological transition zone that includes the Big Thompson River corridor, grasslands, foothills shrubland, ponderosa pine forest and prairie wetlands. The ranch has been involved in restoration of bighorn sheep, wild turkeys and other native species. Take a tractor ride through the ranch and listen to a presentation of ranch history following the ride. Enjoy a buffet-style lunch prepared by the ranch staff **(cost is included in the price of your trip)**. Wear footwear for outdoor walking.

Min/Max: 14/18 Destination: Loveland

Day	Date	Time	Fee	SAC	Trip #
Th	5/8	9:30A-2:00P	\$52	\$50	193039-1

High Plains Environmental Bird Walk ♦

Sheila Webber, seasoned birder of Fort Collins Audubon, will lead us on a bird walk which will start at the High Plains Environmental Center in Loveland. **Bring a water bottle and brown bag lunch to enjoy following our walk.** Binoculars, comfortable walking shoes and hat are recommended.

Min/Max: 10/14 Destination: Loveland

Day	Date	Time	Fee	SAC	Trip #
Sa	5/24	8:30A-2:00P	\$26	\$24	193037-1

Mother Cabrini Shrine ♦ Min/Max: 14/28

Mother Cabrini Shrine is a shrine in honor of the Sacred Heart of Jesus and St. Frances Xavier Cabrini. Originally a summer camp for the girls from the Queen of Heaven Orphanage, the property became a place of prayer, pilgrimage and devotion after the canonization of St. Cabrini in 1946. It offers retreat facilities, daily mass and is open for all to come pray and explore. This self-guided tour includes the museum, Grotto, Heart of Stones, Main Chapel, Rosary Garden and more. Afterwards, enjoy lunch prepared for us by the staff onsite **(cost is included in the price of your trip)**.

Destination: Golden

Day	Date	Time	Fee	SAC	Trip #
F	5/30	8:00A-3:00P	\$41	\$39	193038-1

EXPLORE.
GIVE BACK.
VOLUNTEER.

Parks & Recreation volunteers are crucial to the SUCCESS of many programs.

Visit lovgov.org/Volunteer for opportunities!

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SevenLakesMemoryCare.com

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GOLF

GOLF INSTRUCTION WITH JJGA

Details & Registration: [JaxJonesGolfAcademy.com](https://www.jaxjonesgolfacademy.com)

Operation 36® ❖

Operation 36® is an 8-week program based off of two fundamentals: playing golf and developing skills. It is the perfect development program for all beginners and intermediate players. Over eight weeks there are eight instructed practice sessions and four 9-hole events played biweekly on Saturday afternoons. This program is designed to help you set clear goals and achieve them through continuous improvement!

More info about the program: [Operation36.golf](https://www.operation36.golf)

Junior Age: 6–11 Fee: \$360
T 3/18-5/10 4:00-5:00P Cattail Creek

Junior Age: 12–17 Fee: \$360
T 3/18-5/10 5:15-6:15P Cattail Creek

Ladies Age: 18+ Fee: \$360
Th 3/20-5/10 5:15-6:15P Cattail Creek

Adult Age: 18+ Fee: \$360
Th 3/20-5/10 4:00-5:00P Cattail Creek
F 3/21-5/10 4:00-5:00P Cattail Creek

Operation 36® Bootcamp ❖

Operation 36® is an 8-week program based off of two fundamentals: playing golf and developing skills. This one-day clinic will take you through condensed programming that includes guided instruction and three holes of golf from the Division 1 yardage!

Junior Age: 6–17 Fee: \$80
Sa 4/19 1:00-4:00P Cattail Creek
Sa 5/3 9:00A-12:00P Cattail Creek

Adult Age: 18+ Fee: \$80
Sa 4/19 9:00A-12:00P Cattail Creek

Ladies Age: 18+ Fee: \$80
Sa 5/3 1:00-4:00P Cattail Creek

Operation 36® Elite ❖

This program is designed for advanced players who are level 5 or have a handicap of 16 or lower and are ready to take the next step with the use of launch monitors and advanced practice drills! Over eight weeks there are eight instructed practice sessions and four 9-hole events played biweekly on Saturday afternoons.

