



COMMUNITY PARTNERSHIP INSIDER

July/August 2010

NEWS FROM THE WOMEN'S RESOURCE CENTER

Recent news about breast cancer rates in our community has been receiving a lot of attention lately. A recent study by Susan G. Komen for the Cure found that Larimer County has the highest incidence of breast cancer in Colorado across all segments of the female population.

A rather alarming statistic, but perhaps not cause for alarm. We are not even ranked in the top 10 counties in breast cancer mortality. Why? What does this mean?

It means that women's health advocates and organizations like the Women's Resource Center are reaching out to women, providing breast health education, increasing public awareness and ensuring that women are getting recommended mammograms. It means that early detection and treatment of breast cancer saves lives.

The Women's Resource Center can answer your questions about when you should get a mammogram, how often you should get a mammogram, when or if you should stop getting mammograms, how much do they cost and where to get a mammogram.

Please call us at 970.484.1902 or visit our website at www.womens-resource.org



women's resource center

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Volunteers needed for House of Neighborly Service Summer Fundraising Events

July 9, 10 (AM and PM shifts)

Loveland Loves BarBQ

www.lovelandlovesbbq.com/volunteers
will man the drink stations for HNS. Free meal.

August 7 (1-6PM)

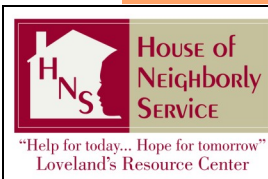
Gnarly Barley Beer Fest

www.gnarlybarleybrewfest.com/volunteers.
Class required for pourers. Free meal.

August 20 (5:30-8:30 PM)

Valley 5000 5K Run

volunteers, course marshal, water stations, etc.



For more information on
volunteering for these events
contact HNS at
970.667.4939



Community Partnership Office
500 E. 3rd Street Suite 210
Loveland, CO 80537

Phone: 970.962.2517
Fax: 970.962.2903
Email: mcclud@ci.loveland.co.us

Visit us on the Web:
<http://www.cityofloveland.org/humanservices>



Loveland Youth Gardeners
Presents
**2010 GREEN
ADVENTURES CAMP**

With Teacher Bill Wride

Educational Experiences to Grow
Healthy Bodies in a Healthy World!

Ages: 7-12

Tuition: \$85 per weeklong adventure

10% off 2 or more adventures * scholar-
ships available* family and friend
discounts

Monday-Friday: 8:30 a.m.-11:30

Location: High Plains
Environmental Center

1854 Piney River Drive, Loveland

Engage Your Child in a Variety of Hands-On
Summer Activities
Including:

Gardening, Cooking and Nutrition, Scien-
tific Investigations, Art, Creative Writing,
Take-home projects and more!

Adventure #2 July:5-9

It's Entomology By-Golly!

Spiders and beetles and bees-oh, my! Have
fun with entomology: the study of insects,
by meeting them: *Up close
and personal!*

Adventure #3 July: 19-23

Dirty Detectives!

Each day we will explore an exciting garden
mystery related to plants, soil, weather and
insects.

Adventure #4 August: 2-6

Join the "Green" Team!

Staying "Green" is our mission, and we'll
investigate what it means as we work in the
gardens and explore the trails and wildlife
areas near High Plains Environmental Cen-
ter.

Advance Registration Required • Space is
Limited

669.7182 to Register or for More Details •
www.lovelandyouthgardeners.org



The 2010
Community Classic
Bike Tour raised
over \$80,000 with
the largest turn-
out ever!
Thanks to the
1500 cyclists and
over 200
volunteers that
made it happen!



The Larimer Home Ownership Program (LHOP) administered by the **Housing Authority of the City of Loveland**, has been approved by the state for new funding in the amount of \$252,709! The program provides down payment and closing cost assistance up to \$10,000 with a 2% interest and a 10 year term, for income qualified buyers purchasing in the Larimer County area and the City limits of Loveland. Qualified buyers may not make more than 80% of the area median income.

LHOP should be receiving the new funds by end of July 2010. These funds will be for buyers purchasing within the Loveland City limits. The program does currently have monies available for people who are purchasing in the County including; Berthoud, LaPorte, Wellington, Estes Park and unincorporated areas.

To apply for the program or if you have further questions please contact Amy Irwin, Program Manager at 970.635.5931 or visit our website at www.lovelandhsg.org.

