

ACTIVITY GUIDE

WINTER | SPRING • JAN – MAY 2024

LOVELAND PARKS & RECREATION



ONLINE REGISTRATION BEGINS
Monday Dec 4 at 6:00P

WALK-IN REGISTRATION BEGINS
Tuesday Dec 5 at 8:30A

See pages 18–25 for specific
registration dates for athletics.

Loveland Parks & Recreation

lovgov.org/parksrecreation

500 E. Third St., Suite 200
Loveland, CO 80537 | 970.962.2727
parks@cityofloveland.org



NATIONAL RECREATION & PARK ASSOCIATION'S

3 PILLARS OF PARKS & RECREATION

MAKING AN IMPACT ON QUALITY OF LIFE



1. CONSERVATION PRESERVING NATURAL RESOURCES

Oftentimes, parks & recreation agencies are the only voice for ensuring that open space is protected, our youth have access to nature-related areas and that services and outdoor education are available. These have quantifiable economic benefits to our community.

2. HEALTH & WELLNESS IMPROVING HEALTH, ENHANCING LIFE

Our staff are leaders in recreation, sports and nutrition and offer fitness, sports and healthy lifestyle classes for people of all ages and abilities. They seek to reduce obesity, physical inactivity and poor nutrition while strengthening skills that enrich body, mind and attitude.



3. SOCIAL EQUITY ACCESS & INCLUSION FOR ALL

We strive to be a catalyst for ensuring all residents have equal access to our resources and services. We offer opportunities that transcend barriers of income through outreach activities such as our Mobile Recreation Trailer and Movies in the Park. We also provide scholarships via our Parks & Recreation Foundation.

GET INVOLVED!

LOVE WHERE YOU LIVE, WORK & PLAY



Join us! Enroll in a class or two, explore our open lands and natural areas, ride or walk the 29-mile paved recreation trail, discover a park or take a swing at golf.



VOLUNTEER

GIVE BACK, GET MORE

We're always looking for volunteers.

We couldn't do what we do without them!

Whether it's behind the desk at the Chilson Senior Center, outdoors with environmental education or coaching youth athletics, our volunteers are vital to our community.

OUR MISSION

We are the City of Loveland Parks & Recreation Department with a mission to provide effective, efficient and high quality leisure facilities, sites, services and programs for citizens of and visitors to the community.

OUR VISION

We are committed to our vision to provide a sustainable system of diverse parks, trails, natural areas and facilities that connect people with the natural environment, support good health and offer outstanding community experiences while balancing recreation opportunities with the protection of natural and cultural resources.

OUR COMMUNITY

We are proud to make an impact on quality of life in Loveland by maintaining numerous areas with amenities for the community. Please visit lovgov.org/parks for a full list of facilities.



SMILE! You could be on the next cover! The Parks & Recreation Department reserves the right to use images and/or photographs of anyone in any activity, park or public place in present and/or future printed publications or on the department web pages for promotional purposes, unless told otherwise at the time the image or photograph is taken.

CONTACT US

Parks & Recreation • 970.962.2727

lovgov.org/parksrecreation
Activity Registration (info)
 970.962.2386
lovgov.org/webtrac

Chilson Recreation Center • 970.962.2386

lovgov.org/chilson
Racquetball Reservations
 970.962.2386

Chilson Senior Center • 970.962.2783

lovgov.org/chilson

Athletics • 970.962.2445

lovgov.org/athletics
teamsideline.com/loveland
Weather Cancellations
teamsideline.com/loveland
 Check up to 30 min. before practice or games are scheduled to begin.

Golf • 970.962.2496

lovgov.org/golf
golfloveland.com
 Tee Times Call or go online
 Cattail Creek 970.663.5310
 Mariana Butte 970.667.8308
 The Olde Course 970.667.5256

Open Lands & Trails • 970.962.2727

lovgov.org/openlands
Environmental Ed/Volunteers
 970.962.2643

Parks • 970.962.2727

lovgov.org/parks
Park Shelter Reservations
 970.962.2727
lovgov.org/webtrac

Winona Outdoor Pool • 970.962.2435

lovgov.org/swimming
Weather Cancellations
 970.962.2435, option 2

Follow Us on Social Media

-  @cityoflovelandparksrecreation
@cityoflovelandchilsoncenter
-  @cityofloveland
-  @lovelandparksandrec

On the Cover

Boys leap for the ball during a youth basketball game at Chilson Recreation Center.

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All activities, classes, events and programs are subject to change.

Subscribe to our Parks & Recreation e-newsletter to stay up-to-date at lovgov.org/parksrecreation

CHILSON RECREATION & SENIOR CENTER

700 E. Fourth St. • Loveland, CO 80537
Visit us online: lovgov.org/chilson

Recreation Center: 970.962.2386
Senior Center: 970.962.2783
TDD: 970.962.2620

AMENITIES

Fitness | Wellness

- State-of-the-art strength training equipment
- Indoor cycling studio
- Over 50 group fitness classes each week
- Friendly & professional personal training
- TRX classes
- Nutrition/Weight Loss consultations
- LightStim® LED Light Therapy

Aquatics

- Lap pool
- Leisure pool with speed slide
- Aquatics programs & exercise classes
- Hot tubs - indoor & outdoor
- Steam room

Facility

- Indoor walking & jogging track
- 3 racquetball courts
- 2 gymnasiums
- Drop-in childcare
- Conference & event facilities
- Party packages

CELEBRATE YOUR EVENT

Chilson Recreation & Senior Center is a great venue for your next event. Casual or formal, big or small, with audio visual equipment for your training or seminar needs. Chilson has rental space available that may be perfect for you! Call 970.962.2503 to plan your next event. Interested in a swimming, gymnastics or eSports birthday party? Call 970.962.2468 or schedule online at lovgov.org/webtrac – Winona Outdoor Pool rentals are also available!

Close to downtown Loveland, the Chilson Center is easily accessible from I-25, Highway 34 and Highway 287. Our professional, experienced staff are happy to assist in planning your event and are committed to ensuring a memorable experience for you and your guests.

Winter Break & Spring Break Pass

Stay active this season! Purchase a winter break or spring break pass for UNLIMITED use of the Chilson Recreation Center during the dates below.

Winter Break: 12/16/23–1/3/24 (on sale 11/24/23)
Youth: \$35 | Adult: \$45

Spring Break: 3/16/24–3/24/24 (on sale 2/17/24)
Youth: \$20 | Adult: \$25

QUESTIONS: 970.962.2383

HOURS - Recreation Center

Monday–Friday 5:30A-9:30P
Saturday 6:00A-6:00P
Sunday 11:00A-6:00P
Pool closes 30 minutes before facility closes.
Hours subject to change; call us for updates.

HOURS - Senior Center

Monday–Friday 8:00A-5:00P Billiards ends: 4:30P
Saturday/Sunday CLOSED

HOLIDAY & MAINTENANCE CLOSURES

Dates	Rec Center	Senior Center
Su, 12/24 Christmas Eve	CLOSED	CLOSED
M, 12/25 Christmas	CLOSED	CLOSED
Su, 12/31 New Years Eve	11:00A-4:00P	CLOSED
M, 1/1 New Years Day	CLOSED	CLOSED
Su, 3/31 Easter	CLOSED	CLOSED
M, 5/27 Memorial Day	5:30A-2:00P	CLOSED

FEES - Chilson Recreation/Senior Center

Infants (1 & under) are FREE w/paid adult

Age	Daily Fee	10-Visit**
Toddlers (2-5 Years)	\$4.50	\$40.00
Youth (6-18 Years)	\$5.50	\$49.00
Adults (19-61 Years)	\$7.00	\$63.00
Seniors (62+)	\$5.75	\$52.00

Age 3 Month ★

Age	3 Month ★
Youth (6-18 Years)	\$90
Adults (19-61 Years)	\$160
Seniors (62+)	\$93
Family*	\$232

6 Month ★ 1 Year ★

Age	6 Month ★	1 Year ★
Youth (6-18 Years)	\$150 \$171	\$248 \$300
Adults (19-61 Years)	\$275 \$305	\$472 \$550
Seniors (62+)	\$167 \$199	\$267 \$325
Family*	\$399 \$430	\$690 \$800
3rd–4th adult	N/A	\$300 \$300

Monthly Billing ★ Pay prorated current month plus next month when signing up (6 month min.)

Age	Res NR
Youth (6-18 Years)	\$22.66 \$27.00
Adults (19-61 Years)	\$41.33 \$47.83
Seniors (62+)	\$24.25 \$29.08
Family*	\$59.50 \$68.67
3rd–4th adult	\$25.00 \$25.00
Childcare	\$7.50 \$5.00
(add on)	(1 st child 2 nd +)

* Family = 1-2 adults + child(ren) under age 21 at home
Annual pass can allow up to 2 add'l adults for a fee

** 10-Visit pass is valid for 3 years

★ Pass fees include 1-week facility closure for annual maintenance; additional area closures may also occur

Drop-In Childcare

Parents, legal guardians and persons in charge (immediate family members) participating in classes or working out may utilize drop-in childcare for ages 3 months through 8 years. Infants 3 through 7 months require a reservation. Call 970.962.2466 or stop in for info.

MAX VISIT: 2 hour limit per day

HOURS - Childcare

Monday–Thursday	8:45A-1:30P & 4:00-7:00P
Friday	8:45A-1:30P & (Sept-May) 4:00-7:00P
Saturday	Only Sept-May 9:00A-12:00P

FEES - Childcare

Daily Fee: \$3.50

10-Visit: \$31.50

Upgrade your annual pass:

\$90 1st child; \$60 ea. additional child
Also see monthly billing options below.

Recreation Center Fees

Fees provide access to fitness equipment, gym, weight room, exercise track, racquetball courts, most fitness classes, swimming pools, hot tubs, steam room & locker room with locker. Cancellation fee may apply for passes.

Group Rate

Bringing a group of 10 or more? Please submit a group attendance request form at lovgov.org/swimming at least 48 hrs in advance to be eligible for a \$5.00/person group rate. Requests may be made only for the current calendar year and are on a first-come, first-served basis, subject to space and staff availability.

Senior Center Fees

No fees required for lobby activities including billiards, cards, etc. Refer to the Active Generation pages for fee details.

We are a SilverSneakers® and Renew Active facility - stop by & get your pass!

**THANK YOU
FOR YOUR PATIENCE!**

Our locker room remodel is complete – we hope you enjoy the AWESOME IMPROVEMENTS we made! Come check it out!

DROP-IN	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LARGE GYM: West (front) Schedules may be updated periodically; revised schedules at the front desk.							
Basketball - 18+ Full Court	9:30A-3P	9:30A-1P	9:30A-1P 5-9:30P	9:30A-1P	9:30A-1P	3-6P*	3-6P
Family/Open Basketball	3:30-5P	5:30-9:30A 1-9:30P	1-5P	1-5P	5:30-9:30A 1-9:30P	11A-3P*	11A-3P
Pickleball	5:30-9A	---	5:30-9A	5:30-9A	---	---	---
LARGE GYM: East (back) Schedules may be updated periodically; revised schedules at the front desk.							
Basketball - 18+ Full Court	9:30A-1P	---	---	9:30A-1P	---	---	---
Family/Open Basketball	---	---	3:30-6P	---	6-9P Avail to Rent**	8A-6P*	3-6P
Pickleball	5:30-9A	---	5:30-9A 1:30-3:30P 8-9:30P	5:30-9A 1:30-3:30P	12-4P	---	11A-2P
Volleyball - 50+	---	9:30A-1:30P***	---	---	---	---	---
Volleyball - Coed	---	4:30-9:30P	---	---	---	---	---
SMALL GYM: Schedules may be updated periodically; revised schedules at the front desk.							
Volleyball - Coed	---	1:30-9:30P	---	---	4-9:30P	---	11A-2P
RACQUETBALL COURTS: Call 970.962.2438 or reserve online: lovgov.org/webtrac Racquetball equipment rental: \$1.50 per person/per hour. Racquetball Challenge Court provides opportunities to meet players/practice. All levels invited; no reservations. Games are played in order of player arrival and are coed. Play to 15 points; winner plays next player waiting, up to 3 consecutive games.							
Reservation Slots	6A-9P	6A-9P	6A-4P & 8-9P	6A-9P	6A-12P & 2-9P	6A-6P	11A-6P
Racquetball Challenge Court	Courts 2, 3 12-2P	Courts 2, 3 12-2P	Courts 2, 3 12-2P & 4-8P★	Courts 2, 3 12-2P	Courts 2, 3 12-2P	---	Courts 2, 3 11A-2P

* Outside of youth leagues ** Rent up to 10 days in advance, \$65/hr: lovgov.org/webtrac *** Time changes to 9:15-11:30A beg. 1/2/24 ★ Great for beginners

AQUATICS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LAP POOL:							
Lap Lanes 1-3 Appointment Required lovgov.org/webtrac	5:30A-9P	5:30A-9P	5:30A-9P	5:30A-9P	5:30A-9P	6A-5:30P	11A-5:30P
Lap Lanes 4-8 Outside of swim lessons & aqua fitness							
10:30A-5:10P 7:30-9P	5:30-9A 10:30A-5:10P 7:30-9P	5:30-7A 10:30A-5:10P 7:30-9P	5:30-7A 11:45A-9P	5:30-7A 10:30A-5:10P 7:30-9P	5:30-7A 10:30A-9P	6-8:25A 11:50A-5:30P	11A-5:30P
Aqua Fitness	9:15-10:15A	7:05-7:55A 9:15-10:15A	7:15-8:15A 9:15-11:30A	7:05-7:55A 9:15-10:15A	7:15-8:15A 9:15-10:15A	---	---
Please anticipate limited space availability during time frames for aqua fitness & swim lessons (lessons are held: Mon/Tues/Thur 5-7:30P, Sat 9A-Noon). See fitness schedule at front desk or lovgov.org/fitnesswellness for aqua fitness class details.							
LEISURE POOL:							
Open Swim	10A-9P*	10A-9P*	10A-9P*	10A-9P*	10A-9P*	10A-5:30P*	11A-5:30P
Speed Slide	10A-9P	10A-9P	10A-9P	10A-9P	10A-9P	10A-5:30P	11A-5:30P
Zero Depth Area	9-10A**	9-10A**	9-10A**	9-10A**	9-10A**	9-10A**	---
Water Walking For fitness; not for play	6-8A 9:30-10A	6-10A No current during fitness classes	6-10A No current during fitness classes	6-8A 9:30-10A	6-10A	6-10A	---
Aqua Classes	8:05-9:05A In lazy river	8:20-9:20A In bay	8:20-9:20A In bay	8:05-9:05A In lazy river	---	---	---

* Swim Lessons are held during open swim hours in the lap and/or leisure pool: Mon/Tues/Thur 5-7:30P, Sat 9A-12P

Open swim pool hours are subject to change without notice. Please see the front desk for any closures or deviations.

** Zero depth area for tots/toddlers open Mon-Sat for 1 hour prior to open swim (no water features during this time)

RULES: Children under age 6 must be within arm's reach of and actively supervised by someone 16 or older while in the water. Children ages 6-7 must be directly supervised on the pool deck by someone 16 or older. Youth (under 16) are not permitted to use steam room/outdoor hot tub. Proof of age may be required. The use of flotation devices in all bodies of water is limited to water wings or small inner tubes only. Mermaid tails are permitted in the lap pool only.

Aquatics policies are posted at lovgov.org/chilson and aquatics area.



SPECIAL EVENTS

2/1 City of Loveland Farmers Market Vendor Applications Open

Voted one of the 10 best farmers markets in the state of Colorado! Every Sunday June through September you can enjoy farm-fresh produce, baked goods, pantry foods, plants, live music, food trucks, monthly artist markets and special events including Kids Daze and the Honey Festival. SNAP accepted onsite and Double Up Food Bucks matching program.

Become a vendor! Vendor applications open 2/1.

More Info: lovgov.org/farmersmarket

2/3 Mountainfilm On Tour

Mountainfilm on Tour brings a selection of culturally rich, adventure-packed and incredibly inspiring documentary films curated from the Mountainfilm festival held every Memorial Day weekend in Telluride, Colorado. The tour will visit Loveland with films that explore the themes connected to Mountainfilm's mission: using the power of film, art and ideas to inspire audiences to create a better world. Brought to you by the Loveland Parks & Recreation Department. Sponsorship opportunities available; contact Kerry Helke 970.962.2446. Buy tickets at rialtotheatercenter.org

More Info: lovgov.org/PRevents

Location: Rialto Theater, 228 E. Fourth St.

Sa	2/3	2:00P matinee	\$16
Sa	2/3	7:00P evening	\$22

2/14 Love Is In The Air – Heart Art Signs

Loveland Parks & Recreation wants to make sure your Valentine's Day is sweet as candy by bringing the FUN to YOU! Delivery and/ or pick up is available on Wednesday, 2/14 (delivery to zip codes 80537 & 80538 only). **Pre-registration is REQUIRED before 2/3.**

More Info: 970.962.2336

Showcase Your Love Signs \$40 250021-01

Surprise someone you love by having custom heart art delivered to their yard along with three additional pre-made smaller heart yard signs.

3/7 Children's Day

Join the City of Loveland as we celebrate our children! Come see the best the City has all in one place at Chilson Recreation Center. There will be FUN games, demos and a variety of activity booths for all to enjoy. **More Info:** lovgov.org/childrensday

Location: Chilson Recreation Center, 700 E. Fourth St.

All ages

Th 3/7 1:00-3:00P FREE

Celebrate Chilson's 36th anniversary with an OPEN HOUSE on Saturday, 12/9. Enjoy FREE admission from 12-2P and experience class demos, adult enrichment activities, membership discounts, free childcare for 9mo+, photos with Santa & more! Complete a scavenger hunt for a chance to win a prize. **Questions:** 970.962.2FUN

3/8 Glow Swim Party

Come swim in the Chilson pool where the lights are dim and the party is bright! Get your GLOW on with a DJ dance party, glow volleyball and much more! Location: Chilson Pool

All ages

F 3/8 7:00-9:00P Daily fee/Chilson pass

3/15 St. Patrick's Day Luncheon

Celebrate St. Patrick's Day with tasty corn beef, cabbage and Irish step dancers! Bring a non-perishable food donation for the *House of Neighborly Service Food Pantry*. Reservations taken from 2/1 until 3/11 or until event reaches capacity by calling Volunteers of America (VOA) at 970.472.9630. Seating is limited.

Age: 60+

F 3/15 11:45A-1:00P \$3 suggested donation

3/16 Egg-stra Special Spring GPS Hunt

Join us for an egg-citing time! Get your family and friends outside for an egg hunt adventure using GPS units to solve clues at North Lake Park. Each session begins with a brief orientation on how to use the GPS. You may need to complete additional challenges along the route. Bring water and snacks and dress for the weather; closed-toed shoes encouraged.

More Info: 970.962.2336 Location: North Lake Park, 2750 N. Taft Ave, meet near the playground

All ages

***One fee for up to 6 people; one adult must be present at all times.**

Sa	3/16	10:00-11:30A	\$45*	251200-01
		12:00-1:30P	\$45*	251200-02
		2:00-3:30P	\$45*	251200-03

4/13 Pancake Breakfast & Plant Sale

Have a delicious breakfast of pancakes, sausage, juice and coffee, then browse through the plant sale to find the perfect plant! Entertainment and good food make this a great morning for the entire family. Breakfast tickets available at the Senior Center front desk beginning 3/4 or pay at the door. This fundraising event is sponsored by the Chilson Senior Advisory Committee. Co-sponsored by Village Inn.

Location: Chilson Senior Center **More Info:** 970.962.2783

All ages

Sa	4/13	8:00-11:00A	FREE to browse
		Adults: \$8 in advance, \$10 at door	
		Children: \$3 (12 & under)	

5/3 Adult Field Day

Calling all grown-ups! Come join us for an Adult Field Day! Get a team of eight together and play a variety of games, including axe throwing, pony races, cornhole, life-size beer pong, human foosball and mini golf. While you play, enjoy a beer (\$) or two! Prizes for the highest score and most team spirit! **More Info:** 970.962.2336 or visit lovgov.org/PRevents Location: Mehaffey Park, 3285 W. 22nd St.

Age: 18+ *team of 8; pre-registration required

F	5/3	2:00-5:00P	\$475* corporate team	250100-01
			\$400* general team	250100-02

The Tee Off For Kids Golf Tournament is coming June 7 – see page 50 for details!

WOO HOO!

Celebrate with a party at Chilson!

Swimming Party

Includes one hour in the Party Room and full day admission into the pool for kids and adults. Packages start at \$105.

Gymnastics Party

Includes one hour in the Party Room and one hour of facilitated gymnastics activities with an instructor. Packages start at \$140.

NEW! eSports Party

Includes one hour in the Party Room and one hour of facilitated Nintendo Switch™ gaming on projector-sized screens. Packages start at \$140

Call 970.962.2468

CHILSON

Recreation & Senior Center

**Sponsorship Opportunities**

Loveland Parks & Recreation has several sponsorship opportunities including events, athletics, vehicles, signage and more. Parks & Recreation has a broad impact in the community and the ability to connect your business with new demographics and a wide range of people.

Contact Kerry Helke, 970.962.2446

kerry.helke@cityofloveland.org

Mobile Recreation Trailer Rental

Interested in renting our Mobile Recreation Trailer for events? It's packed full of FUN games, sports and activities for all ages. For inquiries about renting please call 970.962.2336 or visit lovgov.org/PRevents

THANK YOU to these donors who helped make the Harvest Bazaar possible:

- Seven Lakes Memory Care
- Bethesda Gardens Loveland
- UCHealth - Aspen Club
- The Wexford
- Holiday Sugar Valley Estates
- Perkins Restaurant and Bakery
- Kaiser Permanente - Carmen Cisneros
- Northern Colorado Rehabilitation Hospital
- Eden Valley Farm
- Miller Farms
- Palombo Farms
- Lulu's Farm
- Strohauer Farm



© Dan O'Donnell

PARKS

The City of Loveland Parks & Recreation Department maintains numerous areas with amenities available for the community:

- 22 softball fields • 8 baseball fields • 2 inline skate hockey rinks
- 3 skate parks • 25 outdoor tennis courts • 10 outdoor basketball courts • 18 outdoor pickleball courts • 1 outdoor Fitness Court®
- 1 outdoor swimming pool • 1 swim beach • 27 playgrounds
- 32 parks - 22 with amenities only (no reservable shelters); 10 with amenities and reservable pavilions|gazebos|shelters
- 3 golf courses • Open lands, trails and natural areas • Indoor recreation at the Chilson Recreation & Senior Center • and more!

Memorial Bench & Tree Donations

are made through the Parks & Recreation Department's non-profit Foundation. Call 970.962.3459 for information.

Take a look! Check out Loveland park pavilions, gazebos and shelters at: lovgov.org/parks

See page 52 & 54 for park locations and recreation trail maps.

PAVILIONS | GAZEBOS | SHELTERS

Non-reserved (or unreserved) pavilions, gazebos and shelters without power are available free of charge on a first-come, first-served basis. Reservations must be made at least seven (7) days prior to the desired date. Reservations accepted up to a year in advance of the event date.

Fees and deposits are due upon reservation, and vary depending upon the location and invited guest total. **Call 970.962.2727 or go online for details: lovgov.org/webtrac**

Alcohol permits allow facility users to have alcohol at events. In addition to the shelter & deposit fees, an alcohol permit is a \$50 fee plus a \$50 deposit. Alcohol permits expire on the day of the reservation. **By City ordinance, alcohol is NOT permitted in a City facility without an alcohol permit and facility reservation.**

Large groups may be assessed a site impact fee to recover extra maintenance costs incurred for large group/event reservations. The Police Department may require an added application and approval process for large events. Please inquire for information.

PAVILION | SHELTER RESERVATIONS

Online Reservations: lovgov.org/webtrac

Walk-in reservations are accepted at the Parks & Recreation Administration office, 500 E. Third St., Ste 200 Loveland, CO 80537 Monday–Thursday 8A–4:30P and Friday 8A–3:30P

Please note: the window is closed daily from 12:00–1:00P

- **Benson Sculpture Park** - 1125 W. 29th St.

Features one reservation gazebo and sculpture displays throughout the park. Limited parking; carpooling suggested. Large group reservations (48+) not accepted.

- **Centennial Park** - 977 W. First St.

Features one reservation shelter, baseball fields, stream fishing, pickleball courts, horseshoe courts, playground & rec trail access.

- **Dwayne Webster Park** - 401 W. 13th St.

Features three reservation shelters, basketball, tennis, horseshoe courts, playground and cannon sculpture. Large group reservations (48+) not accepted.

- **Fairgrounds Park** - 700 S. Railroad Ave.

Features two reservation pavilions, basketball, dog park, playgrounds, skate park, spray park, tot lot, ballfields, fishing with river access, historic sites, sculpture and rec trail access.

- **Kroh Park** - 5200 N. Garfield Ave.

Features one reservation shelter, athletic and softball fields, a backstop and playground.

- **Loveland Sports Park** - 950 N. Boyd Lake

Features three reservation shelters, athletic fields, spray playground, skate park, in-line hockey rinks, basketball and volleyball courts & concession area. Large group reservations (60+) not accepted.

- **Mehaffey Park** - 3285 W. 22nd Street

Features two reservation shelters, a dog park, pond fishing, athletic fields, pickleball & tennis courts, skate park, playground, water feature and rec trail access.

- **Namaqua Park** - 730 N. CR 19E (Namaqua Road)

Features one reservation shelter, fishing, horseshoe courts and playground. Large group reservations (48+) not accepted.

- **North Lake Park** - 2750 N. Taft Avenue

Features four reservation shelters, fishing, baseball/softball athletic fields, tennis/basketball/horseshoe courts, pond fishing, mini railroad (seasonal), swim beach (seasonal) and two playgrounds.

- **Seven Lakes Park** - 1975 Park Dr.

Features one reservation shelter, soccer fields, basketball court, playground and rec trail access. Large group reservations (56+) not accepted.

Areas that are reserved in person (not online):

- Athletic fields, ball fields and Hammond Amphitheater

Please call the office at 970.962.2727 to inquire about availability.

Neighborhood parks that do not have reservation areas may still be used on a first-come, first-served basis for small groups.

PARK RULES & REGULATIONS

Park Hours

Most Loveland parks are open from 6:00A–10:30P daily unless otherwise specified onsite. All parks except Viestenz-Smith Mountain Park will remain open in the winter months. Loveland Sports Park may be closed due to weather conditions and restrooms may remain closed for the season and/or during extremely cold temperatures. Please refer to specific park web pages or call 970.962.2727 for more information.

Grills

The grills located in the parks are for charcoal use. When using the grills, you must make sure the coals are completely extinguished before vacating the site. You may leave the remaining coals/ash to continue cooling, and our parks workers will eliminate the ashes when they clean the grills before their next use. If you prefer to use a gas grill, you are welcome to bring your own to the park, as long as you use it on a paved/cement surface and you allow it time to cool so you may take it with you when you leave.

Pets

- Pet owners are required to pick up and remove pet waste. Pets must be leashed and under human control at all times, except in designated dog park enclosures. Dogs at the dog park enclosure must remain under voice control. A leash is still required for arrival/departure at the dog park, or if there are control issues in the dog park areas.
- Pets are NOT allowed inside the Barnes Softball Complex at Fairgrounds Park or Centennial Park baseball complex, on inline hockey rinks, skate park areas, spray park areas, playgrounds, basketball and volleyball courts, the Championship Field at Loveland Sports Park or within 100 feet of any other athletic courts or fields while practices or games are being played.