Adult Age: 18+ Fee: \$400
F 3/21-5/10 6:00-7:00P Olde Course

Fundamental Clinics ❖

Knock of the rust and get ready for summer! Whether you are an avid golfer, getting back from some time off or brand new to the game, this class is perfect for you! These clinics are designed to get you prepared for the summer and cover everything from tee to green. Instruction is provided on putting, chipping and full swing shots. All equipment provided upon request.

Junior Age: 6–17 Fee: \$50

T	5/27	5:30-7:30P	Cattail Creek
Th	5/29	3:00-5:00P	Cattail Creek
Th	5/29	5:30-7:30P	Cattail Creek

Ladies Age: 18+ Fee: \$50

W	5/28	5:30-7:30P	Olde Course
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Adult Age: 18+ Fee: \$50

F	5/30	5:30-7:30P	Olde Course
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DCP Prep Academy ❖

DCP stands for Drive, Chip & Putt. This academy is for juniors looking to fine tune their skills prior to competing in a Drive, Chip & Putt Qualifier. Attend four clinics with each class focused on a different aspect. The academy ends with a mock competition.

More info about the program: DriveChipandPutt.com

Junior Age: 7–15 Fee: \$100

T	4/29-5/20	6:30-7:30P	Cattail Creek
Th	5/1-5/22	6:30-7:30P	Cattail Creek

PGA Junior League ❖

PGA Junior League is shifting the way youth golf is learned and played, including the adoption of league play, team golf and scoring with flags and points. Over eight weeks, there are eight instructed practice sessions and four 9-hole competitions played biweekly on Saturdays. Players may also be eligible for the championship season (August) depending upon participation and performance!

Junior Age: 10–17 Fee: \$400 + \$99 kit

W	3/19-5/10	4:00-5:00P	Olde Course
W	3/19-5/10	5:15-6:15P	Olde Course
W	3/19-5/10	4:00-5:00P	Mariana Butte
W	3/19-5/10	5:15-6:15P	Mariana Butte

Golf Strength ❖

Our 8-week off season training program helps you increase your swing speed and get in golf shape. Our program takes you through a blend of strength training, TPI training and swing speed training. Get an early start on the 2025 golf season!

Location: Loveland Athletic Club, 1000 S. Lincoln Ave.

Junior Age: 10+ Fee: \$240

Th	1/9-2/27	4:30-5:30P	Loveland Athletic Club
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Ladies Age: 18+ Fee: \$240

W	1/8-2/26	5:15-6:15P	Loveland Athletic Club
Sa	1/11-3/1	9:15-10:15A	Loveland Athletic Club
Sa	1/11-3/1	10:30-11:30A	Loveland Athletic Club

Adult Age: 18+ Fee: \$240

W	1/8-2/26	4:00-5:00P	Loveland Athletic Club
W	1/8-2/26	6:30-7:30P	Loveland Athletic Club
Th	1/9-2/27	2:00-3:00P	Loveland Athletic Club
Sa	1/11-3/1	8:00-9:00A	Loveland Athletic Club

Private Instruction ❖

Individual private lessons are 45 minutes long and cover any skill you would like to improve. Whether it is short game, full swing, course management or all of the above, we have you covered!

Fee: \$80 **Register:** JaxJonesGolfAcademy.com

TPI Screening ❖

This 60-minute screening involves an assessment of swing mechanics and biomechanics, physical fitness, movement quality, current health and your history. Once this screen is completed, the results are used to create a plan that is unique to you. Our process begins with a physical screening followed by a video swing lesson where you can see your characteristics in action. Our coach will then send you a customized 4-week fitness plan to improve your game. The program ends with a second screening so you can see measurable progress!

