

# ACTIVITY GUIDE

SUMMER • MAY – AUGUST 2024

LOVELAND PARKS & RECREATION



ONLINE REGISTRATION BEGINS  
**Monday April 22 at 6:00P**

WALK-IN REGISTRATION BEGINS  
**Tuesday April 23 at 8:30A**

See pages 26–33 for specific  
registration dates for athletics.

## Loveland Parks & Recreation

lovgov.org/parksrecreation

500 E. Third St., Suite 200  
Loveland, CO 80537 | 970.962.2727  
parks@cityofloveland.org



NATIONAL RECREATION & PARK ASSOCIATION'S

## 3 PILLARS OF PARKS & RECREATION

MAKING AN IMPACT ON QUALITY OF LIFE



### 1. CONSERVATION

PRESERVING NATURAL RESOURCES

Oftentimes, parks & recreation agencies are the only voice for ensuring that open space is protected, our youth have access to nature-related areas and that services and outdoor education are available. These have quantifiable economic benefits to our community.

### 2. HEALTH & WELLNESS

IMPROVING HEALTH, ENHANCING LIFE

Our staff are leaders in recreation, sports and nutrition and offer fitness, sports and healthy lifestyle classes for people of all ages and abilities. They seek to reduce obesity, physical inactivity and poor nutrition while strengthening skills that enrich body, mind and attitude.



### 3. SOCIAL EQUITY

ACCESS & INCLUSION FOR ALL

We strive to be a catalyst for ensuring all residents have equal access to our resources and services. We offer opportunities that transcend barriers of income through outreach activities such as our Mobile Recreation Trailer and Movies in the Park. We also provide scholarships via our Parks & Recreation Foundation.

## GET INVOLVED!

LOVE WHERE YOU LIVE, WORK & PLAY

Join us! Enroll in a class or two, explore our open lands and natural areas, ride or walk the 29-mile paved recreation trail, discover a park or take a swing at golf.



## VOLUNTEER

GIVE BACK, GET MORE

We're always looking for volunteers.

We couldn't do what we do without them!

Whether it's behind the desk at the Chilson Senior Center, outdoors with environmental education or coaching youth athletics, our volunteers are vital to our community.

## OUR MISSION

We are the City of Loveland Parks & Recreation Department with a mission to provide effective, efficient and high quality leisure facilities, sites, services and programs for citizens of and visitors to the community.

## OUR VISION

We are committed to our vision to provide a sustainable system of diverse parks, trails, natural areas and facilities that connect people with the natural environment, support good health and offer outstanding community experiences while balancing recreation opportunities with the protection of natural and cultural resources.

## OUR COMMUNITY

We are proud to make an impact on quality of life in Loveland by maintaining numerous areas with amenities for the community. Please visit [lovgov.org/parks](http://lovgov.org/parks) for a full list of facilities.



**SMILE!** You could be on the next cover! The Parks & Recreation Department reserves the right to use images and/or photographs of anyone in any activity, park or public place in present and/or future printed publications or on the department web pages for promotional purposes, unless told otherwise at the time the image or photograph is taken.

## CONTACT US

### Parks & Recreation • 970.962.2727

[lovgov.org/parksrecreation](http://lovgov.org/parksrecreation)  
Activity Registration (info)  
 970.962.2386  
[lovgov.org/webtrac](http://lovgov.org/webtrac)

### Chilson Recreation Center • 970.962.2386

[lovgov.org/chilson](http://lovgov.org/chilson)  
Racquetball Reservations  
 970.962.2386

### Chilson Senior Center • 970.962.2783

[lovgov.org/chilson](http://lovgov.org/chilson)

### Athletics • 970.962.2445

[lovgov.org/athletics](http://lovgov.org/athletics)  
[teamsideline.com/loveland](http://teamsideline.com/loveland)  
Weather Cancellations  
[teamsideline.com/loveland](http://teamsideline.com/loveland)  
 Check up to 30 min. before practice or games are scheduled to begin.

### Golf • 970.962.2496

[lovgov.org/golf](http://lovgov.org/golf)  
[golfloveland.com](http://golfloveland.com)  
 Tee Times Call or go online  
 Cattail Creek 970.663.5310  
 Mariana Butte 970.667.8308  
 The Olde Course 970.667.5256

### Open Lands & Trails • 970.962.2727

[lovgov.org/openlands](http://lovgov.org/openlands)  
Environmental Ed/Volunteers  
 970.962.2643

### Parks • 970.962.2727

[lovgov.org/parks](http://lovgov.org/parks)  
Park Shelter Reservations  
 970.962.2727  
[lovgov.org/webtrac](http://lovgov.org/webtrac)

### Winona Outdoor Pool • 970.962.2435

[lovgov.org/swimming](http://lovgov.org/swimming)  
Weather Cancellations  
 970.962.2435, option 2

## Follow Us on Social Media



@cityoflovelandparksrecreation  
@cityoflovelandchilsoncenter



@cityofloveland



@lovelandparksandrec

## On the Cover

Summer FUN at the splash pad at Loveland Sports Park. Photo by Diane Littlefield

## PROGRAM AREAS

	2	Chilson Center Hours & Fees
	3	Gym & Aqua Schedules
	4	Special Events
	8	Parks - Shelter Reservations
	9	Parks - Rules & Regulations
	10	Golf Loveland
	12	Aquatics
	17	Group Fitness Classes
	18	Fitness   Health & Wellness
	20	Yoga   Spa Services   Tai Chi   Tae Kwon-Do
	24	Adaptive Recreation
	26	Adult Athletics
	28	Pickleball
	30	Youth Athletics
	36	Gymnastics – All Ages
	39	Dance   Movement – All Ages
	40	Small Fries Preschool   Tot Enrichment
	42	Youth   Teens – Enrichment & Camps
	46	Art   Cooking – All Ages
	48	Open Lands & Trails
	50	Adult Enrichment
	54	Active Generation
	58	MAPS
	60	Schools   Facilities   City Parks
	61	Open Lands & Trails Natural Areas
	62	Recreation Trail & Bikeways
	63	REGISTRATION
	64	Information
		Policies & Procedures

All activities, classes, events and programs are subject to change.

Subscribe to our Parks & Recreation e-newsletter to stay up-to-date at [lovgov.org/parksrecreation](http://lovgov.org/parksrecreation)

# CHILSON RECREATION & SENIOR CENTER

700 E. Fourth St. • Loveland, CO 80537  
Visit us online: [lovgov.org/chilson](http://lovgov.org/chilson)

**Recreation Center:** 970.962.2386  
**Senior Center:** 970.962.2783  
**TDD:** 970.962.2620

## AMENITIES

### Fitness | Wellness

- State-of-the-art strength training equipment
- Indoor cycling studio
- Over 50 group fitness classes each week
- Friendly & professional personal training
- TRX classes
- Nutrition/Weight Loss consultations
- LightStim® LED Light Therapy

### Aquatics

- Lap pool
- Leisure pool with speed slide
- Aquatics programs & exercise classes
- Hot tubs - indoor & outdoor
- Steam room

### Facility

- Indoor walking & jogging track
- 3 racquetball courts
- 2 gymnasiums
- Drop-in childcare
- Conference & event facilities
- Party packages

## CELEBRATE YOUR EVENT

Chilson Recreation/Senior Center is a great venue for your next event. Casual or formal, big or small, with audio visual equipment for your training or seminar needs. Chilson has rental space available that may be perfect for you! Call 970.962.2503 to plan your next event. Interested in a swimming, gymnastics or eSports birthday party? Call 970.962.2468 or schedule online at [lovgov.org/webtrac](http://lovgov.org/webtrac) – Winona Outdoor Pool rentals are also available!

Close to downtown Loveland, the Chilson Center is easily accessible from I-25, Highway 34 and Highway 287. Our professional, experienced staff are happy to assist in planning your event and are committed to ensuring a memorable experience for you and your guests.

### Want more SPLASH in your PASS?

Upgrade your Chilson pass to include Winona Outdoor Pool this summer!

**Pass:** 6 Month | 1 Year | Monthly Billing | 3 Month  
**Upgrade Fee:** Individual \$40, Family \$65

**GUESS WHAT?** Chilson 10-Visit, SilverSneakers® and Renew Active passes can be used at Winona Pool, too! Keep swimming & have FUN in the sun!

QUESTIONS: 970.962.2383

### HOURS - Recreation Center

Monday–Friday 5:30A-9:30P  
Saturday 6:00A-6:00P  
Sunday 11:00A-6:00P  
Pool closes 30 min before facility closes.  
Subject to change; call for updates.

Please Note!  
Summer  
Pool Hours  
6/3–8/23

M-F 5:30A-8P  
Sa 6A-5:30P  
Su 11A-5:30P

### HOURS - Senior Center

Monday–Friday 8:00A-5:00P Billiards ends: 4:30P  
Saturday/Sunday CLOSED

### HOLIDAY & MAINTENANCE CLOSURES

Dates	Rec Center	Senior Center
M, 5/27 Memorial Day	5:30A-2:00P	CLOSED
Th, 7/4 Independence Day	CLOSED	CLOSED
Sa, 8/24–F, 8/30	CLOSED	CLOSED
Annual maintenance & training		
M, 9/2 Labor Day	5:30A-2:00P	CLOSED

### FEES - Chilson Recreation/Senior Center

Infants (1 & under) are FREE w/paid adult

Age	Daily Fee	10-Visit**
<b>Toddlers</b> (2-5 Years)	\$4.50	\$40.00
<b>Youth</b> (6-18 Years)	\$5.50	\$49.00
<b>Adults</b> (19-61 Years)	\$7.00	\$63.00
<b>Seniors</b> (62+)	\$5.75	\$52.00

### Age 3 Month ★

<b>Youth</b> (6-18 Years)	\$90
<b>Adults</b> (19-61 Years)	\$160
<b>Seniors</b> (62+)	\$93
<b>Family*</b>	\$232

### 6 Month ★ 1 Year ★

Age	Res NR	Res NR
<b>Youth</b> (6-18 Years)	\$150 \$171	\$248 \$300
<b>Adults</b> (19-61 Years)	\$275 \$305	\$472 \$550
<b>Seniors</b> (62+)	\$167 \$199	\$267 \$325
<b>Family*</b>	\$399 \$430	\$690 \$800
<b>3rd–4th adult</b>	N/A	\$300 \$300

**Monthly Billing** ★ Pay prorated current month plus next month when signing up (6 month min.)

Age	Res NR
<b>Youth</b> (6-18 Years)	\$22.66 \$27.00
<b>Adults</b> (19-61 Years)	\$41.33 \$47.83
<b>Seniors</b> (62+)	\$24.25 \$29.08
<b>Family*</b>	\$59.50 \$68.67
<b>3rd–4th adult</b>	\$25.00 \$25.00
<b>Childcare</b> (add on)	\$7.50   \$5.00 (1 <sup>st</sup> child   2 <sup>nd</sup> +)

\* Family = 1-2 adults + child(ren) under age 21 at home  
Annual pass can allow up to 2 add'l adults for a fee

\*\* 10-Visit pass is valid for 3 years

★ Pass fees include 1-week facility closure for annual maintenance; additional area closures may also occur

### Drop-In Childcare

Parents, legal guardians and persons in charge (immediate family members) participating in classes or working out may utilize drop-in childcare for ages 3 months through 8 years. Infants 3 through 7 months require a reservation. Call 970.962.2466 or stop in for info.

**MAX VISIT:** 2 hour limit per day

### HOURS - Childcare

Monday–Thursday	8:45A-1:30P & 4:00-7:00P
Friday	8:45A-1:30P & (Sept-May) 4:00-7:00P
Saturday	Only Sept-May 9:00A-12:00P

### FEES - Childcare

**Daily Fee:** \$3.50

**10-Visit:** \$31.50

### Upgrade your annual pass:

\$90 1<sup>st</sup> child; \$60 ea. additional child  
Also see monthly billing options below.

### Recreation Center Fees

Fees provide access to fitness equipment, gym, weight room, exercise track, racquetball courts, most fitness classes, swimming pools, hot tubs, steam room and locker room with locker.

Cancellation fee may apply for passes or visit cards.

### Group Rate

Bringing a group of 10 or more?  
Please submit a group attendance request form at [lovgov.org/swimming](http://lovgov.org/swimming) at least 48 hours in advance to be eligible for a \$5.00/person group rate. Group requests may be made only for the current calendar year and are on a first-come, first-served basis, subject to space and staff availability.

### Senior Center Fees

No fees are required to enjoy activities in the lobby including billiards, cards, chess, etc. Refer to the Active Generation pages for Senior Activity Card (SAC) benefits and fees for classes/activities.

### DID YOU KNOW?

We are a SilverSneakers® and Renew Active facility. Stop by the Senior Center and get signed up for your fitness pass!

DROP-IN	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>LARGE GYM: West (front)</b> Schedules may be updated periodically; revised schedules at the front desk.							
<b>Basketball 18+ full court</b>	9:30A–3P	9:30A–1P	9:30A–1P 5–9:30P	9:30A–1P	9:30A–1P	3–6P*	3–6P
<b>Family Basketball</b>	3:30–5P	5:30–9:30A 1–9:30P	1–5P	1–5P	5:30–9:30A 1–9:30P	11A–3P*	11A–3P
<b>Pickleball</b>	5:30–9A	---	5:30–9A	5:30–9A	---	---	---
<b>LARGE GYM: East (back)</b> Schedules may be updated periodically; revised schedules at the front desk.							
<b>Basketball 18+ full court</b>	9:30A–1P	---	---	9:30A–1P	---	---	---
<b>Family Basketball</b>	---	---	3:30–6P	---	6–9P Avail to Rent**	8A–6P*	3–6P
<b>Pickleball</b>	5:30–9A	---	5:30–9A 1:30–3:30P 8–9:30P	5:30–9A 1:30–3:30P	12–4P	---	11A–2P
<b>Volleyball 50+</b>	---	9:15–11:30A	---	---	---	---	---
<b>Volleyball Coed</b>	---	4:30–9:30P	---	---	---	---	---
<b>SMALL GYM:</b> Schedules may be updated periodically; revised schedules at the front desk.							
<b>Family Basketball</b>	---	---	---	---	1:15–3:45P	---	---
<b>Pickleball Adaptive Rec</b>	---	---	9:30–11:30A	---	---	---	---
<b>Volleyball Coed</b>	---	1:30–9:30P	---	---	4–9:30P	---	11A–2P
<b>RACQUETBALL COURTS:</b> Call 970.962.2438 or reserve online: <a href="http://lovgov.org/webtrac">lovgov.org/webtrac</a> Racquetball equipment rental: \$1.50 per person/per hour. Racquetball Challenge Court provides opportunities to meet players/practice. All levels invited; no reservations. Games are played in order of player arrival and are coed. Play to 15 points; winner plays next player waiting, up to 3 consecutive games.							
<b>Reservation Slots</b>	6A–9P	6A–9P	6A–4P & 8–9P	6A–9P	6A–12P & 2–9P	6A–6P	11A–6P
<b>Racquetball Challenge Court</b>	Courts 2, 3 12–2P	Courts 2, 3 12–2P	Courts 2, 3 12–2P & 4–8P★	Courts 2, 3 12–2P	Courts 2, 3 12–2P	---	Courts 2, 3 11A–2P

\* Outside of youth leagues \*\* Rent up to 10 days in advance, \$65/hr: [lovgov.org/webtrac](http://lovgov.org/webtrac) ★ Great for beginners

AQUATICS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>LAP POOL:</b>							
<b>Lap Lanes 1–3</b> Appointment Required <a href="http://lovgov.org/webtrac">lovgov.org/webtrac</a>	5:30A–9P★	5:30A–9P★	5:30A–9P★	5:30A–9P★	5:30A–9P★	6A–5:30P	11A–5:30P
<b>Lap Lanes 4–8</b> Outside of swim lessons & aqua fitness	5:30–8:30A 10:45A–5:10P 7:30–9P★	5:30–7:00A 10:45A–5:10P 7:30–9P★	5:30–7:00A 10:30A–6P 7:30–9P★	5:30–7:00A 10:45A–5:10P 7:30–9P★	5:30–7:00A 8:15–9:15A 10:15A–9P★	6:00–8:25A 11:50A–4:00P	11A–5:30P
<b>Aqua Fitness</b>	9:15–10:15A	7:05–7:55A 9:15–10:15A	7:15–8:15A 9:15–10:15A 6:30–7:30P	9:15–10:15A	7:15–8:15A 9:15–10:15A	7:30–8:30 A	---
Please anticipate limited space availability during time frames for aqua fitness & swim lessons (lessons are held: Mon/Tues/Thur 5–7:30P, Mon–Thur 8:30–10:45A, Sat 9A–Noon). See fitness schedule at front desk or <a href="http://lovgov.org/fitnesswellness">lovgov.org/fitnesswellness</a> for aqua fitness class details.							
<b>LEISURE POOL:</b>							
<b>Open Swim</b>	10A–9P★★	10A–9P★★	10A–9P★★	10A–9P★★	10A–9P★★	10A–5:30P*	11A–5:30P
<b>Speed Slide</b>	10A–9P★	10A–9P★	10A–9P★	10A–9P★	10A–9P★	10A–5:30P	11A–5:30P
<b>Zero Depth Area</b>	9–10A**	9–10A**	9–10A**	9–10A**	9–10A**	9–10A**	---
<b>Water Walking</b> For fitness; not for play	6–8A 9:15–10:00A	6–10A No current during fitness classes	6–10A No current during fitness classes	6–8A 9:15–10:00A	6–10A	6–10A	---
<b>Aqua Classes</b>	8:05–9:05A In lazy river	8:20–9:20A In bay	8:20–9:20A In bay	8:05–9:05A In lazy river	---	---	---

\* Summer Pool Hours: Chilson Pool closes at 8:00P Monday–Friday from June 3–August 23

\* **Swim Lessons** are held during open swim hours in the lap and/or leisure pool: Mon/Tues/Thur 5–7:30P, Mon–Thur 8:30–10:45A, Sat 9A–12P

Open swim pool hours are subject to change without notice. Please see the front desk for any closures or deviations.

\*\* **Zero depth area** for tots/toddlers open Mon–Sat for 1 hour prior to open swim (no water features during this time).

**RULES:** Children under age 6 must be within arm's reach of and actively supervised by someone 16 or older while in the water. Children ages 6–7 must be directly supervised on the pool deck by someone 16 or older. Youth (under 16) are not permitted to use steam room/outdoor hot tub. Proof of age may be required. The use of flotation devices in all bodies of water is limited to water wings or small inner tubes only. Mermaid tails are permitted in the lap pool only.

Aquatics policies are posted at [lovgov.org/chilson](http://lovgov.org/chilson) and aquatics area.



# SPECIAL EVENTS

## 4/27 Pickleball Expo

Come join the Loveland Parks & Recreation Department and the Loveland Pickleball Club for an introduction to pickleball, the fastest growing sport in America! It's a FUN game that can be played by any age group. Try your hand against other players and learn the basics of the game in these short one-hour clinics. Clinics are FREE, but you must pre-register. All equipment is provided! You'll have an opportunity to register for our Pickleball Beginning Skills classes, as well ([see page 28 for details](#)). We'll also have open play from 8A-2P on courts not being used. No need to register for open play, just show up and have FUN! Sign up for our summer leagues which begin on May 4 – [see page 28 for details](#). Location: Osborn Park Courts, 1615 Fourth St. SE

**Age: 18+ FREE**

Sa	4/27	8:30-9:30A	276115-60
Sa	4/27	10:00-11:00A	276115-62
Sa	4/27	11:30A-12:30P	276115-64
Sa	4/27	1:00-2:00P	276115-91

## Free Play in the Park

Our Mobile Recreation Trailer is chock full of FUN games and activities for all ages! Watch for it at different parks all summer. **Schedule:** [lovgov.org/PRevents](#)

## Mobile Recreation Trailer Rental

Interested in renting our Mobile Recreation Trailer for events? **Info:** 970.962.2336 or visit [lovgov.org/PRevents](#)

## 5/3 Adult Field Day

Calling all grown-ups! Come join us for an Adult Field Day! Get a team of eight together and play a variety of games, including axe throwing, pony races, cornhole, life-size beer pong, human foosball and mini golf. While you play, enjoy a beer (\$) or two! Prizes for the highest score and most team spirit!

**More Info:** 970.962.2336 or visit [lovgov.org/PRevents](#)

Location: Mehaffey Park, 3285 W. 22nd St.

**Age: 18+ \*team of 8; pre-registration required**

F	5/3	2:00-5:00P	\$475* corporate team	250100-01
			\$400* general team	250100-02

## 5/18 Kids to Parks Day: Welcome to the Jungle-(gym)

Get outside and enjoy this National Day of Play. Loveland Parks & Recreation wants to kick off summer by connecting families and kids with the amazing parks in Loveland. Join us for this jungle-themed event – including a Wild Family Picnic (bring your own lunch), Animal Safari Scavenger Hunt (find the hidden stuffies), Kool-Aid Watering Hole, games with the Mobile Recreation Trailer, jungle-themed photo booth and Buckhorn Northern Railroad. Plus! Get information on all the upcoming summer events, parks and more. **More Info:** [lovgov.org/PRevents](#)  
Location: North Lake Park, 2750 N. Taft Ave.

**All ages**

Sa	5/18	11:00A-2:00P	FREE
----	------	--------------	------

STARTS

**6/2 City of Loveland Farmers Market**

Voted one of the 10 best farmers markets in the state of Colorado and voted one of the top 3 best farmers markets in NOCO Lifestyle Magazine! Farm-fresh produce, baked goods, crafters and entertainment. Fun for the whole family! SNAP/Double Up onsite.

**Questions:** 970.962.2336 or [lovgov.org/farmersmarket](http://lovgov.org/farmersmarket)

**Su | 6/2-9/29 | 9:00A-1:00P | Fairgrounds Park, 700 S. Railroad**  
**Monthly Artist Market** (last Sun of month) 6/30, 7/28, 8/25, 9/29

**Bike & Trails Day** It's Bike Month – ride your bike to the

market and receive \$5 in Market Bucks. Also celebrate National Trails Day with Open Lands and their partners and get a bike tune-up with The Extra Mile while you shop.

**Brunch Sip & Shop 10A-12:30P** Join us for brunch

and shopping while sipping on Bloody Marys or Tequila Sunrises from a local distillery (\$) while supplies last.

**Kids Daze** Enjoy a Kid Entrepreneur Market in addition

to the regular market. Kid-friendly activities include a market-themed scavenger hunt, Mobile Recreation Trailer games, coloring contest and kid-focused products.

**Christmas in July** Christmas shopping comes early this

year! Enjoy an artist market while you shop for Christmas products & gifts early while enjoying the summer weather.

**Watermelon Daze 10A-12:30P** Celebrate summer with

a kid's watermelon eating contest and other watermelon activities! Grown-ups can enjoy a watermelon beer or cocktail from local vendors (\$) while supplies last.

**Honey Festival presented by MeadKrieger Meadery**

Sweet! Come for honey vendors, mead, bee-friendly gardening tips, honey and bee-themed products, demo beehive and busy bee kid zone. Plus! Enjoy the Honeybee Hustle timed run hosted by Sweetheart City Racing.

STARTS

**6/2 Walk & Bike Month**

A month-long celebration of walking and bicycling! Pre-registration required for some activities. **More Info:** [lovgov.org/walkbikeloveland](http://lovgov.org/walkbikeloveland)

**Su, 6/2 Bike & Trails Day at the Farmers Market (9A-1P)**

See info above within the Farmers Market listing.

**Sa, 6/8 Guided Bike Tour: The Good, The Bad, The Ugly (\$)**

7-mile tour for intermediate-advanced riders, learn about a range of bicycle facilities (8-11A). Age 18+ [See page 53.](#)

**W, 6/12 or Th, 6/27 Guided Walking Tour: Past, Present & Future (\$)**

Learn about five iconic buildings in Downtown Loveland, led by the DDA (4-5:30P). Age 18+ [See page 53.](#)

**Th, 6/13 Guided Walking Tour: Heart Improvement Program (\$)**

Learn how the HIP Street Project on 4th Street fits into the vision for downtown (4-5:30P). Age 18+ [See page 53.](#)

**T, 6/18 Guided Walking Tour: Public Assets by Foot (\$)**

Get an overview from City staff on existing public assets like stormwater, art, solar fields, water tanks and courts/fields at Mehaffey Park (4-5:30P) Age 18+ [See page 53.](#)

**Th, 6/20 Guided Walking Tour: Art by Foot, Downtown (\$)**

Learn about public art located inside and outside various downtown buildings (4-5:30P) Age 18+ [See page 53.](#)

**Sa, 6/22 Guided Bike Tour: Public Art, Inside and Outside (\$)**

7-mile tour includes stops at the Civic Center, Foundry Plaza, Creator Space, 4th/Garfield, Recreation Trail and a local artist studio (9A-12P). Age 18+ [See page 53.](#)

**W, 6/26 Everybody Bike Day** For all ages and abilities!

Includes morning and afternoon stations throughout the community. **More info:** [lovgov.org/everybodybikeday](http://lovgov.org/everybodybikeday)

**Sa, 6/29 Guided Walking Tour: Fitness by Foot, Downtown (\$)**

Includes fitness opportunities in 15-min intervals at five downtown locations (9-10:30A). Age 18+ [See page 53.](#)

STARTS

**6/4 NEW! Family FUN Nights** Min/Max: 4/8

It's FUN for the whole family! Find your FIT & FUN with the family this summer playing activities everyone can enjoy. Set aside all electronics and create some memories! Every Tuesday, enjoy a variety of different activities and games from the Mobile Recreation Trailer. Activities may include volleyball, cornhole, badminton, soccer, kickball and so much more! Pre-registration required.

Location: Seven Lakes Park, 1975 Parks Dr.

**Age: 5+**

T	6/4-6/25	5:30-7:00P	\$20/family	351240-1
T	7/9-7/30	5:30-7:00P	\$20/family	351240-2

**6/7 Tee Off For Kids Golf Tournament**

Golfers! The Loveland Parks & Recreation Foundation invites you to play this tournament where ALL proceeds benefit youth recreation scholarships! The format is a two-person team with a 7:30A shotgun start and includes 18-holes, cart, prizes and lunch. **Registrations accepted through May 17 only.**

Location: Mariana Butte Golf Course, 701 Clubhouse Dr.

**Info:** [prfnd@cityofloveland.org](mailto:prfnd@cityofloveland.org) **Register:** [lovelandprfoundation.org](http://lovelandprfoundation.org)

F	6/7	\$260 per team (Early Bird fee thru 4/26)
		\$280 per team (Fee after 4/26)

STARTS

**6/14 Movies in the Park**

Have fun with friends and family as you enjoy outdoor movies in Loveland throughout the summer! Bring blankets, chairs and a picnic dinner (no alcohol or glass). Weather permitting.

**Questions:** 970.962.2336 **Info:** [lovgov.org/PRevents](http://lovgov.org/PRevents)

**Fridays | Dusk** (approx. 8:45P) | **Fee:** FREE

**Migration** (PG), Cattail Creek Golf Course

**6/14** FREE SNAG® (5-8P), food truck (\$), crafts and interact with live birds at the Rocky Mountain Raptor Program tent (6-8P).

**Super Mario Bros: The Movie** (PG), North Lake Park

**7/12** Test your skill on a Mario inspired obstacle course to win a Super Mario themed prize, plus other games with the Mobile Recreation Trailer (7-8:30P)

**Happy Feet** (PG), The Foundry Plaza

Movie begins after the ice cream social (\$) and music.

**Barbie** (PG-13), North Lake Park

**8/30** Moms Night Out! Grab your friends and come watch or sing along. Enjoy wine (\$, 6:30-9P), take pics at the photo booth and play Bad Mom Bingo for a chance to win prizes!

**Dive-In Movie at Winona**

**Saturday | Dusk** (approx. 8:45P) | **Fee:** Winona entry fee

**7/20 Surf's Up** (PG) Bring your own float. Concessions open (\$).

**6/20 Glow Night Swim**

Come swim at Winona Outdoor Pool late at night under the stars!

Enjoy music, glow sticks (while supplies last) and concessions (\$).

Location: Winona Outdoor Pool, 1615 Fourth St. SE

**All ages**

Th 6/20 8:00-10:00P Winona entry fee

**6/22 Dog Day of Summer**

A FUN, interactive event for dogs and their people. Learn where and how to enjoy the outdoors together, talk with a trainer or veterinarian, and connect with other providers of canine comforts to support our furry friends. Well-behaved leashed dogs welcome!

Location: Fairgrounds Park, 700 S. Railroad Ave. (north end)

**All ages**

Sa 6/22 6:00-8:00P FREE

**7/4 July 4th Festival**

Celebrate Independence Day with an interactive DJ, family FUN, Buckhorn Northern Railroad, food trucks, vendors and a fireworks show over Lake Loveland! No parking at North Lake Park – additional parking available on 29th Street or in paid parking at Loveland High School. **Questions:** 970.962.2446  
**Booth and sponsorship info:** [lovgov.org/july4th](http://lovgov.org/july4th)

**Vendor Booths** 4:00–9:00P Enjoy a variety of products and food from local northern Colorado businesses.

**Kids' Zone** 4:00–9:00P Mobile Recreation Trailer games & more!

**Children's Bike Parade** Pre-registration encouraged – FREE!

Age 5 & under: 3:30P check-in, 4P start (short route) #351963-1  
 All push bikes, wagons, strollers and scooters must be in the 4P parade. Age 6–10: 4:30P check-in, 5P start #351963-2  
 Prizes for most festive bike, best costume and crowd favorite.

**Loveland Concert Band** 8:00–9:17P at Hammond Amphitheater

**Fireworks!** 9:17P (approx.) over Lake Loveland

**7/4 Party at Winona Outdoor Pool**

Party at the pool, patriotic style! Open expanded hours from 10:00A–5:00P for red, white and blue-themed FUN and games with the lifeguards, music and concession specials (\$).

**Fee:** Winona entry fee

**7/13 All American Car Show**

Join us for the All American Car Show presented by the Northern Colorado Mustang Car Club. All makes, years and models welcome! No admission fee required, but donations are accepted to support our charities: Hearts & Horses, Operation Gratitude, Loveland Veterans Honor Monument and the Loveland Parks & Recreation Foundation. **Info & car pre-registration:** [allamerican\(carshow\).com](http://allamerican(carshow).com) (active duty military free with ID)

Location: Loveland Sports Park, 950 N. Boyd Lake Ave.

**All ages**

Sa 7/13 8:00A-1:00P FREE (car entry fee required)

STARTS

**7/14 Parks & Recreation: Where You Belong**

It's Parks & Recreation Month! We are celebrating the vital role that parks & recreation play in bringing people together, providing essential services and fostering growth in our communities. While the entire month is dedicated to highlighting how parks & recreation enriches the lives of the community, we will focus on one week of FUN to showcase several of our facilities, programs and services. Bring your family and friends to the events below and stay tuned for lots more to come throughout the week – let's celebrate together!

**More Info:** [lovgov.org/PREvents](http://lovgov.org/PREvents)

Su **Farmers Market 9A–1P** Express yourself with sidewalk chalk & tell us why YOU love Loveland Parks & Recreation!

M **Batting Cages at Barnes Softball Complex 5–8P** Batter up! Test your skills with softball & baseball stations with various speeds. Bats/helmets available onsite.

T **Train Rides at North Lake Park 12–8P** All aboard! Take a ride on the Buckhorn Northern Railroad, an authentic replica of a steam train that once served the Loveland area.

Th **Pool Party at Winona Outdoor Pool 6:00–8:00P** Come swim where the first 200 people get in FREE and the first 100 guests get a \$5 coupon to use at the concession stand that evening. Dance to a DJ and play yard games, too!

F **Astronomy Night at Prairie Ridge Natural Area 9:30P** Get an up-close look at the night sky over the Rockies. Telescopes are available for viewing stars and planets! FREE, but you must register at [offero.cityofloveland.org](http://offero.cityofloveland.org)

# Woo Hoo! Celebrate with a party at Chilson!

**Swimming Party**

Includes one hour in the Party Room and full day admission into the pool for kids and adults. Packages start at \$105.

**Gymnastics Party**

Includes one hour in the Party Room and one hour of facilitated gymnastics activities with an instructor. Packages start at \$140.

**eSports Party**

Includes one hour in the Party Room and one hour of facilitated Nintendo Switch™ gaming on projector-sized screens. Packages start at \$140.

**Call 970.962.2468**



**CHILSON**  
Recreation & Senior Center

**8/8 Glow Night Swim**

Come swim at Winona Outdoor Pool late at night under the stars! Enjoy music, glow sticks (while supplies last) and concessions (\$).

Location: Winona Outdoor Pool, 1615 Fourth St. SE

**All ages**

Th 8/8 8:00-10:00P Winona entry fee

**8/10 & 8/11 Benefit Pickleball Festival**

The Loveland Pickleball Club invites pickleball players of every age and skill level to this festival where ALL proceeds benefit youth recreation scholarships, making it possible for low income and at-risk youth to participate in recreational activities.