Permitted Items

- Only small pop-up shade shelters with removable walls are allowed (10' x 10' max) and must be weighted down. No stakes are to be driven into the ground more than 6" for any reason (irrigation lines are present). Camping as defined as setting up a tent or like structure for privacy is prohibited. Overnight parking or camping is prohibited.
- No jump castles, dunk tanks, pony rides or similar set-ups.
- No Silly String, paint or any other item which may contain dyes and cause permanent damage.
- Collecting, removing, destroying or defacing any natural or manmade object is NOT permitted.
- Vending is not allowed in City parks, open land areas or trails without prior permission from the Parks & Recreation Dept.
- Smoking is prohibited, except in designated areas.
- Glass containers/bottles are prohibited.
- No open fires or flames except in provided grills.
- No gathering or cutting firewood.
- Motorized vehicles (except authorized) are not allowed outside of established streets and parking areas.
- Remote control (RC) boating questions are addressed by the Colorado Parks & Wildlife Division through the office in Fort Collins. Please call 970.472.4300 for information. In Loveland, battery powered RC boats have been approved for use on small City-owned bodies of water only; suggested sites would be the Foote Lagoon or North Lake Park - Duck Pond.
- Regulation as of August 1, 2018: No hang gliding, paragliding or powered paragliding in any park or open land area.

For detailed rules: lovgov.org/parks



AQUATICS

Unsure of your swim level for lessons?
We can help! Call 970.962.2FUN to set up a test session for best placement.

Private | Semi-Private Swim Lessons

Private swim lessons are a great way to improve skills in a one-on-one setting tailored to your needs and desires. Taught by City of Loveland swim instructors who have excellent experience. **More Info:** 970.962.2631

Private: 1 person, 30-min	\$30 paid at lesson
Semi-Private: 2 people, 30-min	\$40 paid at lesson

Winona Pool Rentals • 970.962.2FUN or online at lovgov.org/webtrac

Reservations for the 2024 season begin Mon, April 1.
Are you looking for a great location for a gathering, family reunion or birthday party? Rental includes the use of the shower facilities, AquaClimb, waterslide & other amenities. Alcohol not permitted.

Thurs | Fri | Sat Rentals:

5:30-7:30P	1-100 Guests: \$350 + \$100 deposit
5:30-7:30P	101-300 Guests: \$400 + \$100 deposit

Sunday Rentals:

5:30-8:00P	1-100 Guests: \$375 + \$100 deposit
5:30-8:00P	101-300 Guests: \$425 + \$100 deposit

Swim Parent/Infant Min/Max: 4/10

Parents help introduce infants to the water while learning how to work with their child safely in the pool. Basic body position and holding techniques are introduced. One adult per child required.

Age: 0.5-1.5 *No class 3/18-3/23

M	1/8-2/26	5:45-6:15P	\$46	200001-01
M	3/4-4/29*	5:45-6:15P	\$46	200001-02
T,Th	1/9-2/1	5:10-5:40P	\$46	200001-10
T,Th	2/6-2/29	5:10-5:40P	\$46	200001-11
T,Th	3/5-4/4*	5:10-5:40P	\$46	200001-12
T,Th	4/9-5/2	5:10-5:40P	\$46	200001-13
Sa	1/6-2/24	9:00-9:30A	\$46	200001-20
Sa	3/2-4/20*	9:00-9:30A	\$46	200001-21

Swim Parent/Toddler Min/Max: 4/10

Parents help introduce toddlers to the water using songs, working on building confidence, becoming comfortable in and around the pool, and staying safe. Basic water activities are introduced. One adult per child required.

Age: 1.5-3 *No class 3/18-3/23

M	1/8-2/26	5:10-5:40P	\$46	200002-01
M	3/4-4/29*	5:10-5:40P	\$46	200002-02
T,Th	1/9-2/1	6:20-6:50P	\$46	200002-10
T,Th	2/6-2/29	6:20-6:50P	\$46	200002-11
T,Th	3/5-4/4*	6:20-6:50P	\$46	200002-12
T,Th	4/9-5/2	6:20-6:50P	\$46	200002-13
Sa	1/6-2/24	10:10-10:40A	\$46	200002-20
Sa	3/2-4/20*	10:10-10:40A	\$46	200002-21

Swim Preschool 1 Min/Max: 4/8

For the swimmer with no or limited water experience and who is uncomfortable putting their face in the water. Front and back floats introduced along with interactive water games.

Age: 3-5 *No class 3/18-3/23

M	1/8-2/26	5:10-5:40P	\$46	200003-01
M	1/8-2/26	6:20-6:50P	\$46	200003-02
M	3/4-4/29*	5:10-5:40P	\$46	200003-03
M	3/4-4/29*	6:20-6:50P	\$46	200003-04
T,Th	1/9-2/1	5:45-6:15P	\$46	200003-10
T,Th	1/9-2/1	6:55-7:25P	\$46	200003-11
T,Th	2/6-2/29	5:45-6:15P	\$46	200003-12
T,Th	2/6-2/29	6:55-7:25P	\$46	200003-13
T,Th	3/5-4/4*	5:45-6:15P	\$46	200003-14
T,Th	3/5-4/4*	6:55-7:25P	\$46	200003-15
T,Th	4/9-5/2	5:45-6:15P	\$46	200003-16
T,Th	4/9-5/2	6:55-7:25P	\$46	200003-17
Sa	1/6-2/24	9:00-9:30A	\$46	200003-20
Sa	1/6-2/24	10:45-11:15A	\$46	200003-21
Sa	3/2-4/20*	9:00-9:30A	\$46	200003-22
Sa	3/2-4/20*	10:45-11:15A	\$46	200003-23

Swim Preschool 2 Min/Max: 4/8

Prerequisite: Preschool 1 or demonstrate requirements. For the swimmer who will comfortably submerge face and head underwater. Learn to float independently on front and back for 5 seconds. Swimming on front is also introduced.

Age: 3-5 *No class 3/18-3/23

M	1/8-2/26	5:45-6:15P	\$46	200004-01
M	1/8-2/26	6:55-7:25P	\$46	200004-02
M	3/4-4/29*	5:45-6:15P	\$46	200004-03
M	3/4-4/29*	6:55-7:25P	\$46	200004-04
T,Th	1/9-2/1	5:10-5:40P	\$46	200004-10
T,Th	1/9-2/1	6:20-6:50P	\$46	200004-11
T,Th	2/6-2/29	5:10-5:40P	\$46	200004-12
T,Th	2/6-2/29	6:20-6:50P	\$46	200004-13
T,Th	3/5-4/4*	5:10-5:40P	\$46	200004-14
T,Th	3/5-4/4*	6:20-6:50P	\$46	200004-15
T,Th	4/9-5/2	5:10-5:40P	\$46	200004-16
T,Th	4/9-5/2	6:20-6:50P	\$46	200004-17
Sa	1/6-2/24	10:10-10:40A	\$46	200004-20
Sa	1/6-2/24	11:20-11:50A	\$46	200004-21
Sa	3/2-4/20*	10:10-10:40A	\$46	200004-22
Sa	3/2-4/20*	11:20-11:50A	\$46	200004-23

Swim Preschool 3 Min/Max: 4/8

Prerequisite: Preschool 2 or demonstrate requirements. For the swimmer who is able to float independently on front and back for 5 seconds. Learn to swim 5 body lengths on front without stopping and become more comfortable in deeper water. Treading water is also introduced.

Age: 3-5 *No class 3/18-3/23

M	1/8-2/26	6:20-6:50P	\$46	200005-01
M	3/4-4/29*	6:20-6:50P	\$46	200005-02
T,Th	1/9-2/1	5:45-6:15P	\$46	200005-10
T,Th	2/6-2/29	5:45-6:15P	\$46	200005-11
T,Th	3/5-4/4*	5:45-6:15P	\$46	200005-12
T,Th	4/9-5/2	5:45-6:15P	\$46	200005-13
Sa	1/6-2/24	9:35-10:05A	\$46	200005-20
Sa	3/2-4/20*	9:35-10:05A	\$46	200005-21

Special Olympics Youth Swimming

See page 17 for beginner classes for ages 8-15.

Swim Level 1 Min/Max: 4/8

For the swimmer with little or no water comfort. Become comfortable submerging entire body in the water and learn to float independently on front and back. Swimming on front is also introduced.

Age: 6-16 *No class 3/18-3/23

M	1/8-2/26	5:10-5:40P	\$46	200006-01
M	1/8-2/26	6:20-6:50P	\$46	200006-02
M	3/4-4/29*	5:10-5:40P	\$46	200006-03
M	3/4-4/29*	6:20-6:50P	\$46	200006-04
T,Th	1/9-2/1	5:45-6:15P	\$46	200006-10
T,Th	1/9-2/1	6:55-7:25P	\$46	200006-11
T,Th	2/6-2/29	5:45-6:15P	\$46	200006-12
T,Th	2/6-2/29	6:55-7:25P	\$46	200006-13
T,Th	3/5-4/4*	5:45-6:15P	\$46	200006-14
T,Th	3/5-4/4*	6:55-7:25P	\$46	200006-15
T,Th	4/9-5/2	5:45-6:15P	\$46	200006-16
T,Th	4/9-5/2	6:55-7:25P	\$46	200006-17
Sa	1/6-2/24	9:00-9:30A	\$46	200006-20
Sa	1/6-2/24	10:10-10:40A	\$46	200006-21
Sa	3/2-4/20*	9:00-9:30A	\$46	200006-22
Sa	3/2-4/20*	10:10-10:40A	\$46	200006-23

Swim Level 2 Min/Max: 4/8

Prerequisite: Successful completion of Level 1 or demonstrate requirements. For the swimmer who can put their face in the water comfortably and float independently. Learn to swim 5 body lengths on front without stopping and learn to tread water.

Age: 6-16 *No class 3/18-3/23

M	1/8-2/26	5:45-6:15P	\$46	200007-01
M	1/8-2/26	6:55-7:25P	\$46	200007-02
M	3/4-4/29*	5:45-6:15P	\$46	200007-03
M	3/4-4/29*	6:55-7:25P	\$46	200007-04
T,Th	1/9-2/1	5:10-5:40P	\$46	200007-10
T,Th	1/9-2/1	6:20-6:50P	\$46	200007-11
T,Th	2/6-2/29	5:10-5:40P	\$46	200007-12
T,Th	2/6-2/29	6:20-6:50P	\$46	200007-13
T,Th	3/5-4/4*	5:10-5:40P	\$46	200007-14
T,Th	3/5-4/4*	6:20-6:50P	\$46	200007-15
T,Th	4/9-5/2	5:10-5:40P	\$46	200007-16
T,Th	4/9-5/2	6:20-6:50P	\$46	200007-17
Sa	1/6-2/24	9:35-10:05A	\$46	200007-20
Sa	1/6-2/24	10:45-11:15A	\$46	200007-21
Sa	3/2-4/20*	9:35-10:05A	\$46	200007-22
Sa	3/2-4/20*	10:45-11:15A	\$46	200007-23

Swim Level 3 Min/Max: 4/8

Prerequisite: Successful completion of Level 2 or demonstrate requirements. For the swimmer who can swim on front 5 body lengths without stopping. Learn rotary breathing, front crawl and elementary backstroke. Must be able to jump into shallow/deep water and move to the side comfortably.

Age: 6-16 *No class 3/18-3/23

M	1/8-2/26	5:45-6:15P	\$46	200008-01
M	3/4-4/29*	5:45-6:15P	\$46	200008-02
T,Th	1/9-2/1	5:10-5:40P	\$46	200008-10
T,Th	2/6-2/29	5:10-5:40P	\$46	200008-11
T,Th	3/5-4/4*	5:10-5:40P	\$46	200008-12
T,Th	4/9-5/2	5:10-5:40P	\$46	200008-13
Sa	1/6-2/24	9:35-10:05A	\$46	200008-20
Sa	3/2-4/20*	9:35-10:05A	\$46	200008-21

Swim Level 4 Min/Max: 4/8

Prerequisite: Successful completion of Level 3 or demonstrate requirements. For the swimmer who can swim 25 yards front crawl without stopping and is comfortable in deep water. Learn back crawl, breaststroke and sidestroke while building endurance on front crawl and elementary backstroke.

Age: 6-16 *No class 3/18-3/23

M	1/8-2/26	5:10-5:40P	\$46	200009-01
M	3/4-4/29*	5:10-5:40P	\$46	200009-02
T,Th	1/9-2/1	6:20-6:50P	\$46	200009-10
T,Th	2/6-2/29	6:20-6:50P	\$46	200009-11
T,Th	3/5-4/4*	6:20-6:50P	\$46	200009-12
T,Th	4/9-5/2	6:20-6:50P	\$46	200009-13
Sa	1/6-2/24	11:20-11:50A	\$46	200009-20
Sa	3/2-4/20*	11:20-11:50A	\$46	200009-21

Swim Level 5 Min/Max: 4/8

Prerequisite: Successful completion of Level 4 or demonstration of requirements. For the swimmer who can swim 50 yards front crawl, perform the breaststroke and back crawl for 25 yards and can tread water continuously for at least one minute. The butterfly stroke and flip turns on front and back are also introduced.

Age: 6-16 *No class 3/18-3/23

M	1/8-2/26	6:20-6:50P	\$46	200010-01
M	3/4-4/29*	6:20-6:50P	\$46	200010-02
T,Th	1/9-2/1	5:45-6:15P	\$46	200010-10
T,Th	2/6-2/29	5:45-6:15P	\$46	200010-11
T,Th	3/5-4/4*	5:45-6:15P	\$46	200010-12
T,Th	4/9-5/2	5:45-6:15P	\$46	200010-13
Sa	1/6-2/24	10:45-11:15A	\$46	200010-20
Sa	3/2-4/20*	10:45-11:15A	\$46	200010-21

Swim Level 6 Min/Max: 4/8

Prerequisite: Successful completion of Level 5 or demonstrate requirements. For the swimmer who can swim a minimum of two laps without stopping and is efficient in competition strokes including front crawl (freestyle), breaststroke, butterfly and back crawl (backstroke). Work on refining strokes, developing power and smoothness over greater distances.

Age: 6-16 *No class 3/18-3/23

Sa	1/6-2/24	11:20-11:50A	\$46	200011-20
Sa	3/2-4/20*	11:20-11:50A	\$46	200011-21

Adult/Senior Beginner Min/Max: 4/6

Become more comfortable in the water and learn the basic skills to achieve a minimum level of water competency. Focus is on breath control, submerging, floating and learning the front crawl and elementary backstroke.

Age: 16+ *No class 3/18-3/23

Sa	1/7-2/25	8:25-8:55A	\$46	200015-20
Sa	3/2-4/20*	8:25-8:55A	\$46	200015-21

Lifeguard Pre-Test Workshops Min/Max: 5/25

Are you intimidated by the lifeguarding pre-test, but want to take the lifeguard class? We are here to help! In these 1.5 hour workshops led by our lifeguard class instructors, you'll practice the lifeguard class pre-test and we'll give you tips and additional practice to help you feel more confident on the day of the real test. These workshops are not required in order to take the lifeguard class and they do not count as the official lifeguard pre-test. They are open to anyone who is practicing for any American Red Cross lifeguarding class anywhere, any time. Location: Chilson Pool

Age: 14+

W	4/3	4:30-6:00P	\$15	203004-1
W	5/1	4:30-6:00P	\$15	203004-2

Blended Learning Lifeguard Certification

Blended learning courses mix online learning and in-person skills sessions to obtain the American Red Cross Lifeguard for Professional Rescuers with CPR/AED/First Aid certification. Students will complete 7 hours and 30 minutes of online videos, quizzes and tests through the American Red Cross learning portal in lieu of in-person lectures. All participants must complete a pre-test prior to class. **Pre-test:** 300 yard continuous swim using front crawl, breaststroke or combination of both, retrieve a 10lb brick from bottom of pool and tread water for two minutes. Successful completion is necessary to continue on to the class; refunds will be issued to candidates who do not pass.

Age: 15+

Lifeguard Certification - Shallow Water

Location: Chilson Pool Min/Max: 5/10

Pre-test:	W, 2/7	5:00-6:00P		
Su,M,T	2/18-2/20	8:00A-4:00P	\$160	403001-01

Lifeguard Certification with Deep Water Skills

Location: Chilson Pool/Winona Outdoor Pool Min/Max: 5/11

Pre-test:	W, 4/10	5:00-6:00P		
Su	4/14-5/5	11:00A-5:00P	\$160	203003-01
Pre-test:	W, 5/5	5:00-6:00P		
		4:30-9:00P (W)		
W,F,Sa	5/8-5/11	1:00-9:00P (F)	\$160	203003-02
		9:00A-5:00P (Sa)		
Pre-test:	W, 5/22	3:00-4:00P		
T,W,Th,F	5/28-5/31	8:00A-2:00P	\$160	203003-03

Waterfront Lifeguard Certification Min/Max: 5/10

Certified lifeguards will learn the skills and knowledge needed to prevent and respond to emergencies in non-surf, open-water areas found at public parks, resorts, summer camps and campgrounds. **Pre-test:** 550 yard continuous swim using front crawl and breaststroke. Must have current American Red Cross Lifeguard Certification. Location: Chilson Pool

Age: 15+

Su	5/26	11:00A-4:30P	\$75	203002-01
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Lifeguard Re-Certification Min/Max: 5/10

Review the basics of lifeguard skills, First Aid and CPR/AED for the Professional Rescuer. All participants must participate and complete pre-test prior to class. **Pre-test:** 300 yard continuous swim, retrieve a 10lb brick from bottom of pool and tread water for two minutes. This course is intended for lifeguards whose certification will expire soon or has expired within 30 days prior to June 2. Please be ready to provide your current/expired certifications and any extension documentation prior to beginning the class. Bring a swimsuit, towel, pocket mask, whistle, lunch and snacks. Participants who successfully complete the recertification course will receive Lifeguard CPR/AED/First Aid certification valid for two years. Location: Chilson Pool/Winona Outdoor Pool

Age: 16+

Su	6/2	10:00A-6:00P	\$75	203001-03
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Make a BIG SPLASH with a Swim Party!

Reserve the Chilson Party Room and celebrate your birthday at the Chilson Pool. We offer gymnastics and eSports parties, too!

More Info: 970.962.2468 or lovgov.org/birthdayparties

Stay cool in the pool & work in the water!

Join the aquatics team. Check out: lovgov.org/jobs

Become a certified lifeguard and make a difference.

GROUP FITNESS CLASSES

Included with a pass/punch card/daily admission!



GET MOTIVATED

With over 50 drop-in group fitness classes per week - **included in your daily admission** - there's something for **EVERYONE**. Getting fit is easier when others are rooting for you!

GET RESULTS

Our trained instructors inspire and encourage you to be the **BEST** you can be with safe, effective classes that deliver maximum results. All fitness levels welcome.

GET IN HERE

Challenge yourself to move your body and develop heart-healthy routines. Increase your cardio and muscular endurance. Get stronger, get flexible, get energized...get in here!

GET THE SCHEDULE

Pick up a current fitness schedule in the Chilson or Senior Center lobby. New classes are added throughout the year, so make sure you have the most current schedule. See you soon!

CURRENT FITNESS SCHEDULE:

Class descriptions included with schedule.

lovgov.org/fitnesswellness





FITNESS & WELLNESS

Personal Training

Get maximum results in minimal time! Learn what your body needs and how it reacts to effective exercise. Working with a certified trainer who understands fitness, nutrition and health is one of the fastest, easiest and most successful ways to improve your health. Achieve long-term weight loss and develop healthy life-long habits; receive expert guidance and motivation; enhance sports performance; establish realistic and achievable fitness and nutrition/weight loss goals.

Call 970.962.2630 for more info or inquire at the front desk.

Personal trainer bios: lovgov.org/personaltrainers

Age: 16+

30-Minute Sessions

1 session	\$36
6 sessions	\$180
10 sessions	\$280

60-Minute Sessions

1 hour	\$50
3 hours	\$145
5 hours	\$215

Intro to Personal Training Package

If you are new to training or have not trained in over one year, this is a great place to start! Our trainers will work to inspire and encourage you to develop healthy habits and effective workouts. **NEW package:** one hour and two 30-minute sessions. Valid for one intro package per person.

3 sessions \$99

Loyal Guest Personal Training Specials

Save cash and earn free sessions when you buy a personal training package. **Specials valid March 1–19.** Limit two packages per person; must use within one year.

Age: 16+

30-Minute Sessions

6 sessions	\$180	Buy 6, Get 1 Free
10 sessions	\$280	Buy 10, Get 2 Free

60-Minute Sessions

5 hours	\$215	Buy 5, Get 1 Free Hour
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Lift Strong Weight Training for Age 12–13

Not old enough to use the strength equipment without parental supervision? Meet with a personal trainer to learn the fundamentals of weight training. Get set up on a weight training program and receive a wristband showing completion of the class to use the strength equipment on your own (you must wear wristband each time). Parents are NOT required to attend the class with you. Call Amy Genger at 970.962.2630, ext. 2.

Age: 12–13

January–May \$25 212001-01

Fitness Equipment Orientation

Our personal trainers can show you how to safely use the fitness equipment. Call 970.962.2386 for an appointment or schedule at the front desk. The orientation does not provide an exercise plan. **FREE** with paid admission

reDEFINE Fit Boot Camp ♦

Get fit with a structured workout program, nutritional plan and the support of a team. This is for ALL fitness levels. Pre and post camp assessments plus Saturday bonus camps! Call 970.214.7900 or email ryann@redefinefitco.com for questions or to enroll.

Age: 16+ Location: Chilson Center

AM Camp – 3 days per week + Saturday camps

M,W,F	1/8-2/16	6:00-7:00A	\$245
M,W,F	2/26-3/15	6:00-7:00A	\$120
M,W,F	3/25-5/3	6:00-7:00A	\$245

NOON Camp – 2 days per week + Saturday camps

T,Th	1/9-2/15	12:00-1:00P	\$165
T,Th	2/27-3/14	12:00-1:00P	\$80
T,Th	3/26-5/2	12:00-1:00P	\$165

HIIT (High Intensity Interval Training) Min/Max: 5/7

The quickest way to burn fat and gain muscle simultaneously. Optimize your workout time using short, high-intensity intervals, followed by longer, low-intensity intervals. Boost your metabolism and burn calories hours after you're done! Location: Circuit Area

Age: 14+ *No class 3/19, 3/22

T	1/2-1/30	10:00-10:40A	\$44	216115-1
T	2/6-2/27	10:00-10:40A	\$35	216115-2
T	3/5-3/26*	10:00-10:40A	\$26	216115-3
T	4/2-4/23	10:00-10:40A	\$35	216115-4
T	4/30-5/21	10:00-10:40A	\$35	216115-5
F	1/5-2/2	10:00-10:40A	\$44	216115-6
F	2/9-3/1	10:00-10:40A	\$35	216115-7
F	3/8-3/29*	10:00-10:40A	\$26	216115-8
F	4/5-4/26	10:00-10:40A	\$35	216115-9
F	5/3-5/24	10:00-10:40A	\$35	216115-10

TRX Suspension Training Min/Max: 5/8

Use gravity and your own body weight to recruit and work many muscles at the same time. Training with TRX leads to enhanced strength, balance, flexibility and core stability. From beginners to athletes and everyone in between! Location: Small Gym

Age: 14+ *No class 3/19, 3/20, 3/21, 3/22

T	1/2-1/30	9:00-9:40A	\$44	216117-03
T	1/2-1/30	5:40-6:20P	\$44	216117-04
W	1/3-1/31	12:10-12:50P	\$44	216117-05
Th	1/4-2/1	9:00-9:40A	\$44	216117-06
F	1/5-2/2	9:00-9:40A	\$44	216117-07
T	2/6-2/27	9:00-9:40A	\$35	216217-03
T	2/6-2/27	5:40-6:20P	\$35	216217-04
W	2/7-2/28	12:10-12:50P	\$35	216217-05
Th	2/8-2/29	9:00-9:40A	\$35	216217-06
F	2/9-3/1	9:00-9:40A	\$35	216217-07
T	3/5-3/26*	9:00-9:40A	\$26	216317-03
T	3/5-3/26*	5:40-6:20P	\$26	216317-04
W	3/6-3/27*	12:10-12:50P	\$26	216317-05
Th	3/7-3/28*	9:00-9:40A	\$26	216317-06
F	3/8-3/29*	9:00-9:40A	\$26	216317-07
T	4/2-4/23	9:00-9:40A	\$35	216417-03
T	4/2-4/23	5:40-6:20P	\$35	216417-04
W	4/3-4/24	12:10-12:50P	\$35	216417-05
Th	4/4-4/25	9:00-9:40A	\$35	216417-06
F	4/5-4/26	9:00-9:40A	\$35	216417-07
T	4/30-5/21	9:00-9:40A	\$35	216517-03
T	4/30-5/21	5:40-6:20P	\$35	216517-04
W	5/1-5/22	12:10-12:50P	\$35	216517-05
Th	5/2-5/23	9:00-9:40A	\$35	216517-06
F	5/3-5/24	9:00-9:40A	\$35	216517-07

BE HAPPY, BE HEALTHY!

Fitness Assessments Min/Max: 1/20

Participate in a functional fitness evaluation to check your current fitness level and set goals for improving flexibility, upper/lower body muscular strength and endurance, dynamic balance, agility and coordination. Instructor: Lisa Foncannon, personal trainer & Functional Aging Specialist | Location: Fitness/Dance Studio

Age: 18+ Time: 2:30-4:00P Choose one date below

M	1/8, 2/12, 3/11, 4/8, 5/13	\$25	216121-99
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FUNCTIONal Movement 50+ Min/Max: 4/15

A total-body strength workout geared to improve balance and power. Develop strategies and movements that will transfer into your daily routines and help you gain confidence. Work to prevent falling and enhance the FUN, active part of your life! **You must register for the 4-week session, then check in at the Chilson Center front desk with your Chilson pass or pay the daily fee for each class.** Instructor: Lisa Foncannon, personal trainer & Functional Aging Specialist | Location: Fitness/Dance Studio

Age: 50+

W	1/10-1/31	1:30-2:10P	216119-01
W	2/7-2/28	1:30-2:10P	216119-02
W	3/6-3/27	1:30-2:10P	216119-03
W	4/3-4/24	1:30-2:10P	216119-04
W	5/1-5/22	1:30-2:10P	216119-05

Low Carb Living Min/Max: 6/15

Are you pre-diabetic, suffering from type 2 diabetes, obesity, high blood pressure or high cholesterol? Has your doctor informed you that a reduced carbohydrate lifestyle may help? You don't have to be "keto" to enjoy the benefits of reducing carbs. It may seem difficult, but finding alternatives can help. Learn tips to begin and maintain a new reduced carbohydrate intake lifestyle. Meetings held one Thursday of every month. Instructor: Candace Oates | Location: Party Rm

Age: 14+

Th	1/11	10:30-11:30A	\$25	218950-1
Th	2/1	10:30-11:30A	\$25	218950-2
Th	3/7	10:30-11:30A	\$25	218950-3
Th	4/4	10:30-11:30A	\$25	218950-4
Th	5/2	10:30-11:30A	\$25	218950-5

Balance & Agility Training for Every Body

Whether you're a top athlete, recovering from an injury or in the process of aging gracefully, balance training is beneficial and necessary. Core stabilization improves coordination, athletic skill, daily function and posture. Learn to improve the communication between your brain and muscles with these FUN and effective exercises to help with hip stabilization and glute strength to effectively improve balance and agility. Min/Max: 7/20

Instructor: Nancy Stilson-Herzog | Location: Fitness/Dance Studio

Age: 10+

T	2/27	6:30-8:00P	\$35	218013-1
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Addressing/Managing Repetitive Use Injuries

Learn to address those nagging pain areas in the elbow, wrist, neck, chest, shoulders, back, hips, knees, hamstrings and ankles that can accumulate because of repetitive motion. Manage and effectively stretch these injured tissues using small balls, foam rollers and specific stretching techniques. Min/Max: 7/20

Instructor: Nancy Stilson-Herzog | Location: Fitness/Dance Studio

Age: 10+

T	4/23	6:30-8:00P	\$35	218014-1
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TAE KWON-DO

Tae Kwon-Do ♦ Min/Max: 5/25

This martial arts class practices the traditional Chan Hun style of Tae Kwon-Do. Students learn to use their training to better their lives with the respect and courtesy that goes along with achieving each rank. **Uniforms are not required for the beginner class**; see instructor if interested. Multiple family member discount - must attend within same month (**discount will be applied at the end of session**). Testing fees are a separate cost, payable to the instructor.