Fee: \$100 **Register:** JaxJonesGolfAcademy.com

Tee Off For Kids Golf Tournament

Golfers! The Loveland Parks & Recreation Foundation invites you to play this tournament where ALL proceeds benefit youth recreation scholarships! The format is a two-person team with a 7:30A shotgun start and includes 18-holes, cart, prizes and lunch. **Registrations accepted through May 16 only.**

Location: Mariana Butte Golf Course, 701 Clubhouse Dr.

Info: Info@LovelandPRFoundation.org

Register: LovelandPRFoundation.org

F	6/6	\$260 per team (Early Bird fee thru 4/25)
		\$280 per team (Fee after 4/25)

GIFT CERTIFICATES

Give the gift of golf! Gift certificates and merchandise can be purchased from the pro shops at all Loveland golf courses or online at GolfLoveland.com

GOLF COURSE LOCATIONS

Cattail Creek 2116 W. 29th St. | 970.663.5310

Mariana Butte 701 Clubhouse Dr. | 970.667.8308

The Olde Course 2115 W. 29th St. | 970.667.5256

Loveland golf courses are open year-round.
Bring your swing and get out on the course!

Contact us for current rates, online tee times, course updates and more.

VISIT: GolfLoveland.com

CITY OF LOVELAND

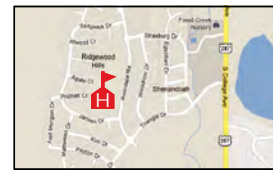
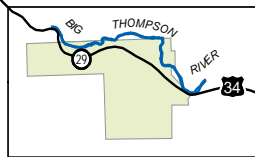
Schools | Facilities | City Parks

LEGEND

- Existing Underpass
- City Recreation Trail
- ~ Big Thompson River
- Lakes and Ponds
- Golf Courses
- Parks
- Mountain Park