**Registrations accepted through August 3 only.** Can't come but want to make a donation? Contact the Loveland Parks & Recreation Foundation at [info@lovelandprfoundation.org](mailto:info@lovelandprfoundation.org)

**More Info/Register:** [lovelandpickleballclub.com/event-5554170](http://lovelandpickleballclub.com/event-5554170)

Location: Mehaffey Park, 3285 W. 22nd St.

**All ages** \*\$40 for one day or \$60 for both days

Sa 8/10 8:00A-4:00P \$40\* Men's/Women's Doubles

Su 8/11 8:00A-4:00P \$40\* Mixed Doubles

**SAVE THE DATE FOR FALL EVENTS!****Senior Fishing Derby, 9/11**

Enjoy a well-stocked lake full of jumping trout for age 60+.

**Glow & Go Family Bike Ride, 10/11**

A guided bike ride for families and their children. Let's glow!

**Ski & Sports Swap, 11/8 & 11/9**

SELL old stuff! BUY new stuff! **Info:** [lovgov.org/skiswap](http://lovgov.org/skiswap)



City of Loveland

# FARMERS MARKET

## SUNDAYS 9:00A-1:00P

June 2 - Sept 29

Fairgrounds Park | 700 S. Railroad Ave.

## Hello, summer!

Voted one of the 10 best farmers markets in the state of Colorado and voted one of the top 3 best farmers markets in NOCO Lifestyle Magazine! Farm-fresh produce, baked goods, crafters, entertainment and more.

**Details: [lovgov.org/farmersmarket](http://lovgov.org/farmersmarket)**



**EBT Accepted**

(Stop by the Market Manager tent for info.)



# PARKS

**The City of Loveland Parks & Recreation Department maintains numerous areas with amenities available for the community:**

- 22 softball fields • 8 baseball fields • 2 inline skate hockey rinks
- 3 skate parks • 25 outdoor tennis courts • 10 outdoor basketball courts • 18 outdoor pickleball courts • 1 outdoor Fitness Court®
- 1 outdoor swimming pool • 1 swim beach • 27 playgrounds
- 32 parks - 22 with amenities only (no reservable shelters); 10 with amenities and reservable pavilions|gazebos|shelters
- 3 golf courses • Open lands, trails and natural areas • Indoor recreation at the Chilson Recreation & Senior Center • and more!

## **Memorial Bench & Tree Donations**

are made through the Parks & Recreation Department's non-profit Foundation. Call 970.962.3459 for information.

**Take a look! Check out Loveland park pavilions, gazebos and shelters at: [lovgov.org/parks](http://lovgov.org/parks)**

**See page 60 & 62 for park locations and recreation trail maps.**

## **PAVILIONS | GAZEBOS | SHELTERS**

Non-reserved (or unreserved) pavilions, gazebos and shelters without power are available free of charge on a first-come, first-served basis. Reservations must be made at least seven (7) days prior to the desired date. Reservations accepted up to a year in advance of the event date.

Fees and deposits are due upon reservation, and vary depending upon the location and invited guest total. **Call 970.962.2727 or go online for details: [lovgov.org/webtrac](http://lovgov.org/webtrac)**

**Alcohol permits** allow facility users to have alcohol at events. In addition to the shelter & deposit fees, an alcohol permit is a \$50 fee plus a \$50 deposit. Alcohol permits expire on the day of the reservation. **By City ordinance, alcohol is NOT permitted in a City facility without an alcohol permit and facility reservation.**

Large groups may be assessed a site impact fee to recover extra maintenance costs incurred for large group/event reservations. The Police Department may require an added application and approval process for large events. Please inquire for information.

# PAVILION | SHELTER RESERVATIONS

## Online Reservations: [lovgov.org/webtrac](http://lovgov.org/webtrac)

Walk-in reservations are accepted at the Parks & Recreation Administration office, 500 E. Third St., Ste 200 Loveland, CO 80537 Monday–Thursday 8A–4:30P and Friday 8A–3:30P

**Please note:** the window is closed daily from 12:00–1:00P

- **Benson Sculpture Park** - 1125 W. 29th St.

Features one reservation gazebo and sculpture displays throughout the park. Limited parking; carpooling suggested. Large group reservations (48+) not accepted.

- **Centennial Park** - 977 W. First St.

Features one reservation shelter, baseball fields, stream fishing, pickleball courts, horseshoe courts, playground & rec trail access.

- **Dwayne Webster Park** - 401 W. 13th St.

Features three reservation shelters, basketball, tennis, horseshoe courts, playground and cannon sculpture. Large group reservations (48+) not accepted.

- **Fairgrounds Park** - 700 S. Railroad Ave.

Features two reservation pavilions, basketball, dog park, playgrounds, skate park, spray park, tot lot, ballfields, fishing with river access, historic sites, sculpture and rec trail access.

- **Kroh Park** - 5200 N. Garfield Ave.

Features one reservation shelter, athletic and softball fields, a backstop and playground.

- **Loveland Sports Park** - 950 N. Boyd Lake

Features three reservation shelters, athletic fields, spray playground, skate park, in-line hockey rinks, basketball and volleyball courts & concession area. Large group reservations (60+) not accepted.

- **Mehaffey Park** - 3285 W. 22nd Street

Features two reservation shelters, a dog park, pond fishing, athletic fields, pickleball & tennis courts, skate park, playground, water feature and rec trail access.

- **Namaqua Park** - 730 N. CR 19E (Namaqua Road)

Features one reservation shelter, fishing, horseshoe courts and playground. Large group reservations (48+) not accepted.

- **North Lake Park** - 2750 N. Taft Avenue

Features four reservation shelters, fishing, baseball/softball athletic fields, tennis/basketball/horseshoe courts, pond fishing, mini railroad (seasonal), swim beach (seasonal) and two playgrounds.

- **Seven Lakes Park** - 1975 Park Dr.

Features one reservation shelter, soccer fields, basketball court, playground and rec trail access. Large group reservations (56+) not accepted.

## Areas that are reserved in person (not online):

- Athletic fields, ball fields and Hammond Amphitheater

Please call the office at 970.962.2727 to inquire about availability.

Neighborhood parks that do not have reservation areas may still be used on a first-come, first-served basis for small groups.

# PARK RULES & REGULATIONS

## Park Hours

Most Loveland parks are open from 6:00A–10:30P daily unless otherwise specified onsite. All parks except Viestenz-Smith Mountain Park will remain open in the winter months. Loveland Sports Park may be closed due to weather conditions and restrooms may remain closed for the season and/or during extremely cold temperatures. Please refer to specific park web pages or call 970.962.2727 for more information.

## Grills

The grills located in the parks are for charcoal use. When using the grills, you must make sure the coals are completely extinguished before vacating the site. You may leave the remaining coals/ash to continue cooling, and our parks workers will eliminate the ashes when they clean the grills before their next use. If you prefer to use a gas grill, you are welcome to bring your own to the park, as long as you use it on a paved/cement surface and you allow it time to cool so you may take it with you when you leave.

## Pets

- Pet owners are required to pick up and remove pet waste. Pets must be leashed and under human control at all times, except in designated dog park enclosures. Dogs at the dog park enclosure must remain under voice control. A leash is still required for arrival/departure at the dog park, or if there are control issues in the dog park areas.
- Pets are NOT allowed inside the Barnes Softball Complex at Fairgrounds Park or Centennial Park baseball complex, on inline hockey rinks, skate park areas, spray park areas, playgrounds, basketball and volleyball courts, the Championship Field at Loveland Sports Park or within 100 feet of any other athletic courts or fields while practices or games are being played.

## Permitted Items

- Only small pop-up shade shelters with removable walls are allowed (10' x 10' max) and must be weighted down. No stakes are to be driven into the ground more than 6" for any reason (irrigation lines are present). Camping as defined as setting up a tent or like structure for privacy is prohibited. Overnight parking or camping is prohibited.
- No jump castles, dunk tanks, pony rides or similar set-ups.
- No Silly String, paint or any other item which may contain dyes and cause permanent damage.
- Collecting, removing, destroying or defacing any natural or manmade object is NOT permitted.
- Vending is not allowed in City parks, open land areas or trails without prior permission from the Parks & Recreation Dept.
- Smoking is prohibited, except in designated areas.
- Glass containers/bottles are prohibited.
- No open fires or flames except in provided grills.
- No gathering or cutting firewood.
- Motorized vehicles (except authorized) are not allowed outside of established streets and parking areas.
- Remote control (RC) boating questions are addressed by the Colorado Parks & Wildlife Division through the office in Fort Collins. Please call 970.472.4300 for information. In Loveland, battery powered RC boats have been approved for use on small City-owned bodies of water only; suggested sites would be the Foote Lagoon or North Lake Park - Duck Pond.
- Regulation as of August 1, 2018: No hang gliding, paragliding or powered paragliding in any park or open land area.

**For detailed rules:** [lovgov.org/parks](http://lovgov.org/parks)



# GOLF

## INTRODUCING . . .

**We are thrilled to share some exciting news!**  
Golf Loveland is delighted to announce our new partnership with Jax Jones Golf Academy (JJGA), bringing top-notch golf instruction to ALL THREE Loveland golf courses.

JJGA offers exceptional programming, and we are excited to offer their fantastic lineup of classes now available for registration!

More programs for the summer and fall seasons will be released soon, so stay tuned for even more opportunities to improve your game.

**See the next page for a glimpse of some of the featured programs offered by JJGA.**



**Jax Jones Golf Academy**

### **PASSIONATE GOLF INSTRUCTORS**

Our golf instructors are not only highly skilled but share a strong passion for the game. We believe golf is more than just a sport, it's a way of life. Our instructors are committed to sharing their love for the game with you and helping you achieve your golfing goals.

### **CUSTOMIZABLE PROGRAMS**

We offer a range of customizable golf programs to fit your schedule and budget. Whether you're looking for a one-time lesson or a comprehensive training program, we have a package that's right for you! We also offer discounts for juniors.

### **FOCUS ON FUNDAMENTALS**

At Jax Jones Golf Academy, we believe that mastering the fundamentals is the key to success in golf. We focus on developing a solid foundation in grip, stance, posture and alignment before moving on to more advanced techniques. By mastering the basics, you'll be able to build a more consistent and reliable golf game.

## JJGA PROGRAMS

**Check out these NEW golf programs to improve your skills, achieve your goals and get onto the course.**

### Operation 36

Operation 36 is an 8-week program based off of two fundamentals: playing golf & developing skills. It is the perfect development program for all beginners and intermediate players! Over the 8 weeks there are eight instructed practice sessions and four 9-hole events played biweekly. This program is designed to help you set clear goals and achieve them through continuous improvement!

**More info about the program:** [operation36.golf](http://operation36.golf)

### Fundamentals

Knock of the rust and get ready for summer! Whether you are an avid golfer, getting back from some time off or brand new to the game, this class is perfect for you. These clinics are designed to get you prepared for the summer and cover everything from tee to green. Instruction is provided on putting, chipping and full swing shots. All equipment provided upon request.

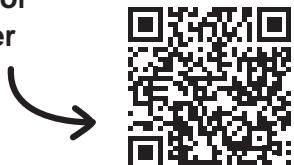
### Tips and Sips

This class is designed to help you learn a specific skill in a relaxing environment. All clinics are one hour with a focus on one aspect of the game. Included with registration is a drink from the bar – so grab a friend and come out to have some FUN!

### PGA Junior League

PGA Junior League is shifting the way youth golf is learned and played, including the adoption of league play, team golf and scoring with flags and points.

Visit [jaxjonesgolfacademy.com](http://jaxjonesgolfacademy.com) for more information or to register for summer golf programs!



## PRIVATE INSTRUCTION

Private individual or private small group instruction is available from JJGA instructors at ALL Loveland golf courses. **Contact Jax Jones Golf Academy for more info at [jaxjonesgolfacademy.com](http://jaxjonesgolfacademy.com)**

## TEE OFF FOR KIDS

### The Annual Tee Off For Kids Golf Tournament is Friday, June 7!

Join us for this annual golf tournament where ALL proceeds benefit youth recreation scholarships. Your ticket includes 18-holes of golf at Mariana Butte Golf Course, cart, prizes, awards and lunch.

**Date:** Friday, June 7 **Time:** 7:30A shotgun start

**Teams:** Two people per team

**Location:** Mariana Butte Golf Course

**Fee:** \$260 per team (Early Bird fee thru 4/26)

\$280 per team (Fee after 4/26)

**Registration Deadline:** May 17

**Register:**

[lovelandprfoundation.org](http://lovelandprfoundation.org)

**More Info:**

[prfnd@cityofloveland.org](mailto:prfnd@cityofloveland.org)



## GIFT CERTIFICATES

### Looking for an extra special gift for the golfer in your life?

Give the gift of golf! Gift certificates and merchandise can be purchased from the pro shops at all Loveland golf courses.

### Want to shop online?

Visit [golfloveland.com](http://golfloveland.com) and make someone happy this golf season.

## GOLF COURSE LOCATIONS

**Cattail Creek** 2116 W. 29th St.

970.663.5310

**Mariana Butte** 701 Clubhouse Dr.

970.667.8308

**The Olde Course at Loveland** 2115 W. 29th St.

970.667.5256

**Contact us for current rates, online tee times, course updates and more.**

**VISIT: GOLFLOVELAND.COM**



# AQUATICS

## CHILSON INDOOR POOL

**700 E. Fourth St. | 970.962.2FUN**

### Pool Hours

Pool closes 30 min before facility closes:

Mon–Fri.....	5:30A–9:00P
Sat.....	6:00A–5:30P
Sun.....	11:00A–5:30P

Hours subject to change; call for updates.

Please anticipate limited space availability during aqua fitness classes & swim lessons.

## LOVELAND SWIM BEACH North Lake Park

**29th St. and Taft Ave. | 970.962.2FUN**

### Beach Hours

Open daily from 10:30A–5:30P beginning Saturday, 6/8.

Remains open through Labor Day, 9/2 as water/staff levels permit.

### Rules for Pools & Swim Beach

Children under age 6 must be within arm's reach of and actively supervised by someone 16 or older while in the water. Children ages 6–7 must be directly supervised on the pool deck or on the swim beach by an adult 16+. Visit [lovgov.org/swimming](http://lovgov.org/swimming) for complete rules. **Groups of 10+ people** require advanced notice; Group Attendance Request form at [lovgov.org/swimming](http://lovgov.org/swimming)

### Please Note!

**Summer Pool Hours**  
**6/3–8/23**

**M–F 5:30A–8P**  
**Sa 6A–5:30P**  
**Su 11A–5:30P**

## WINONA OUTDOOR POOL

**1615 Fourth St. SE | 970.962.2435**

From the intersection of First St. and Madison, go south to Fourth St. SE and turn left. The pool is located on the north side of the street next to Osborn Park.

### Pool Hours

Opening for the season on Monday, 5/27

Mon–Wed..... 12:00–7:00P

Thurs, Fri, Sat & Sun..... 12:00–5:00P

### Lap Swim

Mon, Wed (2 lanes)..... 10:45A–12:00P

Tues, Thurs (6 lanes)..... 10:45A–12:00P

Fri, Sat (6 lanes)..... 10:00A–12:00P

### Family Swim

Sun..... 10:00A–12:00P

### Aqua Fitness Classes

Mon, Wed, Fri & Sat..... 10:40–11:40A

### Features

- AquaClimb
- Shallow water area
- Tee Cup water feature
- Bath house w/showers
- Playground (adjacent)
- Waterslide
- One 1-meter diving board
- 0-depth entry tot pool
- Volleyball net | Basketball pad
- Concessions

**Stay cool in the pool & work in the water!**

Join the aquatics team. Check out: [lovgov.org/jobs](http://lovgov.org/jobs)  
Become a certified lifeguard – see page 16.

## Winona Pool Fees

Infants (under 2 years, with a paying adult) .....	FREE
Toddler (2-5 Years) .....	\$4.50
Youth (6-18 Years) .....	\$5.50
Adult (19-61) .....	\$6.50
Senior (62+) .....	\$5.75
Spectator (non-swimmer).....	\$3.00

**Winona Punch Passes** Valid for 10 or 20 admissions. Winona Punch Passes can be purchased online, at the Chilson Center front desk or at Winona Outdoor Pool. **Passes are only good for Winona Pool and MUST be used during the calendar year they are purchased.** All major credit cards accepted.

Age	10-Visit	20-Visit
<b>Toddlers</b> (2-5 Years)	\$40.00	\$77.00
<b>Youth</b> (6-18 Years)	\$49.00	\$94.00
<b>Adults</b> (19-61 Years)	\$58.00	\$111.00
<b>Senior Adults</b> (62+)	\$52.00	\$98.00
<b>Spectator</b> (non swimmer)	\$27.00	\$51.00

## Chilson 10-Visit Passes – valid at Winona Pool

Do you have a Chilson 10-Visit pass, SilverSneakers® pass or Renew Active pass? You may use these passes at Winona Pool!

**Upgrade** your Chilson 3 month, 6 month pass, 1 year or monthly billing pass to include Winona Pool (**see the bottom of page 2 for details**).

## Winona Pool Rentals • 970.962.2FUN or online at [lovgov.org/webtrac](http://lovgov.org/webtrac)

Are you looking for a great location for a gathering, family reunion or birthday party? Rental includes the use of the shower facilities, AquaClimb, waterslide & other amenities. Alcohol not permitted.

### Thurs | Fri | Sat Rentals:

5:30–7:30P 1-100 Guests: \$350 + \$100 deposit  
5:30–7:30P 101-300 Guests: \$400 + \$100 deposit

### Sunday Rentals:

5:30–8:00P 1-100 Guests: \$375 + \$100 deposit  
5:30–8:00P 101-300 Guests: \$425 + \$100 deposit

## CARA Swim Team at Winona Pool

The CARA Swim Team competes in 3 to 4 swim meets throughout the summer season and introduces young swimmers to competitive swimming. **You must be able to complete 25 yards of the front crawl stroke on the first day of practice to participate.** Those unable to complete 25 yards will be refunded or referred to the swim lesson program. Emphasis is placed on FUN and DEVELOPMENT. Ribbons are given to each child finishing their respective events at meets. Practices are Mondays–Thursdays. Home swim meet date: 8/3 Open swimming is not allowed during team practice times. Min/Max: 10/30 Location: Winona Pool

**Fee:** \$140

<b>Age: 6-11</b>	6/3-8/3	7:30-8:30A	302002-1
<b>Age: 12-18</b>	6/3-8/3	6:30-7:30A	302001-1

## Chilson INDOOR Swim Lessons:

Online registration begins 4/22 at 6:00P  
Walk-In registration begins 4/23 at 8:30A  
**Questions:** 970.962.2631

## Winona OUTDOOR Swim Lessons:

**Questions:** 970.962.2631

Session 1	Online registration begins 4/22 at 6:00P Walk-In registration begins 4/23 at 8:30A
Session 2	Registration begins 6/10 at 8:30A
Session 3	Registration begins 6/24 at 8:30A
Session 4	Registration begins 7/15 at 8:30A

## Swim Parent/Infant

Min/Max: 4/10

Parents help introduce infants to the water while learning how to work with their child safely in the pool. Basic body position and holding techniques are introduced. One adult per child required.

**Age: 0.5–1.5 \*No class 5/27 \*\*Class on 8/26 is at Winona**

M	5/6-7/1*	5:45-6:15P	\$46	Chilson	300001-01
M	7/8-8/26**	5:45-6:15P	\$46	Chilson	300001-02
T,Th	5/7-5/30	5:10-5:40P	\$46	Chilson	300001-10
T,Th	6/4-6/27	5:10-5:40P	\$46	Chilson	300001-11
T,Th	7/9-8/1	5:10-5:40P	\$46	Chilson	300001-12
M-Th	6/3-6/13	10:15-10:45A	\$46	Chilson	300001-30
M-Th	7/8-7/18	10:15-10:45A	\$46	Chilson	300001-31

## Swim Parent/Toddler

Min/Max: 4/10

Parents help introduce toddlers to the water using songs, working on building confidence, becoming comfortable in and around the pool and staying safe. Basic water activities are introduced. One adult per child required.

**Age: 1.5–3 \*No class 5/27 \*\*Class on 8/26 is at Winona**

**Class on 8/24 is at Winona**

M	5/6-7/1*	5:10-5:40P	\$46	Chilson	300002-01
M	7/8-8/26**	5:10-5:40P	\$46	Chilson	300002-02
T,Th	5/7-5/30	6:20-6:50P	\$46	Chilson	300002-10
T,Th	6/4-6/27	6:20-6:50P	\$46	Chilson	300002-11
T,Th	7/9-8/1	6:20-6:50P	\$46	Chilson	300002-12
Sa	5/4-6/22	10:10-10:40A	\$46	Chilson	300002-20
Sa	5/29-8/24	10:10-10:40A	\$46	Chilson	300002-21
M-Th	6/17-6/27	10:15-10:45A	\$46	Chilson	300002-30
M-Th	7/22-8/1	10:15-10:45A	\$46	Chilson	300002-31

## Swim Parent/Infant/Toddler

Min/Max: 4/10

Parents help introduce infants and toddlers to the water using songs, working on building confidence, becoming comfortable in and around the pool and staying safe. Basic water activities are introduced. One adult per child required.

**Age: 0.5–3**

M-Th	6/3-6/13	9:35-10:05A	\$46	Winona	301202-1
M-Th	7/8-7/18	9:35-10:05A	\$46	Winona	301402-1

## Make a BIG SPLASH with a Swim Party!

Reserve the Chilson Party Room and celebrate your birthday at the Chilson Pool. We offer gymnastics and eSports parties, too!

**More Info:** 970.962.2468 or [lovgov.org/birthdayparties](http://lovgov.org/birthdayparties)

**See next page for more swim lessons!**

**Swim Preschool 1** Min/Max: 4/8

This level is for the swimmer with no or limited water experience and who is uncomfortable putting their face in the water. Front and back floats introduced along with interactive water games.

**Age: 3-5 \*No class 5/27 \*\*Class on 8/26 is at Winona**

**Class on 8/24 is at Winona**

M	5/6-7/1*	5:10-5:40P	\$46	Chilson	300003-01
M	5/6-7/1*	6:20-6:50P	\$46	Chilson	300003-02
M	7/8-8/26**	5:10-5:40P	\$46	Chilson	300003-03
M	7/8-8/26**	6:20-6:50P	\$46	Chilson	300003-04
T,Th	5/7-5/30	5:45-6:15P	\$46	Chilson	300003-10
T,Th	5/7-5/30	6:55-7:25P	\$46	Chilson	300003-11
T,Th	6/4-6/27	5:45-6:15P	\$46	Chilson	300003-12
T,Th	6/4-6/27	6:55-7:25P	\$46	Chilson	300003-13
T,Th	7/9-8/1	5:45-6:15P	\$46	Chilson	300003-14
T,Th	7/9-8/1	6:55-7:25P	\$46	Chilson	300003-15
Sa	5/4-6/22	10:10-10:40A	\$46	Chilson	300003-20
Sa	6/29-8/24	10:10-10:40A	\$46	Chilson	300003-21
M-Th	6/3-6/13	9:05-9:35A	\$46	Chilson	300003-30
M-Th	6/17-6/27	9:05-9:35A	\$46	Chilson	300003-31
M-Th	7/8-7/18	9:05-9:35A	\$46	Chilson	300003-32
M-Th	7/22-8/1	9:05-9:35A	\$46	Chilson	300003-34
M-Th	6/3-6/13	9:00-9:30A	\$46	Winona	301203-1
M-Th	6/3-6/13	10:45-11:15A	\$46	Winona	301203-2
M-Th	6/17-6/27	9:35-10:05A	\$46	Winona	301303-1
M-Th	6/17-6/27	10:45-11:15A	\$46	Winona	301303-2
M-Th	7/8-7/18	9:00-9:30A	\$46	Winona	301403-1
M-Th	7/8-7/18	10:45-11:15A	\$46	Winona	301403-2
M-Th	7/22-8/1	9:35-10:05A	\$46	Winona	301503-1
M-Th	7/22-8/1	10:45-11:15A	\$46	Winona	301503-2

**Swim Preschool 2** Min/Max: 4/8

*Prerequisite: Preschool 1 or demonstrate requirements.* This level is for the swimmer who will comfortably submerge face and head underwater. Learn to float independently on front and back for 5 seconds. Swimming on front introduced.

**Age: 3-5 \*No class 5/27 \*\*Class on 8/26 is at Winona**

**Class on 8/24 is at Winona**

M	5/6-7/1*	5:45-6:15P	\$46	Chilson	300004-01
M	5/6-7/1*	6:55-7:25P	\$46	Chilson	300004-02
M	7/8-8/26**	5:45-6:15P	\$46	Chilson	300004-03
M	7/8-8/26**	6:55-7:25P	\$46	Chilson	300004-04
T,Th	5/7-5/30	5:10-5:40P	\$46	Chilson	300004-10
T,Th	5/7-5/30	6:20-6:50P	\$46	Chilson	300004-11
T,Th	6/4-6/27	5:10-5:40P	\$46	Chilson	300004-12
T,Th	6/4-6/27	6:20-6:50P	\$46	Chilson	300004-13
T,Th	7/9-8/1	5:10-5:40P	\$46	Chilson	300004-14
T,Th	7/9-8/1	6:20-6:50P	\$46	Chilson	300004-15
Sa	5/4-6/22	9:35-10:05A	\$46	Chilson	300004-20
Sa	6/29-8/24	9:35-10:05A	\$46	Chilson	300004-21
M-Th	6/3-6/13	9:40-10:10A	\$46	Chilson	300004-30
M-Th	7/8-7/18	9:40-10:10A	\$46	Chilson	300004-31
M-Th	6/3-6/13	9:35-10:05A	\$46	Winona	301204-1
M-Th	6/3-6/13	10:10-10:40A	\$46	Winona	301204-2
M-Th	6/17-6/27	9:35-10:05A	\$46	Winona	301304-1
M-Th	6/17-6/27	10:10-10:40A	\$46	Winona	301304-2
M-Th	7/8-7/18	9:35-10:05A	\$46	Winona	301404-1
M-Th	7/8-7/18	10:10-10:40A	\$46	Winona	301404-2
M-Th	7/22-8/1	9:35-10:05A	\$46	Winona	301504-1
M-Th	7/22-8/1	10:10-10:40A	\$46	Winona	301504-2

**Unsure of your swim level for lessons?**

**We can help! Call 970.962.2631 to set up a test session for best placement.**

**Chilson INDOOR Swim Lessons:**

Online registration begins 4/22 at 6:00P

Walk-In registration begins 4/23 at 8:30A

**Winona OUTDOOR Swim Lessons:**

Session 1	Registration begins on dates above
-----------	------------------------------------

Session 2	Registration begins 6/10 at 8:30A
-----------	-----------------------------------

Session 3	Registration begins 6/24 at 8:30A
-----------	-----------------------------------

Session 4	Registration begins 7/15 at 8:30A
-----------	-----------------------------------

**Swim Preschool 3** Min/Max: 4/8

*Prerequisite: Preschool 2 or demonstrate requirements.* This level is for the swimmer who is able to float independently on front and back for 5 seconds. Learn to swim 5 body lengths on front without stopping and become more comfortable in deeper water. Treading water is also introduced.

**Age: 3-5 \*No class 5/27 \*\*Class on 8/26 is at Winona**

**Class on 8/24 is at Winona**

M	5/6-7/1*	6:20-6:50P	\$46	Chilson	300005-01
M	7/8-8/26**	6:20-6:50P	\$46	Chilson	300005-02
T,Th	5/7-5/30	5:45-6:15P	\$46	Chilson	300005-10
T,Th	6/4-6/27	5:45-6:15P	\$46	Chilson	300005-11
T,Th	7/9-8/1	5:45-6:15P	\$46	Chilson	300005-12
Sa	5/4-6/22	9:00-9:30A	\$46	Chilson	300005-20
Sa	6/29-8/24	9:00-9:30A	\$46	Chilson	300005-21
M-Th	6/17-6/27	9:40-10:10A	\$46	Chilson	300005-30
M-Th	7/24-8/3	9:40-10:10A	\$46	Chilson	300005-31
M-Th	6/3-6/13	9:00-9:30A	\$46	Winona	301205-1
M-Th	6/3-6/13	10:45-11:15A	\$46	Winona	301205-2
M-Th	6/17-6/27	9:00-9:30A	\$46	Winona	301305-1
M-Th	6/17-6/27	10:45-11:15A	\$46	Winona	301305-2
M-Th	7/8-7/18	9:00-9:30A	\$46	Winona	301405-1
M-Th	7/8-7/18	10:45-11:15A	\$46	Winona	301405-2
M-Th	7/22-8/1	9:00-9:30A	\$46	Winona	301505-1
M-Th	7/22-8/1	10:45-11:15A	\$46	Winona	301505-2

**Swim Level 1** Min/Max: 4/8

This level is for the swimmer with little or no water comfort. Become comfortable submerging entire body in the water and learn to float independently on front and back. Swimming on front introduced.

**Age: 6-16 \*No class 5/27 \*\*Class on 8/26 is at Winona**

**Class on 8/24 is at Winona**

M	5/6-7/1*	5:45-6:15P	\$46	Chilson	300006-01
M	5/6-7/1*	6:55-7:25P	\$46	Chilson	300006-02
M	7/8-8/26**	5:45-6:15P	\$46	Chilson	300006-03
M	7/8-8/26**	6:55-7:25P	\$46	Chilson	300006-04
T,Th	5/7-5/30	5:10-5:40P	\$46	Chilson	300006-10
T,Th	5/7-5/30	6:20-6:50P	\$46	Chilson	300006-11
T,Th	6/4-6/27	5:10-5:40P	\$46	Chilson	300006-12
T,Th	6/4-6/27	6:20-6:50P	\$46	Chilson	300006-13
T,Th	7/9-8/1	5:10-5:40P	\$46	Chilson	300006-14
T,Th	7/9-8/1	6:20-6:50P	\$46	Chilson	300006-15
Sa	5/4-6/22	11:20-11:50A	\$46	Chilson	300006-20
Sa	6/29-8/24	11:20-11:50A	\$46	Chilson	300006-21
M-Th	6/3-6/13	8:30-9:00A	\$46	Chilson	300006-30
M-Th	7/8-7/18	8:30-9:00A	\$46	Chilson	300006-31
M-Th	6/3-6/13	9:35-10:05A	\$46	Winona	301206-1
M-Th	6/3-6/13	10:45-11:15A	\$46	Winona	301206-2
M-Th	6/17-6/27	9:35-10:05A	\$46	Winona	301306-1
M-Th	6/17-6/27	10:45-11:15A	\$46	Winona	301306-2
M-Th	7/8-7/18	9:35-10:05A	\$46	Winona	301406-1
M-Th	7/8-7/18	10:45-11:15A	\$46	Winona	301406-2
M-Th	7/22-8/1	9:35-10:05A	\$46	Winona	301506-1
M-Th	7/22-8/1	10:45-11:15A	\$46	Winona	301506-2

## Swim Level 2 Min/Max: 4/8

*Prerequisite: Successful completion of Level 1 or demonstrate requirements.* This level is for the swimmer who can put their face in the water comfortably and can float independently. Learn to swim 5 body lengths on front without stopping and learn to tread water.

**Age: 6-16 \*No class 5/27 \*\*Class on 8/26 is at Winona**

**Class on 8/24 is at Winona**

M	5/6-7/1*	5:10-5:40P	\$46	Chilson	300007-01
M	5/6-7/1*	6:20-6:50P	\$46	Chilson	300007-02
M	7/8-8/26**	5:10-5:40P	\$46	Chilson	300007-03
M	7/8-8/26**	6:20-6:50P	\$46	Chilson	300007-04
T,Th	5/7-5/30	5:45-6:15P	\$46	Chilson	300007-10
T,Th	5/7-5/30	6:55-7:25P	\$46	Chilson	300007-11
T,Th	6/4-6/27	5:45-6:15P	\$46	Chilson	300007-12
T,Th	6/4-6/27	6:55-7:25P	\$46	Chilson	300007-13
T,Th	7/9-8/1	5:45-6:15P	\$46	Chilson	300007-14
T,Th	7/9-8/1	6:55-7:25P	\$46	Chilson	300007-15
Sa	5/4-6/22	10:45-11:15A	\$46	Chilson	300007-20
Sa	6/29-8/24	10:45-11:15A	\$46	Chilson	300007-21
M-Th	6/17-6/27	8:30-9:00A	\$46	Chilson	300007-30
M-Th	7/22-8/1	8:30-9:00A	\$46	Chilson	300007-31
M-Th	6/3-6/13	9:35-10:05A	\$46	Winona	301207-1
M-Th	6/3-6/13	10:45-11:15A	\$46	Winona	301207-2
M-Th	6/17-6/27	9:35-10:05A	\$46	Winona	301307-1
M-Th	6/17-6/27	10:45-11:15A	\$46	Winona	301307-2
M-Th	7/8-7/18	9:35-10:05A	\$46	Winona	301407-1
M-Th	7/8-7/18	10:45-11:15A	\$46	Winona	301407-2
M-Th	7/22-8/1	9:35-10:05A	\$46	Winona	301507-1
M-Th	7/22-8/1	10:45-11:15A	\$46	Winona	301507-2

## Swim Level 3 Min/Max: 4/8

*Prerequisite: Successful completion of Level 2 or demonstrate requirements.* This level is for the swimmer who can swim on front 5 body lengths without stopping. Learn rotary breathing, front crawl and elementary backstroke. Must be able to jump into shallow/deep water and move to the side comfortably.