Beginner instructor: Ken Shirley, II Dan

Head instructor: Sheila Shirley, III Dan

Age: 7+ *No class 2/10, 3/18–3/23, 5/22–5/25

Beginner Rank: new students thru high white belt

Location: Hickory Rm

W	1/17-1/24	6:00-7:00P	\$20	239960-1
W	1/31-2/21	6:00-7:00P	\$30	239960-2
W	2/28-3/27*	6:00-7:00P	\$30	239960-3
W	4/3-4/24	6:00-7:00P	\$30	239960-4
W	5/1-5/29*	6:00-7:00P	\$30	239960-5

Location: Fitness/Dance Studio

Sa	1/20-1/27	1:30-2:30P	\$20	239960-6
Sa	2/3-2/24*	1:30-2:30P	\$25	239960-7
Sa	3/2-3/30	1:30-2:30P	\$30	239960-8
Sa	4/6-4/27	1:30-2:30P	\$30	239960-9
Sa	5/4-6/1*	1:30-2:30P	\$30	239960-10

Intermediate Rank: gold belt thru blue belt

Location: Thurs: Hickory Rm | Sat: Fitness/Dance Studio

Th,Sa	1/18-1/27	Th: 5:45-7:15P Sa: 2:30-4:00P	\$30	239961-1
Th,Sa	2/1-2/24*	Th: 5:45-7:15P Sa: 2:30-4:00P	\$45	239961-2
Th,Sa	2/29-3/30*	Th: 5:45-7:15P Sa: 2:30-4:00P	\$50	239961-3
Th,Sa	4/4-4/27	Th: 5:45-7:15P Sa: 2:30-4:00P	\$50	239961-4
Th,Sa	5/2-6/1*	Th: 5:45-7:15P Sa: 2:30-4:00P	\$50	239961-5

Upper Rank: high blue belt & above

Location: Thurs: Hickory Rm | Sat: Fitness/Dance Studio

Th,Sa	1/18-1/27	Th: 5:45-8:00P Sa: 2:30-4:45P	\$40	239962-1
Th,Sa	2/1-2/24*	Th: 5:45-8:00P Sa: 2:30-4:45P	\$55	239962-2
Th,Sa	2/29-3/30*	Th: 5:45-8:00P Sa: 2:30-4:45P	\$60	239962-3
Th,Sa	4/4-4/27	Th: 5:45-8:00P Sa: 2:30-4:45P	\$60	239962-4
Th,Sa	5/2-6/1*	Th: 5:45-8:00P Sa: 2:30-4:45P	\$60	239962-5

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LED Therapy Bed yet? It's designed to help **rejuvenate, renew** and **revive** every cell in your body with a relaxing, gentle treatment.

Book your treatment: lovgov.org/webtrac

YOGA

InBody Yoga - Prep Course ♦ Min/Max: 5/16

To get the most out of the time on your mat, it is recommended to take this Prep Course before attending the Inbody Yoga classes below. The founding principle of this style of yoga is the power of choice, so you learn to reconnect to bodily sensations and regulate your nervous system. Learn about trauma and how we can use yoga to heal ourselves before we move through the trauma-informed asana portion of each class. Styles may include yin, slow flow and vinyasa. Instructor: Steph Shore Location: Fitness/Dance Studio

Age: 16+

W 1/10-1/31 5:45-6:45P \$35 218501-1

InBody Yoga ♦ Min/Max: 5/16

The InBody Yoga Prep Course above is recommended before attending these classes. Trauma is what happens inside us as a response to a traumatic event, no matter how big or small. This is an all-levels, trauma-informed approach to yoga that helps you reconnect with your body and learn to self-regulate back into a balanced state. The founding principle of this style of yoga is the power of choice. You are given many options for postures and are encouraged to listen to your body and decide how to move through each class. Classes focus on reconnecting with your body rather than a workout, and may be slow flow, yin or vinyasa.

Instructor: Steph Shore | Location: Fitness/Dance Studio

Age: 16+

W 2/21-3/13 5:45-6:45P \$35 218502-1

W 4/3-4/24 5:45-6:45P \$35 218502-2

TAI CHI

Tai Chi – Level 1 & 2 Min/Max: 5/20

Tai Chi is an ancient form of Chinese exercise. Described as meditation in motion, it promotes serenity through gentle, flowing movements with each posture flowing into the next without pause, ensuring that your body is in constant motion. Slow movements develop strong bones from a firm rooting of the feet. It stimulates memory and generates a feeling of confidence and relaxation. Instructor: Jaqui Gee Location: Small Gym

Age: 18+ *No class 1/15

Level 1 M 1/8-3/11* 11:30A-12:30P \$80 127108-1

M 3/25-6/3 11:30A-12:30P \$80 127108-2

Level 2 M 1/8-3/11* 12:45-1:45P \$80 127108-5

M 3/25-6/3 12:45-1:45P \$80 127108-6

SPA SERVICES

Therapeutic Massage w/Joyce Meis, LMT

970.691.3441 • Schedule a 30-min (\$40), 60-min (\$70) or 90-min (\$95) massage. Gift certificates available at the Senior Center.

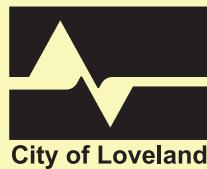
Medically Based Foot Care w/ Patti Krkosa, RN

720.442.2615 • 1st & 3rd Thursday, 8:30A–4:00P

\$45 Toenail Care | \$12 Fingernail Care

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ADAPTIVE RECREATION

Adaptive Recreation

Loveland Adaptive Recreation (AR) provides activities and services to individuals in the community who have varying levels of physical, emotional or intellectual abilities. A Certified Therapeutic Recreation Specialist (CTRS) will work with individuals with disabilities as requested. Services include, but are not limited to, adaptive exercise, fitness orientations, class and registration information, leisure interest search assistance and advocacy to eliminate barriers.

Adaptive Programs

Adaptive programs are for individuals who may have disabilities and need modified support to participate in activities. These programs are open to everyone but are designed to meet the unique needs of individuals with physical, intellectual and/or emotional disabilities.

Modifications

If a modification is required to participate in any recreation program, please indicate the modification needed during the registration process. Adaptive Recreation staff will work with program leaders to determine how to most effectively provide needed modifications for full participation. Inquiries about what type of accommodations are available should be made at least two weeks before the class begins.

Personal Care Attendants

Individuals who are not independent in activities of daily living may participate with a personal care attendant. There is no fee for personal care attendants unless otherwise noted. Attendants need to register separately and note whom they will be assisting. Notify AR staff to coordinate a support plan prior to class start date.

Unified Sport Leagues

Loveland Parks & Recreation offers unified teams for sports like basketball, soccer and softball. They are teams comprised of players with and without disabilities. These leagues may work with rule additions and changes that allow all players to be supported and make gameplay fair. Unified sports programs promote gross motor coordination, dynamic decision making, inter-player communication, endurance and wellness.

Contact Information

For more information, please visit lovgov.org/parksrecreation or contact Karl von Zwehl, CTRS at 970.962.2462 karl.vonzwehl@cityofloveland.org

Unified Adult Basketball Min/Max: 2/20

Get together to shoot hoops! Loveland teams will play in the Fort Collins recreational league and are scheduled for one hour of practice/games each week.

Location: Webber Middle School, 4201 Seneca St., Fort Collins

Age: 16+

Sa	1/6-3/9	3:30-7:30P	\$33	169002-1
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Special Olympics Youth Basketball

Join others to learn and practice basic basketball skills including shooting, dribbling, passing and teamwork. Modified techniques are used to allow players of all abilities to participate.

Coaches needed (sessions will only run if a coach is identified). Min/Max: 4/12 Location: Small Gym

Age: 8-15

M	1/22-3/4	5:00-6:00P	\$33	169003-2
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Adaptive Craft Classes Min/Max: 6/12

Join friends and create something beautiful with monthly craft themes, designed to meet the unique needs of individuals with physical, intellectual and/or emotional disabilities. Caregivers welcome at no charge. Location: Party Rm *March class held in Chilson Conference Rm

Age: 15+

M	1/8	6:00-7:00P	\$5	169100-02
M	2/12	6:00-7:00P	\$5	169100-03
M	3/11*	6:00-7:00P	\$5	169100-06
M	4/8	6:00-7:00P	\$5	169100-07

Bingo, Board Games & Billiards Min/Max: 6/12

Come play Bingo, board games and billiards for an evening of FUN! Games are designed to meet the unique needs of individuals with physical, intellectual and/or emotional disabilities. Caregivers welcome at no charge. Location: Senior Billiards Rm

Age: 18+

W	1/17	5:30-7:00P	\$5	169200-01
W	2/14	5:30-7:00P	\$5	169200-02
W	3/13	5:30-7:00P	\$5	169200-03
W	4/17	5:30-7:00P	\$5	269200-01
W	5/15	5:30-7:00P	\$5	269200-02

Special Olympics Youth Swimming

Join the Special Olympics Loveland Penguins Youth Swimming Team where all levels are welcome. Learn basic water safety and beginner swimming skills at the Chilson Pool. The 6-week program includes an opportunity to participate in a regional competition. Min/Max: 8/10 Location: Chilson Pool

Age: 8-15

W	3/27-5/1	5:00-6:00P	\$40	269020-1
W	5/8-6/5	5:00-6:00P	\$40	269020-2

Register for more advanced swimming with the Loveland Penguins Youth Team directly with Special Olympics NE at specialolympicsco.org/seasonalregistration

DID YOU KNOW? You can rent Winona Outdoor Pool! See page 8 for details.

FITNESS COACH AT SUNRISE, HOUSING EXPERT ALL DAY



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ADULT ATHLETICS

League Skill Definitions

LEVEL 1 - Competitive (Age 16+)

For teams who wish to play in the highest level of competition. Players should be very proficient in all skills and strategies.

LEVEL 2 & 3 - Recreation (Age 16+)

For teams who wish to play for reasons other than exercise without getting into highly competitive levels of play. Players should have average to above average skills and knowledge of the sport.

LEVEL 4 & 5 - Leisure (Age 16+)

For teams who wish to play for exercise in a low-key environment. Players should be beginners learning skills and techniques.

Payments & Rosters Full payment for each team is required at the time of registration. Major credit cards accepted. Rosters are required prior to the teams' first game. Enroll your team and complete your roster on teamsideline.com/loveland

TeamSideline.com/loveland is used for all sport schedules, tournament dates, information packets, weather notifications and more! Check it out!

Volunteer youth coaches needed!

Many activities need assistance! Call the coordinator for your area of expertise. Have FUN and make a difference this season.

Athletic Coordinators

General Athletics Info	970.962.2445 athletics@cityofloveland.org
Adult & Youth Softball	Dana 970.962.2450 dana.redford@cityofloveland.org
Adult & Youth Basketball	
Adult Kickball	
Youth Flag Football	
Cornhole	
Adult & Youth Volleyball	Savannah 970.962.2445 savannah.garcia@cityofloveland.org
CARA Track	
Gymnastics	
Volunteer Program	
Adult & Youth Soccer	Karl 970.962.2462 karl.vonzwehl@cityofloveland.org
Youth Baseball & T-Ball	
Pickleball	
eSports	
Adult & Youth Tennis	Kim 970.962.2437 Program Supervisor kim.miller@cityofloveland.org
Batting Cages	

Winter Volleyball

Register 11/13-12/11

Early Bird (thru 12/4).....\$335/team

Team Fee (12/5-12/11).....\$375/team

Schedules available online. League begins week of 1/8.

Day	Start Date	Level	Class #
M	1/8	Women's 1 (Comp)	171101-1
M	1/8	Women's 2 (Rec)	171101-2
M	1/8	Women's 3 (Rec/Leisure)	171101-3
W	1/10	Coed 3 (Rec/Leisure)	171201-3
Th	1/11	Coed 1 (Comp)	171201-1
Th	1/11	Coed 2 (Rec)	171201-2

Winter Basketball

Register 11/13-12/11

Early Bird (thru 12/4).....\$535/team

Team Fee (12/5-12/11).....\$585/team

Schedules online 12/27 after 4pm. League begins week of 1/7.

Day	Start Date	Level	Class #
T	1/9	Men's 2 (CBMS)	173001-3
Su	1/7	Men's 2 (Chilson)	173001-4

Spring Soccer

Register 2/5-3/11

Early Bird (thru 3/4).....\$805/team

Team Fee (3/5-3/11).....\$855/team

Team name/rosters due 3/20. Schedules online. League begins 3/24.

Day	Start Date	Level	Class #
Su	3/24	Coed 1	277201-1
Su	3/24	Coed 2	277201-2

Spring Basketball

Register 2/5-3/11

Early Bird (thru 3/4).....\$435/team

Team Fee (3/5-3/11).....\$485/team

Schedules online 3/18 after 4P. League begins 3/26.

Day	Start Date	Level	Class #
T	3/26	Men's 2 (CBMS)	273001-1

Spring Volleyball

Register 2/5-3/11

Early Bird (thru 3/4).....\$335/team

Team Fee (3/5-3/11).....\$375/team

Team name/rosters due at registration. Schedules online. League begins week of 3/25.

Day	Start Date	Level	Class #
M	3/25	Women's 1 (Comp)	271101-1
M	3/25	Women's 2 (Rec)	271101-2
M	3/25	Women's 3 (Rec/Leisure)	271101-3
W	3/27	Coed 3 (Rec/Leisure)	271201-3
Th	3/28	Coed 1 (Comp)	271201-1
Th	3/28	Coed 2 (Rec)	271201-2

Spring Kickball

Register 2/5-3/11

Early Bird (thru 3/4).....\$290/team

Team Fee (3/5-3/11).....\$340/team

Schedules online 3/15 after 4P. League begins 3/27.

Day	Start Date	Level	Class #
W	3/27	Coed 2 (Rec)	276201-1

Spring Cornhole

Register 2/5-3/25

Come play this popular game. Doubles play! Min/Max: 4/10

Fee: \$40/team **Location:** Outdoors to the west side of the Chilson Center or indoors if necessary. League begins 4/11.

Day	Start Date	Time	Class #
Th	4/11	6:00-8:00P	277901-1

Spring Softball

Register 2/5-3/11

Early Bird (thru 3/4).....\$465/team

Team Fee (3/5-3/11).....\$515/team

Schedules online 3/15 after 4P. League begins week of 3/25.

Day	Start Date	Level	Class #
T	3/26	Men's 1 (Comp)	274001-1
T	3/26	Men's 2 (Rec)	274002-2
T	3/26	Men's 3 (Leisure)	274002-3
Th	3/28	Men's 2 (Rec)	274002-4
M	3/25	Coed 1 (Comp)	274201-1
M	3/25	Coed 2 (Rec)	274202-2
M	3/25	Coed 3 (Leisure)	274202-3

Spring Softball: Doubleheader

Register 2/5-3/11

Early Bird (thru 3/4).....\$845/team

Team Fee (3/5-3/11).....\$895/team

Schedules online 3/15 after 4P. League begins 3/27.

Day	Start Date	Level	Class #
W	3/27	Men's DH 1 (Comp)	274003-1

Summer Soccer - Mini Season

Register 4/1-6/10

Half the price, half the games, all the same FUN! Teams will

play 6 mini games (two per week) and a playoff tournament.

Early Bird (thru 6/3).....\$405/team

Team Fee (6/4-6/10).....\$455/team

Team name/rosters due 6/12. Schedules online 6/21 after 4P.

League begins 6/23.

Day	Start Date	Level	Class #
Su	6/23	Coed 1	377201-1
Su	6/23	Coed 2	377201-2

Summer Softball

Register 4/1-5/6

Early Bird (thru 4/29).....\$725/team

Team Fee (4/30-5/6).....\$775/team

Schedules online 5/17 after 4P. League begins week of 5/57.

Day	Start Date	Level	Class #
T	5/28	Men's 1 (Comp)	374001-1
T	5/28	Men's 2 (Rec)	374002-2
T	5/28	Men's 3 (Leisure)	374002-3
Th	5/30	Men's 2 (Rec)	374002-4
M	6/3	Coed 1 (Comp)	374201-1
M	6/3	Coed 2 (Rec)	374202-2
M	6/3	Coed 3 (Leisure)	374202-3
W	6/5	Coed 2 (Rec)	374202-4
T	5/28	Men's Church 1 (Comp)	374301-1
Th	5/30	Men's Church 2 (Rec)	374301-2

Summer Softball: Doubleheader

Register 4/1-5/6

Doubleheader is a 10-week season (20 games), plus tournament!

Early Bird (thru 4/29).....\$1,195/team

Team Fee (4/30-5/6).....\$1,245/team

Schedules online 5/17 after 4P. League play begins 5/29.

Day	Start Date	Level	Class #
W	5/29	Men's DH 1 (Comp)	374003-1

Summer Cornhole

Register 4/1-6/3

Come play this popular game. Doubles play! Min/Max: 4/10

Fee: \$40/team **Location:** Outdoors to the west side of the Chilson Center or indoors if necessary. League begins 6/13.

Day	Start Date	Time	Class #
Th	6/13	6:00-8:00P	277901-1

Summer Volleyball

Early Bird (thru 5/7).....	\$140/team
Team Fee (5/8-5/13).....	\$180/team
Team name/rosters due at registration. Schedules online.	
League begins week of 6/3.	

Women's 4x4 - Grass at McKee Park

Day	Start Date	Level	Class #
M	6/3	Rec	371602-1
M	6/3	Leisure	371602-2

Coed 4x4 - Grass at McKee Park

Day	Start Date	Level	Class #
T	6/4	Rec	371601-1
T	6/4	Leisure	371601-2

Men's 4x4 - Sand at LSP

Day	Start Date	Level	Class #
W	6/5	Rec	371701-1
W	6/5	Leisure	371701-2

Coed 4x4 - Sand at LSP

Day	Start Date	Level	Class #
Th	6/6	Rec	371501-1
Th	6/6	Leisure	371501-2

Guess what?

Volleyball and basketball courts are available daily at the Chilson Center for drop-in use. Racquetball, too! See page 3 for gym schedules.

Barnes Softball Complex Batting Cages
at Fairgrounds Park - 405 S. Cleveland (Hwy 287)**OPENING FOR THE SEASON IN MARCH**

Join us this spring to enjoy our new machines featuring 3 slowpitch softball, 2 softball and 2 baseball stations with 3 speeds to choose from. Bats/helmets onsite.

More Info: lovgov.org/battingcages or 970.962.2437

A great way to test your skills! Batter Up!

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Get out on the court this SPRING with Universal Tennis (UTR), the gold standard for all tennis players. Classes for all levels begin APRIL 1. All ages, weekend play, weather permitting.

REGISTER: williamstennisschool.com

QUESTIONS & INFO: 970.222.3439 | ukansas1@gmail.com

PICKLEBALL**Pickleball: Beginning Skills** Min/Max: 8/10

Learn this FUN sport that's similar to tennis, badminton & ping pong! Instructors: Bob Monroe (Tues AM), Pamela McGee (Tues PM), George Richards (W) | Loc: Large Gym, *May classes at Osborn Pk

Age: 18+ Fee: \$50

Day	Date	Time	Class #
T	1/9-1/30	7:00-9:00A	276113-61
T	2/6-2/27	7:00-9:00A	276113-62
T	3/5-4/2	7:00-9:00A	276113-64
T	4/9-4/30	7:00-9:00A	276113-76
T	5/7-5/28*	10:00A-12:00P	276113-88
T	1/9-1/30	2:00-4:00P	276113-60
T	2/6-2/27	2:00-4:00P	276113-63
T	3/5-4/2	2:00-4:00P	276113-65
T	4/9-4/30	2:00-4:00P	276113-77
T	5/7-5/28*	2:00-4:00P	276113-89
W	1/10-1/31	6:00-8:00P	276113-67
W	2/7-2/28	6:00-8:00P	276113-69
W	3/6-4/3	6:00-8:00P	276113-72
W	4/10-5/1	6:00-8:00P	276113-79
W	5/8-5/29*	6:00-8:00P	276113-92

Pickleball: Level 2 Mentored Play

Min/Max: 6/10 Prerequisite: Completion of the Beginning Skills class within the past 6 months.

Move from a beginner to confidently playing within the larger pickleball community. Learn fundamental skills, specific techniques and doubles strategy. Instructor: George Richards Location: Large Gym, *May classes at Osborn Park

Age: 18+ Fee: \$50

Day	Date	Time	Class #
T	1/9-1/30	12:00-2:00P	276113-66
T	2/6-2/27	12:00-2:00P	276113-68
T	3/5-4/2	12:00-2:00P	276113-71
T	4/9-4/30	12:00-2:00P	276113-78
T	5/7-5/28*	9:00-11:00A	276113-93

Pickleball: The First Four Shots

Min/Max: 6/10 Prerequisite: Players should be comfortable playing and be able to sustain a basic game.

The focus of this class is on developing the first four shots of every point. We'll work in-depth on serves, returns, third shots and dinks. Instructor: Bob Monroe Location: Large Gym, *May classes held at Osborn Park

Age: 18+ Fee: \$50

Day	Date	Time	Class #
F	1/12-2/2	4:00-6:00P	276114-60
F	2/9-3/1	4:00-6:00P	276114-62
F	3/8-4/5	4:00-6:00P	276114-64
F	4/12-5/3	4:00-6:00P	276114-91
F	5/10-6/7*	4:00-6:00P	276114-94

Pickleball Expo

Join Loveland Parks & Recreation and the Loveland Pickleball Club for an intro to pickleball! Have an opportunity to register for our upcoming classes. Open play available on courts not being used for clinics. Location: Osborn Park Courts, 1615 Fourth St. SE

Age: 18+ FREE, but must pre-register

Day	Date	Time	Class #
Sa	4/27	8:30-9:30A	276115-60
Sa	4/27	10:00-11:00A	276115-62
Sa	4/27	11:30A-12:30P	276115-64
Sa	4/27	1:00-2:00P	276115-91



POWER ALLEY
BASEBALL



Loveland Baseball Association



ACADEMY

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Paid advertisement



YOUTH ATHLETICS

Youth Athletic Registration Deadlines

Please note the registration deadlines for our Youth Athletic Team Sports. Registration will begin the season prior with hard deadlines approximately 2–3 weeks before the program start date to allow for improved planning and coordination.

Youth Sport	Early Bird Fee*	Regular Fee	Registration Deadline	Start Date
WINTER basketball	10/23/23	11/21/23	12/4/23	1/8
WINTER eSports	12/4/23	12/4/23	2/16	2/16
SPRING soccer, volleyball	12/4/23	2/13	3/25	3/25
SPRING IBB** basketball	12/4/23	2/13	2/26	3/30
SUMMER girls softball, baseball, soccer, basketball, t-ball	4/8	4/30	5/13	Varies beg. 6/3

*Early Bird registration begins at 6:00P **Itty Bitty Ballers

Kids ages 3–6 can play in the Chilson Gymnastics Center! See info on page 28.

Schools and City Parks map on page 52.

TeamSideline.com/loveland is used for all sport schedules, tournament dates, information packets, weather notifications and more! Check it out!

Wait List Policy

If a class is full, you may be placed on ONE wait list. You are contacted when there is a cancellation or if a class is added (depends on facility, coach, participants).

Volunteer Coaches Needed!

Volunteer coaches are **essential** to our athletic programs. Coaching can be rewarding and the coach's child's player registration fee is waived! Materials and equipment provided. Sign up to coach at teamsideline.com/loveland and go to COACH! > Sign up to COACH!

Youth Athletic T-Shirts

Each participant is required to wear a Youth Athletics T-shirt unless otherwise noted (purchase at Mountain Rentals, Inc. 401 E. Eisenhower Blvd. in Loveland).

Do you have questions about youth athletics or our volunteer program?

Call 970.962.2445 for more info.

Winter Basketball Boys 2nd–5th Grade

Learn fundamentals, enhance current skills, develop good sportsmanship and have FUN! Teams have two one-hour practices per week plus six games on Saturdays beginning 1/20 at the Chilson Recreation Center and local schools. Required: Youth Athletics T-shirt, non-marking soled shoes. Min/Max: 6/10

Register: 10/23-12/4

Fee: \$77 (Early Bird thru 11/20), \$97 (after 11/20)

Grade: 2–3

T,Th	1/9-2/24	6:00-6:50P	Carrie Martin	132013-02
M,W	1/8-2/24	5:00-5:50P	Centennial El	132013-03
T,Th	1/9-2/24	5:00-5:50P	Centennial El	132013-04
M,W	1/8-2/24	5:00-5:50P	Cottonwood	132013-05
T,Th	1/9-2/24	5:00-5:50P	Coyote Ridge	132013-07
M,W	1/8-2/24	6:00-6:50P	Edmondson	132013-08
M,W	1/8-2/24	5:30-6:20P	Garfield El	132013-09
M,W	1/8-2/24	6:00-6:50P	Lincoln	132013-10
T,Th	1/9-2/24	5:00-5:50P	Namaqua El	132013-11
T,Th	1/9-2/24	5:00-5:50P	Ponderosa	132013-12
T,Th	1/9-2/24	5:30-6:20P	Winona El	132013-14

Grade: 4

T,Th	1/9-2/24	7:00-7:50P	Carrie Martin	132014-02
T,Th	1/9-2/24	6:00-6:50P	Centennial El	132014-03
M,W	1/8-2/24	6:00-6:50P	Cottonwood	132014-04
T,Th	1/9-2/24	6:00-6:50P	Coyote Ridge	132014-05
M,W	1/8-2/24	7:00-7:50P	Edmondson	132014-06
M,W	1/8-2/24	6:30-7:20P	Garfield El	132014-07
M,W	1/8-2/24	7:00-7:50P	Lincoln	132014-08
T,Th	1/9-2/24	6:00-6:50P	Namaqua El	132014-11
T,Th	1/9-2/24	6:00-6:50P	Ponderosa	132014-12
T,Th	1/9-2/24	6:30-7:20P	Winona El	132014-14

Grade: 5

M,W	1/8-2/24	6:00-6:50P	Centennial El	132015-02
T,Th	1/9-2/24	7:00-7:50P	Centennial El	132015-03
M,W	1/8-2/24	7:00-7:50P	Cottonwood	132015-04
T,Th	1/9-2/24	7:00-7:50P	Coyote Ridge	132015-05
M,W	1/8-2/24	7:30-8:20P	Garfield El	132015-06
T,Th	1/9-2/24	7:00-7:50P	Namaqua El	132015-07
T,Th	1/9-2/24	7:00-7:50P	Ponderosa	132015-09
T,Th	1/9-2/24	7:30-8:20P	Winona El	132015-10

Winter Mario Kart Tournament

Min/Max 4/16

Join us for a one-day Mario Kart tournament. Compete in three rounds of races to determine the top three placers. Our champion will earn a gaming headset. Other prizes will be announced closer to the event. Food included for participants!

Register: 12/4-2/16

Age: 12–18 Fee: \$10

F	2/16	5:00-7:00P	Maple/Spruce	138002-1
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Spring Soccer Pre-K Instructional

Min/Max: 6/10

Drills and fun games are used to introduce soccer basics to 4-6 year olds during scheduled practice times only. No additional games played on Saturdays. Youth Athletic T-shirt NOT required.

Register: 12/4-3/25 Fee: \$67 (Early Bird thru 3/4), \$87 (after 3/4)

Age: 4–6

M,W	4/8-5/1	4:30-5:15P	Kroh 9	233000-01
T,Th	4/9-5/2	5:45-6:30P	Kroh 9	233000-02
M,W	4/8-5/1	4:30-5:15P	Loch Lon 4	233000-03
T,Th	4/9-5/2	5:45-6:30P	Loch Lon 4	233000-04
M,W	4/8-5/1	5:45-6:30P	Mehaffey S-A	233000-05
T,Th	4/9-5/2	5:45-6:30P	NL Train 1	233000-06

Looking for Tennis Classes? See page 20.

