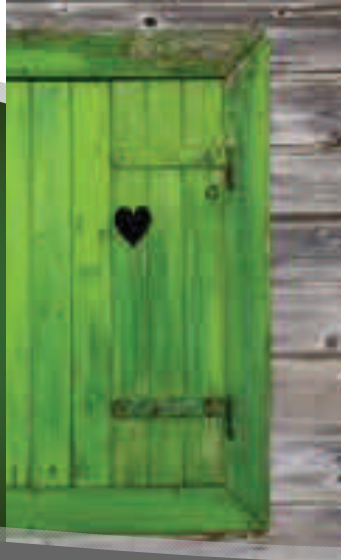


COMMUNITY PARTNERSHIP INSIDER

January/February
2013



Like us



Partnerships in Action

As we ring in the New Year at Partners Mentoring Youth, and with mentoring organizations across the country, we are celebrating **National Mentoring Month**.

In January, the National Mentoring Partnership focuses national attention on the need for mentors, and how individuals, businesses, schools, and other communities can work together to increase the number of mentors to assure brighter futures for our children. Mentoring has been shown to improve the attendance and engagement of kids at school, increase self esteem, and decrease negative behaviors.

At Partners we love hearing mentoring success stories from both Senior and Junior Partners. Whether it's the Engineer matched in our School Based Program working on math with his Junior Partner, a Senior Partner in the Community Based Program teaching his Junior Partner how to repair a car, or watching kids learn how to manage a budget at our Christmas for Kids activity, our Mentors are doing great things for kids! We believe that this is not only a month for us to recruit more mentors, but to recognize all of our amazing volunteers and the wonderful work they do. If you know someone who is a mentor, join us in thanking them for all they do!

If you or someone you know would like to learn more about being a mentor, please visit our website at www.partnersmentoringyouth.org, or contact volcoor@partnersmentoringyouth.org



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INSIDE The Community Partnership Office

The 2013 Human Services Grant and the Community Development Block Grant process begins! On January 2nd both Grant Guides will be available to download from the Community Partnership's website at www.cityofloveland.org/communitypartnership

The **Community Partnership Office** is Staff Liaison to the **Human Services and Affordable Housing Commissions**. There are currently open positions on the AHC. Go to www.cityofloveland.com or [click here to apply](#).



Community Partnership Office
500 E. 3rd Street Suite 210
Loveland, CO 80537

Phone: 970.962.2705
Email:
beverly.walker@cityofloveland.org

Visit us on the Web:
[http://www.cityofloveland.org/
communitypartnership](http://www.cityofloveland.org/communitypartnership)



Homeless Gear

*Offering Hope
and a Hand Up*

Homeless Gear and Hand Up Cooperative Merge

Homeless Gear and Hand Up Cooperative, two organizations that have independently helped thousands of homeless men, women and children survive on the streets and move toward self-sufficiency, are now one and the same!

Hand Up empowers Larimer County's homeless and low-income neighbors to achieve self sufficiency by providing a personalized pathway to gain and maintain employment.

As the name and new logo implies, we serve homeless men, women, and children through a far-reaching family of programs. In addition to providing the homeless with emergency goods and services, we also offer job training, job placement and companionship and guidance through the system of agencies that are in place to help get them back to self sufficiency.

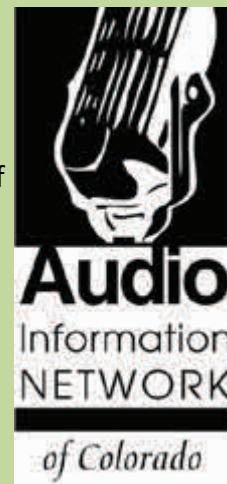
Our combined and cost-effective programs provide homeless individuals with a clear path from homelessness to self sufficiency.

We have the support of a dedicated Board of Directors that includes business and community leaders with a wide range of backgrounds and skills, including legal, accounting, marketing, IT, and social services.