**Age: 6-16 \*No class 5/27 \*\*Class on 8/26 is at Winona**

**Class on 8/24 is at Winona**

M	5/6-7/1*	5:45-6:15P	\$46	Chilson	300008-01
M	7/8-8/26**	5:45-6:15P	\$46	Chilson	300008-02
T,Th	5/7-5/30	5:45-6:15P	\$46	Chilson	300008-10
T,Th	6/4-6/27	5:45-6:15P	\$46	Chilson	300008-11
T,Th	7/9-8/1	5:45-6:15P	\$46	Chilson	300008-12
Sa	5/4-6/22	9:35-10:05A	\$46	Chilson	300008-20
Sa	6/29-8/24	9:35-10:05A	\$46	Chilson	300008-21
M-Th	6/3-6/13	9:00-9:30A	\$46	Winona	301208-1
M-Th	6/3-6/13	10:10-10:40A	\$46	Winona	301208-2
M-Th	6/17-6/27	9:00-9:30A	\$46	Winona	301308-1
M-Th	6/17-6/27	10:10-10:40A	\$46	Winona	301308-2
M-Th	7/8-7/18	9:00-9:30A	\$46	Winona	301408-1
M-Th	7/8-7/18	10:10-10:40A	\$46	Winona	301408-2
M-Th	7/22-8/1	9:00-9:30A	\$46	Winona	301508-1
M-Th	7/22-8/1	10:10-10:40A	\$46	Winona	301508-2

## Private | Semi-Private Swim Lessons

Private swim lessons are a great way to improve skills in a one-on-one setting tailored to your needs and desires. Taught by City of Loveland swim instructors who have excellent experience.

Private: 1 person, 30-min \$30 paid at lesson  
 Semi-Private: 2 people, 30-min \$40 paid at lesson

**For more information, please call 970.962.2631.**

## Swim Level 4 Min/Max: 4/8

*Prerequisite: Successful completion of Level 3 or demonstrate requirements.* This level is for the swimmer who can swim 25 yards front crawl without stopping and is comfortable in deep water. Learn back crawl, breaststroke, sidestroke while building endurance on front crawl and elementary backstroke.

**Age: 6-16 \*No class 5/27 \*\*Class on 8/26 is at Winona**

**Class on 8/24 is at Winona**

M	5/6-7/1*	6:20-6:50P	\$46	Chilson	300009-01
M	7/8-8/26**	6:20-6:50P	\$46	Chilson	300009-02
T,Th	5/7-5/30	5:10-5:40P	\$46	Chilson	300009-10
T,Th	6/4-6/27	5:10-5:40P	\$46	Chilson	300009-11
T,Th	7/9-8/1	5:10-5:40P	\$46	Chilson	300009-12
Sa	5/4-6/22	9:00-9:30A	\$46	Chilson	300009-20
Sa	6/29-8/24	9:00-9:30A	\$46	Chilson	300009-21
M-Th	6/3-6/13	9:00-9:30A	\$46	Winona	301209-1
M-Th	6/3-6/13	10:10-10:40A	\$46	Winona	301209-2
M-Th	6/17-6/27	9:00-9:30A	\$46	Winona	301309-1
M-Th	6/17-6/27	10:10-10:40A	\$46	Winona	301309-2
M-Th	7/8-7/18	9:00-9:30A	\$46	Winona	301409-1
M-Th	7/8-7/18	10:10-10:40A	\$46	Winona	301409-2
M-Th	7/22-8/1	9:00-9:30A	\$46	Winona	301509-1
M-Th	7/22-8/1	10:10-10:40A	\$46	Winona	301509-2

## Swim Level 5 Min/Max: 4/8

*Prerequisite: Successful completion of Level 4 or demonstrate requirements.* This level is for the swimmer who can swim 50 yards front crawl, perform the breaststroke and back crawl for 25 yards and can tread water continuously for at least one minute. Be introduced to the butterfly stroke and flip turns on front and back.

**Age: 6-16 \*No class 5/27 \*\*Class on 8/26 is at Winona**

**Class on 8/24 is at Winona**

M	5/6-7/1*	5:10-5:40P	\$46	Chilson	300010-01
M	7/8-8/26**	5:10-5:40P	\$46	Chilson	300010-02
T,Th	5/7-5/30	6:20-6:50P	\$46	Chilson	300010-10
T,Th	6/4-6/27	6:20-6:50P	\$46	Chilson	300010-11
T,Th	7/9-8/1	6:20-6:50P	\$46	Chilson	300010-12
Sa	5/4-6/22	10:45-11:15A	\$46	Chilson	300010-20
Sa	6/29-8/24	10:45-11:15A	\$46	Chilson	300010-21
M-Th	6/3-6/13	10:10-10:40A	\$46	Winona	301210-1
M-Th	6/17-6/27	10:10-10:40A	\$46	Winona	301310-1
M-Th	7/8-7/18	10:10-10:40A	\$46	Winona	301410-1
M-Th	7/22-8/1	10:10-10:40A	\$46	Winona	301510-1

## Swim Level 6 Min/Max: 4/8

*Prerequisite: Successful completion of Level 5 or demonstrate requirements.* This level is for the swimmer who can swim a minimum of two laps without stopping and is efficient in competition strokes including front crawl (freestyle), breaststroke, butterfly and back crawl (backstroke). Work on refining strokes, developing power and smoothness over greater distances.

**Age: 6-16 Class on 8/24 is at Winona**

Sa	5/4-6/22	11:20-11:50A	\$46	Chilson	300011-20
Sa	6/29-8/24	11:20-11:50A	\$46	Chilson	300011-21
M-Th	6/17-6/27	9:00-9:30A	\$46	Winona	301311-1
M-Th	7/22-8/1	9:00-9:30A	\$46	Winona	301511-1

## Swim Adult Beginner Min/Max: 4/6

Become more comfortable in the water and learn the basic skills to achieve a minimum level of water competency. Focus is on breath control, submerging, floating and learning the front crawl and elementary backstroke.

**Age: 16+ Class on 8/24 is at Winona**

Sa	5/4-6/22	8:25-8:55A	\$46	Chilson	300015-20
Sa	6/29-8/24	8:25-8:55A	\$46	Chilson	300015-21

## BECOME A LIFEGUARD

### Lifeguard Pre-Test Workshops Min/Max: 5/25

Are you intimidated by the lifeguarding pre-test, but want to take the lifeguard class? We are here to help! In this hour and a half workshop, we will practice the lifeguard class pre-test and give tips and additional practice to help you feel more confident on the day of the real test. These workshops are led by our lifeguard class instructors. Location: Chilson Pool/Winona Outdoor Pool

#### Age: 14+

W	4/3	4:30-6:00P	\$15	203004-1
W	5/1	4:30-6:00P	\$15	203004-2
W	5/15	4:30-6:00P	\$15	303004-1

### Blended Learning Lifeguard Certification

Blended learning courses mix online learning and in-person skills sessions to obtain the American Red Cross Lifeguard for Professional Rescuers with CPR/AED/First Aid certification. Students will complete 7 hours and 30 minutes of online videos, quizzes and tests through the American Red Cross learning portal in lieu of in-person lectures. **Pre-test:** 300 yard continuous swim using front crawl, breaststroke or combination of both, retrieve a 10 lb brick from bottom of pool and tread water for two minutes. Successful completion is necessary to continue onto the class; refunds given to participants who do not pass. Min/Max: 5/11 Location: Chilson Pool/Winona Outdoor Pool

#### Age: 15+

#### Session 1 Pre-test: Wednesday, 4/10, 5-6P

Su	4/14-5/5	11:00A-5:00P	\$160	203003-01
----	----------	--------------	-------	-----------

#### Session 2 Pre-test: Monday, 5/6, 5-6P

W, F, & Sa	5/8-5/11	4:30-9:00P (W) 1:00-9:00P (F) 9:00A-5:00P (Sa)	\$160	203003-02
---------------	----------	--	-------	-----------

#### Session 3 Pre-test: Wednesday, 5/22, 5-6P

T-F	5/28-5/31	8:00A-2:00P	\$160	203003-03
-----	-----------	-------------	-------	-----------

#### Session 4 Pre-test: Wednesday, 7/31, 5-6P

M-Th	8/5-8/8	8:00A-2:00P	\$160	303003-01
------	---------	-------------	-------	-----------

### Waterfront Lifeguard Certification Min/Max: 5/10

Certified lifeguards will learn the skills and knowledge needed to prevent and respond to emergencies in non-surf, open-water areas found at public parks, resorts, summer camps and campgrounds. **Pre-test:** 550 yard continuous swim using front crawl and breaststroke. You must have current American Red Cross Lifeguarding certification. Location: Chilson Pool/Swim Beach

#### Age: 15+

Su	5/26	11:00A-4:30P	\$75	203002-01
Su	6/23	11:00A-4:30P	\$75	303002-01

### Lifeguard Recertification Min/Max: 5/10

The American Red Cross Recertification course is intended for lifeguards whose certification will expire soon or has expired within 30 days prior to June 2. Participants who successfully complete this course will receive Lifeguard, First Aid, CPR/AED certification valid for two years. Please be ready to provide your current/expired certifications and any extension documentation prior to beginning the class. **Pre-test:** 300 yard continuous swim, retrieve a 10 lb brick from bottom of pool and tread water for two minutes. Bring a swimsuit, towel, pocket mask, whistle, lunch and snacks. Location: Chilson Pool/Winona Outdoor Pool

#### Age: 16+

Su	6/2	10:00A-6:00P	\$75	203001-03
----	-----	--------------	------	-----------

## SEE YOU AT WINONA!

### Father's Day Special

Fathers enjoy 50% off their individual Winona Pool daily fee on their special day! Location: Winona Outdoor Pool

Su 6/16 10:00A-5:00P Winona entry fee

### Glow Night Swim

Come swim at Winona Outdoor Pool late at night under the stars! Enjoy music, glow sticks (while supplies last) and concessions (\$). Location: Winona Outdoor Pool

#### All ages

Th 6/20 8:00-10:00P Winona entry fee

Th 8/8 8:00-10:00P Winona entry fee

### 4th of July Party

Party at the pool, patriotic style! Open expanded hours from 10:00A-5:00P for red, white and blue-themed FUN and games with the lifeguards, music and concessions specials (\$). Location: Winona Outdoor Pool

#### All ages

M 7/4 10:00A-5:00P Winona entry fee

### Dive-In Movie Night

Enjoy *Surf's Up* (PG) while floating in the pool with your friends! Weather permitting. Movie starts at dusk. Bring your own float! Concessions open (\$). **Questions:** 970.962.2493 Location: Winona Outdoor Pool

#### All ages

Sa 7/20 8:45P (approx.) Winona entry fee



- Waterslide
- 0-depth entry tot pool
- Diving board
- & more!
- AquaClimb
- Tee Cup water feature
- Bath house



Info: 970.962.2FUN  
[lovgov.org/swimming](http://lovgov.org/swimming)



## GROUP FITNESS CLASSES

Included with a pass/punch card/daily admission!



### GET MOTIVATED

With over 50 drop-in group fitness classes per week - **included in your daily admission** - there's something for EVERYONE. Getting fit is easier when others are rooting for you!

### GET RESULTS

Our trained instructors inspire and encourage you to be the **BEST** you can be with safe, effective classes that deliver maximum results. All fitness levels welcome.

### GET IN HERE

Challenge yourself to move your body and develop heart-healthy routines. Increase your cardio and muscular endurance. Get stronger, get flexible, get energized...get in here!

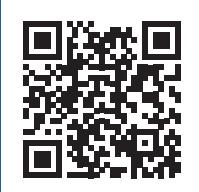
### GET THE SCHEDULE

Pick up a current fitness schedule in the Chilson or Senior Center lobby. New classes are added throughout the year, so make sure you have the most current schedule. See you soon!

### CURRENT FITNESS SCHEDULE:

Class descriptions included with schedule.

[lovgov.org/fitnesswellness](http://lovgov.org/fitnesswellness)





# FITNESS & WELLNESS

## Personal Training

Get maximum results in minimal time! Learn what your body needs and how it reacts to effective exercise. Working with a certified trainer who understands fitness, nutrition and health is one of the fastest, easiest and most successful ways to improve your health. Achieve long-term weight loss and develop healthy life-long habits; receive expert guidance and motivation; enhance sports performance; establish realistic and achievable fitness and nutritional goals. Call 970.962.2630 for more info or inquire at the front desk.

**Personal trainer bios:** [lovgov.org/personaltrainers](http://lovgov.org/personaltrainers)

**Age: 16+**

### 30-Minute Sessions

1 session	\$38
6 sessions	\$190
10 sessions	\$300

### 60-Minute Sessions

1 hour	\$55
3 hours	\$150
5 hours	\$240

## Intro to Personal Training Package

If you are new to training or have not trained in over one year, this is a great place to start! Our trainers will work to inspire and encourage you to develop healthy habits and effective workouts. One hour and two 30-min sessions. Valid for one intro package per person.

3 sessions      \$110

## Lift Strong Weight Training for Age 12-13

Not old enough to use the strength equipment without parental supervision? Meet with a personal trainer to learn the fundamentals of weight training. Get set up on a weight training program and receive a wristband showing completion of the class to use the strength equipment on your own (you must wear wristband each time). Parents are NOT required to attend the class with you.

Call Amy Genger at 970.962.2630, ext. 2.

**Age: 12-13**

May–September      \$30      315001-1

## Fitness Equipment Orientation

Our personal trainers can show you how to safely use the fitness equipment. Call 970.962.2386 for an appointment or schedule at the front desk. The orientation does not provide an exercise plan.

FREE with paid admission

## Trainers | Coaches

Trainers provide consistency, discipline and a whole lot of motivation! Schedule your package with one of our personal trainer/nutrition coaches:

**TRAINER | COACH BIOS**  
[lovgov.org/personaltrainers](http://lovgov.org/personaltrainers)

**QUESTIONS** Sherri at 970.962.2453

## WORK HARD, FEEL GOOD

### reDEFINE Fit Boot Camp ♦

Get fit with a structured workout program, nutritional plan and the support of a team. This is for ALL fitness levels with a time table you can do. Pre & post camp assessments plus Saturday bonus camps! Call 970.214.7900 or email [ryann@redefinefitco.com](mailto:ryann@redefinefitco.com) for questions or to enroll. Location: Chilson Center

**Age: 16+**

#### AM Camp – 3 days per week + Saturday camps

M,W,F	5/20-6/28	6:00-7:00A	\$245
M,W,F	7/8-8/16	6:00-7:00A	\$245

#### NOON Camp – 2 days per week + Saturday camps

T,Th	5/21-6/27	12:00-1:00P	\$165
T,Th	7/9-8/15	12:00-1:00P	\$165

### HIIT (High Intensity Interval Training) Min/Max: 5/12

HIIT is a variant of exercising that is the quickest way to burn fat and gain muscle simultaneously. How does HIIT work? It optimizes your workout time by utilizing a series of short, high-intensity intervals, followed by longer, low-intensity intervals. It boosts your metabolism and continues to burn calories hours after you are done! Location: Circuit Area

**Age: 14+ \*No class 8/27, 8/30**

T	4/30-5/21	10:00-10:40A	\$35	216115-5
T	6/4-6/25	10:00-10:40A	\$36	316115-1
T	7/9-7/30	10:00-10:40A	\$36	316115-2
T	8/6-8/20*	10:00-10:40A	\$27	316115-3
F	5/3-5/24	10:00-10:40A	\$35	216115-10
F	6/7-6/28	10:00-10:40A	\$36	316115-4
F	7/12-8/2	10:00-10:40A	\$36	316115-5
F	8/9-8/23*	10:00-10:40A	\$27	316115-6

### TRX Suspension Training Min/Max: 5/8

TRX Suspension Training is a workout in which gravity and your own body weight is used to recruit and work many muscles at the same time. Training with TRX leads to enhanced strength, balance, flexibility and core stability. From beginners to athletes, anyone can use the TRX suspension trainer. Location: Small Gym

**Age: 14+ \*No class 8/27, 8/29, 8/30**

T	4/30-5/21	9:00-9:40A	\$35	216517-03
T	4/30-5/21	5:40-6:20P	\$35	216517-04
Th	5/2-5/23	9:00-9:40A	\$35	216517-06
F	5/3-5/24	9:00-9:40A	\$35	216517-07
T	6/4-6/25	9:00-9:40A	\$36	316117-03
T	6/4-6/25	5:40-6:20P	\$36	316117-04
Th	6/6-6/27	9:00-9:40A	\$36	316117-06
F	6/7-6/28	9:00-9:40A	\$36	316117-07
T	7/9-7/23	9:00-9:40A	\$36	316217-03
T	7/9-7/23	5:40-6:20P	\$36	316217-04
Th	7/11-8/1	9:00-9:40A	\$36	316217-06
F	7/12-8/2	9:00-9:40A	\$36	316217-07
T	8/6-8/20*	9:00-9:40A	\$27	316317-03
T	8/6-8/20*	5:40-6:20P	\$27	316317-04
Th	8/8-8/22*	9:00-9:40A	\$27	316317-06
F	8/9-8/23*	9:00-9:40A	\$27	316317-07

## BETTER HEALTH, BETTER YOU

### Cinco de Mayo Zumba® Parties!

Get ready to dance and celebrate Cinco de Mayo with two special Zumba® events. Join us as our Zumba® instructors provide a fun-filled, high-energy party that will get your body moving to the rhythm with Latin-inspired dance moves.

Location: Small Gym/Chilson Pool

**Age: 14+**

#### Zumba® Dance Party

W	5/1	6:00-7:30P	Chilson pass or daily fee
---	-----	------------	---------------------------

#### Aqua Zumba® Dance Party

F	5/3	7:15-8:15A	Chilson pass or daily fee
---	-----	------------	---------------------------

### Low Carb Living Min/Max: 6/15

Are you pre-diabetic, suffering from type 2 diabetes, obesity, high blood pressure or high cholesterol? Has your doctor informed you a reduced carbohydrate lifestyle may help? You don't have to be keto to enjoy the benefits of reducing your carbohydrate intake. Limiting intake of carbs may be difficult, but finding alternatives can help. Learn helpful tips to begin and maintain a new reduced carbohydrate intake lifestyle. Lifestyle meetings held every month.

Instructor: Candace Oates | Location: Chilson Conference Rm

**Age: 14+**

Th	6/6	10:30-11:30A	\$25	318950-1
Th	7/11	10:30-11:30A	\$25	318950-2
Th	8/8	10:30-11:30A	\$25	318950-3

### Fitness By Foot Min/Max: 8/20

A guided walking tour for beginning to intermediate levels that includes fitness opportunities at five downtown locations. With a 1.3-mile walk between locations, experience a 15-minute stretch and warm-up, a 15-minute HIIT workout, a 15-minute body weight toning and a 15-minute yoga cool-down. Workouts will be followed by walking to get a mini nutritional shake!

Location: 325 N. Cleveland Ave.

**Age: 18+**

Sa	6/29	9:00-10:30A	\$10	391057-1
----	------	-------------	------	----------

### UCHealth/Aspen Club Balance Screenings

A UCHealth Physical Therapist will assess your fall risk using STEADI (Stopping Elderly Accidents, Deaths and Injuries). Exercise suggestions, balance and fall prevention strategies will be shared based on your results. Min/Max: 4/12 Location: Chilson Conf Rm

**Age: 18+ Time:** After registration, you will be contacted to schedule a 15-minute appointment between 11:30A–3:30P

W	6/26	FREE	391213-1
W	7/24	FREE	391213-2
W	8/21	FREE	391213-3

### FUNCTIONal Movement 50+ Min/Max: 4/15

A total-body strength workout geared to improve balance and power. Develop strategies and movements that will transfer into your daily routines and help you gain confidence. Work to prevent falling and enhance the FUN, active part of your life!

Instructor: Lisa Foncannon, personal trainer & Functional Aging Specialist | Location: Fitness/Dance Studio

**Age: 50+**

W	6/5-6/26	1:30-2:10P	\$18	316119-01
W	7/10-7/31	1:30-2:10P	\$18	316119-02

## YOGA

---

### NEW! Yoga & Conditioning for Pickleballers ♦

Reduce your risk of injuries and improve your pickleball game with sport specific training. Pickleball provides social interaction, cardio benefits, low-impact FUN (unless you fall) and improves coordination and balance. This class helps you improve postural stability, balance, agility, mobility, strength and movement patterns to help you enjoy the game injury-free. Come experience a workout routine to prepare you for the court and improve your game. All level of players are welcome. Min/Max: 10/25

Instructor: Maureen Geraghty | Location: Fitness/Dance Studio

**Age: 16+**

Th	6/13	2:30-4:00P	\$21	310240-1
Th	7/25	2:30-4:00P	\$21	310240-2

### NEW! Earth to Sky Yoga ♦ Min/Max: 10/25

Take a journey through the chakra system, practice yoga poses and take a mindful hike at River's Edge Natural Area. We begin with a hip opening series that engages the first three chakras (Muladhara, Svadhisthana and Manipura). Partner work is included as we focus on the heart chakra (Anahata). Transition to the trail, and focus on the throat chakra (Vishuddha). Once on the trail, engage the third eye (Ajna) with specific poses, then return to your mat and practice a meditation for the crown chakra (Sahasrara). Engage in discussions and activities to understand the chakra system. Includes chanting, philosophy and gentle yoga poses. Bring a yoga mat; weather permitting.

Instructor: Maureen Geraghty

Location: River's Edge Natural Area, 960 W. 1st St.

**Age: 16+**

Su	6/16	7:30-9:00A	\$21	310241-1
Su	7/28	7:30-9:00A	\$21	310241-2

## SPA SERVICES

---

### Therapeutic Massage

Held in a private room, sessions provide a tranquil environment to enhance relaxation, stress reduction and injury relief.

**Massage Fees:** 30-min (\$45), 60-min (\$75) or 90-min (\$100)  
Call massage therapists directly to schedule an appointment.

**Joyce Meis, LMT - 970.691.3441**

Joyce specializes in relaxation, therapeutic, deep tissue, Swedish and prenatal massage. Gift certificates available.

**Kirsten Bishop, LMT - 808.462.2096**

Kirsten specializes in Swedish massage, neuromuscular techniques, trigger point therapy, sports massage, cupping and chair massage.

### Medically Based Foot Care

Foot care improves foot comfort, helps prevent ingrown nails, improves posture, helps relieve split nails and gives your feet an overall improved appearance. People with diabetes, MS, neuropathy in the feet, peripheral vascular disease and those on blood thinners will benefit from this service.

**Patti Krkosa, RN - 720.442.2615**

1st & 3rd Thursday, 8:30A-4:00P

**Fee:** Toenail Care (\$45), Fingernail Care (\$12)

## TAI CHI

---

### Tai Chi – Level 1 & 2 Min/Max: 5/20

Tai Chi is an ancient form of Chinese exercise. Described as meditation in motion, it promotes serenity through gentle, flowing movements with each posture flowing into the next without pause, ensuring that your body is in constant motion. Slow movements develop strong bones from a firm rooting of the feet. It stimulates memory and generates a feeling of confidence and relaxation. Location: Small Gym

Instructor: Jaqui Gee

**Age: 18+**

**Level 1**

M	6/17-8/12	10:00-11:00A	\$72	327108-1
---	-----------	--------------	------	----------

**Level 2**

M	6/17-8/12	11:15A-12:15P	\$72	327108-2
---	-----------	---------------	------	----------

## TAE KWON-DO

---

### Tae Kwon-Do ♦ Min/Max: 5/30

This martial arts class practices the traditional Chan Hun style of Tae Kwon-Do. Students learn to use their training to better their lives with the respect and courtesy that goes along with achieving each rank. Uniforms are not required for the beginner class; see instructor if interested. **Multiple family member discount - must attend within same month and register at the Chilson front desk. Testing fees are a separate cost, payable to the instructor.**

Instructor: Sheila Shirley, III Dan

**Age: 7+**

**\*No class 6/26, 6/27, 6/29, 7/3, 7/4, 7/6, 8/24, 8/28, 8/29, 8/31**

### BEGINNER RANK (new students thru high white belt)

Location: Hickory Rm

W	6/5-6/19*	6:00-7:00P	\$25	339970-1
W	7/10-7/31	6:00-7:00P	\$30	339970-2
W	8/7-8/21*	6:00-7:00P	\$25	339970-3

Location: Fitness/Dance Studio

Sa	6/8-6/22*	1:30-2:30P	\$25	339970-4
Sa	7/13-8/3	1:30-2:30P	\$30	339970-5
Sa	8/10-8/31*	1:30-2:30P	\$25	339970-6

### INTERMEDIATE RANK (gold belt thru blue belt)

Location: Thurs: Hickory Rm | Sat: Fitness/Dance Studio

Th,Sa	6/6-6/22*	Th: 5:45-7:15P Sa: 2:30-4:00P	\$40	339971-1
Th,Sa	7/11-8/3	Th: 5:45-7:15P Sa: 2:30-4:00P	\$50	339971-2
Th,Sa	8/8-8/22*	Th: 5:45-7:15P Sa: 2:30-4:00P	\$40	339971-3

### UPPER RANK (high blue belt & above)

Location: Thurs: Hickory Rm | Sat: Fitness/Dance Studio

Th,Sa	6/6-6/22*	Th: 5:45-8:00P Sa: 2:30-4:45P	\$50	339972-1
Th,Sa	7/11-8/3	Th: 5:45-8:00P Sa: 2:30-4:45P	\$60	339972-2
Th,Sa	8/8-8/22*	Th: 5:45-8:00P Sa: 2:30-4:45P	\$55	339972-3



LIGHT UP YOUR LIFE

## LED Light Therapy

LED Light Therapy is a non-invasive and natural treatment that has been proven safe and effective with over 7,000 medical and university studies. It is designed to help REJUVENATE, RENEW and REVIVE your body after workouts to allow for recovery.

The LightStim LED Therapy Bed is the **first** to gain over-the-counter FDA clearance. It is a soothing and gentle treatment that delivers warmth for a relaxing whole body treatment to maximize your body's potential for peak physiological performance.

Treatment	Fee	Passholder Fee
<b>LED Therapy Bed</b> (40-min, reservation block 50-min)	\$50	\$25
<b>Anti-Aging ProPanel</b> (20-min, reservation block 25-min)	\$25	\$15
<b>Intro Session</b> (20-min, reservation block 50-min)	\$10	\$10
<b>LED Therapy Sessions**</b> (20-min, 10 pack)	\$199	\$99
(40-min, 10 pack)	\$299	\$149

**SUMMER  
SPECIAL**

**30-DAY  
UNLIMITED  
LED PASS!**

Available to purchase May 27–August 31 only!  
Buy a 30-day unlimited use pass, good  
for both 40-min and 20-min LED sessions.  
Passes are non-transferrable and good for  
30 days from date of purchase.  
**FEE: \$99 passholders\* | \$149 non-passholders**

\*Passholder = Chilson 6 month, annual and monthly billed passholders; all info & fees subject to change

\*\*Sessions are valid for 1 year from date of purchase



**CHILSON**  
Recreation & Senior Center

BOOK NOW: [lovgov.org/webtrac](http://lovgov.org/webtrac)

# Loveland's State-of-the-Art FITNESS COURT

Fairgrounds Park | 700 S. Railroad Ave.

In partnership with **UCHealth**

uchealth

**DID YOU KNOW?** Loveland Parks & Recreation partnered with UCHealth to bring world class fitness to our community – FREE for public use!



## How It Works

- **7 movements in 7 minutes** – use your own body weight to get a full body workout in just 7 minutes!
- The system is progressive so it works for ALL fitness levels. Age 14+
- Download the mobile app, learn routines and compete in fitness challenges against friends.



**INFO:** [lovgov.org/fitnesscourt](http://lovgov.org/fitnesscourt)





# Small Fries Preschool

A quality-rated, state-licensed, comprehensive preschool program for your 3 to 5 year old that includes a balance of play-based, child-directed discovery and teacher-led, small group activities. Kindergarten-readiness is ensured through the encouragement of self-regulation, critical thinking and problem-solving skills. **See page 40 for more info!**



**Hurry! There is still room available for the Fall session, 9/3–12/20, 2024.**

**Visit: [lovgov.org/smallfries](http://lovgov.org/smallfries)**



**QUESTIONS 970.962.2487**





# ADAPTIVE RECREATION

## Adaptive Recreation

Loveland Adaptive Recreation (AR) provides activities and services to individuals in the community who have varying levels of physical, emotional or intellectual abilities. A Certified Therapeutic Recreation Specialist (CTRS) will work with individuals with disabilities as requested. Services include, but are not limited to, adaptive exercise, fitness orientations, class and registration information, leisure interest search assistance and advocacy to eliminate barriers.

## Adaptive Programs

Adaptive programs are for individuals who may have disabilities and need modified support to participate in activities. These programs are open to everyone but are designed to meet the unique needs of individuals with physical, intellectual and/or emotional disabilities.

## Modifications

If a modification is required to participate in any recreation program, please indicate the modification needed during the registration process. Adaptive Recreation staff will work with program leaders to determine how to most effectively provide needed modifications for full participation. Inquiries about what type of accommodations are available should be made at least two weeks before the class begins.

## Personal Care Attendants

Individuals who are not independent in activities of daily living may participate with a personal care attendant. There is no fee for personal care attendants unless otherwise noted. Attendants need to register separately and note whom they will be assisting. Notify AR staff to coordinate a support plan prior to class start date.

## Unified Sport Leagues

Loveland Parks & Recreation offers unified teams for sports like basketball, soccer and softball. They are teams comprised of players with and without disabilities. These leagues may work with rule additions and changes that allow all players to be supported and make gameplay fair. Unified sports programs promote gross motor coordination, dynamic decision making, inter-player communication, endurance and wellness.

## Contact Information

For more information, please visit [lovgov.org/parksrecreation](http://lovgov.org/parksrecreation) or contact Karl von Zwehl, CTRS at 970.962.2462 [karl.vonzwehl@cityofloveland.org](mailto:karl.vonzwehl@cityofloveland.org)

**Bowling** Min/Max: 4/24

Join others to strike a pose and bowl for FUN! Registration fee includes 5 weeks of bowling including two games and shoes weekly.

Location: Main Event, 4455 N. Fairgrounds Ave, Windsor

**Age: 15+**

T	4/30-5/28	6:00 7:30P	\$65	369101-1
T	7/30-8/27	6:00-7:30P	\$65	369101-2

**Adaptive Craft Classes** Min/Max: 4/12

These classes give you the opportunity to explore and create using different art mediums while socializing with peers. Designed to meet the unique needs of individuals with physical, intellectual and/or emotional disabilities.

Classes are created with adaptations and assistance necessary for successful participation. Location: Chilson

**Age: 18+** **Time:** 6:00-7:00P

M	6/10	6:00-7:00P	\$5	369100-1
M	7/22	6:00-7:00P	\$5	369100-2
M	8/19	6:00-7:00P	\$5	369100-3

**NEW! Adaptive Theater** Min/Max: 6/18

Six sessions that focus on the basics of theater and acting which will lead to a final showcase.

Location: Maple/Spruce Rm

**Age: 16+** \*No class 6/10, 6/24, 7/8, 7/22

M	6/3-7/29*	6:00- 7:30P	\$35	369015-01
---	-----------	-------------	------	-----------

**Baseball for All** Min/Max: 4/9

For youth with a disability of any type. Focus on learning basic baseball skills including throwing, catching and batting. Rules and equipment will be modified as needed. We will hold casual scrimmages.

Location: Kroh Park, 5200 N. Garfield Ave.

**Age: 8-15**

Th	6/6-7/25	6:00-7:00P	\$35	369001-1
----	----------	------------	------	----------

**Unified Adult Softball** Min/Max: 9/27

Learn new skills! Practice throwing, batting and fielding and play softball games with friends. All equipment is provided. Location: Kroh Park, 5200 N. Garfield Ave.

**Age: 16+**

W	6/5-8/7	6:00-8:00P	\$45	369002-1
---	---------	------------	------	----------

**Starting New At Golf (SNAG®)** Min/Max: 4/12

Meet new friends and play a round of golf on the SNAG® Mini-Course at Cattail Creek. The course is only accessible by foot. Parents/caregivers welcome and do not have to register or pay the class fee.