Spring Youth Soccer Leagues

Emphasizes equal participation while learning soccer fundamentals and having FUN! Practice 2 times/week; games are Saturdays at Kroh Park beg. 4/6. Youth Athletic T-shirt and shin guards required.

Spring Soccer Pre-K League

Min/Max 6/8

Register: 12/4-2/26 Fee: \$77 (Early Bird thru 2/12), \$97 (after 2/12)

Age: 4–5

M,W	3/25-5/11	4:30-5:30P	Kroh 6	233004-01
M,W	3/25-5/11	5:30-6:30P	Kroh 6	233004-02
M,W	3/25-5/11	4:30-5:30P	Loch Lon 3	233004-11
M,W	3/25-5/11	5:30-6:30P	Loch Lon 3	233004-12
M,W	3/25-5/11	4:30-5:30P	LSP 6A	233004-21
M,W	3/25-5/11	5:30-6:30P	LSP 6A	233004-22
T,Th	3/26-5/11	4:30-5:30P	LSP 6B	233004-23
T,Th	3/26-5/11	5:30-6:30P	LSP 6B	233004-24
T,Th	3/26-5/11	4:30-5:30P	NL Train 2	233004-31
T,Th	3/26-5/11	5:30-6:30P	NL Train 2	233004-32

Age: 5–6

T,Th	3/26-5/11	4:30-5:30P	Kroh 6	233006-01
T,Th	3/26-5/11	5:30-6:30P	Kroh 6	233006-02
T,Th	3/26-5/11	4:30-5:30P	Loch Lon 3	233006-11
T,Th	3/26-5/11	5:30-6:30P	Loch Lon 3	233006-12
M,W	3/25-5/11	4:30-5:30P	Loch Lon 3	233006-13
T,Th	3/26-5/11	4:30-5:30P	LSP 6A	233006-21
T,Th	3/26-5/11	5:30-6:30P	LSP 6A	233006-22
M,W	3/25-5/11	4:30-5:30P	LSP 6A	233006-23
M,W	3/25-5/11	5:30-6:30P	LSP 6A	233006-24
M,W	3/25-5/11	4:30-5:30P	NL Train 2	233006-31
M,W	3/25-5/11	5:30-6:30P	NL Train 2	233006-32
T,Th	3/26-5/11	5:30-6:30P	Loch Lon 3	233006-33
T,Th	3/26-5/11	5:30-6:30P	Kroh 6	233006-34
M,W	3/26-5/11	4:30-5:30P	Kroh 6	233006-35
M,W	3/26-5/11	5:30-6:30P	Kroh 6	233006-36
T,Th	3/26-5/11	5:30-6:30P	Kroh 6	233006-37
M,W	3/25-5/11	4:30-5:30P	LSP 6A	233006-38
T,Th	3/26-5/11	4:30-5:30P	LSP 6A	233006-39

Spring Soccer 1st & 2nd Grade

Min/Max: 8/12

Register: 12/4-2/26 Fee: \$77 (Early Bird thru 2/12), \$97 (after 2/12)

Boys

M,W	3/25-5/11	4:30-5:30P	Kroh 4	233011-01
M,W	3/25-5/11	5:30-6:30P	Kroh 3	233011-02
T,Th	3/26-5/11	4:30-5:30P	Kroh 3	233011-03
T,Th	3/26-5/11	5:30-6:30P	Kroh 3	233011-04
M,W	3/25-5/11	4:30-5:30P	Loch Lon 2	233011-05
T,Th	3/26-5/11	5:30-6:30P	Loch Lon 2	233011-06
M,W	3/25-5/11	4:30-5:30P	LSP 6B	233011-07
M,W	3/25-5/11	5:30-6:30P	LSP 6B	233011-08
T,Th	3/26-5/11	4:30-5:30P	LSP 7A	233011-09
T,Th	3/26-5/11	5:30-6:30P	LSP 6B	233011-10
M,W	3/25-5/11	4:30-5:30P	NL Train 1	233011-11
T,Th	3/26-5/11	5:30-6:30P	Kroh 4	233011-12
T,Th	3/26-5/11	5:30-6:30P	Kroh 3	233011-13
T,Th	3/26-5/11	4:30-5:30P	LSP 7	233011-14
M,W	3/25-5/11	4:30-5:30P	Kroh 4	233011-15

Challenger International Soccer Camps

Learn respect, responsibility and sportsmanship while playing hard, having FUN and making new friends.

Age: 3–14

Session 1: 6/10–6/14 • Session 2: 7/22–7/26

Info | Registration: challengersports.com

Spring Soccer 1st & 2nd Grade Min/Max: 8/12

Register: 12/4-2/26 Fee: \$77 (Early Bird thru 2/12), \$97 (after 2/12)

Girls

M,W	3/25-5/11	5:30-6:30P	Kroh 7	233021-01
M,W	3/25-5/11	4:30-5:30P	Kroh 4	233021-02
T,Th	3/26-5/11	5:30-6:30P	Kroh 3	233021-03
M,W	3/25-5/11	4:30-5:30P	Loch Lon 3	233021-04
T,Th	3/26-5/11	5:30-6:30P	Loch Lon 2	233021-05
M,W	3/25-5/11	4:30-5:30P	LSP 6B	233021-06
M,W	3/25-5/11	5:30-6:30P	LSP 7A	233021-07
T,Th	3/29-5/12	5:30-6:30P	Namaqua El	233021-08
T,Th	3/26-5/11	4:30-5:30P	NL Train 2	233021-09
T,Th	3/26-5/11	5:30-6:30P	NL Train 2	233021-10
T,Th	3/26-5/11	4:30-5:30P	Kroh 4	233021-11
T,Th	3/29-5/12	4:00-5:00P	Namaqua El	233021-14
T,Th	3/26-5/11	4:30-5:30P	LSP 6B	233021-15

Spring Soccer 3rd & 4th Grade Min/Max 11/15

Register: 12/4-2/26 Fee: \$77 (Early Bird thru 2/12), \$97 (after 2/12)

Boys

M,W	3/25-5/11	4:30-5:30P	Kroh 3	233013-01
M,W	3/25-5/11	5:30-6:30P	Kroh 4	233013-02
T,Th	3/26-5/11	4:30-5:30P	Kroh 7	233013-03
T,Th	3/26-5/11	5:30-6:30P	Kroh 7	233013-04
M,W	3/25-5/11	4:30-5:30P	Loch Lon 2	233013-05
T,Th	3/26-5/11	4:30-5:30P	Loch Lon 2	233013-06
M,W	3/25-5/11	4:30-5:30P	LSP 7B	233013-07
T,Th	3/26-5/11	5:30-6:30P	LSP 7A	233013-08
T,Th	3/25-5/11	5:30-6:30P	Kroh 4	233013-09
M,W	3/25-5/11	5:30-6:30P	LSP 7B	233013-10
M,W	3/25-5/11	5:30-6:30P	Loch Lon 2	233013-11
T,Th	3/26-5/11	5:30-6:30P	Kroh 7	233013-12

Girls

M,W	3/25-5/11	4:30-5:30P	Kroh 3	233023-01
T,Th	3/26-5/11	4:30-5:30P	Kroh 7	233023-02
T,Th	3/26-5/11	5:30-6:30P	Kroh 7	233023-03
M,W	3/25-5/11	5:30-6:30P	Loch Lon 2	233023-04
T,Th	3/26-5/11	4:30-5:30P	Loch Lon 2	233023-05
M,W	3/25-5/11	5:30-6:30P	LSP 7A	233023-06
T,Th	3/26-5/11	4:30-5:30P	LSP 7A	233023-07
M,W	3/27-5/11	4:30-5:30P	Namaqua El	233023-08
M,W	3/25-5/11	4:30-5:30P	Kroh 3	233023-09
M,W	3/25-5/11	5:30-6:30P	Kroh 3	233023-10
M,W	3/28-5/12	4:30-5:30P	Namaqua El	233023-14

Spring Soccer 5th & 6th Grade Min/Max 11/15

Register: 12/4-2/26 Fee: \$77 (Early Bird thru 2/12), \$97 (after 2/12)

Boys

M,W	3/25-5/11	5:30-6:30P	Kroh 7	233015-01
T,Th	3/26-5/11	4:30-5:30P	Kroh 8	233015-02
M,W	3/25-5/11	5:30-6:30P	Loch Lon 2	233015-03
T,Th	3/26-5/11	5:30-6:30P	LSP 7B	233015-04
M,W	3/25-5/11	4:30-5:30P	Kroh 7	233015-06
M,W	3/25-5/11	4:30-5:30P	Kroh 8	233015-07
M,W	3/25-5/11	5:30-6:30P	Kroh 8	233015-08
T,Th	3/26-5/11	5:30-6:30P	Kroh 7	233015-09
M,W	3/25-5/11	5:30-6:30P	Kroh 7	233015-5

Girls

M,W	3/25-5/11	5:30-6:30P	Kroh 8	233025-01
M,W	3/25-5/11	5:30-6:30P	Kroh 8	233025-02
T,Th	3/26-5/11	5:30-6:30P	Loch Lon 2	233025-03
M,W	3/25-5/11	5:30-6:30P	LSP 7B	233025-04
T,Th	3/28-5/11	5:30-6:30P	Namaqua El	233025-05
T,Th	3/26-5/11	5:30-6:30P	Kroh 8	233025-06
T,Th	3/26-5/11	5:30-6:30P	Loch Lon 3	233025-07
M,W	3/25-5/11	4:30-5:30P	Kroh 8	233025-08

Spring Soccer 7th & 8th Grade Min/Max 8/17

Register: 12/4-2/26 Fee: \$77 (Early Bird thru 2/12), \$97 (after 2/12)

Coed

M,W	3/25-5/11	5:30-6:30P	Kroh 8	233017-01
T,Th	3/26-5/11	4:30-5:30P	Kroh 8	233017-02
M,W	3/25-5/11	4:30-5:30P	LSP 7A	233017-03
T,Th	3/26-5/11	5:30-6:30P	LSP 7B	233017-04
M,W	3/26-5/11	4:30-5:30P	Kroh 8	233017-05
T,Th	3/26-5/11	5:30-6:30P	Kroh 8	233017-06

Spring Itty Bitty Ballers Basketball Min/Max 6/10

This is a fun coed program for younger kids to learn fundamentals of basketball in a team setting with modified rules & basket height.

Register: 12/4-2/26

Fee: \$67 (Early Bird thru 2/12), \$87 (after 2/12)

Grade: K-1st

Sa	3/30-5/4	9:00-9:50A	Chilson	232021-01
Sa	3/30-5/4	9:00-9:50A	Chilson	232021-02
Sa	3/30-5/4	10:00-10:50A	Chilson	232021-03
Sa	3/30-5/4	10:00-10:50A	Chilson	232021-04
Sa	3/30-5/4	11:00-11:50A	Chilson	232021-05
Sa	3/30-5/4	11:00-11:50A	Chilson	232021-06

Spring Coed Youth Volleyball Min/Max: 6/10

This program emphasizes the basics while having fun! Rules may be adapted to meet skill levels of all players. Parents are encouraged to participate as coaches. Practices are held twice per week with games played on Saturday mornings beginning 4/6 at the Chilson Center. Locations subject to change.

Register: 12/4-2/27

Fee: \$77 (Early Bird thru 12/12), \$97 (after 12/12)

Grade: 2-3

T,Th	3/26-5/4	5:00-6:15P	Carrie Martin	237002-01
M,W	3/25-5/4	6:30-7:45P	Centennial	237002-02
M,W	3/25-5/4	6:30-7:45P	Coyote Ridge	237002-03
T,Th	3/26-5/4	6:30-7:45P	Coyote Ridge	237002-04
M,W	3/25-5/4	6:15-7:30P	Edmondson	237002-05
T,Th	3/26-5/4	5:00-6:15P	Namaqua	237002-06
T,Th	3/26-5/4	5:00-6:15P	Centennial	237002-07
M,W	3/25-5/4	6:30-7:45P	Namaqua	237002-08
T,Th	3/26-5/4	5:00-6:15P	Ponderosa	237002-09

Grade: 4-5

T,Th	3/26-5/4	6:30-7:45P	Carrie Martin	237004-01
M,W	3/25-5/4	5:00-6:15P	Centennial	237004-02
M,W	3/25-5/4	5:00-6:15P	Coyote Ridge	237004-03
T,Th	3/26-5/4	5:00-6:15P	Coyote Ridge	237004-04
T,Th	3/26-5/4	6:30-7:45P	Namaqua	237004-05
T,Th	3/26-5/4	6:30-7:45P	Centennial	237004-06
M,W	3/25-5/4	5:00-6:15P	Namaqua	237004-07
T,Th	3/26-5/4	6:30-7:45P	Ponderosa	237004-08

Summer CARA Track Team Min/Max: 1/99

CARA (Colorado Association of Recreational Athletics) provides a recreational, non-ranked, non-sanctioned opportunity for young track runners to learn competitive strategies and skills in a FUN learning environment. Practice twice per week with meets on Saturdays, date TBA. A team jersey is required (included in the registration fee). Location: Loveland HS Track, 920 W. 29th St.

Register: 4/8-6/3 Fee: \$105

Age: 5-16

Age: 5-6	T,Th	6/4-7/20	8:30-9:30A	334010-05
Age: 7-8	T,Th	6/4-7/20	8:30-9:30A	334010-07
Age: 9-10	T,Th	6/4-7/20	9:30-11:00A	334010-09
Age: 11-12	T,Th	6/4-7/20	9:30-11:00A	334010-11
Age: 13-14	T,Th	6/4-7/20	9:30-11:00A	334010-13
Age: 15-16	T,Th	6/4-7/20	9:30-11:00A	334010-15

Summer Outdoor Basketball 3-on-3 Min/Max: 3/8

You form and then register your own team - no individual registration. Minimum of 2 games played per day; 6 players per team. Levels determined by your grade entering school in fall 2024.

Register: 4/8-5/13 Fee: \$149 (Early Bird thru 4/29), \$169 (after 4/29)

Grade: 5-8 Location: NL Park Outdoor Courts

Boys

Grade: 5-6	T/Th	6/4-7/2	8:00-9:30A	332010-05
Grade: 7-8	T/Th	6/4-7/2	9:30-11:00A	332010-07

Girls

Grade: 5-6	T/Th	6/4-7/2	8:00-9:30A	332010-25
Grade: 7-8	T/Th	6/4-7/2	9:30-11:00A	332010-27

Summer Soccer Pre-K Leagues Min/Max: 5/10

Soccer fundamentals are taught using drills and fun activities during practice times. Games are held on same days/locations as practices; games at both 9:00A and 10:00A. No additional games played on Saturdays. Required: Youth Athletic T-shirt, shin guards

Register: 4/8-5/13 Fee: \$67 (Early Bird thru 4/29), \$87 (after 4/29)

Age: 4-6 *No practice/games 7/4

T,Th	6/4-7/11	9:00-10:00A	LSP Fld 5	333010-01
T,Th	6/4-7/11	9:00-10:00A	LSP Fld 5	333010-02
T,Th	6/4-7/11	10:00-11:00A	LSP Fld 5	333010-03
T,Th	6/4-7/11	10:00-11:00A	LSP Fld 5	333010-04

Summer Soccer Pre-K Instructional Min/Max: 6/10

Drills and fun games are used to introduce soccer basics to 4-6 year olds during scheduled practice times only. No additional games played on Saturdays. Youth Athletic T-shirt NOT required.

Register: 4/8-5/13 Fee: \$67 (Early Bird thru 4/29), \$87 (after 4/29)

Age: 4-6 Session 1

T,Th	6/4-6/27	9:00-9:45A	Kroh 1	333001-01
T,Th	6/4-6/27	9:45-10:30A	Kroh 1	333001-02
T,Th	6/4-6/27	5:15-6:00P	Loch Lon 3	333001-04
T,Th	6/4-6/27	6:00-6:45P	Loch Lon 3	333001-05
M,W	6/3-6/26	5:15-6:00P	LSP 5	333001-06
M,W	6/3-6/26	6:00-6:45P	LSP 5	333001-07
M,W	6/3-6/26	9:00-9:45A	NL Train	333001-08
M,W	6/3-6/26	9:15-10:00A	NL Train	333001-09
T,Th	6/4-6/27	5:15-6:00P	NL Train	333001-10
T,Th	6/4-6/27	6:00-6:45P	NL Train	333001-11

Register: 4/8-6/17 Fee: \$67 (Early Bird thru 6/10), \$87 (after 6/10)

Age: 4-6 Session 2

T,Th	7/9-8/1	9:00-9:45A	Kroh 1	333002-01
T,Th	7/9-8/1	9:45-10:30A	Kroh 1	333002-02
T,Th	7/9-8/1	5:15-6:00P	Loch Lon 3	333002-04
T,Th	7/9-8/1	6:00-6:45P	Loch Lon 3	333002-05
M,W	7/8-7/31	5:15-6:00P	LSP 5	333002-06
M,W	7/8-7/31	6:00-7:00P	LSP 5	333002-07
M,W	7/8-7/31	9:00-9:45A	NL Train	333002-08
M,W	7/8-7/31	9:45-10:30A	NL Train	333002-09
T,Th	7/9-8/1	5:15-6:00P	NL Train	333002-10
T,Th	7/9-8/1	6:00-6:45P	NL Train	333002-11

Athletics information and text alerts at teamsideline.com/loveland

Get info for all sport schedules, tournament dates, information packets, weather notifications and more!

Summer T-Ball Min/Max 9/12

Designed to introduce children to the game of baseball.

Schedule: practices/games held on Mon/Wed at North Lake Park.

Register: 4/8-5/13 Fee: \$82 (Early Bird thru 4/29), \$102 (after 4/29)

Age: 4-6

M,W	6/3-7/17	4:45-6:00P	NL 1	335002-01
M,W	6/3-7/17	4:45-6:00P	NL 1	335002-02
M,W	6/3-7/17	4:45-6:00P	NL 1	335002-03
M,W	6/3-7/17	4:45-6:00P	NL 1	335002-04
M,W	6/3-7/17	4:45-6:00P	NL 1	335002-05
M,W	6/3-7/17	4:45-6:00P	NL 1	335002-06
M,W	6/3-7/17	4:45-6:00P	NL 1	335002-07
M,W	6/3-7/17	4:45-6:00P	NL 1	335002-08
M,W	6/3-7/17	6:30-7:45P	NL 1	335004-01
M,W	6/3-7/17	6:30-7:45P	NL 1	335004-02
M,W	6/3-7/17	6:30-7:45P	NL 1	335004-03
M,W	6/3-7/17	6:30-7:45P	NL 1	335004-04
M,W	6/3-7/17	6:30-7:45P	NL 1	335004-05
M,W	6/3-7/17	6:30-7:45P	NL 1	335004-06
M,W	6/3-7/17	6:30-7:45P	NL 1	335004-07
M,W	6/3-7/17	6:30-7:45P	NL 1	335004-08

Summer Baseball Min/Max 10/15

Designed to introduce the game of baseball beyond T-Ball!

Schedule: practices/games held on Tues/Thurs at North Lake Park.

Register: 4/8-5/13 Fee: \$82 (Early Bird thru 4/29), \$102 (after 4/29)

Age: 6-9

T,Th	6/4-7/18	4:15-5:45P	NL - Owens	335053-01
T,Th	6/4-7/18	4:15-5:45P	NL - Owens	335053-02
T,Th	6/4-7/18	4:15-5:45P	NL - Owens	335053-03
T,Th	6/4-7/18	4:15-5:45P	NL - Owens	335053-04
T,Th	6/4-7/18	4:15-5:45P	NL - Owens	335053-05
T,Th	6/4-7/18	4:15-5:45P	NL - Owens	335053-06
T,Th	6/4-7/18	4:15-5:45P	NL - Owens	335053-07
T,Th	6/4-7/18	4:15-5:45P	NL - Owens	335053-08
T,Th	6/4-7/18	6:15-7:45P	NL - Owens	335054-01
T,Th	6/4-7/18	6:15-7:45P	NL - Owens	335054-02
T,Th	6/4-7/18	6:15-7:45P	NL - Owens	335054-03
T,Th	6/4-7/18	6:15-7:45P	NL - Owens	335054-04
T,Th	6/4-7/18	6:15-7:45P	NL - Owens	335054-05
T,Th	6/4-7/18	6:15-7:45P	NL - Owens	335054-06
T,Th	6/4-7/18	6:15-7:45P	NL - Owens	335054-07
T,Th	6/4-7/18	6:15-7:45P	NL - Owens	335054-08

Summer Girls Softball Min/Max: 10/12

Promotes skill development and sportsmanship for girls ages 8-13 as of 7/25/24. Games at Barnes Complex at Fairgrounds Park.

Register: 4/8-5/13

Fee: \$80 (Early Bird thru 4/29), \$100 (after 4/29)

Age: 8-10 Machine Pitch • Games on T/Th

M	6/3-7/25	6:00-7:00P	Garfield Pk	336201-01
M	6/3-7/25	6:00-7:00P	Kroh SB 3	336201-03
M	6/3-7/25	7:00-8:00P	Kroh SB 3	336201-04
M	6/3-7/25	5:00-6:00P	NL SB	336201-05
M	6/3-7/25	6:00-7:00P	NL SB	336201-06
M	6/3-7/25	6:00-7:00P	Osborn SB	336201-07

Fee: \$95 (Early Bird thru 4/29), \$115 (after 4/29)

Age: 11-13 Player Pitch • Games on M/W

T	6/4-7/24	6:00-7:00P	Garfield Pk	336202-01
Th	6/4-7/24	6:00-7:00P	Garfield Pk	336202-03
T	6/4-7/24	6:00-7:00P	Kroh SB 3	336202-04
T	6/4-7/24	7:00-8:00P	Kroh SB 3	336202-05
T	6/4-7/24	6:00-7:00P	Osborn SB	336202-06
T	6/4-7/24	7:00-8:00P	Osborn SB	336202-07

SUPERTOTS | SKYHAWKS SPORTS

SuperTots Sports | Age: 2-5 ♦

Since 2002, SuperTots has engaged kids, ages 2 to 5, in physical activity in a non-competitive environment that is safe and fun above all else. SuperTots knows kids are hardwired to learn through play. All programs are progression-based with a goal of kids graduating to the next level as they grow. The curriculum is designed to provide age-appropriate challenges and skill development at each offering level. **Parent participation is required for ages 2-3.5 years.**

Info|Registration: supertots.fun/loveland-ws24

Location: Chilson Recreation Center

SoccerTots ♦

SoccerTots is our flagship program! Our classes focus on developing motor skills and self-confidence while also learning balance, dribbling, foot-eye coordination and running control. We also introduce an element of light competition.

Age: 2-3

M 1/15-2/12 9:30-10:20A \$89

Age: 3-5

M 1/15-2/12 10:30-11:20A \$89

HoopsterTots ♦

Give your little superstar an awesome first step into sports with HoopsterTots! Learning basketball has never been more FUN! These classes focus on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately-sized basketballs are used to always provide just the right amount of challenge.

Age: 2-3 *No class 3/18

M 2/19-3/25* 9:30-10:20A \$89

Age: 3-5

M 2/19-3/25* 10:30-11:20A \$89

BaseballTots ♦

BaseballTots classes focus on fine and gross motor skills as well as body control. We teach all the baseball basics, such as throwing, catching, hitting and running control. We are excited to help these little ones develop a love of the game.

Age: 2-3

M 4/1-4/29 9:30-10:20A \$89

Age: 3-5

M 4/1-4/29 10:30-11:20A \$89

Skyhawks Sports | Age: 4-14 ♦

Skyhawks provides a safe, FUN, non-competitive environment to teach sports to children ages 4 to 14. Our programs are designed to give each child a positive introduction into sports and ensure they walk away with a smile on their face wanting to learn more. Our knowledgeable and patient staff use a variety of games and activities to give each athlete an overview of the sport while building valuable skills. Since 1979, Skyhawks has taught over two million boys and girls life skills through sports.

Info|Registration: register.skyhawks.com

Summer registration opens early February.

Register EARLY - space is limited!

**Looking for youth summer camps?
See page 34 for youth & teen activities.**

Thinking Of A Move?

Contact me today to discuss the current market and see how I can help you buy or sell a home!



Erich Menzel

970-402-8457

Erich.Menzel@CBRealty.com
HomeSalesInLoveland.com



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GYMNASTICS & DANCE

Preschool Playtime Min/Max: 4/15

Come run, jump, climb and play in the Chilson Gymnastics Center! Bring an adult buddy to play with. A staff person is present to assist as needed. Pay for child only and present your receipt to the staff person.

Age: 3-6 Fee: \$5 ea.

T	1/16	12:30-1:30P	130166-01
T	1/23	12:30-1:30P	130166-02
T	1/30	12:30-1:30P	130166-03
T	2/6	12:30-1:30P	130166-04
T	2/13	12:30-1:30P	130266-01
T	2/20	12:30-1:30P	130266-02
T	2/27	12:30-1:30P	130266-03
T	3/5	12:30-1:30P	130266-04
T	3/26	12:30-1:30P	230166-01
T	4/2	12:30-1:30P	230166-02
T	4/9	12:30-1:30P	230166-03
T	4/16	12:30-1:30P	230166-04
T	4/23	12:30-1:30P	230266-01
T	4/30	12:30-1:30P	230266-02
T	5/7	12:30-1:30P	230266-03
T	5/14	12:30-1:30P	230266-04

Gymnastics Open Gym Min/Max: 4/15

Drop in for extra workouts or practice skills on our equipment in an unstructured, safe environment. An instructor is present to lead a warm-up, set up stations, spot skills and assist. Pay for child only and present your receipt to the staff person.

Age: 6-16 Fee: \$5 ea.

Sa	1/20	2:30-3:30P	130170-01
Sa	1/27	2:30-3:30P	130170-02
Sa	2/3	2:30-3:30P	130170-03
Sa	2/10	2:30-3:30P	130170-04
Sa	2/17	2:30-3:30P	130270-01
Sa	2/24	2:30-3:30P	130270-02
Sa	3/2	2:30-3:30P	130270-03
Sa	3/9	2:30-3:30P	130270-04
Sa	3/30	2:30-3:30P	230170-01
Sa	4/6	2:30-3:30P	230170-02
Sa	4/13	2:30-3:30P	230170-03
Sa	4/20	2:30-3:30P	230170-04
Sa	4/27	2:30-3:30P	230270-01
Sa	5/4	2:30-3:30P	230270-02
Sa	5/11	2:30-3:30P	230270-03
Sa	5/18	2:30-3:30P	230270-04

Parent/Tot Tumbling Min/Max: 4/12

Spend time with your little one while helping them increase spatial awareness, gross motor and social skills through fun obstacle courses, swinging on bars and balancing on beams. Basic safety and spotting covered. An adult buddy is required; all children participating must be registered. Location: Chilson Gymnastics Ctr

Age: 1.5-3 Fee: \$35

M	1/15-2/5	9:30-10:00A	130101-01
T	1/16-2/6	9:00-9:30A	130101-03
W	1/17-2/7	9:15-9:45A	130101-04
Th	1/18-2/8	9:45-10:15A	130101-05
F	1/19-2/9	10:45-11:15A	130101-06
Sa	1/20-2/10	9:00-9:30A	130101-07
M	2/12-3/4	9:30-10:00A	130201-01
T	2/13-3/5	9:00-9:30A	130201-03
W	2/14-3/6	9:15-9:45A	130201-04
Th	2/15-3/7	9:45-10:15A	130201-05
F	2/16-3/8	10:45-11:15A	130201-06
Sa	2/17-3/9	9:00-9:30A	130201-07
M	3/25-4/15	9:30-10:00A	230101-01
T	3/26-4/16	9:00-9:30A	230101-03
W	3/27-4/17	9:15-9:45A	230101-04
Th	3/28-4/18	9:45-10:15A	230101-05
F	3/29-4/19	10:45-11:15A	230101-06
Sa	3/30-4/20	9:00-9:30A	230101-07
M	4/22-5/13	9:30-10:00A	230201-01
T	4/23-5/14	9:00-9:30A	230201-03
W	4/24-5/15	9:15-9:45A	230201-04
Th	4/25-5/16	9:45-10:15A	230201-05
F	4/26-5/17	10:45-11:15A	230201-06
Sa	4/27-5/18	9:00-9:30A	230201-07

Wiggle Worms Min/Max: 4/6

Get your wiggles out as we tumble, climb, bounce and swing! A transitional class for 3 year olds seeking more independence. Parent participation optional. Location: Chilson Gymnastics Ctr

Age: 3 Fee: \$35

M	1/15-2/5	10:15-10:45A	130103-01
T	1/16-2/6	9:45-10:15A	130103-02
Th	1/18-2/8	9:00-9:30A	130103-03
F	1/19-2/9	10:00-10:30A	130103-04
M	2/12-3/4	10:15-10:45A	130203-01
T	2/13-3/5	9:45-10:15A	130203-02
Th	2/15-3/7	9:00-9:30A	130203-03
F	2/16-3/8	10:00-10:30A	130203-04
M	3/25-4/15	10:15-10:45A	230103-01
T	3/26-4/16	9:45-10:15A	230103-02
Th	3/28-4/18	9:00-9:30A	230103-03
F	3/29-4/19	10:00-10:30A	230103-04
M	4/22-5/13	10:15-10:45A	230203-01
T	4/23-5/14	9:45-10:15A	230203-02
Th	4/25-5/16	9:00-9:30A	230203-03
F	4/26-5/17	10:00-10:30A	230203-04

Flip Out with a Gymnastics Party!

