



# COMMUNITY PARTNERSHIP INSIDER

Jan/Feb 2011

## Partnerships in Action



Loveland Community Health Center and Larimer Center for Mental Health (LCMH) are pleased to announce a recent grant award from

The Colorado Health Foundation for the integration of primary health and behavioral health care.

The three-year award will allow Loveland Community Health Center to place a medical team at Larimer Center for Mental Health's Loveland office. The team will work closely with LCMH staff to meet the medical needs of our mutual clients. Individuals with severe mental illness and addictive disorders are disproportionately impacted by chronic health conditions, and are dying, on average, 25 years earlier than those who are not impacted by behavioral health disorders. Because of difficulties accessing primary care and routine screenings, as well as high levels of obesity, smoking, and other unhealthy lifestyle choices, the placement of a medical team at LCMH is a much needed resource.

Conversely, Larimer Center for Mental Health will be placing a Behavioral Health Specialist at Loveland Community Health Center. This individual will be fully integrated into the medical team, and will serve as a resource for patients in need of mental health and substance abuse screenings, brief interventions for

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Meals on Wheels of Loveland and Berthoud has been serving homebound people since 1968. The non-profit agency was founded by Dorothy Morin and Helen Erion. They found there was a need for nutritious meals and socialization in Loveland's senior population and hence the program was implemented.

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Visit us on the Web:  
<http://www.cityofloveland.org/humanservices>

## Education and Life Training Center

### Join us in the new year for the start of our Winter Session!



With the new year approaching make a resolution to invest in your education and gain the job skills you need in this difficult economy. ELTC is excited to offer the following courses for the **Winter Session**: Computer Basics, Microsoft Office, QuickBooks I, QuickBooks II, Computer Career Basics, A+ Certification Preparation, and Phlebotomy. We also offer ongoing GED and ESL courses! Registration for these courses begins the first week of January and classes start January 18<sup>th</sup>.

Looking to boost your computer skills without the extensive time commitment? ELTC is now offering one and two day computer workshops for those interested in improving their knowledge of Google, QuickBooks or Microsoft Office programs such as Excel, Access, and PowerPoint.

Fees vary by course and sliding scale rates and payment plans are offered!

***At ELTC we envision a community where all are empowered to succeed through education!***

For more detailed information on upcoming class offerings, please call **970.482.4357**, or visit the following link: <http://www.eltccenter.org>

### ***Partnerships in Action*** (Continued from page 1)

Conversely, **Larimer Center for Mental Health** will be placing a Behavioral Health Specialist at **Loveland Community Health Center**. This individual will be fully integrated into the medical team, and will serve as a resource for patients in need of mental health and substance abuse screenings, brief interventions for substance abuse, depression and anxiety, and assistance with connection to long-term behavioral health care as needed. Many, many patients come to **Loveland Community Health Clinic** in need of some kind of behavioral health intervention. Being able to receive it, on-site, in the location of their choice will be highly beneficial.

"We are incredibly grateful to **The Colorado Health Foundation** for entrusting us with this large undertaking," said Mitzi Moran, President/CEO of Sunrise Health Centers, which oversees **Loveland Community Health Center**. "We intend to show that when we provide health care that recognizes the interplay of behavioral health and primary health, people will have much better health outcomes. As a community, Loveland has shown itself, over and over, to be a place where collaborations thrive. With our partner, **Larimer Center for Mental Health**, we look forward to improving the health of the Loveland community."

*Mary Beth Swanson, LCSW, Development Specialist, Larimer Center for Mental Health*



## A New Year, A New Name!

**Macdonald Family Charity** is excited to announce it will begin operating as "**A Child's Dream**" on January 1, 2011. The organization has decided that it will make the change to help clarify for the community our mission as well as help eliminate any confusion with the Ronald McDonald House. The decision was made at the board meeting on November 17, and everyone is excited to embrace and share the new name. Along with that, the board has decided to change our mission. The new mission for A Child's Dream is to grant dreams to children and youth who are terminally or chronically ill, injured and low income in Larimer County. We look forward to growing into our new name and serving more children in the coming year!