Location: Cattail Creek, 2116 W. 29th St.

**Age: 16+**

F	7/12	10:30A-12:00P	\$10	369011-1
F	7/19	10:30A-12:00P	\$10	369011-2

**Celebrate your party at Chilson!** Did you know we offer swim, gymnastics and eSports parties for all ages? Well, we do! Call 970.962.2468 to reserve your party or check out [lovgov.org/birthdayparties](http://lovgov.org/birthdayparties) for more info.

## THINKING OF MAKING A MOVE?



CONTACT ME TODAY  
TO DISCUSS THE CURRENT  
HOUSING MARKET AND SEE HOW  
I CAN HELP YOU BUY OR SELL A HOME



**Erich Menzel**

970-402-8457

[Erich.Menzel@CBRealty.com](mailto:Erich.Menzel@CBRealty.com)  
[HomeSalesInLoveland.com](http://HomeSalesInLoveland.com)



COLDWELL BANKER REALTY

2022-2023 Loveland -Berthoud  
Association of Realtors® President

Pricing Strategy Advisor  
Certified Negotiation Expert

Accredited Buyer Representative

2014-2023 Coldwell Banker Award Winner

Paid advertisement



# ADULT ATHLETICS

## League Skill Definitions

### LEVEL 1 - Competitive (Age 16+)

For teams who wish to play in the highest level of competition. Players should be very proficient in all skills and strategies.

### LEVEL 2 & 3 - Recreation (Age 16+)

For teams who wish to play for reasons other than exercise without getting into highly competitive levels of play. Players should have average to above average skills and knowledge of the sport.

### LEVEL 4 & 5 - Leisure (Age 16+)

For teams who wish to play for exercise in a low-key environment. Players should be beginners learning skills and techniques.

**Payments & Rosters** Full payment for each team is required at the time of registration. Major credit cards accepted. Rosters are required prior to the teams' first game. Enroll your team and complete your roster on [teamsideline.com/loveland](http://teamsideline.com/loveland)

**TeamSideline.com/loveland** is used for all sport schedules, tournament dates, information packets, weather notifications and more! Check it out!

### Volunteer youth coaches needed!

Many activities need assistance! Call the coordinator for your area of expertise. Have FUN and make a difference this season.

## Athletic Coordinators

General Athletics Info	970.962.2445 <a href="mailto:athletics@cityofloveland.org">athletics@cityofloveland.org</a>
Adult & Youth Softball	Dana 970.962.2450 <a href="mailto:dana.redford@cityofloveland.org">dana.redford@cityofloveland.org</a>
Adult & Youth Basketball	
Adult Kickball	
Youth Flag Football	
Cornhole	
Adult & Youth Volleyball	Savannah 970.962.2445 <a href="mailto:savannah.maldonado@cityofloveland.org">savannah.maldonado@cityofloveland.org</a>
CARA Track	
Gymnastics	
Volunteer Program	
Adult & Youth Soccer	Karl 970.962.2462 <a href="mailto:karl.vonzwehl@cityofloveland.org">karl.vonzwehl@cityofloveland.org</a>
Youth Baseball & T-Ball	
Pickleball	
eSports	
Adult & Youth Tennis	Kim 970.962.2437 Program Supervisor <a href="mailto:kim.miller@cityofloveland.org">kim.miller@cityofloveland.org</a>
Batting Cages	

**Summer Softball**

Early Bird (thru 4/29).....\$725/team  
 Team Fee (4/30-5/6).....\$775/team  
 Schedules online 5/17 after 4P. League begins week of 5/28.

**Register 4/1-5/6**

Day	Start Date	Level	Class #
T	5/28	Men's 1 (Comp)	374001-1
T	5/28	Men's 2 (Rec)	374002-2
T	5/28	Men's 3 (Leisure)	374002-3
Th	5/30	Men's 2 (Rec)	374002-4
M	6/3	Coed 1 (Comp)	374201-1
M	6/3	Coed 2 (Rec)	374202-2
M	6/3	Coed 3 (Leisure)	374202-3
W	6/5	Coed 2 (Rec)	374202-4
T	5/28	Men's Church 1 (Comp)	374301-1
Th	5/30	Men's Church 2 (Rec)	374301-2

**Summer Softball: Doubleheader** **Register 4/1-5/6**

Doubleheader is a 10-week season (20 games), plus tournament!  
 Early Bird (thru 4/29).....\$1,195/team  
 Team Fee (4/30-5/6).....\$1,245/team  
 Schedules online 5/17 after 4P. League play begins 5/29.

Day	Start Date	Level	Class #
W	5/29	Men's DH 1 (Comp)	374003-1

**Summer Volleyball****Register 4/1-5/13**

Early Bird (thru 5/6).....\$140/team  
 Team Fee (5/7-5/13).....\$180/team  
 Team name/rosters due at registration. Schedules online.  
 League begins week of 6/3.

**Women's 4x4 - Grass at McKee Park**

Day	Start Date	Level	Class #
M	6/3	Rec	371602-1
M	6/3	Leisure	371602-2

**Coed 4x4 - Grass at McKee Park**

Day	Start Date	Level	Class #
T	6/4	Rec	371601-1
T	6/4	Leisure	371601-2

**Men's 4x4 - Sand at LSP**

Day	Start Date	Level	Class #
W	6/5	Rec	371701-1
W	6/5	Leisure	371701-2

**Coed 4x4 - Sand at LSP**

Day	Start Date	Level	Class #
Th	6/6	Rec	371501-1
Th	6/6	Leisure	371501-2

**Summer Soccer - Mini Season** **Register 4/1-6/10**

Half the price, half the games, all the same FUN! Teams will play 6 mini games (two per week) and a playoff tournament.  
 Early Bird (thru 6/3).....\$405/team  
 Team Fee (6/4-6/10).....\$455/team  
 Team name/rosters due 6/12. Schedules online 6/21 after 4P.  
 League begins 6/23.

Day	Start Date	Level	Class #
Su	6/23	Coed 1	377201-1
Su	6/23	Coed 2	377201-2

**Summer Cornhole****Register 4/1-6/3**

Come play this popular game. Doubles play! Min/Max: 4/10  
**Fee:** \$40/team **Location:** Chilson Small Gym  
 League begins 6/13.

Day	Start Date	Time	Class #
Th	6/13	6:45-8:15P	377901-1

**Fall Softball****Register 7/1-8/5**

Early Bird (thru 7/29).....\$465/team  
 Team Fee (7/30-8/5).....\$515/team  
 Schedules available online. Rosters due 8/22. Play begins 8/26.

Day	Start Date	Level	Class #
T	8/27	Men's 1 (Comp)	474001-1
T	8/27	Men's 2 (Rec)	474002-2
T	8/27	Men's 3 (Leisure)	474002-3
Th	8/29	Men's 2 (Rec)	474002-4
M	8/26	Coed 1 (Comp)	474201-1
M	8/26	Coed 2 (Rec)	474202-2
M	8/26	Coed 3 (Leisure)	474202-3
Th	8/29	Men's Church 2 (Rec)	474301-2

**Fall Softball: Doubleheader****Register 7/1-8/5**

Early Bird (thru 7/29).....\$845/team  
 Team Fee (7/30-8/5).....\$895/team  
 Schedules available online. Rosters due 8/22. Play begins 8/28.

Day	Start Date	Level	Class #
W	8/28	Men's DH 1 (Comp)	474003-1

**Fall Coed Kickball****Register 7/1-8/5**

Early Bird (thru 7/29).....\$290/team  
 Team Fee (7/30-8/5).....\$340/team  
 Schedules available online. Rosters due 8/16. Play begins 8/21.

Day	Start Date	Level	Class #
W	8/21	Coed 2 (Rec)	476201-1

**Fall Coed Soccer****Register 7/1-7/29**

Early Bird (thru 7/23).....\$805/team  
 Team Fee (7/24-7/29).....\$855/team  
 Schedules available online. Rosters due 8/8. Play begins 8/11.

Day	Start Date	Level	Class #
Su	8/11	Coed 1 (Comp)	477201-1
Su	8/11	Coed 2 (Rec)	477201-2

**Fall Volleyball****Register 7/1-8/26**

Early Bird (thru 8/19).....\$335/team  
 Team Fee (8/20-8/26).....\$375/team  
 Schedules available online. Rosters due 9/4. Play begins 9/9.

Day	Start Date	Level	Class #
M	9/9	Women's 1 (Comp)	471101-1
M	9/9	Women's 2 (Rec)	471101-2
M	9/9	Women's 2 (Rec/Leisure)	471101-3
W	9/11	Coed 3 (Leisure)	471201-3
Th	9/12	Coed 1 (Comp)	471201-1
Th	9/12	Coed 2 (Rec)	471201-2

**Fall Basketball****Register 7/1-9/2**

Early Bird (thru 8/26).....\$435/team  
 Team Fee (8/27-9/2).....\$485/team  
 Schedules available online. Rosters due 9/13. Play begins 9/15.

Day	Start Date	Level	Class #
Su	9/15	Men's 2 (Chilson)	473001-1

**Guess what?**

Volleyball and basketball courts are available daily at the Chilson Center for drop-in use.  
 Racquetball, too! **See page 3 for gym schedules.**

## PICKLEBALL

### Pickleball Expo

Come join the Loveland Parks & Recreation Department and the Loveland Pickleball Club for an introduction to pickleball, the fastest growing sport in America! It's a FUN game that can be played by any age group. Try your hand against other players and learn the basics of the game in these short one-hour clinics. Clinics are FREE, but you must pre-register. All equipment is provided! You'll have an opportunity to register for our Pickleball Beginning Skills classes, as well.

We'll also have open play from 8:00–2:00P on courts not being used for intro classes. No need to register for open play, just show up and have FUN! Want to sign up for our summer pickleball leagues which begin on May 4? You can do that, too!

Location: Osborn Park Courts, 1615 Fourth St. SE

**Age: 18+ FREE**

Day	Date	Time	Class #
Sa	4/27	8:30-9:30A	276115-60
Sa	4/27	10:00-11:00A	276115-62
Sa	4/27	11:30A-12:30P	276115-64
Sa	4/27	1:00-2:00P	276115-91

### Pickleball: Beginning Skills

Curious about pickleball? Learn this FUN sport that's similar to tennis, badminton and ping pong! Develop your skills and knowledge of the game through our beginner lessons. All equipment provided.

Instructors: Bob Monroe, Pam McGee George Richards

**Age: 18+ Fee: \$50**

Day	Date	Time	Location	Class #
M	5/6-6/3	8:00-10:00A	Sunnyside	376113-60
T	5/7-5/28	6:00- 8:00P	Osborn	376113-61
W	5/8-5/29	6:00- 8:00P	Osborn	376113-62
M	6/10-7/1	8:00-10:00A	Sunnyside	376113-63
T	6/4-6/25	6:00- 8:00P	Osborn	376113-64
W	6/5-6/26	6:00- 8:00P	Osborn	376113-65
M	7/8-7/29	8:00-10:00A	Sunnyside	376113-70
T	7/9-7/30	6:00- 8:00P	Osborn	376113-71
W	7/10-7/31	6:00- 8:00P	Osborn	376113-72
M	8/5-8/26	8:00-10:00A	Sunnyside	376113-73
T	8/6-8/27	6:00- 8:00P	Osborn	376113-74
W	8/7-8/28	6:00- 8:00P	Osborn	376113-75

### Pickleball: Level 2 Mentored Play

**Prerequisite:** Completion of the Beginning Skills course within the past 6 months. Move from a beginner to confidently playing with in the larger pickleball community. Each week, learn fundamental skills, specific techniques and doubles strategy.

Min/Max: 8/10 Instructor: George Richards

Location: Osborn Park Courts, 1615 Fourth St. SE

**Age: 18+ Fee: \$50**

Day	Date	Time	Class #
T	5/7-5/28	6:00-8:00P	376114-60
T	6/4-6/25	6:00-8:00P	376114-61
T	7/9-7/30	6:00-8:00P	376114-62
T	8/6-8/27	6:00-8:00P	376114-63

**Drop-in pickleball at Chilson – see page 3!  
Use your Chilson pass or pay the daily fee.**

### Pickleball: First Four Shots

Min/Max: 8/10

**Prerequisite:** Players should be comfortable playing and be able to sustain a basic game. The focus of these classes is on developing the first four shots of every point. We'll work in depth on serves, returns, third shots and dinks.

Instructor: Bob Monroe

Location: Osborn Park Courts, 1615 Fourth St. SE

**Age: 18+ Fee: \$50**

Day	Date	Time	Class #
W	5/8-5/29	6:00-8:00P	376115-60
W	6/5-6/26	6:00-8:00P	376115-61
W	7/10-7/31	6:00-8:00P	376115-62
W	8/7-8/28	6:00-8:00P	376115-63

### Pickleball Leagues

Min/Max: 8/24

Back again this summer! Come join in on FUN-filled Saturday morning pickleball leagues. All skill levels are welcome!

League format varies for each of the three unique 5-week sessions. Awards are presented at the end of each session.

**Mixed Pairs** (5/4-6/15) – register as an individual, partners will be assigned weekly.

**Team Ladder** (6/29-8/3) – pick your own partner and register as a team.

**Team Doubles** (8/17-9/21) – pick your own partner and register as a team.

Location: Osborn Park Courts, 1615 Fourth St. SE

**Age: 18+ \*No league play: 5/11, 5/25, 7/6, 8/31, 9/21**

#### Novice – Up to 3.0

Day	Date	Time	Fee	Class #
Sa	5/4-6/15*	8:00-11:00A	\$40/person	376120-63
Sa	6/29-8/3*	8:00-11:00A	\$80/team	376120-64
Sa	8/17-9/28*	8:00-11:00A	\$80/team	376120-65

#### Intermediate – 3.0 to 3.5

Day	Date	Time	Fee	Class #
Sa	5/4-6/15*	8:00-11:00A	\$40/person	376120-66
Sa	6/29-8/3*	8:00-11:00A	\$80/team	376120-68
Sa	8/17-9/28*	8:00-11:00A	\$80/team	376120-70

#### Advanced – 3.5 and up

Day	Date	Time	Fee	Class #
Sa	5/4-6/15*	8:00-11:00A	\$40/person	376120-71
Sa	6/29-8/3*	8:00-11:00A	\$80/team	376120-72
Sa	8/17-9/28*	8:00-11:00A	\$80/team	376120-90

### Benefit Pickleball Festival

The Loveland Pickleball Club invites pickleball players of every age and skill level to this festival where ALL proceeds benefit youth recreation scholarships, making it possible for low income and at-risk youth to participate in recreational activities.

**Registrations accepted through August 3 only.** Can't come but want to make a donation? Contact the Loveland Parks &

Recreation Foundation at [info@lovelandprfoundation.org](mailto:info@lovelandprfoundation.org)

**More Info/Register:** [lovelandpickleballclub.com/event-5554170](http://lovelandpickleballclub.com/event-5554170)

Location: MehaFFEY Park, 3285 W. 22nd St.

**All ages \*\$40 for one day or \$60 for both days**

Sa	8/10	8:00A-4:00P	\$40*	Men's/Women's Doubles
Su	8/11	8:00A-4:00P	\$40*	Mixed Doubles



# Internet, WiFi, TV, and Voice on the **Fastest Network in Colorado\***

\*PCMag Best ISPs 2023

**GET CONNECTED**

**PulseFiber.org**  
**970-541-4990**



Available  
Loveland-wide



Speeds up  
to 10 Gigs!



Free  
Installation



#1 Gaming  
Quality in US\*\*



24/7  
Support

\*\*PCMag 2024

*Paid advertisement*



# YOUTH ATHLETICS

## Youth Athletic Registration Deadlines

Please note the registration deadlines for our Youth Athletic Team Sports. Registration will begin the season prior with hard deadlines approximately 2-3 weeks before the program start date to allow for improved planning and coordination.

Youth Sport	Early Bird Fee*	Regular Fee	Registration Deadline	Start Date
<b>SUMMER</b> girls softball, baseball, soccer, basketball, t-ball	4/8	4/30	5/13	Varies beg. 6/3
<b>SUMMER</b> CARA Track	----	4/8	6/3	6/4
<b>FALL</b> soccer, flag football, volleyball	7/1	7/23	8/5	8/26
<b>FALL</b> basketball	7/1	9/17	9/30	10/14
<b>WINTER 2025</b> basketball	10/21	11/18	12/2	1/6/25

\*Early Bird registration begins at 6:00P

**Kids ages 3–6 can play in the Chilson Gymnastics Center! See info on page 36.**

**Schools and City Parks map is on page 60.**

**TeamSideline.com/loveland** is used for all sport schedules, tournament dates, information packets, weather notifications and more! Check it out!

## Wait List Policy

If a class is full, you may be placed on ONE wait list. You are contacted when there is a cancellation or if a class is added (depends on facility, coach, participants).

## Volunteer Coaches Needed!

Volunteer coaches are **essential** to our athletic programs. Coaching can be rewarding and the coach's child's player registration fee is waived! Materials and equipment provided. Sign up to coach at [teamsideline.com/loveland](http://teamsideline.com/loveland) and go to COACH! > Sign up to COACH!

## Youth Athletic T-Shirts

Each participant is required to wear a Youth Athletics T-Shirt unless otherwise noted (purchase at Mountain Rentals, Inc. 401 E. Eisenhower Blvd. in Loveland).

**Do you have questions about youth athletics or our volunteer program?**

**Call 970.962.2445 for more info.**

**Summer Soccer Pre-K Leagues** Min/Max: 5/10

Soccer fundamentals are taught using drills and fun activities during practice times. Games are held on same days/locations as practices; games at both 9:00A and 10:00A. No additional games played on Saturdays. Required: Youth Athletic T-shirt, shin guards

**Register: 4/8-5/13 Fee: \$67 (Early Bird thru 4/29), \$87 (after 4/29)**

**Age: 4-6 \*No practice/games: 7/4**

T,Th	6/4-7/11*	9:00-10:00A	LSP 7	333010-01
T,Th	6/4-7/11*	9:00-10:00A	LSP 7	333010-02
T,Th	6/4-7/11*	10:00-11:00A	LSP 7	333010-03
T,Th	6/4-7/11*	10:00-11:00A	LSP 7	333010-04

**Summer Soccer Pre-K Instructional** Min/Max: 6/10

Drills and fun games are used to introduce soccer basics to 4-6 year olds during scheduled practice times only. No additional games played on Saturdays. Youth Athletic T-shirt NOT required.

**Session 1 Age: 4-6**

**Register: 4/8-5/13 Fee: \$67 (Early Bird thru 4/29), \$87 (after 4/29)**

T,Th	6/4-6/27	9:00-9:45A	Kroh 1	333001-01
T,Th	6/4-6/27	9:45-10:30A	Kroh 1	333001-02
T,Th	6/4-6/27	5:15-6:00P	Loch Lon 3	333001-04
T,Th	6/4-6/27	6:00-6:45P	Loch Lon 3	333001-05
M,W	6/3-6/26	5:15-6:00P	LSP 5	333001-06
M,W	6/3-6/26	6:00-6:45P	LSP 5	333001-07
M,W	6/3-6/26	9:00-9:45A	NL Train	333001-08
M,W	6/3-6/26	9:15-10:00A	NL Train	333001-09
T,Th	6/4-6/27	5:15-6:00P	NL Train	333001-10
T,Th	6/4-6/27	6:00-6:45P	NL Train	333001-11

**Session 2 Age: 4-6**

**Register: 4/8-6/17 Fee: \$67 (Early Bird thru 6/10), \$87 (after 6/10)**

T,Th	7/9-8/1	9:00-9:45A	Kroh 1	333002-01
T,Th	7/9-8/1	9:45-10:30A	Kroh 1	333002-02
T,Th	7/9-8/1	5:15-6:00P	Loch Lon 3	333002-04
T,Th	7/9-8/1	6:00-6:45P	Loch Lon 3	333002-05
M,W	7/8-7/31	5:15-6:00P	LSP 5	333002-06
M,W	7/8-7/31	6:00-7:00P	LSP 5	333002-07
M,W	7/8-7/31	9:00-9:45A	NL Train	333002-08
M,W	7/8-7/31	9:45-10:30A	NL Train	333002-09
T,Th	7/9-8/1	5:15-6:00P	NL Train	333002-10
T,Th	7/9-8/1	6:00-6:45P	NL Train	333002-11

**Summer CARA Track Team** Min/Max: 1/99

CARA (Colorado Association of Recreational Athletics) provides a recreational, non-ranked, non-sanctioned opportunity for young track runners to learn competitive strategies and skills in a FUN learning environment. Practice twice per week with meets on Saturdays, date TBA. A team jersey is required (included in the registration fee). Location: Loveland HS Track, 920 W. 29th St.

**Register: 4/8-6/3 Fee: \$105**

**Age: 5-16**

Age: 5-6	T/Th	6/4-7/20	8:30-9:30A	334010-05
Age: 7-8	T/Th	6/4-7/20	8:30-9:30A	334010-07
Age: 9-10	T/Th	6/4-7/20	9:30-11:00A	334010-09
Age: 11-12	T/Th	6/4-7/20	9:30-11:00A	334010-11
Age: 13-14	T/Th	6/4-7/20	9:30-11:00A	334010-13
Age: 15-16	T/Th	6/4-7/20	9:30-11:00A	334010-15

**Athletics e-newsletters and text alerts at [team sideline.com/loveland](http://team sideline.com/loveland)**

Get info for all sport schedules, tournament dates, information packets, weather notifications and more!

**Summer T-Ball** Min/Max 9/12

Designed to introduce children to the game of baseball.

Schedule: practices/games held on Mon/Wed at North Lake Park.

**Register: 4/8-5/13 Fee: \$82 (Early Bird thru 4/29), \$102 (after 4/29)**

**Age: 4-6 \*No practice/games: 7/1-7/4**

M,W	6/3-7/17*	4:45-6:00P	NL 1	335002-01
M,W	6/3-7/17*	4:45-6:00P	NL 1	335002-02
M,W	6/3-7/17*	4:45-6:00P	NL 1	335002-03
M,W	6/3-7/17*	4:45-6:00P	NL 1	335002-04
M,W	6/3-7/17*	4:45-6:00P	NL 1	335002-05
M,W	6/3-7/17*	4:45-6:00P	NL 1	335002-06
M,W	6/3-7/17*	4:45-6:00P	NL 1	335002-07
M,W	6/3-7/17*	4:45-6:00P	NL 1	335002-08
M,W	6/3-7/17*	6:30-7:45P	NL 1	335004-01
M,W	6/3-7/17*	6:30-7:45P	NL 1	335004-02
M,W	6/3-7/17*	6:30-7:45P	NL 1	335004-03
M,W	6/3-7/17*	6:30-7:45P	NL 1	335004-04
M,W	6/3-7/17*	6:30-7:45P	NL 1	335004-05
M,W	6/3-7/17*	6:30-7:45P	NL 1	335004-06
M,W	6/3-7/17*	6:30-7:45P	NL 1	335004-07
M,W	6/3-7/17*	6:30-7:45P	NL 1	335004-08

**Summer Baseball** Min/Max 10/15

Designed to introduce the game of baseball beyond T-Ball!

Schedule: practices/games held on Tues/Thurs at North Lake Park.

**Register: 4/8-5/13 Fee: \$82 (Early Bird thru 4/29), \$102 (after 4/29)**

**Age: 6-9 \*No practice/games: 7/1-7/4**

T,Th	6/4-7/18*	4:15-5:45P	NL - Owens	335053-01
T,Th	6/4-7/18*	4:15-5:45P	NL - Owens	335053-02
T,Th	6/4-7/18*	4:15-5:45P	NL - Owens	335053-03
T,Th	6/4-7/18*	4:15-5:45P	NL - Owens	335053-04
T,Th	6/4-7/18*	4:15-5:45P	NL - Owens	335053-05
T,Th	6/4-7/18*	4:15-5:45P	NL - Owens	335053-06
T,Th	6/4-7/18*	4:15-5:45P	NL - Owens	335053-07
T,Th	6/4-7/18*	4:15-5:45P	NL - Owens	335053-08
T,Th	6/4-7/18*	6:15-7:45P	NL - Owens	335054-01
T,Th	6/4-7/18*	6:15-7:45P	NL - Owens	335054-02
T,Th	6/4-7/18*	6:15-7:45P	NL - Owens	335054-03
T,Th	6/4-7/18*	6:15-7:45P	NL - Owens	335054-04
T,Th	6/4-7/18*	6:15-7:45P	NL - Owens	335054-05
T,Th	6/4-7/18*	6:15-7:45P	NL - Owens	335054-06
T,Th	6/4-7/18*	6:15-7:45P	NL - Owens	335054-07
T,Th	6/4-7/18*	6:15-7:45P	NL - Owens	335054-08

**Challenger International Soccer Camps** ♦

Learn respect, responsibility and sportsmanship while playing hard, having FUN and making new friends.

**Age: 3-14**

Session 1: June 10–June14

Session 2: July 22–July 26

**Info | Registration:**  
[challengersports.com](http://challengersports.com)

**NOW OPEN!****Barnes Softball Complex Batting Cages**  
at Fairgrounds Park - 405 S. Cleveland (Hwy. 287)

**SEE PAGE 32 FOR ALL THE DETAILS – BATTER UP!**

**QUESTIONS:** Call 970.962.2444

**Summer Girls Softball** Min/Max: 10/12

Promotes skill development and sportsmanship for girls ages 8–13 as of 7/25/24. Games at Barnes Complex at Fairgrounds Park.

**Register: 4/8-5/13**

**Fee: \$80 (Early Bird thru 4/29), \$100 (after 4/29)**

**Age: 8–10 Machine Pitch • Games on T/Th**

M	6/3-7/25	6:00-7:00P	Garfield Pk	336201-01
M	6/3-7/25	6:00-7:00P	Kroh SB 3	336201-03
M	6/3-7/25	7:00-8:00P	Kroh SB 3	336201-04
M	6/3-7/25	5:00-6:00P	NL SB	336201-05
M	6/3-7/25	6:00-7:00P	NL SB	336201-06
M	6/3-7/25	6:00-7:00P	Osborn SB	336201-07

**Fee: \$95 (Early Bird thru 4/29), \$115 (after 4/29)**

**Age: 11–13 Player Pitch • Games on M/W**

T	6/4-7/24	6:00-7:00P	Garfield Pk	336202-01
Th	6/6-7/24	6:00-7:00P	Garfield Pk	336202-03
T	6/4-7/24	6:00-7:00P	Kroh SB 3	336202-04
T	6/4-7/24	7:00-8:00P	Kroh SB 3	336202-05
T	6/4-7/24	6:00-7:00P	Osborn SB	336202-06
T	6/4-7/24	7:00-8:00P	Osborn SB	336202-07

**Summer Outdoor Basketball 3-on-3** Min/Max: 3/8

You form and then register your own team - no individual registration. Minimum of 2 games played per day; 6 players per team. Levels determined by your grade entering school in fall 2024.

**Register: 4/8-5/13 Fee: \$149 (Early Bird thru 4/29), \$169 (after 4/29)**

**Grade: 5–8 Location: NL Park Outdoor Courts**

**Boys**

Grade: 5–6	T/Th	6/4-7/2	8:00-9:30A	332010-05
Grade: 7–8	T/Th	6/4-7/2	9:30-11:00A	332010-07

**Girls**

Grade: 5–6	T/Th	6/4-7/2	8:00-9:30A	332010-25
Grade: 7–8	T/Th	6/4-7/2	9:30-11:00A	332010-27

**Batter up!**

**Batting Cages**  
**ARE NOW OPEN!**

**Barnes Softball Complex | 405 S. Cleveland**

**Featuring NEW machines!** 3 slow pitch softball, 2 softball and 2 baseball stations with 3 speeds to choose from. Bats/helmets available onsite.



More Info

**Fall Soccer/Pre-K Instructional** Min/Max: 6/10

Drills and fun games are used to introduce soccer basics. Basics are taught during scheduled practice times only. No additional games played on Saturdays. Youth Athletic T-Shirts not required.

**Age: 4–6**

**Register: 7/1-8/26 Fee: \$67 (Early Bird thru 8/5), \$87 (after 8/5)**

M,W	9/9-10/2	5:45-6:30P	Kroh 9	433000-01
T,Th	9/10-10/3	5:45-6:30P	Kroh 9	433000-02
M,W	9/9-10/2	4:30-5:15P	Loch Lon 4	433000-03
T,Th	9/10-10/3	5:45-6:30P	Loch Lon 4	433000-04
M,W	9/9-10/2	4:30-5:15P	Mehaffey	433000-05
T,Th	9/10-10/3	5:30-6:15P	NL Train 2	433000-06

**Fall Youth Soccer Leagues**

Emphasizes equal participation while learning soccer fundamentals and having FUN! Practices held twice/week. Games are Saturdays at Kroh Park. Youth Athletic T-Shirts and shin guards required.

**Fall Soccer/Pre-K League** Min/Max 6/12

**Register: 7/1-8/5 Fee: \$77 (Early Bird thru 7/22), \$97 (after 7/22)**

**Age: 4–5**

M,W	8/26-10/12	4:30-5:30P	Kroh 6	433004-01
M,W	8/26-10/12	5:30-6:30P	Kroh 6	433004-02
T,Th	8/27-10/12	4:30-5:30P	LSP 6A	433004-21
T,Th	8/27-10/12	5:30-6:30P	LSP 6A	433004-22
M,W	8/26-10/12	5:30-6:30P	LSP 6A	433004-23
T,Th	8/27-10/12	4:30-5:30P	NL Train 2	433004-31

**Age: 5–6**

T,Th	8/27-10/12	4:30-5:30P	Kroh 6	433006-01
T,Th	8/27-10/12	5:30-6:30P	Kroh 7	433006-02
M,W	8/26-10/12	4:30-5:30P	Kroh 8	433006-03
M,W	8/26-10/12	5:30-6:30P	Loch Lon 3A	433006-11
M,W	8/26-10/12	4:30-5:30P	LSP 6A	433006-21
T,Th	8/27-10/12	5:30-6:30P	New Vision	433006-40

**Fall Soccer/1st & 2nd Grade** Min/Max: 8/12

**Register: 7/1-8/5 Fee: \$77 (Early Bird thru 7/22), \$97 (after 7/22)**

**Boys**

T,Th	8/27-10/12	4:30-5:30P	Kroh 3	433011-01
M,W	8/26-10/12	4:30-5:30P	Kroh 3	433011-02
T,Th	8/27-10/14	5:30-6:30P	Kroh 4	433011-03
M,W	8/26-10/12	4:30-5:30P	Loch Lon 3A	433011-04
M,W	8/26-10/12	5:30-6:30P	Loch Lon 2	433011-05
M,W	8/26-10/12	5:30-6:30P	LSP 6B	433011-06
T,Th	8/27-10/12	5:30-6:30P	LSP 7A	433011-07
T,Th	8/27-10/12	4:30-5:30P	NL Train 1	433011-08

**Girls**

T,Th	8/27-10/12	4:30-5:30P	Kroh 3	433021-01
T,Th	8/27-10/12	5:30-6:30P	Loch Lon 3A	433021-02
T,Th	8/27-10/14	4:30-5:30P	LSP 6A	433021-03
M,W	8/26-10/12	4:30-5:30P	LSP 6B	433021-04
M,W	8/26-10/12	4:30-5:30P	NL Train 1	433021-05

**Fall Soccer/3rd & 4th Grade** Min/Max 11/15

**Register: 7/1-8/5 Fee: \$77 (Early Bird thru 7/22), \$97 (after 7/22)**

**Boys**

M,W	8/26-10/12	4:30-5:30P	Kroh 3	433013-01
T,Th	8/27-10/12	5:30-6:30P	Kroh 3	433013-02
M,W	8/26-10/12	4:30-5:30P	Kroh 4	433013-03
T,Th	8/27-10/14	4:30-5:30P	Kroh 8	433013-04
M,W	8/26-10/12	4:30-5:30P	Loch Lon 1	433013-05
T,Th	8/27-10/12	4:30-5:30P	LSP 7A	433013-06
T,Th	8/27-10/12	5:30-6:30P	NL Train 1	433013-07

### Fall Soccer/3rd & 4th Grade Min/Max 11/15

Register: 7/1-8/5 Fee: \$77 (Early Bird thru 7/22), \$97 (after 7/22)

#### Girls

M,W	8/26-10/12	4:30-5:30P	Kroh 3	433023-01
T,Th	8/27-10/12	4:30-5:30P	Kroh 4	433023-02
T,Th	8/27-10/12	5:30-6:30P	LSP 6B	433023-03
M,W	8/26-10/12	5:30-6:30P	LSP 7B	433023-04
M,W	8/26-10/12	5:30-6:30P	NL Train 1	433023-05

### Fall Soccer/5th & 6th Grade Min/Max 11/15

Register: 7/1-8/5 Fee: \$77 (Early Bird thru 7/22), \$97 (after 7/22)

#### Boys

M,W	8/26-10/12	5:30-6:30P	Kroh 4	433015-01
T,Th	8/27-10/12	5:30-6:30P	Kroh 7	433015-02
M,W	8/26-10/12	5:30-6:30P	Kroh 8	433015-03
T,Th	8/27-10/12	5:30-6:30P	Kroh 8	433015-04
M,W	8/26-10/12	5:30-6:30P	LSP 7A	433015-05

#### Girls

T,Th	8/27-10/12	5:30-6:30P	Kroh 4	433025-01
M,W	8/26-10/12	4:30-5:30P	Kroh 8	433025-02
M,W	8/26-10/12	5:30-6:30P	Loch Lon 1	433025-03
T,Th	8/27-10/12	5:30-6:30P	Loch Lon 1	433025-04

### Fall Soccer/7th & 8th Grade Min/Max 11/18

Register: 7/1-8/5 Fee: \$77 (Early Bird thru 7/22), \$97 (after 7/22)

#### Coed

M,W	8/26-10/12	4:30-5:30P	Kroh 4	433017-01
M,W	8/26-10/12	5:30-6:30P	Kroh 8	433017-02

### Fall Coed Volleyball Min/Max: 6/10

Learn the basics while having FUN! Rules may be adapted to meet skill levels. Parents encouraged to help coach. Practices held twice per week; games played on Saturdays beginning 9/7 at Chilson.