Celebrate your birthday in the Chilson Gymnastics Center with facilitated activities. We also offer swim and eSports parties! Call 970.962.2468.

Tumbling Tots Min/Max: 4/6

Experience obstacle courses, increase strength, balance and flexibility in a fun, creative environment while enhancing socialization and independence. Explore the bars, beams, vault, trampoline and tumbling in this fun-filled class!

Location: Chilson Gymnastics Ctr

Age: 3-4 Fee: \$45

M	1/15-2/5	11:00-11:45A	130106-01
T	1/16-2/6	10:30-11:15A	130106-02
W	1/17-2/7	10:00-10:45A	130106-03
W	1/17-2/7	4:30-5:15P	130106-04
Th	1/18-2/8	10:30-11:15A	130106-05
F	1/19-2/9	9:00-9:45A	130106-06
Sa	1/20-2/10	9:45-10:30A	130106-07
M	2/12-3/4	11:00-11:45A	130206-01
T	2/13-3/5	10:30-11:15A	130206-02
W	2/14-3/6	10:00-10:45A	130206-03
W	2/14-3/6	4:30-5:15P	130206-04
Th	2/15-3/7	10:30-11:15A	130206-05
F	2/16-3/8	9:00-9:45A	130206-06
Sa	2/17-3/9	9:45-10:30A	130206-07
M	3/25-4/15	11:00-11:45A	230106-01
T	3/26-4/16	10:30-11:15A	230106-02
W	3/27-4/17	10:00-10:45A	230106-03
W	3/27-4/17	4:30-5:15P	230106-04
Th	3/28-4/18	10:30-11:15A	230106-05
F	3/29-4/19	9:00-9:45A	230106-06
Sa	3/30-4/20	9:45-10:30A	230106-07
M	4/22-5/13	11:00-11:45A	230206-01
T	4/23-5/14	10:30-11:15A	230206-02
W	4/24-5/15	10:00-10:45A	230206-03
W	4/24-5/15	4:30-5:15P	230206-04
Th	4/25-5/16	10:30-11:15A	230206-05
F	4/26-5/17	9:00-9:45A	230206-06
Sa	4/27-5/18	9:45-10:30A	230206-07

Tumble Mania Min/Max: 4/8

Is your child constantly jumping, rolling, flipping and bouncing? This class will teach them how to safely do those things and much more. Learn rolls, handstands, cartwheels, roundoffs, backbends and handsprings. Most skills and drills will first be learned on the Tumbl Trak trampoline then progress to the floor exercise mat. As the child progresses, more advance tumbling skills are introduced. Location: Chilson Gymnastics Ctr

Age: 3.5-5 Fee: \$45

M	1/15-2/5	12:00-12:45P	130108-01
T	1/16-2/6	11:30A-12:15P	130108-02
F	1/19-2/9	11:30A-12:15P	130108-03
M	2/12-3/4	12:00-12:45P	130208-01
T	2/13-3/5	11:30A-12:15P	130208-02
F	2/16-3/8	11:30A-12:15P	130208-03
M	3/25-4/15	12:00-12:45P	230108-01
T	3/26-4/16	11:30A-12:15P	230108-02
F	3/29-4/19	11:30A-12:15P	230108-03
M	4/22-5/13	12:00-12:45P	230208-01
T	4/23-5/14	11:30A-12:15P	230208-02
F	4/26-5/17	11:30A-12:15P	230208-03

Children perform better when parents & siblings observe from the viewing area. THANK YOU for your cooperation!

Kidnastics Min/Max: 4/8

Age-appropriate skills are taught through the use of obstacle courses and fun stations for the development of strength, balance and flexibility. Introduction to basic gymnastic skills on the bars, beam, vault and floor exercise. Location: Chilson Gymnastics Ctr

Age: 4-5 Fee: \$55

M	1/15-2/5	1:00-2:00P	130110-02
M	1/15-2/5	4:30-5:30P	130110-03
W	1/17-2/7	5:30- 6:30P	130110-04
Th	1/18-2/8	11:30A-12:30P	130110-05
F	1/19-2/9	12:30-1:30P	130110-06
Sa	1/20-2/10	10:45-11:45A	130110-07
M	2/12-3/4	1:00-2:00P	130210-02
M	2/12-3/4	4:30-5:30P	130210-03
W	2/14-3/6	5:30-6:30P	130210-04
Th	2/15-3/7	11:30A-12:30P	130210-05
F	2/16-3/8	12:30-1:30P	130210-06
Sa	2/17-3/9	10:45-11:45A	130210-07
M	3/25-4/15	1:00-2:00P	230110-02
M	3/25-4/15	4:30-5:30P	230110-03
W	3/27-4/17	5:30-6:30P	230110-04
Th	3/28-4/18	11:30A-12:30P	230110-05
F	3/29-4/19	12:30-1:30P	230110-06
Sa	3/30-4/20	10:45-11:45A	230110-07
M	4/22-5/13	1:00-2:00P	230210-02
M	4/22-5/13	4:30-5:30P	230210-03
W	4/24-5/15	5:30-6:30P	230210-04
Th	4/25-5/16	11:30A-12:30P	230210-05
F	4/26-5/17	12:30-1:30P	230210-06
Sa	4/27-5/18	10:45-11:45A	230210-07

Advanced Kidnastics Min/Max: 4/8

For those 4 and 5 year olds who are ready for advanced skills. .

Instructor approval required. Location: Chilson Gymnastics Ctr

Age: 4-5 Fee: \$55

W	1/17-2/7	5:30-6:30P	130115-01
Th	1/18-2/8	12:45-1:45P	130115-02
W	2/14-3/6	5:30-6:30P	130215-01
Th	2/15-3/7	12:45-1:45P	130215-02
W	3/27-4/17	5:30-6:30P	230115-01
Th	3/28-4/18	12:45-1:45P	230115-02
W	4/24-5/15	5:30-6:30P	230215-01
Th	4/25-5/16	12:45-1:45P	230215-02

Intro to Gymnastics Min/Max: 4/8

New to gymnastics? This is the place to start! Be introduced to all apparatus and terminology so you are prepared for Novice Level 1.

Age: 6-12 Fee: 1 day/wk \$55; 2 days/wk \$70

M	1/15-2/5	5:45-6:45P	130117-01
T,Th	1/16-2/8	4:30-5:30P	130117-02
W	1/17-2/7	6:45-7:45P	130117-03
Sa	1/20-2/10	12:00-1:00P	130117-04
M	2/12-3/4	5:45-6:45P	130217-01
T,Th	2/13-3/7	4:30-5:30P	130217-02
W	2/14-3/6	6:45-7:45P	130217-03
Sa	2/17-3/9	12:00-1:00P	130217-04
M	3/25-4/15	5:45-6:45P	230117-01
T,Th	3/26-4/18	4:30-5:30P	230117-02
W	3/27-4/17	6:45-7:45P	230117-03
Sa	3/30-4/20	12:00-1:00P	230117-04
M	4/22-5/13	5:45-6:45P	230217-01
T,Th	4/23-5/16	4:30-5:30P	230217-02
W	4/24-5/15	6:45-7:45P	230217-03
Sa	4/27-5/18	12:00-1:00P	230217-04

Novice Level 1 Min/Max: 4/8

The fundamentals of gymnastics are taught on each event – vault, uneven bars, balance beam and floor exercise.

Instructor approval required. Location: Chilson Gymnastics Ctr

Age: 6-12 Fee: 1 day/wk \$55; 2 days/wk \$70

M	1/15-2/5	5:45-6:45P	130120-01
T,Th	1/16-2/8	4:30-5:30P	130120-02
W	1/17-2/7	6:45-7:45P	130120-03
Sa	1/20-2/10	12:00-1:00P	130120-04
M	2/12-3/4	5:45-6:45P	130220-01
T,Th	2/13-3/7	4:30-5:30P	130220-02
W	2/14-3/6	6:45-7:45P	130220-03
Sa	2/17-3/9	12:00-1:00P	130220-04
M	3/25-4/15	5:45-6:45P	230120-01
T,Th	3/26-4/18	4:30-5:30P	230120-02
W	3/27-4/17	6:45-7:45P	230120-03
Sa	3/30-4/20	12:00-1:00P	230120-04
M	4/22-5/13	5:45-6:45P	230220-01
T,Th	4/23-5/16	4:30-5:30P	230220-02
W	4/24-5/15	6:45-7:45P	230220-03
Sa	4/27-5/18	12:00-1:00P	230220-04

Beginner Level 2 Min/Max: 4/8

For those who have completed and mastered the skills in Novice Level 1 and are ready for more challenging skills.

Instructor approval required. Location: Chilson Gymnastics Ctr

Age: 6-12 Fee: 1 day/wk \$55; 2 days/wk \$70

M	1/15-2/5	7:00-8:00P	130125-01
T,Th	1/16-2/8	5:45-6:45P	130125-02
Sa	1/20-2/10	1:15-2:15P	130125-03
M	2/12-3/4	7:00-8:00P	130225-01
T,Th	2/13-3/7	5:45-6:45P	130225-02
Sa	2/17-3/9	1:15-2:15P	130225-03
M	3/25-4/15	7:00-8:00P	230125-01
T,Th	3/26-4/18	5:45-6:45P	230125-02
Sa	3/30-4/20	1:15-2:15P	230125-03
M	4/22-5/13	7:00-8:00P	230225-01
T,Th	4/23-5/16	5:45-6:45P	230225-02
Sa	4/27-5/18	1:15-2:15P	230225-03

Advanced Beginner Level 3 Min/Max: 4/8

This level continues to build a strong foundation of skills on each event. **Instructor approval required.**

Location: Chilson Gymnastics Ctr

Age: 6-12 Fee: 1 day/wk \$55; 2 days/wk \$70

T,Th	1/16-2/8	5:45-6:45P	130130-01
Sa	1/20-2/10	1:15-2:15P	130130-02
T,Th	2/13-3/7	5:45-6:45P	130230-01
Sa	2/17-3/9	1:15-2:15P	130230-02
T,Th	3/26-4/18	5:45-6:45P	230130-01
Sa	3/30-4/20	1:15-2:15P	230130-02
T,Th	4/23-5/16	5:45-6:45P	230230-01
Sa	4/27-5/18	1:15-2:15P	230230-02

Intermediate Level 4 Min/Max: 4/8

A more involved class focusing on fine tuning and correct execution of all skills on each event while continuing to learn new ones. **Instructor approval required.**

Location: Chilson Gymnastics Ctr

Age: 6-12 Fee: \$85

T,Th	1/16-2/8	6:45-8:15P	130135-01
T,Th	2/13-3/7	6:45-8:15P	130235-01
T,Th	3/26-4/18	6:45-8:15P	230135-01
T,Th	4/23-5/16	6:45-8:15P	230235-01

Advanced Intermediate Level 5 Min/Max: 4/8
 This level corresponds with USAG Level 5 in which advanced skills, strength and flexibility are emphasized. **Instructor approval required.** Location: Chilson Gymnastics Ctr

Age: 6–12 Fee: \$85

T,Th	1/16-2/8	6:45-8:15P	130140-01
T,Th	2/13-3/7	6:45-8:15P	130240-01
T,Th	3/26-4/18	6:45-8:15P	230140-01
T,Th	4/23-5/16	6:45-8:15P	230240-01

Homeschool Gymnastics Min/Max: 4/8

Join other homeschoolers for an hour of fun gymnastics. We will utilize our developmental program curriculum to ensure growth and progress in a fun and safe environment. A great way to incorporate physical education into your homeschool curriculum. Location: Chilson Gymnastics Ctr

Age: 5–16 Fee: \$55

W	1/17-2/7	11:00A-12:00P	130150-01
W	2/14-3/6	11:00A-12:00P	130250-01
W	3/27-4/17	11:00A-12:00P	230150-01
W	4/24-5/15	11:00A-12:00P	230250-01

Cheer Central Suns –

Performance Cheer & Tumbling ♦

Ready, OK! Kids will flip over these high-energy recreational cheer teams. If your child is looking for a fun way to learn dances, tumbling, jumps and stunting through sportsmanship and teamwork, these teams are for you! Each session includes a community performance. Poms provided for use.

T-shirt fee \$20 paid to instructor. Min/Max: 4/30

Location: Chilson Gymnastics Ctr

Age: 4–12 Fee: \$90

Session 1

Su	1/7-2/11	1:00-2:00P	139900-01
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Session 2

Su	2/18-4/7	1:00-2:00P	239900-01
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Session 3

Su	4/14-5/5 (4 wks)	1:00-2:00P	239900-03
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**EXPLORE.
GIVE BACK.
VOLUNTEER.**

• • • •
Parks & Recreation volunteers are crucial to the SUCCESS of many programs.

JOIN OUR TEAM!

lovgov.org/volunteer (Variety of Opportunities)
teamsideline.com/loveland (Loveland Athletics)
offer.o.cityofloveland.org (Open Lands & Trails)

DANCE | MOVEMENT

Dance with Mimi Mimi Ferrie is a Northern Colorado native and professional dancer and educator with twenty consecutive years teaching children and families. Mimi received her BFA in dance and teaches toddlers to professional dancers in a variety of genres. She brings her passion, joy and love for movement into each class she leads.

Family Dance Party ♦ Min/Max: 6/14

Join us for a creative dance party with music, games and activities to get the whole family moving and smiling together! Register one child who meets the age requirement, and the fee covers up to three additional family members to join in the FUN. **Parent/guardian participation is required.** Location: Maple/Spruce Rm

Age: 2–10 (all ages welcome)

F	2/23	6:00-7:00P	\$15	257023-1
F	4/5	6:00-7:00P	\$15	257023-2

Mini Dancers: Ballet | Tap | Jazz ♦ Min/Max: 6/10

Preschoolers are introduced to ballet, tap and jazz skills through inspiring music and imagery. This class celebrates the way kids learn best ... through play, connection and exploration! Mini performance the last 10 minutes of each session.

Please note: Friday classes are taught by Mary Mackoy.

Location: Maple/Spruce

Age: 3–5 *No class 3/20, 3/22

W	1/10-2/14	3:00-3:45P	\$60	257013-1
W	2/21-4/3*	3:00-3:45P	\$60	257013-2
F	1/12-2/16	3:00-3:45P	\$60	257013-3
F	3/1-4/12*	3:00-3:45P	\$60	257013-4

Kids | Youth Dance ♦

Let's dance! These expressive and high-energy classes are about finding our groove, expression and artistic voice. Young dancers will learn various dance styles through skill-building, games and choreography. Location: Maple/Spruce

Age: 5–7 Min/Max: 6/10 *No class 3/20

Ballet & Tap

W	1/10-2/14	3:55-4:45P	\$65	258073-1
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Jazz & Hip Hop

W	2/21-4/3*	3:55-4:45P	\$65	258073-2
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Age: 7–10 Min/Max: 6/14 *No class 3/20

Jazz & Tap

W	1/10-2/14	4:55- 5:45P	\$65	258083-1
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Contemporary/Lyrical & Ballet

W	2/21-4/3*	4:55- 5:45P	\$65	258083-2
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Spring Dance Camp ♦ Min/Max: 6/10

Campers will ignite their imagination through movement, crafts, music, games and dance skills to explore magical creatures. The camp culminates with a mini-performance on May 8 for family and friends! Location: Maple/Spruce

Age: 4–7

W	5/1-5/8	4:00-5:45P	\$40	258092-1
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Looking for adult dance classes?

See page 43 for tap dance & line dance!



PRESCHOOL

OPEN HOUSE
THURSDAY,
JANUARY 18
5:00–6:00P

FALL 2024–SPRING 2025 SMALL FRIES PRESCHOOL

A quality-rated, state-licensed preschool for your 3 to 5 year old that includes a balance of play-based, child-directed discovery and teacher-led, small group activities. Kindergarten-readiness is ensured through the encouragement of self-regulation, critical thinking and problem-solving skills. The Small Fries Preschool program follows the Colorado Early Learning & Developmental Guidelines to build curriculum in these content areas: social/emotional development, cognitive development, language & early literacy, fine & gross motor skills, creative arts expression, physical health & development, logic & reasoning and approaches to learning.

OPEN HOUSE for Fall 2024 registration info on Thursday, 1/18 from 5–6P in the classroom (inside the Chilson Center lobby).

REGISTRATION INFO Registration is not available online. Visit lovgov.org/smallfries to download a registration form and submit it in person at the Chilson Center on the appropriate day. Currently enrolled families receive priority registration through 2/2. Remaining spaces are filled on a first-come, first-served basis. An annual, non-refundable registration fee of \$35 is due at the time of enrollment.

Alumni Registration for Fall 2024–Spring 2025 begins Monday, 2/5 (alumni registration is for families who have had older children attend Small Fries previously, but are not currently enrolled). Alumni families may drop off their registration at the front desk. Registration forms will not be processed at the time of drop off. Families will be contacted after 3P on 2/5 with confirmation of enrollment or waitlist spot and to pay the \$35 non-refundable registration fee if enrolled.

Public Registration for Fall 2024–Spring 2025 begins Tuesday, 2/6 at 7:30A. Families will receive a number upon arrival. Numbers will begin to be handed out at 7:00A and registration begins at 7:30A.

SPRING 2024 SESSION

(call 970.962.2499 to inquire about waitlists)

The Spring 2024 session runs 1/4 through 5/17 and generally follows the Thompson School District calendar for district-wide holiday breaks, school days out and weather-related closures.

***No classes held: 1/1, 1/2, 1/3, 1/15, 2/19, 2/20, 3/7, 3/18–3/22, 3/27, 3/29, 4/19, 5/10**

Session fees may be paid in full or broken down into monthly tuition payments that are due on the 1st of each month during the session.

Pre-K Age: 4–5

M-W	1/8-5/15*	9:00-11:30A	\$900
M-W	1/8-5/15*	12:30-3:00P	\$900

Preschool Age: 3–4

Th,F	1/4-5/17*	9:00-11:30A	\$612
Th,F	1/4-5/17*	12:30-3:00P	\$612

LET'S MAKE MUSIC!

Key Magia Music ♦ Min/Max: 4/10

Encourage the development of your child's musical skills with a curriculum that captures children's imagination and builds connections between music, movement and early learning. Classes are designed to teach foundational music skills and also promote increased attention span, impulse control and language skills. **An adult caregiver is required to attend for younger classes.** Location: Oak Rm

Musical Baby ♦ Increase your baby's curiosity about music and establish a foundation for singing and movement while having FUN together! Includes singing, bouncing, rocking, wiggle games, peek-a-book games and simple instruments.

Age: 3 mo-1.5 *No class 3/21, 3/22

F	1/5-2/16	10:50-11:20A	\$37	260720-1
F	2/23-4/5*	10:50-11:20A	\$37	260720-2
F	4/12-5/24	10:50-11:20A	\$37	260720-3

Musical Toddler ♦ Musical activities build music competency in your child as their language, motor skills and social skills grow. Includes singing, dancing, finger plays, scarf games, rhythm & tonal pattern games and instrument play.

Age: 15 mo-3.5 *No class 3/21, 3/22

Th	1/4-2/15	9:00-9:40A	\$49	260721-01
Th	1/4-2/15	10:00-10:40A	\$49	260721-02
Th	1/4-2/15	11:00-11:40A	\$49	260721-03
F	1/5-2/16	9:00-9:40A	\$49	260721-04
F	1/5-2/16	9:55-10:35A	\$49	260721-05
Th	2/22-4/4*	9:00-9:40A	\$49	260721-06
Th	2/22-4/4*	10:00-10:40A	\$49	260721-07
Th	2/22-4/4*	11:00-11:40A	\$49	260721-08
F	2/23-4/5*	9:00-9:40A	\$49	260721-09
F	2/23-4/5*	9:55-10:35A	\$49	260721-10
Th	4/11-5/23	9:00-9:40A	\$49	260721-11
Th	4/11-5/23	10:00-10:40A	\$49	260721-12
Th	4/11-5/23	11:00-11:40A	\$49	260721-13
F	4/12-5/24	9:00-9:40A	\$49	260721-14
F	4/12-5/24	9:55-10:35A	\$49	260721-15

Musical Child ♦ Music for your growing preschooler to nurture growing language skills, self-expression and attention span. Includes singing, instrument play, scarf games, movement, circle games and more. We will focus on keeping a steady beat, using tuneful voices and learning music language for rhythm and tonal patterns, the foundations of music education!

Age: 3-5 *No class 3/21, 3/22

Th	1/4-2/15	1:00-1:40P	\$49	260722-1
F	1/5-2/16	11:35A-12:15P	\$49	260722-2
Th	2/22-4/4*	1:00-1:40P	\$49	260722-3
F	2/23-4/5*	11:35A-12:15P	\$49	260722-4
Th	4/11-5/23	1:00-1:40P	\$49	260722-5
F	4/12-5/24	11:35A-12:15P	\$49	260722-6

Music Makers ♦ Cultivate your child's musical development as they participate in simple ensembles as well as singing and movement activities. Experimenting with vocal sounds and drawing these sounds on paper will lead to creating simple compositions. They'll also have an opportunity to lead the class in their own musical creations! **No accompanying adult necessary, but are welcome to attend.**

Age: 4.5-6 *No class 3/21

Th	1/4-2/15	2:00-2:40P	\$49	260723-1
Th	2/22-4/4*	2:00-2:40P	\$49	260723-2
Th	4/11-5/23	2:00-2:40P	\$49	260723-3

EARLY LEARNERS

Preschool Prep Series Min/Max: 4/10

Children get the hands-on experience they need to start school with excitement. These targeted prep classes focus on the social-emotional AND academic skills they need to take their love of learning to the next level. One adult per child is welcome to stay but is encouraged to initiate the drop-off process. Children are not required to be fully toilet-trained; however, caregivers must remain onsite as restrooms are outside the classroom. Location: Oak Rm

Age: 2.5-3.5 *No class 2/20

Pets on Parade

Caring for others begins here! Sensory and dramatic play encourage understanding, empathy and responsibility while pride and confidence soar to new heights.

T	1/9-1/30	9:30-10:30A	\$37	255303-1
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Storybook Classics

Instill a forever love of reading in your child with classic nursery rhymes and favorite storybooks that will guide classroom adventures and encourage early literacy.

T	2/6-3/5*	9:30-10:30A	\$37	255313-1
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Scent-sational Pollinators

Explore the world of bees and butterflies through their interaction with plants and flowers and learn why they are important to humans!

T	4/2-4/23	9:30-10:30A	\$37	255323-1
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Have a budding athlete? See page 26 for opportunities with SuperTots Sports for ages 2-5.

DROP-IN

Chilson Childcare

Ages 3 months through 8 years

Come work out or take a Chilson class and drop the kids off for FUN in Chilson Childcare!

See page 2 for details.





YOUTH & TEENS

YOUTH ENRICHMENT

Ultimate Babysitter's Boot Camp ♦

A comprehensive skills-based class with topics covering business & leadership principles, discipline, communication, safe play, basic care for infants and children, disaster preparedness, preventing accidents, recognizing and responding to emergencies, infant and child CPR, choking and basic first aid. **CPR certification is NOT included.** Students receive a Child & Babysitting Safety Certificate from the American Safety & Health Institute. Min/Max: 4/16 Location: Tiny Tot Rm

Age: 11-16

Sa	1/13	9:00A-3:00P	\$79	261703-1
Sa	2/17	9:00A-3:00P	\$79	261703-2
M	3/18	9:00A-3:00P	\$79	261703-3
F	4/19	9:00A-3:00P	\$79	261703-4

Celebrate YOUR birthday at Chilson!

Stay cool in the pool with a swim party, flip out with a gymnastics party or experience our NEW eSports party! FUN guaranteed!
More Info: lovgov.org/birthdayparties

Play-Well TEKnologies LEGO® Camps ♦

Gear up your engineering skills with tens of thousands of LEGO® parts and experienced Play-Well instructors. Projects are rotated seasonally to ensure that both new and returning students can explore the endless creative possibilities of LEGO®. Let your imagination run wild! Min/Max: 8/16 Location: Party Rm

Age: 5-8

Minecraft Engineering Venture into the world of Minecraft and build your base, craft your tools, build shelters to keep out Creepers, use your Minecart to harvest raw resources and battle to stop the Ender Dragon from ending the world.

M-Th 3/18-3/21 1:00-4:00P \$160 261113-1

Age: 6-10

Winter Wonderland Workshop Apply engineering, architecture, creativity and FUN to create a magical Winter Wonderland! Build motorized contraptions like snowmobiles, gondolas, a hilltop village or slopes for LEGO® skiers and sledders.

M 1/15 4:00-5:30P \$30 261114-1

Mandalorian Missions Master the way of the Mandalorian in this Star Wars inspired experience. Create your custom gauntlet fighter to rescue Baby Yoda, build grappling hooks to pull yourself to safety or rescue an ally from the treacherous Sarlacc Pit!

M 2/19 4:00-5:30P \$30 261115-1

Spring Into STEM Use special LEGO® pieces, real-world concepts in physics, engineering and architecture to create your own unique designs!

F 4/19 4:00-5:30P \$30 261116-1

ADVENTURE BOUND DAY CAMP

ABDC School Days Out | Spring Break

Children spend school days out and holiday breaks at the Chilson Center in our full-day licensed child care programs. A variety of crafts, games, enrichment activities and off-site field trips will keep brains and bodies actively engaged in a healthy dose of FUN! Location: Oak Rm

Grade: K-5

An annual \$35 registration fee is required for all programs offered in 2024. Please add #356903-1 to your account FIRST, then add the activity #.

More Info: lovgov.org/abdc **Questions:** 970.962.2467

**Sibling Discount

10% off for 2nd child; 15% off for add'l children

ABDC School Days Out

Register for one day or all. Bring your friends or meet new ones for days packed with FUN!

Fee: \$60/day** **Time:** 7:30A-5:30P

M	2/19	256403-1	Wild & Wacky
T	2/20	256403-2	Dinosaurs!
F	4/19	256403-3	Field Trip

ABDC Spring Break

Registration is for the full 5-day week. Registration closes Monday, 3/11. Online enrollment paperwork due Wednesday, 3/13.

Fee: \$250** **Time:** 7:30A-5:30P

M-F 3/18-3/22 256703-1

LEARN TO SKATEBOARD

SkateStart Skateboarding Camps ♦

These unique programs target your beginner/never-ever as well as your little ripper. **Helmet, skateboard and proper shoes are required, unless otherwise noted.** Min/Max: 4/14 Instructor: Patrick O'Toole

Age: 5-12

1-Day Camp Learn the basics using the patented SkateStart skateboard (provided), which helps with proper foot placement.