More info: www.homelessgear.com

Audio Information Network of Colorado Offers PSA's

Audio Information Network of Colorado is Colorado's only volunteer-based, broadcast and audio information service for the state's blind, visually impaired and print disabled residents. Public Service Announcements (PSA's) about your event or service include: WHO, WHAT, WHEN, WHERE, COST (if applicable) and any other pertinent information with a contact phone number. If faxing a flyer is preferred, the fax number is 303.939.8013. PSA's must be under 60 seconds. If a longer newsletter or article needs to be aired it can be included under other appropriate current programs such as Health, Senior Digest, Disability News, Parenting, etc. Longer articles can also be mailed to: AINColorado, 2200 Central Avenue, Suite A, Boulder, CO 80301. PSA's are run randomly throughout the day, so it's best to get them in at least 2 weeks in advance for maximum coverage. For more information contact Pam McDonald at 303.786.7777, x 104 or email your PSA to pam@aincolorado.org or ainc@aincolorado.org.



Money Matters at the Loveland Public Library 300 N. Adams

Knowledge is Power: Take Charge of Your Taxes in 2013

Gain valuable knowledge on the basic principles to give you confidence in preparing your own tax return or working with a certified tax preparer. Learn the questions to ask to maximize your refund and get all available tax credits. Learn about a FREE tax preparation program by IRS-certified volunteers.

Tuesday, January 15, 6:30 – 7:30pm

Presenter: Harry Love, Volunteer Income Tax Assistance Program (VITA)

Take Control! Create a Spending and Savings Plan That Will Work for You

Take control of your money instead of letting it control you. Learn how to create a spending and savings plan that will help you manage your money so you can start saving for the vacation, the new kitchen, or the financial stability you've always wanted.

Tuesday, February 19, 6:30 – 7:30pm

Presenter: Laurel Kubin, CSU Extension – Larimer County



Loveland Employers' Roundtables

Employers' Roundtables are presented free of charge by the Larimer County Workforce Center and the Larimer County Enterprise Zone. Employers' Roundtables are sponsored by the Coloradoan Media Group and the Northern Colorado Business Report. Loveland Employers' Roundtables are also sponsored by the City Of Loveland.



To reserve a seat for Employers' Roundtables, register online at: www.larimerworkforce.org under the "Business" tab, or call Lori Zuccolin at 498-6606.

January 11 - 8-9:30am Killer Presentations

Ava Diamond, Feisty Women Rock!

Loveland Police Services 810 East 10th Street

February 8 - 8-9:30am Are You Truly Ready for Leadership?

Chris Hutchinson, Trebuchet Group

Loveland Police Services 810 East 10th Street



Would you like to make an impact in the future of a child victim of abuse or neglect? No previous qualifications required; we train compassionate community members to advocate in court for these innocent victims. Our next semi-annual training session starts on January 28th. Please contact Serena Robb now at 970.377.9445 or Serena@CASALarimer.com for more info.

Healthy Resolutions, and How to Keep Them

By now, you've heard everyone around you discussing their 2013 resolutions. This may be the time when you're already considering jumping ship on the resolutions you told your family and friends you were committing to, or perhaps you chose to be a part of the remaining 55-60% of Americans who do NOT make resolutions.



28 is the number of days it takes to break a bad habit, or develop a new one! We're pointing that out so that you don't give up prematurely! Stick with it, and get healthy.

Fitness. This must be at the top of our list, if only to once again point out just how important it is. Spend 30 minutes per day doing something physical - from Tai Chi for balance and strength, to short walks around the house. This will help improve your strength and reduce your chance of falling.

Slash Sodium Consumption. Sodium contributes to water retention and can raise blood pressure. Check labels and decrease intake to decrease the risk of heart disease and better manage weight.

Choose Calcium-Rich Foods. Low-fat dairy, calcium-fortified orange juice, canned salmon or sardines and dark leafy green vegetables will help prevent osteoporosis.

Engage your mind. Keeping your brain healthy is vital to your overall health and can be a challenge for many of us. Now is the time to renew your interest in playing cards, board games and crossword puzzles or to begin listening to books on tape. Any regular mental stimulation will help you stay sharp and reduce memory loss.

Talk with your care provider. This is a wonderful time to talk with your provider about 2013. Discuss any changes you're feeling, health and fitness goals for the near year, and review medications or any questions you may have.

RVNA's team of home health care providers is always there to help with additional healthy resolution ideas, ways to implement any of the bullet points we highlighted, or can assist you in developing personal resolutions that stick and become healthy habits! Happy New Year from RVNA!