Chipper's Lanes Black Tie Bowling

Saturday, August 28th, 6:00 PM to 10:30 PM

Benefiting CASA of Larimer County & Canyon Concert Dance Center



Come join the fun while bowling with friends and raising needed funds for organizations serving children and families in our Northern Colorado Community. This festively dressed, but casual event will bring out the child in all of us as we bowl our way to an enjoyable evening. The backdrop of evening wear mingled with bowling shoes will bring a smile to everyone.

- Scotch Doubles Bowling (fancy for just take turns) and prizes
- Cuisine, drinks, silent auction, and laughs
- \$60 per person OR \$200 per 4 person team (must register together), sponsorships available

For more information or to register online go to www.blacktiebowling.com

The event raises funds for two great organizations: CASA of Larimer County and Canyon Concert Dance Center. No matter how many times you hear the words. No matter how many different ways there are to say it. These words will always ring true: The children are the future.

Canyon Concert Dance Center provides our community with quality instruction and performance in a variety of dance forms with ballet at the core. Low income students have the opportunity for scholarships ensuring they have the opportunity to pursue this creative, healthy art form.

CASA of Larimer County believes a safe and permanent home should be every child's reality. CASA trains and supervises community volunteers who advocate for our most vulnerable children – those who have been victimized by abuse, neglect or abandonment. They get to know these children and speak up for them in Court, providing timely, pertinent information to ensure that the child's best interests are served. Perhaps even more important, a child's CASA is often the only constant presence and source of comfort throughout the child's long, and sometimes frightening, journey through the child welfare system.

CASA of Larimer County also operates the Harmony House program with Harmony Houses both in Fort Collins and Loveland. This program provides supervised visitations or custody exchanges so children can maintain important family relationships while their family is going through court proceedings. Maintaining these relationships protects children from further trauma during difficult family situations.



Education and Life Training Center

New classes beginning in August!

Our fall course offerings include computer skills workshops, 2 week intensives, and eight week courses. We are also offering Phlebotomy, TOEFL preparation, GED preparation, and ESOL classes!

Register at 401 Linden, August 2nd – 18th
Classes begin August 23rd

For more information on class offerings, please call **970.482.4357**, or visit the following link: <http://www.eltcenter.org/calendar.html>

Correction to the May/June issue regarding the Katelynn Stinnett Memorial Ride annual child abuse awareness Poker Run, it will benefit children seeking help at **Alternatives to Violence**.





**Loveland
Classic 5K/10K
runs into town
July 17th**

This year the Loveland Classic, presented by **Country Financial**, is taking place on July 17th at **Davidson-Gebhardt Chevrolet** in the Motorplex in Loveland. The race starts at 7:00am and hosts a PVHS Kids Run and Fit Teen Series beginning at 8:30am; an ongoing EXPO; as well as being Northern Colorado's first "Zero Waste" race. JOIN your friends and family for a fun event that promotes physical fitness, family, and community togetherness.

Once again, the race benefits one of Loveland's long standing non-profits, **Thompson Valley Preschool**. The preschool provides an affordable, quality early childhood education for the at-risk children in the community. Proceeds from the race will provide scholarships for the children in need, giving them a running start on their educational foundation.



Entry fee: \$20; Race day registration \$25.

Register at: www.active.com or download the form on-line www.lovelandclassic.com

Fort Collins – Country Financial, Foot of the Rockies, Runners Roost

Loveland – Country Financial, Golds Gym, 3X Fast

Greeley – Bells Running

Come JOIN the fun and support a great cause!

July 17th, 2010 at: Davidson-Gebhardt
3880 Test Circle Loveland, CO 80538



**Inaugural
Loveland
Little Sprint
Triathlon**



Contact:

Dawn Paepke

Events Coordinator

McKee Medical
Center Foundation
970.203.2519

dawn.paepke@bannerhealth.com

The **Loveland Little Sprint Triathlon** is scheduled for **Saturday, July 24, 2010** beginning at noon at Mountain View High School in Loveland. Organizers of the triathlon, for kids ages 14 and under, hope to motivate area youth through sport to lead an active and healthy lifestyle. Participants compete in age-appropriate distances with an emphasis on fun and safety. All participants will receive a t-shirt and medal. This year's race will be capped at 250 participants.

There are different distances per age group. Ages 6 and under will do a 25-yard pool swim, half mile bike ride and a quarter mile run. Ages 7–10 will do a 100-yard pool swim, 2.5-mile bike ride and a half mile run while the 11–14-year-olds will do a 200-yard pool swim, 5-mile bike ride and a one-mile run.