Location: Loveland Sports Park, 950 N. Boyd Lake Ave.

Sa 3/16 9:30-11:00A \$60 253913-1

School's Out Camp Develop skills, learning drop-ins, Ollies and more! Basic skateboard skills required.

Location: Mehaffey Skate Park, 3285 W. 22nd St.

Th 3/21 9:30A-12:30P \$85 253913-2

Calling all cooks! See page 38 for a variety of youth cooking classes this season. Grow your skills as you learn to prepare new foods for your family and experience new flavors.

ABDC: Summer for Grades K-9

A state-licensed, childcare/camp program for children entering grades K-9. Awesome weekly field trips are included in camp fees. Location: Chilson Recreation Center

• **Registration Forms** can be picked up at the Chilson Center front desk or downloaded at lovgov.org/abdc. Completed forms are accepted in person ONLY (see registration dates below).

• **Registration Fee:** An annual, non-refundable \$35 registration fee is due at the time of enrollment for each enrolled child if not previously paid (annual fee covers all school days out, winter break, spring break and summer camp programs).

• Priority Summer Camp Registration for Returning 2023

Adventure Bound Families: **Feb 5-8** Drop off completed registration forms along with non-refundable \$35 registration fee during Chilson hours (M-Th, 5:30A-9:30P) beginning Monday, 2/5. Priority registration ends Thursday, 2/8.

Registration forms are collected and processed in the order they are received.

• Public Summer Camp Registration begins Feb 13 at 7:30A

New campers and returning families who missed priority registration can drop off completed forms with non-refundable \$35 registration fee in-person at the Chilson front desk beginning at 7:30A on Tuesday, 2/13. Registration is not available online. Registration forms are processed at the time of drop-off. Payment methods include cash, check or credit card.

ABDC: Summer for Grades K-5

See summer registration info in green box. Children must be 5 years old and entering grades K-5 in Fall 2024. Register only for the weeks your child will attend. Registration is for the full 5-day week, unless noted.

Days & Times: Monday-Friday; 7:30A-5:30P

Fee: \$250/wk**

Week	Dates	Theme
1	6/3-6/7	A World of Color
2	6/10-6/14	Decade Days
3	6/17-6/21	Bugs & Butterflies
4	6/24-6/28	Heroes
5	7/1-7/3 (M-W)	A Day at the Beach
6	7/8-7/12	Harry Potter World
7	7/15-7/19	Christmas in July
8	7/22-7/26	Star Wars
9	7/29-8/2	ABDC Summer Olympics
10	8/5-8/8 (M-Th)	Cultures Around the World

ABDC: Summer for Grades 6-9

Has your camper outgrown traditional day camp programs?

Check out these camps that focus on age-appropriate topics and activities. See summer registration info in green box. Campers must be entering grades 6-9 in Fall 2024. **No camp held Fridays.** Optional Friday Teen Trips are provided to complete your camper's week for an additional registration (trip info including location and fees will be available at the required parent orientation in April).

Days & Times: Monday-Thursday; 8:30A-4:30P

Fee: \$205/wk** (•ABLE to Sail week is \$395)

Week	Dates	Theme
1	6/3-6/6	S.T.E.M.
2	6/10-6/13	Wilderness Skills
3	6/17-6/20	Jr. Counselor
4	6/24-6/27	ABLE to Sail •
5	7/8-7/11	Helping Hands
6	7/15-7/18	Campers Ahoy!
7	7/22-7/25	Glow in the Dark

**** Sibling Discount:** 10% off for 2nd child; 15% off for add'l children



ART & COOKING

ART CLASSES AT ARTISAN YOU!

All supplies included. Completed projects are kiln-fired onsite and ready for pick-up one week after class dates. Min/Max: 1/8
Location: Artisan You! Studio, 405 E. 7th St.

Preschool Story Time Art ♦

Let your child's creativity shine! We'll read *If You Give A Pig A Pancake* and paint a ceramic pig!

Age: 2-5

T	1/16	10:00-11:00A	\$15	260103-1
Th	4/18	10:00-11:00A	\$15	260103-2

Happy Penguin Mug ♦

A FUN and easy class. Learn to sketch a penguin design and transfer to a mug. Use brushes and glazes to add details and personality to your penguin with eyes, beak, feet and accessories!

Age: 5-12

Sa	1/20	10:00-11:30A	\$20	261033-1
Sa	2/10	1:00-2:30P	\$20	261033-2

Spring Break Camp: Fairy/Gnome Garden ♦

Create a fairy garden by making a fairy and fairy house from polymer clay and fused glass flowers, then put it all together!

Age: 5-12

M-F	3/18-3/22	10:00A-12:00P	\$195	261053-1
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Kid's Fused Glass: Suncatcher ♦

Learn to create a beautiful fused glass suncatcher by cutting and shaping glass and fusing it together. Create something truly unique and special with our experienced instructor.

Age: 8-12

Sa	2/24	10:00-11:30A	\$25	261043-1
Sa	4/20	1:00-2:30P	\$25	261043-2

Fused Glass Flower Bowl ♦

Join us for a FUN beginner class! Learn to create a beautiful fused glass bowl in the shape of a flower by cutting and shaping glass and fusing it together to create a stunning piece of art.

Age: 16+

Th	2/22	6:30-8:30P	\$45	262033-1
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Pottery Painting: Stoneware Peacock Bowl ♦

Unleash your creativity and learn to decorate your own ceramic bowl with colorful glazes and patterns!

Age: 16+

Th	1/25	6:30-8:30P	\$45	262043-1
Sa	4/13	1:00-3:00P	\$45	262043-2

Pottery Painting: Bee Gnome Plate ♦

Paint a bee gnome on a plate! Learn how to sketch and transfer designs, as well as glaze techniques. No experience needed.

Age: 16+

Th	2/29	6:30-8:30P	\$35	262053-1
Sa	3/30	1:00-3:00P	\$35	262053-2

CREATE SOMETHING NEW

Mosaics Min/Max: 4/10

This beginner class will use glass to design a FUN 6"x10" project. The first class is all about design and being creative and the second class allows you to paint your project and take home a unique and FUN souvenir! **\$40 supply fee payable to instructor at class.** Location: Oak Rm

Age: 18+ *Class time on 1/27 is 9-10:30A

Sa 1/20-1/27 9:00A-12:00P* \$50 191049-1

Learn to Make Soap Min/Max: 7/12

Learn how to formulate, customize and make a basic bar soap recipe in two different methods - hot and cold process, as well as liquid soap. Enjoy designing the appearance, color and scent of your soap! By the end of the class, you'll have a basic understanding of formulating soap and the process of soap making, with a recipe you can use and build on. Take home soaps to use and share. Must wear pants, long sleeve shirt and closed-toe shoes. All supplies included. Location: Oak Rm

Age: 16+

Sa 3/9-3/23 9:00A-12:00P \$120 191050-1

HOOKS & NEEDLES

Needle Felting Min/Max: 5/6

Needle felting is an old craft that has gained enormous popularity. **\$10 supply fee for wool & needles payable to instructor at class.** Instructor: Debby Widolf | Location: Oak Rm*

Age: 12+ Location: Chilson Conf Rm

Fuzzy Baby Penguin

Sa 1/13* 9:30A-12:30P \$25 191101-1

Valentine Cat Pin

Sa 2/10 9:30A-12:30P \$25 191101-2

Mama Bunny

Sa 3/16 9:30A-12:30P \$25 191101-3

Springtime Wool Painting

Sa 4/13 9:30A-12:30P \$25 191101-4

Sloth (intermediate/advanced level)

Sa 5/4-5/11* 9:30A-12:30P \$50 191101-5

Learn to Knit Min/Max: 5/7

Learn about yarns and fibers, and become familiar with the tools of the trade. Make an easy project such as a scarf, placemat or dishcloth. Advanced beginners can choose a more complicated pattern. **\$15 supply fee payable to instructor at class.**

Instructor: Lisa Ragsdale | Location: Oak Rm

Age: 12+

T 4/9-4/23 12:30-1:30P \$40 159150-1

Learn to Crochet Min/Max: 5/7

Learn to chain, do basic stitches and read patterns. Be introduced to fibers and choosing the right yarn for projects. Make an easy project such as a scarf, dishcloth set or placemat. Advanced beginners can choose a more complicated pattern. **\$10 supply fee payable to instructor at class.** Instructor: Lisa Ragsdale

Location: Oak Rm

Age: 12+

T 4/30-5/14 12:30-1:30P \$40 159152-1

CHILSON POTTERY STUDIO

Use of all tools, glazes and kiln firings included in class fees. Supply list on receipt. Youth classes include use of recycled clay. Adult classes include 25 lbs. of new clay.

You & Me Clay Series Min/Max: 4/8

Work with your child to complete a unique project and create FUN memories! Learn hand-building techniques such as roll, slab, pinch and coil. All projects will be completed stoneware. **A guardian is required to attend/participate.** Instructor: Shanel Cass-Caskey

Age: 2.5-5 (9:00-10:30A) Age: 6-12 (11:00A-12:30P)

Heart Trinket Dish

Sa 2/3-2/10 9:00-10:30A \$32 163043-1

Sa 2/3-2/10 11:00A-12:30P \$32 163043-3

Bird House

Sa 4/6-4/13 9:00-10:30A \$32 163043-4

Sa 4/6-4/13 11:00A-12:30P \$32 163043-5

Mother's Day Vase

Sa 4/27-5/4 9:00-10:30A \$32 163043-6

Sa 4/27-5/4 11:00A-12:30P \$32 163043-7

Pottery for Youth & Homeschoolers Min/Max: 4/6

Concentrate on the basics of hand-built stoneware, including various methods of forming pieces, glazing techniques, tools and more! Create pieces you can enjoy. Instructor: Carolyn Pearce

For Youth: Age: 8-13

T 1/9-2/13 4:30-6:00P \$76 163016-1

W 1/10-2/14 4:30-6:00P \$76 163016-3

Tu 4/2-5/7 4:30-6:00P \$76 163016-4

W 4/3-5/8 4:30-6:00P \$76 163016-5

For Homeschoolers: Age: 5-7 (10-11:30A), Age: 8-13 (1:30-3P)

T 1/9-2/13 10:00-11:30A \$76 163017-1

T 1/9-2/13 1:30-3:00P \$76 163017-3

T 4/2-5/7 10:00-11:30A \$76 163017-4

T 4/2-5/7 1:30-3:00P \$76 163017-5

Exploring the Wheel Min/Max: 4/8

For beginning through advanced learners; learn how to throw on the wheel or refine your skills as you focus on making functional forms. Instructors: Shanel Cass-Caskey/Mark Ratner

Age: 13+

Su 1/21-3/3 11:30A-2:00P \$140 163008-2

Th 1/25-3/7 12:00-2:30P \$140 163008-1

Th 3/28-5/16 5:30-8:00P \$160 163008-3

Hand Building Basics Min/Max: 4/10

Learn to work with clay to hand build projects using the slab roller, extruder and hand tools. Create one-of-a-kind pieces while learning a variety of glazing techniques. Instructor: Shanel Cass-Caskey

Age: 13+

F 4/5-5/17 12:00-2:30P \$120 163007-1

Sa 4/6-5/18 1:00-2:30P \$240 163007-2

Open Pottery Studio Min/Max: 4/10

Attend as many of these studio times as you like. An instructor is present to offer ideas, however no formal instruction is provided. Projects may not receive priority. Instructor: Shanel Cass-Caskey

Age: 13+

M 1/22-3/4 12:00-2:30P \$175 163041-1

F 1/26-3/8 12:00-2:30P \$175 163041-2

M 4/1-5/13 12:00-2:30P \$200 163041-3

Th 4/4-5/16 12:00-2:30P \$200 163041-4

YOUTH COOKING

Comfort Foods ♦ Min/Max: 6/13

Indulge in some easy and healthy comfort foods. All recipes are vegetarian-vegan friendly. Menu: creamy tomato soup, homemade mac and cheese, sweet potato and carrot fries, chocolate mug cake. A consent form is required. All supplies included.

Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 6-13

Su 2/11 1:30-3:30P \$30 161800-1

Homemade Chips and Dips ♦ Min/Max: 6/13

Chips - a snack beloved by all, crunchy, delicious and almost always unhealthy. Join us to learn how to make chips using veggies and whole grains and pair them with tasty dips to make your snacking guilt-free! All recipes are vegetarian-vegan friendly. A consent form is required. All supplies included.

Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 6-13

W 3/20 1:30-3:30P \$30 161801-1

Spring Desserts ♦ Min/Max: 6/13

Let's make a couple of seasonal desserts to welcome spring! Menu: lemon brownies, carrot cupcakes, chocolate covered raspberries. All recipes are vegetarian-vegan friendly. A consent form is required. All supplies included.

Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 6-13

F 3/22 1:30-3:30P \$30 161802-1

Food for Life: Nutrition and Cooking Camp ♦

Poor diet and lack of exercise put today's children at greater risk for heart disease, diabetes and cancer later in life. A foundation for healthy eating is needed to lessen the risk for chronic diseases. The curriculum highlights the positives of the four food groups in the Power Plate. Kids learn about nutrition and how to cook healthy recipes in each class. A consent form is required. All supplies included. Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 6-12 Time: 1:30-3:30P

T	5/28	Bang-Up Breakfasts	\$26	161803-1
W	5/29	In Between Meals	\$26	161803-2
Th	5/30	Rainbow Lunches	\$26	161803-3
F	5/31	Digging These Dinners	\$26	161803-4
T-F	5/28-31	All sessions	\$89	161803-5

ADULT COOKING

Homemade Indian Flatbreads ♦ Min/Max: 6/13

Impress your family and friends with exotic and fantastic Indian bread. Menu: spinach & mint bread, cauliflower & spiced chickpea flour bread, potato-stuffed bread, chai tea. All supplies included. Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 14+

W 1/24 6:00- 8:15P \$49 161900-1

Foundations of Curry ♦ Min/Max: 6/13

Use this "mother sauce" to prepare many variations of Indian dishes. Menu: Kadai tofu & vegetables, chickpea & potato curry, Bharta. All supplies included. Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 14+

T 2/13 6:00-8:15P \$49 161901-1

Indian Breakfast 101 ♦ Min/Max: 6/13

Make warm and hearty (though not too spicy) authentic Indian breakfasts. All recipes are gluten-free and vegan friendly. Menu: masala oats, chickpea pancakes with cilantro chutney, ginger chai, amaranth cardamom pudding. All supplies included.

Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 14+

W 3/6 6:00-8:15P \$49 161902-1

Coconut "Cuckoo" Curries ♦ Min/Max: 6/13

Discover a couple of modern spins on traditional coconut curry. Coconut has a magic in mutating even the most average curry into a very flavorful dish. These variations on curries are delicious, vegetarian and healthy. Menu: coconut stew, beets with coconut, spicy pineapple curry, coconut balls. All supplies included.

Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 14+

Th 4/11 6:00-8:15P \$49 161903-1

Indian Fusion ♦ Min/Max: 6/13

Bring a bit of globalization to your dinner table. Mix and match traditional recipes with common local ingredients and learn how easy it is to spice things up with an Indian spin. Menu: Indian style quinoa, mushroom & green pea curry on pasta, tofu tikka masala on baguette, cardamom chai tea. All supplies included.

Instructor: Sapna Von Reich | Location: Cherry Rm

Age: 14+

W 5/1 6:00-8:15P \$49 161904-1

Easy Pad Thai ♦ Min/Max: 5/12

Learn techniques, tips and tricks to create the flavors that make Thai cuisine uniquely delicious for making restaurant favorites. Menu: Pad Thai, mango sticky rice with coconut milk, Thai ice tea. **\$35 supply fee payable to instructor.**

Instructor: Sim Suinn | Location: Cherry Rm

Age: 15+

T 2/6 6:00-8:30P \$12 159160-1

Thai Street Food ♦ Min/Max: 5/12

Thai food has diverse ingredients, spices and flavors. Good food is all about balancing spicy, sour, salty, sweet and creamy flavors with the freshest ingredients. Menu: Satay chicken, peanut sauce, cucumber salad. **\$35 supply fee payable to instructor.**

Instructor: Sim Suinn | Location: Cherry Rm

Age: 15+

T 3/12 6:00-8:30P \$12 159161-1

Lunch Time in Vietnam ♦ Min/Max: 5/12

Learn to make Banh Mi, a classic Vietnamese sandwich made of a crispy warm baguette filled with marinade grilled pork, cilantro, and pickled Asian vegetables. Menu: Banh Mi, dry noodle bowl with grilled pork, fresh rolls with sweet chili sauce. **\$35 supply fee payable to instructor.**

Instructor: Sim Suinn | Location: Cherry Rm

Age: 15+

T 4/2 6:00-8:30P \$12 159162-1

Noodle Time in Bangkok ♦ Min/Max: 5/12

It's noodle time! Menu: Singapore noodles, spicy noodles with basil, glass noodle salad. **\$35 supply fee payable to instructor.**

Instructor: Sim Suinn | Location: Cherry Rm

Age: 15+

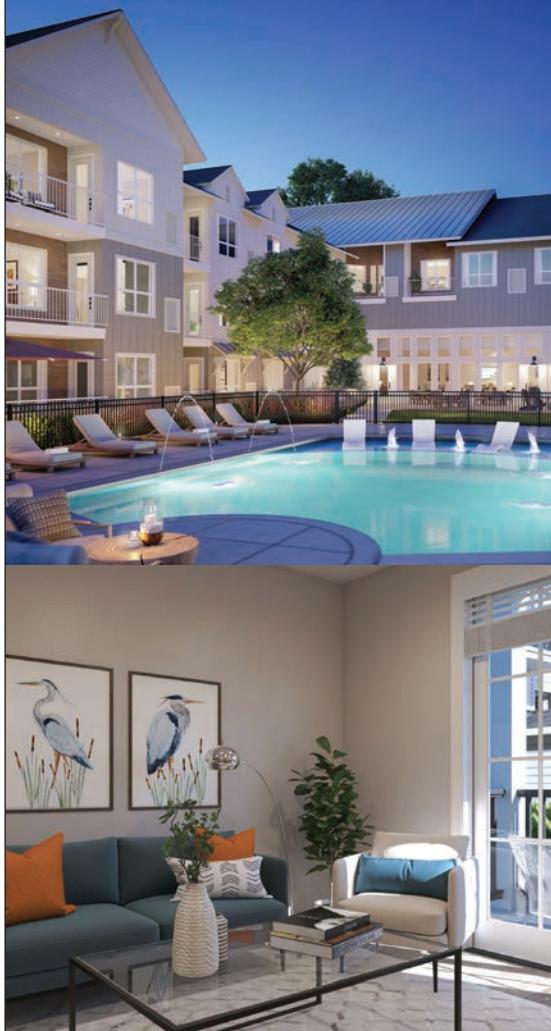
T 5/7 6:00-8:30P \$12 159163-1



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OPEN LANDS & TRAILS

FREE PROGRAMS & ACTIVITIES

JANUARY

Art in Nature – Sketching & Journaling

PEEPs* Preschool Exploration

Sunset Vista Trail Day – Guided Walk

Volunteer Open House

FEBRUARY

Art in Nature – Sketching & Journaling

PEEPs* Preschool Exploration

FRCC Natural Resources Job & Volunteer Fair

Volunteer Recruiting Event

Native Seed Cleaning and Greenhouse Projects

Volunteer Raptor Monitor Training

MARCH

Children's Day Event

Volunteer Environmental Education Training –

Plants and CS/ Programs

Sunset Guided Walks

Art in Nature – Sketching & Journaling

PEEPs* Preschool Exploration

Osprey Cam Monitor Training

Have you signed up for Offero yet?

*PEEPs = Preschool Environmental Education Program

Details & Registration: offero.cityofloveland.org

APRIL

Art in Nature – Sketching & Journaling

PEEPs* Preschool Exploration

Earth Day Celebration

Sunset Guided Walks

Astronomy Night

Guided Bird Walk

Wildflower Walk

Volunteer Environmental Education Training –

Mountain Park Wildlife and History Programs

Nature Cabin Docent Training

Nature Cabin Open to the Public

Native Planting, Watering and Maintenance Projects

Environmental Education Programs

MAY

Art in Nature – Sketching & Journaling

PEEPs* Preschool Exploration

Sunset Guided Walks

Astronomy Night

Guided Bird Walk

Wildflower Walk

Nature Cabin Open to the Public

Native Planting, Watering and Maintenance Projects

Environmental Education Programs



Parking	Restrooms	Picnic Shelter/Table	Information Kiosk	Interpretive Signs	Soft Surface Trail Hiking/Biking	Paved Recreation Trail	Fishing	ADA Fishing Access	Belly Boat Fishing	Leashed Dogs Only	Wildlife Viewing

OPEN LANDS	AMENITIES/RECREATION OPPORTUNITIES										
Boedecker Bluff 4750 W. First St.				✓	✓	✓		✓		✓	✓
Boise Bend 1225 S. Boise Ave.	✓			✓		✓		✓		✓	✓
Boyd Lake (State Parks Partnership) 6500 N. Cty. Rd. 11C	✓ Fee	✓	✓	✓			✓	✓		✓	✓
Cottonwood Run Taft-Wilson along Big Thompson River	✓ at Wilson			✓	✓	✓	✓	✓		✓	✓
Devil's Backbone (County fee area) 1725 Hidden Valley Dr.	✓	✓	✓	✓	✓	✓				✓	✓
Emerald Glen Wilson Ave. & 43rd St.				✓			✓			✓	✓
King's Crossing 990 S. Lincoln Ave.	✓			✓		✓	✓	✓		✓	✓
Mariana Butte 701 Clubhouse Dr.	✓	✓		✓		✓ No bikes				✓	✓
Meadowbrook 2000 Cascade Ave.				✓		✓	✓			✓	✓
Morey Wildlife Reserve 5439 Cedar Valley Dr.		✓		✓		✓ No bikes		✓			✓
Namaqua (and Park) 816 N. Cty. Rd. 19E (Namaqua Rd.)	✓	✓	✓				✓			✓	✓
Old St. Louis 1010 S. St. Louis Ave.	✓			✓	✓	✓	✓	✓		✓	✓
Oxbow 1135 & 1140 Rossum Dr.	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓
Prairie Ridge 6400 N. Wilson Ave.	✓	✓		✓	✓	✓ No e-bikes					✓
River's Edge 960 W. First St.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Round Mountain 1300 W. Highway 34	✓	✓		✓	✓	✓				✓	✓
Sunset Vista 1323 W. 57th St.	✓	✓	✓	✓	✓	✓ No bikes	✓	✓		✓	✓
Viestenz-Smith (Open April-October) 1211 W. Highway 34	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

KNOW BEFORE YOU GO! Check for trail updates on COTREX at trails.colorado.gov or download the free app. See page 53 for open lands & natural areas map and rules; see page 54 for recreation trail map.

VOLUNTEER OPPORTUNITIES - OPEN LANDS & TRAILS

Trail Host Program

FREE training is available for volunteer Trail Hosts to visit open lands and trails and engage with visitors, answer questions and report information about public use.

Environmental Educators

The Open Lands Division offers FREE training for volunteers to help teach K-5 students about Colorado wildlife, plants and the environment.

Stewardship & Special Projects Volunteers are needed for ongoing stewardship projects, such as native plant restoration, citizen science, trail building, weed removal & cleanup days. No experience necessary. All training & materials provided.

Sign up on Offero: offero.cityofloveland.org

More info: lovgov.org/openlands

Coordinator: 970.962.2643 michele.vanhare@cityofloveland.org



ADULT ENRICHMENT

EXPLORE SOMETHING NEW

Responsible Casino Gambling for Fun

Are you interested in Black Jack, Roulette or Baccarat? Come play these games and learn the strategy as well as advanced techniques to make your next gambling junket profitable in a real casino. **Required book: \$25 payable to instructor at class.** Min/Max: 5/15 Instructor: Haiko Eichler | Loc: Cherry Rm

Age: 21+

Th	1/11-2/29	2:00-4:00P	\$20	190025-1
Th	3/14-5/2	2:00-4:00P	\$20	190025-2

Mahjong for Beginners Min/Max: 4/8

Mahjong is a FUN and enormously popular Chinese game of strategy, skill and summation. It's an excellent game to play to improve your memory skills and relieve stress! **\$15 supply fee payable to instructor at class.** Location: Party Rm

Age: 18+

W	2/7-2/28	1:00-3:00P	\$20	191098-1
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Chess – Learn How to Play Min/Max: 4/10

Learn basic chess terms, moves and an introduction to ideas and strategies. Instructor: Jim Roode | Loc: Chilson Conf Rm*

Age: 18+

Th	2/8-2/29*	1:30-3:00P	\$20	190027-1
W	3/27-4/17	11:00A-12:30P	\$20	190027-2

Reader's Theatre Min/Max: 8/12

Directed by Loveland playwright Rick Padden, enjoy small-group engagement in out-loud readings of stage plays. Enjoy acting with no memorization for all levels! Location: Chilson Conference Rm

Age: 21+

Sa	1/20-2/24	1:00-3:00P	\$20	191084-1
T	4/2-5/7	1:00-3:00P	\$20	191084-2

Acoustic Guitar – Beginning Min/Max: 6/10

Learn technique, fundamental theory, cords and tablature. Try your hand with melodies while getting started using song strumming and picking. **Bring your own guitar to class.** Location: Party Rm

Age: 19+

Sa	1/20-2/10	9:00-10:30A	\$63	191077-1
Sa	3/2-3/23	9:00-10:30A	\$63	191077-2
T	1/23-2/13	4:30-6:00P	\$63	191077-3
T	3/5-3/26	6:15-7:45P	\$63	191077-4

Dog Obedience Training Min/Max: 4/8

Have a new puppy? This class will cover leash walking, people greeting, manners and much more. Location: Chilson Patio

Age: 18+

Sa	4/13-5/11	9:00-10:00A	\$200	191048-1
Sa	6/1-6/29	9:00-10:00A	\$200	191048-2

Current Events Discussion Group Min/Max: 8/20

A group to explore and examine current events with established ground rules. Stretch your mind! Location: Oak Rm

Age: 18+ FREE

M	1/29, 2/26, 3/25, 4/29, 5/20	1:00-2:30P	191047-1
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STRUT YOUR STUFF

Line Dance Min/Max: 8/40

Get exercise and socialize! Instructor: Tracey Ingraham

Age: 18+

Contemporary Line Dance

Dance the hottest new line dances to current country music and top 40 hits. Dances vary from beginner to intermediate levels, so some line dancing experience is a plus. Location: Hickory/Maple/Spruce

W	1/10-1/31	8:00-9:00A	\$22	190087-1
W	2/7-2/28	8:00-9:00A	\$22	190087-2
W	3/6-3/27	8:00-9:00A	\$17	190087-3
W	4/3-4/24	8:00-9:00A	\$22	190087-4
W	5/1-5/22	8:00-9:00A	\$22	190087-5

Country Line Dance – Beginning

Learn beginning line dance steps including grapevine, coaster step, triple step, jazz box and more. Location: Hickory/Maple/Spruce

M	1/8-1/29	9:45-10:45A	\$22	190084-1
M	2/5-2/26	9:45-10:45A	\$22	190084-2
M	3/4-3/25	9:45-10:45A	\$17	190084-3
M	4/1-4/29	9:45-10:45A	\$28	190084-4
M	5/6-5/20	9:45-10:45A	\$17	190084-5

Country Line Dance – High Beginning

For those who have taken a beginner class, but aren't ready for the Continuing class. Location: Hickory/Maple/Spruce

T	1/9-1/30	8:00-9:00A	\$22	190085-1
T	2/6-2/27	8:00-9:00A	\$22	190085-2
T	3/5-3/26	8:00-9:00A	\$17	190085-3
T	4/2-4/30	8:00-9:00A	\$28	190085-4
T	5/7-5/28	8:00-9:00A	\$22	190085-5

Country Line Dance – Continuing

For those who already know a step or two! Location: Fitness/Dance

Th	1/11-1/25	10:45A-12:15P	\$24	190086-1
Th	2/1-2/29	10:45A-12:15P	\$40	190086-2
Th	3/7-3/28	10:45A-12:15P	\$24	190086-3
Th	4/4-4/25	10:45A-12:15P	\$32	190086-4
Th	5/2-5/23	10:45A-12:15P	\$32	190086-5

Country Line Dance – Intermediate

Intermediate levels only. Learn more advanced country line dance steps. More dances, faster pace! Location: Small Gym

F	1/12-1/26	10:30-11:45A	\$21	190088-1
F	2/2-2/23	10:30-11:45A	\$27	190088-2
F	3/1-3/29	10:30-11:45A	\$27	190088-3
F	4/5-4/26	10:30-11:45A	\$27	190088-4
F	5/3-5/24	10:30-11:45A	\$27	190088-5

Tap Dance - Level 1 & 2 Min/Max: 6/12

Always wanted to tap dance? Now is the time! Have FUN while exercising your body and your brain. Dancing is the best activity for keeping your brain active and can prevent osteoporosis and increase bone density. Instructor: Sally Fortenberry

Location: Maple/Spruce

Age: 18+

Beginner Tap basics for anyone who has not danced with Sally. Covers basic steps, terminology and tap history.