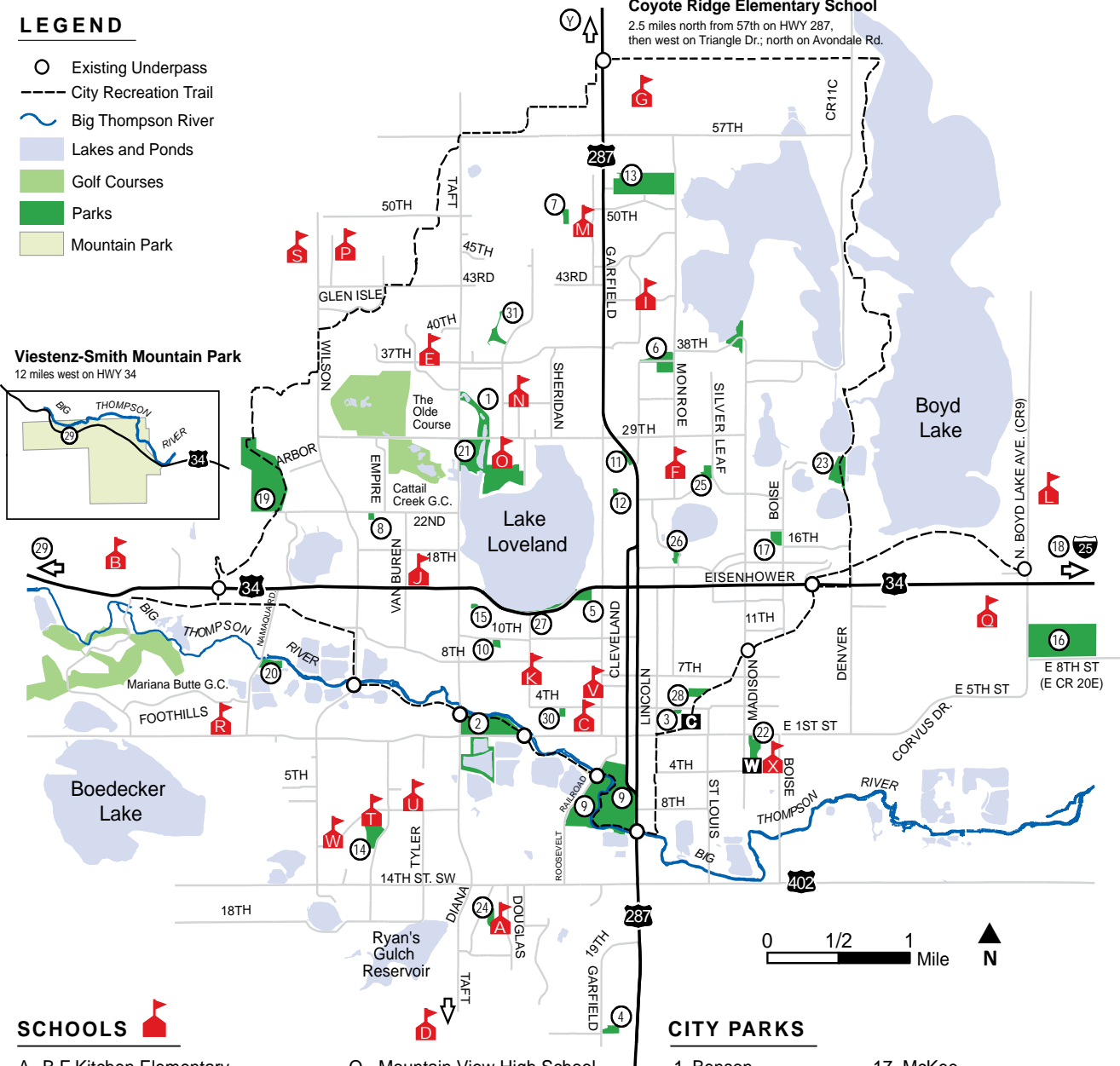
Viestenz-Smith Mountain Park

12 miles west on HWY 34



Coyote Ridge Elementary School

2.5 miles north from 57th on HWY 287, then west on Triangle Dr.; north on Avondale Rd.



SCHOOLS

- A B F Kitchen Elementary
- B Big Thompson Elementary
- C Bill Reed Middle School
- D Carrie Martin Elementary
- E Centennial Elementary
- F Conrad Ball Middle School
- G Cottonwood Plains Elementary
- H Coyote Ridge Elementary
- I Early Childhood Center at Stansberry
- J Ferguson High School
- K Garfield Elementary
- L High Plains School
- M Laurene Edmondson Elementary
- N Lincoln Elementary
- O Loveland High School
- P Lucile Erwin Middle School