## Rehabilitation and Visiting Nurse Association (RVNA) Ranked Among top 25% of Home Health Providers in Country



RVNA has been named to the 2010 HomeCare Elite™, a compilation of the top-performing home health agencies in the United States. Now in its fifth year, the HomeCare Elite identifies the top 25 percent of Medicare-certified agencies. Winners are ranked by an analysis of performance measures in quality outcomes, quality improvement, and financial performance.

"The 2010 HomeCare Elite winners continue to demonstrate a commitment to providing their patients with the best possible care while performing at the highest level," said Amanda Twiss, CEO of OCS HomeCare. "We congratulate RVNA on being one of the top home care agencies in the country. In addition, we salute all forward-thinking providers who are already working on measuring and improving their performance using OASIS-C outcomes and process measures and HH-CAHPS results. This important data will also be used in identifying the HomeCare Elite in the future."

RVNA President and CEO, Crystal Day, credits the RVNA staff with the company's ability to rank as one of the HomeCare Elite. She said, "The dedication to our mission and top quality skills of the RVNA staff are what allows RVNA to deliver the highest level of services to the patients we serve. We continually strive to improve the delivery of our services and this would not be possible without the support of our staff and the community."

"We would like to thank the community for showing confidence in RVNA for the past 31 years and RVNA will continue to provide those home health services that are so important to our north Colorado residents."

### About RVNA

***RVNA is the only community based, not-for-profit home health agency in northern Colorado. RVNA began operations in Larimer County in 1986 and serves the Loveland area from its office at 107 Cameron Dr., Fort Collins. RVNA services include:***

***Skilled Nursing   Physical Therapies   Occupational Therapies   Speech Pathologists  
Medical Social Worker   PCP/CAN Services   Homemaking Services***

***Should you have any questions about home health services please call 970-226-9399.***



## United Way Volunteer Fair January 17th

The Colorado State University, Fort Collins and Loveland communities will celebrate Martin Luther King Jr. Day with several events on Jan. 17, 2011 through January 21, 2011. The theme of this year's celebration is "Educating the Heart and the Mind." As part of the event, United Way of Larimer County will host a Volunteer Fair, scheduled to take place Monday, January 17<sup>th</sup> from noon-2:00pm at the Lory Student Center Food Court on the Colorado State University campus in Fort Collins. For more information, please visit [www.mlkfortcollins.org](http://www.mlkfortcollins.org) or contact Andrea Bloomquist at 970.407.7054 or [abloomquist@uwaylc.org](mailto:abloomquist@uwaylc.org).

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The concept for Meals on Wheels began in Great Britain during World War II (1939) when people's homes were destroyed and they had nothing to eat. The first Meals on Wheels program in the United States began in Philadelphia, Pennsylvania in 1954.



• **Meals on Wheels of Loveland and Berthoud** serves individuals with limited abilities to leave home, shop for food and prepare meals Monday through Friday. The program's service area has grown and meals are delivered in Loveland, Berthoud, Masonville and rural areas around the communities.

The program is comprised of six staff members daily that work to prepare and package meals, coordinate volunteers and raise funds to provide the needed revenue to administrate the non-profit agency.

**Meals on Wheels** has a total of 300 incredible volunteers that assist the program with providing over 60,000 meals annually. They help by prepping, packaging and delivering meals as well as governing, providing I.T. support and equipment maintenance. They make it possible to provide meals to every homebound person in need of service.

**Meals on Wheels** is happy to announce they have teamed up with **The Community Kitchen** to assist Loveland's homeless and low income needy residents. **Meals on Wheels** uses their large well-equipped kitchen to prepare meals seven days per week for **The Community Kitchen** program. The meals are provided at cost and **The Community Kitchen's** dining center is leased at no cost.

The two separate non-profit programs have collaborated to provide nutritious meals to individuals utilizing **Meals on Wheels** spacious facilities. The effort has proven to be efficient and cost effective benefiting everyone in need. **Meals on Wheels** and **The Community Kitchen** are blessed to have the Loveland communities' support.