T	1/16-4/2	1:30-2:30P	\$80	190035-1
T	4/9-5/28	1:30-2:30P	\$54	190035-3

Intermediate For those with recent experience; instructor permission required. Moves fast with complicated choreography.

T	1/16-4/2	2:45-3:45P	\$80	190035-2
T	4/9-5/28	2:45-3:45P	\$54	190035-4

HEALTH & WELLNESS

Understanding Alzheimers & Dementia

Learn the difference between Alzheimers and dementia, disease stages, risk factors, current research and treatments to address symptoms with Alzheimer's Association resources. Min/Max: 4/40 Instructor: Angel Hoffman | Location: Party Rm

Age: 18+

T	1/23	11:00A-12:00P	FREE	191004-1
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Effective Communication Strategies Min/Max: 4/40

Learn to decode verbal and behavioral communication by someone with Alzheimers and other dementias. You'll leave with strategies for meaningful connection with people in early, middle and late-stage dementia. Instructor: Angel Hoffman | Location: Oak Rm

Age: 18+

T	2/27	11:00A-12:00P	FREE	191005-1
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Managing Money Min/Max: 4/40

Caregivers - how much do you know about managing money? This FREE online program by the Alzheimer's Association helps you learn the costs of caregiving and the benefits of early planning. It will teach you how to avoid financial abuse and fraud, start a conversation about finances, assess financial/legal needs and find support. Instructor: Angel Hoffman | Location: Oak Rm

Age: 18+

F	3/8	1:00-2:30P	FREE	191059-1
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Understanding Dementia Related Behaviors

Behavior is a primary way people with dementia communicate needs and feelings. However, some behaviors can present real challenges for caregivers to manage. Learn to decode behavioral messages, identify behavior triggers and strategies to help intervene with the most common challenges of dementia.

Min/Max: 4/40 Instructor: Angel Hoffman | Location: Oak Rm

Age: 18+

T	3/26	11:00A-12:00P	FREE	191007-1
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Hearing Assessments Min/Max: 6/8

Come for a basic hearing assessment at Chilson. Register online or in person; then we'll call to schedule your 15-min appointment a few days before the assessment. Location: Senior Center Clinic

Age: 18+

T	1/30	8:30-10:30A	FREE	191046-1
T	3/26	8:30-10:30A	FREE	191046-2
T	5/28	8:30-10:30A	FREE	191046-3

Advance Care Directives Min/Max: 8/40

Presented by the Larimer Advance Care Planning team, learn the basics of advance care directives, living wills and medical durable power of attorney. *The 2nd class in each session is a chance for you to have your forms notarized from 1-3P. Loc: Cherry Rm

Age: 18+

W,F	2/7-2/23*	1:00-2:00P*	FREE	191099-1
W,F	4/10-4/26*	1:00-2:00P*	FREE	191099-2

Legal Talk Min/Max: 8/40

Join us for an educational program with a practicing lawyer from Colorado Legal Services. This non-profit agency provides FREE, high-quality civil legal services to Colorado seniors. Obtain great information with Q & A after the presentation. Location: Cherry Rm

Age: 18+

F	3/8	1:00-2:30P	FREE	191059-1
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ACTIVE GENERATION

FIND YOUR FIT

Group Fitness Schedules

Available at the Chilson Recreation & Senior Center front desk and online. **See group fitness class info on page 11.** Class schedules subject to change. **Current schedule:** lovgov.org/fitnesswellness

Group Fitness Classes

at Chilson

Drop in for individual classes and use your Chilson pass (including SilverSneakers® or Renew Active passes) or pay the daily fee.

Virtual (online)

Register for virtual classes by the week and use your Chilson pass (including SilverSneakers® or Renew Active passes) or pay the fee below.

Need help registering for a virtual class?

Call 970.962.2428

Fee: \$10/week for unlimited virtual classes (use keyword "virtual"; receipt has Zoom links)

Senior Activity Card (SAC) Benefits! ♦

Benefit #1 Registration priority for day trips

Benefit #2 Discounted fees for day trips

Benefit #3 Reduced admission to dances

Anyone age 62+ can purchase a card. The SAC is \$20 per person and is valid for one year from the purchase date. Please refer to listings denoted by this symbol: ♦ for discounted rates.

Spa Services for All Ages

Therapeutic Massage w/Joyce Meis, LMT

970.691.3441 • Schedule a 30-min, 60-min or 90-min massage. Gift certificates available.

Medically Based Foot Care w/Patti Krkosa, RN

720.442.2615 • 1st & 3rd Thursday, 8:30A–4:00P

Welcome & Orientation

Join us for a "get to know you" presentation and tour where we provide info about the Senior Center and answer your questions. Location: Cherry Rm • FREE Tuesdays 1/30, 2/27, 3/26, 4/30, 5/28 • 1:00–2:00P

CLUBS | ACTIVITIES

Bookworms Book Club

2nd Tues of month | 1:30–3P | Party Rm | FREE
Contact: Janette Edwards, 970.962.2759

Card Games w/Golden Age Card Club

Mon | 1–4P | Cherry Rm | Donation
Contact: Susan Levine, 954.802.7212
 Pinochle, Canasta, Hand & Foot and more

Fishing Club

3rd Tues of month | 2–4P | Cherry Rm | FREE
Contact: fishingclubloveland@gmail.com
 New members welcome!

National Association of Retired Federal Employees (NARFE)

2nd Tues of month (Sept–May only), 1:30P
Contact: Richard Bacon, 970.744.0439

MEETUPS

Drop-In Billiards

Mon–Fri | 8A–4:30P | Donation

Drop-In Bunco

3rd Thurs of month | 1:30–3P | \$3

Contact: Barb Hendershot, Sr Ctr 970.962.2783

Drop-In Open Chess Challenge

Mon, Wed, Fri | 1:30–4P | FREE

Join us for chess and challenge other players!

Location: Senior Center lobby

Want to LEARN how to play? See page 42.

Drop-In Table Tennis

Mon, Wed, Thurs | 1:30–4P | Donation

NUTRITION | HEALTH

VOA Senior Community Lunch

By reservation only; call 970.472.9630, ext. 1

Fee: \$3 suggestion donation

In Person Dining & Meal Pick-Up:

Mon, Tues, Thurs, Fri 11:45A–12:15P

UCHealth Blood Pressure Checks

Community Health Nurse Linda Strauss is available to take your blood pressure and provide good heart health information.

No appointments necessary. FREE

Dates: Mondays 1/22, 2/26, 3/25, 4/22, 5/20

Time: 9A–12P

ONGOING ENTERTAINMENT

Community Dances with Live Bands ♦

2nd & 4th Mon of month, 6:30–9P | \$7, \$6.50 w/SAC
Contact: Senior Center, 970.962.2783 cash/ck only
 Dance the night away! All refreshments are potluck.

Age: 18+

January

1/8 Big Twang Theory
 1/22 Rusty Chaps

February

2/12 Dale the
 Singing Cowboy
 2/26 Jim Ehrlich

March

3/11 Bandits
 3/21 JD and The Moonrakers

April

4/8 Big Twang Theory
 4/22 Rusty Chaps

May

5/13 Dale the
 Singing Cowboy
 5/27 No dance (holiday)

SPECIAL EVENTS

Bingo

Min/Max: 20/60
 Get out and play Bingo at Chilson. FUN prizes!

Register in person at the Senior Center front desk or online. Location: Cherry Rm

Age: 55+

F	2/16	1:00-3:00P	\$4	195030-1
F	4/19	1:00-3:00P	\$4	195030-2

St. Patrick's Day Luncheon

Celebrate St. Patrick's Day with corn beef, cabbage and Irish step dancers! Bring a non-perishable food donation for the *House of Neighborly Service Food Pantry*. Reservations taken from 2/1 until 3/11 or until event reaches capacity by calling Volunteers of America (VOA) at 970.472.9630. Seating is limited.

Age: 60+ **Fee:** \$3 suggested donation to VOA

F	3/15	11:45A-1:00P
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Pancake Breakfast & Plant Sale

Have a delicious breakfast of pancakes, sausage, juice and coffee, then browse through the plant sale to find the perfect plant! Entertainment and good food make this a great morning for the entire family. Breakfast tickets available at the Senior Center beginning 3/4 or pay at the door. This fundraising event is sponsored by the Chilson Senior Advisory Committee. Co-sponsored by Village Inn.

Location: Senior Center **More Info:** 970.962.2783

Sa	4/13	8:00-11:00A	FREE to browse
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Adults:	\$8 in advance, \$10 at door
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Children:	\$3 (12 & under)
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HEALTH & WELLNESS

The Solo Ager Project Min/Max: 6/30

Are you a Solo Ager - someone age 50 or better with no loved ones to depend on as you age? Larimer County Partnership for Age-Friendly Communities is exploring the creation of mutual support networks for Solo Agers. Learn more about this project and how it may benefit you and your community. Please take a brief survey at paclarimer.org Location: Cherry Rm

W 1/17 1:30-2:30P FREE 191063-1

UCHealth Aspen Club Balance Screenings

A physical and occupational therapist will assess your fall risk using STEADI (Stopping Elderly Accidents, Deaths & Injuries) initiative tools and protocols.

Balance and fall prevention strategies, programs and resources will be shared based on your results.

Min/Max: 4/12 Location: Chilson Conference Rm

***Time:** after registration, you will be contacted closer to the date to schedule a 15-minute appointment between the hours of 9:30A-1:30P

W	1/24	9:30A-1:30P*	FREE	191213-1
W	2/28	9:30A-1:30P*	FREE	191213-2
W	3/27	9:30A-1:30P*	FREE	191213-3
W	4/24	9:30A-1:30P*	FREE	191213-4
W	5/22	9:30A-1:30P*	FREE	191213-5

UCHealth Aspen Club –

The Conversation Project Min/Max: 8/40

92% percent of Americans feel it is important to talk about their wishes for end-of-life care; however, just 32% percent have done so. Journalist Ellen Goodman has developed an impactful program to help people get this very important conversation started prior to a health crisis or emergency. Gain tools and knowledge about identifying and sharing your values/preferences in this interactive program. Location: Party Rm

Age: 50+

T 3/19 1:00-2:30P FREE 191214-1

COMPUTER CLASSES

Chilson Senior Center and the Loveland Public Library are teaming up to host FREE computer classes January–April to help those without much computer experience. All are welcome!

Class dates vary, but are typically Thursdays 5–6:45P and Saturdays 10A–12P and are held at the Loveland Public Library iLearn Classroom. Call 970.962.2599 to register or visit lovlib.org/computerclasses

DAY TRIP REGISTRATION

- Senior Activity Card (SAC) holders have priority registration for day trips.

In-Person SAC Priority Registration:

Tues, 12/5–Tues, 12/12 beginning at 8:30A

Online SAC Priority Registration

Register online beginning Mon, 12/4 at 6P at lovgov.org/webtrac (limited spots available online).

- Anyone age 62+ can purchase a SAC. The card is \$20 per person and is valid for one year from the purchase date. See page 44.
- **Trip registrations open to all participants age 18+ (unless otherwise noted) on Wed, 12/13**
- Participants are transported in City van or motor coach from the Senior Center; **check-in required 15 min prior to departure in the senior lobby.**
- Trip cancellations or refunds may be granted pending circumstances of the trip. See page 56 for policies; call 970.962.2428 w/questions.
- Participants must advise staff of any special accommodation at the time of registration; if a wheelchair or walker is needed, please call 970.962.2464 to inquire if the trip is accessible.

Fiddler on the Roof ♦ Min/Max: 14/28

The universal theme of tradition in *Fiddler on the Roof* cuts across barriers of race, class, nationality and religion, leaving audiences crying tears of laughter, joy and sadness. **Fee includes dinner, show & tax (alcoholic beverages, dessert & gratuity are extra).** Destination: Boulder Dinner Theatre

Day	Date	Time	Fee	SAC	Trip #
Su	1/7	10:45A- 5:00P	\$97	\$95	193016-1

Lunch Bunch ♦ Min/Max: 10/14

Explore new dining experiences in Northern Colorado each month. **Meal cost on your own for \$15–20.**

Eaton Country Club (Eaton)

Day	Date	Time	Fee	SAC	Trip #
Th	1/11	11:00A-2:30P	\$23	\$21	193040-1

Pepper's Fireside Grille (Firestone)

Day	Date	Time	Fee	SAC	Trip #
Th	2/1	11:00A-2:30P	\$23	\$21	193040-2

Taj Mahal 3 Restaurant (Louisville)

Day	Date	Time	Fee	SAC	Trip #
W	3/6	11:00A-2:30P	\$23	\$21	193040-3

The Garden Gate Café (Niwot)

Day	Date	Time	Fee	SAC	Trip #
M	4/8	11:00A-2:30P	\$23	\$21	193040-4

Morning Glory Café (Lafayette)

Day	Date	Time	Fee	SAC	Trip #
M	5/6	11:00A-2:30P	\$23	\$21	193040-5

Denver Nuggets Game ♦ Min/Max: 14/28

Join us as we cheer on our championship winning Denver Nuggets! Our seats for the game are in the Upper Level Center of Ball Arena. Some stairs are necessary, so please wear good walking shoes. Enjoy lunch at one of the vendors within the concessions (**cost on your own for \$15–20**). Destination: Denver

Day	Date	Time	Fee	SAC	Trip #
Su	1/14	11:45A-5:45P	\$97	\$95	193017-1

Casino Trips: Bally's ♦ Min/Max: 36/51

Feeling lucky? Hop aboard a comfortable motor coach for a day of gambling and FUN at *Bally's Black Hawk Casino!* Receive \$10 free slot upon playing.

Age: 21+ Destination: Black Hawk

Day	Date	Time	Fee	SAC	Trip #
T	1/16	8:15A-5:00P	\$25	\$23	193035-1
T	3/12	8:15A-5:00P	\$25	\$23	193035-2
T	5/14	8:15A-5:00P	\$25	\$23	193035-3

Dancing Horses/National Western**Stock Show** ♦ Min/Max: 20/36

An Evening of Dancing Horses® is known for bringing together the best equestrian talent from around the world! Enjoy formal dressage, reining, liberty and other talents performed to music. Prior to the show, explore the EXPO Hall with dinner from one of the vendors (**cost on your own for \$15–20**). Ride in the comfort of a motor coach. Destination: Denver

Day	Date	Time	Fee	SAC	Trip #
Th	1/18	4:00-10:00P	\$96	\$94	193018-1

MOMIX: ALICE ♦ Min/Max: 10/14

Seamlessly blending illusion, acrobatics, magic and whimsy, *MOMIX* sends audiences flying down the rabbit hole in Moses Pendleton's newest creation inspired by Lewis Carroll's classic *Alice in Wonderland*.

Filled with visual splendor and startling creative movement, Alice reveals that nothing in *MOMIX*'s world is as it seems! Prior to the performance, have dinner at *The Penrose Brewery* (**cost on your own for \$16–22**). Destination: Fort Collins Lincoln Center

Day	Date	Time	Fee	SAC	Trip #
W	1/24	4:30-10:00P	\$65	\$63	193019-1

Breckenridge Snow Sculptures ♦

Attend the annual International Snow Sculpture Championships in Breckenridge! Sit back and enjoy the ride, as a motor coach takes us to our destination.

Lunch cost is on your own at one of the many restaurants for \$18–22. This is a snowy, high altitude environment, so dress warmly and wear high traction shoes. Min/Max: 20/30 Destination: Breckenridge

Day	Date	Time	Fee	SAC	Trip #
M	1/29	8:00A-5:00P	\$91	\$89	193020-1

Denver Art Museum – All Stars ♦

All Stars: American Artists from The Phillips Collection showcases one of the most celebrated

collections of American Art in the United States. Works by more than 50 artists include Georgia O'Keeffe, Benny Andrews, Jackson Pollock and more! Enjoy lunch at one of the many restaurants near the Denver Art Museum (**cost on your own for \$15–20**). Min/Max: 14/28 Destination: Denver

Day	Date	Time	Fee	SAC	Trip #
M	2/5	9:00A-3:00P	\$49	\$47	193021-1

Crazy For You ♦ Min/Max: 14/28

A rich-boy-meets-hometown-girl romantic comedy, *Crazy For You* includes memorable Gershwin tunes including "I Got Rhythm," "They Can't Take That Away From Me" and "Someone to Watch Over Me." **Fee includes dinner, show & tax (alcoholic beverages, dessert & gratuity are extra).**

Destination: Johnstown, Candlelight Dinner Playhouse

Day	Date	Time	Fee	SAC	Trip #
F	2/9	5:15-10:00P	\$112	\$110	193022-1

SereniTEA Valentine Tea/Lunch ♦

Enjoy a traditional English afternoon tea at the SereniTEA Tea Room and Café on Valentine's Day!

Enjoy four tea sandwiches, homemade scones, clotted cream & jam, three mini desserts and unlimited tea. If your appetite is not satisfied, you can also order salad and sandwiches from the lunch menu (**cost on your own for \$15–20**). We will do some shopping downtown prior to our departure, weather permitting. Min/Max: 14/28

Destination: Estes Park

Day	Date	Time	Fee	SAC	Trip #
W	2/14	10:00A-3:30P	\$78	\$76	193023-1

Boulder Spirits Vapor Distillery**Whiskey Tasting & Tour** ♦ Min/Max: 10/14

Vapor Distillery is a micro-distiller that bottles its award winning spirits in exceptionally small batches, using only the finest raw botanicals. Tour the distillery, learn the process of whiskey making and taste the spirits for yourself! Everyone will receive \$10 off the cost of a bottle of whiskey. Prior to the tour, enjoy lunch at *The Roost* in Longmont (**cost on your own for \$15–20**). Destination: Boulder

Age: 21+

Day	Date	Time	Fee	SAC	Trip #
T	2/20	11:30A-4:30P	\$66	\$64	193024-1

Buy a Senior Activity Card (SAC) for trip discounts - see page 44 for info.

Colorado Bach Ensemble ♦ Min/Max: 14/28
 Experience the sublime beauty of Bach's *B Minor Mass*, a culmination of his genius mastery of Baroque style, mood, form and his skillful ability to write for any combination of forces. Following the performance, have dinner at *Tony Roma's* (**cost on your own for \$18–22**). Destination: Northglenn, Parsons Theatre

Day	Date	Time	Fee	SAC	Trip #
Su	2/25	12:45-7:30P	\$61	\$59	193025-1

The Wizard of Oz in Concert ♦

When a tornado rips through Kansas, Dorothy and her dog Toto, are whisked away to the magical land of Oz. Witness this American classic film like never before with the full score performed live by the Colorado Symphony. Have lunch at *Bubba Gump's* (**cost on your own for \$16–22**). Min/Max: 14/28
 Destination: Denver, Boettcher Concert Hall

Day	Date	Time	Fee	SAC	Trip #
Su	3/3	10:45A-5:30P	\$65	\$63	193026-1

Titanic, The Musical ♦ Min/Max: 14/28

Embark on a thrilling musical journey of epic romance and courage in this collaborative presentation by the CU Boulder College of Music's Musical Theatre and Eklund Opera programs. Following the performance, have dinner at *Pinocchio's Incredible Italian* (**cost on your own for \$16–22**). Destination: Boulder/Longmont

Day	Date	Time	Fee	SAC	Trip #
Su	3/17	12:15-7:30P	\$66	\$64	193027-1

U.S. Olympic & Paralympic Museum ♦

Experience the immersive journey of America's greatest athletes on a guided tour and encounter interactive exhibits, innovative displays and a vast artifact collection. Enjoy the comfort of a motor coach as we travel. Have lunch at *Duke's Steakhouse* (**cost on your own for \$16–22**) after the museum.

Min/Max: 20/36 Dest: Colorado Springs/Castle Pines

Day	Date	Time	Fee	SAC	Trip #
Th	3/21	8:00A-3:30P	\$112	\$110	193028-1

American Museum of Western Art ♦

The Anschutz Collection is on permanent display at the American Museum of Western Art and includes over 600 paintings, drawings and sculptures representing more than 180 artists, a survey of the American West from the early 19th century to present day. Following our visit to the museum, have lunch at *The Western Saloon & Kitchen* (**cost on your own for \$15–20**). Min/Max: 14/28 Destination: Denver

Day	Date	Time	Fee	SAC	Trip #
T	3/26	8:30A-3:00P	\$49	\$47	193029-1

The Perondi's Stunt Dog Experience ♦

This cast of performers and stunt dogs deliver high energy from beginning to end. Witness amazing dog tricks, big air stunts, Frisbee dogs, comedy antics, dancing dogs, athletic feats and more! Following the performance, enjoy dinner at a local restaurant (**cost on your own for \$16–22**). Min/Max: 10/14
 Destination: Fort Collins, The Lincoln Center

Day	Date	Time	Fee	SAC	Trip #
Sa	4/6	3:00-7:30P	\$47	\$45	193030-1

MJ (The Michael Jackson Musical) ♦

MJ, the Tony Award®-winning new musical goes beyond the singular moves and signature sound of Michael Jackson, offering a rare look at the creative mind and collaborative spirit that catapulted him into legendary status. Experience this show as it makes its Colorado premiere! **There is no meal included, but bring snacks or a brown bag lunch if you'd like.**

Min/Max: 20/36 Destination: Denver, Buell Theatre

Day	Date	Time	Fee	SAC	Trip #
Th	4/11	12:15-6:00P	\$128	\$126	193031-1

Denver Mob Tour ♦ Min/Max: 10/13

Join Denver mob expert Tom Hackett, as you travel through the streets of North Denver to learn about mobsters who lived and worked there. See crime scene locations and other historic sites on this driving tour. Have lunch at *Gaetano's* (**cost on your own for \$15–20**) as Tom continues with interesting information and answers questions. Destination: Denver

Day	Date	Time	Fee	SAC	Trip #
W	4/17	9:15A-3:30P	\$60	\$58	193032-1

Colorado Eagles Hockey ♦ Min/Max: 14/28

Time to root for our Colorado Eagles team here in Loveland! Our seats require walking some stairs, so good walking shoes are recommended. Enjoy dinner at a local restaurant following the game (**cost on your own for \$15–20**). Destination: Loveland

Day	Date	Time	Fee	SAC	Trip #
Su	4/21	12:00-7:30P	\$53	\$51	193033-1

Colorado State University Spur ♦

CSU Spur sparks life-long learning and innovation in the spheres of food, water and human & animal health. On our tour, see horses working with humans, veterinarians performing surgery on animals, water testing professionals at work, a living wall/rooftop greenhouse and more! Afterwards, enjoy lunch at the *Denver Stockyard Saloon* (**cost on your own for \$15–20**). Min/Max: 10/14 Destination: Denver

Day	Date	Time	Fee	SAC	Trip #
W	4/24	8:30A-3:00P	\$32	\$30	193034-1

Denver Center for the Performing Arts:**Behind-the-Scenes Tour** ♦ Min/Max: 10/14

There is more than meets the eye in the art of theatre. This is your chance to explore the behind-the-scenes magic that brings each play to life. Discover the handcrafted artistry of the DCPA Theatre Company and the astonishing stages of the Denver Performing Arts Complex in their newly relaunched public tours. Following the tour, enjoy lunch at a nearby restaurant (**cost on your own for \$15–20**). Destination: Denver

Day	Date	Time	Fee	SAC	Trip #
Th	5/2	9:00A-2:30P	\$43	\$41	193036-1
Th	5/9	9:00A-2:30P	\$43	\$41	193036-2

Swing, Swing, Swing: Benny & Beyond ♦

Duke Ellington, Benny Goodman, Count Basie and Fletcher Henderson, are some of the biggest names in jazz and their music is still popular today. Get ready for an evening of big band swing performed by the Colorado Jazz Repertory Orchestra. Prior to the performance, have dinner at *Great Scott's Eatery* (**cost on your own for \$16–22**). Min/Max: 14/28 Destination: Arvada, The Arvada Center

Day	Date	Time	Fee	SAC	Trip #
Sa	5/18	4:00-11:00P	\$60	\$58	193037-1

NOAA ♦ Min/Max: 14/28

The National Oceanic and Atmospheric Administration is the scientific agency that focuses on the conditions of the oceans, major waterways and the atmosphere. NOAA warns of dangerous weather, charts seas, guides the use and protection of ocean and coastal resources, and conducts research to improve stewardship of the environment. Weather permitting, we'll take a walk around the perimeter of the building, so please wear good walking shoes. Enjoy lunch following the tour at *Chautauqua's* (**cost on your own for \$15–20**). Destination: Boulder

Day	Date	Time	Fee	SAC	Trip #
W	5/22	8:45A-2:45P	\$31	\$29	193038-1

Lake Estes – Walk, Picnic & Shop ♦

It's time to get out and take a walk around beautiful Lake Estes! The views are fantastic from this walking trail. Bring a sack lunch and eat at one of the picnic areas along the way. Weather and time permitting, we may do some shopping in downtown Estes Park before we make our way home. Min/Max: 14/28 Destination: Estes Park

Day	Date	Time	Fee	SAC	Trip #
W	5/29	9:00A-3:00P	\$30	\$28	193039-1

Find Your Happy Place Here

Everything we offer at Seven Lakes Memory Care is geared toward creating a place our residents are happy to call home. We enhance the everyday experience of our residents with signature programs, exceptional food, and warm, inviting community spaces where they can relax and live well.



Seven Lakes
Memory Care
MBK SENIOR LIVING

Contact us today to schedule a tour at
(970) 461-5918 or SevenLakes@mbk.com

1990 Pikes Peak Dr., Loveland, CO 80538
SevenLakesMemoryCare.com

SPECIALIZED MEMORY CARE 



Paid advertisement



GOLF

FUNDAMENTAL CLINICS

Fundamental Golf Clinics

Knock off the rust and get ready for summer! Whether you are an avid golfer, getting back into the game from some time off or brand new to the sport, this class is perfect for you! These clinics are specially designed to get you prepared for the summer and cover everything from tee-to-green. Instruction is provided on putting, chipping and full swing shots. All equipment provided upon request. Location: Cattail Creek Golf Course

YOUTH

Age: 6-17 Min/Max: 6/12

T	5/7	4:30-6:00P	\$45	265701-1
T	5/14	4:30-6:00P	\$45	265701-2
T	5/21	4:30-6:00P	\$45	265701-3

LADIES

Age: 18+ Min/Max: 4/8

W	5/8	4:30-6:00P	\$45	266751-1
W	5/22	4:30-6:00P	\$45	266751-2

ADULT

Age: 18+ Min/Max: 4/8

W	5/15	4:30-6:00P	\$45	266801-1
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LESSONS AT MARIANA BUTTE

Beginner Ladies Only

Min/Max: 4/12
Held at Mariana Butte, this just FORE ladies fun-filled introduction to the game includes all the fundamentals of how to play along with aspects such as golf etiquette, yardages, scorecards, handicaps, USGA rules, rates and play on the course. For your final day, play 3 holes of golf with instructors at Cattail Creek 9-hole, par 3 course. Call 970.667.8308 for additional info.