Martin Luther King, Jr. Day Celebration Nonprofit Volunteer Fair

The Martin Luther King, Jr. Day March and Celebration honors the legacy and dream of Dr. Martin Luther King, Jr., bringing together hundreds of community members to express their support of King's vision of equality, justice, peace and service.

We invite your organization to participate in this event by staffing a table at the Volunteer Fair in Fort Collins. The focus is on service, so please come prepared to speak with people about specific ways they can get involved in helping your organization and/or the community. Space is limited, so please make your reservation soon.

What: MLK Day Celebration Nonprofit Volunteer Fair

When: Monday, January 21, 2012 (11am-2pm)

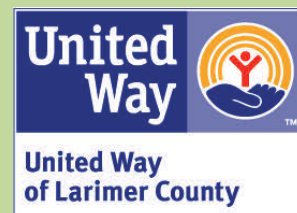
Where: Lory Student Center Food Court, Colorado State University

Fee: Free; Includes Parking

Agency fair exhibitors may set up between 10am-11pm. A table and two chairs will be provided.

To RSVP, [click here](#).

Contact [Jami McMannes](#) 970.407.7055



Give Next Youth Philanthropy Program Grants Available to Larimer County Nonprofits

Give Next is a youth philanthropy service-learning program coordinated by United Way of Larimer County's Volunteer Center and supported by the Bohemian Foundation, as well as local businesses and donors. Each classroom participating in the program has \$5,000 to grant to local nonprofits focusing on the issues their school has determined are the most pressing in our community. Larimer County 501(c)(3) nonprofit organizations are invited to review the classroom mission statements and apply for the available funds at www.give-next.org. Deadline to apply is January 31, 2013.

Contact Jamie Suess, Volunteer Engagement Coordinator, United Way of Larimer County - 970.407.7054

www.unitedwayoflarimercounty.org



21st Century Trivia Bowl - to benefit Look Both Ways, Inc.

Double elimination, round robin tournament.

Saturday, February 2nd, 2013

8:30 a.m. check-in

9:00 a.m. start time

UNC Loveland Center at Centerra

2915 Rocky Mountain Ave

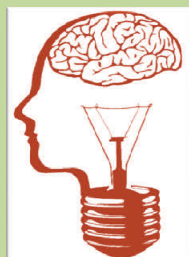
Loveland, CO 80538

Early Bird Registration (by December 31st): \$120 per four-person team.

Registration is \$140 starting January 1, 2013.

Registration fee is non-refundable. Business, Service Organizations and Open Divisions available.

Visit WWW.LKBTHWYS.ORG for more info!



**Presented
by:**



**Sponsored
by:**

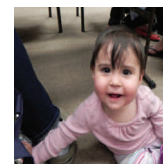


More Best Start for Babies Classes!

Best Start for Babies is a parent education program that strives to promote positive child outcomes by providing parenting supports to families during the prenatal and critically important first year of a child's life. The classes teach parents about their baby's development, activities for bonding, and how to find helpful resources. Parents must be expecting a baby or have a baby under one year old to register for the classes.



The classes are free and are held for 3 hours each week for 10 weeks. Free child care and dinner will be provided at each class for the whole family. Parents are also entered in weekly drawings for baby prizes, such as diapers or car seats. Moms, Dads, older brothers and sisters and other support people are welcome to attend. Moms and Dads must register separately for the classes. The classes are in English and Spanish.



Classes begin January 31st, 2013 and are held every Thursday until April 4th from 5-8pm. Please call Melanie Kelsea at 970.377.3388 ext. 212 or email mkelsea@eccl.org to get on the registration list for classes!

If you are interested or have questions, please contact Melanie Kelsea 970.377.3388 ext. 212 or via email at mkelsea@eccl.org.



Financial Education in Our Community

Financial Education in Our Community is a two-part financial education training program for human service professionals, faith-based community members, K-16 educators and professionals, human resource professionals, and financial education volunteers in Northern Colorado. The training program is made possible by a grant from the FINRA Investor Education Foundation through a partnership with United Way Worldwide.

In the training, participants learn how to provide financial education within their organizations. Participants strengthen their financial content knowledge, learn more about relevant and trusted financial education resources in the community, and gather usable money management tools and techniques to help individuals and families work toward financial stability.