Register: 7/1-8/5 Fee: \$77 (Early Bird thru 7/22), \$97 (after 7/22)

#### Grade: 2-3

T,Th	8/27-10/12	5:00-6:15P	Carrie Martin	437002-01
M,W	8/26-10/12	6:30-7:45P	Centennial EI	437002-02
M,W	8/26-10/12	6:30-7:45P	Coyote Ridge	437002-03
T,Th	8/27-10/12	6:30-7:45P	Coyote Ridge	437002-04
M,W	8/26-10/12	6:15-7:30P	Edmondson EI	437002-05
T,Th	8/27-10/12	5:00-6:15P	Namaqua EI	437002-06
T,Th	8/27-10/12	5:00-6:15P	Centennial EI	437002-07
M,W	8/26-10/12	6:30-7:45P	Namaqua EI	437002-08
T,Th	8/27-10/12	5:00-6:15P	Ponderosa EI	437002-09

#### Grade: 4-5

T,Th	8/27-10/12	6:30-7:45P	Carrie Martin	437004-01
M,W	8/26-10/12	5:00-6:15P	Centennial EI	437004-02
M,W	8/26-10/12	5:00-6:15P	Coyote Ridge	437004-03
T,Th	8/27-10/12	5:00-6:15P	Coyote Ridge	437004-04
T,Th	8/27-10/12	6:30-7:45P	Namaqua EI	437004-06
T,Th	8/27-10/12	6:30-7:45P	Centennial EI	437004-07
M,W	8/26-10/12	5:00-6:15P	Namaqua EI	437004-08
T,Th	8/27-10/12	6:30-7:45P	Ponderosa EI	437004-09

### Fall Itty Bitty Ballers Basketball Min/Max 6/10

A fun coed program to learn the fundamentals of basketball with modified rules and basket height. Practices/games held at Chilson.

Register: 7/1-9/30 Fee: \$67 (Early Bird thru 9/16), \$87 (after 9/16)

#### Grade: K-1 \*No class 11/30

Sa	10/26-12/7*	9:00-9:50A	Large Gym	432021-01
Sa	10/26-12/7*	9:00-9:50A	Large Gym	432021-02
Sa	10/26-12/7*	10:00-10:50A	Large Gym	432021-03
Sa	10/26-12/7*	10:00-10:50A	Large Gym	432021-04
Sa	10/26-12/7*	11:00-11:50A	Large Gym	432021-05
Sa	10/26-12/7*	11:00-11:50A	Large Gym	432021-06

### Fall Girls Basketball Min/Max: 6/10

Learn fundamentals, enhance current skills, develop good sportsmanship and have FUN! Practices held at area elementary schools twice per week; games played Saturdays beginning 10/26. Required: Youth Athletic T-shirt, non-marking soled shoes

Register: 7/1-9/30 Fee: \$77 (Early Bird thru 9/16), \$97 (after 9/16)

#### Girls Grade: 2-3 \*No practice/games 11/25-11/30

M,W	10/14-12/7*	5:00-5:50P	Centennial EI	432023-01
T,Th	10/15-12/7*	5:00-5:50P	Centennial EI	432023-02
M,W	10/14-12/7*	5:00-5:50P	Cottonwood	432023-03
T,Th	10/15-12/7*	5:00-5:50P	Coyote Ridge	432023-04
M,W	10/14-12/7*	6:00-6:50P	Edmondson	432023-05
M,W	10/14-12/7*	5:00-5:50P	Garfield EI	432023-06
T,Th	10/15-12/7*	5:00-5:50P	Namaqua EI	432023-07
T,Th	10/15-12/7*	5:00-5:50P	Ponderosa EI	432023-08
T,Th	10/15-12/7*	6:00-6:50P	Winona EI	432023-09

#### Girls Grade: 4-5 \*No practice/games 11/25-11/30

M,W	10/14-12/7	6:00-6:50P	Centennial EI	432024-01
T,Th	10/15-12/7	6:00-6:50P	Centennial EI	432024-02
M,W	10/14-12/7	6:00-6:50P	Cottonwood	432024-03
T,Th	10/15-12/7	6:00-6:50P	Coyote Ridge	432024-04
M,W	10/14-12/7	7:00-7:50P	Edmondson	432024-05
M,W	10/14-12/7	6:00-6:50P	Garfield EI	432024-06
T,Th	10/15-12/7	6:00-6:50P	Namaqua EI	432024-07
T,Th	10/15-12/7	6:00-6:50P	Ponderosa EI	432024-08
T,Th	10/15-12/7	7:00-7:50P	Winona EI	432024-09

### Fall Flag Football Min/Max: 8/12

Elementary-aged children learn the fundamentals of football. Practices held twice per week with games on Saturdays beginning 9/7 at Loveland Sports Park. Required: Youth Athletic T-shirt

Register: 7/1-8/5 Fee: \$77 (Early Bird thru 7/22), \$97 (after 7/22)

#### Grade: 1-2

T,Th	8/27-10/12	5:30-6:30P	Centennial EI	438101-01
T,Th	8/27-10/12	5:30-6:30P	High Plains	438101-02
M,W	8/26-10/12	5:30-6:30P	Kroh 6	438101-03
M,W	8/26-10/12	5:30-6:30P	Loch Lon 4	438101-04
T,Th	8/27-10/12	5:30-6:30P	Loch Lon 4	438101-05
M,W	8/26-10/12	5:30-6:30P	LSP 7	438101-06
T,Th	8/27-10/12	5:30-6:30P	LSP 7	438101-07
M,W	8/26-10/12	5:30-6:30P	Mehaffey N	438101-08

#### Grade: 3-4

M,W	8/26-10/12	5:30-6:30P	Centennial EI	438103-01
T,Th	8/27-10/12	5:30-6:30P	High Plains	438103-02
T,Th	8/27-10/12	5:30-6:30P	Kroh 6	438103-03
M,W	8/26-10/12	5:30-6:30P	Loch Lon 4	438103-04
T,Th	8/27-10/12	5:30-6:30P	Loch Lon 4	438103-05
M,W	8/26-10/12	5:30-6:30P	LSP 7	438103-06
T,Th	8/27-10/12	5:30-6:30P	LSP 7	438103-07
T,Th	8/27-10/12	5:30-6:30P	Mehaffey N	438103-08

#### Grade: 5-6

T,Th	8/27-10/12	5:30-6:30P	LSP 7	438105-01
T,Th	8/27-10/12	5:30-6:30P	Kroh 6	438105-02
T,Th	8/27-10/12	5:30-6:30P	Loch Lon 4	438105-03
M,W	8/26-10/12	5:30-6:30P	Mehaffey N	438105-04

### Celebrate with an eSports Party at Chilson!

Includes one hour in the Party Room and one hour of facilitated Nintendo Switch™ gaming on projector-sized screens. We also offer swim and gymnastics parties! Call 970.962.2468 to reserve your party or check out [lovgov.org/birthdayparties](http://lovgov.org/birthdayparties) for more info.

## SUPERTOTS | SKYHAWKS SPORTS

### SuperTots Sports | Age: 2–4.5 ♦

Since 2002, SuperTots has engaged kids in physical activity in a non-competitive environment that is safe and fun above all else. SuperTots knows kids are hardwired to learn through play. For that reason, we've designed an engaging, skill-building curriculum in which "tots" learn through a series of fun games so they acquire athletic skills and fitness and develop a love of sports.

**Info | Registration:** [supertots.fun/loveland](http://supertots.fun/loveland)

### SoccerTots (soccer) ♦

SoccerTots is our flagship program! Our classes focus on developing motor skills and self-confidence while also learning balance, dribbling, foot-eye coordination and running control. We also introduce an element of light competition.

Location: Mon: Mehaffey Park | Fri: Loveland Sports Park

#### Age: 2–2.5

M	6/3-6/24	9:15-9:45A	\$75
F	7/12-8/2	9:15-9:45A	\$75

#### Age: 2.5–3.5

M	6/3-6/24	10:00-10:45A	\$75
F	7/12-8/2	10:00-10:45A	\$75

#### Age: 3.5–4.5

M	6/3-6/24	11:00-11:45A	\$75
F	7/12-8/2	11:00-11:45A	\$75

### BaseballTots (baseball) ♦

BaseballTots classes focus on fine and gross motor skills as well as body control. We teach all the baseball basics, such as throwing, catching, hitting and running control. We are excited to help these little ones develop a love of the game. Location: Kroh Park

#### Age: 2–2.5

Th	6/6-6/27	9:15-9:45A	\$75
Th	6/6-6/27	10:00-10:45A	\$75

#### Age: 2.5–3.5

Th	6/6-6/27	11:00-11:45A	\$75
Th	6/6-6/27	10:00-10:45A	\$75

### HoopsterTots (basketball) ♦

HoopsterTots classes focus on building fitness and muscle coordination, while also teaching key basketball fundamentals like dribbling, shot technique, passing and teamwork. We use adjustable hoops and just the right size basketballs. Location: Mehaffey Park

#### Age: 2–2.5

T	7/9-7/30	9:15-9:45A	\$75
T	7/9-7/30	10:00-10:45A	\$75

#### Age: 2.5–3.5

T	7/9-7/30	11:00-11:45A	\$75
T	7/9-7/30	10:00-10:45A	\$75

#### Age: 3.5–4.5

T	7/9-7/30	11:00-11:45A	\$75
T	7/9-7/30	10:00-10:45A	\$75

### Looking for youth summer camps?

See page 42 for youth & teen activities.

### Skyhawks Sports | Age: 4–14 ♦

Skyhawks provides a safe, fun, non-competitive environment to teach sports to children ages 4 to 14. Our programs are designed to give each child a positive introduction into sports and ensure they walk away with a smile on their face wanting to learn more. Our knowledgeable and patient staff use a variety of games and activities to give each athlete an overview of the sport while building valuable skills. Since 1979, Skyhawks has taught over two million boys and girls life skills through sports.

**Info | Registration:** [skyhawks.fun/loveland](http://skyhawks.fun/loveland)

#### Sports offered this summer:

- Baseball
- Cheerleading
- Golf
- Game On
- Basketball
- Flag Football
- Fit Camp
- Mini-Hawk
- Lacrosse
- Soccer
- Volleyball
- (baseball, soccer, basketball)



Williams Tennis School, LLC, leads the City of Loveland tennis program. Steve Williams is certified by the USPTA as a P1 Elite Professional and as a High Performance Coach. He is "SafePlay" and "SafeSport" certified by the USTA & USPTA.

#### Register NOW for:

- **Juniors 4–6 yrs** will be taught hand/eye coordination and motor skills with mini-nets and red balls in a fun and game-based approach to learning.
- **Juniors 7–10 yrs** will be taught proper footwork patterns and mechanics in a fun game-based environment using the orange balls on a 60' court.
- **Juniors 10–14 yrs** will be taught all aspects of tennis with the green dot ball as they progress to the regular yellow ball on the full court.
- **UTR (Universal Tennis Rating)** events and tournaments for all levels of juniors and adults.
- **Adults** learn all aspects of singles and doubles while including proper tactics, shot selection, mental skills, footwork patterns and mechanics.

**REGISTER:** [ukansas1@gmail.com](mailto:ukansas1@gmail.com)



**QUESTIONS:** 970.222.3439 | [steve@williamstennisschool.com](mailto:steve@williamstennisschool.com)

### JOIN OUR TEAM – VOLUNTEER!

[lovgov.org/volunteer](http://lovgov.org/volunteer) (Variety of Opportunities)

[teamsideline.com/loveland](http://teamsideline.com/loveland) (Loveland Athletics)

[offero.cityofloveland.org](http://offero.cityofloveland.org) (Open Lands & Trails)



# UNITED SOCCER CLUB

THE OF COMPETITIVE YOUTH SOCCER IN LOVELAND



- 4v4 Youth Development Program
- Pre-Competitive U9/U10 Program
- Competitive Program for U11-U19

[unitedsoccerco.org](http://unitedsoccerco.org)

*Paid advertisement*

## THE EVOLUTION OF FOOTBALL

[NOCOFOOTBALL.COM](http://NOCOFOOTBALL.COM)

PRE/K-12TH GRADE



*Paid advertisement*



# GYMNASTICS & DANCE

## Preschool Playtime Min/Max: 4/15

Come run, jump, climb and play in the Chilson Gymnastics Center! Bring an adult buddy to play with. A staff person is present to assist as needed. Pay for child only and present your receipt to the staff person.

**Age: 3-6 Fee: \$5 ea.**

T	6/4	1:30-2:30P	330168-01
T	6/11	1:30-2:30P	330168-02
T	6/18	1:30-2:30P	330168-03
T	6/25	1:30-2:30P	330168-04
T	7/9	1:30-2:30P	330268-01
T	7/16	1:30-2:30P	330268-02
T	7/23	1:30-2:30P	330268-03
T	7/30	1:30-2:30P	330268-04

## Gymnastics Open Gym Min/Max: 3/15

Drop in for extra workouts or practice skills on our equipment in an unstructured, safe environment. An instructor is present to lead a warm-up, set up stations, spot skills and assist. Pay for child only and present your receipt to the staff person.

**Age: 6-16 Fee: \$5 ea.**

Sa	6/1	1:15-2:15P	330170-01
Sa	6/8	1:15-2:15P	330170-02
Sa	6/15	1:15-2:15P	330170-03
Sa	6/22	1:15-2:15P	330170-04
Sa	7/6	1:15-2:15P	330270-01
Sa	7/13	1:15-2:15P	330270-02
Sa	7/20	1:15-2:15P	330270-03
Sa	7/27	1:15-2:15P	330270-04

## FLIP OUT with a GYMNASTICS PARTY!

Celebrate your birthday with your friends in the gymnastics room with facilitated activities. Visit [lovgov.org/birthdayparties](http://lovgov.org/birthdayparties) for detailed info. We also offer swim parties and eSports parties. Call 970.962.2468 and come jump, tumble and play!

**Parent/Tot Tumbling** Min/Max: 4/12

Spend time with your little one while helping them increase spatial awareness, gross motor and social skills through fun obstacle courses, swinging on bars and balancing on beams. Basic safety and spotting covered. An adult buddy is required; all children participating must be registered. Location: Chilson Gymnastics Ctr

**Age: 1.5-3 Fee: \$35**

Sa	6/1-6/22	9:00-9:30A	330101-01
M	6/3-6/24	9:00-9:30A	330101-02
W	6/5-6/26	9:45-10:15A	330101-03
Th	6/6-6/27	9:15-9:45A	330101-04
F	6/7-6/28	10:45-11:15A	330101-05
Sa	7/6-7/27	9:00-9:30A	330201-01
M	7/8-7/29	9:00-9:30A	330201-02
W	7/10-7/31	9:45-10:15A	330201-03
Th	7/11-8/1	9:15-9:45A	330201-04
F	7/12-8/2	10:45-11:15A	330201-05

**Wiggle Worms** Min/Max: 4/6

Get your wiggles out as we tumble, climb, bounce and swing! A transitional class for 3 year olds seeking more independence. Parent participation optional. Location: Chilson Gymnastics Ctr

**Age: 3 Fee: \$35**

M	6/3-6/24	9:45-10:15A	330103-01
W	6/5-6/26	9:00-9:30A	330103-02
F	6/7-6/28	10:00-10:30A	330103-03
M	7/8-7/29	9:45-10:15A	330203-01
W	7/10-7/31	9:00-9:30A	330203-02
F	7/12-8/2	10:00-10:30A	330203-03

**Tumbling Tots** Min/Max: 4/10

Experience obstacle courses, increase strength, balance and flexibility in a fun, creative environment while enhancing socialization and independence. Explore the bars, beams, vault, trampoline and tumbling in this fun-filled class!

Location: Chilson Gymnastics Ctr

**Age: 3-4 Fee: \$45**

Sa	6/1-6/22	9:45-10:30A	330106-01
M	6/3-6/24	11:45A-12:30P	330106-02
T	6/4-6/25	9:00-9:45A	330106-03
W	6/5-6/26	10:30-11:15A	330106-04
W	6/5-6/26	4:30-5:15P	330106-05
F	6/7-6/28	9:00-9:45A	330106-06
Sa	7/6-7/27	9:45-10:30A	330206-01
M	7/8-7/29	11:45A-12:30P	330206-02
T	7/9-7/30	9:00-9:45A	330206-03
W	7/10-7/31	10:30-11:15A	330206-04
W	7/10-7/31	4:30-5:15P	330206-05
F	7/12-8/2	9:00-9:45A	330206-06

**Tumble Mania** Min/Max: 4/8

Is your child constantly jumping, rolling, flipping and bouncing? This class will teach them how to safely do those things and much more. Learn rolls, handstands, cartwheels, roundoffs, backbends and handsprings. Most skills and drills will first be learned on the Tumbl Trak trampoline then progress to the floor exercise mat. As the child progresses, more advance tumbling skills are introduced. Location: Chilson Gymnastics Ctr

**Age 3.5-5 Fee: \$45**

M	6/3-6/24	12:45-1:30P	330108-01
F	6/7-6/28	12:45-1:30P	330108-02
M	7/8-7/29	12:45-1:30P	330208-01
F	7/12-8/2	12:45-1:30P	330208-02

**Kidnastics** Min/Max: 4/8

Age-appropriate skills are taught through the use of obstacle courses and fun stations for the development of strength, balance and flexibility. Introduction to basic gymnastic skills on the bars, beam, vault and floor exercise. Location: Chilson Gymnastics Ctr

**Age 4-5 Fee: 1 day/wk \$55; 2 days/wk \$62**

Sa	6/1-6/22	10:45-11:45A	330110-01
M	6/3-6/24	10:30-11:30A	330110-02
M	6/3-6/24	4:30-5:30P	330110-03
T,Th	6/4-6/27	10:00-10:45A	330110-04
W	6/5-6/26	11:30A-12:30P	330110-05
W	6/5-6/26	5:30-6:30P	330110-06
F	6/7-6/28	11:30A-12:30P	330110-07
Sa	7/6-7/27	10:45-11:45A	330210-01
M	7/8-7/29	10:30-11:30A	330210-02
M	7/8-7/29	4:30-5:30P	330210-03
T,Th	7/9-8/1	10:00-10:45A	330210-04
W	7/10-7/31	11:30A-12:30P	330210-05
W	7/10-7/31	5:30-6:30P	330210-06
F	7/12-8/2	11:30A-12:30P	330210-07

**Advanced Kidnastics** Min/Max: 4/8

For those 4 and 5 year olds who are ready for more advanced skills. **Instructor approval required.**

Location: Chilson Gymnastics Ctr

**Age 4-5 Fee: 1 day/wk \$55; 2 days/wk \$62**

T,Th	6/4-6/27	10:00-10:45A	330115-01
W	6/5-6/26	5:30-6:30P	330115-02
T,Th	7/9-8/1	10:00-10:45A	330215-01
W	7/10-7/31	5:30-6:30P	330215-02

**Intro to Gymnastics** Min/Max: 4/8

New to gymnastics? This is the place to start! Be introduced to all apparatus and terminology so you are prepared for Novice Level 1. Location: Chilson Gymnastics Ctr

**Age 6-12 Fee: 1 day/wk \$55; 2 days/wk \$70**

Sa	6/1-6/22	12:00-1:00P	330117-01
M	6/3-6/24	5:45-6:45P	330117-02
T,Th	6/4-6/27	11:00A-12:00P	330117-03
T,Th	6/4-6/27	4:30-5:30P	330117-04
W	6/5-6/26	6:45-7:45P	330117-05
Sa	7/6-7/27	12:00-1:00P	330217-01
M	7/8-7/29	5:45-6:45P	330217-02
T,Th	7/9-8/1	11:00A-12:00P	330217-03
T,Th	7/9-8/1	4:30-5:30P	330217-04
W	7/10-7/31	6:45-7:45P	330217-05

**Novice Level 1** Min/Max: 4/8

The fundamentals of gymnastics are taught on each event - vault, uneven bars, balance beam and floor exercise.

**Instructor approval required.** Location: Chilson Gymnastics Ctr**Age 6-12 Fee: 1 day/wk \$55; 2 days/wk \$70**

Sa	6/1-6/22	12:00-1:00P	330120-01
M	6/3-6/24	5:45-6:45P	330120-02
T,Th	6/4-6/27	11:00A-12:00P	330120-03
T,Th	6/4-6/27	4:30-5:30P	330120-04
W	6/5-6/26	6:45-7:45P	330120-05
Sa	7/6-7/27	12:00-1:00P	330220-01
M	7/8-7/29	5:45-6:45P	330220-02
T,Th	7/9-8/1	11:00A-12:00P	330220-03
T,Th	7/9-8/1	4:30-5:30P	330220-04
W	7/10-7/31	6:45-7:45P	330220-05

**Beginner Level 2** Min/Max: 4/8

For those who have completed and mastered the skills in Novice Level 1 and are ready for more challenging skills. **Instructor approval required.** Loc: Chilson Gymnastics Ctr

**Age 6-12 Fee: 1 day/wk \$55; 2 days/wk \$70**

M	6/3-6/24	7:00-8:00P	330125-01
T,Th	6/4-6/27	12:15-1:15P	330125-02
T,Th	6/4-6/27	5:45-6:45P	330125-03
M	7/8-7/29	7:00-8:00P	330225-01
T,Th	7/9-8/1	12:15-1:15P	330225-02
T,Th	7/9-8/1	5:45-6:45P	330225-03

**Advanced Beginner Level 3** Min/Max: 4/8

This level continues to build a strong foundation of skills on each event. **Instructor approval required.**

Location: Chilson Gymnastics Ctr

**Age 6-12 Fee: 1 day/wk \$55; 2 days/wk \$70**

M	6/3-6/24	7:00-8:00P	330130-01
T,Th	6/4-6/27	12:15-1:15P	330130-02
T,Th	6/4-6/27	5:45-6:45P	330130-03
M	7/8-7/29	7:00-8:00P	330230-01
T,Th	7/9-8/1	12:15-1:15P	330230-02
T,Th	7/9-8/1	5:45-6:45P	330230-03

**Intermediate Level 4** Min/Max: 4/8

A more involved class focusing on fine tuning and correct execution of all skills on each event while continuing to learn new ones. **Instructor approval required.**

Location: Chilson Gymnastics Ctr

**Age 6-12 Fee: \$85**

T,Th	6/4-6/27	6:45-8:15P	330135-01
T,Th	7/9-8/1	6:45-8:15P	330235-01

**Advanced Intermediate Level 5** Min/Max: 4/8

This level corresponds with USAG Level 5 in which advanced skills, strength and flexibility are emphasized.

**Instructor approval required.** Location: Chilson Gymnastics Ctr

**Age 6-12 Fee: \$85**

T,Th	6/4-6/27	6:45-8:15P	330140-01
T,Th	7/9-8/1	6:45-8:15P	330240-01

**Homeschool Gymnastics** Min/Max: 4/8

Join other homeschoolers for an hour of FUN gymnastics. We will utilize our developmental program curriculum to ensure growth and progress in a fun and safe environment. A great way to incorporate physical education into your homeschool curriculum. Location: Chilson Gymnastics Ctr

**Age: 5-16 Fee: \$55**

W	6/5-6/26	12:45-1:45P	330150-01
W	7/10-7/31	12:45-1:45P	330250-01

**Children perform better when parents & siblings observe from the viewing area. Thank you for your cooperation!**

**CHEERLEADING****The Cheer & Dance Connection – Performance Cheer & Tumbling ♦**

Ready, OK! These high energy recreational cheerleading teams are designed to help you learn jumps, motions, stunts, dance and tumbling through sportsmanship and teamwork. Each session, our cheer team will perform at a community event or in-house performance. Poms are available for use during class. Cheer shirts are worn during performances and practices. **\$20 t-shirt fee paid to instructor.** Min/Max: 4/30 Location: Chilson Gymnastics Ctr

**Age: 4-12**

Su	6/2-7/21	1:00-2:00P	\$90	339900-01
Su	7/28-8/25	1:00-2:00P	\$75	339900-02

**Calling all cooks!** See page 47 for a variety of youth cooking classes this summer.

**Rent Our Mobile Recreation Trailer**

Our Mobile Recreation Trailer has a variety of FUN games, sports and activities for youth & adults and is ready to be rented for private events! More Info: 970.962.2336

## DANCE WITH MIMI

**Mimi Ferrie** is a Northern Colorado native and professional dancer and educator with twenty consecutive years teaching children and families. Mimi received her BFA in dance and teaches toddlers to professional dancers in a variety of genres. She brings her passion, joy and love for movement into each class she leads.

### Creative Movement | Family Dance ♦

A weekly class bringing families together with dance, games, creativity and community! Each class focuses on strengthening our family relationships and connections, experiencing our children and parenting in new ways, and celebrating curiosity, health, joy and play in action! Register child only. Up to three other family members can join with registered child. Min/Max: 6/10

Location: Cherry Rm

**Age: 2-5**

W	5/29-6/19	9:00-9:40A	\$45	357052-1
W	6/26-7/17	9:00-9:40A	\$45	357052-2

### Mini Dancers: Ballet | Tap | Jazz ♦ Min/Max: 6/10

Preschoolers are introduced to ballet, tap and jazz skills through inspiring music and imagery. This class celebrates the way kids learn best... through play, connection and exploration!

Location: Cherry Rm

**Age: 3-4**

W	5/29-6/19	9:50-10:35A	\$45	357012-1
W	6/26-7/17	9:50-10:35A	\$45	357012-2
T	7/23-8/13	9:50-10:35A	\$45	357012-3

### Kids Dance ♦ Min/Max: 6/12

These expressive and high energy classes are all about finding your groove, expression and artistic voice. Dancers will learn elements from multiple dance styles including jazz, ballet and contemporary through skill-building, games and choreography.

Location: Cherry Rm

**Age: 5-7**

W	5/29-6/19	10:45-11:30A	\$45	358072-1
W	6/26-7/17	10:45-11:30A	\$45	358072-2
T	7/23-8/13	10:45-11:30A	\$45	358072-3

### Youth Dance Workshops ♦ Min/Max: 6/14

Let's party! These expressive and high-energy workshops are about finding your groove, expression and artistic voice. Dancers will learn a different style in each class through skill-building, games and choreography. Location: Small Gym

**Age: 7-11 Time: 4:15-5:15P**

Th	6/13	Dance from Movies/Musicals	\$15	358092-1
Th	6/20	Contemporary	\$15	358092-2
Th	7/18	Hip Hop and Party Dances	\$15	358092-3
Th	8/1	Dance from Movies/Musicals	\$15	358092-4

### NEW! Adult Jazz Funk ♦ Min/Max: 6/14

These FUN and sassy dance classes explore musicality, dynamics and style through feel-good pop and R&B throwbacks. Each workshop includes jazz dance technique and a new combination. All levels are welcome. Location: Small Gym

**Age: 18+**

Th	6/13	5:30-6:30P	\$15	362034-1
Th	6/20	5:30-6:30P	\$15	362034-2
Th	8/1	5:30-6:30P	\$15	362034-3

## ADULT ENRICHMENT DANCE

### Line Dance Min/Max: 8/40

Get exercise and socialize! Instructor: Tracey Ingraham

**Age: 18+**

#### Contemporary Line Dance

Dance the hottest new line dances to current country music and top 40 hits. Dances vary from beginner to intermediate levels, so some line dancing experience is a plus.

Location: Hickory/Maple/Spruce Rm \*No class 6/12

W	6/5-6/26*	8:00-9:00A	\$17	390086-1
W	7/10-7/31	8:00-9:00A	\$22	390086-2

#### Country Line Dance – Beginning

Learn beginning line dance steps including grapevine, coaster step, triple step, jazz box and more.

Location: Hickory/Maple/Spruce Rm

M	6/3-6/24	9:45-10:45A	\$22	390087-1
M	7/8-7/29	9:45-10:45A	\$22	390087-2

#### Country Line Dance – High Beginning

For those who have taken a beginner class, but aren't quite ready for the Continuing class.

Location: Hickory/Maple/Spruce Rm \*No class 6/12

W	6/5-6/26*	9:05-10:05A	\$17	390088-1
W	7/10-7/31	9:05-10:05A	\$22	390088-2

#### Country Line Dance – Continuing

For those who already know a step or two!

Location: Fitness/Dance Studio

Th	6/6-6/27	10:45A-12:15P	\$33	390089-1
Th	7/11-7/25	10:45A-12:15P	\$25	390089-2

#### Country Line Dance – Intermediate

Intermediate levels only. Learn more advanced country line dance steps. More dances, faster pace! Location: Fitness/Dance Studio

Th	6/6-6/27	12:30-1:45P	\$28	390090-1
Th	7/11-7/25	12:30-1:45P	\$21	390090-2

#### Folk Dance Min/Max: 8/20

Folk dances have historically been greatly anticipated social events - and for good reason! Group social dancing is cooperative FUN and great brain/body exercise! Learn circle, longways and square dances to wonderful music from many places in the world, including Germany, Israel, Mexico, Russia & the USA! Location: Cherry Rm

**Age: 21+**

Th	6/13-6/27	1:30-3:00P	\$20	390022-1
----	-----------	------------	------	----------

#### Tap Dance – Level 1 Min/Max: 6/12

Always wanted to tap dance? Now is your chance! Have FUN while exercising your body and your brain. Dancing is the best activity for keeping your brain active and can increase bone density and prevent osteoporosis. Instructor: Sally Fortenberry

Location: Maple/Spruce Rm

**Age: 18+ \*No class 7/23**

**Beginner** Tap basics for anyone who has not danced with Sally. Covers basic steps, terminology and tap history.

T	6/18-7/30*	1:30-2:30P	\$40	390016-1
---	------------	------------	------	----------

#### NEW! Salsa & Bachata Min/Max: 8/24

Learn the fundamentals of Latin dancing as well as the basic figures for these two popular styles of nightclub dances. This class teaches basic concepts of leading, following, tempo and turning.

Singles and couples are welcome. Location: Fitness/Dance Studio

**Age: 18+**

F	7/5-7/26	6:00-7:00P	\$48 ea	390028-1
---	----------	------------	---------	----------



# PRESCHOOL

## FALL 2024 SMALL FRIES PRESCHOOL

A quality-rated, state-licensed preschool program for your 3 to 5 year old that includes a balance of play-based, child-directed discovery and teacher-led small group activities. Kindergarten-readiness is ensured through the encouragement of self-regulation, critical thinking and problem-solving skills. The Small Fries Preschool program follows the Colorado Early Learning & Developmental Guidelines to build curriculum in the following content areas:

- Social/Emotional Development
- Cognitive Development
- Language & Early Literacy
- Fine & Gross Motor Skills
- Creative Arts & Expression
- Physical Health & Development
- Logic & Reasoning
- Approaches to Learning

**REGISTRATION FOR FALL 2024 BEGAN FEBRUARY 6.**  
SPACES ARE LIMITED. REGISTRATION IS NOT AVAILABLE ONLINE.

Visit [lovgov.org/smallfries](http://lovgov.org/smallfries) to download a registration form and submit it in person at the Chilson Center. Available spaces are filled on a first-come, first-served basis.

**Call 970.962.2487 for more information or to schedule a tour.**

Small Fries Preschool is a Level 5 rated preschool with the Colorado Shines Program, a quality rating and improvement system that monitors and supports early learning programs. Its primary functions are to help participating programs improve their quality through assessment, training and tools, and to connect Colorado families with quality child care.

- An annual, non-refundable registration fee of \$35 is due at the time of enrollment. Session fees may be paid in full or broken down into monthly tuition payments that are due on the 1st of each month during the session.
- The Fall 2024 session runs September 3–December 20 and generally follows the Thompson School District calendar for district-wide holiday breaks and weather-related closures.
- Parent and Child Orientation meetings are held in August.