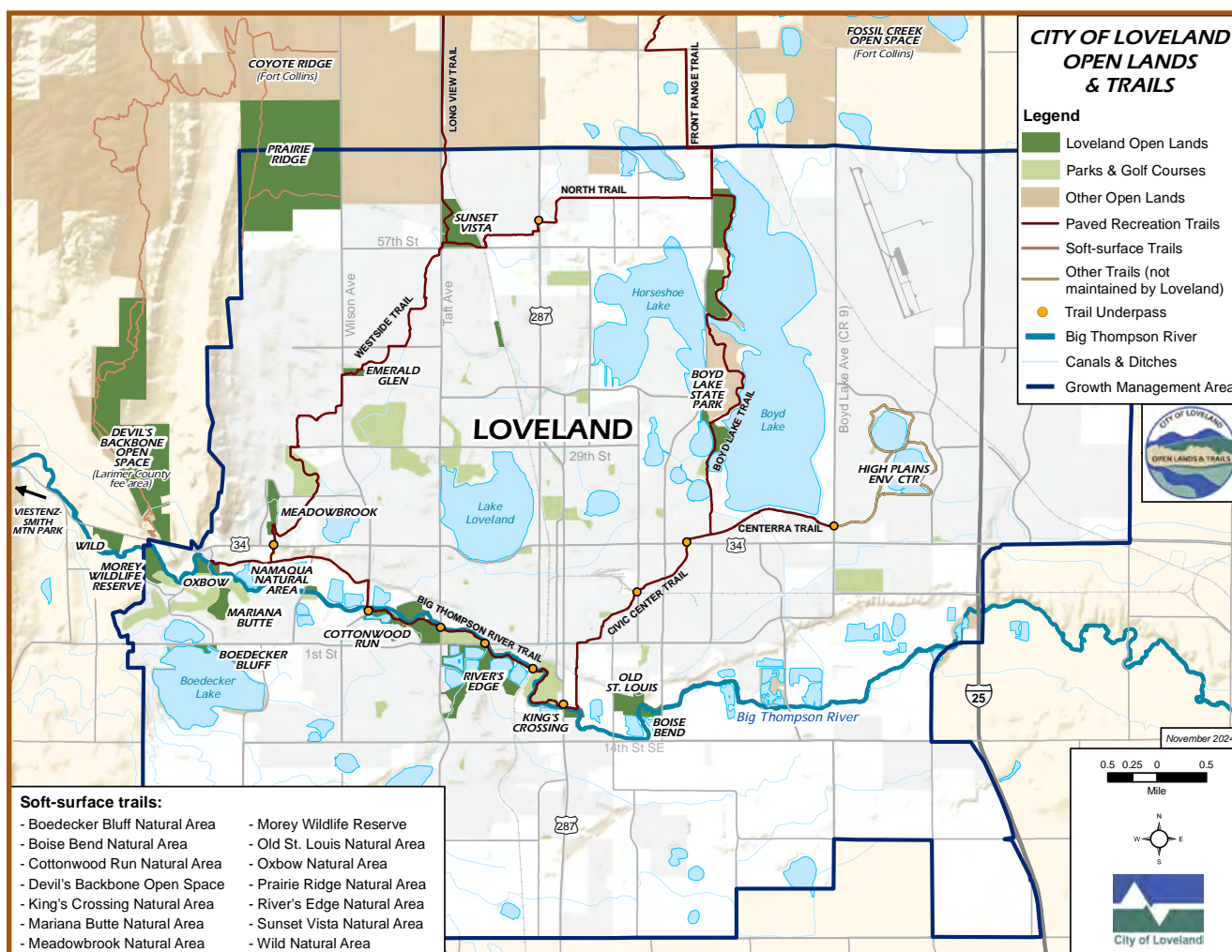
- Q Mountain View High School
- R Namaqua Elementary
- S Ponderosa Elementary
- T Sarah Milner Elementary
- U Thompson Valley High School
- V Truscott Elementary
- W Walt Clark Middle School
- X Winona Elementary

OTHER FACILITIES

- C** Chilson Recreation/Senior Center
- W** Winona Pool

CITY PARKS

- 1 Benson
- 2 Centennial
- 3 Civic Center
- 4 Derby Hill
- 5 Dwayne Webster
- 6 Eagleview
- 7 Edmondson
- 8 Estrella
- 9 Fairgrounds/Barnes
- 10 Garfield
- 11 Glen Arbor
- 12 Kirkview
- 13 Kroh
- 14 Loch Lon
- 15 Loch Mount
- 16 Loveland Sports Park
- 17 McKee
- 18 McWhinney Hahn Sculpture
- 19 Mehaffey
- 20 Namaqua
- 21 North Lake
- 22 Osborn/Winona Pool
- 23 Seven Lakes
- 24 Sherri Mar
- 25 Silver Glen
- 26 Silver Lake
- 27 South Shore Parkway
- 28 Sunnyside
- 29 Viestenz-Smith
- 30 Westside
- 31 Woodmere



OPEN LANDS & TRAILS RULES & REGULATIONS

Detailed Rules: lovgov.org/OpenLands

Hours of operation are from 6:00A–10:30P, except Morey Wildlife Reserve, Mariana Butte Trails, Prairie Ridge Natural Area, Wild Natural Area and Viestenz-Smith Mountain Park (open sunrise to sunset). Overnight parking or camping is prohibited in open lands and trails. Trails are open for non-motorized use only!

Bicycling is permitted on designated trails only. Bicycles are not permitted at Morey Wildlife Reserve or Mariana Butte Trails. Type I and II e-bikes are permitted on all trails where bicyclists are allowed, except Prairie Ridge Natural Area. Bicyclists yield to other trail users.