Topics covered include:

- Poverty, Culture, and Money
- Creating and Managing Spending Plans
- Using Credit, Credit Scores, Credit Reports
- Debt Management and Repayment
- Emotions, Family Dynamics, and Money
- Being Consumer Savvy
- Organizing One's Financial Life

Session1: Thursday and Friday, February 14 and 15 from 8:30am – 4:00pm

Session 2: Wednesday and Thursday, April 10 and 11 from 8:30am – 4:00pm

Christ United Methodist Church

301 E. Drake Road, Fort Collins

The cost is \$30 for one session or \$50 for both.

Registration Deadline: February 1, 2013

For more information and complete application instructions, contact Kyle Christensen at

kyle@makechangenoco.com or 970.498.6013.





Be Your Healthy Best in 2013 with 7 Healthy Habits!

2013 is upon us and there is no better time like the present to focus on your health goals and make 2013 your healthiest year yet! CanDo, a local coalition focused on creating a model community that supports healthy eating and active living, has provided the following 7 easy tips for a healthy year for you and your family!

1. Eat a Rainbow

A rainbow of fruits and vegetables that is! Colorful fruits and veggies taste great, are packed with good nutrition, and help maintain a healthy weight. Challenge yourself to snack on veggies, make a smoothie, or integrate more fruits and veggies into your meals.

2. Be Size Wise

To keep from getting weighed down by a meal, try eating smaller portions. Most packaged and restaurant portions are large enough for 2-3 people!

3. Get Enough Sleep

Your body doesn't work very well without enough sleep, even when it comes to maintaining weight. Adults need 7-9 hours of sleep so make sure to set a regular bedtime goal and stick with it!

4. Skip the Pop

Thirsty? Drink water to avoid extra sugar and calories that are often packed in beverages such as soda, hot chocolate, and frappuccinos.

5. Be Active

Being active keeps your body and mind strong, healthy, and full of energy. Find creative ways to integrate activity into your day...take a walking meeting, walk or bike to work, or try out a new activity that interests you.

6. Start with Breakfast

To start your day with a good attitude and a healthy brain, eat a healthy, balanced breakfast. Choose cereals with at least 3 to 5 grams of fiber and top off your breakfast with fruit. You can also add protein to your morning routine with a low-fat yogurt or lean meat.

7. Limit Screen Time

Get fit, improve sleep and your daily routine by limiting screen time to less than 2 hours each day (beyond your work day). Use your imagination, by spending less time in front of the screen you will have extra time to be active and/or engage in hobbies you enjoy!

For more resources and to learn about upcoming CanDo Coalition meetings, please visit:

www.CanDoOnline.org. CanDo is a diverse, local coalition made up of community agencies, leaders and residents engaging in strategies to make Loveland a great place to work, play, and raise a family. CanDo focuses coalition efforts on schools, worksites, the built environment, and the food environment.

Center for Adult Learning in Loveland/FRCC

New Year! New Opportunities! New You!

Spring classes will begin January 7, 2013 at Center for Adult Learning in Loveland/FRCC. Call now to register for GED preparation, English as a Second Language, and basic reading, writing and math classes. Resolve to start your new year right with a better education.

The doors are always open at the Center for Adult Learning. Call 970.663.7111 to start on the path to a brighter future.

Located at: 565 N. Cleveland Avenue (in the House of Neighborly Service Building).



2013 Transforming Lives Tours



The *Transforming Lives* tours offer an in-person opportunity to learn more about the services provided at Touchstone. The tours are free and last one hour. Come and learn how Touchstone is leading the way by providing mental health and addiction treatment to the people of Larimer County.

RSVP to Emily Dawson Petersen at emily.petersen@touchstonehealthpartners.org or at 970.494.4226.

Mental Health First Aid offered at Touchstone



Depression. Anxiety. Substance abuse. Eating disorders. These are but a few of the mental health challenges people in Colorado struggle with every day. In fact, one out of four people you meet has struggled with a mental health problem at some point. But there is hope.

Mental Health First Aid is a groundbreaking public education program that helps the public identify, understand and respond to signs and symptoms of mental illnesses and substance use disorders.

All community members are encouraged to attend - so bring your friends and neighbors! Each training is 12 hours over two days.