Location: Mariana Butte Golf Course

Age: 18+

M-Th 4/15-4/18 12:00-1:00P \$99 266222-1

PRIVATE INSTRUCTION

Private individual or private small group instruction is available from various instructors at the Loveland golf courses. **Contact the pro shops for detailed info:**

Cattail Creek | 970.663.5310

Mariana Butte | 970.667.8308

The Olde Course at Loveland | 970.667.5256

DID YOU KNOW?

Loveland golf courses are open year-round. Bring your swing and get out on the course!

FUN FACTS about CATTAIL CREEK | 970.663.5310

Free Club Rental

No clubs? No problem! Use our complimentary adult and youth rental clubs. Call for more information or stop by the pro shop.

3-Hole Round

Did you know that you can play just three holes at the regulation Par 3 Cattail Creek course? Perfect for beginners! Play a stress-free, fast round any day/time for only \$5.00. Clubs and on-course ball included!

Innovative Driving Range

Cattail Creek's driving range has many built-in learning devices including on-course targets.

No Tee Times for the Mini-Course

That's right - no tee times are necessary; walk-on players welcome. See you on the Mini-Course!

All Levels

The Cattail Creek golf course is a favorite among beginners, but don't let that fool you! It offers plenty of challenges with water on five of the nine holes. Stop by the pro shop to stock up on extra balls before heading out!

Online Tee Times

Make reservations eight days in advance beginning at 7:00P on the 8th day for Cattail Creek or any other Loveland golf course by visiting golfloveland.com

TEE OFF FOR KIDS

The Annual Tee Off For Kids Golf Tournament is Friday, June 7!

Join us for this annual golf tournament where ALL proceeds benefit youth recreation scholarships. Your ticket includes 18-holes of golf at Mariana Butte Golf Course, cart, prizes, awards and lunch.

Date: Friday, June 7 **Time:** 7:30A shotgun start

Teams: Two people per team

Location: Mariana Butte Golf Course

Fee: \$260 per team (Early Bird fee thru 4/26)

\$280 per team (Fee after 4/26)

Registration Deadline: May 17

Register:

lovelandprfoundation.org

More Info:

prfnd@cityofloveland.org



GIFT CERTIFICATES

Looking for an extra special gift for the golfer in your life?

Give the gift of golf! Gift certificates and merchandise can be purchased from the pro shops at all Loveland golf courses.

Want to shop online?

Visit golfloveland.com and make someone happy this golf season.

GOLF COURSE LOCATIONS

Cattail Creek 2116 W. 29th St.

970.663.5310

Mariana Butte 701 Clubhouse Dr.

970.667.8308

The Olde Course at Loveland 2115 W. 29th St.

970.667.5256

LPGA-USGA Girls Golf Club

Changing Lives One Swing at a Time

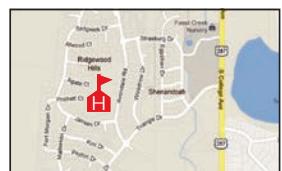
Contact Coach/LPGA Professional Kim at kimlovesgolf@msn.com for more information.

Contact us for current rates, online tee times, course updates and more.

VISIT: GOLFLOVELAND.COM

CITY OF LOVELAND

Schools | Facilities | City Parks

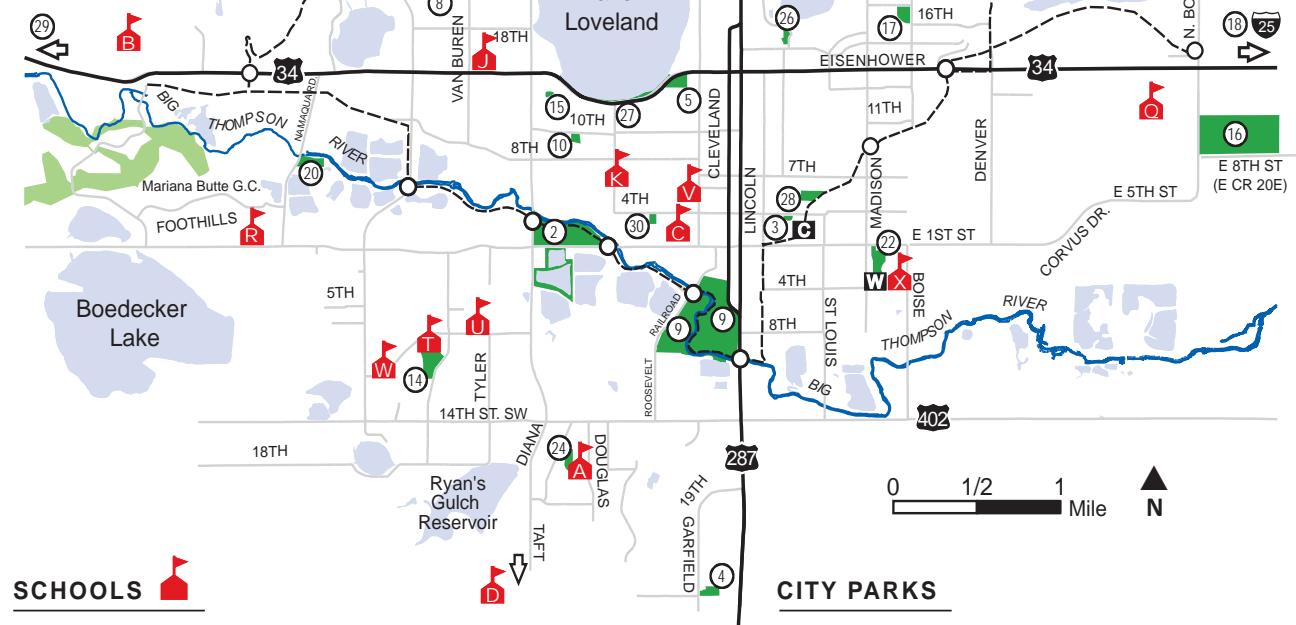
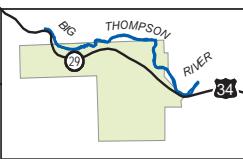


LEGEND

- Existing Underpass
- City Recreation Trail
- ~ Big Thompson River
- Light Blue Lakes and Ponds
- Green Golf Courses
- Green Parks
- Light Green Mountain Park

Viestenz-Smith Mountain Park

12 miles west on HWY 34



SCHOOLS

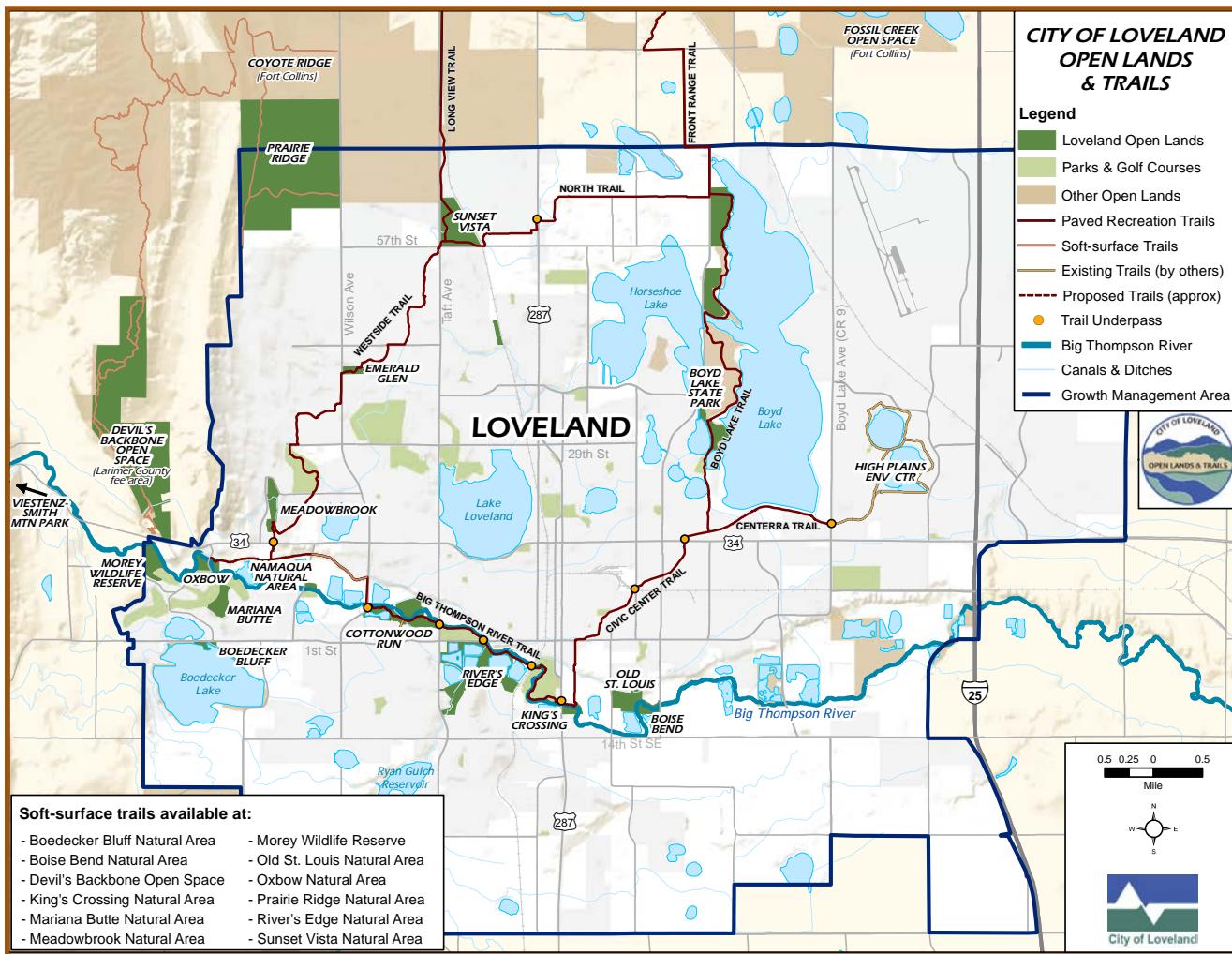
- A B F Kitchen Elementary
- B Big Thompson Elementary
- C Bill Reed Middle School
- D Carrie Martin Elementary
- E Centennial Elementary
- F Conrad Ball Middle School
- G Cottonwood Plains Elementary
- H Coyote Ridge Elementary
- I Early Childhood Center at Stansberry
- J Ferguson High School
- K Garfield Elementary
- L High Plains School
- M Laurene Edmondson Elementary
- N Lincoln Elementary
- O Loveland High School
- P Lucile Erwin Middle School

OTHER FACILITIES

- C Chilson Recreation/Senior Center
- W Winona Pool

CITY PARKS

- 1 Benson
- 2 Centennial
- 3 Civic Center
- 4 Derby Hill
- 5 Dwayne Webster
- 6 Eagleview
- 7 Edmondson
- 8 Estrella
- 9 Fairgrounds/Barnes
- 10 Garfield
- 11 Glen Arbor
- 12 Kirkview
- 13 Kroh
- 14 Loch Lon
- 15 Loch Mount
- 16 Loveland Sports Park
- 17 McKee
- 18 McWhinney Hahn Sculpture
- 19 Mehaffey
- 20 Namaqua
- 21 North Lake
- 22 Osborn/Winona Pool
- 23 Seven Lakes
- 24 Sherri Mar
- 25 Silver Glen
- 26 Silver Lake
- 27 South Shore Parkway
- 28 Sunnyside
- 29 Viestenz-Smith
- 30 Westside
- 31 Woodmere



OPEN LANDS & TRAILS RULES & REGULATIONS

Detailed Rules: lovgov.org/openlands

Hours of operation are from 6:00A–10:30P, except Morey Wildlife Reserve, Mariana Butte Trails and Prairie Ridge Natural Area (open sunrise to sunset). Overnight parking or camping is prohibited in open lands and trails. Trails are open for non-motorized use only!

Bicycling is permitted on designated trails only. Bicycles are not permitted at Morey Wildlife Reserve or Mariana Butte Trails. Type I and II e-bikes are permitted on all trails where bicyclists are allowed, except Prairie Ridge Natural Area. Bicyclists yield to other trail users.

Pets must be leashed and under human control at all times. Owners must pick up and remove pet waste. Pets are not permitted at Morey Wildlife Reserve or Prairie Ridge Natural Area.

Fishing is regulated by Colorado State Regulations. Site-specific regulations apply. All anglers age 16 and older are required to have a Colorado Fishing License.

Horses (except police) are not permitted on City of Loveland Open Lands & Trails, with the exception of Prairie Ridge Natural Area accessible from Coyote Ridge Natural Area.

Motorized Vehicles are prohibited on trails and all areas outside of established streets and parking areas.

Alcoholic Beverages are not permitted. Glass containers and bottles are prohibited.

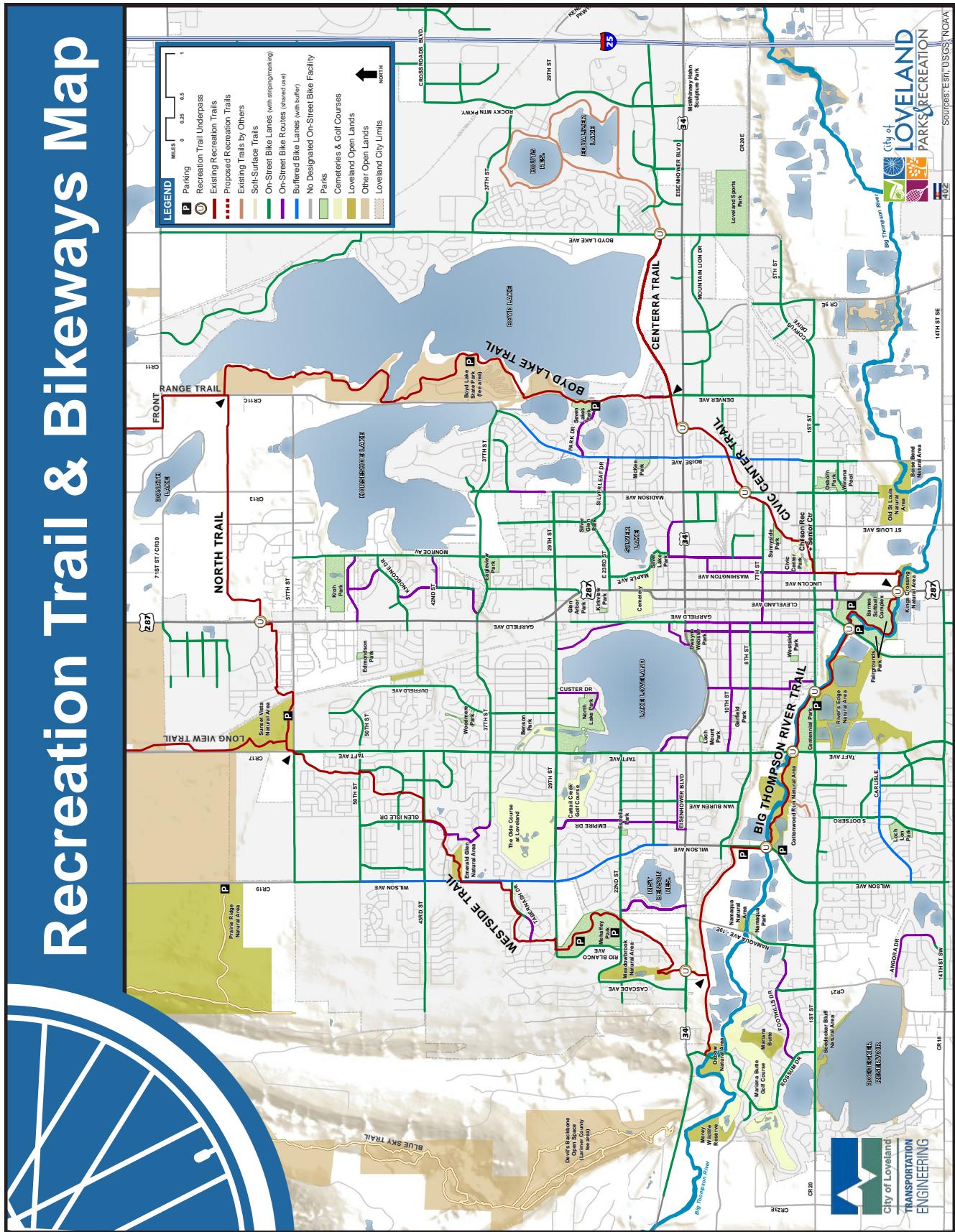
Fire Discharge or use of firearms, projectiles or fireworks is prohibited. No open fires or flames.

Trail Etiquette

- Please stay on designated trails and respect the rights of adjacent property owners.
- Loveland's trails have many different types of users; please be courteous to others on the trail.
- Flow of traffic is similar to road traffic. Always ride or walk on the right side. When passing others on the trail, verbally warn them that you are passing on the left.
- Be predictable: ride or walk in a straight line - avoid weaving.
- Bicyclists are encouraged to wear helmets and ensure their bicycles are operational and properly equipped (including reflectors and lights).

Maintenance Report maintenance concerns or vandalism to the Parks & Recreation Dept. at 970.962.2727.

Recreation Trail & Bikeways Map



Print this map online: lovgov.org/trails • Check for trail closures on COTREX at trails.colorado.gov

HOW DO I REGISTER?

You may choose to register for activities by going ONLINE, MAILING IN your registration, or COMING IN to the Chilson Recreation & Senior Center to register in person.

1 WEBTRAC ONLINE REGISTRATION - BEGINS DEC 4, 6:00P*

For Enrollment Online: lovgov.org/webtrac

*See athletics pages for specific registration dates for athletics programs

Request your Household ID number by filling out the online form: lovgov.org/webtrac
OR call 970.962.2383 or 970.962.2727.

Once logged in to WebTrac, verify/update your household information prior to registration.

Receipt: A receipt will automatically be emailed to you and is available at anytime on your WebTrac account. Please call the Chilson Center at 970.962.2383 if you'd like your receipt mailed along with any other class or activity information specific to your registration.

2 WALK-IN | DROP-OFF REGISTRATION - BEGINS DEC 5, 8:30A*

For Walk In | Drop-Off Registration

*See athletics pages for specific registration dates for athletics programs

Drop off the completed registration form ([on page 56](#)) along with your check or credit card information. For confirmation of registration, please include your email address. Registrations may be dropped off at the Chilson Recreation & Senior Center or the Parks & Rec Administration Office during the hours below.

Chilson Recreation Center

Mon–Fri 5:30A–9:00P
Sa 6:00A–5:30P
Su 11:00A–5:30P
700 E. Fourth St.
Loveland, CO 80537
970.962.2386

Chilson Senior Center

Mon–Fri 8:00A–4:30P
700 E. Fourth St.
Loveland, CO 80537
970.962.2783

Parks & Rec Administration

Mon–Thurs 8:00A–4:30P*
Fri 8:00A–3:30P*
500 E. Third St., Suite 200
Loveland, CO 80537
970.962.2727

*The office is closed daily from 12–1P

3 MAIL-IN REGISTRATION - BEGINS DEC 5, 8:30A*

Mail-In Registration

*See athletics pages for specific registration dates for athletics programs

Mail in completed registration form ([on page 56](#)) along with your check or credit card information and email address to the Chilson Recreation Center or the Parks & Rec Administration office.

Chilson Recreation Center

700 E. Fourth St.
Loveland, CO 80537

Parks & Rec Administration

500 E. Third St., Suite 200
Loveland, CO 80537

Registrations received before the date above are held for processing on this date in the order they are received.

Notice of Non-Discrimination

The City of Loveland is committed to providing an equal opportunity for services, programs and activities and does not discriminate on the basis of disability, race, age, color, national origin, religion, sexual orientation, gender, gender identity or gender expression. For more information on non-discrimination or for translation assistance, please contact the City's Title VI Coordinator at TitleSix@cityofloveland.org or 970.962.2372. The City will make reasonable accommodations for citizens in accordance with the Americans with Disabilities Act (ADA). For more information on ADA or accommodations, please contact the City's ADA Coordinator at ADACoordinator@cityofloveland.org or 970.962.3319.

La Ciudad de Loveland está comprometida a proporcionar igualdad de oportunidades para los servicios, programas y actividades y no discriminar en base a discapacidad, raza, edad, color, origen nacional, religión, orientación sexual, género, identidad o expresión de género. Para más información sobre la no discriminación o para asistencia en traducción, favor contacte al Coordinador Título VI de la Ciudad al TitleSix@cityofloveland.org o al 970.962.2372. La Ciudad realizará las acomodaciones razonables para los ciudadanos de acuerdo con la Ley de Discapacidades para Americanos (ADA). Para más información sobre ADA o acomodaciones, favor contacte al Coordinador de ADA de la Ciudad en ADACoordinator@cityofloveland.org o al 970.962.3319.

REGISTRATION POLICIES & PROCEDURES

Things To Know

- Please register at least one week prior to the first class. Class cancellation decisions are generally made five (5) days prior to class start date. If class enrollments are below the minimum requirements, a class may be cancelled.
- Registrations cannot be approved by an instructor or the team coach.
- The Department has the right to cancel classes.
- Before you purchase supplies, call 970.962.2383 to verify that your class is occurring.
- The City of Loveland does not discriminate on the basis of race, color, national origin, creed, religion, sex, gender, sexual orientation, age or disability in the provision of services. For disabled persons needing reasonable accommodation to attend or participate in a service or program/activity, call 970.962.2462 or TDD #962.2620.
- SAC holders have priority registration for day trips denoted by this symbol (♦). See the Active Generation pages for specific priority registration dates.

Use This Enrollment Checklist

- Complete the registration form below.
- Double check class fees and total.
- Include a 2nd and 3rd choice where possible.
- Make checks payable to City of Loveland or include credit card number and expiration date.
- Include email address for receipt confirmation.

Cancellations

- When you sign up for a class, we depend on your enrollment for a successful class. Please plan your schedule carefully to avoid cancellations and/or refunds.
- If you must cancel your class, please call 970.962.2383 (seniors call 970.962.2783) at least five (5) business days before the class begins. You may choose to transfer to another class or to receive a refund. See Refunds below.
- You are notified if a class is cancelled due to low enrollments, and are given options at that time.

Refunds

Unless otherwise noted, the following refund policy applies:

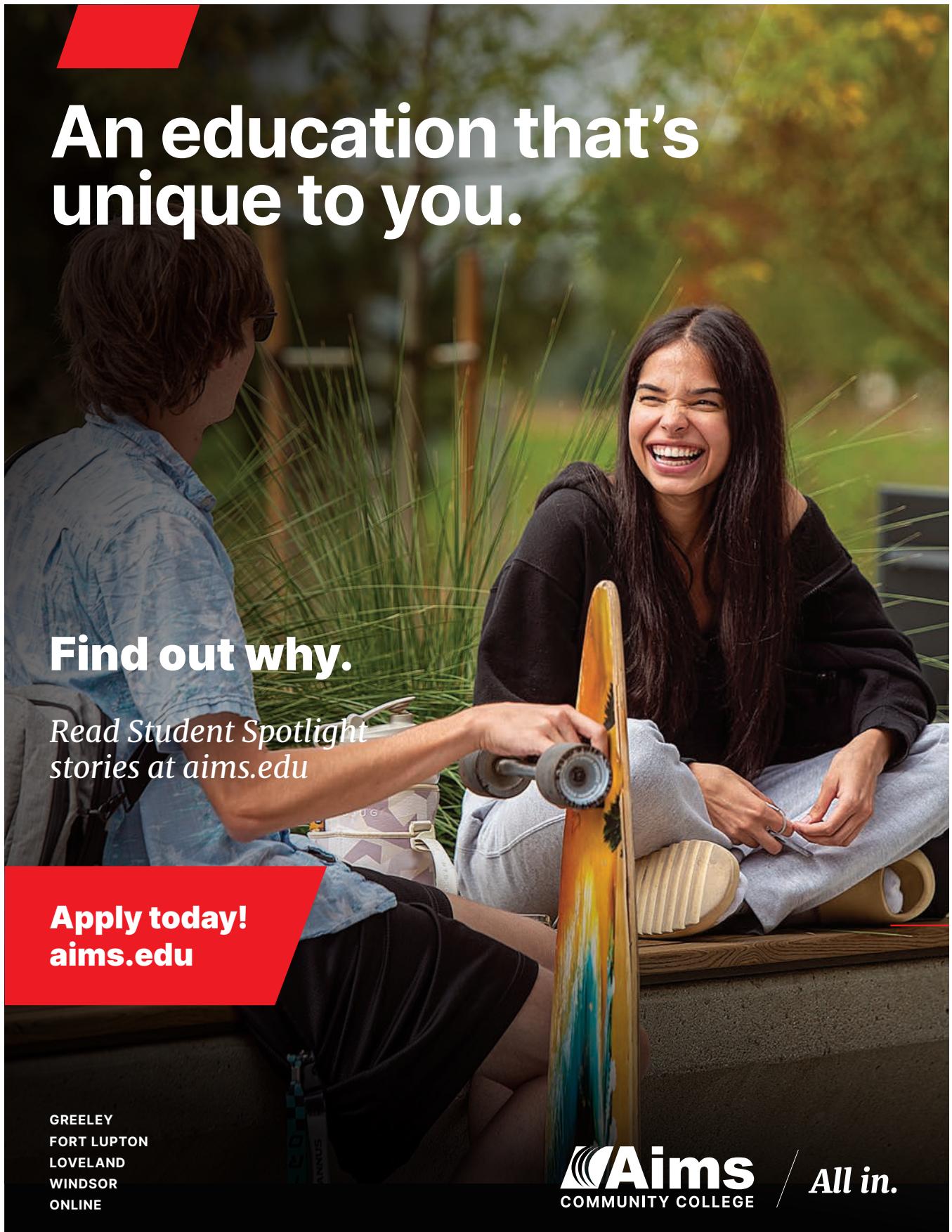
- Refund requests must be submitted in writing or through WebTrac. Refund request forms are available at the Chilson Recreation Center front desk.
- After registration and up to five (5) days prior to the class start date (seven (7) days for ticket or trip-based programs), a \$5 processing fee will be assessed.
- Four (4) days prior to the class start date and through the start of class, 50% of the class fee is refundable.
- No refunds are given after the first week of class.
- Full refunds are for departmentally cancelled classes ONLY.
- No refunds for Senior Activity Cards (SACs).
- No cash refunds. Allow two (2) weeks for processing.**

Other Charges: There is a \$20 charge for returned checks.

Note: Small Fries Preschool and Day Camp have additional cancellation policies. See your parent handbook for details.

Loveland Parks & Recreation Registration Form

Please fill out this registration form for use with all registration options. The information in shaded areas is required during the enrollment process.		Address:		
		City/Zip:		
Household ID #:	Home/Cell:		Work:	
Name: <small>Head of Household/Primary Guardian Full Name</small>	Email Address: <small>For City of Loveland internal use only. Your contact information is not shared.</small>			
Family Member Names:	Birthdates:	Activity/Program #:	Section #:	Fees Due:
				\$
				\$
				\$
				\$
Do you need a special accommodation to safely and enjoyably participate in these programs? <input type="checkbox"/> Yes <input type="checkbox"/> No. If yes, please state your special requirements: _____			Total Paid:	\$
Pay By: <input type="checkbox"/> Cash (Do not send cash in the mail) <input type="checkbox"/> Check (Made out to: City of Loveland)		Waiver for Participation: By signing below, I hereby release and absolve the Parks & Recreation Department, the City of Loveland, and all of its employees or agents of same from any claims of damages arising from injury received by the participation involved in this activity, whether due to negligent acts or omissions of said parties, other participants, or otherwise.		
Credit/Debit Card: <input type="checkbox"/> Visa <input type="checkbox"/> MC <input type="checkbox"/> Discover <input type="checkbox"/> AMEX Card #: _____ Expiration: _____		Signature required showing I agree to the Waiver Statement above and agree to pay the charges listed here as stated. Signature: _____		



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