**\*No classes 10/11, 10/16, 10/18, 11/25–11/29**

### Pre-K Age: 4–5

M-W	9/3-12/18*	9:00-11:30A	\$774
M-W	9/3-12/18*	12:30-3:00P	\$774

### Preschool Age: 3–4

Th,F	9/5-12/20*	9:00-11:30A	\$504
Th,F	9/5-12/20*	12:30-3:00P	\$504

## EARLY LEARNERS

### Key Magia Music ♦ Min/Max: 4/10

Encourage the development of your child's musical skills with a curriculum that captures children's imagination and builds connections between music, movement and early learning. Classes are designed to teach foundational music skills and also promote increased attention span, impulse control and language skills. **Summer classes are held at Benson Sculpture Garden near the gazebo. Information on specific class location and best parking will be sent by the instructor prior to the start of each session of classes.**

Location: Benson Sculpture Garden, 1125 W. 29th St.

**Musical Toddler** ♦ Join in with other children and caregivers to play and explore music and movement together! Musical activities build music competency in your child as their language, motor skills and social skills grow. Includes singing, dancing, finger plays, scarf games, rhythm & tonal pattern games and instrument play. An adult caregiver is required to attend with each enrolled child or sibling group.

**Age: 1.3–3.5**

Th	6/6-7/11	9:00-9:40A	\$35	360722-1
Th	6/6-7/11	10:00-10:40A	\$35	360722-2
F	6/7-7/12	9:00-9:40A	\$35	360722-3
F	6/7-7/12	10:00-10:40A	\$35	360722-4
Th	7/25-8/22	9:00-9:40A	\$35	360722-5
Th	7/25-8/22	10:00-10:40A	\$35	360722-6
F	7/26-8/23	9:00-9:40A	\$35	360722-7
F	7/26-8/23	10:00-10:40A	\$35	360722-8

**Musical Child** ♦ Music for your growing preschooler to nurture growing language skills, self-expression and attention span. Includes singing, instrument play, scarf games, movement, circle games and more. We will focus on keeping a steady beat and learning music language for rhythm and tonal patterns, the foundations of music education! An adult caregiver is required to attend with each enrolled child or sibling group.

**Age: 3–5**

Th	6/6-7/11	11:00-11:40A	\$35	360732-1
F	6/7-7/12	11:00-11:40A	\$35	360732-2
Th	7/25-8/22	11:00-11:40A	\$35	360732-3
F	7/26-8/23	11:00-11:40A	\$35	360732-4

### Preschool Prep Series Min/Max: 4/10

Children get the hands-on experience they need to start school with excitement. These targeted prep classes focus on the social-emotional AND academic skills they need to take their love of learning to the next level. One adult per child is welcome to stay but is encouraged to initiate the drop-off process. Children are not required to be fully toilet-trained; however, caregivers must remain onsite. Location: Tiny Tot Rm

**Age: 2.5–3.5**

**Diggin' Dinosaurs** Learn amazing facts about dinosaurs through hands-on-activities such as making dinosaur fossils, pretending to be paleontologists and going on a dinosaur dig!

Th	6/6-6/27	10:30-11:30A	\$37	355103-1
Th	6/6-6/27	1:00-2:00P	\$37	355103-2

**The Night Sky** Young children are curious about the night sky and what it holds! Have FUN learning about the moon, space and stars through engaging activities.

Th	7/11-8/1	10:30-11:30A	\$37	355103-3
Th	7/11-8/1	1:00- 2:00P	\$37	355103-4

## SERIOUS PLAY!

### TOT Tuesdays! Min/Max: 4/10

Get involved in some serious play! Each Tuesday session features a craft project and a group activity to get children working together and solving problems. Location: Tiny Tot Rm  
**Age: 2.5–5**

**Get Buggy!** Discover the little creatures that are alive all around us. Grab the bug catchers and magnifying glasses and let's go explore outdoors!

T 6/11 1:00-2:30P \$15 355603-1

**Teddy Bear Picnic** Bring a favorite teddy bear or stuffed animal to dress up, pack a picnic and get ready for some FUN!

T 6/25 1:00-2:30P \$15 355603-2

**Ahoy Matey - Pirate Day!** Draw a map, go on a treasure hunt, and create a secret chest to hold your loot!

T 7/9 1:00-2:30P \$15 355603-3

**Artful Antics** Create FUN sculptures using recycled materials and make splatter paint self-portraits.

T 7/23 1:00- 2:30P \$15 355603-4

**Have a budding athlete? See page 34 for opportunities with SuperTots Sports for ages 2–5.**

**DROP-IN**

**Chilson Childcare**

**Ages 3 mo through 8 yrs**

**Come work out or take a Chilson class and drop the kids off for FUN in Chilson Childcare!**

**See page 2 for details.**

**CHILSON**  
Recreation & Senior Center





# YOUTH & TEENS

## YOUTH ENRICHMENT

### Ultimate Babysitter's Boot Camp ♦

A comprehensive skills-based class with topics covering business & leadership principles, discipline, communication, safe play, basic care for infants and children, disaster preparedness, preventing accidents, recognizing and responding to emergencies, infant and child CPR, choking and basic first aid. **CPR certification is NOT included.** Receive a Child & Babysitting Safety Certificate from the American Safety & Health Institute. Min/Max: 6/16  
Location: Party Rm

**Age: 11-16**

F	6/7	9:00A-3:00P	\$79	361702-1
F	6/21	9:00A-3:00P	\$79	361702-2
F	7/12	9:00A-3:00P	\$79	361702-3
F	7/26	9:00A-3:00P	\$79	361702-4
T	7/30	9:00A-3:00P	\$79	361702-5

### Celebrate YOUR birthday at Chilson!

Stay cool in the pool with a swim party, flip out with a gymnastics party or experience our eSports party! FUN guaranteed!

**More Info:** [lovgov.org/birthdayparties](http://lovgov.org/birthdayparties)

## LET'S GET ROLLING!

### SkateStart Skateboarding Camps ♦

With over 20 years of instruction, we strive to promote health and determination through skateboarding. These unique programs target your beginner/never-ever as well as your little ripper. **Helmet, skateboard and proper shoes are required, unless otherwise noted.** Instructor: Patrick O'Toole

**Age: 5-12**

**Level 1** Learn the basics using the patented SkateStart skateboard (provided) to push and roll successfully with proper technique and foot placement. Once you have completed the Level 1 class and leave with your certificate of awesomeness, you'll be ready for a more advanced SkateStart camps and more FUN! Min/Max: 6/12  
Location: Loveland Sports Park, 950 N. Boyd Lake Ave.

Th	5/30	9:00-10:30A	\$60	353202-1
Sa	6/29	9:00-10:30A	\$60	353202-2

**3-Day Camp** This is a great camp for kids who have experience or have completed SkateStart Level 1. Learn new tricks, make new friends and most importantly have FUN. Sweet prizes and raffles from premier skate brands. Sunscreen provided by Sunbum. Bring a water bottle each day. Min/Max: 6/14  
Location: Mehaffey Skate Park, 3285 W. 22nd St.

T-Th	8/6-8/8	9:00A-12:00P	\$160	353203-1
------	---------	--------------	-------	----------

## ADVENTURE BOUND DAY CAMPS

A state-licensed, childcare/camp program for children entering grades K–9. Themed weeks include enrichment activities, crafts, games and more. Location: Chilson Recreation Center

**More info:** [lovgov.org/abdc](http://lovgov.org/abdc) **Questions:** 970.962.2467

**Registration for Grades K–5 and 6–9** began in February; spaces are limited. Registration forms can be downloaded online and are accepted in person ONLY. A \$35 non-refundable registration fee along with a \$25/week deposit is due at the time of registration.

### ABDC Summer for Grades K–5

A combination of onsite crafts and games, Chilson enrichment activities and field trips make for an exciting adventure! Info on daily schedules, program policies and camper enrollment profiles available after registration.

**Camp Days & Times:** Monday–Friday 7:30A–5:30P

**Summer Fees\*\*** Registration is for the full 5-day week, Mon–Fri unless otherwise noted below (weeks 5 & 10).

**Fee (5-day):** \$250/wk

**\*\* Sibling Discount:** 10% off for 2<sup>nd</sup> child; 15% off for add'l children

#### Summer Camp

Children must be 5 years old & entering grades K–5 in Fall 2024. Register only for the weeks your child will attend. Registration is for the full week, Monday–Friday.

Week	Dates	Theme
1	6/3-6/7	A World of Color
2	6/10-6/14	Decade Days
3	6/17-6/21	Bugs & Butterflies
4	6/24-6/28	Heroes
5	7/1-7/3 (M-W)	A Day at the Beach
6	7/8-7/12	Harry Potter World
7	7/15-7/19	Christmas in July
8	7/22-7/26	Star Wars
9	7/29-8/2	ABDC Summer Olympics
10	8/5-8/8 (M-Th)	Cultures Around the World

### ABDC Summer for Grades 6–9

Has your camper outgrown traditional day camp programs? These FUN camps focus on age-appropriate topics and activities. Campers must be entering grades 6–9 in Fall 2024.

**Camp Days & Times:** Monday–Thursday 8:30A–4:30P

**No camp held on Friday.**

**Camp Fees\*\* (4-day):** \$205/wk

ABLE to Sail is a contracted camp with a separate fee (below).

**Friday Trips:** Optional Friday Teen Trips will be provided to complete your camper's week for an additional registration and fee. Teen Trip information including location and fees are available at the required parent orientation in April.

Days	Dates	Theme	Fee
M-Th	6/3-6/6	S.T.E.M.	\$205
M-Th	6/10-6/13	Wilderness Skills	\$205
M-Th	6/17-6/20	Jr. Counselor	\$205
M-Th	6/24-6/27	ABLE to Sail	\$395
M-Th	7/8-7/11	Helping Hands	\$205
M-Th	7/15-7/18	Campers Ahoy!	\$205
M-Th	7/22-7/25	Glow in the Dark	\$205

## LEGO® CAMPS

### Play-Well TEKnologies LEGO® Camps ♦

Gear up your engineering skills with tens of thousands of LEGO® parts and experienced Play-Well instructors! Location: Party Rm  
**Morning camps Age: 5–7 | Afternoon camps Age: 7–12**

**Pokémon Engineering** Calling all Pokémon trainers! With the Pokémon Championship approaching, join us as we build and catch our favorite Pokémon, rescue Pikachu from Team Rocket, take a ride on the S.S. Anne to uncover rare and mystic Pokémon and battle to see who will be the Pokémon Master.  
M-F 6/10-6/14 9:00A-12:00P \$200 361112-1

**Pokémon Master Engineering** In the race to be crowned the Ultimate Pokémon Champion, we need your help! Learn to build your favorite Pokémon, level up by teaching them special moves, evolve them into more powerful versions and come face to face with the current champion in an epic battle for the title.  
M-F 6/10-6/14 1:00P-4:00P \$200 361113-1

**Animal Adventures** Let your imagination run wild as we build leaping dolphins, buzzing beehives and towering giraffes. Play, create and learn in a world inspired by the animal kingdom. Design as never before and explore your craziest ideas.

M-F 6/24-6/28 9:00A-12:00P \$200 361122-1

**LEGO® Engineering Design Challenge** Get ready to up your engineering game. Be introduced to mechanisms to get your gears turning, then, take it to the next level! Go head-to-head or work towards a new personal best as we apply real-world concepts to LEGO® challenges.

M-F 6/24-6/28 1:00-4:00P \$200 361123-1

**Mandalorian Training** Here's your chance to join your friends and learn what it takes to become a true Mandalorian. Using LEGO®, an experienced instructor guides you through the skills and equipment needed to earn the title. Build your gauntlet fighter ship to weave through the galaxy, your Z-6 jetpacks to maneuver through the air, and of course, defend yourself with your Mandalorian armor. Coming to a galaxy near you!  
M-W 7/1-7/3 9:00A-12:00P \$130 361142-1

**Mandalorian Missions** Master the way of the Mandalorian in this Star Wars inspired experience. Venture through the galaxy in your custom gauntlet fighter to rescue Baby Yoda, build grappling hooks to pull yourself to safety or rescue an ally from the treacherous Sarlacc Pit!

M-W 7/1-7/3 1:00-4:00P \$130 361143-1

**Video Games Unplugged** Bring your favorite video game characters and experiences to real life. Using LEGO®, learn Link's signature moves to defeat enemies, build mechanisms to make Sonic spin and take out Robotnik, and even build go-karts to challenge Mario and friends in a race for the Mushroom Cup. All the FUN of a video game adventure without the screen!

M-F 8/5-8/9 9:00A-12:00P \$200 361152-1

**Bash'em Bots** Design your custom LEGO® bot to take on any challenge. Mix and match chassis designs using wheels, treads or walking legs. Combine these with tools like drills, hammers and battering rams as you refine your masterpiece by sparring with friends and overcoming obstacles. Apply real-world engineering and physics concepts to help you bash and crash your way to victory.

M-F 8/5-8/9 1:00-4:00P \$200 361153-1



# JULY 4TH FESTIVAL

**NORTH LAKE PARK | 2750 N. TAFT AVE.**

**FUN from 4-9P...**

## Kids' Zone

Mobile Recreation Trailer, face painting, balloon artist, caricature artist, Buckhorn Northern Railroad (12-8P, \$1/ride)

## DJ

Dance like no one's watching with an interactive DJ who will play FUN music for you to enjoy throughout the day.

## Live Music

Celebrate with live music from the Loveland Concert Band from 8:00-9:17P at the Hammond Amphitheater.

## Children's Bike Parade

Pre-registration encouraged - FREE Register at [lovgov.org/webtrac](http://lovgov.org/webtrac)  
Prizes for most festive bike, best costume and crowd favorite!

**Location:** Shelter #2, southeast of playground

Age 5 & under: 3:30P check-in, 4P start (short route) All push bikes, wagons, strollers and scooters must be in the 4P parade. #351963-1  
Age 6-10: 4:30P check-in, 5P start #351963-2

## Fireworks

What you've been waiting for! Delight in a dazzling fireworks display over Lake Loveland. Bring your camera and ooh and ahh as we light up the sky. Begins at approximately 9:17P

## PLUS!

## Vendors & Food Trucks

Enjoy a variety of products and food from local northern Colorado businesses.  
Sponsorship & vendor opportunities open now! Visit [lovgov.org/PRevents](http://lovgov.org/PRevents)



**Parking** Paid parking at Loveland High School or on 29th Street - no parking at North Lake Park



Maps and event schedule [lovgov.org/july4th](http://lovgov.org/july4th)  
QUESTIONS 970.962.2446

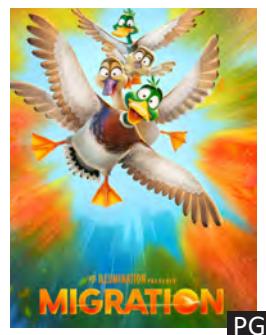
# Movies IN THE Park

FREE

Movie  
start time  
**8:45P**  
(approx)

All movies are FREE - except the Dive-In Movie. Bring  
blankets, chairs and a picnic dinner (no alcohol or glass).

**Fri, June 14**



Cattail Creek Golf Course

Play FREE SNAG® (5–8P), food truck (\$),  
crafts and interact with live birds at the  
Rocky Mountain Raptor Program tent (6–8P).

**Fri, July 12**

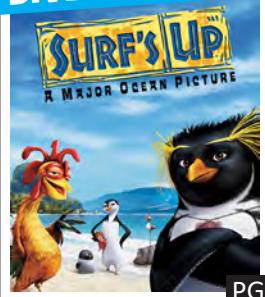


North Lake Park

Try a Mario inspired obstacle course & win  
a Mario themed prize, plus games with the  
Mobile Recreation Trailer (7–8:30P).

**Sat, July 20**

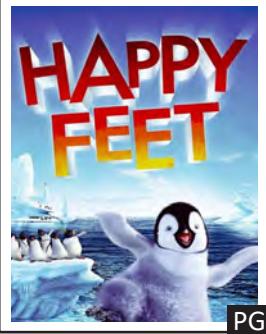
**DIVE-IN MOVIE!**



Winona Pool (\$ entry fee)

Bring your own float  
and enjoy a movie at the pool!  
Concessions open (\$)

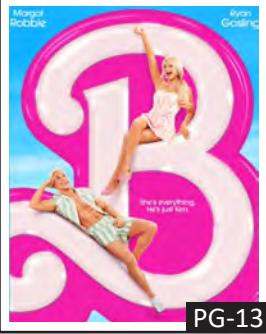
**Fri, July 26**



The Foundry Plaza

Movie begins after the  
ice cream social (\$) and music.

**Fri, Aug 30**

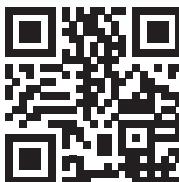


North Lake Park

Moms Night Out – grab your friends!  
Wine (\$, 6:30–9P), photo booth, Bad Mom Bingo

**All movies  
are weather  
permitting.**

More Info



[lovgov.org/PRevents](http://lovgov.org/PRevents) or call 970.962.2336



# ART & COOKING

## ART CLASSES AT ARTISAN YOU!

All supplies included. Completed projects are kiln-fired onsite and ready for pick-up one week after class dates. Min/Max: 1/8  
**Location:** Artisan You! Studio, 405 E. 7th St.

### Father's Day Handprint Platter ♦

Paint a barbecue platter for Dad complete with your child(ren)'s precious handprints! Learn how to transfer a design onto your platter and then paint it. Our expert staff will be on hand to help you get great handprints. Or for young babies, we will help you get a footprint.

**All ages** \*fee covers 1 adult & up to 3 children

Sa	5/18	10:00A-12:00P	\$75*	360103-1
Sa	6/1	10:00A-12:00P	\$75*	360103-2

### Summer Camp: Pop Culture ♦

Get creative! Paint an axolotl plate and a puffball mug. Make a Minecraft creeper catcher from fused glass, a Squishmallow trinket dish from clay and a secret canvas painting project!

**Age: 5-12**

M-F	6/3-6/7	10:00A-12:00P	\$150	361042-1
-----	---------	---------------	-------	----------

### Looking for youth summer camps?

See page 42 for youth & teen activities.

### Llama Plate ♦

Paint an adorable llama plate full of bright colors. Learn to transfer a design and how to use dots of paint to create design elements.

**Age: 6-12**

Sa	6/8	10:00-11:30A	\$25	361053-1
Sa	8/3	10:00-11:30A	\$25	361053-2

### Fused Glass for Kids ♦

Learn to use glass tools with an emphasis on safety, as you layer glass to create a fused glass initial. Great for a wall or in a window.

**Age: 7-12**

Sa	7/6	10:00-11:30A	\$29	361043-1
Sa	8/10	10:00-11:30A	\$29	361043-2

### Fused Glass for Beginners ♦

Create your choice of a soap dish, sun catcher, bowl or votive candle holder in this fun class! Learn how to use glass tools to cut glass and layer it in a unique design.

**Age: 16+**

Th	5/23	6:00-8:00P	\$45	362044-1
Sa	6/22	1:00-3:00P	\$45	362044-2

### Fused Glass: Dichroic Jewelry ♦

Create jewelry that sparkles in this beginner level class. Learn how to use glass tools and how to work with specialty dichroic glass.

**Age: 16+**

Th	7/11	6:00-8:00P	\$30	362025-1
Sa	7/27	1:00-3:00P	\$30	362025-2

## HOOKS & NEEDLES

### Knitting Min/Max: 5/7

Learn to knit! Learn about yarns, fibers the tools of the trade to make an easy project such as a scarf, placemat or dishcloth. Advanced beginners can strengthen skills by choosing a more complicated pattern, such as a hat, eyelet scarf or another pattern. **\$15 supply fee payable to instructor at first class (includes yarn, knitting needles, crochet hook, row counter, two tapestry needles).** Instructor: Lisa Ragsdale | Location: Cherry Rm

**Age: 12+**

M	6/3-6/17	10:00-11:00A	\$40	359150-1
Th	7/18-8/1	10:00-11:00A	\$40	359150-2

### Crochet Min/Max: 5/7

Learn to crochet! Learn about yarns, fibers, patterns and how to use a crochet hook to make an easy project such as a scarf, placemat or dishcloth. Lessons can be modified for more advanced levels. **\$10 supply fee payable to instructor at first class (includes yarn, crochet hook, row counter, two tapestry needles).** Instructor: Lisa Ragsdale

**Age: 12+** Location: \*Chilson Conference Rm | \*\*Cherry Rm

Th	6/6-6/20*	12:00-1:00P	\$40	359151-1
M	7/15-7/29**	10:00-11:00A	\$40	359151-2

### Needle Felting Min/Max: 5/6

Needle felting is an old craft that has gained enormous popularity. **\$10 supply fee payable to instructor at class (includes wool and needles).** Instructor: Debby Widolf | Location: Cherry Rm

**Age: 12+**

#### Llama

Sa	6/1	9:30A-1:00P	\$30	391411-1
----	-----	-------------	------	----------

### Painting with Wool Without Needle Felting

Sa	7/13	9:30A-1:00P	\$30	391411-2
----	------	-------------	------	----------

### A Feathered Friend

Sa	8/10	9:30A-1:00P	\$30	391411-3
----	------	-------------	------	----------

## YOUTH COOKING

### Food for Life: Nutrition & Cooking Camp ♦

Poor diet and lack of exercise put today's children at greater risk for chronic diseases. The curriculum highlights the positives of the four food groups in the Power Plate. Kids learn about nutrition and how to cook healthy recipes. A consent form is required.

Min/Max: 6/16 Instructor: Sapna Von Reich | Location: Cherry Rm

**Age: 6-12 Time: 1:30-3:30P**

T	5/28	Bang-Up Breakfasts	\$26	161803-1
W	5/29	In Between Meals	\$26	161803-2
Th	5/30	Rainbow Lunches	\$26	161803-3
F	5/31	Digging These Dinners	\$26	161803-4
T-F	5/28-31	All sessions	\$89	161803-5

### Summer Desserts ♦ Min/Max: 6/16

Let's learn to make some sweet treats using fresh summer produce. These desserts are refreshing, delicious, and best of all, they are nutritious! All recipes are vegetarian-vegan friendly. A consent form is required. Instructor: Sapna Von Reich | Location: Cherry Rm

**Age: 6-13**

Th	6/6	1:30-3:30P	\$30	360647-1
----	-----	------------	------	----------

### Calling All Pasta Lovers ♦ Min/Max: 6/16

Make simple meals that are healthy and delicious! All recipes are vegetarian-vegan friendly. Menu: homemade pasta sauce, a pasta dish, nutty Parmesan cheese, a wholesome salad. A consent form is required. Instructor: Sapna Von Reich | Location: Cherry Rm

**Age: 6-13**

F	6/14	1:30-3:30P	\$30	360648-1
---	------	------------	------	----------

### Frozen Yogurt ♦ Min/Max: 6/16

Make this refreshing frozen treat using seasonal fruits. All recipes are vegetarian-vegan friendly. A consent form is required.

Instructor: Sapna Von Reich | Location: Cherry Rm

**Age: 6-13**

W	6/26	1:30-3:30P	\$30	360657-1
---	------	------------	------	----------

### Chinese Food ♦ Min/Max: 6/16

Join us for a culinary experience of quick and easy Chinese dishes. All recipes are vegetarian friendly. A consent form is required.

Instructor: Sapna Von Reich | Location: Cherry Rm

**Age: 6-13**

T	7/2	1:30-3:30P	\$30	360655-1
---	-----	------------	------	----------

### Pancake & Waffle Shuffle ♦ Min/Max: 6/16

Explore how to make this fairly processed food more wholesome.

All recipes are vegetarian-vegan friendly. A consent form is required.

Instructor: Sapna Von Reich | Location: Cherry Rm

**Age: 6-13**

W	7/3	1:30-3:30P	\$30	360651-1
---	-----	------------	------	----------

### Sweet & Savory Wraps ♦ Min/Max: 6/16

Wraps are quick, easy to make and come in many different varieties.

Learn to wrap with the best of them! A consent form is required.

Instructor: Sapna Von Reich | Location: Cherry Rm

**Age: 6-13**

W	7/5	1:30-3:30P	\$30	360656-1
---	-----	------------	------	----------

### Refreshing Summer Treats ♦ Min/Max: 6/16

Learn to make quick, cool and refreshing treats using beneficial ingredients. All recipes are vegetarian-vegan friendly. A consent form is required.

Instructor: Sapna Von Reich | Location: Cherry Rm

**Age: 6-13**

W	7/17	1:30-3:30P	\$30	360659-1
---	------	------------	------	----------

### Ramen Noodles Made Healthy ♦ Min/Max: 6/16

Learn some new ways to make this nostalgic food good for you. All recipes are vegetarian-vegan friendly. A consent form is required.

Instructor: Sapna Von Reich | Location: Cherry Rm

**Age: 6-13**

W	7/24	1:30-3:30P	\$30	360653-1
---	------	------------	------	----------

### Indian Food ♦ Min/Max: 6/16

Join us for a culinary experience of all food Indian. All recipes are vegetarian-vegan friendly. Menu: chickpea curry with basmati rice, cumin potatoes, carrot pudding. A consent form is required.

Instructor: Sapna Von Reich | Location: Cherry Rm

**Age: 6-13**

F	7/26	1:30-3:30P	\$30	360658-1
---	------	------------	------	----------

### Fruit Sorbets ♦ Min/Max: 6/16

Use a variety of seasonal fruits to create these mouth-watering delights. All recipes are vegetarian-vegan friendly. A consent form is required.

Instructor: Sapna Von Reich | Location: Cherry Rm

**Age: 6-13**

W	7/31	1:30-3:30P	\$30	360649-1
---	------	------------	------	----------



© Dan O'Donnell

# OPEN LANDS & TRAILS

## FREE PROGRAMS & ACTIVITIES

REGISTER: [offer.o.cityofloveland.org](http://offer.o.cityofloveland.org)

**MAY–AUGUST:** Nature Cabin Open\*\* & [Native Garden Projects\\*\\*](#)

### MAY

5/8	<a href="#">Nature Cabin Docent Training</a>
5/10	Astronomy Night
5/15	Guided Wildflower Walk
5/15, 5/17	Sunset Guided Walk: Flood Plain Beauty
5/16	PEEPs* Exploration: Bees in the Trees
5/18	River Cleanup Project & Celebration
5/23, 5/24	Art in Nature - Sketch & Journal
5/24	Natural History Hike: Along the River's Edge
5/25	Guided Bird Walk
5/29	<a href="#">Weed Warriors</a>
5/31	<a href="#">Trail Host Training (session 1 of 2)</a>

### JUNE

6/1	<a href="#">Trail Host Training (session 2 of 2)</a>
6/1	<a href="#">Habitat Restoration Planting Project</a>
6/1	National Trails Day <a href="#">Volunteer Project</a>
6/2	Bike & Trails Day at Farmers Market
6/8	Astronomy Night
6/14	Natural History Hike: Urban Nature
6/18	<a href="#">Weed Warriors</a>
6/19, 6/21	Sunset Guided Walk: Rise of the Rockies
6/20	PEEPs* Exploration: Those Awesome Osprey
6/20, 6/21	Art in Nature - Sketch & Journal
6/22	Guided Bird Walk
6/22	Dog Day of Summer Special Event
6/25	Guided Wildflower Walk

### JULY

7/9, 7/11, 7/13	Fireflies in the Meadow
7/12	Natural History Hike: Butte to Bow
7/13, 7/16, 7/27	<a href="#">Weed Warriors</a>
7/16	Guided Wildflower Walk
7/18	PEEPs* Exploration: Are You Going Batty?
7/18, 7/19	Art in Nature - Sketch & Journal
7/19	Sunset Guided Walk: Loveland's Wildlife Reserve
7/19	Astronomy Night
7/20	Guided Bird Walk
7/20	Loveland Cherry Celebration <a href="#">(event booth)</a>
7/23	Evening Presentation: Bats by the River
7/27	Evening of Storytelling
7/31	Colorado History in Viestenz-Smith Mountain Park

### AUGUST

8/9	Natural History Hike: Along the River's Edge
8/10, 8/21	<a href="#">Weed Warriors</a>
8/10	Guided Bird Walk
8/13	Evening Presentation: Coyotes in the Meadow
8/15	PEEPs* Exploration: Here Fishy, Fishy, Fishy
8/15, 8/16	Art in Nature - Sketch & Journal
8/19, 8/20, 8/22	<a href="#">Volunteer Training: Fall EE programs</a>
8/21, 8/23	Sunset Guided Walk: Loveland's Amusement Park?
8/24	Astronomy Night

Events in blue = VOLUNTEER events

\*PEEPs = Preschool Environmental Education Program

\*\*Check the calendar at [offer.o.cityofloveland.org](http://offer.o.cityofloveland.org) for specific dates



Parking	Restrooms	Picnic Shelter/Table	Information Kiosk	Interpretive Signs	Soft Surface Trail Hiking/Biking	Paved Recreation Trail	Fishing	ADA Fishing Access	Belly Boat Fishing	Leashed Dogs Only	Wildlife Viewing

OPEN LANDS	AMENITIES/RECREATION OPPORTUNITIES										
<b>Boedecker Bluff</b> 4750 W. First St.				✓	✓	✓		✓		✓	✓
<b>Boise Bend</b> 1225 S. Boise Ave.	✓			✓		✓		✓		✓	✓
<b>Boyd Lake</b> (State Parks Partnership) 6500 N. Cty. Rd. 11C	✓ Fee	✓	✓	✓			✓	✓		✓	✓
<b>Cottonwood Run</b> Taft-Wilson along Big Thompson River	✓ at Wilson			✓	✓	✓	✓	✓		✓	✓
<b>Devil's Backbone</b> (County fee area) 1725 Hidden Valley Dr.	✓	✓	✓	✓	✓	✓				✓	✓
<b>Emerald Glen</b> Wilson Ave. & 43rd St.				✓			✓			✓	✓
<b>King's Crossing</b> 990 S. Lincoln Ave.	✓				✓		✓	✓		✓	✓
<b>Mariana Butte</b> 701 Clubhouse Dr.	✓	✓		✓		✓ No bikes				✓	✓
<b>Meadowbrook</b> 2000 Cascade Ave.				✓		✓	✓			✓	✓
<b>Morey Wildlife Reserve</b> 5439 Cedar Valley Dr.		✓		✓		✓ No bikes		✓			✓
<b>Namaqua</b> (and Park) 816 N. Cty. Rd. 19E (Namaqua Rd.)	✓	✓	✓					✓		✓	✓
<b>Old St. Louis</b> 1010 S. St. Louis Ave.	✓			✓	✓	✓	✓	✓		✓	✓
<b>Oxbow</b> 1135 & 1140 Rossum Dr.	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓
<b>Prairie Ridge</b> 6400 N. Wilson Ave.	✓	✓		✓	✓	✓ No e-bikes					✓
<b>River's Edge</b> 960 W. First St.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Round Mountain</b> 1300 W. Highway 34	✓	✓		✓	✓	✓				✓	✓
<b>Sunset Vista</b> 1323 W. 57th St.	✓	✓	✓	✓	✓	✓ No bikes	✓	✓		✓	✓
<b>Viestenz-Smith</b> (Open April-October) 1211 W. Highway 34	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

**KNOW BEFORE YOU GO!** Check for trail updates on COTREX at [trails.colorado.gov](http://trails.colorado.gov) or download the free app. See page 61 for open lands & natural areas map and rules; see page 62 for recreation trail map.

## VOLUNTEER OPPORTUNITIES - OPEN LANDS & TRAILS

**Trail Host Program** FREE training is available for volunteer Trail Hosts to visit open lands and trails and engage with visitors, answer questions and report information about public use.

**Training dates:** May 31 & June 1 (both dates required)

### Environmental Educators

The Open Lands Division offers FREE training for volunteers to help teach K-5 students about Colorado wildlife, plants and the environment. **Training dates:** August 19, 20, 22

**Stewardship & Special Projects** Volunteers are needed for ongoing stewardship projects, such as native plant restoration, citizen science, trail building, weed removal & cleanup days. No experience necessary. All training & materials provided.