Pets must be leashed and under human control at all times. Owners must pick up and remove pet waste. Pets are not permitted at Morey Wildlife Reserve or Prairie Ridge Natural Area.

Fishing is regulated by Colorado State Regulations. Site-specific regulations apply. All anglers age 16 and older are required to have a Colorado Fishing License.

Horses are not permitted on City of Loveland Open Lands & Trails, with the exception of Prairie Ridge Natural Area (accessible from Coyote Ridge Natural Area).

Motorized Vehicles are prohibited on trails and all areas outside of established streets and parking areas.

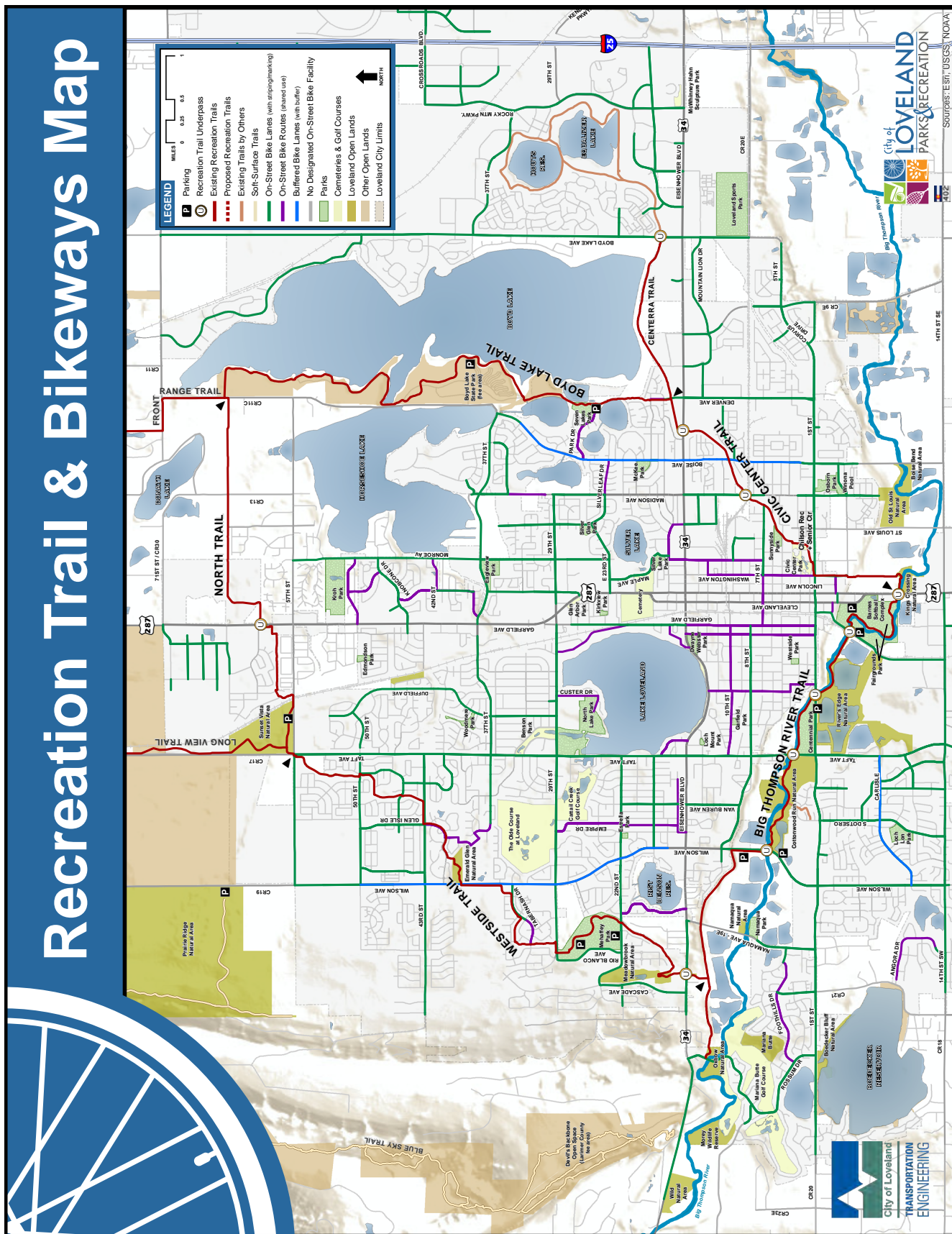
Alcoholic Beverages are not permitted. Glass containers and bottles are prohibited.