Entry fees are \$30 for USA Triathlon members and \$35 for non-members. Register online at Active.com or visit McKeeFoundation.com for a downloadable registration form. More information is available at McKeeFoundation.com or by calling (970) 203-2519. All of the registration fees and sponsorship contributions will benefit **Stepping Stones Adult Day Program** at McKee Medical Center.

The Loveland Little Sprint is sponsored by the McKee Medical Center, Parent Magazine and Northern Colorado 5.

The **McKee Medical Center Foundation** raises funds and friends for the health and wellness of the Loveland community. We exist to make a difference in people's lives through excellent patient care.

Adolescent Support Group

During the transition from high school to college many individuals find themselves unprepared to face the increasing academic demands compounded by rigorous peer pressures and the social challenge of gaining acceptance into new friendship circles. It is also common to experience body image concerns and preoccupations, as well as a loss of self-confidence.

This group provides a safe space for young women 17-20 to explore and express their feelings and relationships to self and others. The group format will encourage the development of strength, courage, confidence, honesty, and communication skills in women. Participants will learn ways to become aware of and express their feelings & emotions, as well as learn healthy coping tools.

Emotional Eating Group

This is a group for women who experience and struggle with emotional eating. Some-

times the strongest longings for food happen when you're at your weakest point emotionally. Many people turn to food for comfort, consciously or unconsciously, when they're facing a difficult problem or looking to keep themselves occupied

Learn how to:

Break free from the binge / diet cycle.

Quit self sabotage.

Stop obsessing about food & weight and what to eat.

End overeating at the root

For more information contact Jennifer Amaral-Kunze 970.402.8543, beyondthemirrorcounseling@yahoo.com

On Thursday, June 10th from 6-6:30pm tune in to KRFC 88.9 to get more information about Beyond the Mirror & our services!



BEYOND THE MIRROR IS OFFERING 2 NEW GROUPS THIS SUMMER...

Safe Kids Larimer County and partners are pleased to offer two classes per month for families in need of a car seat/booster seat for their child.

Distribution is limited to one (1) seat per family, per year.

Classes are offered in both English and Spanish.

Se habla español.

Call 970.495.7508

Registration is REQUIRED!

Please call to register at least 48 hours prior to class date/time

A \$20 donation is requested to support Safe Kids.

When & Where:

Tuesday, July 13th

4:30pm—5:30pm and 5:30pm—6:30pm

(parents-to-be ONLY)

Loveland Fire Station #6

4325 McWhinney Blvd., Loveland Conference Room

Friday, July 30th 9:00am—10:00am

(SPANISH only)

The Family Center/La Familia

309 Hickory St., Fort Collins Media Room

Tuesday, August 10th

4:30pm—5:30pm and 5:30pm—6:30pm

(parents-to-be ONLY)

Salud Family Health Center

1635 Blue Spruce Dr., Fort Collins Upstairs Conference Rm

Friday, August 27th 9:00am—10:00am

(SPANISH only)

The Family Center/La Familia

309 Hickory St., Fort Collins Media Room



Got News?

Send your submissions to

Beverly Walker

**Walkeb
@ci.loveland.co.us**

**by Aug. 15th
to be included
in the
Sep/Oct issue!**



Volunteers are needed

for set up,
registration, course
marshaling, and
take down.

Shifts are between
10 am and 4pm
Saturday July 24th

All volunteers will
receive a Loveland
Little Sprint
volunteer t-shirt.

(See page 4 for
more details on the
triathlon.)

Contact
Dawn Paepke at
970.203.2519 or
[dawn.paepke@ban
nerhealth.com](mailto:dawn.paepke@bannerhealth.com)



Whether your high heels have never touched a green — or you're a master scrambler — this event to benefit the McKee Medical Center Foundation is sure to delight.

Activities include:

- Fine food and lively libations
- Golf etiquette, rules and basic play instructions
- 9, 6 and 3-hole scrambles for teams of four
- Awards and prizes
- Fashion show presented by *All Dressed Up & Somewhere To Go*



JOIN US!

Thursday, August 19, 2010

Tee times start at 2 p.m. • Olde Course, Loveland, CO

\$50 includes golf, instruction, food, drink, goodie bag

*Can't join us for golf? Join us for Birdies after Hours starting at 5:30 p.m.
\$25 includes food, drink, goodie bag and fashion show.*

Visit McKeeFoundation.com or call (970) 593-6038
for registration information.



Banner Health

McKee Medical Center
Foundation

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