**Sign up on Offero:** [offero.cityofloveland.org](http://offero.cityofloveland.org)

**More info:** [lovgov.org/openlands](http://lovgov.org/openlands)

Coordinator: 970.962.2643 michele.vanhare@cityofloveland.org



# ADULT ENRICHMENT

## EXPLORE SOMETHING NEW

### Photography Field Experience Min/Max: 6/20

Up your photography game this summer and spend quality time outdoors in this series of photo shoots with a professional photographer! In June, explore Viestenz-Smith Mountain Park photographing the sculptures, local wildlife and flowers. In July, visit Benson Sculpture Garden to photograph dramatic river scenes and winding mountain trails. In August, experience the beautiful CSU Flower Gardens in Fort Collins. **Transportation is on your own to locations; instructor will meet you there.**  
**Age: 18+**

Sa 6/8 1:00-3:00P \$35 391016-1

Location: Viestenz-Smith Mountain Park, 1211 W. Hwy 34  
(Share & discuss your images on W, 6/12, 5:30-8:30P at Chilson)

Sa 7/20 1:00-3:00P \$35 391016-2

Location: Benson Sculpture Garden, 1125 W. 29th St  
(Share & discuss your images on W, 7/24, 5:30-8:30P at Chilson)

Sa 8/24 1:00-3:00P \$35 391016-3

Location: CSU Flower Gardens, 1401 Remington St., Fort Collins  
(Share & discuss your images on W, 8/28, 5:30-8:30P at Chilson)

**Get active! Check out page 53 for guided walking and biking events in June.**

### Dog Obedience: Beginning Min/Max: 4/8

Have a new puppy? This class will cover leash walking, people greeting, manners and much more. Location: Chilson TBD

**Age: 18+**

T	6/11-7/9	5:30-7:00P	\$200	360101-1
---	----------	------------	-------	----------

### Reader's Theatre Min/Max: 8/12

Directed by Loveland playwright Rick Padden, enjoy small-group engagement in out-loud readings of stage plays. Enjoy acting with no memorization for all levels! Location: Chilson Conference Rm

**Age: 21+ \*No class 7/2, 8/24**

T	6/11-7/23*	1:00-3:00P	\$20	391083-1
---	------------	------------	------	----------

Sa	8/3-9/14*	1:00-3:00P	\$20	391083-2
----	-----------	------------	------	----------

### Heartsaver CPR with AED & First Aid

This class is provided by Banner Health and taught by American Heart Association instructors and covers adult, child and infant CPR, AED hands-on practice and choking rescue for adult, child and infant. Gain understanding of first aid basics as well as medical, injury and environmental emergencies. Receive a CPR with AED and First Aid certification card (good for two years). This class is not for healthcare providers. Min/Max: 5/10 Location: Cherry Rm

**Age: 16+**

T	6/11	4:00-8:00P	\$100	391412-1
---	------	------------	-------	----------

T	7/16	4:00-8:00P	\$100	391412-2
---	------	------------	-------	----------

T	8/13	4:00-8:00P	\$100	391412-3
---	------	------------	-------	----------

**CSU Extension – Perennials** Min/Max: 4/40

Perennials provide so many great flower colors, textures and heights in the landscape. Learn about plants for specific locations, like sunny spots, dry shade, and those that attract pollinators but deter wildlife like rabbits and deer.

Instructor: Alison O'Connor Location: Cherry Rm

**Age: 18+**

F 6/21 2:30-4:00P FREE 391050-1

**CSU Extension – Gardening Hacks**

Learn about insider tips, tricks and information to grow a successful home garden in Colorado from a gardening expert. Discussions include plant advice, how to deal with wildlife and how to use weather to your advantage.

Min/Max: 4/40 Instructor: Alison O'Connor

Location: Maple/Spruce Rm

**Age: 18+**

W 6/26 2:30-4:00P FREE 391051-1

**CSU Extension – The Basics of Food Preservation**

Join us for an overview of the basic methods of food preservation including canning, freezing and dehydration. Learn about equipment needed and best methods for particular foods. Location: Cherry Rm

**Age: 18+**

Th 8/15 1:30-2:30P FREE 391048-1

**Discover Fly Fishing & the River**

Are you interested in learning more about fly fishing on rivers and lakes but you don't know where to start? Rocky Mountain Flycasters Trout Unlimited has an opportunity for you to learn about fly fishing at this one-day instructional class. During a portion of the class, receive hands-on experience with casting outside of Chilson. All equipment provided. Min/Max: 8/40

Location: Cherry Rm

**Age: 18+**

Sa 6/22 9:30A-3:30P \$25 359154-1

**Guitar: Beginning** Min/Max: 8/12

Learn to play acoustic guitar in a relaxed environment. Learn technique, fundamental theory, chords and tablature. Try your hand with melodies while getting started using song strumming and picking. **Bring your own guitar to class.**

Location: \*Cherry Rm | Party Rm\*\*

**Age: 18+**

Sa 7/27-8/17\* 9:00-10:30A \$63 391077-1

T 7/23-8/13\*\* 5:00-6:30P \$63 391077-2

**Eat ... Sleep ... Pickleball!**

**Check out page 28 for pickleball classes, leagues and a FREE expo in April. We also have drop-in open play pickleball. Just use your Chilson pass or pay the daily fee. See page 3 for schedules.**

**HEALTH & WELLNESS****MyID** Min/Max: 4/40

MyID is a comprehensive medical ID solution that provides an easy way to access, store and manage your health information. Learn about this grant program that helps local governments locate people with medical conditions like Alzheimer's, autism, brain injuries or developmental disorders prone to wandering. Get info on how the program works and how to register online. Volunteers from the Loveland Police Department and Thompson Valley Emergency Medical Services will be available with computers to help make your online account and answer questions. Location: Cherry Rm

**Age: 18+**

Th 6/6 5:00-6:00P FREE 391009-1

**Healthy Living for Your Brain & Body**

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement. Use hands-on tools to help you incorporate these recommendations into a plan for healthy aging. Min/Max: 4/12 Location: Chilson Conference Rm

**Age: 18+**

T 6/11 11:00A-12:00P FREE 391013-1

**Hearing Assessments** Min/Max: 6/8

Come for a basic hearing assessment at Chilson. Register online or in person; then we'll call to schedule your 15-min appointment a few days before the assessment. Location: Senior Center Clinic

**Age: 18+**

T 7/30 8:30-10:30A FREE 391067-2

**UCHealth/Aspen Club Balance Screenings**

A UCHC Health Physical Therapist will assess your fall risk using STEADI (Stopping Elderly Accidents, Deaths and Injuries). Exercise suggestions, balance and fall prevention strategies will be shared. Register online or in person; then we'll call to schedule your 15-min appointment a few days before. Location: Chilson Conference Rm

**Age: 18+**

W 6/26 11:30A-3:30P FREE 391213-1

W 7/24 11:30A-3:30P FREE 391213-2

W 8/21 11:30A-3:30P FREE 391213-3

**10 Warning Signs of Alzheimer's** Min/Max: 4/40

Join us to learn about 10 common warning signs and what to watch for in yourself and others, typical age-related changes, how to approach someone about memory concerns, early detection, the benefits of a diagnosis and the diagnostic process. Alzheimer's Association resources are also available. Instructor: Angel Hoffman Location: Cherry Rm

**Age: 18+**

Th 7/11 10:00-11:00A FREE 391029-1

**Understanding Alzheimer's & Dementia**

Learn the difference between Alzheimers and dementia, disease stages, risk factors, current research and treatments to address symptoms with Alzheimer's Association resources. Min/Max: 4/12 Instructor: Angel Hoffman | Location: Chilson Conference Rm

**Age: 18+**

T 8/6 11:00A-12:00P FREE 391030-1

## LET'S DANCE!

### Line Dance Min/Max: 8/40

Get exercise and socialize! Instructor: Tracey Ingraham  
**Age: 18+**

#### Contemporary Line Dance

Dance the hottest new line dances to current country music and top 40 hits. Dances vary from beginner to intermediate levels, so some line dancing experience is a plus.

Location: Hickory/Maple/Spruce Rm \*No class 6/12

W	6/5-6/26*	8:00-9:00A	\$17	390086-1
W	7/10-7/31	8:00-9:00A	\$22	390086-2

#### Country Line Dance – Beginning

Learn beginning line dance steps including grapevine, coaster step, triple step, jazz box and more.

Location: Hickory/Maple/Spruce Rm

M	6/3-6/24	9:45-10:45A	\$22	390087-1
M	7/8-7/29	9:45-10:45A	\$22	390087-2

#### Country Line Dance – High Beginning

For those who have taken a beginner class, but aren't quite ready for the Continuing class.

Location: Hickory/Maple/Spruce Rm \*No class 6/12

W	6/5-6/26*	9:05-10:05A	\$17	390088-1
W	7/10-7/31	9:05-10:05A	\$22	390088-2

#### Country Line Dance – Continuing

For those who already know a step or two!

Location: Fitness/Dance Studio

Th	6/6-6/27	10:45A-12:15P	\$33	390089-1
Th	7/11-7/25	10:45A-12:15P	\$25	390089-2

#### Country Line Dance – Intermediate

Intermediate levels only. Learn more advanced country line dance steps. More dances, faster pace!

Location: Fitness/Dance Studio

Th	6/6-6/27	12:30-1:45P	\$28	390090-1
Th	7/11-7/25	12:30-1:45P	\$21	390090-2

### Folk Dance Min/Max: 8/20

Folk dances have historically been greatly anticipated social events - and for good reason! Group social dancing is cooperative FUN and great brain/body exercise! Learn circle, longways and square dances to wonderful music from many places in the world, including Germany, Israel, Mexico, England, Russia and the USA! Location: Cherry Rm  
**Age: 21+**

Th	6/13-6/27	1:30-3:00P	\$20	390022-1
----	-----------	------------	------	----------

### Tap Dance – Level 1 Min/Max: 6/12

Always wanted to tap dance? Now is your chance! Have FUN while exercising your body and your brain. Dancing is the best activity for keeping your brain active and can increase bone density and prevent osteoporosis.

Instructor: Sally Fortenberry | Location: Maple/Spruce Rm  
**Age: 18+ \*No class 7/23**

**Beginner** Tap basics for anyone who has not danced with Sally. Covers basic steps, terminology and tap history.

T	6/18-7/30*	1:30-2:30P	\$40	390016-1
---	------------	------------	------	----------

## Find your GROOVE & MOVE!

See page 39 for dance classes for kids.

### NEW! Salsa & Bachata Min/Max: 8/24

Learn the fundamentals of Latin dancing as well as the basic figures for these two popular styles of nightclub dances. This class teaches basic concepts of leading, following, tempo and turning. Singles and couples are welcome. Location: Fitness/Dance Studio

**Age: 18+**

F	7/5-7/26	6:00-7:00P	\$48 ea	390028-1
---	----------	------------	---------	----------

### NEW! Adult Jazz Funk ♦ Min/Max: 6/14

These FUN and sassy dance classes explore musicality, dynamics and style through feel-good pop and R&B throwbacks. Each workshop includes jazz dance technique and a new combination. All levels are welcome. Location: Small Gym

**Age: 18+**

Th	6/13	5:30-6:30P	\$15	362034-1
Th	6/20	5:30-6:30P	\$15	362034-2
Th	8/1	5:30-6:30P	\$15	362034-3

## ONGOING ENTERTAINMENT

### Community Dances with Live Bands ♦

Dance the night away at these dances with live bands!

All refreshments are potluck, so bring something to share.

2nd & 4th Monday of month, 6:30-9:00P

**Questions** 970.962.2783

**Fee:** \$8, \$7.50 w/SAC (cash/check only)

**Age: 18+**

#### May

5/13	Jim Hyatt Band
5/27	No dance (Memorial Day)

#### July

7/8	Big Twang Theory
7/22	Country Touch

#### June

6/10	Jim Ehrlich
6/24	Dale Singing Cowboy

#### August

8/12	Jim Ehrlich
8/26	No dance (Chilson closed)

EXPLORE.  
 GIVE BACK.  
 VOLUNTEER.

• • • • •  
 Parks &  
 Recreation  
 volunteers  
 are crucial  
 to the  
 SUCCESS  
 of many  
 programs.

### JOIN OUR TEAM!

[lovgov.org/volunteer](http://lovgov.org/volunteer) (Variety of Opportunities)

[teamsideline.com/loveland](http://teamsideline.com/loveland) (Loveland Athletics)

[offer.o.cityofloveland.org](http://offer.o.cityofloveland.org) (Open Lands & Trails)

## GUIDED WALKING TOURS

### Guided Walking Tour: Past, Present and

#### Future of Downtown Loveland

Min/Max: 8/20

Come on a leisurely-paced, walking tour of Downtown Loveland to learn about some of the City's most iconic buildings. A brief history, current conditions and future opportunities of five buildings are shared during the walk led by the Downtown Development Authority (DDA). Stops include the Pulliam Community Building, the Odd Fellows Lodge, the Elks Lodge, the Feed & Grain building and Desk Chair Workspace. Wear comfortable walking shoes and bring a water bottle. Waiver required upon registration.

Location: Desk Chair Workspace, 201 E. Fourth St.

**Age: 18+**

W	6/12	4:00-5:30P	\$10	391026-1
Th	6/27	4:00-5:30P	\$10	391026-2

### Guided Walking Tour: Heart Improvement

#### Program (HIP) Street

Min/Max: 8/20

Join us for this guided walking tour along 4th Street to learn from the team leading one of the City's largest and most complex public infrastructure projects. On this 1-mile interactive tour, you will hear how the 4th Street project fits into HIP Street's long-range vision for downtown Loveland. Wear comfortable walking shoes and bring a water bottle. Waiver required upon registration.

Location: Loveland Library, SE corner of 4th St. & Adams Ave.

**Age: 18+**

Th	6/13	4:00-5:30P	\$10	391053-1
----	------	------------	------	----------

### Guided Walking Tour: Public Assets

#### by Foot at Mehaffey Park

Min/Max: 8/20

Enjoy a walk outside and learn about different types of City infrastructure and City assets on this 1.5-mile guided walking tour at Mehaffey Park. Staff from different City departments will provide an overview of existing public assets, including stormwater, public art, solar field, water tanks and courts/fields. Wear comfortable walking shoes and bring a water bottle. Waiver required upon registration. Location: Mehaffey Park, 3285 W. 22nd St. (meet at south parking lot accessed off of 22nd St.)

**Age: 18+**

T	6/18	4:00-5:30P	\$10	391054-1
---	------	------------	------	----------

### Are you interested in the walking tour above but would like to spend more time and have lunch?

Jump on the van with us as it leaves the Chilson Senior Center to journey to Mehaffey Park for the tour above. Following the tour, have lunch at a local restaurant (**cost on your own for \$15–20**). Min/Max: 14/28 Location: Chilson Senior Center, 700 E. 4th St.

**Age: 18+ \*Price with Senior Activity Card: \$17**

M	6/3	8:15A-12:30P	\$19*	393030-1
---	-----	--------------	-------	----------

### Guided Walking Tour: Public Art – Inside & Outside Across Loveland

Min/Max: 6/12

Learn about public art located both inside and outside of the Civic Center, the Rialto Theatre, the Foundry Plaza, Creator Space, the Loveland Museum, Sweetheart Alley and the Development Center on this 1.2-mile guided walking tour. Wear comfortable walking shoes and bring a water bottle. Waiver required upon registration. Location: Civic Center, 500 E. 3rd St. (north side of lagoon)

**Age: 18+**

Th	6/20	4:00-5:30P	\$10	391055-1
----	------	------------	------	----------

### Guided Walking Tour: Fitness By Foot –

#### Downtown Health & Wellness

Min/Max: 8/20

A guided walking tour for beginning to intermediate levels that includes fitness opportunities at five downtown locations. With a 1.3-mile walk between locations, experience a 15-minute stretch and warm-up, a 15-minute HIIT workout, a 15-minute body weight toning and a 15-minute yoga cool-down. Workouts are followed by walking to get a mini nutritional shake! Wear comfortable walking shoes and bring a water bottle. Waiver required upon registration. Location: 325 N. Cleveland Ave.

**Age: 18+**

Sa	6/29	9:00-10:30A	\$10	391057-1
----	------	-------------	------	----------

## GUIDED BIKE TOURS

### Bicycle Tour: The Good, The Bad &

#### The Ugly of Bicycle Facilities

Min/Max: 6/8

Using the City's recently adopted Transportation Master Plan Connect Loveland as a foundation for the tour, intermediate to advanced bicyclists will learn about and experience first-hand a range of bicycle facility types. Attendees must be experienced with riding in mixed traffic for this 7-mile tour. A bike, helmet, waiver, water bottle and appropriate clothing are required.

Location: Parking lot of Police & Courts building, 810 E. 7th St.

**Age: 18+ \*Check in at 7:30A**

Sa	6/8	8:00-11:00A*	\$10	391052-1
----	-----	--------------	------	----------

### Bicycle Tour: Public Art – Inside & Outside Across Loveland

Min/Max: 6/12

Get outside for a 7-mile, guided bicycle tour of public art in Loveland. Come learn about public art located both inside and outside of buildings, including stops at the Civic Center, the Foundry Plaza, Creator Space, 4th & Garfield, art along the Recreation Trail and a local artist studio. A bike, helmet, waiver, water bottle and appropriate clothing are required.

Location: Parking lot of Police & Courts building, 810 E. 7th St.

**Age: 18+ \*Check-in at 8:30A**

Sa	6/22	9:00A-12:00P*	\$10	391056-1
----	------	---------------	------	----------

### Loveland celebrates Walk and Bike Month in June!

Loveland's Walk and Bike Month is an opportunity to kick off a FUN summer with diverse walking and biking activities for people of all ages and abilities. **More Info:** [lovgov.org/walkbikeloveland](http://lovgov.org/walkbikeloveland)

### Check out page 5 for more events including Everybody Bike Day on 6/26

where local businesses, community organizations and City departments will host morning and afternoon stations in locations that offer comfort and safety for everybody on a bike. Enjoy refreshments and swag!



# ACTIVE GENERATION

## FIND YOUR FIT

### Group Fitness Schedules

Available at the Chilson Recreation/Senior Center front desk and online. **See group fitness class info on page 17.** Class schedules subject to change. **Current schedule:** [lovgov.org/fitnesswellness](http://lovgov.org/fitnesswellness)

### Group Fitness Classes

#### at Chilson

Drop in for individual classes and use your Chilson pass (including SilverSneakers® or Renew Active passes) or pay the daily fee.

#### Virtual (online)

Register for virtual classes by the week and use your Chilson pass (including SilverSneakers® or Renew Active passes) or pay the fee below.

#### Need help registering for a virtual class?

**Call 970.962.2446**

**Fee:** \$10/week for unlimited virtual classes (use keyword "virtual"; receipt has Zoom links)

### Senior Activity Card (SAC) Benefits! ♦

**Benefit #1** Registration priority for day trips

**Benefit #2** Discounted fees for day trips

**Benefit #3** Reduced admission to senior dances

Anyone age 62+ can purchase a card. The SAC is \$20 per person and is valid for one year from the purchase date. Please refer to listings denoted by this symbol: ♦ for discounted rates.

### Spa Services for All Ages

Call providers directly to schedule an appointment.

#### Therapeutic Massage

Joyce Meis, LMT: 970.691.3441

Kirsten Bishop, LMT: 808.462.2096

Schedule a 30-min, 60-min or 90-min massage in private massage room. Gift certificates available.

#### Medically Based Foot Care

Patti Krkosa: 720.442.2615

1st & 3rd Thursday, 8:30A-4:00P

## CLUBS | ACTIVITIES

### Bookworms Book Club

2nd Tues of month | 1:30–3P | Party Rm | FREE  
**Contact:** Janette Edwards, 970.962.2759

### Card Games w/Golden Age Card Club

Mon | 1–4P | Cherry Rm | Donation  
**Contact:** Susan Levine, 954.802.7212  
 Play pinochle, canasta, hand & foot and more.

### Fishing Club

3rd Tues of month | 2–4P | Cherry Rm | FREE  
**Contact:** fishingclubloveland@gmail.com  
 New members always welcome!

### Chilson Senior Advisory Committee

3rd Wed of month | 9–10:30A | Senior Center  
**Contact:** 970.962.2428

A non-profit board to enhance senior services through fundraising activities to provide funds for scholarships, equipment and supplies needed within the Senior Center.

## DROP-IN ACTIVITIES

### Drop-In Billiards

Mon–Fri | 8A–4:30P | Donation

### Drop-In Open Chess Challenge

Mon, Wed, Fri | 1–4:30P | FREE

### Drop-In Shuffleboard

Tues & Fri | 1:30–3:30P | Donation

### Drop-In Table Tennis

Mon, Wed, Thurs | 1:30–4P | Donation

## NUTRITION | HEALTH

### VOA Senior Community Lunch

By reservation only; call 970.472.9630, ext. 1

**Fee:** \$3 suggested donation

### In Person Dining & Meal Pick-Up:

Mon, Tues, Thurs, Fri 11:45A–12:15P

### UCHealth Blood Pressure Checks

Community Health Nurse Linda Strauss is available to take your blood pressure and provide good heart health info. No appointments necessary. FREE

**Dates:** Mondays 5/20, 6/24, 7/22, 8/19 **Time:** 9A–12P

## SCHOLARSHIPS | DONATIONS

### Senior Scholarship Program

If you are in need of financial assistance to register for our programs, please stop by the Chilson Senior Center to obtain an application and learn more about the program. Scholarship funds are available for most active generation, fitness, health, wellness, adult enrichment, outdoor recreation, art and cooking programs listed in the Loveland Activity Guide. You must be 62 or older and live within the City of Loveland boundaries. Scholarships are granted on a funds-available basis and are provided through the Chilson Senior Advisory Committee (CSAC).

### Donate in Someone's Memory

Honor the memory of someone special with a donation in remembrance to the Chilson Senior Center. This donation offers a way to carry on your loved one's positive legacy. Your gift allows others to enjoy recreation programs through our scholarship program and provides funds to purchase equipment and supplies for the Senior Center.

## SPECIAL EVENTS

### Speed Dating for 55+ Min/Max: 8/10

Hey men and women – single and looking to mingle? Here is your chance to visit with someone in a FUN, structured way to find out if you have a connection!

Location: Cherry Rm

**Age: 55+**

W	6/19	5:30-7:30P	\$20	391068-1
---	------	------------	------	----------

### Bingo Min/Max: 20/75

Get out and play bingo at Chilson. FUN prizes! Register in person at the Senior Center front desk or online. Location: Cherry Rm

**Age: 55+**

F	7/19	1:00-3:00P	\$4	395031-1
---	------	------------	-----	----------

### Billiards Tournament Min/Max: 8/25

Join us for a Golf Billiards tournament with prizes! Stay tuned for more details. Location: Billiards Rm

**Age: 55+**

F	7/26	12:00-5:00P	\$5	391061-1
---	------	-------------	-----	----------

### Harvest Bazaar – Coming Soon!

This fundraising event is coming Sat, Sept 14. Crafters Needed! Sign-up begins in person only on Tues, 8/6, 8:30A–5:00P. Full table \$40; Half table \$25

## HEALTH & WELLNESS

### **A Matter of Balance** Min/Max: 8/12

This award-winning program co-sponsored with Banner Health is designed to reduce the fear of falling and increase activity levels. Set realistic goals for increasing activity, change your environment to reduce fall risk factors and increase your flexibility, strength and balance. Location: Maple/Spruce Rm

**Age: 60+**

Tb 5/9-6/27 9:00-11:00A FREE 391200-1

### **UCHealth Aspen Club – Bossy Bladder & Bowel** Min/Max: 8/40

In partnership with the Aspen Club, join Covell Care for a lecture on understanding your bladder or bowel issues, what a healthy bladder or bowel looks like, and walk away with tools or next steps to help you take back control. Location: Cherry Rm

**Age: 50+**

Tb 7/30 1:00-2:00P FREE 391212-1

### **UCHealth Aspen Club – The Wheel of Awareness** Min/Max: 8/40

Learn about Dr. Daniel Siegel's Wheel of Awareness. This tool helps cultivate more focus and presence, and can lead to healthier resilience, reduced stress and better access to your intuition. Community Health RN Julie Knighton will show you how awareness supports a healthy mind. Location: Cherry Rm

**Age: 50+**

Tb 8/13 1:30-3:00P FREE 391216-1

### **Meals on Wheels – Is It for You or Someone You Know?** Min/Max: 8/40

While you may have a general understanding of Meals on Wheels programs, each one is locally operated and can differ significantly. Learn the basics of the program, who they serve, eligibility requirements, connections to healthy again and more. Location: Cherry Rm

**Age: 50+**

Tb 8/15 1:30-3:00P FREE 391223-1

**See page 51 for more wellness classes!**

### **Bocce Ball League** Min/Max: 8/16

Enjoy this outdoor game that involves strategies of rolling large balls toward a smaller target. Meet new people and have FUN! Instructor: Tony Mancina Location: North Lake Park, 2750 N. Taft Ave. (meet behind playground; weather permitting)

**Age: 50+ \*No class 7/4**

Tb 6/6-7/25\* 9:30-11:30A \$15 396010-1

## DAY TRIP REGISTRATION

- Senior Activity Card (SAC) holders have priority registration for day trips.

### **In-Person SAC Priority Registration:**

Tues, 4/23–Tues, 4/30 beginning at 8:30A

### **Online SAC Priority Registration**

Register online beginning Mon, 4/22 at 6P at [lovgov.org/webtrac](http://lovgov.org/webtrac) (limited spots available online).

- Anyone age 62+ can purchase a SAC. The card is \$20 per person and is valid for one year from the purchase date. See page 54.
- **Trip registrations open to all participants age 18+ (unless otherwise noted) on Wed, 5/1.**
- Participants are transported in City van or motor coach from the Senior Center; **check-in required 15 min prior to departure in the senior lobby.**
- Trip cancellations or refunds may be granted pending circumstances of the trip. See page 64 for policies; call 970.962.2428 w/questions.
- Participants must advise staff of any special accommodation at the time of registration; if a wheelchair or walker is needed, please call 970.962.2464 to inquire if the trip is accessible.

### **Cars and Coffee & More** ♦ Min/Max: 14/28

Spend a morning with us sipping coffee, munching doughnuts and cruising the parking lot full of vintage vehicles. Adam's Polishes hosts this event monthly in cooperation with Flatirons Church and Lafayette Colorado Police Department. If that's not enough, we will spend the afternoon in downtown Lafayette, for a day of shopping, antiquing and many restaurant choices (**cost on your own for \$15–20**).

Destination: Lafayette

Day	Date	Time	Fee	SAC	Trip #
Sa	6/1	7:15A-2:00P	\$33	\$31	393001-1

### **Guided Walking Tour: Public Assets**

### **by Foot at Mehaffey Park** ♦ Min/Max: 14/28

Enjoy a walk outside and learn about different types of City infrastructure and City assets on this 1.5-mile guided walking tour at Mehaffey Park. Staff from different City departments will provide an overview of existing public assets, including stormwater, public art, solar field, water tanks and courts/fields. Wear comfortable walking shoes and bring a water bottle. Afterwards, have lunch at a local restaurant (**cost on your own for \$15–20**). Destination: Loveland

Day	Date	Time	Fee	SAC	Trip #
M	6/3	8:15A-12:30P	\$19	\$17	393030-1

**Larimer County Canine Demo ♦**

Canines play a big role in assisting the Larimer County Sheriff's Department in doing their job. Experience some of the ways they work, protect and assist the Sheriff's Department as they demonstrate the responsibilities of both man and canine. This is an outdoor event and you will need to bring a folding chair that fits in a bag. Following the event, have lunch at *The Exchange* where you have many restaurant choices (**cost on your own for \$15–20**). Min/Max: 14/28

Destination: Fort Collins

Day	Date	Time	Fee	SAC	Trip #
W	6/5	11:15A- 3:45P	\$28	\$26	393019-1

**Colorado Railroad Museum Tour ♦**

There's something amazing about trains! Stroll the Colorado Railroad Museum's 15-acre railyard with over 100 locomotives, passenger and freight cars, cabooses and even a G-scale garden railway. Watch as Colorado railroad history is brought back to life in a Roundhouse restoration facility with a working, hand-operated turntable. Our tour also includes a train ride and free time to wander the museum. Stairs, loose gravel and a walk over the rails are part of the tour, so we strongly encourage sensible foot wear. Enjoy lunch in Golden at *Cast Iron Tavern* (**cost on your own for \$15–25**).

Min/Max: 10/14 Destination: Golden

Day	Date	Time	Fee	SAC	Trip #
Sa	6/8	8:30A-3:15P	\$50	\$48	393022-1

**Waiting for Godot ♦** Min/Max: 10/14

Local small theatre at its best in downtown Fort Collins! *Waiting for Godot* is the story of Vladimir and Estragon as they wait on a deserted country road to meet a person named Godot. Killing time with hat tricks and half-remembered stories, they dawdle through one of the greatest dramas of the 20th century. In Beckett's absurd world, life is vaudeville, tragedy, philosophy and confusion, all seamlessly woven together with poetry and humor. Dinner to follow at *Austin's American Grill* (**cost on your own for \$20–25**).

Destination: Bas Bleu Theatre, Fort Collins

Day	Date	Time	Fee	SAC	Trip #
Su	6/9	1:30-7:45P	\$57	\$55	393020-1

**DID YOU KNOW?**

We offer several **FREE** adult enrichment activities each season. See page 51 and bring your friends or meet new ones!

**Wild Animal Sanctuary ♦** Min/Max: 14/28  
The Wild Animal Sanctuary's two missions involve rescuing and caring for animals, and educating people about the captive wildlife crisis. Unlike a zoo, the rescued animals live in large open habitats, where tigers, wolves, bears and prides of African lions roam freely after having been rescued and rehabilitated. Experience the elevated walkway which spans across numerous habitats and provides opportunities to see many animals (it is more than 1.5-miles long – if you need a power chair you may rent one upon arrival for \$5). We may experience feeding times and more active animals during this evening self-guided tour. **Dinner is picnic style, so bring you own brown bag dinner.** Benches are available on the walkway to relax, enjoy your meal and the sights and sounds of wild animals.

Destination: Keensburg

Day	Date	Time	Fee	SAC	Trip #
W	6/12	2:15-9:15P	\$56	\$54	393023-1

**Lunch Bunch ♦** Min/Max: 10/14

Explore new dining experiences in Northern Colorado each month. **Meal cost on your own for \$15–22.**

**Café Athens (Greek) (Fort Collins)**

Day	Date	Time	Fee	SAC	Trip #
W	6/19	11:30A-2:30P	\$24	\$22	393117-1

**Busey Brews Smokehouse & Brewery (Nederland)**

Includes time in town to visit shops, visitor's center and the Carousel of Happiness.

Day	Date	Time	Fee	SAC	Trip #
M	7/15	11:00A-4:00P	\$28	\$26	393117-2

**Pho Huong Vietnamese (Longmont)**

Day	Date	Time	Fee	SAC	Trip #
M	8/5	11:30A-2:30P	\$24	\$22	393117-3

**Rockies Baseball ♦** Min/Max: 14/28

Root for the Rockies this summer! Our seats are in the Outfield Club Level which are in the shade near 1st base. These tickets have access to the temperature-regulated Club Level concessions area for lunch/refreshments (**cost on your own for \$15–20**). Destination: Denver Time: 10:30A-5:30P

Day	Date	Opponent	Fee	SAC	Trip #
Su	6/23	WA Nationals	\$80	\$78	393103-1
Su	7/21	SF Giants	\$80	\$78	393103-2
Th	8/29	Miami Marlins	\$80	\$78	393103-3

Stay Informed on all things happening with Loveland Parks & Recreation. Sign up for our e-newsletter: [lovgov.org/parksrecreation](http://lovgov.org/parksrecreation)

**Summer Hikes** ♦ Min/Max: 10/13

Get out and enjoy our beautiful mountains and trails with some easy/moderate hikes. Enjoy a picnic lunch following the hikes (**lunch on your own, brown bag**). It is your responsibility to come prepared for the hikes. **Please bring:** water, lunch, warm layers, rain jacket or poncho, sunscreen, hat, shoes for rough terrain and hiking poles (strongly recommended).

**Seaman Reservoir Trail, Gateway Park**

3.2-miles, easy/moderate, elevation gain 403 ft.

Day	Date	Time	Fee	SAC	Trip #
W	6/26	8:00A-1:30P	\$31	\$29	393016-1

**Marshall Mesa Trail, Boulder**

4-miles, easy, elevation gain 300 ft.

Day	Date	Time	Fee	SAC	Trip #
M	7/29	8:00A-2:30P	\$36	\$34	393016-2

**Kruger Trail, Estes Park**

4-miles, moderate/difficult, elevation gain 984 ft.

Day	Date	Time	Fee	SAC	Trip #
Th	8/15	8:00A-2:30P	\$36	\$34	393016-3

**Casino Trip: Bally's** ♦ Min/Max: 25/51

Feeling lucky? Hop aboard a comfortable motor coach as we make our way to Black Hawk for some FUN at *Bally's Black Hawk Casino!* Receive \$10 free slot upon playing. Destination: Black Hawk **Age: 21+**

Day	Date	Time	Fee	SAC	Trip #
T	7/2	8:15A-5:00P	\$32	\$30	393035-1

**History of Colorado Center Tour** ♦

Artifacts, stories and art intermingle at the History Colorado Center to tell the tale of Colorado and the American West. Enjoy interactive elements in more than fifteen exhibitions that span four floors that capture the spirit of the Centennial State. This is a 1-hour guided tour with 1-hour on your own to explore the museum. Enjoy lunch at the *British Gastro Brew Pub* (**cost on your own for \$15–20**).