Fire Discharge or use of firearms, projectiles or fireworks is prohibited. No open fires or flames.

Trail Etiquette

- Loveland's trails have many different types of users; please be courteous to others on the trail.
- Flow of traffic is similar to road traffic. Always ride or walk on the right side. When passing others on the trail, verbally warn them that you are passing on the left.
- Be predictable: ride or walk in a straight line - avoid weaving.
- Please stay on designated trails and respect the rights of adjacent property owners.
- Bicyclists are encouraged to wear helmets and ensure their bicycles are operational and properly equipped (including reflectors and lights).

Maintenance Report maintenance concerns or vandalism to the Parks & Recreation Department at 970.962.2727.



Print this map online: lovgov.org/Trails • Check for trail closures on COTREX at Trails.Colorado.gov

HOW DO I REGISTER?

You may choose to register for activities by going ONLINE, MAILING IN your registration, or COMING IN to the Chilson Recreation & Senior Center to register in person.

1 WEBTRAC ONLINE REGISTRATION - BEGINS DEC 2, 6:00P*

For Enrollment Online: lovgov.org/WebTrac

*See athletics pages for specific registration dates for athletics programs

Request your Household ID number by filling out the online form: lovgov.org/WebTrac

OR call 970.962.2383 or 970.962.2727.

Once logged in to WebTrac, verify/update your household information prior to registration.

Receipt: A receipt will automatically be emailed to you and is available at anytime on your WebTrac account. Please call the Chilson Center at 970.962.2383 if you'd like your receipt mailed along with any other class or activity information specific to your registration.

2 WALK-IN | DROP-OFF REGISTRATION - BEGINS DEC 3, 8:30A*

For Walk In | Drop-Off Registration

*See athletics pages for specific registration dates for athletics programs

Drop off the completed registration form (**on page 56**) along with your check or credit card information. For confirmation of registration, please include your email address. Registrations may be dropped off at the Chilson Recreation & Senior Center during the hours below.

Chilson Recreation Center

Mon–Fri 5:30A–8:30P

Sa 6:00A–5:30P

Su 11:00A–5:30P

700 E. Fourth St. | Loveland, CO 80537

970.962.2386

Chilson Senior Center

Mon–Fri 8:00A–4:30P

700 E. Fourth St. | Loveland, CO 80537

970.962.2783

3 MAIL-IN REGISTRATION - BEGINS DEC 3, 8:30A*

Mail-In Registration

*See athletics pages for specific registration dates for athletics programs

Mail in completed registration form (**on page 56**) along with your check or credit card information and email address to the Chilson Recreation Center.

Chilson Recreation Center

700 E. Fourth St. | Loveland, CO 80537

Registrations received before the date above are held for processing on this date in the order they are received.

Notice of Non-Discrimination

The City of Loveland is committed to providing an equal opportunity for services, programs and activities and does not discriminate on the basis of disability, race, age, color, national origin, religion, sexual orientation, gender, gender identity or gender expression. For more information on non-discrimination or for translation assistance, please contact the City's Title VI Coordinator at TitleSix@CityofLoveland.org or 970.962.2372. The City will make reasonable accommodations for citizens in accordance with the Americans with Disabilities Act (ADA). For more information on ADA or accommodations, please contact the City's ADA Coordinator at ADACoordinator@CityofLoveland.org or 970.962.3319.