**Meals on Wheels** is grateful for everyone who contributes to its program ensuring that no one person is in need of meals.

## Media-Smart Youth: Eat, Think, and Be Active!

This interactive program is designed to help young people become critical, creative thinkers. Youth will learn to analyze, evaluate, and create media messages--skills that can help them make smart and positive choices about nutrition and physical activity every day.

*Classes will meet every Friday after school (4-5:30pm) and Saturday Mornings (10:30-noon). The series will run for 5 weeks and a snack will be offered during each class.*

**Age:** Boys & Girls 11-13

**Dates:** January 14-February 12

**Cost:** \$50.00 for ALL 10 SESSIONS!

**Location:** Northside Aztlan Center

Class is listed in the Recreator



**Web Address for Online Registration:** <http://fcgov.com/webtrac>

**Phone Registration:** Northside Aztlan Community Center: 970-221-6655 or Senior Center: 970-221-6644 or EPIC: 970-221-6683

**[WWW.BeyondTheMirror.org](http://WWW.BeyondTheMirror.org)**

## Beyond the Mirror OPEN HOUSE

Join us for ... An Evening of Social Delight!  
at Beyond the Mirror Center of Counseling & Wellness

**Saturday, January 15, 2011 6 - 9 PM**

Enjoy an evening of refreshments, chair massage & fun! Come meet our staff,  
see our NEW space &  
get more information about all of the services Beyond the Mirror  
has to offer!

1220 S. College Avenue (upstairs in the Keller Williams Building)  
Fort Collins, CO 80524



### Got News?

Send your  
submissions to  
**Beverly Walker**  
Walkeb  
@ci.loveland.co.us

by Feb. 15th  
to be included  
in the  
Mar/Apr issue!

## Loveland Youth Gardeners

1854 Piney River Drive ♥ Loveland, Colorado 80538 ♥ 970-669-7182

[www.lovelandyouthgardeners.org](http://www.lovelandyouthgardeners.org)

Green Adventures

Educational Experiences to Grow a Healthy Body & World!

Classes for 7-12 year olds

Taught by Bill Wride

Saturdays: 9:00-11:30am

Location: High Plains Environmental Center

Developing stewardship and healthy living skills through a variety of activities, including:  
gardening, science, art, creative writing and nutrition.

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### Winter & Spring 2011

Cost: \$15/adventure

\$55 for all four

**scholarships available**

Space is limited. Advance registration required: Call 669-7182 for details

**February 12: Valentine's Day—The Green Way!**      **Registration Deadline: February 10**

We will create unique Valentine gifts and prepare a heart- healthy treat!

*These next three classes will focus on the initial steps to grow a garden, planning and design, starting seeds and planting. Each session will be its own complete class, but will also build toward the Green Adventures summer camps, which will begin in June with "Get Growing!"*

**March 12: The Magnificent, Marvelous Seed!**      **Registration Deadline: March 10**

Did you know that coconut and popcorn are seeds? Spend a morning exploring seeds, planting seeds indoors and doing a creative project. We'll have a "seedy" snack, too!

**April 9: On Your Mark, Get Seeds, Grow!**      **Registration Deadline: April 7**

Seeds: indoors and out! We'll plant seeds that like cool weather out in the garden and seeds that like it warm in the greenhouse. We'll also plant wildflower gardens to take home! Fun!

**May 14: Planting Day!**      **Registration Deadline: May 12**

Bring your folks for planting day! We'll also enjoy a snack after getting things growing!



## SOUPS ON AT EMPTY BOWLS FORT COLLINS FEBRUARY 24



### 14th annual event benefits Food Bank for Larimer County

Bring art to your table and food to the community. The 14th annual Empty Bowls Fort Collins event will be ladling community hope on Thursday, February 24 beginning at 5:30 p.m. at the Hilton, 425 W. Prospect. Working to increase awareness of hunger in Larimer County, the event raises funds for the Food Bank for Larimer County, 1301 Blue Spruce Drive, a non-profit organization providing food to all in need through community partnerships and hunger relief programs.