Min/Max: 14/28 Destination: Denver

Day	Date	Time	Fee	SAC	Trip #
W	7/10	8:30A-3:30P	\$57	\$55	393024-1

**Blue Mountain Winery Taste & Tour** ♦

Nestled up against the foothills of the Indian Peaks Wilderness, the Blue Mountain Vineyards sits on a plot of farmland once a pasture but now hosts many trees and gardens. Enjoy a winery tour, taste six of their crafted wines and experience the beautiful gardens and lake. Have lunch at *The Centerstage* in Berthoud (**cost on your own for \$20–25**).

**Age: 21+** Min/Max: 10/14 Destination: West Berthoud

Day	Date	Time	Fee	SAC	Trip #
W	7/24	11:15A-3:30P	\$44	\$42	393025-1
M	8/26	11:15A-3:30P	\$44	\$42	393025-2

**Wicked – Buell Theatre** ♦ Min/Max: 24/36

The Broadway sensation, *Wicked*, looks at what happened in the Land of Oz from a different angle. Long before Dorothy arrives, there is another young woman, born with emerald-green skin – smart, fiery, misunderstood and possessing an extraordinary talent. When she meets a bubbly blonde who is exceptionally popular, their initial rivalry turns into the unlikeliest of friendships until the world decides to call one "good" and the other one "wicked." **There is no meal prior to or following the performance, but you may bring a snack with you to eat on the motor coach.** Destination: Denver

Day	Date	Time	Fee	SAC	Trip #
W	7/31	5:30-11:00P	\$131	\$129	393026-1

**Estes Park Museum Tour** ♦ Min/Max: 10/14

At the foot of iconic Longs Peak, the Estes Park Museum explores the stories of Native American Tribes, homesteaders, entrepreneurs and artists to the area. Estes Park hosted a number of notable individuals such as Isabella Bird, Enos Mills, Eleanor Honduis, and F.O. Stanley. The formation of Rocky Mountain National Park in 1915 and the incorporation of the Town in 1917 are all discussed during this gallery tour with museum staff. Enjoy lunch at *The Wapiti Colorado Pub* (**cost on your own for \$15–20**).

Destination: Estes Park

Day	Date	Time	Fee	SAC	Trip #
F	8/2	9:15A- 3:00P	\$32	\$30	393027-1

**Merry Wives of Windsor – Colorado****Shakespeare Festival** ♦ Min/Max: 14/28

A delightfully naughty romp! The infamous Falstaff is on the hunt for a wealthy wife (or two) to woo in order to finance his next wave of frivolity and fun. But when he sets his sights on the clever and quick-witted Mistresses Page and Ford, he gets a bit more than he bargained for. Since 1958, the Colorado Shakespeare Festival has delighted audiences with professional theatre on the CU Boulder Campus. This production will occur in the comfortable indoor Roe Green Theatre. Enjoy dinner at a nearby restaurant following the production.

Destination: Boulder

Day	Date	Time	Fee	SAC	Trip #
Sa	8/10	12:00-7:30P	\$83	\$81	393028-1

**Receive discounts on trips and dances offered at the Senior Center – buy a Senior Activity Card (SAC) and also receive priority trip registration!**

**See page 54 for all the details.**

## Seven Falls/Garden of the Gods ♦

A short distance from civilization, yet a world away, Seven Falls plummets 181 feet to a tranquil pool within a dramatic box canyon. You can climb 224 stairs to the top of the falls for a spectacular view, but not to worry; an elevator tucked into a cave whisks non-climbers to an amazing view as well. Enjoying nature's theatics is just as rewarding from the deck at the bottom of the falls. We will be transported to and from the base of the Falls via a Tram that is included in the fee. Enjoy the comfort of a motor coach as we travel not only to Seven Falls but also into Garden of the Gods for lunch at *The Trading Post Grill* (**cost on your own for \$15-20**). After lunch, we'll enjoy a short drive through the Garden of the Gods. Bring your camera and wear good walking shoes. Min/Max: 21/36  
Destination: Colorado Springs

Day	Date	Time	Fee	SAC	Trip #
M	8/12	7:30A-5:00P	\$109	\$107	393029-1

**Have you experienced our LightStim LED Therapy Bed yet?** It's designed to help REJUVENATE, RENEW and REVIVE every cell in your body. **See info on page 21.**

## FACE Vocal Band ♦ Min/Max: 14/28

FACE is an internationally acclaimed all-vocal rock band from Boulder who have been captivating audiences for over two decades with their infectious energy punctuated by and endearing love of performance. "Blending modern popular tunes with complex harmonies, brilliant beat-box rhythms and superb singing....FACE takes their audience on a musical journey and it's fantastic fun." **This is an outdoor event and you will need to bring a folding lawn chair. Food trucks and beer gardens will be available to purchase from, or you can bring a brown bag dinner. You may also have dinner on your own in downtown Erie, just one block away from the concert venue.** Destination: Erie

Day	Date	Time	Fee	SAC	Trip #
Sa	8/24	4:00-8:30P	\$28	\$26	393036-1

## VOLUNTEER

WE NEED
YOU

JOIN OUR TEAM! • • • • •

lovgov.org/volunteer (Variety of Opportunities)  
teamsideline.com/loveland (Loveland Athletics)  
offerlo.cityofloveland.org (Open Lands & Trails)

## Find Your Happy Place Here

Everything we offer at Seven Lakes Memory Care is geared toward creating a place our residents are happy to call home. We enhance the everyday experience of our residents with signature programs, exceptional food, and warm, inviting community spaces where they can relax and live well.



**Seven Lakes  
Memory Care**  
MBK SENIOR LIVING

Contact us today to schedule a tour at  
**(970) 461-5918 or [SevenLakes@mbk.com](mailto:SevenLakes@mbk.com)**

1990 Pikes Peak Dr., Loveland, CO 80538  
[SevenLakesMemoryCare.com](http://SevenLakesMemoryCare.com)

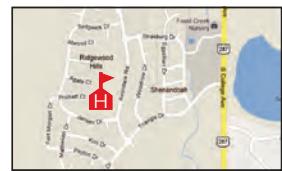
SPECIALIZED MEMORY CARE



*Paid advertisement*

# CITY OF LOVELAND

## Schools | Facilities | City Parks

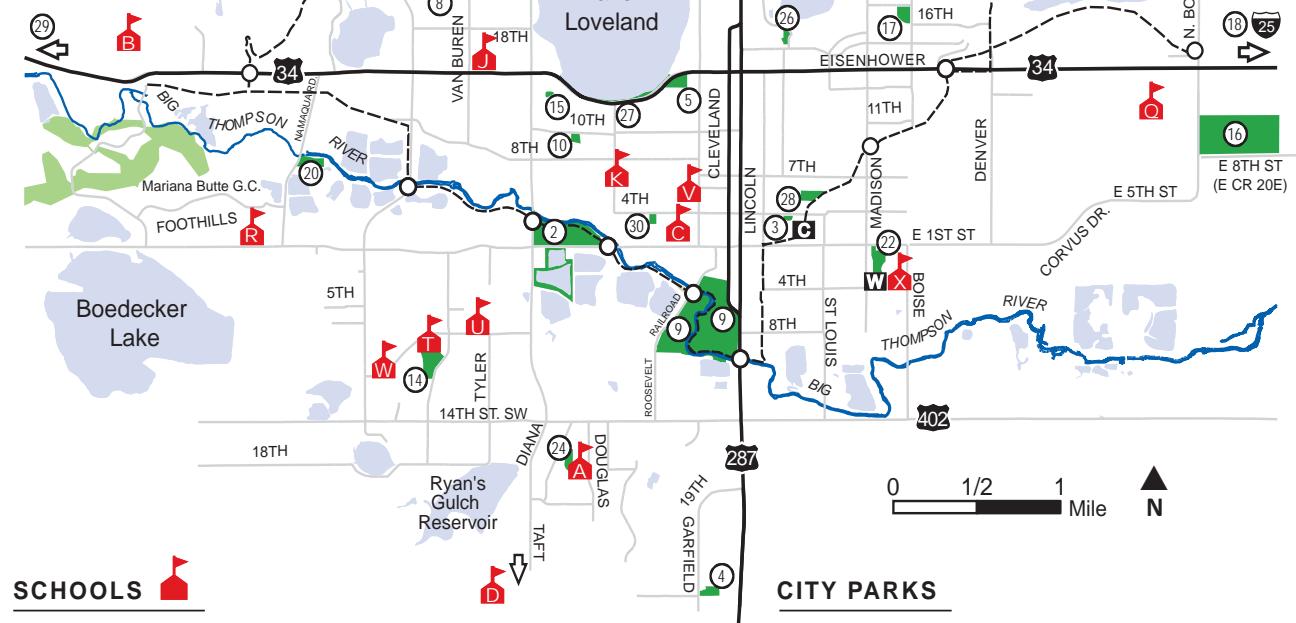
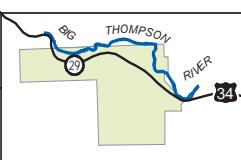


### LEGEND

- Existing Underpass
- City Recreation Trail
- ~ Big Thompson River
- Light Blue Lakes and Ponds
- Green Golf Courses
- Green Parks
- Light Green Mountain Park

### Viestenz-Smith Mountain Park

12 miles west on HWY 34



### SCHOOLS

- A B F Kitchen Elementary
- B Big Thompson Elementary
- C Bill Reed Middle School
- D Carrie Martin Elementary
- E Centennial Elementary
- F Conrad Ball Middle School
- G Cottonwood Plains Elementary
- H Coyote Ridge Elementary
- I Early Childhood Center at Stansberry
- J Ferguson High School
- K Garfield Elementary
- L High Plains School
- M Laurene Edmondson Elementary
- N Lincoln Elementary
- O Loveland High School
- P Lucile Erwin Middle School

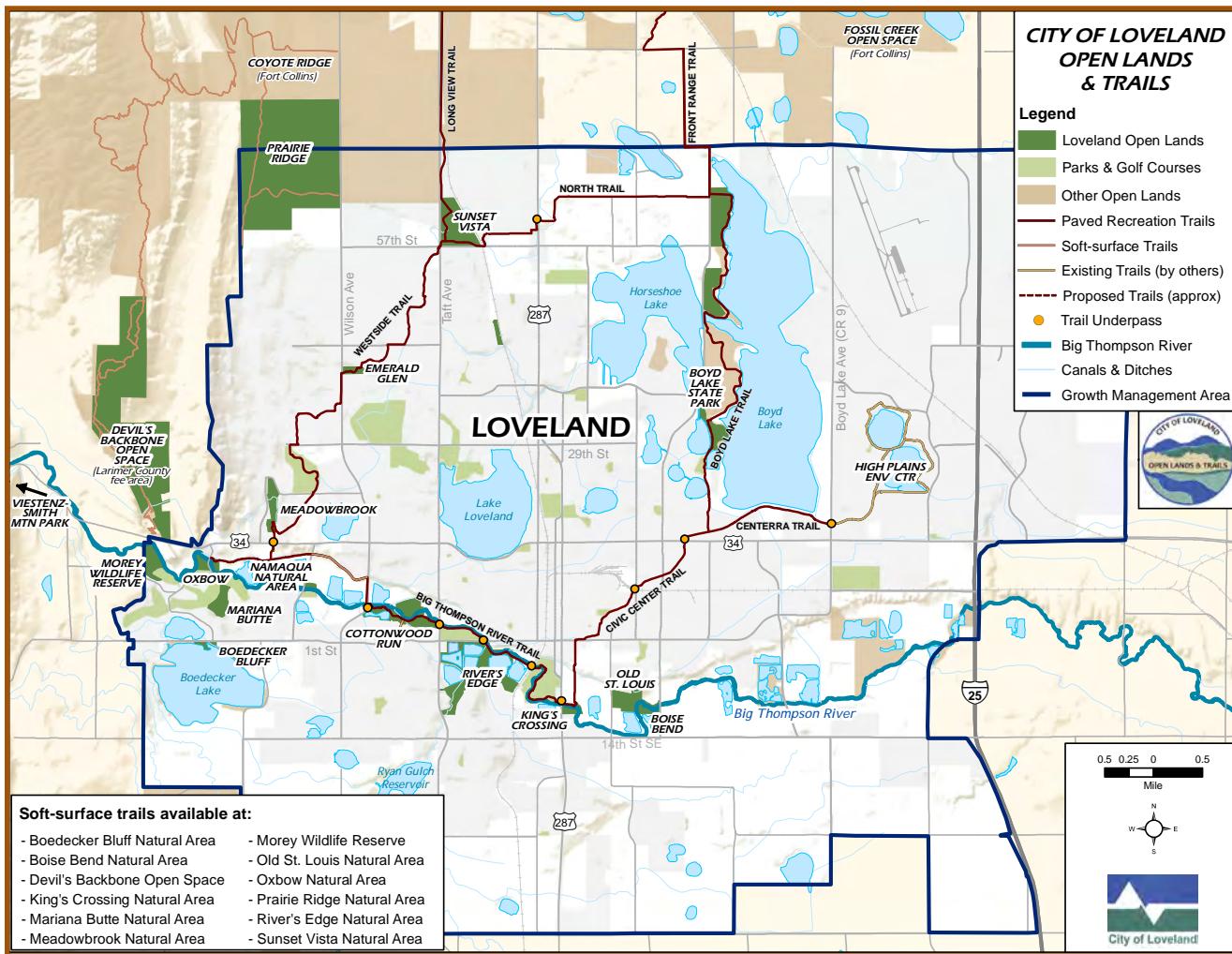
- Q Mountain View High School
- R Namaqua Elementary
- S Ponderosa Elementary
- T Sarah Milner Elementary
- U Thompson Valley High School
- V Truscott Elementary
- W Walt Clark Middle School
- X Winona Elementary

### OTHER FACILITIES

- C Chilson Recreation/Senior Center
- W Winona Pool

### CITY PARKS

- 1 Benson
- 2 Centennial
- 3 Civic Center
- 4 Derby Hill
- 5 Dwayne Webster
- 6 Eagleview
- 7 Edmondson
- 8 Estrella
- 9 Fairgrounds/Barnes
- 10 Garfield
- 11 Glen Arbor
- 12 Kirkview
- 13 Kroh
- 14 Loch Lon
- 15 Loch Mount
- 16 Loveland Sports Park
- 17 McKee
- 18 McWhinney Hahn Sculpture
- 19 Mehaffey
- 20 Namaqua
- 21 North Lake
- 22 Osborn/Winona Pool
- 23 Seven Lakes
- 24 Sherri Mar
- 25 Silver Glen
- 26 Silver Lake
- 27 South Shore Parkway
- 28 Sunnyside
- 29 Viestenz-Smith
- 30 Westside
- 31 Woodmere



## OPEN LANDS & TRAILS RULES & REGULATIONS

Detailed Rules: [lovgov.org/openlands](http://lovgov.org/openlands)

**Hours** of operation are from 6:00A–10:30P, except Morey Wildlife Reserve, Mariana Butte Trails and Prairie Ridge Natural Area (open sunrise to sunset). Overnight parking or camping is prohibited in open lands and trails. Trails are open for non-motorized use only!

**Bicycling** is permitted on designated trails only. Bicycles are not permitted at Morey Wildlife Reserve or Mariana Butte Trails. Type I and II e-bikes are permitted on all trails where bicyclists are allowed, except Prairie Ridge Natural Area. Bicyclists yield to other trail users.

**Pets** must be leashed and under human control at all times. Owners must pick up and remove pet waste. Pets are not permitted at Morey Wildlife Reserve or Prairie Ridge Natural Area.

**Fishing** is regulated by Colorado State Regulations. Site-specific regulations apply. All anglers age 16 and older are required to have a Colorado Fishing License.

**Horses** are not permitted on City of Loveland Open Lands & Trails, with the exception of Prairie Ridge Natural Area (accessible from Coyote Ridge Natural Area) and Round Mountain Trail.

**Motorized Vehicles** are prohibited on trails and all areas outside of established streets and parking areas.

**Alcoholic Beverages** are not permitted. Glass containers and bottles are prohibited.

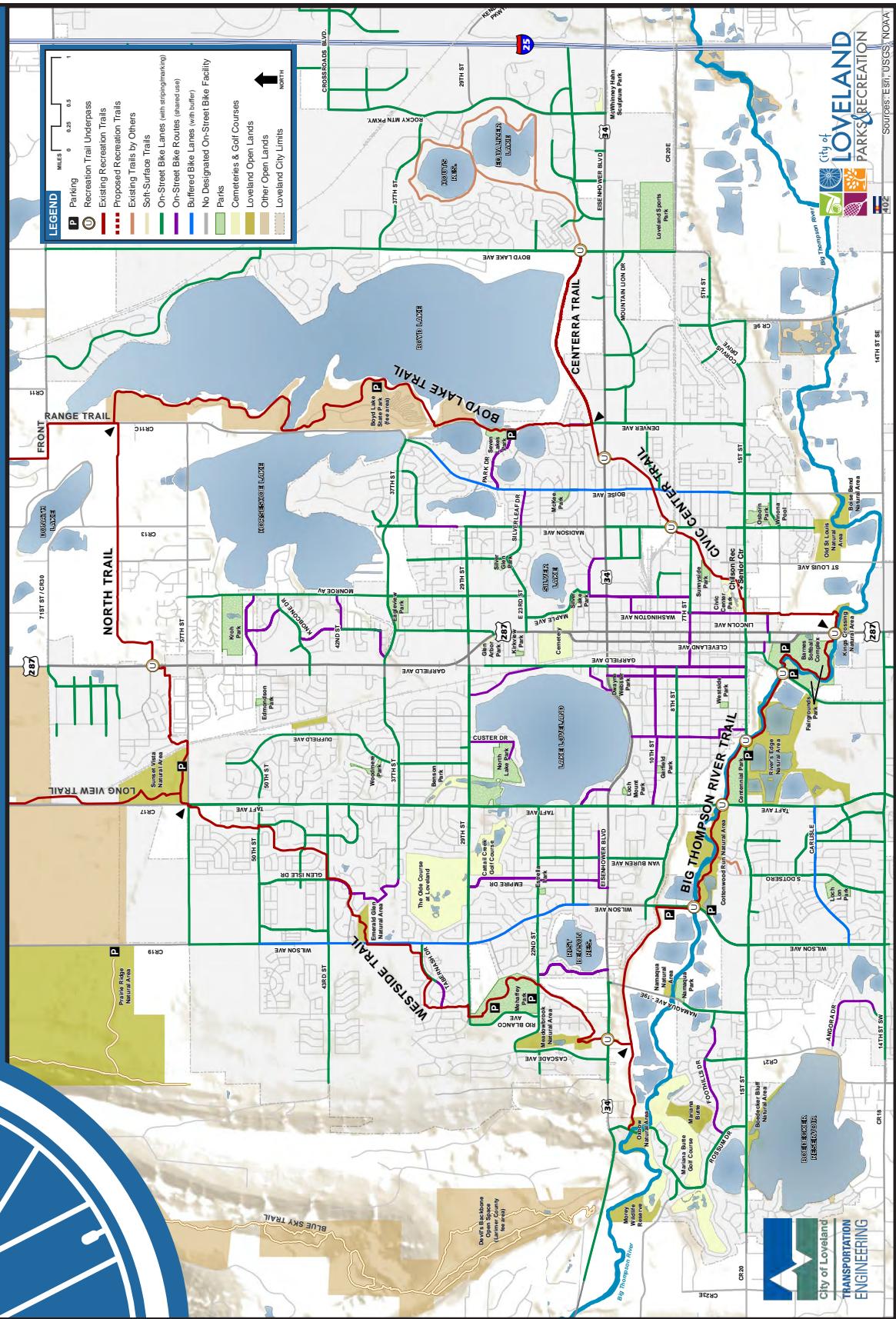
**Fire** Discharge or use of firearms, projectiles or fireworks is prohibited. No open fires or flames.

### Trail Etiquette

- Loveland's trails have many different types of users; please be courteous to others on the trail.
- Flow of traffic is similar to road traffic. Always ride or walk on the right side. When passing others on the trail, verbally warn them that you are passing on the left.
- Be predictable: ride or walk in a straight line - avoid weaving.
- Please stay on designated trails and respect the rights of adjacent property owners.
- Bicyclists are encouraged to wear helmets and ensure their bicycles are operational and properly equipped (including reflectors and lights).

**Maintenance** Report maintenance concerns or vandalism to the Parks & Recreation Dept. at 970.962.2727.

# Recreation Trail & Bikeways Map



Print this map online: [lovgov.org/trails](http://lovgov.org/trails) • Check for trail closures on COTREX at [trails.colorado.gov](http://trails.colorado.gov)

## HOW DO I REGISTER?

You may choose to register for activities by going ONLINE, MAILING IN your registration, or COMING IN to the Chilson Recreation & Senior Center to register in person.

### 1 WEBTRAC ONLINE REGISTRATION - BEGINS APRIL 22, 6:00P\*

#### For Enrollment Online: [lovgov.org/webtrac](http://lovgov.org/webtrac)

\*See athletics pages for specific registration dates for athletics programs

Request your Household ID number by filling out the online form: [lovgov.org/webtrac](http://lovgov.org/webtrac)  
OR call 970.962.2383 or 970.962.2727.

Once logged in to WebTrac, verify/update your household information prior to registration.

**Receipt:** A receipt will automatically be emailed to you and is available at anytime on your WebTrac account. Please call the Chilson Center at 970.962.2383 if you'd like your receipt mailed along with any other class or activity information specific to your registration.

### 2 WALK-IN | DROP-OFF REGISTRATION - BEGINS APRIL 23, 8:30A\*

#### For Walk In | Drop-Off Registration

\*See athletics pages for specific registration dates for athletics programs

Drop off the completed registration form (**on page 64**) along with your check or credit card information. For confirmation of registration, please include your email address. Registrations may be dropped off at the Chilson Recreation & Senior Center or the Parks & Rec Administration Office during the hours below.

#### Chilson Recreation Center

Mon–Fri 5:30A–9:00P  
Sa 6:00A–5:30P  
Su 11:00A–5:30P  
700 E. Fourth St.  
Loveland, CO 80537  
970.962.2386

#### Chilson Senior Center

Mon–Fri 8:00A–4:30P  
700 E. Fourth St.  
Loveland, CO 80537  
970.962.2783

#### Parks & Rec Administration

Mon–Thurs 8:00A–4:30P\*  
Fri 8:00A–3:30P\*  
500 E. Third St., Suite 200  
Loveland, CO 80537  
970.962.2727

\*The office is closed daily from 12–1P

### 3 MAIL-IN REGISTRATION - BEGINS APRIL 23, 8:30A\*

#### Mail-In Registration

\*See athletics pages for specific registration dates for athletics programs

Mail in completed registration form (**on page 64**) along with your check or credit card information and email address to the Chilson Recreation Center or the Parks & Rec Administration office.

#### Chilson Recreation Center

700 E. Fourth St.  
Loveland, CO 80537

#### Parks & Rec Administration

500 E. Third St., Suite 200  
Loveland, CO 80537

Registrations received before the date above are held for processing on this date in the order they are received.

## Notice of Non-Discrimination

The City of Loveland is committed to providing an equal opportunity for services, programs and activities and does not discriminate on the basis of disability, race, age, color, national origin, religion, sexual orientation, gender, gender identity or gender expression. For more information on non-discrimination or for translation assistance, please contact the City's Title VI Coordinator at [TitleSix@cityofloveland.org](mailto:TitleSix@cityofloveland.org) or 970.962.2372. The City will make reasonable accommodations for citizens in accordance with the Americans with Disabilities Act (ADA). For more information on ADA or accommodations, please contact the City's ADA Coordinator at [ADACoordinator@cityofloveland.org](mailto:ADACoordinator@cityofloveland.org) or 970.962.3319.

La Ciudad de Loveland está comprometida a proporcionar igualdad de oportunidades para los servicios, programas y actividades y no discriminar en base a discapacidad, raza, edad, color, origen nacional, religión, orientación sexual, género, identidad o expresión de género. Para más información sobre la no discriminación o para asistencia en traducción, favor contacte al Coordinador Título VI de la Ciudad al [TitleSix@cityofloveland.org](mailto:TitleSix@cityofloveland.org) o al 970.962.2372. La Ciudad realizará las acomodaciones razonables para los ciudadanos de acuerdo con la Ley de Discapacidades para Americanos (ADA). Para más información sobre ADA o acomodaciones, favor contacte al Coordinador de ADA de la Ciudad en [ADACoordinator@cityofloveland.org](mailto:ADACoordinator@cityofloveland.org) o al 970.962.3319.

# REGISTRATION POLICIES & PROCEDURES

## Things To Know

- Please register at least one week prior to the first class. Class cancellation decisions are generally made five (5) days prior to class start date. If class enrollments are below the minimum requirements, a class may be cancelled.
- Registrations cannot be approved by an instructor or the team coach.
- The Department has the right to cancel classes.
- Before you purchase supplies, call 970.962.2383 to verify that your class is occurring.
- The City of Loveland does not discriminate on the basis of race, color, national origin, creed, religion, sex, gender, sexual orientation, age or disability in the provision of services. For disabled persons needing reasonable accommodation to attend or participate in a service or program/activity, call 970.962.2462 or TDD #962.2620.
- SAC holders have priority registration for day trips denoted by this symbol (♦). See the Active Generation pages for specific priority registration dates.

## Use This Enrollment Checklist

- Complete the registration form below.
- Double check class fees and total.
- Include a 2nd and 3rd choice where possible.
- Make checks payable to City of Loveland or include credit card number and expiration date.
- Include email address for receipt confirmation.

## Cancellations

- When you sign up for a class, we depend on your enrollment for a successful class. Please plan your schedule carefully to avoid cancellations and/or refunds.
- If you must cancel your class, please call 970.962.2383 (seniors call 970.962.2783) at least five (5) business days before the class begins. You may choose to transfer to another class or to receive a refund. See Refunds below.
- You are notified if a class is cancelled due to low enrollments, and are given options at that time.

## Refunds

**Unless otherwise noted, the following refund policy applies:**

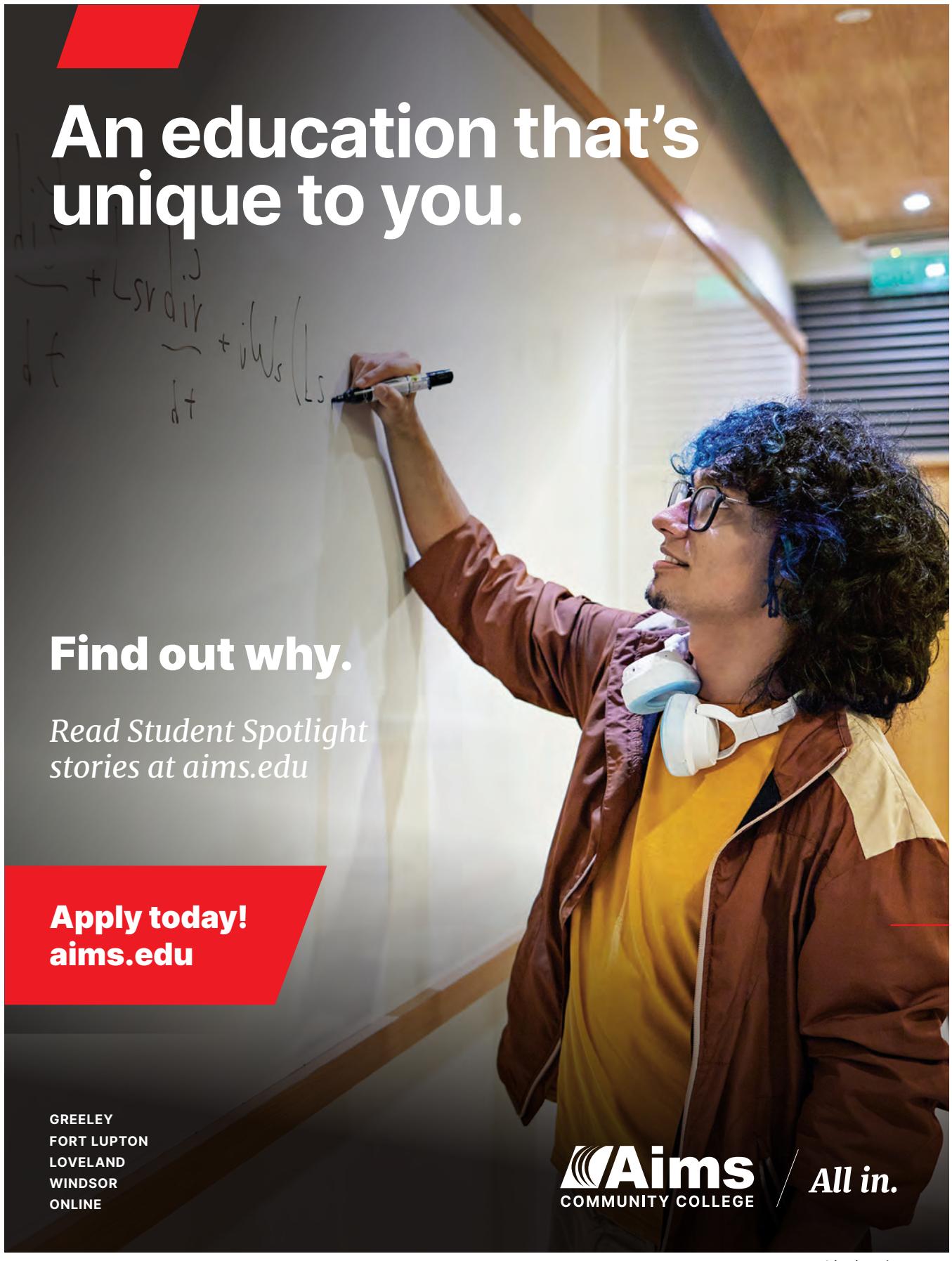
- Refund requests must be submitted in writing or through WebTrac. Refund request forms are available at the Chilson Recreation Center front desk.
- After registration and up to five (5) days prior to the class start date (seven (7) days for ticket or trip-based programs), a \$5 processing fee will be assessed.
- Four (4) days prior to the class start date and through the start of class, 50% of the class fee is refundable.
- No refunds are given after the first week of class.
- Full refunds are for departmentally cancelled classes ONLY.
- No refunds for Senior Activity Cards (SACs).
- No cash refunds. Allow two (2) weeks for processing.**

**Other Charges:** There is a \$20 charge for returned checks.

**Note:** Small Fries Preschool and Day Camp have additional cancellation policies. See your parent handbook for details.

## Loveland Parks & Recreation Registration Form

Please fill out this registration form for use with all registration options. The information in shaded areas is required during the enrollment process.		Address:		
		City/Zip:		
Household ID #:	Home/Cell:		Work:	
Name: <small>Head of Household/Primary Guardian Full Name</small>	Email Address: <small>For City of Loveland internal use only. Your contact information is not shared.</small>			
Family Member Names:	Birthdates:	Activity/Program #:	Section #:	Fees Due:
				\$
				\$
				\$
				\$
Do you need a special accommodation to safely and enjoyably participate in these programs? <input type="checkbox"/> Yes <input type="checkbox"/> No. If yes, please state your special requirements: _____			Total Paid:	\$
Pay By: <input type="checkbox"/> Cash (Do not send cash in the mail) <input type="checkbox"/> Check (Made out to: City of Loveland)		Waiver for Participation: By signing below, I hereby release and absolve the Parks & Recreation Department, the City of Loveland, and all of its employees or agents of same from any claims of damages arising from injury received by the participation involved in this activity, whether due to negligent acts or omissions of said parties, other participants, or otherwise.		
Credit/Debit Card: <input type="checkbox"/> Visa <input type="checkbox"/> MC <input type="checkbox"/> Discover <input type="checkbox"/> AMEX Card #: _____ Expiration: _____		Signature required showing I agree to the Waiver Statement above and agree to pay the charges listed here as stated. Signature: _____		



# An education that's unique to you.

**Find out why.**

*Read Student Spotlight  
stories at [aims.edu](http://aims.edu)*

**Apply today!**  
[aims.edu](http://aims.edu)

GREELEY  
FORT LUPTON  
LOVELAND  
WINDSOR  
ONLINE

 **Aims**  
COMMUNITY COLLEGE

*All in.*

*Paid advertisement*



500 E. Third St., Suite 200 | Loveland, CO 80537

PRSRM MKTG  
US Postage  
PAID  
Loveland, CO  
80537  
Permit #29



# SUMMERTIME BLISS'

CUSTOMER SERVICE,  
QUALITY PRODUCTS,  
FAIR PRICES:  
ELEVATING YOUR  
EXPERIENCE, EVERY  
STEP OF THE WAY!

**ASTRAL** **badfish**  
STAND UP PADDLE **carlisle**  
FADDLE GEAR **Old Town**  
CANOES X KAYAKS **Solstice**

Fort Collins • Loveland • Lafayette  
Broomfield • Cheyenne  
[jaxgoods.com](http://jaxgoods.com)

**JAX | OUTDOOR GEAR  
FARM & RANCH**

*Paid advertisement*