La Ciudad de Loveland está comprometida a proporcionar igualdad de oportunidades para los servicios, programas y actividades y no discriminar en base a discapacidad, raza, edad, color, origen nacional, religión, orientación sexual, género, identidad o expresión de género. Para más información sobre la no discriminación o para asistencia en traducción, favor contacte al Coordinador Título VI de la Ciudad al TitleSix@CityofLoveland.org o al 970.962.2372. La Ciudad realizará las acomodaciones razonables para los ciudadanos de acuerdo con la Ley de Discapacidades para americanos (ADA). Para más información sobre ADA o acomodaciones, favor contacte al Coordinador de ADA de la Ciudad en ADACoordinator@CityofLoveland.org o al 970.962.3319.

REGISTRATION POLICIES & PROCEDURES

Things To Know

- Please register at least one week prior to the first class. Class cancellation decisions are generally made five (5) days prior to class start date. If class enrollments are below the minimum requirements, a class may be cancelled.
- Registrations cannot be approved by an instructor or the team coach.
- The Department has the right to cancel classes.
- Before you purchase supplies, call 970.962.2383 to verify that your class is occurring.
- The City of Loveland does not discriminate on the basis of race, color, national origin, creed, religion, sex, gender, sexual orientation, age or disability in the provision of services. For disabled persons needing reasonable accommodation to attend or participate in a service or program/activity, call 970.962.2462 or TDD #962.2620.
- SAC holders have priority registration for day trips denoted by this symbol (♦). See the Active Generation pages for specific priority registration dates.

Use This Enrollment Checklist

- Complete the registration form below.
- Double check class fees and total.
- Include a 2nd and 3rd choice where possible.
- Make checks payable to City of Loveland or include credit card number and expiration date.
- Include email address for receipt confirmation.

Cancellations

- When you sign up for a class, we depend on your enrollment for a successful class. Please plan your schedule carefully to avoid cancellations and/or refunds.
- If you must cancel your class, please call 970.962.2383 (seniors call 970.962.2783) at least five (5) business days before the class begins. You may choose to transfer to another class or to receive a refund. See Refunds below.
- You are notified if a class is cancelled due to low enrollments, and are given options at that time.

Refunds

Unless otherwise noted, the following refund policy applies:

- Refund requests must be submitted in writing or through WebTrac. Refund request forms are available at the Chilson Recreation Center front desk.
- After registration and up to five (5) days prior to the class start date (seven (7) days for ticket or trip-based programs), a \$5 processing fee will be assessed.
- Four (4) days prior to the class start date and through the start of class, 50% of the class fee is refundable.
- No refunds are given after the first week of class.
- Full refunds are for departmentally cancelled classes ONLY.
- No refunds for Senior Activity Cards (SACs).
- **No cash refunds. Allow two (2) weeks for processing.**

Other Charges: There is a \$20 charge for returned checks.

Note: Small Fries Preschool and Day Camp have additional cancellation policies. See your parent handbook for details.

Loveland Parks & Recreation Registration Form				
Please fill out this registration form for use with all registration options. The information in shaded areas is required during the enrollment process.		Address:		
		City/Zip:		
Household ID #:	Home/Cell:	Work:		
Name: <i>Head of Household/Primary Guardian Full Name</i>	Email Address: <i>For City of Loveland internal use only. Your contact information is not shared.</i>			
Family Member Names:	Birthdates:	Activity/Program #:	Section #:	Fees Due:
				\$
				\$
				\$
				\$
Do you need a special accommodation to safely and enjoyably participate in these programs? ___ Yes ___ No. If yes, please state your special requirements: _____.			Total Paid:	\$
Pay By: ___ Cash (do not send cash in the mail) ___ Check (payable to: City of Loveland)		Waiver for Participation: By signing below, I hereby release and absolve the Parks & Recreation Department, the City of Loveland, and all of its employees or agents of same from any claims of damages arising from injury received by the participation involved in this activity, whether due to negligent acts or omissions of said parties, other participants, or otherwise.		
Credit/Debit Card: ___ Visa ___ MC ___ Discover ___ AMEX Card #: _____ Expiration: _____		<i>Signature required showing I agree to the Waiver Statement above and agree to pay the charges listed here as stated.</i> Signature: _____		



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