Hosted at the Hilton in Fort Collins, the event offers guests the opportunity to select a pottery bowl made by students in the Poudre School District or by a local artist and enjoy signature soups provided by area restaurants. In addition to bowls made by students in Poudre School District, many bowls are also created by the artists of the City of Fort Collins' Pottery Studio and the Northern Colorado Pottery Guild. In addition to tasting delicious hand-crafted soups and choosing a one-of-a-kind bowl, guests can choose to bid on silent auction items while enjoying live jazz music from Rocky Mountain High School Jazz Band.

For the price of one ticket to Empty Bowls Fort Collins, the Food Bank can provide enough food to feed 200 families in need in Larimer County. Tickets are \$50 per person or \$95 per couple and can be reserved online at [www.foodbanklarimer.org](http://www.foodbanklarimer.org) or by phone (970) 493-4477.

**Safe Kids Larimer County and partners are pleased to offer two classes per month for families in need of a car seat/booster seat for their child.**

***Distribution is limited to one (1) seat per family, per year.***

**Classes are offered in both English and Spanish.**

**Se habla español.**

**Call 970.495.7508**

***Registration is REQUIRED!***

**Please call to register at least 48 hours prior to class date/time**

**A \$20 donation is requested to support Safe Kids.**

#### **When & Where:**

**Tuesday, January 11th**

**4:30pm—5:30pm and 5:30pm—6:30pm (parents-to-be ONLY)**

Loveland Fire Station #6

4325 McWhinney Blvd., Loveland *Conference Room*

**Friday, January 28th 9:00am—10:00am**

(SPANISH only)

The Family Center/La Familia

309 Hickory St., Fort Collins *Media Room*

**Tuesday, February 8th**

**4:30pm—5:30pm and 5:30pm—6:30pm (parents-to-be ONLY)**

Salud Family Health Center

1635 Blue Spruce Dr., Fort Collins *Upstairs Conference Rm*

**Friday, February 25th 9:00am—10:00am**

(SPANISH only)

The Family Center/La Familia

309 Hickory St., Fort Collins *Media Room*





## Celebrate 25 Years of Youth development

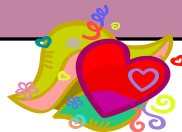
and meet our 2011 Boys & Girls Club Youth of the Year at **the Boys & Girls Clubs of Larimer County Building Incredible Kids fundraiser breakfast**

Tuesday, Feb. 1, 7:00 - 8:30 a.m. at the Embassy Suites Loveland Hotel & Conference Center

RSVP at [bit.ly/BIK2011RSVP](http://bit.ly/BIK2011RSVP)

or contact Maria Swall for more details: [mswall@bqclarimer.org](mailto:mswall@bqclarimer.org), 223-1709 x104.

## LYG VALENTINE CARDS



2011 marks the 6th year of the **Loveland Youth Gardeners** Valentine Project. This year, LYG offers a variety pack of several Valentine designs. They will be available the week of January 17 in Loveland and Fort Collins at local businesses, including:

Anthology Book Company, Kitchen Alley, Loveland Museum and Gallery, Rowe's Flowers and Gifts, Walgreen's (Eisenhower), Earle's Loveland Floral, The Courtyard, Columbine Drugs and-Cozy Cottage. And in Fort Collins at The Cupboard and Bath Nursery.  
Cost: \$2 each or 6 for \$10. For more info call: 669-7182.

### STEWARDSHIP SERIES

In 2011, **Loveland Youth Gardeners** will partner with High Plains Environmental Center on a series of public education classes. The series will begin on February 3, with a class on Worm Composting, by Northern Colorado's own "Worm Man," John Anderson! See below for details about this class and stay tuned for more info about the rest of the series.

#### "Starve a Landfill, Feed a Worm"

In this class, you will learn the hows and whys of worm composting in Colorado and beyond. John hopes you will be charged, confident, willing and able to easily do more to live with nature, on our one and only planet.

Date: Thursday, February 3, 2011

Time: 6:30-8:00pm

Cost: \$10

Register By: February 2

Location: High Plains Environmental Center, 1854 Piney River Drive



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