Register online at <http://www.mhfacolorado.org/find-a-class>. **Registration fee of \$25 for materials is due the first day of class, or you may call 970.494.4226 to request alternate arrangements or a scholarship.**

Kelly Evans Named Executive Director of Neighbor to Neighbor

Kelly Evans began her position with Neighbor to Neighbor on November 26. Her primary focus will be on resource development, community collaboration, and board development. Kelly will oversee the organizations finance and property management, and counseling services including emergency rent assistance, foreclosure prevention, and homebuyer education for the Fort Collins and Loveland Neighbor to Neighbor offices. Kelly has relocated to Fort Collins from her hometown of Lawrence, KS, where she served as Executive Director of a non-profit organization for six years.

"I am honored to join the team at Neighbor to Neighbor, and am excited to focus my energy on homelessness prevention and stable housing in Larimer County. "I have long-admired the progressive leadership in Fort Collins, so it's a thrill to be a part of this great organization and community."

Neighbor to Neighbor provides a range of housing programs and services to the Larimer County community, including rental counseling, homelessness prevention assistance, homebuyer education and foreclosure prevention counseling. In addition, the agency owns and manages 126 units of affordable rental housing, including units for special populations such as seniors, survivors of domestic violence, people with disabilities and very-low income families.

The mission of Neighbor to Neighbor is to open doors and advance lives by providing housing counseling, supportive services, and multi-family affordable housing. Serving Larimer County since 1970, the non-profit agency fosters positive outcomes and stable housing for people along the entire housing continuum, from homelessness to home ownership. For more information, please visit www.n2n.org.



Community Events

January

Jan 2 ~ 2013 City of Loveland Grant process begins

www.cityofloveland.org/communitypartnership

Jan 7 ~ CDBG informational meeting - 2-3pm and HSG informational meeting for agencies - 3-4:30pm, City Council Chambers

Jan 9 ~ Loveland Alliance of Non-Profits meeting - 8:30-10am, City Council Chambers, 500 E. Third Street

Jan 11 ~ [Employers' Roundtable](#) - Killer Presentations - 8-9:30am, Police Services, 810 E. 10th

Jan 15 ~ [Make Change NOCO](#) Knowledge is Power: Take Charge of Your Taxes in 2013 - 6:30-7:30pm, Loveland Library 300 N. Adams

Jan 16 ~ HSG informational meeting - 10:30am-12pm, City Council Chambers

Jan 21 ~ [MLK, Jr. Day Celebration and Volunteer Fair](#) - 11am - 2pm, Lory Student Center Food Court, CSU

February

Feb 2 ~ [21st Century Trivia Bowl](#) - 9:00am, UNC Loveland Center at Centerra, 2915 Rocky Mountain Ave

Feb 7 ~ HSG and CDBG Pre-Applications due by 4pm

Feb 8 ~ [Employers' Roundtable](#) - Are You Truly Ready for Leadership? - 8-9:30am, Police Services, 810 E. 10th

Feb 9 ~ [SweetNight at the Library](#) - 7-10pm, 300 N. Adams -
A fun and elegant evening

Feb 13 ~ Loveland Alliance of Non-Profits meeting - 8:30-10am, City Council Chambers, 500 E. Third Street

Feb 15 ~ Deadline for nominations for the McKee Thanks Event taking place on March 14 - [McKee Foundation.com](http://McKeeFoundation.com)

Feb 19 ~ [Make Change NOCO](#) Take Control! Create a Spending and Savings Plan That Will Work for You - 6:30-7:30pm, Loveland Library

Feb 21 ~ [Empty Bowls Fort Collins](#) - 5:30-8pm, Hilton Fort Collins

To find out more information about these events and view other upcoming events, go to

www.cityofloveland.org/communitypartnershipoffice and click

More...on the Events display. You can sort by Community Events and Community Partnership.

The City of Loveland is committed to providing an equal opportunity for citizens and does not discriminate on the basis of disability, race, color, national origin, religion, sexual orientation or gender. The City will make reasonable accommodations for citizens in accordance with the Americans with Disabilities Act. For more information, please contact the City's ADA Coordinator at bettie.greenberg@cityofloveland.org or 970-962-3319

SAVE THE DATE

DRS Wine Fest 31— Northern Colorado's oldest, largest and finest wine tasting event!

Friday, March 22, 2013
from 6:00 pm to 10:00 pm
at the Hilton Fort Collins.
For more information call
(970) 482-2700 or
www.winefestfc.org

